NEWS LETTER
KSOS
Official News of Kerala Society of Ophthalmic Surgeons
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Dr C.V.Andrews

OPHTHALMOLOGIST SANS BORDERS

Dr BabuKrishnakumar.
General Secretary. KSOS.

The declaration in the last executive committee meeting of KSOS by the Scientific Committee Chairman that Dr C.V.Andrews will be honoured with Dr C.E.Oommen Memorial Oration Award at Drishti 2015, Thiruvananthapuram rang a bell on both of us (Dr Bastin and me) to finalise about our next person for Newsletter interview. Back home I dialled him many times under the authority to corner Dr Andrews for an exclusive disclosure to the NEWSLETTER. He outlined his schedule of activities and asked me to barge in at my convenience. In the morning after his telephonic engagements he has to attend any one of the 15 committee meetings from college council to hospital council being Professor, Department of Ophthalmology or as Medical Superintendent of Jubilee Mission Medical College , the major private medical institute of Kerala that houses 2000 beds with 3000 attendance at OP daily, 450 doctors, more than 1000 nursing and para medical staff and has a student strength like 500 medical, 400 nursing and 200 para medical students where he is proud to be a part. It is difficult to track him down during busy OP hours or teaching schedule for under graduates or PGs or paramedics. Surgical and clinical engagements extend up to 7 p.m. Later his social activities either at TACO, IMA, Diabetic Club, Critical Care Society, Pulmonology Club, Lions, Rotary, Y's Mens, YMCA, Red Cross, Chancellors Club or Probus Club call for his presence till 9 P.M. After dinner he starts with preparations for next day's lecture classes, paper presentations and few home works for hospital management too. He makes and answers phone calls, searches the net in between these tasks that takes up his time up to midnight. Where, amidst this where is the time for an interview?



On Sunday he was going to his native place Thellakom, a beautiful village of KottayamDt, to see his ailing father Varkey Thomas Kakkanat. His mother ThressiamaVarkey who gave birth to 9 siblings of Andrews is no more. The anchorage to Kottayam is deep for Andrews as his learning of alphabets to Medical education was done here including graduation at CMS College, Kottayam in 1975 where he was Kerala University 1st Rank Holder in B.Sc Botany. In 1981 he added MBBS to his credentials from Kottayam Medical College.



Andrews has formulated the solution, which was to be with him and have the interview while attending Midterm Conference of KSOS at Palakkad where he is a faculty as usual like the many conferences he had attended, presented/published more than 200 scientific Papers for State, National and International conferences, symposia, seminars/ Journals. I was with him during the trip from Thrissur to Plalakkad, in Palakkad and back to Thrissur when he emerged in front of me as student,

Professor, hospital administrator, examiner, scientist, and leader for various movements starting from KSOS, son, husband, father and friend. Here is what I could gather from him.

With the experience of 35 years in Ophthalmology how do you look back and forward to the speciality.

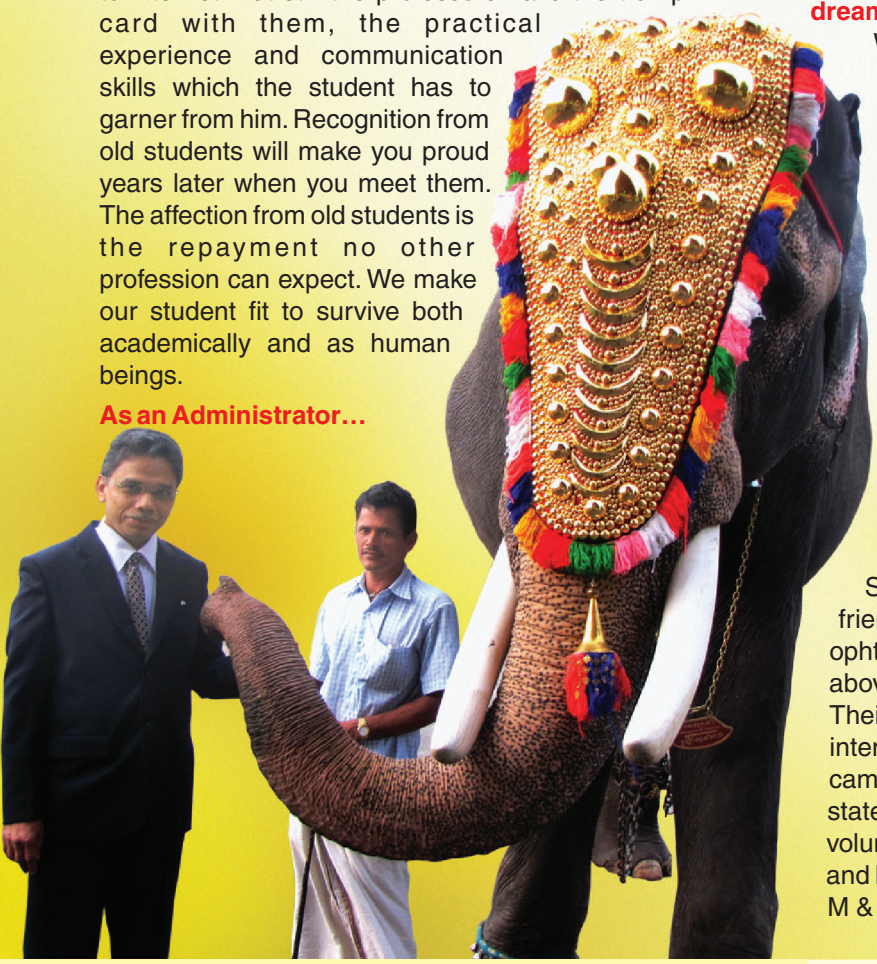
As a Practitioner……

The science of Ophthalmology has progressed by leaps and bounds from the days when I started with AbExterno Knife Section to Phacoemulsification of today. Newer inventions and newer machines have helped us surgeons to give better results to patients suffering from cataract to Retinal detachment. Femtosecond lasers and gadgets like that, the latest boons for the science are helping us beyond the extent we could imagine.

As a Professor…

Whether we like it or not changes are bound to happen in all the fields we come across. Teaching profession is no exception. Teaching is a profession I love and enjoy most. Sharing of knowledge makes teaching a devout profession. When I was a student we had respect, love and fear towards our Professors and in return they lead us, guided us and were the final word in their field of speciality. They considered us a part of their family. Now technology has taken away the dependence on individuals. The teacher has transformed to academic knowledge provider. Students shift their focus to knowledge highways of books to internet. But still the professors have the trump card with them, the practical experience and communication skills which the student has to garner from him. Recognition from old students will make you proud years later when you meet them. The affection from old students is the repayment no other profession can expect. We make our student fit to survive both academically and as human beings.

As an Administrator…



Explosion in ways of communication systems has helped a lot in handling problems arising in managing issues. Managing a hospital with the stature of Jubilee Mission Hospital needs wide contacts and practical intelligence. We have to deal with students, staff, health officials, district and state administrators, politicians and public of all sorts. You have to be the decision maker in various clinical and executive committees of the college and hospital, no less than 15 in number. My academic backing from M.Phil. (HHSM) in Hospital Management from BITS Pilani, Rajasthan,and P.G.D.H.R.M from Indira Gandhi National Open University, New Delhi empower me greatly.

From patient's viewpoint…

Years back patients were ignorant and had faith and respect to the doctors. They considered doctors next to God. Compared to the resources the past doctors wielded the modern doctors are on par with God but the patients have also changed a lot. They are educated and well aware of pros and cones of the treatment. They have great expectations about treatment outcome also. Many of the relatives are very demanding to the extent of wanting a guarantee for the surgery. Many a time patient may be willing for surgery but some of the relatives are not enthusiastic to spend their time and money for non-productive surgeries like cataract for their relatives. Quoting examples he pointed to the alarming trend that is developing recently.

What was the spark in life that made you visualise your dream in Medicine and Ophthalmology?

While I was a school student International Health Care Organisation Caritas started a hospital in my neighbourhood, Thellakom of Kottayam. The hospital had 2 German and 2 local doctors. The local society and my relatives used to give high respect to those doctors. The dignity those doctors earned made me aspire to be one like them in future. Later I became the first doctor from my village. The medical student in me used to wonder about the ways in which the cure is effected by the treating doctor. My undergraduate study was done at Kottayam Medical College. The house surgeoncy period at Department of Ophthalmology was exemplary with eminents like Prof GopinathaMenon, Dr Thomas Zachariah, Dr P.J.Thomas, Dr Venugopal, Dr ShailaKumary, Dr Venketachalam and Dr Sobhana Mohandas. I used to wonder at the friendship among them, their dedication to the ophthalmic cause, setting aside personal gains and above all the philanthropic dealing with the patients. Their care and goodwill towards me made me interested in ophthalmology. I had attended many eye camps and done surgeries. At the same time KSOS state conference was conducted at Kottayam. As a volunteer I admired the ways of ophthalmic fraternity and longed to be one among them. I joined for DOMS at M & J Institute of Ophthalmology, B.J.Medical College,

Ahemadabad in 1981 and passed out with DOMS in 1983 and MS Oph from same institute under Gujrat University in 1984. I had acquired F.S.V.H in 1998 from St. Vincentius Eye Institute, Karlsruhe, Germany.

The incidence in academic life that underscore your choice of Ophthalmology…

My days as Senior Eye Consultant and Head Cornea Services & Unit Chief of C.B.M Ophthalmic Institute, Little Flower Eye Hospital, Angamaly from 1986-2002 is considered as the best period in my life where I mingled with and gained experience from eminent ophthalmologists of the country.In that era we were conducting eye camps throughout the state of Kerala besides outstation camps at Tamil Nadu, Lakshadweep and far off Karnal in Haryana. It is to Karnal I boarded a flight for the first time in my life. We were staying at Karnal for surgery camp one month in every year. Each one could do 1000s of surgeries in these camps. The journey and stay at camps still echoes memories of finer periods in life. In L.F. Hospital I used to work from 7.00 A.M to 6.00 P.M. and was staying at Thrissur. During those days I used to work with all the consultants like Dr Tony Fernandez and Dr K.E.Eapen to begin with and later I was with Dr T.P.Ittyerah who was an all-rounder. I used to follow him in this all round management expertise. I still remember the day when I did 6 Keratoplasties on a single day. The happiness, respect and admiration towards me in the faces of those who have gained vision underscore that my choice of Ophthalmology was right. Some patients who have gained vision after Keratoplasty, expressed their gratification by falling at my feet.

How do you assess the teaching of ophthalmology in this country and your suggestions for better standards?

In principle a student has to come out fully trained after his master's degree. In the past where resources were meagre the training was adequate. Today the boundaries of specialities have widened to such a state that sub



specialities have arrived. How can you master all these in 3 years. Inside the allotted schedule all our PG programmes are being conducted in an extremely good way. The new ophthalmologist has no other way but to submit himself to fellowship courses. The limitation to fields in ophthalmology may be because they want to be limiting for their own comfort or to escape from demanding patients who question the credentials of a cataract surgeon doing retinal surgery.

Your contributions to the field of ophthalmology.

I am not a stalwart to contribute to the field of Ophthalmology. But in my humble ways I have done services for ophthalmology. Those 1000s of patients to whom I could show light into their lives, those students of Ophthalmology I could guide in classes and exams I am sure they will raise their hands in my favour. I was ICMR



Research Officer and Chief Co-ordinator for"Epidemiology of Cataract Research " at Little Flower Hospital Angamaly.The prestigious awards I collected are: Dr.K.C.SankaraMenon Award of KSOS, Dr. C. E. Oommen Memorial Oration Award of KSOS and Dr. P N Sinha Fellowship of AIOS. I am the Chief Editor of the Book titled REFRACTION-State of the Art @ 21st CENTURY. Yes, all these contributions to Ophthalmology for the last 35years make me proud that my life is fulfilled.

Do our patients receive their due from an ophthalmologist equally or are they discriminated in terms of financial dissimilarity?

To a large extend our patients are not discriminated. In our set up anybody can afford ophthalmic treatment be it private or government. The government sector is doing quality service even at P.H.C. level. Medical colleges and District Hospitals are equipped with all the necessary instruments and theatre setup. Above all Free Eye Camps for Cataract Surgery are conducted all over the state with good turnout of patients.

Single most revolutionary change in Ophthalmology according to you.

No other invention like IOL has revolutionised Ophthalmology in its history. Even Phaco or Laser will remain secondary to IOL. Thanks to Harold Ridley the aphakiks are having normal vision and a normal life.

How you have moulded the Ophthalmologist in you from your experiences with.....Eminent ophthalmologists

While doing my postgraduate studies at Ahmedabad I was fortunate to be trained by ophthalmologists like Dr P.N.Nagpal, Dr Kalevar, Dr R.N.Mathur and Dr



BhartiLavingia who are acclaimed in India as well outside. The masterly way they do surgery or train the PGs or join you in celebrations is to be appreciated. In my career at L.F.Angamaly I was lucky to work with and be inspired by Dr Tony Fernandez, Dr T.P.Ittyerah and Dr K.E. Eapen.

Colleagues

The colleagues I am happy to associate with and influenced my profession include Dr E.J.Maney, Dr Elizabeth Joseph, Dr Noel Moniz, Dr RadhaRamanan, Dr Amar Agarwal and the likes.



Students

I have been a teacher for many for nearly 35 years from Lecturer to Professor for M.B.B.S, PG Teacher for Dip NB (Ophthalmology) National Broad of Examinations, PG teacher (MS ophthal), Teacher and Examiner Diploma in Ophthalmic Technology , Teacher and Examiner B. Sc Optometry, Visiting Professor and Examiner Hospital Management P.G Course (M.Sc, MHA). I am updating in my profession because of these students.

Changes in KSOS experienced as a member and initiated as an official.

I was in KSOS for long time and have

held all posts except Editor, KJO. They include, Executive Committee member from 1990-2015, Joint Secretary, Secretary, Scientific committee Chairman, KSOS President 2011-2012, Organising Secretary State Conference ,Thrissur 2003 and Organizing Secretary, All India Ophthalmic Conference (AIOC) 2012. Now I am entrusted the job of Programme Implementation Committee Chairman of KSOS. Holding various posts and working in association with senior members like Dr Radhakrishnan.N, Dr P.I.Mohan and Dr Jayanth I could bring out Member's Directory in new format, issued Laminated photo ID cards to all members and printed KSOS Constitution and By Laws. All India Conference at Kochi 2012 was held while I was KSOS President. . KSOS is a homely feeling for me so I have engaged myself for no advantage to me but for betterment of ophthalmologists of Kerala. I am gratified at the growth of KSOS.

Count your experiences at AIOS

I served AIOS as Member Managing Committee and Member, Academic & Research Committee . We held All India Ophthalmic Conference in the years 1984, 1999 and2012 at Kochi. All these conferences held at Kerala under KSOS were well appreciated. I could widen my circle of contact with All India supremoes of ophthalmology which in turn helps me to widen my outlooks too.

How do you rate your participation in other scientific and social organisations?

My association with other organisations run parallel and equally strong. Few of them are: Eye Bank Association of Kerala (Joint Secretary, Secretary and Vice President), Diabetic Club of Thrissur (President), Indian Medical Association, Thrissur (ECM, Joint Secretary, Secretary, Vice President , President), IMA State (Working Committee Member, Managing Committee Member, Schemes), LIONS Club, Thrissur (ECM, Joint Secretary , Secretary, Vice President, President) and Indian Red Cross Society at Thrissur (ECM, Eye Camp Services



Special Officer, Vice Chairman).I could give Thrissur IMA more academic deviation. Public Awareness Programmes were conducted under Thrissur Diabetic Club. I could make social organisations more medically oriented by conducting regular classes on medical topics.

Harmony with family life and busy schedule academically and organisationally..

Let me introduce my family. My wife Dr. Mercy Paul Andrews, MD is Professor of Dermatology at Jubilee Mission Medical College, Trichur. I have two daughters, the elder one Dr.Nima Teresa Andrew, MD, DVD is a Dermatologist and her husband Dr.Navein Isac John is a Plastic Surgeon. They have a child Nihal John. Younger daughter Dr.Nimi Maria Andrew is doing her MD inRadiology. She is married to Dr.Jithin Antony Bose a Pediatrician. We can manage a harmonious life though each one has their own hectic schedule. In our formative years we were tuned to life styles of that age which has





been altered by changes of lifestyle gotten by time. We have to adapt to it and has to find harmony in life. Otherwise we will end up cursing the new age. There is nothing that is subjected to change. The life forms, planets and things like that will perish if not fit for adaptation.

Which is the role that satisfies you most in your life?

I am satisfied with all the roles I am entrusted with in my life. You may sequence them in the order Husband, Father, Ophthalmologist and Teacher. My family supports me wholeheartedly in every step I put forward. I am with them also in every endeavour of life.

Of course you have a successful and satisfied life do you look back to painful moments in life to share with us?

One of the painful moments in life is untimely departure of my dear friend Dr Noel Moniz with whom I had beautiful association for long 18 years. Another sad occasion is missing of my chance to MBBS after Pre Degree course by just one mark. The departure of my mother who stood with me throughout my life and put my life in good pedestal is still painful for me.



Books you love to refer to us

Out of many of the excellent books in ophthalmology I have in mind a small book that embraces all of Ophthalmology in a challenging way for novices as well as veterans in 'Parsons' Diseases of the Eye'. It had its first edition in 1907 and the latest edition is by Dr RamanjitSihota, a malayalee.

Dreams you could not achieve.

Both of my children though doctors shied away from ophthalmology. So my dream for someone to continue with my wisdom and experience in ophthalmology could not be materialised.

Define an Ophthalmologist.

An Ophthalmologist must be an all-rounder in the many branches of Ophthalmology with masterly skills in one sub speciality who carries a personal touch of assurance with the patient as if a member of your family.

I know many details still remain. He has travelled far and wide. Exploring the various stages of Dr Andrew's life one would like to emulatemany aspects of his life. We have many things to learn from him as an Ophthalmologist, as a teacher, as an administrator as an organiser and above all as a human being with serving mind set. Truly he practices no discrimination to anyone and that makes the attribute to him **'Ophthalmologist Sans Borders'** proper.

Dr BabuKrishnakumar
General Secretary
KSOS

Presidents REMARKS



The academic activities of KSOS for the year 2015 are in full swing with ten well attended CME programs successfully conducted so far . Members still have opportunity to participate in nine more CME's to be conducted before our annual conference . The mid term conference at Palakkad was a big success in terms of academics, attendance and hospitality .

KSOS has taken a bold step forward in our effort of indexing Kerala journal of ophthalmology . The executive committee meeting held at Palakkad decided to enter into a contract with the professional publishing house Medknow for this purpose. By indexing, KJO will have a dedicated website, articles can be submitted online, quick retrieval and archiving will be possible, and the standard of our journal will improve . The cost of journal publication will definitely increase and we will have to find out resources to meet the escalating expenditure .

There is a reported move by the Government to appoint a panel of ophthalmologists at regional transport office and sub centers for issuing vision certificate for the purpose of driving license . KSOS has submitted a representation to the concerned authorities requesting to constitute a committee consisting of office bearers of KSOS to study the proposal before taking a final decision.. Preparations are in full swing for Drishti 2015 at Kovalam . The last date of submission of scientific abstracts is fast approaching . The scientific committee is meeting next week to finalise the scientific programme.

Let me congratulate the organisers of Drishti 2014 for contributing Rupees Eight Lakhs Twenty Three thousand four hundred seventy six from the proceedings of the annual conference to KSOS. This is the maximum contribution received by KSOS so far .

Let me remind the district ophthalmic clubs to remit the annual affiliation fee and the organising secretaries of CME programs to pay the contribution to KSOS immediately . This is election year for KSOS . My sincere wish is that let KSOS be taken to greater heights by a new team of talented , dedicated , dynamic office bearers . Wishing all the members success in your profession
With warm regards

Sd /
Dr. Charles K. Skariah
President, KSOS.

Secretary's REPORT



It gives me immense pleasure to be a part of KSOS at the revival of Mid Term Conference after a gap of 25 years. Palakkad Society of Ophthalmic Surgeons has played the role of hosts in an exceptional way combining academic and non-academic themes as a perfect blender. Kudos to architects of Summer Spice from Dr Rajesh Radhakrishnan, Dr Rohan, Dr Jayadevan, Dr Rajagopalan Nair Sir, Dr Prasanth to the excellent key players who remained behind the curtain. Arrival of Mid Term Conference will boost KSOS activities in smaller societies who find it hard to satisfy the stipulations for annual Drishti in their towns.

We have good number of CMEs this year too with newer topics that seldom repeats as desired by our President Dr Charles K Skariah. Preparations are progressing in a disciplined way under the leadership of Dr MeenaChakrabarti and Dr Unnikrishnan Nair for Drishti 2015.

New version of KSOS constitution and Bylaws has been released. Another encouraging trend is the increasing number of KSOS membership. The new generation have faith in KSOS that it will provide them necessary encouragement and right direction for their progression in Ophthalmology. Contribution of Rupees Eight Lakhs Twenty three thousants four seventy six from TACO organising Committee of Drishti 2014 is to be greatly appreciated and is a new record and helps KSOS to fill its coffers like never before.

We had 2 executive committee meetings so far Different committees of KSOS have been reconstituted like the following.

1.**Ethics Committee.**

Chairman Dr Charles K.Skariah
Convener Dr BabuKrishnakumar
Members Dr K.V.Raju, Dr V.Sahasranamam

2.**Scientific Committee for the Annual Conference.**

Dr MeenaChakrabarti, Dr Arup Chakrabarti, Dr Ashok Nataraj, Dr Charles K skariah, Dr BabuKrishnakumar, Dr Mahesh, Dr Vinodkumar N.V., Dr Thomas George T, Dr Swapna Nair, Dr Jayaram.

3.**Internal Audit Committee.**

Head Dr N.Radhakrishnan and Dr P.I.Mohan.
Members
Dr S.Sasikumar, Dr Babukrishnakumar, Dr S.J.Saikumar, Dr K. Mahadevan.

4.**Programme Implementation Committee.**
Chairman Dr C.V.Andrews
Members Dr Charles K.Skariah, Dr BabuKrishnakumar , All district representatives to Executive Committee.

5.**Crisis Managing Committee.**
Chairman Dr S.Sasikumar
Members
Dr SreeniEdakhlon, Dr Rajiv Sukumaran.

6.**ROP screening Programme. There will be no funding for this committee.**
Dr Sahasranamam.V. Chairman and the members will be Dr Padma Prabhu , Calicut. Dr Lathika V.K. Thrissur, Dr Natasha Radhakrishnan Cochin, Dr AnjuSathar, Thiruvananthapuram.

7.**Committee for Medico Legal and Practice Guidance.**
Dr RadhaRamanan will be the chairman with Dr Sasikumar S, Dr Jain V.Chimmen and Dr Saju Joseph as members.

8.**KJO Indexing Committee.**
Dr Ashok Nataraj, Dr Charles K.Skariah, Dr Babu Krishnakumar, Dr S.Sasikumar, Dr MeenaChakrabarti, Dr.GopalPillai, Dr Mahesh Gopalakrishnan and Dr Thomas Cherian.

The forthcoming CMEs are

1. 14th June 2015 on Neuroophthalmology by Dr Tony Fernandez Eye Hospital Aluva.
2. 21st June 2015 by Alappuzha Medical College.
3. 27th& 28th June 2015 Research Methodology at Thrissur
4. 11th&12th of July at Thiruvananthapuram by Chakrabarti Eye Care Center.
5. 19th July 2015 at Little Flower Hospital Angamaly.
6. 2nd August 2015 August Ophthalmica at Ernakulam.
7. 16th August 2015 Chaithanya Eye Hospital, Thiruvananthapuram.
8. 20th September 2015 by Calicut Medical College
9. 27th September 2015 TACOPSIA at Thrissur.
10. 3rd& 4th October 2015 Giridhar Eye Institute, Kochi
11. 11th October 2015 Kollam Ophthalmic Association.

Two members of KSOS Dr Chacko.P.T and Dr Prabhakaran K.K. have been expired. KSOS joins their families at the sorrow.

This is the election year for KSOS. We are calling nominations for all the office bearers of KSOS through this newsletter. The posts are Vice President, General Secretary, Treasurer, Chairman Scientific Committee, Editor KJO, Editor Website, Joint Secretary, Members Scientific Committee 3, AIOS Managing Committee 2. Executive Committee members are to be nominated from District Ophthalmic Clubs.

Dr Babu Krishnakumar

From the Desk of

The Scientific Committee CHAIRMAN



Respected Colleagues

The scientific programme for Drishti 2015 is in the process of being fine tuned and finalised.All efforts are being taken to have the right blend of basic , intermediate and advanced programmes to cater to the needs of the various groups that constitue the delegate fraternity of KSOS. The cataract program especially will be revamped …….
the entire structure and content of the program modified into something really dynamic,interactive and worth listening to.
The scientific committee is trying to organize wetlab sessions during the conference for
PHACO BASICS,TORIC IOL s and also ICLS The abstract submission site is open.
We hope that the submission process is smooth.
All paper/poster and video presenters should register for the conference .
Any suggestion regarding the scientific programme will be greatly appreciated.

Warm regards

Dr Meena Chakrabarti



From the Website EDITOR

Dear colleagues,
I am happy to say the website is functioning well. All the update of various CMEs and Drishti 2015 programmes are updated regularly.
Abstract submission for Drishti 2015 started on 1st June 2015 and will end on 30th June 2015.
It is going on smoothly.
We are coming out with an improved Android App "KSOS Drishti" for the Drishti 2015 conference.
It is a downloadable application from the Google play store.
It is like a ready reckoner and very simple to use.
It is going to be an interactive app, where you can communicate with the speakers through it.
Hope it will be useful.

Dr Rajiv Sukumaran
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Congratulations...

Dr T.P. ITTYERAH
selected for
LIFE TIME ACHIEVEMENT AWARD
by AIOS.
This award will be conferred to him during
AIOS 2016 at Kolkatta.

Please send your achievements or participation in the national/international conferences for the news letter to bastinv@yahoo.com

Dr. Bastin V A
Joint Secretary KSOS

OPHTHALMIC CLUB REPORTS

KOCHI

1. **COC monthly meeting IMA House 20 02 2015:**
Dr Tejas Shah from Ahmedabad spoke on 'IOL workstation and phakic IOLs'. Session was chaired by Dr NSD Raju.

2. **Abhayam COC Mega Camp Kothad February 22:** It was attended by Dr Narayananakutty, Dr Globin , Dr Rohith from Giridhar Eye institute and Dr Nadina from Medical trust hospital.

3. **COC PG training programme.IMA house March 6:** Session on retina was conducted by Dr Gopal S Pillai, Dr Asok Natraj, Dr Thomas Cherian and Dr Mahesh G. Mainly spotters and discussion were done.

4. **COC Glaucoma Walkathon Marine drive.March 8:** COC and Amrita Institute of Medical Sciences with KSOS and glaucoma socity of India observed the glaucoma week in a grand way. Celebrities and film actors participated. It was lead by COC President Dr Davis Akkara and Dr Giridhar and other COC memberes.

5. **Glaucoma and Diabetic retinopathy detection camp and Awareness talk March 8:** On world glaucoma week COC and Abhayam organized Glaucoma and Diabetic Retinopathy awareness program at Abhayam centre in Tripunithura.

6. **Mega camp by COC and Abhayam at Amballur March 15:**
Conducted at Amballur panchayath community Hall. Lead by Dr Narayanankutty.

7. **COC Retina Interest Group meet at Kumarakam March 22:** This was organised by COC along with Vitreoretinal Society of India and Coimbatore Aravind Eye Hospital.

8. **COC Post graduates training program March 22 IMA house:** Cases were presented by Dr Ayushi Sinha (Toxoplasmosis) , Dr Vaishnavi (Acute Retinal necrosis) and Dr Rohith (Posterior Scleritis).

9. **COC monthly meeting March 22 IMA House:** Dr Vishali Gupta from Post graduates Institute Chandigarh was the guest speaker. She spoke on '5 common mistakes in uveitis'.

10. **COC Abhayam clinic:** This was conducted on February 8 and 22 and March 22,

11. **COC Sight Restoration India Charitable clinic:** It was conducted by Dr.R.R.Varma on Tuesdays.

THRISSUR



The New year for TACO began with a family get together on 16/1/15 at the lawns of Merlin International Hotel. An official function for installation of new office bearers preceded the entertainment programme.The chief guest of the function was Dr Charles Skariah ,KSOS president and he installed Dr Anup Chirayath as the new president. . Prizes were distributed for "Splash 2014" - a painting competition .Variety of songs, music and dances were performed mainly by the children of TACO members.

On 28/2/15 we had our first monthly scientific meeting at Casino hotel . Dr Himanshu P Matalia from Narayana Netralaya,Bangalore gave a wonderful talk on Keratoconus .

The World Glaucoma Week(March 8th -14th) was observed grandly by all the Eye hospitals and Medical colleges of Thrissur district.

An informative talk on glaucoma was given by Dr AnupChirayath on Mathrubhumi News channel on 16th and a radio talk by Dr LavanyaPramod was broadcast by Red FM on 16th .

A public awareness meeting was conducted at Koorkenchery S.N. Hall on 14th by Pensioner's state union and TACO.

Monthly meeting on 20/3/15- Dr P. Sathyan from Coimbatore gave a practically informative talk on how to determine the Target IOP and the Cost Effectiveness of glaucoma treatment.

TRIVANDRUM OPHTHALMIC CLUB
Reg No. T-159/12
www.facebook.com/groups/TOC.Open

TRIVANDRUM



TRIVANDRUM OPHTHALMIC CLUB

CME Programs:

Glaucoma Interest Group: 17 January 2015 7:15 to 9:00 pm
Case Presentation by Dr. Arup Chakrabarti
Talk on Intolerance to anti glaucoma medications: clinical anecdotes: Dr. Thomas Arun Varghese.

PG Update Program: 17 January 2015
Speaker: Dr. Kruti Mody, Adithya Jothy Eye Hospital, Web cast at Precise Eye Care.

CME & GB 22 Jan 2015
Venue: Residency Tower, Talk by Dr. Arup Chakrabarti on Cataract Surgery in patients with ocular surface disorder Glaucoma management in patients with ocular surface disorder.

CME & GB 25 Feb 2015
Venue: Residency Tower. Speaker: Dr. Himanshu Matalia.

CME & GB 24 March 2015
Speaker: Dr. Gopal Pillai, Topic: Latest Trends in Retina, Venue: Hotel SP Grand Days,Trivandrum.

ACHIEVEMENTS

Dr. Minu Mathen has done us proud again. He won the prestigious 2015 AIOC Sante Vision award for the best paper in cataract: Get best results after staining anterior lens capsule with trypan blue, a spectroscopy study.

Community & Member Activities: Glaucoma Awareness Walk

Our walk in 2014 was declared as one of the best in the world by World Glaucoma Association.
TOC conducted a mammoth rally with over 500 participants for Glaucoma Walk 2015 on 08 March 2015.
Magician Muthukad helped Jacob Punnose IPS & Rishi Raj Singh IPS to blindfold two of his students who they took a spin in the city blind folded.

25 Feb 2015: Dr. KGR Nair Remembrance Meeting
It was decided that executive committee meet before next GB and put forth suggestions on honouring Dr. KGR Nair's memory.

TOC Eye Camp
Glad to share the news of an eye camp organised by Dr. Ambika Shetty with involvement of doctors from four hospitals.

IDUKKI MALANAD OPHTHALMIC CLUB (IMOC)



CME conducted at hotel kabany Muvattupuzha on 12-2-2015. Speaker Dr.Vinay.S.Pillai, Consultant Giridhar Eye Institute,Ernakulam, Subject-DRY EYES NOT SO DRY ANYMORE, CORNEAL ULCERS WHAT IS HOT AND WHAT IS NOT. Glaucoma awareness week celebrated by various hospitals. Free glaucoma detection camp was conducted on 22nd march.Dr saju Joseph and Dr Deepthy took classes.

KOLLAM
OPHTHALMIC ASSOCIATION



A free glaucoma screening camp was held in District Hospital Kollam in association with DBCS on 12/03/2015. It was inaugurated by deputy D.M.O(Health) Dr. Babu Chandran.It was attended by more than 200 people



A glaucoma walk was organized by K.O.A. on 13/03/2015 5.00 pm from IMA Hall Asramam to Kadappakkada junction. It was flagged off by mayor Honey Benjamin. More than 200 people participated.

CMES 2015

JANUARY

1. TIDES 2015. The Interactive Diabetic Eye Symposium 2015 at Hotel Raviz Kollam on 11th January by Chaithanya Eye Hospital and Research Centre, Kollam.

2. Dr. Noel Moniz Memorial Lecture 2015 at IMA House, Kochi on 18th January 2015 by Cochin Ophthalmic Club.

FEBRUARY

3.Oculi 2015. An update on Cornea at Hotel Arcadia, Kottayam on 22nd February 2015 by Department of Ophthalmology, Kottayam Medical College.



Dr. (Mrs) Rani balamurali, Medical Director, Amardeep Eye Care Kollam has been awarded FRCS in Ophthal (Glasgow)

GLAUCOMA WEEK
celebrations












തൃശൂർ
സമയം : 10.00 A.M. to 1.00 P.M
Association with KSOS & TACO


IDUKKI MALANAD OPHTHALMIC CLUB
(Affiliated to KSOS)


1 OUT OF 20 PERSONS ARE PRONE TO GLAUCOMA
GLAUCOMA AWARENESS WALK 2015
Trivandrum Ophthalmic Club
GLAUCOMA WEEK MARCH 7-14, 2015
In partnership with
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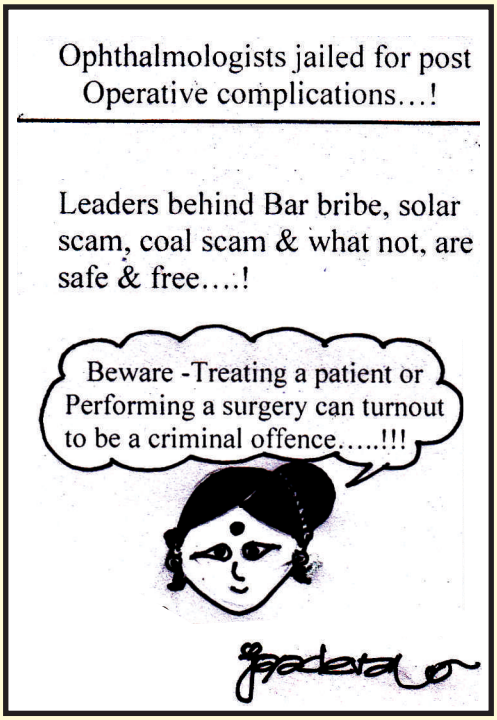
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OBITUARY



Dr. K. G. Ramachandran Nair
CHAITHANYA EYE HOSPITAL

Dr.K.G.Ramachandran Nair. MS, D.O, FRCS (Lond), FRCS(Glasg),popularly known as Dr.K.G.R, the founder Chairman of Chaithanya Group of Eye Hospital who expired on 15th February 2015 was a unique visionary in the field of Ophthalmology. After passing his MBBS from Medical College, Trivandrum he did his MS in Ophthalmology and served the Health Services in Kerala for a short stint. He then went to the U.K for further training, did his FRCS and worked in some of the most premier eye hospitals in UK. He then served in the Middle East, including Saudi Arabia and the UAE, at Al-Ain, where he held a teaching post in the Medical University. Back in Trivandrum, he started the Chaithanya Eye Hospital in 1996, the first Eye hospital in the private sector, The Hospital has now got branches in Kollam, Haripad and Kochi and has done pioneering work in almost all sub specialties in Ophthalmology. Apart from his role on the faculty of various State, National and local conferences, Dr KGR was a regular presence in the very first row at conferences and CMEs.

Above all he was adored by his employees, popular with his patients of all walks of life, and respected by his colleagues and vast circle of friends and Doctors. He leaves behind his wife, Mrs Sujatha Ramachandran, his sons Dr Unnikrishnan Nair and Dr Anil Krishnan Nair, and their families and his esteemed colleagues, staff, friends and well wishers to cope with the void left by his unexpected demise

Dr Abraham Kurian
Chaithanya Eye Hospital

OCUMOIST MAX

(PEG+PPG+VIT B12+TAURINE+CASTOR OIL+ZANTHUM GUM)

BESIX

(BESIFLOXACIN 0.6%)

SOFT DROPS

(CMC+VIT A+VIT E+ELECTROLITES+N-ACETYL)

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Published by Dr. Babu Krishnakumar, Aswani Hospital Thrissur, on behalf of kerala Society of Ophthalmic Surgeons
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