

KSOS Newsletter

OFFICIAL NEWSLETTER OF KERALA OPHTHALMIC SURGEONS



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Dear Colleagues,

I am extremely happy to address you as the President of the KSOS through our News Letter. At the outset, let me congratulate the Chairman and members of the organising committee for the successful conduct of OASIS Drishti 2005 at Trivandrum.

As the President, the first official function for me to attend was the opening of the new Hospital complex of Malabar Eye Hospital, Calicut in December 2005. The

then Minister for Health Sri.K.K.Ramachandran Master, the P.W.D Minister Dr. M.K.Muneer, the Mayor of Calicut and several other dignitaries were present for this well arranged meeting. I, as president of KSOS, inaugurated the new Eye Bank.

In January 2006 I was invited to inaugurate our first C M E of the year held at Hotel Casino in Trichur. Though originally meant as a half day programme, the session went on till about 4 pm, mainly because of the active participation of the registered delegates.

The CME held in the same month at Kottayam was also well attended. The President and General Secretary of KSOS attended this programme. A combined meeting of the outgoing and new executive committee was held on the same day. The new Editorial Board of the Journal was finalised in this meeting. The new ethics committee was constituted with Dr. P Rajagopalan Nair of Palghat as Chairman and Dr. Charles K Skariah of Trichur and Dr. R R Varma of Cochin as members.

Colleagues who are planning CMEs are requested to contact either the General Secretary or the President of the association before finalizing the date for these programmes. This is to avoid over lapping. Personally I feel that every member of the society should be given the opportunity to attend all the CMEs if he or she wishes to do so.

Long live KSOS

With warm regards,

Dr. George Thomas

President KSOS

Welcome to www.ksos.in the official website of KSOS

To register, send your first & last names and e-mail address to webmaster. The system generated User Id and Password will be e-mailed back to you. Then log-in using the Member Login area in the website. Use the "View My Account" link to see your account details and update it. You can change your password to your liking. Please use names that you can always remember, for your user id. Do memorise the new password if you change it.

Online facilities: KSOS journals - Message Board - Discussion Forum for members - Useful links - Member search - Video Streaming (to be added soon)

SECRETARY'S REPORT

Dear Colleagues,
At the outset let me thank all the members of the KSOS for having elected me to the post of Hon. Gen. Secretary.

With the wishes and kind advice from the senior members of our society, with the encouragement by the contemporaries and with the enthusiasm of the young and new generation members, I hope I will be able to do justice to this post.

I take this opportunity to request all our members to bring into the family of KSOS, all other Ophthalmologists who are not members of this organisation. The District Ophthalmic

Club office bearers may take up this matter in their meetings to strengthen the base of KSOS.

There are complaints regarding non-receipt of Journals and other communications. To update our Directory, a proforma is attached in the Journal and the members may intimate the change in postal address at the earliest.

Any suggestions from individual members or ophthalmic clubs regarding our future activities are always welcome. Suggestions and healthy criticisms will definitely pave way for a better future of KSOS.

JAI KSOS

With warm regards

Dr. V. SAHASRANAMAM
Hon. Gen. Secretary

To update our members' directory please inform your change of address, phone numbers and e-mail by filling the form in the journal and mailing it at the earliest to:

DR. V. SAHASRANAMAM
HON. GEN. SECRETARY, KSOS,
NO. 30, VINAYAKA NAGAR,
THIRUVANANTHAPURAM-695018.

** Please mention the Membership number also.*

** Those who had responded to the previous Gen. Secretary's letter need not reply.*

** All members whose name do not appear in the previous directory should send it.*

**THE CHAIRMAN
SCIENTIFIC COMMITTEE
WRITES.....**

Dear Members,

Let me take this opportunity to express my sincere thanks to all the esteemed members of KSOS for electing me as the chairman of the scientific

committee of KSOS. I hope, with the whole hearted support of all the members of KSOS, I will be able to do justice to the job entrusted with me. The academic programmes of Drishti have maintained high calibre and quality for the past few years and with your constructive suggestions and active co-operation, we will be able to scale even greater heights in the coming years. This year's scientific programme will be focusing on mastering the basic practical skills in Ophthalmology from the masters in

each field and also the practical application of the modern advances in Ophthalmology to the practicing general Ophthalmologists. Valuable suggestions from the members in modifying the format of the scientific programme are most welcome. Let us start working together to make Drishti 2006 a grand academic feast.

Wishing you all the best.

With warm regards

Dr. CHARLES K. SKARIAH

EDITOR'S REPORTS

Respected Colleagues,

I take this opportunity to thank each one of you for electing me to this prestigious office. I begin my tenure with the promise of a bright new

beginning and every hope that I will be able to achieve my goals. My initial apprehensions in assimilating scientific material for the journal were soon allayed by the overwhelming response I received from my teachers and peers. However one of the greatest lacunae that I have come to realize is the dearth of original articles – reports of original work done in our institutes. Personally I feel that any author will be proud to publish in an indexed peer reviewed journal. KJO, though an excellent scientific publication, still has a long way to go before it reaches that desirable status. Our efforts at present should be and will be directed towards enhancing the scientific

content of the KJO and bringing it out with regularity. Then only can we begin the laborious procedure of indexing the KJO.

I sincerely thank all the contributors for the 1st issue that I'm bringing out and I also request each one of you to send me some form of contributions, constructive criticism and feed back. These inputs are absolutely essential for me to improve the quality and content of the journal.

Thanking you,
Yours sincerely,

Dr. Meena Chakrabarti
Journal Editor

OPHTHALMIC CLUB REPORTS

Alapuzha Ophthalmic Society

The first meeting of the year 2006 was held on Sunday the 6th of Jan 2006 at Hotel Royale Park Alapuzha.

The General body unanimously decided to give a gold medal every year, to a Final MBBS student of T.D Medical College Alappuzha who stands first in the competitive examination conducted by the department of Ophthalmology of the College. This was followed by a well attended and informative scientific session which included C T Scan Head - Basics and interpretation by Dr Josey Varghese, clinical case presentation by Dr Dalia and presentation of photographs of interesting cases by Dr Mohammed Haneefa.

The next meeting was held on 12th March 2006 by the Department of Ophthalmology Medical College Alapuzha and it was a workshop on Automated Perimetry.

Cochin Ophthalmic Club

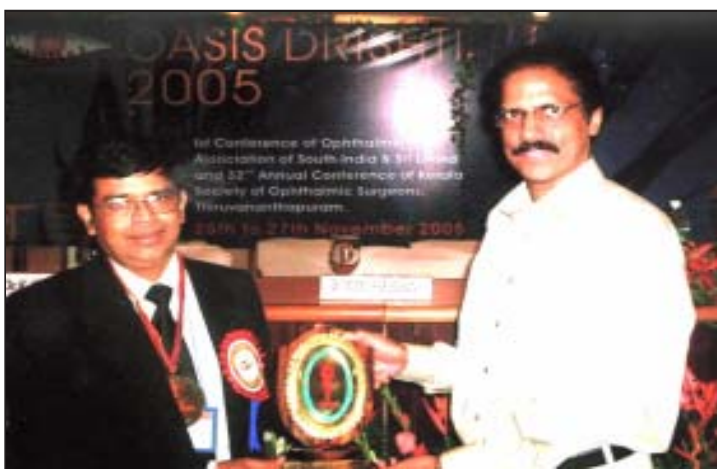
The Cochin Ophthalmic club got recognised as an NGO by the District Blindness Control Society for conduct of eye camps. In October, the new team of office bearers led by President Dr E J Mani was installed followed by a scientific session on Conversion to Hard phaco by Dr.Roy Zachariah. An eye camp was held at Chitoor Kandanad on 4th December in association with the Rotary Club of Cochin.

The clinical meeting on 6th December included a case presentation of Tuberos Sclerosis by Dr.Joseph, a difficult case of cataract surgery with lens coloboma by Dr. Radha Ramanan, Chengamanad Diabetic

Retinopathy study by Dr. Mahesh G, a video on Bimanual vitrectomy by Dr.Biju Raju.

Trichur Academy of Ophthalmology (TACO)

TACO received the best ophthalmic club award at OASIS-DRISHTI 2005. At the TACO – Annual Day 2005, Lifetime Achievement Award were conferred on Dr. Mary Kuriakose and Dr. K Krishnankutty. Dr. Alex Joseph was presented with the Best Doctor



TACO being awarded the best Ophthalmic Club at OASIS DRISTI 2005

of the year Award. A presentation of "Challenging Vitreo-Retinal Case" was made by Dr. Gopal S Pillai. An eye camp was held at Konathukunnu on 13th Nov '05 and at Mathilakam on 11th Dec '05.

Kozhikode Ophthalmic Society

The new office bearers under President Dr. K V Raju were installed in January.

Kottayam Ophthalmic Society

The 15th General Body meeting was held at Hotel Pearl Regency on 12th March '06. After expressing condolence to the demise of mother of Dr Shobana Mohandas & father-in-law of Dr Ancy Jacob, the president, Dr Sarojam, introduced the guest speakers, Dr Shajan Adolf of Essilor and Dr M S Sunil. They spoke on various types of lenses and Innovations in SICS respectively. Dr Ciju Thomas

and Dr Juni S, postgraduate students, presented cases of Sebaceous gland Carcinoma of eye lid and Waarden Burger Syndrome respectively.

The president also informed that Dr Mathai Santhi Prof & HOD of Ophthalmology Kottayam Medical College has been included in the Ethics Committee of KSOS, as decided in the Executive meeting of KSOS held at Kottayam in January '06.

Trivandrum Ophthalmic Club

The office bearers for the year 2005-06 were nominated and elected unopposed in the meeting held on 29th Aug 05. On the same day the office bearers, led by Dr Shahul Hameed as president, were installed.

The first meeting with the new team, was held on 3rd Sept 05 at Hotel Muthoot Plaza. Dr Quresh B Maskati, an authority in Ocular Surface Disorders, was the guest

speaker. He spoke on Dry Eye and 'Boston Contact Lens'. Dr Reshmi of RIO presented a rare case of KIDS Syndrome.

The second meeting, sponsored by Chaithanya Eye Hospital, was on OCT and its applications.

The third meeting was held on 12th Jan '06 at Hotel Mascot. The guest speaker, Dr Ganesh from Chennai, spoke on the role of Prostaglandins in the management of Glaucoma. Dr George Thomas, Dr V Sahasranamam, Dr Meena Chakrabarti & Dr Arup Chakrabarti, who got elected as KSOS office bearers were honoured. Dr Minu Mathen was elected as the editor of 'Reflections', the TOC Journal, in the place of Dr Gopal Pillai. Dr Girija Devi's proposal to form an Alumni of RIO was well received and the first meeting is to be held on 6th May 06.

Kerala in AIOC '06 Bhopal

Our members very actively participated in the recent All India Ophthalmic Conference held at Bhopal.

From **Chaithanya Eye Hospital**, Dr Minu Mathen presented two papers in the Cataract session, Dr Anil Radhakrishnan one in the Refractive Surgery session and Dr Dona Susan John presented a paper in the Strabismus session.

From **Giridhar Eye Institute**, Dr A Giridhar was the evaluator of the free papers. He was the Moderator in the session 'Eye Believe It' and discussant for three free papers in the Retina session. Dr S J Saikumar was a faculty in the instruction course on Automated Perimetry. Also a video film titled 'Tsunami in the eye' was presented. Two posters on Polypoidal Choroidal vasculopathy and Photodynamic Therapy for stage 5 PFT with CNVM were also displayed.

From **Renjini Eye Care Centre**, Dr NSD Raju was the Chief Instructor of

Automated Perimetry Course. He gave a key note address on 'Evidence based Medicine'. A free paper on 'Experience with Acrysof Natural' was presented. Video films on phacoemulsification in subluxated cataract and scleral fixated IOL were presented. Posters on Clinical trial of Diclofenac vs Prednisolone Acetate in cataract surgery, Corneal thickness – U/S Pachymetry vs OCT, OCT in anterior segment diseases were displayed. Dr Biju Raju was a faculty in instruction course on current management guidelines in Endophthalmitis.

From **Chakrabarti Eye Care Centre**, Dr Meena Chakrabarti presented a paper titled 'Spontaneous Intraocular Haemorrhage in Elderly' in the Retina session & Dr Arup Chakrabarti presented a paper on 'Microphaco in white mature and hypermature cataracts' in the Cataract session. Both were judged

the best paper in their respective sessions and were presented in the semifinal round of Col. Rangachary award session. Dr Arup was the Chief Instructor for the course on 'Comprehensive Strategy in Management of Posterior Capsular Rent'. He also participated in 'What will you do?' Eye Believe It', & Video Assisted Skills Transfer (VAST) They also displayed two posters.

Dr Meenakshi Dhar presented a paper on 'Comparison of results of Optic disc analysis using Stereoscopic Biomicroscopy, Stereo Fundus Photography & OCT. She was also the Co-chairman in the Glaucoma session.

Dr Radha Ramanan spoke on 'Preperimetric Glaucoma – to treat field or the patient' in the 'Eye Believe It' session.

Dr Elizabeth Joseph of **Little Flower Hospital**, Angamally was discussant in three sessions.

RIO TVM ALUMNI

(GOVT OPHTHALMIC HOSPITAL TRIVANDRUM)

All alumni of Govt. Ophthalmic Hospital, Trivandrum (Staff and Students) are invited to attend the General Body Meeting to be held on 6th May 2006 at Mascot Hotel, (Pool Side) Trivandrum 6.00pm

7th May 2006: CME on 'Ophthalmology Today and Tomorrow'.

For details please contact: **Dr.P.S Girija Devi** girijadevips@yahoo.co.in Phone 9447256240/ 9895162835

drreenarasheed@yahoo.co.in bijujc@gmail.com

Please join yahoo groups riotvmalumni@yahoogroups.com

Website www.riotrivandrum.org



Dear colleagues,

I am taking over the wonderful work done by Dr Jain. I hope I will be able to keep up the same standard.

This type of News Letter is very brief and readable. It is an excellent way to communicate with our colleagues regarding CMEs, work-shops, training programmes, etc. So I request you to kindly intimate me about such events, once the dates are finalised, so that it

could be included in the future issues.

With warm regards,

Dr. Rajiv Sukumaran

E-mail : rajivsukumaran@gmail.com

Ph: 0476 2691472, 9895380696



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