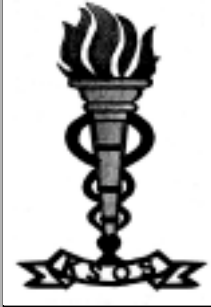


# KSOS Newsletter

OFFICIAL NEWSLETTER OF KERALA OPHTHALMIC SURGEONS



December 2006  
Vol: VII Issue-4

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Dear Colleagues,

I have great pleasure in addressing you for the fourth and final time as your President through this Newsletter. By the time you receive this, **Drishti 2006** would already have become a reality.

We have had a year teaming with academic activities in the different parts of the state and it has been a pleasure to be a part of this well arranged and well attended CMEs. In all probability our membership would have crossed the magical figure of 900 by the time our annual conference is over.

I am extremely grateful to all the office bearers of KSOS for the unstinted support extended to me as President. A word of praise for Editor KJO, Dr. Meena Chakrabarti and her team, for a job well done.

It is reliably learnt that the Transport Commissioner of Kerala has accepted our suggestion regarding the issue of Medical Certificate for Driving licenses. Further steps in this regard are expected shortly.

I am looking forward to meeting all of you at Cochin.

Long live KSOS

With warm regards,

**Dr George Thomas**

**President KSOS**

### Welcome to [www.ksos.in](http://www.ksos.in) the official website of KSOS

To register, send your first & last names and e-mail address to webmaster. The system generated User Id and Password will be e-mailed back to you. Then log-in using the Member Login area in the website. Use the "View My Account" link to see your account details and update it. You can change your password to your liking. Please use names that you can always remember, for your user id. Do memorise the new password if you change it.

*Online facilities: KSOS journals - Message Board - Discussion Forum for members - Useful links - Member search - Video Streaming (to be added soon)*

**SECRETARY'S MESSAGE**

Dear  
Colleagues,

This Newsletter comes to you during our **KSOS** annual scientific festival – **DRISHTI 2006**.

Most of you would be going through the contents of this letter after DRISHTI-2006. I hope, that DRISHTI 2006 has provided you academically and gastronomically palatable food.

Our membership status currently stands close to 900. I request each and every one of you to participate actively in all the activities of KSOS and to add glory to this organization of yours.

We welcome any valuable suggestions from your part in strengthening the KSOS.

Wishing you all good health and prosperity in 2007 and the years to come.

**JAI KSOS**

With warm regards,

**DR.V.SAHASRANAMAM**

HON. GEN. SECRETARY

**THE CHAIRMAN SCIENTIFIC COMMITTEE WRITES.....**

Dear members,

Let me thank all the chairpersons, co-chairpersons, moderators and



conveners for working together and co-operating with me and the scientific committee for bringing out a good

academic programme. Let me also thank all the participants of the various competitive sessions for submitting the presentation

materials on time. My sincere thanks goes also to the judges who evaluated all the texts. I remember with gratitude the help given by the local scientific committee members and the guidance of the previous scientific committee chairman. The organising committee chairman, organising secretary, website editor, journal editor and the newsletter editor helped and co-operated with me to make my job easy.

Reviewing the abstracts, full texts and presenting materials I am convinced of the high academic standard maintained by our members. I have tried my best to include maximum number of new

faces from KSOS members as faculty. In a tightly packed programme like this, some omissions, errors, mistakes or lapses might have occurred. Kindly bear with me for any lapses as those are not intentional.

May I request all the delegates to actively participate and interact in all the scientific programmes and give their invaluable suggestions for further enrichment of our academic programmes.

Wishing **Drishti 2006** all the success.

With warm regards,

**Dr. Charles K. Skariah,**

Chairman, Scientific Committee.

**From the desk of Editor, Kerala Journal of Ophthalmology**

**Respected  
Colleagues,**

The last issue for the year 2006 is mailed to you along with this newsletter.

I thank each one of you for the support, encouragement and constructive criticism, which has

gone a long way in improving the quality of our journal. I also take this opportunity to thank all KSOS members for their contributions to the journal. You would be happy to know that the editorial board has also started the process of peer reviewing original articles, to allow us to publish authentic scientific facts.

We solicit your cooperation for tracing the correct mailing addresses of the current KSOS members whose journals keep

returning back to me. We are also planning to put up the list of wrong addresses on the registration counter of Drishti 2006 and the same list is also enclosed in this issue of KJO.

Please send me your suggestions- they are always welcome.

Hoping to meet and interact with each one you at the upcoming state conference.

With warm regards,

Yours sincerely,

**Dr. Meena Chakrabarti**

**OPHTHALMIC CLUB REPORTS**

**Cochin Ophthalmic Club**

The Scientific Session for September was on "Customization & Apodized Diffractive Technology in Phacoemulsification" by Dr.Roshan George on 15 Sept 06. The session was chaired by Dr. Roy Zachariah. There was detailed discussion on the preparations for Drishti 2006.

On the 15th October we had a panel discussion on "Prevention and management of dropped nucleus". Dr.Saikumar led the discussion. Dr.N.S.D.Raju, Dr.A.Giridhar and Dr.G.Mahesh participated. There was again a detailed discussion on the preparations for Drishti 2006.

**Thrissur Academy of Ophthalmology (TACO)**

The academic meeting of August was held on 23<sup>rd</sup> at Hotel Casino. Dr.Rani Menon of Amala Institute of Medical Science spoke on 'Short tubing in Phacoemulsification'. Dr.K.C.Rajini of New Medical College Hospital Thrissur spoke on 'Reconstruction of Upper lid in the management of Sebaceous Carcinoma.' The meeting also welcomed Dr.Uma Maheswari, the new director of DBCS.

'TACOPSIA 2006' the first annual CME of TACO was held on 24<sup>th</sup> Sept '06 at Hotel Casino. Dr.Charles K Skariah, chairman scientific committee, inaugurated the function and Dr.C.L.Antony, President TACO, welcomed the gathering. Dr.Alex Joseph released the special CME issue of TACO journal. The presentations were made by Dr.Sasikumar, Dr.Davis Akkara, Dr.Freddy T Simon, Dr.Mahesh, Dr.Noel Moniz, Dr.Radha Ramanan, Dr.Gopal S Pillai, Dr.Anil Radhakrishnan and Dr.Sheena Bilal.

The National Eye Donation Fortnight was celebrated by TACO. Dr.C.L.Antony took a class for refractionist and ophthalmic assistants on Corneal blindness and its prevention.

TACO celebrated 'The World Sight Day' on 12<sup>th</sup> October in a grand



A scene from TACO camp

scale. The celebrations began with an elegant poster exhibition held at the main entrance of the New Medical College Hospital. Dr.M.J.Cyriac, Principal MCH Thrissur inaugurated the function. Dr.Charles K Skariah, Professor and HOD, Ophthalmology Dept. MCH Thrissur, made the Presidential address. Dr.Uma Maheswari was the chief guest. It was followed by a free vision and colour vision assessment for all the visitors.

On the same day, the Jubilee Mission Medical College (JMMC)

held a seminar on Diabetes and Diabetic retinopathy. It was inaugurated by Fr.Dr.Francis Alappat, Director JMMC. Dr.V.K.Raman Kutty Pricipal JMMC, gave the Presidential address. Dr.Alex Joseph, Dr.C.V.Andrews, Dr.Suresh and Dr.Devy Pisharody spoke on various topics. Over 200 doctors of JMMC pledged their eyes on this occasion.

The TACO meeting for October was held on 26<sup>th</sup> at Hotel Casino. Dr.Smitha Narendranath presented "Combating cross border terrorism – The TACO experience". Dr.Mallika Harikrishnan spoke on 'Classification and assessment of Ocular trauma'. Dr.Bessy Ninan and Dr.Merine Paul also spoke.

**Trivandrum Ophthalmic Club**

The first meeting of the Trivandrum Ophthalmic Club under the new office bearers took place at the Muscat Hotel, Trivandrum, on the 13th Nov '06. Dr.Jacob S.Mathew MS DO of the Vasan Eye Care Hospital, Ernakulam enlightened the gathering with an extremely lively talk on 'Difficult situations in Phacoemulsification'. This was followed by the general body meeting.

Date	Place	Conducted by	Screened	Surgery
05-Aug-06	Mullassery	Amala Institute of Medical Sciences	107	47
06-Aug-06	Pottore	Jubilee Mission Medical College	165	21
20-Aug-06	Kodungallur	Nethra Eye Care Centre	850	250
03-Sep-06	Perinchery	Jubilee Mission Medical College	206	20
17-Sep-06	Enamkkal	Amala Institute of Medical Sciences	205	39
17-Sep-06	Irinjalakuda	Santhi Hospital, Kodakara	265	105
01-Oct-06	Chalakydy	Dr.Radha Ramanan, Dr.K.C.Mathai, Dr.Babu Krishnakumar, Dr.P.V.Thomas, Dr.K.R.Vijayan, Dr.K.C.Joseph & Dr. Poly Joseph	550	45
22-Oct-06	Laloor	Amala Institute of Medical Sciences	123	18

Camps conducted by TACO

**Kozhikode Ophthalmic Society**

A General body meeting was held on 6<sup>th</sup> August at hotel Hyson Heritage. The meeting started with "A Tribute to Padmasree Dr.G.Venkatasamy", the founder of Aravind eye hospital by Dr.K.B.Venugopal. Prof.K.V.Raju and Dr.Leila Mohan spoke about Dr.G.Venkatasamy. The chief guest of the scientific session was Dr.K.Mahadevan of RIO Trivandrum.

On 20<sup>th</sup> August the Calicut Medical College hosted a CME on "Latest in Keratoplasty" at Hotel Hyson Heritage. The chief guest was Dr.Sudarsan Khoker.

On 10<sup>th</sup> September a family get together in connection with Onam celebrations was organised. The programme started with an enchanting talk on "Kailas Yathra" by Dr.K.M.Saraswathy. Prof.K.V.Raju, HOD, Calicut Medical College, spoke on 'Eye Donation', Dr.Shanthi, Vasan's Eye

Hospital, Calicut spoke on 'Pressure in the eyes?', Dr.Leila Mohan, Comtrust Eye Hospital, spoke on 'Crossed eyes-A sign of Luck?', Dr.Vinodkumar, Saidarshan Eye & Ear Clinic, spoke on 'Headache-Who is the Culprit?' and Dr.Chandrakanth, Malabar Eye Hospital, spoke on 'Cataract-when to operate?'. This was followed by variety entertainment by the KOS members and their family.

**Amrita Institute of Medical Sciences**

Amrita Institute of Medical Sciences and Research Centre, Cochin organized a one-day CME on '**Ocular Emergencies**' on 19<sup>th</sup> Sept 2006. It was a VAST session. Eminent faculties of National acclaim Prof.Dr.Ramanjit Sihota, who heads the Glaucoma research facility and clinical

services at RP Center for Ophthalmic Sciences, AIIMS, New Delhi gave a lucid talk on Congenital and traumatic glaucoma. Dr.A.K.Grover, Chairman Ophthalmology Services, Sir Ganga Ram Hospital, New Delhi, gave an enlightening talk on management of eyelid lacerations, canalicular injuries and orbital fracture. Many of the senior Ophthalmologists from the state spoke on wide ranging topics from traumatic optic neuropathy to chemical burns to acute vascular occlusions. There was a session on intraoperative emergencies during various steps of phacoemulsification including management of zonular dehiscence, nucleus drop. Delegates from all parts of Kerala attended. Amrita is looking forward to host such quality CMEs and workshops in future too.



Dear colleagues,  
I am really amazed by the work done by 'TACO' and I am dedicating this issue of Newsletter

to them.

I request you to kindly send me the material that you would like to publish in the Newsletter by E-mail or post.

With warm regards,

**Dr. Rajiv Sukumaran**

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*KSOS at London ESCRS 2006, 10<sup>th</sup> September '06  
Dr.Arup Chakrabarti, Dr.Noel Moniz & Dr.Ashley Thomas*

*This issue is sponsored by*



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