THE KSOS connect

The official Newsletter of Kerala Society of Ophthalmic Surgeons

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ZOOMING IN ON DR C K

By Dr Manoj Venugopal, Addl Professor Ophthalmology, Govt. TDMC Alappuzha



To me, Charuvila Koruthu Mathew alias Dr C K Mathew, is a towering personality, for he is a doctor who is at once a people person, a true gentleman with an empathetic heart, possessing a strong work ethic! He takes great pride in his work and strives to give his very best every day. He is reliable, dedicated, self-disciplined, humble, and a team player. He leads and is led well. I have always looked up to him in awe at the way he conducts himself, with so much of integrity. Above all, he is a big brother to me who is just a call away.

If my memory serves me right, the warm and cordial relation I share with him dates back to one of the Ophthalmic Club meetings at Medical College Hospital Alappuzha, way back in early 2000s when I got to meet him for the first time. Since then we have had plenty of opportunity to interact for the club activities and even otherwise professionally. Many a times we have had tenures when he would be the President and I, the Secretary of the Alleppey Ophthalmic Club, and vice versa.

Dr C K Mathew was born into a family of teachers and farmers at Aduthala near Chathannoor in Kollam district on 21-04-1957. His parents M Koruthu (late) and M K Aleyamma were both school teachers. And no wonder, young Mathew was academically a brilliant kid! He had his schooling from NMEM High School Kaithakuzhy, just a stone's throw away from his house. He did his Pre-degree from Government Arts College, Trivandrum.

To become a doctor was never his ambition. But it so happened that his marks in the qualifying exam were so good, that he earned a seat for MBBS course at Government

Medical College, Trivandrum. He belongs to the 1974 admission batch there. After his graduation from the Medical College Trivandrum he worked as Tutor in the Physiology Department of Medical College, Trichur from 1982 -1984. Later on, he went on to do DO at Medical College, Calicut from 1984-86. He had no liking for any speciality in particular. He decided to opt for Ophthalmology because he thought that this field would be the best fit for his lazy nature. But soon he realized that he was falling in love with Ophthalmology, thanks to two of his mentors there who helped change his outlook towards this discipline of science. He owes a lot to Professors M S Venkatachalam Sir and K B Venugopal Sir. While Venky Sir, a treasure house of knowledge would discuss a case for days together covering every aspect of it, Venu Sir would teach him how to practice Ophthalmology! A Perfect role model

Continued on page 4...

Presidents message



Dear members,

The present office bearers are bidding farewell with imminent Drishti. Enthusiastic to depart with fulfilled heart and pacific mind for what we have done and what you have reciprocated. This was all a team work that wins regardless of academic, cultural or social pathways we explored. We came out victorious in this Covid paradigm where untouchability the norm is bypassed with technology of web that extended its strings world over. The CMEs, where the district club was the limited territory has widened its boarders to continents. Faculties from across the world studded most of the CMEs together with delegates and viewers rose subsequently to 3 or 4 digits as a usual phenomenon. Executive meetings were hassle free and travel free and outnumbered that of previous years. We can refresh the virtual Drishti at all halls and for next three months, an accomplishment never dreamed off. All the CMEs were energizing you at YouTube, years together devoid of registration fee. Cultural evenings were of supreme ranking, touching the bar of perfection unbound by the limits of a stge. 'Spandanam' the literary magazine with its two issues has captured the attention of almost all the members citing its contributions were spellbinding. Our new remodelled website is opened. As many as 20 WhatsApp groups are exchanging commitment and affection between members of KSOS apart from equal number of groups at district level clicking messages of bonding. Advantages of net migration are multiple that we are obligated to sacrifice physical proximity and tummy treats

Scientific Committee Chairman Dr Rajiv Sukumaran and LOC at Thiruvananthapuram is shifting to excellence their gear for the premium conference of Drishti 2021. Programmes are premeditated for 3 days in 5 halls at 93 sessions stretching beyond 39hours.

Newsletters are the mouthpieces of any organisation and our Connect is serving its purpose fantastically by Dr Rohan, the editor. Gems of KSOS are interviewed to display their life as a successful ophthalmologist and a person of charisma. The leading article always introduced us to a new field and uncovered its intricacies in simple way

We the KSOS is kickstarting a mission to focus the attention on Eye Donation movement which has dwindled during the covid years. Eye Donations and Keratoplasties were reduced by 60 percent. We target 'Pledging of One Lakh Eyes' during the period from Eye Donation Fortnight to World Sight Day. Motivate your family and friends to visit wepledgecampaign.com, pledge the eyes and download the certificates. Our dedication is undisputable to achieve the target. Almost all the KSOS Projects have been achieved except the 'Short Term Observer ship' for general ophthalmologists that is curtailed by Covid restrictions.

We had a good team achieving tons and maintaining tons. All are equally important and cooperative which makes the KSOS year a milestone. Thank you, all my office bearers, my executive committee members, my seniors and my friends at KSOS for the golden period at KSOS.

Dr Babu Krishnakumar

Secretarys message



Treasurer's Report



The internal auditing of the accounts from the period 1st September 2020 to 31st July 2021 was conducted on Sunday 29th August 2021. The accounts of Drishti 2020 and KSOS were evaluated. All the accounts of Drishti 2021 are in order. The books of accounts for Financial Year 20-21 were given to our auditors for income tax audit. Hopefully we shall complete the audit under income tax by November 21, well in advance before the due date. All the applicable GST and TDS returns till date are successfully files. Special thanks to Mohan sir, Radhakrishnan Sir and Saju Sir for their help and advices during the internal audit.

Dr Bastin V A

KJO Editor's Report



Dear Friends,

The second issue of KJO in this year was published online in August and print copies will be reaching soon. KJO now has also started publishing videos with this issue. Two videos were published- surgical technique and Innovations , in the present issue .More and more articles are being received from national as well as International authors. This time there was an ROP update and a developing world perspective on its management, from a renowned Pediatric Ophthalmologist from Mexico Many Letters to Editor and Photos for Cover page are also being received indicating increasing interest among readers.

Certain technical issues are being experienced with the New KJO submission and review platforms. However they are being sorted out on a case to case basis. Please mail the Editor in case difficulties are encountered .

KJO in collaboration with KSOS Scientific committee also conducted a CME on Clinical Practice Guidelines on 25th July which was well attended. Since this was new knowledge to most of us , it was much discussed and appreciated.

Drishti 2021 will have the second KJO session on Evidence based Medicine. The instructors and speakers are our own KSOS members who have undergone the KJO-KSOS research training and are highly motivated in inspiring us all to further research activities. Inviting you all to join the KJO Team on Sunday, 28th November for the above programme

Dr Sudha V, Editor, KJO

Scientific Committee



Dear colleagues,

Preparation for KSOS Drishti 2021 has started in full swing. Like last year this time also it is going be conducted in the virtual platform due to the pandemic situation. Registration has started. Please visit www.ksosdrishti.in to register. Complimentary registration will be provided for senior members above 70 year of age and KSOS Past Presidents above 60 years.

There are 72 instruction courses, 2 quizzes, 9 special sessions, 6 sponsored session, teachers of tomorrow session and nine awards in the programme. Apart from this there will be 2 nights of entertainment. Dr Charles K Skariah will be the recipient of Dr C E Oommen oration award. Dr Uma Mohandas from Kollam and Dr P K Kannan from Trivandrum will receive the life time achievement awards this year.

We are planning to bring out a CME Series book on Group Practice. Preconference courses for Para-medicals were conducted. Eye donation awareness programme for public was conducted.

Our President's ambition is to get 1 lakh pledged to donate eyes before his term. I request all of you to visit https://wepledgecampaign.com/ and pledge your eyes

KSOS DRISHTI 2021 Thiruvananthapuram - Scientific Programme

DAY 1 | FRIDAY | 26 Nov 2021

Day 1	Code	Hall A	Code	Hall B	Code	Hall C	Code	Hall D		Hall E
08.00 AM - 09.30 AM	1	Phaco for beginners - Dr Rajini K C	8	Management of Keratoconus - Dr Aneeta Jabbar	15	Normal Intraocular Pressure Is Abnormal! - Tackling the NTG puzzle - Dr Jainy Joseph Emmatty	22	Basics of Medical Retina - Dr V S Prakash & Dr Divya Mohanchandran Nair	AS1	Professor Dr K S Subramaniam Award Preliminary Group A
09.30 AM - 11.00 AM	2	Medical Retina Pearls for Comprehensive Ophthalmologist - Dr Mallika O U	9	SICS- Basics for future cataract surgeons - Dr Alex Baby	16	Ocular issues to be dealt with during Infancy - Dr Lelia S Mohan	23	Eye is the window to the brain - Neuro-ophthalmology for Comprehensive Ophthalmologist - Dr Kalaimathi G S		Professor Dr K S Subramaniam Award Preliminary Group B
11.00 AM - 12.30 PM	3	Vanquishing the extremes with SICS - Dr Anup Chirayath	10	AMD management; Refresher course - Dr Manoj S	17	Glaucoma Diagnostics – Doing it right - Dr Manoj Prathapan	24	Being the light- eye banking in 2021 - Dr Prashob Mohan		Professor Dr K S Subramaniam Award Preliminary Group C
12.30 PM - 02.00 PM	4	Premium IOL practice - Dr Arup Chakrabarti	11	Pterygium Demystified - Dr Vinay S Pillai	18	Paediatric Retinal Diseases - Dr Rekha P S	25	Sponsored programme		
02.00 PM - 03.30 PM	5	Medical Research for beginners - Dr Sahasranamam V	12	Open angle Glaucomas - an Omnium Gatherum - Dr Manju Abraham	19	Bread & Butter for Ophthalmologists – Refraction - Dr Anthrayose Kakkanatt	26	"Eyes WNL": Fact or Fallacy? - Dr Lathika V K		Professor Dr K S Subramaniam Award Preliminary Group D
03.30 PM - 05.00 PM	6	Masterclass in Central Serous Chorioretinopathy - Dr A Giridhar	13	Preventing & managing intra op complications in routine Phaco - Dr Jayaprasad B	20	A Potpourri of Paediatric Ophthalmology - Dr Mallika Harikrishnan	27	Basics of Ocular Oncology - Dr Sujithra H		Professor Dr K S Subramaniam Award Preliminary Group E
05.00 PM - 06.30 PM	7	Myopia: The scourge of the Youth - Dr K Mahadevan	14	Ocular inflammation - Grand rounds - Dr Jyothi P T	21	Hospital Infection Control - Dr S Sasikumar	28	Our Dreaded Foe- Postoperative Endophthalmitis - Dr Ganadin Ajoy		
06.30 PM - 10.00 PM		Inauguration, Dr C E Oommen memorial Oration by Dr Charles K Skariah followed by entertainment								

DAY 2 | SATURDAY | 27 Nov 2021

Day 2	Code	Hall A	Code	Hall B	Code	Hall C	Code	Hall D		Hall E
08.00 AM - 09.30 AM	29	Recalcitrant glaucomas in eyes with posterior segment diseases - Dr Meena Chakrabarti	33	Managing post op Complications in SICS and Phaco - Dr Jaison V	40	Face to Face – Covid 19 and glaucoma practice - Dr Meera Nair	47	Cerebral Visual Impairment in Children - Dr Geetha V K P	AS2	Dr Tony Fernandez video film award
09.30 AM - 11.00 AM	SP1	International connect	34	Angle closure disease - an entity remaining underdiagnosed - Dr Susan Philip	41	Dry Eyes – A silent pandemic in the Covid era - Dr Anjana Karunakaran	48	Role of imaging Biomarkers in diagnosing a retinal disease - Dr Divya Alex	AS3	Dr K C Sankara Menon Award
11.00 AM - 12.30 PM			35	Recent developments in Ophthalmology - Dr Sreeni Edakhlon	42	Grand rounds in Medical Retina - Dr Natasha R	49	Schemes of IMA - Dr Jain Chimmen	AS4	Padma Bhushan Dr P Siva Reddy award
12.30 PM - 02.00 PM	30	Simplifying difficult SICS cases - Dr Philip Kuruvilla	36	Microbial Keratitis except Viral - Dr Sujith Nayanar	43	Difficult strabismus situations - Dr Satish Thomas	50	Surgeries of Glaucomaland - Dr Dhanya Cheriyath	AS5	Dr KGR Nair Memorial Award
02.00 PM - 03.30 PM	SP2	Quiz for Ophthalmologists - Dr Prashob Mohan	37	Unlocking Unexplained Visual Loss - Dr Vijayamma N	44	Paediatric cataract surgery - Dr Sony George	51	Refraction Simplified for Postgraduates - Dr D Chandrasekhar	AS6	Dr S Mohandas Award Session
03.30 PM - 05.00 PM	31	Challenging Phaco situations - Dr Minu M Mathen	38	The road less travelled: Surgical Retina Techniques Refined - Dr Unnikrishnan Nair	45	Algorithmic approach in the management of Uveitis - Dr Reesha K B	52	NABH - Dr V A Bastin	AS7	Dr Noel Moniz Anterior Segment Free Paper
05.00 PM - 06.30 PM	32	Sponsored programme - Entod	39	Glaucoma & lens extraction - what to do when to do & where are we... - Dr Bindu S Ajith	46	From bench to bedside: Newer clinical trials in management of Diabetic Retinopathy - Dr Sheena Liz Mani	53	Innovations in Ophthalmology - Dr Biju Raju		
06.30 PM - 10.00 PM		General Body Meeting followed by entertainment								

DAY 3 | SUNDAY | 28 Nov 2021

Day 3	Code	Hall A	Code	Hall B	Code	Hall C	Code	Hall D		Hall E
08.00 AM - 09.30 AM	54	Managing Intra-operative complications in SICS - Dr Radharamanan B	58	Tearing patient: Pearls and Perils - Dr Marian Pauly	65	Allergic Eye Disease: A Contemporary Approach - Dr David Pudukkadan	70	KJO Session 2021-Evidence Based Clinical Practice in Ophthalmology - Dr Sudha V	AS8	COC Retnet Posterior segment award
09.30 AM - 11.00 AM	SP3	TACO Quiz	59	Taming the tough ones in Phaco - Dr Jacob Mathew	66	Surgical management of glaucoma – where do we stand now? - Dr Sirumol Thulaseedharan	71	Case scenarios in Ocular Trauma - Dr Abhilash Nair	AS9	Professor Dr K S Subramaniam Award Final
11.00 AM - 12.30 PM	55	Secondary IOLs & IOL repositioning - Dr Salkumar S J	60	Tips for efficient Ophthalmic surgery - Dr Thomas George T	67	Data analysis and interpretation for ophthalmologists - Dr Padma Prabhu B	72	Measurements in Strabismus-Redefined - Dr Naina Jabeen Hyder		
12.30 PM - 02.00 PM	56	Trabeculectomy – keys to success - Dr Kiran Gopalakrishnan	61	Video Theatre - Dr Thomas Cherian	68	Clinical scenarios in Neuro-ophthalmology - Dr Ranjini Kotamcheri	73	Read Them Right - Dr Mini P A		
02.00 PM - 03.30 PM	57	Red eye - Dr Anil Radhakrishnan	62	Viral keratitis decoded - Dr Jayaram V	69	ROP screening and management - all you want to know about - Dr Latha Mohan N V	74	Neuro-ophthalmology made easy - Dr Rehna Rasheed		
03.30 PM - 05.00 PM	SP4	Teachers of Tomorrow	63	Medical Law - Dr Mahesh G	SP5	ISMSICS	SP7	Glaucoma Society of India	SP9	APOTS
05.00 PM - 06.30 PM			64	Snake and ladder - Dr Gopal S Pillai	SP6	VRSI	SP8	AIOS ARC	SP10	Uveitis Society of India
				ANANTHAPURI HALL - SPONSORED PROGRAMMES						

Note: There could be some changes in the final program as decided by Chairman Scientific Committee

Jai KSOS, Jai Hind.

Dr Rajiv Sukumaran, Chairman, Scientific Committee

Website Report



Dear Friends,

The new revamped website is up and running and the KSOS app is also ready and can be downloaded from Google Play store.So the promise made at the start of the year is being fulfilled.I thank Dr Rajiv Sukumaran for all the tech support in designing and developing the website and the supporting software. I request everyone to download the KSOS App and also visit our website and give your valuable suggestions.

Thank you,

Dr Jain Chimmen, Website editor



duo for a budding Ophthalmologist like him to look up to!

MS (Oph) was from RIO (Government Ophthalmic Hospital) Trivandrum from 1986- 88. And while at RIO it was Mahadevan Sir who had taught him indirect Ophthalmoscopy and detailed retinal examination.

After post graduation he worked as Assistant Surgeon in Kerala Government Health Service for a short stint after which he joined GM Eye Hospital, Mettupalayam, where he worked for a year and a half with Dr Annamma Samuel, Dr Philip Kuruvila, Dr Vijay Prakash Daniel and Dr K P Mathews. There he got an excellent opportunity to fine tune his surgical skills as there were endless number of patients at eye camps to operate upon. One OT was exclusively set apart for him. Surgery would start early in the morning and would go on until the nurses who assisted him would plead him to call it a day! Such was his enthusiasm and dedication towards his work. There he got to see and learn from Dr Philip who was performing IOL implantations, a procedure which was just catching on.

His next innings began at Sacred Heart Hospital (Green Gardens), Cherthala in1990 and has been continuing there since then. There he is the Senior Consultant and the head of the department. The department was very ill equipped when he had taken over. There was not even a surgical microscope available. There were no colleagues for help or moral support. When operating microscope became available he began to

operate cataracts implanting IOLs. He had to spend hours together counselling a patient to agree for getting an IOL implanted in the eye after extracting the cataract. Gradually he took to SICS and Phaco in 1998. Those days he used to work all 7 days of a week. Monday to Saturday morning he would run the OPD and in the evenings he would engage in surgery. Sundays would be devoted for eye camps. Slowly, but steadily the things got better and better. The department became well equipped and he got junior colleagues to work with him.

Though many junior colleagues transited through the department in the last two decades, one person who stuck by him through thick and thin was Dr V S Anandavally. So I decided to call her to hear from her about C K Mathew Sir... She said, "I have known Mathew Sir from '93 though I began working with him only from '98. I have seen the entire struggle that he has gone through and all the hardwork he has put in over these years. I am so lucky to have a senior colleague like him. He is a perfect gentleman. So down to earth, soft spoken yet a perfectionist to the core. He is self- made and has the desire to learn and update always. I have never seen him insult anyone and he is very supportive towards junior colleagues and encourages us to operate always. He is always there by us in case things go wrong on the operating table to tackle the complications. He has a divine touch, I have always felt! It's a treat to watch him operate, like how an artist is he at work! He is very kind and considerate towards his patients and delivers the best possible for them. The nursing and the paramedical staff adore him for he is always nice to them. Two decades have gone by, but he has not changed one bit. He has been always good to all around him.He must have done over a lakh intraocular surgeries by now! No wonder that patients from far and near come here to seek cure for their ailment."

Yes, Dr V S Anandavally has to be true in her assessment, because I know the kind of reputation he enjoys in Alappuzha and Cherthala where his practice is based. Every time I refer a patient to him, I can be rest assured that he would update me about their status over a phone call or through a hand written note sent through the patient I had referred.

To get to hear about him from a dear friend of his, I called up Dr Vijay Prakash. This is what he had to say... "Mathew works really hard. He is totally committed to his profession. There is absolutely no compromise on the quality of his work and he always settles for the best feasible options to safeguard quality even if that meant the purchase of an equipment for his day to day work. He has been my teacher as well. I discuss my difficult cases and professional worries with him and he comes up with a solution for the same. We have travelled together far and wide across the length and breadth of our nation and have travelled abroad as well. He makes a great travel buddy!"

That comment struck a chord with me! Yes, I had bumped into Mathew Sir and his friends a couple of times at airports up north a few days ahead of the All India Ophthalmic Conference when I was holidaying too! Mathew Sir loves to travel with family and friends. He prefers visiting remote places rather than cities. Until the pandemic struck, taking a week off to travel and attend conference during mid February used to be an annual routine for him as well as me!

Let us now get to know about his family. Dr C K Mathew got married to Dr Shila Alexander on 8th April, 1991. She is the daughter of Dr C C Alexander a reputed Physician in Alappuzha and Mary Alexander. They are blessed with two children. The elder of the two is daughter Riya Mathew who works at InfoPark Cochin. Dr Rijin, his son, is doing internship at Gokulam Medical College, Venjaramoodu. I spoke to Rijin and he says, "My father has always given me and my sister the freedom to do what we want. He is very supportive and calm always. I can talk anything under the sun with him. We as a family have travelled together a lot. He loves to travel and also engage in vegetable gardening during his leisure.

When asked what advice he had to give to the budding Ophthalmologists, Dr C K Mathew said, "I don't have any special advice for youngsters but would like to share my outlook about life. Don't be ambitious and enjoy what you do. This may look rather negative but it keeps me sane."

As I wind up penning this article late into the night, it just struck me that when tomorrow dawns, he would be escorting his daughter Riya who would walk down the aisle with Ashil Kurian, a software engineer from Kochi. I remember Mathew Sir, during our conversation, expressing his helplessness in not being able to invite his dear friends from the ophthalmic fraternity to the wedding as the Covid protocol had to be strictly adhered to. Let me on behalf of all of us from the KSOS wish the young couple a long and happy marriage!



SELECTION OF PUPPIES

Emma Kenney
Assistant Professor Department of Veterinary Surgery and Radiology CVAS Mannuthy



Bringing home a puppy is just like adding a new member to the family. It requires some preparation before you take the decision of having one. It is important that you find time for them each day because they are god's wonderful creations who love unconditionally.

The type of breed that you look for should meet your need; whether you are looking for a watch dog, a family- friendly dog, a companion for your walks or simply one who will snuggle with you on the couch. It should also match the type of family members that you have; like babies or young kids, older children, adults or old family members, the space and exercise requirement of that breed, and most important, the time you can devote for their care. It is also important to consider whether you can adjust to hair shedding or anyone in family is allergic to pets. Although you can attribute certain characteristics to dog breeds, it is not necessary that all dogs follow it. A Rottweiler which is considered ferocious can be as adorable as a pug and a Labrador retriever who is well known for his friendly nature can be aggressive at times. If you want an intelligent loyal loveable watch dog who has good disease resistance, you can adopt a mongrel puppy. It all depends on the individual puppy type and how you socialise and train them irrespective of the breed characteristics.

Once you have made up your mind for a particular breed, it's time for selecting the best puppy from the litter.

It is better to select the puppy from among his/her siblings as it gives an idea of his interaction with his littermates. So it should be done at 4-5 weeks age when the puppies interact with each other and with human beings, but ensure with the breeder that good ones don't get sold out. Also make sure that the mother of the pups is healthy and has given birth to healthy pups before.

1. Puppy Behaviour- Check the puppy's behaviour. Observe the puppies as they play with their littermates. See whether they are active, respond to your calls and come near and play with you. The ones that run away from you or bark at you may be shy and may have difficulty in socialising. Likewise the ones that are too energetic and bully others may be of dominant nature and difficult to train. Those which are active, play with the litter mates as well as humans and are not too bossy or shy will be a good companion.

2. Puppy types-The bully pup may bring trouble to you by being extremely naughty and active and is not a good choice for a quiet household. The ones which are active and energetic but not a bully may be easier to train, may not be aggressive and a good match for an active family with older children. Those pups which are active playful but are happy to play with a toy on their own are suited for a calm house with elderly people. A relaxed pup may not be as intelligent as its siblings but can be a lovable companion for younger kids. But you have to be always careful with your pets when you have small kids around.

3. Puppy Health – Visual assessment - Once you come down to a few number of puppies, observe each of them individually. They must be comfortable while you are handling them. They must have bright shiny eyes, hair coat smooth and shiny without any bald patches, must be clean with no bad smell or discharge sticking to eyes, nose and ear or perianal region.

4. Puppy Health - Congenital affections- Look for any lameness when the puppy walks. Pat it's under abdomen to look for any umbilical hernia. Clap your hands or whistle; see if the puppy responds to your call. See if he follows a small ball that you throw. This will help you to check the hearing and sight.

5. Introducing the new puppy -Once you bring the puppy home, introduce any new feed gradually. Home-made food is a good option with ragi based diet rather than rice, chicken rather than beef. Do not forget to deworm and to have them vaccinated at the right time. As far as possible avoid smooth slippery floors for our furry friends.

Please bear in mind that the pet WILL be there with you for more or less 13- 15 years and you also have to consider that our furry friend will be with us ONLY for 13-15 years. So we have to take care of them throughout their entire life and be ready to let go in the end. Wishing a wonderful journey with the man's best friend

Opening up your life to a dog who needs a home is one of the most fulfilling things you can do

REPORT TO KSOS ACTIVITIES OF KOZHIKODE OPHTHALMIC SOCIETY

(JULY 1ST TO SEPTEMBER 30TH 2021)

The various programs conducted by Kozhikode Ophthalmic Society during the period July to September is reported below :

1. Doctors' day program July 1st



The Doctors' day , July 1st 2021 was celebrated by KOS as a virtual program . We honored 13 very senior members of our society namely Dr Muthaih , Dr K B Venugopal , Dr . Subramanian KP , Dr Achamma, Dr Damodara Panicker , Dr R Velayudhan Nair , Dr Venkatachalam, Dr K R Bhat , Dr Sudha G , Dr Indira Varma, Dr Mridula Rajagopal , Dr Krishnamoorthy and Dr Sivan NV. The seniors were duly introduced to the crowd of younger generation by Dr Padmaja Krishnan, Dr Leila Mohan, Dr Jyothi PT and Dr Raju K V . A variety art painting of the honoured members was done on feathers by celebrated artist Lakme Menon (India Book of Records fame) and it was gifted as memento to all the 13 members.



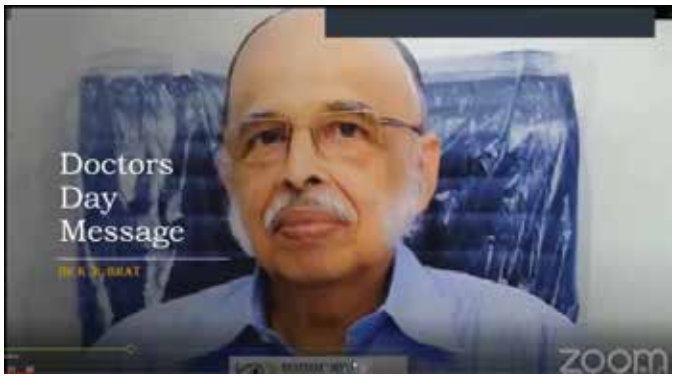
The Program started with our theme song video which is a dance performance by Dr Sangeetha Rajagopal and Dr Divya Nair



Dr Babu KrishnaKumar, President KSOS , inaugurated the program and also luanched our TAGLINE to the public on this occasion . We tried to spread the message of 'STOP VIOLENCE AGAINST MEDICAL PROFESSIONALS' by launching this tagline video which was circulated in social media channels



The TAG LINE message to public against the violence towards medical professionals

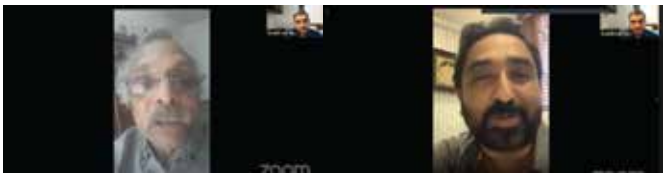


Our Respected Senior Member Dr K R Bhat delivered the Doctors Day message to younger generations



Sri Sambasiva Rao , District Collector of Kozhikode delievered Doctors day wishes to members of Kozhikode Ophthalmic Society

Celebrity messages on the occasion of Doctors Day

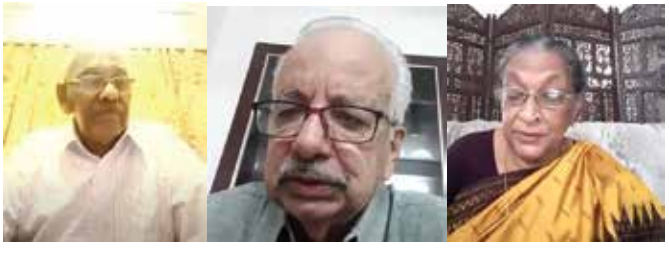


Renowned writer Sri M Mukundan and renowned music director Sri M Jayachandran delivering the Doctors day wishes to members of Kozhikode Ophthalmic Society



Cine Actors Ms Anikha, Sri Vineeth Sreenivasan and Sri Joy Mathew delivering their personalized messages and wishes to members of Kozhikode ophthalmic society on the occasion of Doctors Day

Following Very Senior Members were honoured on the occasion of Doctors day



Dr Muthiah Dr K B Venugopal Dr Achamma



Dr Venkatachalam Dr Subrmanian K P



Dr Damodara Panicker Dr Krishnamoorthy



Dr Sudha G Dr R Velayudhan Nair



Dr K R Bhat Dr Mridula Rajagopal



Dr N V Sivan



The honoured members were introduced and their contributions to our society were presented by Senior members Dr Padmaja Krishnan, Dr Raju K V , Dr Leila Mohan and Dr Jyoti P T

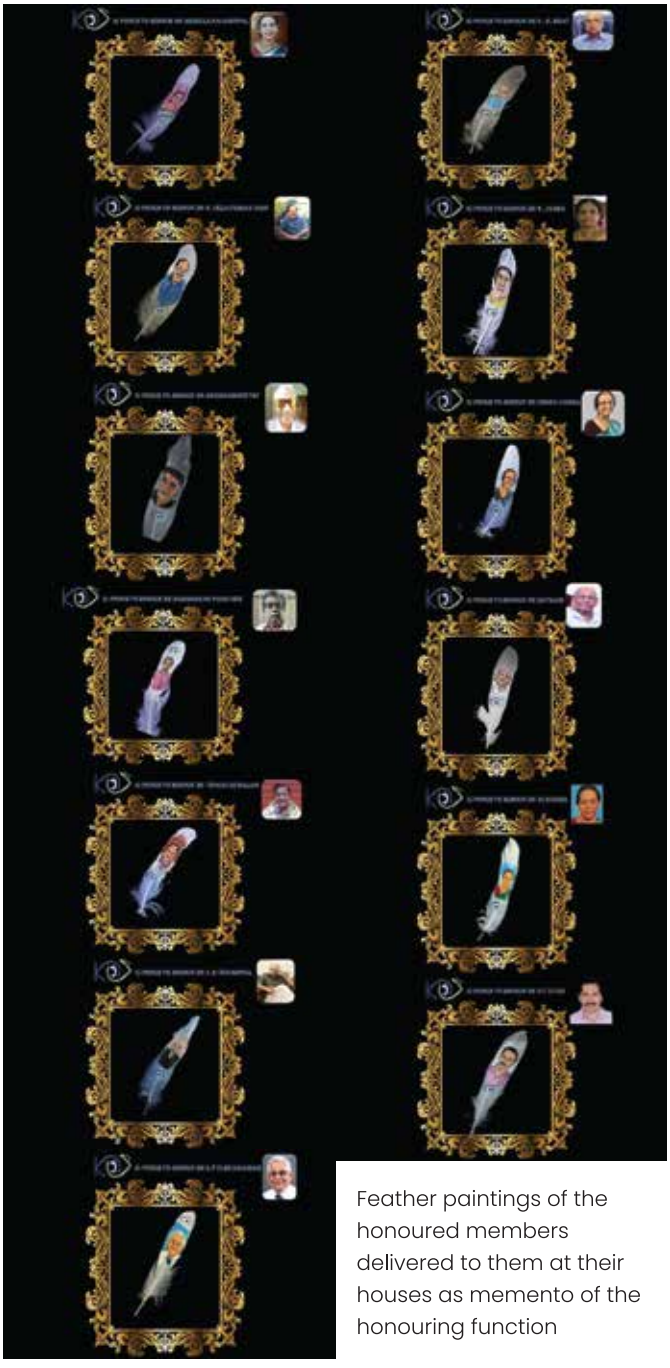
Cultural Programs



Dr Devaki Devi, consultant Comtrust Eye Hospital singing as part of the cultural event associated with the program . Dr Anju V chandran consultant oculoplastic surgeon at Comtrust Eye hospital presented a dance performance to add colours to the show.



Dr Vijayan P and his grandson Master Abhay rajesh singing on the occasion as part of the cultural event.



Feather paintings of the honoured members delivered to them at their houses as memento of the honouring function



13 precious feathers on the cap of Kozhikode Ophthalmic Society

Link to the recorded version of the meeting:

https://www.youtube.com/watch?v=C-01oG7NNoQ

2. Mid-Year CME: July 11th



Kozhikode Ophthalmic Society conducted its Mid Year CME of 2021 on July 11th , Sunday on a virtual platform .The theme of the CME was Myopia. The various aspects of Myopia including the research aspects, awareness and preventive aspects and clinical aspects including prevention and management of complications were covered.

The meeting also installed Dr P B Menon oration award for the first time. The oration award was presented to Prof Audrey Chia from Singapore National Eye centre who was instrumental in the landmark ATOM trials that recommended the role of atropine in preventing progressive myopia.

The meeting also showcased various renowned national faculty. In total there were 1 international faculty, 10 National faculties and 8 state faculties.

The meeting was inaugurated by Dr Barun Nayak, President AIOS and Presided by Dr Babu KrishnaKumar , President KSOS. Padmasree Dr Mahipal Sachdev- Immediate Past President of AIOS, Dr Mahesh G- Honorary Gen secretary of KSOS, and Dr Rajiv Sukumaran- Chairman Scientific Committee , were also present for the virtual inauguration and gave felicitations.

The meeting was live on Zoom and YouTube. The recorded version on YouTube was viewed later by larger section of audience and very positive reviews and feedbacks were received after the meeting .

Dr Vijayalakshmi M S – President KOS, was the Organising Chairman and Dr V Sujith Nayanar-Secretary KOS was the Organising Secretary for the meeting.

Meeting Summary:

• Theme: Myopia

• Topic: 'Myopia; Conquering the Silent Epidemic'

• Date: July 11th, 2021

• Number of hours: 5.5 hrs

• Oration award presented – Dr P B Menon Oration Award

• Faculty:

o International = 1

o National = 10

o State = 8

Link to the recorded version of the meeting

https://youtu.be/B1n4a7KLJEI



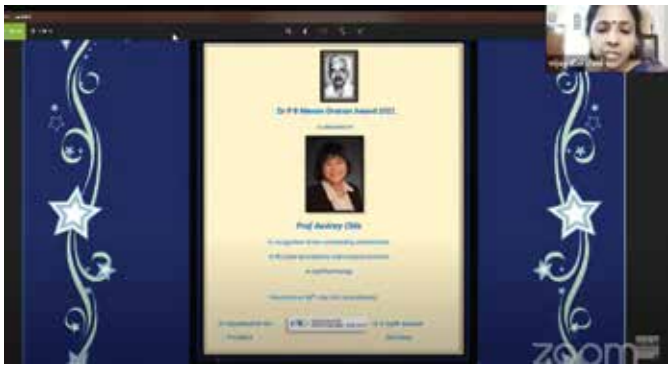
Faculties of CME with Chief Guest, Office bearers of KSOS and the organising team



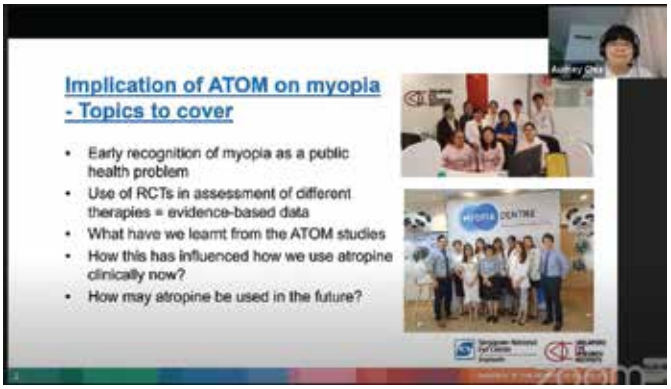
The Virtual Inauguration



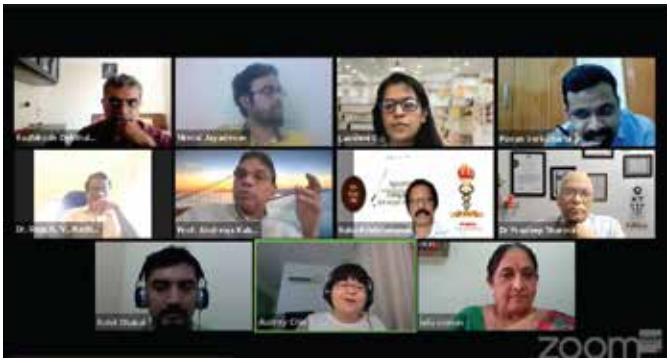
Tribute to Dr P B Menon (presented by Dr Padmaja Krishnan and Dr Vinod Kumar NV)



Reading out the plaque of Oration Award



The Oration Lecture by Prof Audrey Chia



Panel discussion 1



Dr Pradeep Sharma speaking on his topic on strabismus in myopia and Dr Leila Mohan discussing the topic



Prof Monica Choudhry talking on refraction in Myopia and Dr Andrews discussing the topic



Dr Brijesh Takkar speaking on retinal complications in myopia and Dr Gopal discussing the topic



Dr Mahipal Sachdev talking on the veracious aspects of cataract surgery in Myopia . Dr Minu presenting an interesting case scenario of cataract surgery in Myopia as he discusses the topic after Dr Mahipal



Refractive surgery panel discussion (Dr Shreyas. Dr Sujatha Mohan, DR Rishi Swarup, Dr Mahipal Sachdev / Dr Vardhaman K)

3. Monthly Meeting: July

The monthly meeting of KOS for the month of July was conducted on July 31st. The program was on Virtual platform. The guest speaker was Dr Giridhar A who delivered his talk on the topic ' Ultra Wide field fundus imaging in diabetic retinopathy . The Talk was chaired by Dr Prakash V S , Medical Director and HOD Vitreoretinal Services at Comtrust Eye hospital and it was moderated by Dr Divya Nair , Vitreo retina Surgeon at Trinity Eye Hospital Kozhikode.

The meeting discussed in detail the future possibilities of this upcoming new trend in fundus imaging which invoked lot of interest among the participants .One and half hour meeting was very well attended by members live on Zoom and YouTube. The recorded version was shared for further viewing among the members. The meeting was sponsored by Sun Pharma – Avesta.



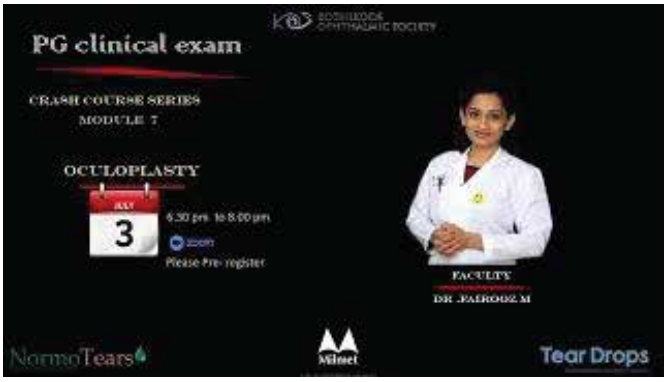


Few images from the meeting of panel and the speaker, Dr Giridhar A

The link for the recorded video on YouTube is

https://youtu.be/HBVrXx5v2MU

4. PG clinical exam crash course – Module 7 (final module)



This was the last among the seven crash course modules conducted by KOS for Pgs.' It was conducted on virtual platform on July 3rd . The module on Oculoplasty was elegantly covered by Dr Fairooz M. The crash course series conducted by KOS over 1 month time was very popular among PGs for preparing for exams and was almost a reference in many subjects as it was conducted by very experienced faculty. The interactive format was very well appreciated equally by students and faculty.



The session was chaired by Dr Vijayalakshmi and moderated by Dr Nirmal J

The PGs' attended the session in large numbers and the session was planned as an interactive session which was very useful for the PGs'. The recorded version is available on YouTube channel for further sharing and reference for exam going PGs



The link for the recorded video on YouTube is

https://youtu.be/aRnz0_Ejcn4

5. Monthly Meeting -August

The monthly academic meeting for the month of August was conducted virtually on August 28th

The topic for the month was Update on Acanthamoeba and Fungal keratitis presented by Dr Anita Raghavan, Senior Consultant , Cornea services , Aravind Eye Hospital - Coimbatore . The meeting discussed in detail the newer insights into the areas of these difficult to treat keratitis. The speaker is an expert in this field with vast experience in treating similar complex cases.

The program was done virtually on Zoom and live on YouTube

The Program was chaired by Dr Vijayalakshmi MS , Senior Consultant Comtrust Eye Hospital and moderated by Dr Padma Prabhu , Associate Prof Medical College Kozhikode

The 2 hr meeting was well attended by our members and the recorded version is available in our YouTube channel for further viewing also.



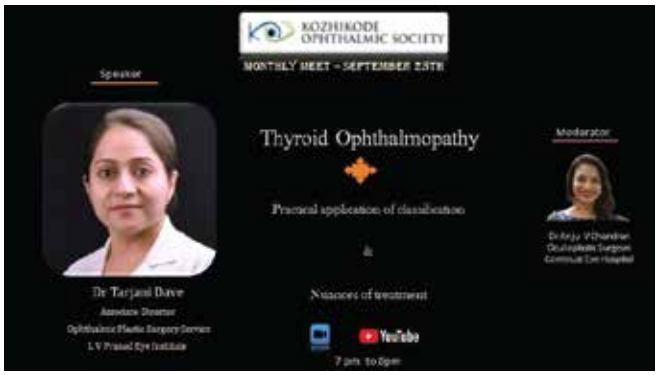
Images from the meeting.. Dr Anita delivering the talk on zoom



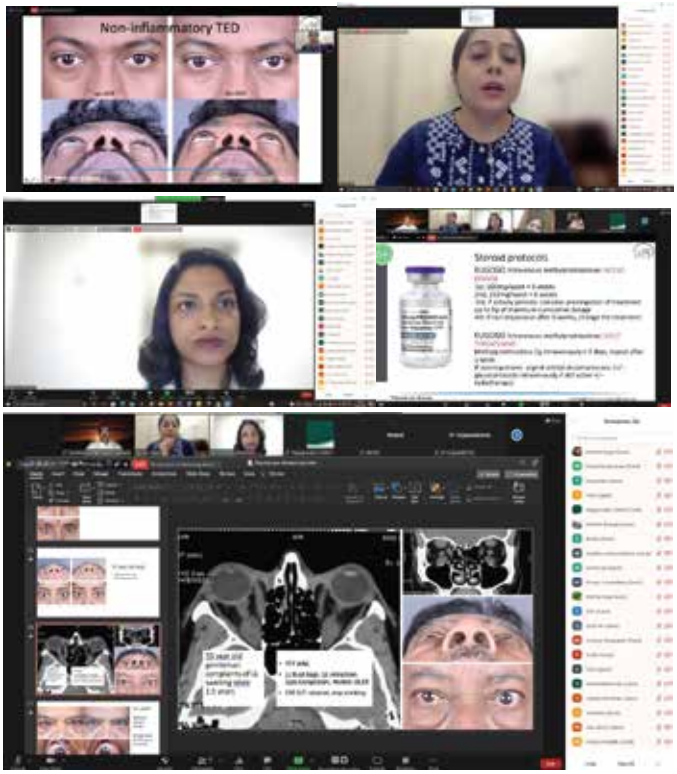
Dr Padma Prabhu moderating the session

The link for the recorded video on YouTube is
https://youtu.be/u3tY3a1GiqE

6. Monthly Meeting - September



The monthly academic meeting of KOS for the month pf september was conducted on 25th Sept on virtual platform The topic of discussion was 'thyroid Ophthalmopathy' . The speaker was Dr Tarjani Dave , Associate Ophthalmologist, Ophthalmic Plastic Surgery Service, L V Prasad Eye Institute, Hyderabad and Visiting Assistant Ophthalmologist, Univ. of Rochester. The Session was chaired by Dr Vijayalakshmi M S , President KOS and moderated by Dr Anju V Chandran , Oculoplastic Surgeon , Comtrust Eye Hospital. The session was very lively with lots of Q and A and it was very well attended. The session lasted for 1.30 hrs . The meeting was attended live on zoom by nearly 70 members of KOS and few PGs from outside state also. Vote of thanks was delivered by Dr Sujith Nayanar, Secretary ,KOS



The YouTube link for the session is
https://www.youtube.com/watch?v=LbAX4hZGf7A

7. Eye Donation Awareness Fortnight Campaign

August 25th to September 8th is observed as National Eye donation Awareness Fortnight all over the nation. The pandemic had badly affected the eye donation all over so that the number of eye transplant surgeries came down by more than 50% . This year the awareness program needed more focus than before for the same reason.

In these circumstances Kozhikode Ophthalmic Society decided to launch a digital format for eye pledging as part of eye donation awareness program for this year. It developed an web portal for eye pledging and launched it widely across the state as ' WE PLEDGE ' Campaign. This initiative was supported by KSOS and Rotary Club - Calicut East.

For KOS, it was launched by Dr Babu Krishnakumar, President KSOS. The Rotary Club – Calicut East launched it separately in a



Dr Babu Krishna Kumar , President KSOS launching the WePLedge Campaign on 1st September
https://youtu.be/8L6xV5K8Nig

physical function conducted by them on 31st August. It was launched by Dr C M Aboobacker

The inspirational awareness message was delivered by Padma Bhushan Smt K S Chithra , renowned playback singer and Carnatic Musician. Her video supporting the We Pledge Campaign was very widely circulated and accepted by public through social media.

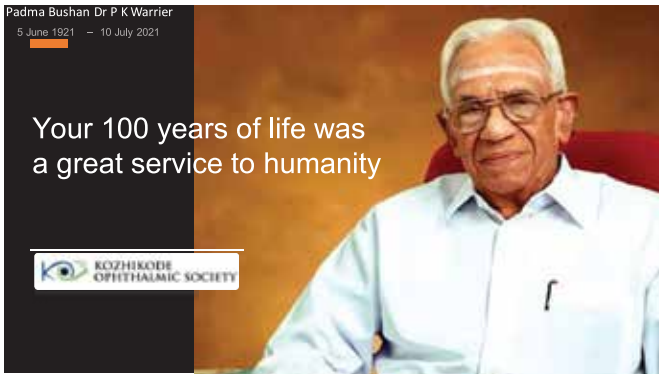
The motivation drive got fired up by strong support shown by many celebrities and public figures towards this noble cause



Dr Mahesh G , Hon Gen Secretary delivering hs message supporting the campaign
https://youtu.be/ZtLzXcH-SXw



Padmabhushan Smt K S Chitra delivering personalized message for KOS supporting the We Pledge campaign
https://youtu.be/B6zQWx5-yE8



The inspirational video on legendary Padma Bhushan Sri P K Warrier who donated his eyes after death was released. The video was very appreciated by Kottakal Ayurvaidyasala family and they acknowledged it by sending an email to Kozhikode Ophthalmic Society appreciating and thanking us for releasing the same

https://youtu.be/wJ25QMNmBpc



Popular Cine actor Sri Vinod Kovoor joined us in the campaign and released his video message inspiring and motivating the public for eye donation

https://youtu.be/BJDbREu3HI4



A video was released on the inspirational work by Mr. Ramkumar who is blind person and is voluntarily involved in Eye donation awareness work for many years. This must be a motivation to many of us to campaign for this noble cause in a serious way.

https://youtu.be/6fvE_xKggyg





Dr C M Aboobacker launching the We Pledge Campaign in Rotary meeting . The program was conducted physically at Calicut . It was joined by Dr Vijayalakshmi, President KOS and Dr Sujith V Nayanar, Secretary KOS , virtually on behalf of KOS on August 31st



The Logo and link of 'We pledge' campaign which was widely accepted among medical and non medical professionals

Many Celebrities and public figure welcomed our initiative and pledged themselves to donate their eyes. We thank them all for their support and generosity



Cine actor



Cine actor Nandalal



Poet
Sahitya Academy Award Winner



Sri GopiKrishnan P N, Poet, Sahitya academy award winner



Novelist
Vayalar Award Winner

Sri T D Ramakrishnan Novelist , Vayalar Awards winne





Shri .V.K. Sreeraman
Cine Actor/ Writer/ Social worker

Sri V K Sriraman, Cine Actor, Writer, Social Worker

We as ophthalmologist must lead from the front. So we released a video showing our willingness to donate eyes and also by displaying our own pledging certificates



Eye donation awareness message by Prof K V Raju



Relaunching of our video with personalized messages on eye donation awareness by our senior members and office bearers of KOS

https://youtu.be/qD-XxNI5GS8

The We pledge campaign was finally taken up by KSOS and incorporated into KSOS website and it was decided to carry forward the campaign under the banner of KSOS even after the Eye donation awareness fortnight. Kozhikode Ophthalmic Society is honoured , proud and thankful to KSOS for strongly supporting this campaign and also for adopting it for further nurturing of this project at state level and beyond.



THANK YOU KSOS



Dr Privila E , delivering an awareness talk on behalf of Kozhikode Ophthalmic Society in YouTube Channel as part of Eye donation Awareness program.

https://www.youtube.com/watch?v=bLeRY-wtsLE&t=58s

Dr Beena Gopalakrishnan, Senior Consultant, Govt General Hospital Kozhikode delivered a talk on FM radio to spread the awareness message of eye donation



Dr Jyothi PT , HOD , Govt Medical College Kozhikode speaks on eye donation at district level inauguration of eye donation awareness fortnight programme at CHC Narikuni.



The pledge was read out during the function by Dr Beena GopalaKrishnan , Senior Consultant , Govt General Hospital Kozhikode

Women's Wing of IMA(WDW), Kozhikode Ophthalmic society (KOS) and IMA Kozhikode conducted a awareness webinar for genral public and non ophthalmology medical fraternity for awareness on eye donation fortnight .The panelist included Dr Vijayalakshmi MS , Dr Leila Mohan , Dr Jyoti PT , Dr Seena Nambiar, Dr Sishira Hemanth, Dr Beena Gopalakrishnan and Dr Suma Unnikrishnan. It was a virtual program and focussed on Q and A related to eye donation topic.





The above-mentioned activities summarizes the academic and no academic activities of KOS and its members during the period July to September 2021.

Reported by

Dr V Sujith Nayanar

Secretary, KOS

JULY, 2021

ACADEMIC PROGRAMS:
WORLD WEBINAR ON OPTHALMIC REVISION

Cochin Ophthalmic club organised a novel program: The World Webinar of Ophthalmic Revision on 16-18 July 2021. It was the version 2.0 of the Ophthalmology reboot 2020 that we had conducted last year which attracted an audience of 18000 ophthalmologists across 18 countries. The World Webinar of Ophthalmic Revision was planned to provide a 360 degree overview of Ophthalmology to residents, practitioners and academicians through a series of 75 ten minute lectures by 75 handpicked speakers. There were 16 international and 75 national speakers. Three hours were dedicated each major topic ranging from cataract, glaucoma, uveitis and inflammation, pediatric ophthalmology and Neuro-ophthalmology, cornea, retina, oculoplasty and tumors, making a total of 24 hours of nonstop teaching and learning.

Dr Arup Chakrabarti, Dr Saikumar, Dr Ronnie George, Dr Jyothirmayi Biswas, Dr Pradeep Sharma, Dr Rohit Saxena, Dr Namrata Sharma, Dr Giridhar A, Dr Lalit Verma and Dr Santosh Honavar were the course directors.

Cornea module was chaired by Dr Namrata Sharma. Dr Bennie Jeng (Professor and Chair, University of Maryland, USA), Dr Vishal Jhanji (Professor, University of Pittsburg), Dr Shizuka Koh (Osaka, Japan), Dr Jeevan Titiyal (Professor and head of cornea and refractive surgery RP Centre AIIMS), Dr Namrata Sharma (Professor of cornea and refractive surgery, RP Centre, AIIMS), Dr Shweta Agarwal, Dr Anil Radhakrishnan, Dr Vinay Pillai and Dr Sujith Nayanar were the speakers. Dr. Anil radhakrishnan and Dr. Vinay Pillai were the moderaters.



Oculoplasty and oncology session of WWOR 2021 included stalwarts including Dr Carol Shields, Dr Bertil Damato, Usha Kim, Fairoooz PM, Santosh Honavar, Gangadhar Sundar , Dr Michael Kazim, Dr Ashok Grover. Dr. santhosh Honavar was the chairperson. Dr.Ani Sreedhar, Dr. Marian Pauly, Dr. Fairooz PM were the moderators.



Cataract Session speakers were Dr. David Chang (USA), Dr. Mayank Nanavaty, Dr. Mun Wai Lee (Malysia) Dr.Rashed Alam (Bangladesh) , Dr. Deepak Megur, Dr. Arup Chakrabarthy, Dr. Madhu Sekhar, Dr. Arup Bhaumik, Dr. Partha Bhowmick, Dr. Sudhakar Potti, Dr. Minu Mathen and Dr. Tushya Om Prakash. Dr. arup Chakrabarthy was the chairperson. Dr. Saikumar SJ and Dr. Sony George were the moderators.



Glaucoma session speakers included Dr. Manesh Panday, Dr. Ronnie George, Dr. Thomas George, Dr. Maneesh Singh, Dr. Kiran Gopalakrishnan, Dr. Gowri J Murthy, Dr. Arun Narayanaswamy, Dr. Aditya Neog, Dr. Deepta Ghate, Dr. Rajul Parekh, Dr. Mani Baskaran, Dr. Aby Jacob. Dr. Ronnie George was the chairperson. Dr. Aditya Neog and Dr. Abhilash Nair were the moderators.



Uveitis and ocular inflammation faculty included Dr. Soon Phaik Chee (Singapore), Dr. jYotirmayi Biswas, Dr. Parthoprathim Dutta Majumdar, Dr. Reema Bansal, Dr. Natasha Radhakrishnan, Dr. Soumyava Basu, Dr. Reesha KR, Dr.Sharanya Sara Abraham Dr. Vinita Girish Rao, Dr. Manisha Agarwal, Dr. Alay Banker, Dr. Mamta Agarwal, Dr. Dipankar Das, Dr. Padmamalini Mahendradas, Dr. Balamurugan S. Dr. Jyothirnayi Biswas was the chairperson. Dr. Reesha KR, Dr. Natasha Radhakrishnan were the moderators.



Pediatric and Neuro-ophthalmology speakers were Dr. Pradeep Sharma, Dr. Rohit Saxena, Dr. Leila Mohan, Dr. Satish Thomas, Dr. Sowmya R. Dr. Rajesh Sinha, Dr. Neena R, Dr. Niranjan Pehere, Dr. Sachin Kedar, Dr. Thomas Arun Varghese, Dr. Reena Rasheed. Dr. Pradeep Sharma was the chairperson and Dr. Rohit Saxena was the co-chairperson. Dr. Neena R, Dr. Thomas Arun Varghese were the moderators.

Retina session speakers were Dr. Lalit Verma, Dr. Dinesh Talwar, Dr. Neha Goel, Dr. Chaithra Jaydev, Dr. Alay Banker, Dr. Gopal S Pillai, Dr. Biju John, Dr. Remya Mareen Paulose, Dr. Shashank Rai

Gupta, Dr. George Manayath, dr. Saravanan R. Dr. A Giridhar and Dr. Lalit Verma were the chairpersons. Dr. Thomas Cherian, Dr. Mahesh Gopalakrishnan were the moderators.



Gupta, Dr. George Manayath, dr. Saravanan R. Dr. A Giridhar and Dr. Lalit Verma were the chairpersons. Dr. Thomas Cherian, Dr. Mahesh Gopalakrishnan were the moderators.



DECODING HEADACHES:

'Decoding Headaches in daily Ophthalmic practice' was a CME organised by Giridhar Eye Institute on 5.7.21. This was a much appreciated program on a very common symptom with distinguished faculty including Dr. Sureshkumar (Neurologist, Renai Medcity), Dr. Ranjini Raghavan (ENT Specialist, Sunrise Hospital), Dr. U. Vivek Dr. MV Francis, Dr. Thomas Arun Varghese, Dr. Neena R, Dr. Vanasree Nair and Dr. Renjini H



DOCTOR'S DAY OBSERVANCE:

As a part of Doctor's day celebrations on July 1st , COC honoured three iconic women Ophthalmologists selected as the most influential top hundred in the world: Dr Namrata Sharma, Dr Soosan Jacob and Dr Fairooz PM. These celebrity women ophthalmologists were interviewed by Dr Meena CK, Dr Natasha Radhakrishnan and Dr Divya Balakrishnan. Dr Leila Mohan, Dr Elizabeth Joseph and Dr Mridula Sunil also addressed the audience so as to inspire many more young ophthalmologists.



AUGUST, 2021

FLAGSHIP CME: AUGUST OPHTHALMICA

August Ophthalmica, prestigious CME of Cochin Ophthahlmic Club in memory of the great teacher, Prof. T Gopinatha Menon was conducted on 8.8.21. This year, it was a video based CME on the topic 'MSICS for All', designed specifically to equip all those who are learning MSICS and for fine-tuning the various steps. The best trainers of MSICS showcased common mistakes, their prevention and management. Dr. Babu Krishnakumar, President, KSOS, INAUGURATED THE EVENT.

This year the prestigious Prof Gopinatha Menon memorial oration was by Dr Debasish Bhattacharya, Chairman Disha Hospitals Kolkota for his contributions to cataract surgery, Community Ophthalmology and developing a great model for group practice in India. He delivered the oration: 'SICS- A major contributor to the dynamics of cataract surgery market in India'. The CME was attended by more than 2000 viewers.











MONTHLY MEETING:

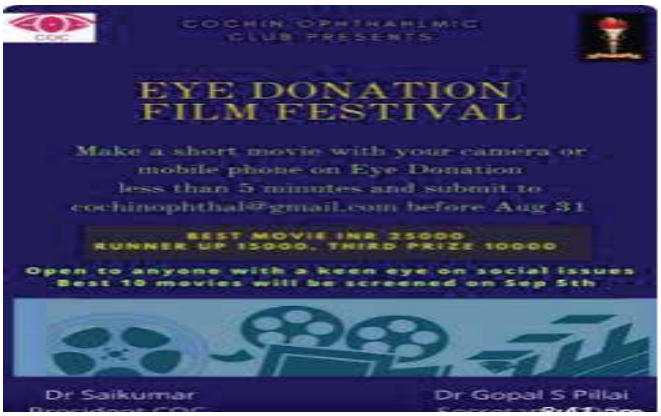
Cochin ophthalmic club monthly meeting was on 27.8.21. The keynote speaker was Dr. Murali Ariga, who delivered the talk: Micropulse lasers in Glaucoma'. This was followed by a panel discussion on 'which is my first drug of choice in glaucoma ?' Dr. Deven Tuli, Dr. Abhilash Nair, Dr. Manoj Prabhakar etc were the panelists.



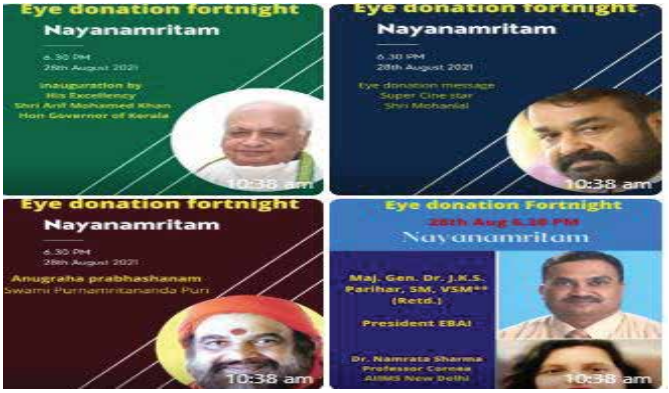


AWARENESS PROGRAMS:

Eye donation fortnight was observed with a short movie competition by the Cochin ophthalmic club. Around 40 short movies of duration less than 5 minutes, shot on the camera or mobile phone were received as entries before the last date on 31.8.21. The 10 best films will be screened in an event on the 5 th of September and the top 3 will be given cash awards of INR 25000, 15000 and 10000.



Eye donation fortnight: 'Nayanamritham' was organised by Amrita Institute of Medical Sciences and Sakshama, in association with Eye Bank Association of Kerala. on 28.8.21. His Excellency Shri Arif Mohamed Khan, Honorable Governor of Kerala inaugurated the event. Maj. General JKS Parihar, Prof Nmrata Sharma and celebrities including the actor, Mr. Mohanlal were the part of eye donation message to the public.



SEPTEMBER, 2021

EYE DONATION FORTNIGHT OBSERVANCES

Cochin Ophthalmic club contributed to the eye donation activities with the COC Microvision Eye donation film festival. More than 50 entries were received and a cash award of Rs. 50000 was instituted.



A panel discussion on 'Challenges in eye during COVID times' was organised with eye bank specialists from the Eye bank Association of India, Government and private sectors.



In commemoration of Teacher's Day, a 'Teacher's day lecture' was delivered by Prof. JS Titiyal, Chief of RP Centre, AIIMS, on 5th of September. The talk was titled: 'Corneal Transplantation- yesterday, today and tomorrow.'



Eye donation fortnight was observed by member institutions through awareness classes, eye donation pledge mobilisation, eye screening, short films etc.





SECRETARY'S REPORT OF TACO ACTIVITIES JULY TO SEPTEMBER 2021

World is trying to limp back to normalcy after facing the second wave of the world pandemic. TACO activities went on as usual without any disturbance in last three months. It was right mix of academics as well as nonacademic family activities.

TACO ACADEMICS

July saw an academic meet on management of silent epidemic of childhood Myopia. "Interventions to prevent Myopia progression" was the topic of discussion on 16th of July. The presentation by Dr. Lakshmi .C, Associate professor in Ophthalmology, Malabar medical college Kozhikode had the record participation and was well appreciated. The PG Notebook#7, "Primary angle closure Disease-A journey through classification systems" by Dr. Sinumol.S was uploaded on July 19th.

PG Notebook #8 on "Normal Tension Glaucoma" by Dr. Smita Narayanan was uploaded on 18th August. Celebrating National eye donation Fortnight TACO organized the monthly meet on a relevant topic on 28th of August. "Donor Characteristics of relevance to Keratoplasty" and "Endothelial keratoplasty-preoperative considerations and decision making" were the two topics which were discussed. Dr. Sunita Chaurasia, Senior consultant, Cornea and Anterior segment, LVPEI Hyderabad made an illuminating presentation. Eye donation fortnight was celebrated by pledge taking, poster exhibitions and by conducting classes for the public. Fellow institutions enthusiastically participated in all these activities. Third issue of "Tacopsia" was released on 5th of September. Current issue focused on cornea and had relevant articles and case presentations on related topics .Upcoming academic programme of September is our annual flag ship CME TACOPSIA on 26 th of September .Topic of interest is Neurophthalmology titled- Neurophthalmology- an over view

TACO COMMUNITY HEALTH INTIATIVE

"TACO Deepam" Website

This web site is a new initiative showcasing the social commitment of TACO members. Our new website for public "tacodeepam.co.in" was inaugurated by the KSOS president Dr.Babu Krishnakumar on 1st of July. One of the initiatives is to offer intra vitreal anti VEGF injections to needy poor patients on a reduced price. Any patient referred by a TACO member registering through this site can choose his hospital and injection dates. The person will get injection at the cheapest rate possible at one of the five selected hospitals in Thrissur. TACO is the first club to take the president's initiative of Group practice to a practical conclusion. Thirty patients have registered with the website for injections till15th of September.

TACO and leadership training

TACO executive members had their first session of health leadership training on 5th of September. The programme is called Leading through education to Excellent Patient care (LEEP). Professor Geeta Menon Postgraduate Dean Health education England Across South London, also one of our founder members is behind this initiative. This programme very sought after by NHS staff in England is being offered free at cost to interested TACO members.

TACO Family meet

TACO always considers family interactions and activities to be as important as academics. Covid constraints limited this to a virtual platform. Family meet was organized on Zoom platform On 26 th of July for two hours from 6pm onwards. TACO families came out with songs, dances, and Quiz which were immensely enjoyed by all. It showcased abundant talents of TACOvites, and also their great team spirit. The event was organized and compeered by team under leadership of Dr.Mallika.V.

TACO associating with KSOS

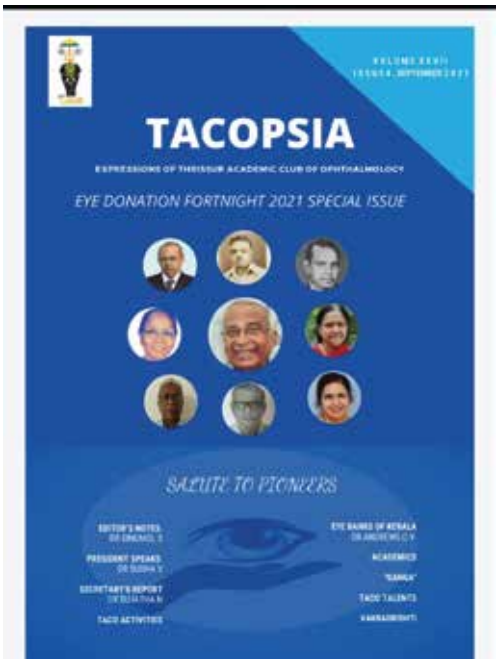
The cultural extravaganza of KSOS "Onanilavu" on 21st August was compeered by talented TACO trio Dr. Mallika, Dr. Lathika and Dr. Ambily. TACO singers and dancers also made their presence felt in that cultural event.

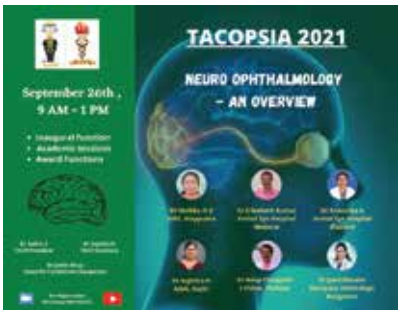








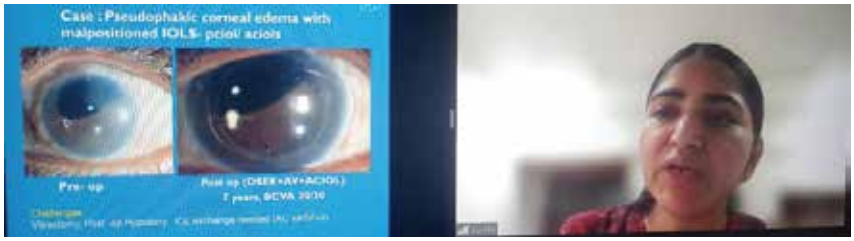

TACOPSIA
EYE DONATION FORTNIGHT 2021 SPECIAL ISSUE
SALUTE TO PIONEERS


TACOPSIA 2021
NEURO OPHTHALMOLOGY
- AN OVERVIEW
September 26th ,
9 AM - 1 PM








Case : Pseudophakic corneal edema with malpositioned IOLS- pciol aciols
Pre- op


Thank You for leading us...


NORMAL TENSION GLAUCOMA


The New PG Notebook #7 is here!
Primary Angle Closure Disease
- A Journey Through Different Classification Systems
+8


Monthly meet 28/08/21
TACO MONTHLY ACADEMIC MEET
AUGUST
EYE DONATION FORTNIGHT
GUEST SPEAKER
Dr. SUNITA CHAURASIA
Donor Characteristics of relevance to keratoplasty
Endothelial Keratoplasty - preoperative considerations and decision making


FAMILY MEET 26/07/21
TACO FAMILY MEET

REPORT OF KSOS

ACTIVITIES OF PATHANAMTHITTA OPHTHALMIC SOCIETY (JULY 1ST TO SEP 30TH 2021)

The various programmes conducted by PATHANAMTHITTA OPHTHALMIC SOCIETY during the period July 1st-Sep 30th is reported below.

1) DOCTOR'S DAY PROGRAMME-July 1st

A speech on digital eye strain and care of eyes during online education was delivered in online channel of Malayala Manorama through Padipura by Dr Sabitha ,Sabitha Eye Care Hospital

https://www.manoramaonline.com/podcast/categories/news/2021/07/01/padippura- classroom-14.html



2) CME

Conducted a CME on July 11th 2021 on a virtual platform.It was organised in association with Glaucoma Society of India.We had eminent guest speakers Dr Shirish Nelivigi, Dr Ankur Sinha, Prof Vinay Gupta ,Dr Kiran Gopalakrishnan, Dr Manoj Prathapan ,Dr Harsha and a case presentation by PG student Dr Rajalakshmi.CME had a total attendance of 57 members.

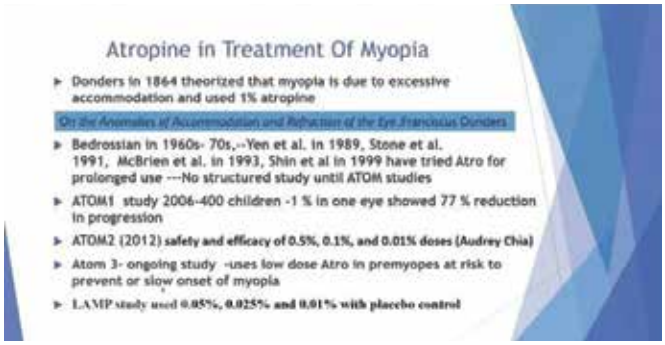


3) CME on Myopia on 14tg August ,2021

Confronting the Myopia epidemic by Dr Leila Mohan, HOD of paediatric ophthalmology,Comtrust Hospital, Calicut.

It was a well attended CME and had an excellent interactive session.





4) Observation of Eye Donation Fortnight

We observed Eye Donation Fortnight in various parts of the district. Inauguration was at Generall Hospital ,Pathanamthitta.







KOZHENCHERRY





5) ' We Pledge' Campaign

A We Pledge Campaign was organised by Pathanamthitta Ophthalmic Society for promoting eye donation.



6)Video film festival organised by Cochin Ophthalmic Club

The short film presented by Eye microsurgery and laser centre,Thiruvalla won 6th position .

The above mentioned programs summarises the activities of POS during the period July-Sept 2021.

Reported by
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THE KSOS connect

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