

KSOS Newsletter

OFFICIAL NEWSLETTER OF KERALA SOCIETY OF OPHTHALMIC SURGEONS



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Dear friends,

Trust all of you are keeping well and moving ahead with the times.

The software we have promised is ready and a person has been selected to deliver the software. Kindly contact Dr.Rajiv Sukumaran to arrange for a demonstration for you, and to get the best rates.

To some extent customisation is possible. If you buy through KSOS, KSOS will also benefit financially. The software has been selected after reviewing the rates and formats from many.

We have had few CME programmes by Al-Salama Hospital Perintalmanna, RIO Trivandrum and Chaithanya (TVM). Our appreciations and congratulations to all the organisers for their sincere efforts. Many more CMEs are in the pipeline, to benefit all members.

Membership drive is going on but rather slow. I request all clubs to enroll those who have not joined the organisation. Please remember there is a prize for maximum enrolment.

The arrangements for the next conference at Indraprastha hotel, Palakkad is progressing well under leadership of Dr.Rajagopalan and his team. Kindly attend the meeting in large numbers to make best use of the scientific programme.

Thanking all of you for your sincere co-operation and continued support.

All best wishes and warm regards,

Dr.T.A.Alexander MD,

President KSOS

◆ Nomination Forms for the various posts, to which elections are to be held this year, comes with the Journal.

◆ Three members of KSOS who had failed to present their Scientific Papers (after getting selected for presentation) in DRISHTI 2006 are debarred from making presentation in KSOS Annual Conference for a period of 2 years as per the Bye-laws.

Secretary's message



Dear Colleagues,
We are already half way through 2007 and I hope and wish this year is bringing you all that you looked forwards to.

Regarding the membership of KSOS, the number of members is not increasing as we desired. Is it that all Ophthalmologists in Kerala are

already part of KSOS? I don't think so. Dear fellow members, encourage your friends and colleagues in our field, who are not part of KSOS, to be part of this growing family. Let's grow together.

The Palakkad Ophthalmic Club and the organizing committee of DRISHTI 2007 at Palakkad are working keenly on their mission. All of us shall meet at Palakkad in November 2007 to make Drishti 2007 a memorable one. This year is election year for KSOS. The nomination form for the various posts, to which elections are to be

held, comes along with this Journal/ Newsletter. Please go through the details therein. I wish you all good health and prosperity.

Jai KSOS

With warm regards,

Dr.V.Sahasranamam

Hon. Gen. Secretary.

The Chairman Scientific Committee writes.....

Dear members,



The scientific program for Drishti 2007 is getting ready, incorporating more number of instruction courses this time. Eminent national and international faculties will be delivering key note addresses and guest lectures. In the KSOS Free paper award segment, a separate session on posterior segment is being introduced this time. The last date of submission of the abstracts is 30th June 2007.

The tentative scientific programme is as follows:

Instruction courses - Microbial Keratitis, Refraction, Automated perimetry, Oculoplasty, Keratoconus, Paediatric Cataract, Secondary IOL Implantation, Learning the Basics of SICS & Phaco, SICS & Phaco in special situations and preferred OT Practice.

Symposia on Ocular Inflammation, Medical Retina, Headache and Imaging of Posterior Segment.

Current trends - Glaucoma Management, New Generation IOLs and Refractive surgery.

Panel discussion – Posterior segment complications of Cataract Surgery

Video assisted skill transfer course on common Ophthalmic procedures.

Clinical challenges and Ophthalmic quiz

Award sessions are Dr.Sankara Menon, Dr.Siva Reddy, Dr.Tony's video, Dr.Subramaniam award for Postgraduate students, separate free paper sessions for anterior segment and posterior segment, C.E Oommen memorial oration, Guest lectures and Key note address. You can look forward to an academic feast of high caliber. Soliciting active participation and cooperation of all members.

With warm regards,

Dr. Charles K. Skariah,

Chairman, Scientific Committee.

From the desk of the Editor, KJO

Respected colleagues,



It gives me great pleasure to address you yet again. First of all let me thank all of you for the support, constructive criticism and advice that has made our Editorial board stronger. We have

established the rudiments of peer reviewing and are able to partially format successive issues by the time the pending issue goes to press. We have been able to obtain contributions for publication from our members to a certain extent; but I am sure that this aspect can definitely be improved upon.

This issue of KJO has an article of great relevance to our practice, dealing with work related Musculo Skeletal Disorders in Ophthalmologist. Please give me your feed back on this.

The KSOS-Drishti and the AIOS annual meeting are just round the corner. AIOS and KSOS membership applications are attached as inserts in the journal for the use of your friends and colleagues. I personally feel that we should have a strong representation in the AIOS as we are a large body of nearly 950 members. So goodbye till the next issue.

With warm personnel regards.

Dr.Meena Chakrabarti

Editor, KJO

OPHTHALMIC CLUB REPORTS

Alleppey Ophthalmic Society

A meeting was held on 20th May at the Ophthalmology Department of the Medical College Hospital, Alleppey. Dr.Mallika O U, Assistant professor, spoke on combination drug therapy in Glaucoma. Prof. Dr.Mohammed Haneef presented few interesting cases for discussion among the members. The President, Dr.E.A James awarded the Gold medal sponsored by the Alleppey Ophthalmic Society to Ms Ruksana Shamsu, a final year MBBS student who was the topper in the gold medal examination for the undergraduates in Ophthalmology.

Cochin Ophthalmic Club

The clinical session, at the meeting held on 19th April'07, was on the "Role of new anti VEGF agents". Dr.A.Giridhar moderated the session. Dr.Thomas Cherian spoke on Avastin, Dr.Gopal Pillai on Macugen and Dr.Mahesh G on Lucentis. This was followed by a lively discussion. The guest of the meeting held on 7th May '07 was Dr. Mathew Abraham, a Senior Neurologist in Cochin. He spoke on Neurological conditions in relation to Ophthalmology. Dr.Narayanan Kutty then spoke on topical antioxidants. The next meeting was held on 17th May '07. The guest for the day was none other than AIOS President-elect, Dr.Babu Rajendran. He spoke on the History of Laser Refractive Surgery. He was felicitated on being elected to the top post of our national organization.

Kollam Ophthalmic Association

After a gap of two years, it was revived by Dr.Ramesan and team. A meeting was held on 24th March 2007 at Hotel Sudersan. Dr.Ramesan is the President, Dr.Alex Omen the secretary and Dr.Mini Jayachandran is the treasurer. Dr.Biju John spoke on current management of Diabetic Retinopathy at the meeting.



Dr. Babu Rajendran being honoured by Dr. Alexander at Cochin

Thrissur Academy of Ophthalmology (TACO)

The February meeting was held on the 25th at Casino Hotel. Dr Sundaramurthy of Lotus Eye Hospital, Coimbatore, spoke on 'How to achieve Emmetropia in Cataract and refractive surgeries'. Dr Dharmaraj Rao talked on 'Angle closure glaucoma – diagnosis and management.

The March meeting was held on 31st at Casino Hotel. Dr.Kala B Thottam talked on 'Zyoptix in Paediatric age group' and Dr.T.P Sunil Kumar on 'Phakic IOLs'. This was followed by a quiz by Dr.K.C Mathai.

The April meeting was held on 20th. Dr.Noel Moniz talked on Cataract surgeries in unusual situations, Dr.Radha Ramanan spoke on 'Combined Cataract and Trabeculectomy – same site or separate site – a comparison. Again a quiz was conducted by Dr.K.C Mathai. A TACO satellite meeting, in collaboration with Nethra Eye Care Centre, Irinjalakuda, was held on 14th April. Dr.T.P Ittyerah elaborated on 'Role of Fluorescein Angiography.

The May meeting was held on the 2nd at Casino Hotel. Dr.Meenakshy Dhar spoke on 'Ocular allergy – medical management'. Dr.Jayasree Menon presented a case report of Sinus tumour with Orbital involvement and orbital exentration.

Trivandrum Ophthalmic Club

A meeting was held on 31st March 2007 at the Regional Institute of Ophthalmology, Trivandrum. Dr.George Moolayil enlightened on the medico-legal issues in Ophthalmology.

Orbis-FedEx Fellowship

Dr.Thomas Cherian, Head of the Department (Ophthalmology), Little Flower Hospital, Angamaly, has been selected for a fellowship programme on Retinopathy of Prematurity (ROP). The fellowship is being supported by Orbis, an International NGO, working for eye care and FedEx, a cargo service group. He will undergo the training at the Moorfields Eye Hospital, London, under Dr.Gill Adams, later this year.

| Date | Place | Conducted by | Screened | Surgery |
|-----------|----------------|--------------|----------|---------|
| 11-Feb-07 | Pudukkad | NEC | 285 | 62 |
| 11-Feb-07 | Kanipayoor | AIMS | 152 | 57 |
| 18-Feb-07 | Kodungallor | NEC/JMMC | 320 | 126 |
| 25-Feb-07 | Peechi | JMMC | 250 | 20 |
| 25-Feb-07 | Edakunny | JMMC | 107 | 20 |
| 11-Mar-07 | Arippal | NEC | 260 | 56 |
| 11-Mar-07 | Chavakkad | JMMC | 36 | 20 |
| 25-Mar-07 | Aloor | NEC/JMMC | 310 | 58 |
| 25-Mar-07 | Chittlappilly | AIMS | 113 | 27 |
| 11-Apr-07 | Nadathara | JMMC | 72 | 6 |
| 22-Apr-07 | Kodungallor | NEC/JMMC | 175 | 30 |
| 22-Apr-07 | Kunnathumkara | JMMC | 104 | 11 |
| 22-Apr-07 | Vilangankunnu | AIMS | 107 | 27 |
| 29-Apr-07 | Kolangattukara | JMMC | 194 | 20 |
| 06-May-07 | Kokkalai | JMMC | 84 | 11 |
| 06-May-07 | Potta | NEC | 240 | 45 |
| 13-May-07 | Aloor | SH | 145 | 40 |
| 20-May-07 | Killimangalam | JMMC | 96 | 12 |
| 20-May-07 | Mattom | St Joseph | 175 | 25 |
| 26-May-07 | Nadathara | JMMC | 86 | 5 |
| 27-May-07 | Mariyapuram | JMMC | 104 | 24 |

Camps conducted by TACO

'Cataract Surgery - a practical approach'

CMEs

Chaithanya Eye Hospital and Research Institute conducted this CME at Hotel South Park on 22nd April 2007. Dr.K.G.R.Nair welcomed the gathering. Dr.T.A Alexander, President KSOS, inaugurated the CME and delivered the inaugural address. Dr.M S Ravindra, from Bangalore, Dr.Srinivas K Rao, from Chennai, Dr.Sasikumar, Dr.Sai Kumar, Dr.Freddy Simon, Dr.Thomas George, Dr.Philip Kuruvila, Dr.Varghese Joseph, Dr.Jayaprasad B, Dr.Sunil Kumar, Dr.Jacob Mathew, Dr.Sreeni Edakhlon, Dr.Anup Chirayath, Dr.Srikant Karat, Dr.Jaison, Dr.Sabitha, Dr.Gopal R and host faculty from Chaithanya Eye Hospital were the speakers. A PG quiz programme was organized by Dr.Hari Ramakrishnan.

Ananthanayanam '07

The Ananthanayanam CME 2007 organised by the RIO Trivandrum, was conducted on 27th May 2007 at Hotel Residency Tower, Trivandrum. The programme was inaugurated by Dr.T A Alexander, President of KSOS. Dr. P S Girija Devi welcomed the gathering and Dr Simon George proposed the vote of thanks.

Eleven expert presentations were made during this CME. The guest speakers included Dr.Andrew Braganza, Dr.Arup Chakrabarti, Dr.Philip Kuruvila, Dr.A Giridhar, Dr.Anil Radhakrishnan, Dr.Sanjeev Thomas and Dr.Shaji K Thomas. All the presentations were very informative and useful. The CME programme was well attended by Ophthalmologists from all parts of Kerala.

KSOS in International Conferences

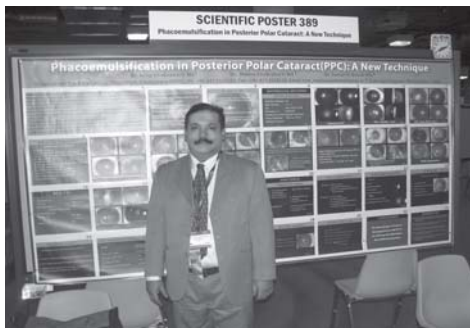
Dr.Arup Chakrabarti and Dr.Meenakshi Dhar presented papers and exhibited posters in Asia ARVO conference at Singapore.

Dr.Arup Chakrabarti exhibited a poster at the American Academy of Ophthalmology meeting at Las Vegas and also conducted an instruction course.

Dr.Saikumar, Dr.Arup Chakrabarti and Dr.Minu Mathen attended the ASCRS meeting at San Diego and Dr.Minu Mathen presented a Paper on 'Push-pull Phaco Pre-chop: intra-operative safety and efficacy'.



Dr.Saikumar and Dr.Minu Mathen at ASCRS meeting, San Diego



Dr. Arup Chakrabarti at the AAO meeting, Las Vegas



Dr.Meenakshi Dhar at the Asia-ARVO meeting, Singapore



Dear colleagues,
As mentioned in the previous Newsletter the Software, for clinical use, and its price has been finalised and approved by KSOS. Please contact me before purchasing any Software.

I request you to kindly send me the material that you like to publish in the Newsletter by E-mail or post.

With warm regards,

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