NEWS LETTER
KSOS
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Prof .Dr P J Thomas

THE TEACHER WHO THOUGHT RIGHT AND TAUGHT RIGHT

Dr Biju John C ; RIO Trivandrum



7.50 AM!!..... In spite of being out of breath after running up the stairs to reach the Post Operative ward of RIO Trivandrum, I was smiling. Aha!! I am 10 minutes early and at least today I am going to beat my unit chief to the ward rounds. My smile froze as I reached the verandah outside the ward and bumped right into the person I was trying to beat. It remained frozen due to bewilderment as I saw him bending down to pick up a few scraps of waste paper and litter on the verandah floor and deposit the same in the waste paper basket. Later I learned that this was his response to the explanation of the ward sister when he asked about the delay in ward cleaning on that day. The year was 1995, venue RIO Trivandrum and the protagonist of my small narrative is Prof Dr P J Thomas.

I am sure this incident will give the readers an insight into the character of Dr P J Thomas. His honesty, straightforwardness, sense of fairness, punctuality and above all humility has inspired many a student and junior colleague of that time and that includes the author. And if one measures greatness of a leader by what former US President Ronald Reagan has said "The greatest leader is not necessarily the one who does the greatest

Dr. Charles K Skariah the new president of KSOS



things. He is the one who gets the people to do the greatest things" then it is easy to understand why he is regarded as one of the finest directors of RIO by many of his colleagues and students.

I had the opportunity to work under him as a Post graduate student and also as a Medical Officer and to me and many of my colleagues of that time he has been and still is the ultimate role model. So when the KSOS joint secretary asked me to interview him I had no hesitation in accepting.

Thomas sir was at his doorstep to meet me when I went to conduct the interview on one Sunday morning. Sir and Mrs Thomas made me sit comfortably on a cosy sofa. After exchanging pleasantries I started with my questions.

Sir. Let us start with your childhood? What can you share with our readers?

I was born in 1946 at Champakulam, Kuttanad. My grandfather was a Headmaster of our local primary school, a respected personality. My father was a Bank Manager and the family moved to Trivandrum where we settled. I was lucky to be a student of Model School which was the best school in the state those days, having a galaxy of eminent teachers. I did my pre-university and Pre-medical from Mar Ivanios college, Trivandrum and got admission to MBBS at TMC. The years at Medical College fashioned my career and interests.

What made you choose the subject of medicine?

Being a native of Trivandrum, I happened to see many of my friends and relatives as students of Medical College. They were viewed with adulation and considered a stand-out class. This was stimulus enough for anybody.

Memories about Undergraduate Period?

I belong to the 1964 batch of MBBS students at TMC. We celebrated the Golden Jubilee Reunion this month. Most of our overseas friends chipped in for the event. The undergraduate times bring many nostalgic thoughts. I was a hostler. The occasions we studied in groups, the examinations we prepared for, NCC, Sports and cultural programmes, the late night film shows etc., the memoriesare evergreen. When we passed out, we immediately joined available position in the teaching faculty because an assignment in Medical College was a coveted position. Thus I joined as a tutor in Ophthalmology Dept at Alleppey Medical College under Dr. M.V. John in 1970. A few months before me Dr. Suseela Prabhakaran had joined there as Senior tutor after her D.O. at Pondicherry. Dr. Alex Joseph and Late Dr. P. Venugopal were the other members of the staff.

Why did you choose Ophthalmology?

As for many others of my generation, Dr.K.S. Subramoniam was a great inspirational figure for me also to take up ophthalmology. His classes were a masterclass in oratory and I am sure many undergraduate students like me



must have fallen in love with the subject after listening to him. Dr. T.A. Joseph and Dr. T. Gopinatha Menon were other great and illustrious teachers of those days.

Post graduate period?

In 1971, I got admission for MS at Banaras Hindu University. There was no PG Course in the state at that time. It was a welcome change for me to get an exposure to the language and culture of North India. Myself and Dr. T.P. Ittyerah were MS students there along with three others. We passed out in 1973 and rejoined our positions.

Life as a Professional and academician? Please mention about the great teachers of that time who must have influenced you?

The department at Alleppey was a compact little unit. We enjoyed teaching the undergraduates and spent long hours with them. The cordial atmosphere that prevailed there is unforgettable Dr. Suseela B Nair, Dr. KR Bhat and Dr. Alex Thomas worked with me at different times there. Thereafter I was at Calicut Medical College where I had the good fortune to work under Dr.T.A. Joseph. He was a Surgeon par excellence, a great teacher and an able administrator. I have learned valuable lessons under his stewardship.

By far the major part of my career was spent at Kottayam Medical College where I worked in two spells, first as Asst. Prof and as Associate Prof. in charge of Unit II. Dr. Gopinatha Menon was my chief. We used to say that while Prof. Subramoniam was a great teacher, Dr. Joseph a great Surgeon, Dr. Menon was a harmonious blend. We had conducted several surgical eye camps those days, notably at Guruvayoor and several parts of Idukki district. The congenial working atmosphere at Kottayam brought out the best in us. In the 80's we had performed several keratoplasties. We also hosted KSOS annual conference during that time. This was the most memorable and gratifying period of my professional life.

In the 2nd spell which was from 1996, I worked as Prof & HOD for 2 years. In between from 1992 to 1996, I had worked as Assoc Professor at RIO, Trivandrum.

In the year 1998, I was moved to RIO as Professor and then assumed charge as Director and Superintendent. I believe it was a very productive period of my career. With a band of enthusiastic colleagues, I could accomplish many improvements.

Sir, we remember you as someone who took great pains in teaching Post graduates? What were your experiences as a P G teacher and an examiner?

I had an excellent rapport with my PG students. I knew each of them personally. I took care to extend the best training to them as I was conscious that they were the future eye specialists. Of course they were bright students and gathered knowledge from all available sources. I could experience the depth of their love and regards to me at the time of my retirement in 2001.



To many of us You have been one of the major driving forces behind the modernization of the RIO. The subspecialty clinics functioning in an exemplary manner now is your legacy. Sir You have contributed a lot to RIO.

It is for others to judge. I did believe that physical appearances of the premier Govt. Eye Hospital of the state is also important. Already Dr. Suseela Prabhakaran had initiated the Theatre Block Construction. The main block and premises were given a face lift. A modern Seminar room was built. The Theatre block was commissioned. Two more Units were sanctioned. I was keen that the subspecialties of Retina, Glaucoma, Squint & Pediatrics division and Uvea clinic should come into existence. It gives me a sense of satisfaction that these are functioning well now. The Central Govt. funds were channelized with the generous help by Dr. Rachel Jose who was at the helm. All the improvements were brought about with the utmost co-operation of my colleagues, notably Dr. Suseela B Nair, Dr. P.S Girija Devi, Dr. Sahasranamom and others.

Implementing new ideas, vision and bringing about change is never easy especially in a Government set up. You also must have faced a lot of resistance and difficulties?

I could see a sea of change happening around the state in the field of ophthalmology and knew that we had to keep running, at least to be in the same place as we were before .My staff and colleagues were all supportive and co operative. But funds were always a problem in public sector especially for the day to day activities and up keep of the instruments. A Hospital Development Committee was set up as in other hospitals with public participation and we tried to generate some money by nominally charging the services. Some of the changes like charging 50 paisa for OP ticket from Non BPL patients had to be shelved due to so called public protest. But I feel that Govt Institutions have to generate the money needed for day to day expenses and for the maintenance of equipments on their own. (I had hoped to get into his mind a little more on this issue as I personally knew of the hard work and grind he had put in .He was always the first faculty to come to the department and the last to leave often remaining there till 5.00 PM. Thomas sir was a leader who always led by example and never asked anybody to do something which he himself was not doing. His attempts to inculcate the values of time, discipline and hard work in his students and subordinates have led many to view him as a strict disciplinarian .He might have rubbed a few on the wrong side because of this, but to most he was just a leader who knew the way, went the way and showed the way and the way was right.)

Sir. You are known for a lot of values that you adhered to -punctuality , honesty, straightforwardness , unselfishness- to name a few . Where did you imbibe these qualities?

I have no claims. If you think so, I feel elated.



You retired from Govt Medical College Service as Professor & Director of RIO in 2001. What did you do after that?

I joined Pushpagiri Medical College as the Medical Superintendent and also Professor and HOD of Ophthalmology Department. I worked there till 2004 after which I came back to Trivandrum and joined Aradhana Eye Hospital as Sr Consultant & Director of Academics and am continuing there. In between from 2004 to 2007 I was also associated with Santhwana Hospital.

Activities related to ophthalmic societies and other social organizations?

I was one of the earliest life members of KSOS and was General Secretary in 1978. During my tenure at Kottayam we had hosted the annual KSOS conference and I could serve as the organizing secretary. I was President of Trivandrum Ophthalmic Club in 2002. I am associated with our Resident association and am active in the Alumni organisations of our school, MBBS batch, college Alumni. I am now serving as President RIO Alumni Association.

Please tell us about your Family? They must have given you tremendous support in your life as a successful professional, teacher and administrator?

Rosamma, my wife is a Home Science graduate. I have 3 daughters: Eldest Shalini is a Gynecologist at Trisshur married to Dr. Tinku Jose, Neuro surgeon at MCH Thrissur have 2 kids, Liza & Joe. Second daughter Sherine B-Tech , married to Xavier Sebastian, Management Consultant of BCG Company at Chennai. They have 2 sons, Sebastian and Thomas. The Youngest is Shwetha, a software Engineer in Vancouver, Canada married to Eapen, an architect and Visual Effects Designer. My wife and children have given ample support in my professional preoccupations.

Awards and honours ?

I have won an award from the Lions Club for promoting eye donations and a few awards from several cultural organizations. But the most gratifying of all is the love and recognition from my students from 1970 onwards.

Values you adhere to and your advice to the young generation in ophthalmology?

Nothing new. Since you have asked, I may say



these:

a) Work hard.....and harder.....to strengthen your foundations. Strive for excellence in the area of your interest.

b) Have concern to the less fortunate, marginalized and under-privileged. Remember Gandhiji's words to keep the interests of the poorest of the poor always in mind.

c) Uphold honesty and personal integrity at any cost. Above all, be a good human being The interview was coming to an end. So were the special homemade cakes supplied by Mrs. Thomas. I didn't want either to end, the former due to the fond memories of a by gone era and the latter due to the magical effect on my taste buds. In a way neither did, as I discovered on my way back from sir's house .My mind was full of nostalgic memories and my hands full due to a small neatly wrapped package forcibly placed there by Mrs. Thomas with these words "some cake for your daughter". The following lines came to my mind as I drove back.

"If there is righteousness in the heart, there will be beauty in the character. If there is beauty in the character, there will be harmony in the home. When there is harmony in the home, there will be order in the nation. When there is order in the nation, there will be peace in the world."

Yes Dr Thomas was righteousness personified and had brought harmony, order and peace to the great institute (and departments) which he headed. Thank God for allowing me to be a part of that era. And Thank God for once again aligning my stars with his so that I got this opportunity to interview him for KSOS.

Presidents Remarks



New Year greetings to all the members of KSOS. The activities of KSOS for this year have started on positive note with 25 new members joining our association in the first month of 2015.

On the academic side two CME's were conducted in the month of January 2015. The Interactive Diabetic eye disease symposium at Kollam and Dr. Noel Moniz memorial lecture at Kochi were well organized and well attended. Necessary steps are being taken for bringing out our journal as an indexed journal. On the organizational front the first executive meeting was conducted and committees were formed for implementation of the various activities of KSOS. The extra ordinary general body meeting took important decisions to improve the precarious financial situation of the association and amended the bye laws for implementation of the same. The most important amendment is that the accounts of the annual conference will be audited by the internal audit committee of KSOS and certified by the chartered accountant and 75 % of the net profit will be remitted to the parent organization.

It was reported by the internal audit committee that many of the district ophthalmic clubs have not paid the annual affiliation fees for the year 2014. Similarly 14 of the institutions who conducted CME's in the year 2014 have not remitted their contribution to KSOS. I appeal to all the district ophthalmic clubs and the organizing secretaries of CME programs to kindly pay the dues to KSOS immediately.

Preparations have already started for Drishti 2015 at Trivandrum. We will be conducting the venue inspection on February 15th for finalizing the venue.

Out of the 812 members enrolled in AIOS last year, only 34 are from Kerala, a poor percentage of 4%. I appeal all the members of KSOS to become members of AIOS a to show our strength and solidarity whenever needed. Wishing you all a healthy and prosperous year ahead . Thank you ....

With warm regards

Sd/
Prof . Dr. Charles K. Skariah
President, KSOS

Secretary's Note



932 indeed something to boast and boost the KSOS fraternity has been the outcome of ThrissurDrishti. We are a satisfied lot after an eventful KSOS year and is stepping forwards under the leadership of Dr Charles K Skariah who has proved his mettle umpteen number of times even in KSOS. His vision for a better KSOS is emphasized in his acceptance speech at Drishti 2014. Let us join our hands and minds for a rewarding KSOS year ahead.

At academic front we are booked with 15 CMEs including a mid-year conference of 2 days at Palakkad. We had an executive committee meeting and an extra ordinary General Body Meeting in the month of January when we updated KSOS Bye Law, decided to index KSOS Journal were important among the agenda.

The curtains have risen for Drishti 2015 already and let me congratulate Dr Meena and her team for their dedication for the conference. The venue inspection committee after a thorough screening has given green signal for the choice of UdaySamudra Beach Hotel, Kovalam.

We are sad to note the departure of Dr KGR

Nair of Chaithanya Group which is quite shocking as he was a legendary figure of KSOSwho has soothed innumerable patients, trained many ophthalmologists and lead Chaithanya group to be a successful venture. The loss is irreparable not only for the family but for KSOS also. Another loss we have to report is that of Dr Saraswathy. K.M. Rtd Prof of Ophthalmology , Calicut Medical College.

Expecting your cooperation for a brighter new year of KSOS.

Dr BabuKrishnakumar

From the Desk of

The Scientific Committee Chairman



Respected Colleagues

The scientific programme for Drishti 2015 is in the process of being fine tuned.All efforts are being taken to have the right blend of basic , intermediate and advanced programmes to cater to the needs of the various groups that constitue the delegate fraternity of KSOS.

The delegate participation for 2014 and the feedback points towards a greater need for programmes for the general ophthalmologists. The scientific committee is also trying to organize wet lab sessions during the conference. The freepaper abstract submission will begin in June.I request the younger generation to use this as a platform to showcase their work.

Any suggestion regarding the scientific programme will be greatly appreciated.

Warm regards

Meena Chakrabarti

Message from the Editor's Desk

Dear Friends,



Hope you are reading KJO regularly. As a positive sign of recognition of our journal, I am happy to note that we are beginning to get institutional subscriptions from outside the state. We are seriously engaged in the process of indexing our journal. There are stumbling blocks but we expect to overcome them soon.

As readers, I would like to hear from you more often, especially your opinion regarding quality and content of our journal. Criticism is the fuel for growth. Without criticism, complacency sets in and too much complacency and oversight can lead to deterioration. To maintain quality, we need checks and balances, preferably built into the system itself. This is where indexing becomes important. Indexing serves as a benchmark of quality and can be compared to NABH accreditation for a hospital. Quality improvement and maintaining high standards is a process, a continuing one towards becoming even better and at some point, the recognition awarded becomes commendable. Finance is another consideration. This might mean more money to be spent on the journal and more hard work for the editor. Quality articles from our members adhering to requisite formats is very very crucial. Every article that is contributed should be given keeping in mind that it is an article to an indexed journal and it showcases the authors in an international forum. On the flip side, even minor shortcomings are bound to be magnified and exposed to a wider audience. I humbly request all of you to take this up as each one's responsibility, as if each on of you is the editor of this prestigious journal, so that we shall be able to realise this dream... a dream of taking KJO to newer heights.

Dr. Ashok Nataraj
Editor KJO

From the Website Editor



Dear colleagues,

I am happy to say the website is functioning well. All the update of various CMEs and Drishti 2014 programmes are updated regularly.

We are coming out with an improved Android App "KSOS Drishti" for the Drishti 2015 conference. It is a downloadable application from the Google play store. It is like a ready reckoner and very simple to use. It is going to be an interactive app, where you can communicate with the speakers through it. Hope it will be useful.

Dr Rajiv Sukumaran

Report of AIOS Managing Committee Meeting

The managing committee meeting of AIOS held on 4th February 2015 at New Delhi, was attended by both the members of the managing committee from KSOS. Elaborate discussions were held on all matters to be presented before the AIOS general body. It is a matter of pride for the KSOS that one of its senior members Dr.T.P.Ittiyareh was nominated to receive the life time achievement award of AIOS. Suggestions regarding conduct of a symposium during the annual conference of state societies, under the ARC of AIOS were discussed. The changes to be brought about in the 'sharing of surplus' between AIOS and state societies which conduct the AIOC was discussed. Final approved guidelines in this matter will be soon available.

We also participated in the discussions with the office bearers of the south Indian state ophthalmic societies regarding a southern regional ophthalmic conference (SROC) which may rotate between the 5, south Indian states. Further discussions are being held in this matter between the office bearers of the South Indian state societies.

Dr.V.Sahasranamam Dr.Arup Chakrabarti

COC
KOCHI



COCHIN OPHTHAMIC CLUB
SECRETARY'S REPORT FOR NOVEMBER

December 2014 and January 2015

1.Special General Body Meeting- 20.11.2014, at IMA House, Kaloor:
It was convened to mark condolence for the departed senior ophthalmologist and past President of COC and KSOS, Dr.E.T.Kuriakose. His contribution to the society was vividly remembered by senior ophthalmologists.

2. Monthly Meeting of COC 06.12.2014 at Holiday Inn
A webcast was conducted. The topic of the discussion was dry eye and recent management protocols. Known speakers from across the country joined the webcast

3. COC Camp 07.12.2014:
A camp was conducted at Ponnurunni. Dr.Narayanakutty, Dr.Balamani from Lakshmi Hospital and doctors from Giridhar Eye Institute participated in this camp. Camp was organized by Abhayam Charitable trust.

4.COC monthly Meeting 19.12.2014 at IMA House, Kaloor:
Drishti 2014 award winning papers were presented

5. COC Family Tour : 10th & 11th January 2015:
COC members and families had a memorable trip to Kuttikanam and Wagamon on January 10th & 11th.

6.COC PG Training Programme 17.01.2015:
This was conducted in IMA House. Cases were presented from Little Flower Hospital, Giridhar Eye Institute. Amrita Institute of Medical Sciences and Medical Trust Hospital. The chief discussant was Dr.Revathy.R, who is the head of Cornea Department, Aravind Eye Hospital, Coimbatore.

7.Dr.Noel Moniz Memorial Lecture 18.01.2015 at IMA House, Kaloor:
Dr.Prema Padmanabhan gave the Neol Moniz Memorial Lecture this year Her talk was on "Keratoconus - a familiar stranger". Dr.Revathy.R gave a key note address on infective keratitis.

8. COC Monthly meeting: 30.01.2015 at IMA House, Kaloor:
" Great debate on retinal diseases"

- Laser for Diabetic Macular Oedema - Dr.AshokNataraj Vs
  Anti VEGF for Diabetic Macular Oedema Dr.Sheena Liz Mani
- Anti VEGF Mono therapy for Polypoidal Choroidal Vasculopathy - Dr.Reesha K.R. Vs Combination therapy for Polypoidal choroidal vasculopathy Dr,Rameez N Hussain
- Intravitreal l steroids for retinal vein occlusion Dr.Natasha.R Vs Intravitreal Anti VEGF injection for retinal vein occlusion Dr.Bindu Rajesh Moderator was Dr.A.Giridhar.

9. Abhayam Monthly Clinic, 14.12.2014 and 11.01.2015:
Conducted by Dr.Vrinda Harikumar at Abhayam premises, Tripunithura.

10.COC Sight Restoration India Charitable Clinic:
It was conducted by Dr.R.R.Varma on Tuesdays.12 surgeries were performed in December 2014 free of cost.

taco
THRISSUR



REPORT OF ACTIVITIES OF TACO FOR THE MONTH OF SEPTEMBER 2014
Monthly clinical meeting was held on 20-9-2014, at Casino hotels.there were two guest speakers. Dr. Marian pauly, Oculoplastic surgeon, Giridhar Eye institute, spoke on Managemen of lid margin abnormalities.
Dr. Sobha Ramesh of Dr.Rani menon's Eye clinic spoke on LASIK- New Horizons.
World Sight day was observed in various centers , under the aegis of KSOS.

REPORT OF ACTIVITIES OF TACO FOR THE MONTH OF OCTOBER 2014

Monthly meeting was held at Casino hotels, on 23-10-2014. Dr. Sudha. V, Addl Professor, govt. Medical college, Thrissur was the speaker. There was a different way of presentation of interesting cases, in the form of "Taking a second Look"

REPORT OF ACTIVITIES OF TACO FOR THE MONTH OF DECEMBER 2014

This month's clinical meeting was held on 20-12-2014, at Casino Hotels. Dr. Mahesh.G, vitreo-retinal surgeon, giridhar eye Institute was the guest speaker. A splendid presentation of interesting Retina cases were done.
A Christmas cake cutting was done by Dr. Krishnan Nambeesan, one of senior members of TACO along with the guest speaker.

TRIVANDRUM

TRIVANDRUM OPHTHALMIC CLUB

October 2014 to February 2015

CME Programs:

PG Update Program: 17 October 2014
Speaker: Dr. Vinay Pillai, Adances in keratoplasty

CME & GB 25 October 2014
Venue: IMA Branch Hall, Talk by Dr. Manoj S. on Understanding ARMD.

CME & GB 19 December 2014
Venue: IMA Branch Hall, Talk by Anitha Balachandran on Amblyopia: current research and treatment.

Glaucoma Interest Group: 17 January 2015 7:15 to 9:00 pm
Case Presentation by Dr. Arup Chakrabarti
Talk on Intolerance to anti glaucoma medications: clinical anecdotes:
Dr. Thomas Arun Varghese.

PG Update Program: 17 January 2015
Speaker: Dr. Kruti Mody, Adithya Jothy Eye Hospital, Web cast at Precise Eye Care.

CME & GB 22 Jan 2015
Venue: Talk by Dr. Arup Chakrabarti on Cataract Surgery in patients with ocular surface disorder Glaucoma management in patients with ocular surface disorder

CME & GB 25 Feb 2015
Speaker: Dr. Himanshu Matalia.

Community & Member Activities:

The TOC faced a big loss in the untimely demise of Dr. KGR Nair. He was the one TOC looked upto for guidance and leadership. He was a motivator, leader and most of all a warm, generous and caring human being.

A video on Dristi 2015 was made by Dr. Unni Nair and presented at KSOS State Conference.

Dr. Minu Mathen won 2015 AIOC Sante Vision Award for best paper in Cataract: Get Best Results After Staining Anterior Lens Capsule with Trypan Blue. A Spectroscopy Study.



REPORT OF CHAIRMAN PROGRAMME IMPLEMENTATION COMMITTEE



I am very much thankful to you all, the KSOS office bearers and members for actively participating and making Programme Implementation Committee a big success last year.

Final programme of last year was activities of World Diabetes Day which had fallen on 14th November 2014. State level inauguration was done at Kochi by Cochin Ophthalmic Club. To spread the message of the day Cyclathon and Walkathon were conducted and screening camps for diabetes and its complications in eye were conducted. In Thrissur together with KSOS and TACO a Walkathon and people awareness programme were arranged at 6 centers at Thrissur. All other district ophthalmic clubs had their activities to remind the maladies of Diabetes ,unless taken proper care at proper time.

As the chairman of Programme Implementation Committee I am requesting your cooperation with our activities for this year too.

Main area of activities are

1. Glaucoma Week from 8th March 2015 to 14th March 2015
2. Eye Donation Fortnight from August 25th 2015 to September 7th, 2015
3. World Sight Day on 8th October 2015.
4. World Diabetes Day on 14th November 2015.

Elaborate arrangements were charted out during last Executive Committee Meeting on 18th January 2015. State level inauguration for Glaucoma Day will be done at Thiruvananthapuram under the guidance of Dr Arup Chakrabarty, for Eye Donation Fortnight Dr C.V.Andrews will manage it at Thrissur. Dr RadhaRamanan will be at the helm of affairs for World Sight Day at Chalakkudy. World Diabetes Day's state level action will be triggered by Cochin Ophthalmic Club. All the district clubs will participate with these programmes as usual and has to send the report of activities to drcvandrews@gmail.com and bastinv@yahoo.com .



Dr. Noel Moniz Memorial Lecture
18.01.2015 at IMA House, Kaloor

Dr.Prema Padmanabhan gave the Neol Moniz Memorial Lecture this year Her talk was on "Keratoconus - a familiar stranger".

Dr.Revathy.R gave a key note address on infective keratitis.

Please send your achievements or participation in the national/international conferences for the news letter to bastinv@yahoo.com

Dr. Bastin V A
Joint Secretary KSOS

drishti 2014

The 41st annual conference of KSOS, Drishti 2014 was organized by TACO from Nov 28th to 30th at Lulu international Convention Centre at Thrissur. This time the conference had a record number of delegates, more than 900. The scientific meetings were organized in 4 A/C halls with separate A/C halls for food, trade, poster etc. The Lulu is considered as the best convention centre now available in Kerala. The hospitality of Lulu added new horizons for the organization of Drishti.

Dr Charles K Skariah took over as the new President of KSOS for the year 2014-15. Dr M K C Nair, the Vice Chancellor of Kerala University of Medical Sciences inaugurated the Drishi in the presence of Prof Rajasekharan Pillai. Miss Vaikom Vijayalashmi, the best play back singer of this year was the special guest and the Drishti organizing committee honored her by giving swaradarsana Award. Dr Elizabeth Joseph was the winner of Sri T K Alexander memorial oration Award. Dr T P Ittyerah and Dr N S D Raju were honored with Life time achievement Award by the KSOS. The entertainment and banquet was arranged as one of the most memorable event in the history of KSOS. We once again thank all the KSOS office bearers, Faculty members, TACO members, Delegates and trade for helping us to conduct this Drishi 2015 a great success.

Dr Radha Ramanan

SL NO	NAME OF AWARD	SUBMISSION NO	WINNER	TITLE
1	Dr. K. C. Sankara Menon Free Paper Award	DS14-75	**Dr. Sanitha Sathyan**	Visual Evoked Potential As A Predictor Of Visual Improvement In Delayed Visual Maturation: A Longitudinal Clinical And Electrophysiological Study
2	Padmabhushan Dr. P. Siva Reddy Free Paper Award	DS14-38 DS14-135	**Dr. Anubhav Goyal** **Dr. Poornima Sheba Abraham**	Comparision of Combined Photodynamic Therapy and Intravitreal Anti-VEGF Injections with Intravitreal Anti-VEGF Injections Monotherapy for Polypoidal Choroidal Vasculopathy : 12 months study Can Automated White-On-White Perimetry Detect Visual Loss In Diabetics?
3	Padmashri Dr. S Tony Fernandez Video Award	DS14-63	**Dr. Rameez N.Hussain**	The End of the Nightmare
4	Dr. Noel Moniz Anterior Segment Free Paper Award	DS14-108	**Dr. Mahesh G**	Cataract Progression after Intravitreal Pharmacotherapy A Long term Study
5	COC Retnet Posterior Segment Free Paper Award	DS14-106	**Dr. Remya Mareen Paulose**	Management of Posterior Segment Intraocular Foreign Body (IOFB) - a decade of experience
6	Prof. K S Subramaniam Post Graduates' Free Paper Award	DS14-91	**Dr. Ayushi Sinha**	"Asymmetric Medial Rectus Recession With Partial Vertical Rectus Transposition" The Current Technique In Selected Groups Of DRS
7	TACO Poster Award	DS14-72	**Dr. Manoj .S**	Unravelling The PCV Puzzle- Arriving at a new diagnostic criteria
8	TACO Quiz	**Medical College, Kozhikode**, represented by **Dr. Raiza Paul** **Dr. Dhanyasree T**		


Kerala Society of Ophthalmic Surgeons
Drishti 2014


Kerala Society of Ophthalmic Surgeon
28th, 29th & 30th November 2014


41st Annual Conference of
Kerala Society of Ophthalmic Surgeons
28th, 29th & 30th November 2014


Kerala Society of
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Chethana










HALL C




41st Annual Conference of
Kerala Society of Ophthalmic Surgeons
Cultural Night & Banquet


Cultural Night & Banquet






G-M
A-F



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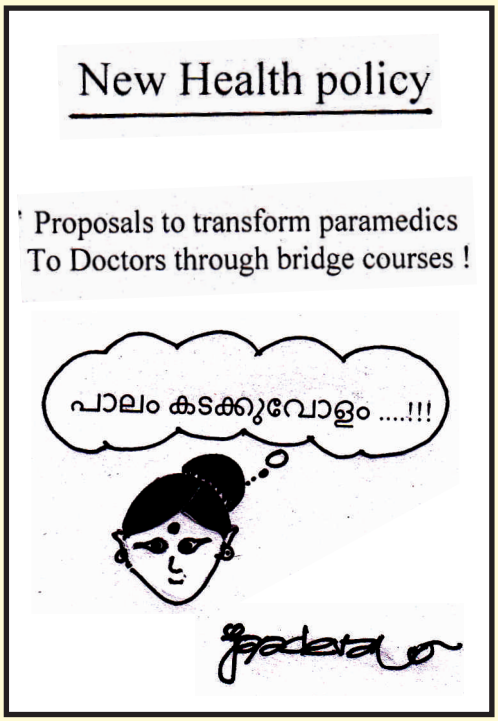
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OBITUARY



Dr.E.T.Kuriakose (87) passed away on 11.11.2014. He was a great Surgeon, good diagnostician, a great administrator- very strict disciplinarian and a leader among leaders. He was founder treasurer of KSOS and its Third President. He was one of the founders of COC and later its president. He was a past president of Lion's Club, Lotus Club and IMA Cochin. He was a recipient of Life Time Achievement Award from KSOS and COC. He was a pioneer in Keratoplasty in Health Service and an active participant in scientific activities of KSOS and AIOS and he has published many articles in Scientific Journals. His works are mentioned in Cornea Volume of DukElder on Rhinosporidium and Mooren's Ulcer. He has trained and guided many Ophthalmologists like Dr.N.S.D.Raju, Dr.K.NarayananKutty, and Dr.Divakaran etc.... He survived by his wife Sophy, Daughter Anila and son Dr.Thomas Kuriakose, director C.M.C, Vellore. His two Grandchildren are Medical Students. We Pray To The Almighty To Give Strength To His Berieved Family. May His Soul REST In PEACE.

Compiled By
Dr.N.Radhakrishnan
Past President of KSOS & COC

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