NEWS LETTER
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KSOS

Official News Letter of Kerala Society of Ophthalmic Surgeons

Dear colleagues,

By the time you receive this news letter you would have settled in your places, busy in your routines after a memorable Annual conference Drishti 2013 at Calicut.

A record number of 720 delegates registered and participated in the conference. The venue, Kadavu Resort on the banks of Chaliyar River provided an enchanting ambience for the same. Although the resources were limited, optimal utilisation of the same was carried out at the venue. The makeshift halls C and hall D were well furnished with good air conditioning and good sound management.

All academic sessions were of high standards, be it instruction courses, free papers, video sessions or Post Graduate sessions. The hallmark of this conference was a tight disciplined time keeping. All sessions started and ended on time according to the schedule in the programme matrix. Wall clocks were installed both inside and outside the halls and also at vantage points for the benefit of delegates. Some innovative sessions were started, one of them was “just a minute”, wherein a video was presented for a minute and the topic was discussed.

The inaugural function went on in a highly dignified manner .The cultural extravaganza that followed the inaugural function was truly enchanting and marvellous, depicting the rich cultural heritage of Kerala. The other highlight of the conference was the food, both qualitatively and quantitatively. It was well appreciated with the traditional malabar taste adding spice to each cuisine. For the banquet it was mouth watering delicacies. Beverages flowed in plenty, both hot and cold. Our colleagues had an opportunity to show off their cultural talents on stage on the banquet day. Film songs and skits were in plenty.



Trade delegates also enjoyed a good conference. Around 50 stalls were occupied. They had displayed their products in a healthy atmosphere.

The two and half day of our annual conference progressed and concluded in a smooth manner without major hiccups, thanks for the team effort of the local organising team, off course with able support from KSOS. Each delegate went back home with fond memories, till we see in 2014 DRISHTI at Thrissur.

- Report by Dr K S Chandrakanth



Beginning of the scientific sessions



Glimpses from the sessions



Glimpses from the sessions



Mouth watering Malabari cuisine



Report by the General Secretary



Official Inauguration of Drishti 2013 by Dr Mohandas



The outgoing President Dr V Sahasranamam



The new President Dr K V Raju outlining his proposed activities for 2014



Dr A Giridhar receiving the Dr C E Oommen Memorial Oration Award



Dr N Radhakrishnan receiving the Lifetime achievement Award



Dr B V Bhat receiving Lifetime Achievement Award on behalf of Dr P P Kunhiraman



The Scientific Committee Chairman announcing the KSOS awards



Best Metro Ophthalmic Club…..Cochin



Best Ophthalmic Club…..Idukki Malanad



The new President thanking the outgoing team.



Glimpses from the cultural fete



Glimpses from the cultural fete



Glimpses from the cultural fete



Glimpses from the cultural fete



and the scientific sessions go on…



and the scientific sessions go on…



The talents from KSOS



The talents from KSOS



The talents from KSOS



The talents from KSOS



The talents from KSOS



The talents from KSOS



Snapshots from the Quiz competition for PG's



Snapshots from the Quiz competition for PG's



Snapshots from the Quiz competition for PG's



Snapshots from the Quiz competition for PG's



Bidding goodbye….till we meet again in Thrissur….

OPHTHALMIC CLUB REPORTS

COCHIN OPHTHALMIC CLUB

The last three months were eventful ones at COC. The highlight was retaining the Presidents medal for best State Ophthalmic Club at Drishti 2013 held at Kozhikode. It is truly an acknowledgement of the cooperation and camaraderie that exists at COC. The election for new office bearers was held and they were installed at the general body meeting held in October. The new team is headed by Dr Davis Akkara as President, Dr Joggy Joseph as Vice- President, Dr Mahesh G as Secretary and Dr Gopal Pillai as Scientific Committee Chairman. Dr Natasha R is Joint Secretary and Dr Balamani D the Treasurer. COC also held a family trip in October, this year to neighboring Sri Lanka. 51 family members made the two day trip to Colombo and Kandy. There were monthly scientific meetings as well. In October there were talks by Dr Meena C K on pediatric cataract surgery, Dr S J Saikumar on low cost phacoemulsification surgery and Dr Anil B Das on an innovative glaucoma drainage surgery he has developed and named 'Glautracks'. The December meeting was about award winning presentations from Drishti 2013 held at Kozhikode. Dr Saju Joseph presented his study on using Purkinje images and rhexis marker for multifocal IOL centration. Dr Rameez Hussain presented his study titled "Correlation between preoperative micro morphology and post operative anatomical and functional outcomes in Macular Hole Surgery". He also presented a poster titled"Detecting Calcium Emboli in Retinal Artery Occlusion using Blue Peak Fundus Auto Fluorescence Imaging". Dr Devika, Post Graduate student from LF Hospital, Angamaly, presented her prize winning talk on "Use of AS-OCT for detecting bleb morphology after glaucoma surgery". Another proud moment was Dr A Giridhar being awarded the APAO Distinguished Service Award in recognition of his contribution to advancing ophthalmic care in our region. That caps a very successful year for COC. A very happy and prosperous new year to all KSOS members.

KOZHIKODE OPHTHALMIC SOCIETY

August 2013

The General body meeting and academic programme was held on 25/08/13 at Hotel Hyson Heritage.

The General Body began at 6.50pm with a silent prayer. President, Dr.Leila Mohan welcomed the gathering. Minutes of the previous General Body was read out by the Secretary Dr.Vinodkumar and was passed by the GB. It was decided to hold a combined family get together and academic meet in September because of Onam and fast approaching Drishti 2013. It was also decided to hold an Alumni get together of Calicut Medical College during the Drishti 2013 and Dr.Jacob Verghese was deputed to arrange the same. The newly joined batch of Post Graduates of Calicut Medical College were welcomed into KOS by Prof.Dr.K.V. Raju and the PGs gave a self introduction. Dr.Chandrakanth, the Chief Organising Secretary of Drishti 2013 updated the gathering regarding preparation for the event.

The academic session was started at 7.30pm. Dr.Minu Mathen, from Chaithanya Eye Hospital, Trivandrum spoke on “Surgical tips for safe outcome in subluxated cataract” which was a video presentation and he also spoke on “Post cataract tear film dysfunction”. This was followed by a case presentation by Al Salama Eye Hospital. The Treasurer Dr.Baburaj proposed the vote of thanks. The meeting was followed by dinner.

October 2013

The Combined September Onam Family meet and the October Academic meet was held on 06/10/13 at Hotel Malabar Palace. The meeting started with a prayer by the Master Pranav Balaji son of Dr.Nirupama Balaji. The general body was very brief with the President, Dr.Leila Mohan welcoming the gathering a brief update on preparations for Drishti 2013. The Secetary, Dr.Vinodkumar presented the minutes of the previous GB and also introduced the guest speaker, Dr.Radharamanan, Director, i-Vision Eye Hospital, Chalakudy.

The Academic session started at 7pm and Dr.Radharamanan spoke on “Glaucoma and Ocular Surface Disorders” and he also spoke on the advantages of preservative free Travoprost eye drops.

The meeting was followed by Music by a local Orchestra. There was also a solo dance performance by Miss Pingala Balaji, Daughter of Dr.Nirupama Balaji. Amritha, daughter of Dr.K.V.Raju started the musical evening with Malayalam film song, Vidhya, daughter of Dr.Vinodkumar, Carol, daughter of Dr.Tresa gave a western music performance. Dr.Sandeep Mohan, son of Dr.Leila Mohan sang a Malayalam melody. Dinner was served during the performance and all those present really enjoyed the evening.



Dr.Radharamanan inaugurating the Onam Family meet

TRIVANDRUM OPHTHALMIC CLUB

GB & Monthly meeting of TOC held on 19 October:
CHAIRPERSON: Dr. K. Mahadevan
Session 1: Evolution of Cataract Surgery by Dr. NSD Raju

Session 2: New Vistas in Lasik & Supracor by Dr. Jacob Mathew
The meeting was sponsored by Vasan Eye Care

Dr. Sahasranamam was felicitated with a Ponnada and Memento by Padmasree Dr. Marthanda Pillai. A presentation on IMA schemes was done and complementary issue of Nammude Aarogyam was given to all members.

The meeting was sponsored by Reliance Life Sciences

GB & Monthly meeting of TOC held on 16 November:
Session 1: GLUES IN OPHTHALMOLOGY
Chairman: Dr. Jayaram VR, Precise Eye Care
Dr. Vinay Pillai, Chaithanya Eye Hospital

Session 2: ACUTE VISION LOSS: A Clinical Approach
Chairman: Padmasree Dr. A. Marthanda Pillai
Prof. Dr. M. Madhusudanan, PRS Hospital
Session 3: The outgoing president of KSOS,



IDUKKI-MALANAD OPHTHALMIC CLUB

Report of activity-October 2013
General body meeting was held on 22-10-2013 at Thodupuzha. Dr.Soman Mani chaired the meeting. In the CME session Dr.Saju Joseph from TVJ Eye Hospital spoke on 'Use of fibrin glue in pterygium surgery with conjunctival autograft'. Association matters including participation for Drishti at Kozhikode was discussed.





REPORT OF ACTIVITIES OF TACO FOR THE MONTH AUGUST 2013

The 5th General Body meeting was held at Casino Hotels on 24-08-2013. Dr. Natasha Radhakrishnan, Asso. Professor, Vitreo-Retinal unit, Amrita Institute of Medical Sciences was the speaker. ROP-An over view was the topic. Dr. Prince Eapen, conducted the monthly quiz programme splendidly.

Observation of eye donation fortnight in connection with the Eye Donation Fortnight, TACO in association with Govt. Medical College, Thrissur organized painting exhibition, 'Drishti', on 25th August 2013, in the hospital premises. A painting competition based on the theme of "Nethradhanam Mahadanam" was held for the children in high school and higher secondary section, in the schools of Avanoor Panchayat. All the pictures were exhibited in addition to motivation messages of eye donation. Prizes were given to the winners of the competition.





A talk on' Eye Donation' was given at Good Shephered school, Kunnamkulam on 29th August 2013 by Dr. Mallika Harikrishnan.

Camp activities

Altogether there were 25 camps. 1402 patients were screened and cataract surgery was done for 156 patients.

REPORT OF ACTIVITIES FOR THE MONTH OF SEPTEMBER 2013

TACOPSIA-2013 Phacoemulsification and IOL s, perfecting the new horizon, the annual CME of TACO, was conducted on 29th September, 2013, at Casino Hotels, Thrissur. KSOS Secretary, Dr. Saikumar, inaugurated the function. TACO Life Time Achievement Award was conferred to Dr. P.V.Thomas, for his services in the field of Ophthalmology. KSOS Secretary, presented gold medals to MBBS students, to the 3 medical colleges in Thrissur, who scored higher marks in Ophthalmology. Award was also given to Dr. Sinumol.S, who won the runner up prize for her scientific video at the annual conference of ASCRS, held at San Francisco. Dr. NSD Raju, the former AIOC president, was honored in this occasion. He delivered the TACO oration, "Evolution of Cataract Surgery". The eminent speakers of this CME were the luminaries in



the subject. It had been an opportunity to refresh and update our approach to practical problems in Phacoemulsification & IOLs, and to learn about the cutting edge advances in this field. A quiz program was conducted based on the topics of this CME, by Dr. Merine Paul. Attractive prizes were given.

OBSERVATION OF WORLD SIGHT DAY

In connection with World Sight Day, a talk on importance of Eye Donation was given for the members of Inner Wheel Club of Kunnamkulam by Dr. Mallika Harikrishnan. Consent forms for eye donation were accepted from all the members present.

Camp activities

Altogether there were 18 camps. 806 patients were screened and cataract surgery was done for 123 patients.

REPORT OF ACTIVITIES FOR THE MONTH OF OCTOBER 2013

CME was conducted on 25th October, 2013, at Casino Hotels. Dr. Ani Sreedhar, Consultant Oculoplastic Surgeon, Little Flower Hospital, Angamally was the speaker. A series of proptosis cases with different etiologies were discussed with the help of good photographs and videos.

Tacopsia, newsletter of TACO, in association with Zydus Occucare, had organized a drawing and painting competition for the kids of TACO members , based on the topic of 'Save Earth, Save Life'. Attractive Prizes and certificates were distributed to the winners in this meeting.

Camp activities

Altogether there were 23 camps. 945 patients were screened and cataract surgery was done for 134 patients.



Eye donation fortnight, painting exhibition, Govt MCH,, Thrissur

Signing off……

This is my last Newsletter as General Secretary. At the outset, I must apologize for the delay in bringing out this edition. This Newsletter mainly contains a photo album of Drishti 2013.

In the last two years I have had the opportunity to work with two wonderful Presidents, Dr Anthrayose and Dr Sahasranamam who have encouraged me a lot. My executive committee also stood by me through thick and thin.

I am handing over my duties as General Secretary to Dr Babu Krishnakumar, who is well known for his commitment and meticulousness. I am sure he will do a great job for the Society.

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