Nayana DARSANAM

DR P.JAYADEVAN



Local Organizing Committee
AIOC 2012 KOCHI

Chairman	Dr. N.S.D.Raju
Vice Chairman	Dr. N. Radhakrishnan
Chief Organizing Secretary	Dr. A. Giridhar
Treasurer	Dr. S. Sasikumar
Joint Treasurers	Dr. Leena Pillai Dr. Balamani. D.
Organizing Secretaries	Dr. Saju Joseph Dr.Anthrayose.C.V. Dr. S.J. Saikumar
Joint Organizing Secretaries (in Alphabetic order)	Dr. Arup Chakrabarti Dr. Babu Krishna Kumar Dr. Davis Akkara Dr. Jayaprasad. B. Dr. Mahadevan. K. Dr. Paul Mathew Dr. Raju. K.V. Dr. Radharamanan. B. Dr. Sahasranamam. V. Dr. Soman Mani Dr. Suresh Babu. P.M.
Reception Committee Chairperson	Dr. T.A. Alexander



DRISHTI 2011

ORGANISING COMMITTEE

TACO has formed an organising committee for successful conduct of Drishti 2011 at Lulu Convention Center ,Thrissur . Conference is slated for 23rd, 24th and 25th of September 2011.

Chairman	Dr Alex Joseph
Incoming President	Dr C.V.Andrews
Organising Committee Chairpersons	Dr Charles K Skariah and Dr John Williams.
Organising Secretaries	Dr Radha Ramanan and Dr Babu Krishnakumar.
Treasurer	Dr K.C.Joseph
Joint Organising Secretaries	Dr Anoop Chirayath Dr Jain V Chimmen Dr Merine Paul Dr Elizabeth Jacob Dr Smitha Narendran Dr Rani Menon Dr V A Bastin Dr Bessy Ninan Dr V.K.Lathika Dr M.E.Shoba

Registration for Abstract Submission :
TILL 15th APRIL

Abstract Submission : 1st APRIL to 30th APRIL

ATTENTION ALL MEMBERS WHO WANT TO SUBMIT ABSTRACTS FOR DRISHTI 2011 YOU ARE REQUESTED TO REGISTER BEFORE APRIL 15TH 2011 IN THE NEW ONLINE ABSTRACT SUBMISSION PAGE IN OUR WEBSITE WWW.KSOS.IN . ABSTRACT SUBMISSION WON'T BE POSSIBLE WITHOUT REGISTRATION IN THE SYSTEM. PLEASE SEE WEBSITE EDITOR'S REPORT FOR DETAILS

Published by Dr B. Radha Ramanan (L.F.Hospital Angamaly, Ernakulam Dist. 683572. Ph 04802704932, 9447006421. email rramanan@sify.com) on behalf of Kerala Society of Ophthalmic Surgeons.

KSOS NEWS LETTER

For Private Circulation only
March 2011
Vol. XII Issue - 1

Official News letter of Kerala Society of Ophthalmic Surgeons

Prof. K.B. VENUGOPAL –
THE DISCIPLINARIAN AND THE DEVOTEE



Prof. K. B. Venugopal, or Venu Sir, as his students used to call him, was Professor and Head of the Department of Ophthalmology at Calicut Medical College. He was President of the Kerala State Ophthalmological Society (KSOS), as we used to call it those days.

When the KSOS entrusted me with the pleasant job of interviewing Venu Sir for the newsletter, I took it as a privilege, I am one of his Post Graduate students, and Venu Sir has been instrumental in teaching me the basics of Ophthalmology. He has been a big positive influence on me and I look upon him as a good administrator and disciplinarian.

Presently, Venu Sir enjoys his life as a grandfather. When I called him first to talk about the interview, he was In Dubai, with his daughter's family. He fixed up a date for me, but then, had to rush back from his son's place at Karur in Tamilnadu to keep the appointment with me. As always, he was punctual!

I met him at 'Darsana', his historical residence at Chalappuram in Calicut, where three generations of Ophthalmologists have lived and practised. Venu Sir received me at the doorstep, with his family members, and soon, we sat to work. He took me through a whirlwind tour down the memory lane.

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INSIDE VIEW

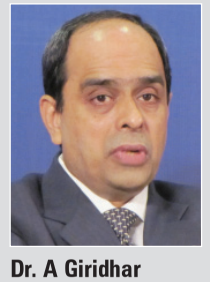
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Dr. N.S.D. Raju
Chairman, Organising Committee, AIOC-2012



Dr. A Giridhar
Chief Organising Secretary, AIOC-2012



Dr. Alex Joseph
Organising Chairman Drishti - 2011



Dr. C.V. Andrews
Incoming President Drishti - 2011



Dr. Radha Ramanan
Organising Secretary Drishti - 2011



Dr. Sasikumar. S
Chairman, CMC of KSOS

President's Page



Dear Colleagues,

Let me take this opportunity to thank you for having elected me as the President of the Kerala Society of Ophthalmic Surgeons for this year. We have had two executive committee meetings since I took the oath of office of the Presidency in November 2010. During this year we intent to try and streamline the conduct of various CME programs under the aegis of the KSOS and we have been partially successful in our endeavour to place the CME programs throughout the year. We are also in the process of updating the directory information of all the members of the Society and we hope to finish this task by the time we relinquish the office. This year we will also be having a mid year workshop with special emphasis on the Post Graduate Students who have been trained in Ophthalmology in the State of Kerala. The Kerala Society should conduct workshops with the prime objective of improving skills of our PG Students who are going to lead us in the coming years. In this context a workshop will be held in the month of May 2011 along with the Regional Institute of Ophthalmology, Trivandrum. I feel that the younger members of the Society should come forward and give suggestions as to how we could improve the scientific content of our conference. Dr. Arup Chakrabarti, our Chairman, is already working out certain strategies which will help improve the content of the scientific program. Increasing emphasis will be given to skill transfer and ophthalmic diagnostics in the coming conference in Trichur. We are also trying to arrange a webcast of lectures by eminent ophthalmologists during the Trichur conference. This will be again a new initiative if it comes through. If any members have any suggestions, he can mail it to my email address girieye@vsnl.com.

Looking forward to an eventful year.

With best wishes,

Yours Sincerely,

Dr. A. Giridhar
President

SCIENTIFIC COMMITTEE CHAIRMAN'S Page

Dear Colleagues,

Greetings!

We, at the scientific committee have gone on an overdrive to prepare an academic feast for you for Drishti 2011.As you may already be aware by now, Drishti 2011 is advanced by 2 months. Consequently the abstract submission deadlines have been advanced by 2 months and are set at 30th April 2011. The online submitter opens for abstract submission on April 1 12:01 AM and closes on April 29, 11.59 PM. No submission will be accepted beyond the deadline. Lot of background work and introspection has gone into this year's submission format. The scientific committee has evolved a format that brings KSOS on par with many international organisations. Abstracts not in the structured format will not be accepted any more. The Website team has given good back-up support for this development. The scientific committee has decided the theme for this Drishti to be "Intra Procedure Complications" So you will see some new programmes. We will of course be persisting with the popular basic courses. The innovative programme Ophthalmic Premiere League (OPL) which was so well received in Drishti 2010 will be continued in the same format. We want the youngsters to come to the forefront of the academic activities and share the limelight with the existing stars.If you have any suggestions, and ideas please don't hesitate to contact me at drishti2011sc@gmail.com.



Warm regards

Arup Chakrabarti

SECRETARY'S Page



Dear Friends,

KSOS completed another year successfully and a new very active team leader took charge as the President of our association, Dr A Giridhar. This is an important year for the history of KSOS, because we are going to host the AIOC 2012. We have already started the preparations. Our stall, we arranged at the AIOC 2011 conducted at Ahmadabad was a great success.

This year we are going to have the Drishti, 2 months earlier than the usual dates, on September 23-25th. This will be conducted at Lulu international centre at Thrissur. I hope that this year venue will be one of the best venues we ever had for Drishti.

Our CME programmes are going well. But this year we have to stop the CMEs by August, since our Drishti is in September. We may be able to conduct CMEs after the Drishti also.

We have formed a crisis management cell to give professional help to our members in their crisis like endophthalmitis. Dr Sasikumar, our past Secretary will be the chairman of the committee.

I wish all the KSOS members a happy new year.

Jai KSOS

Dr Radha Ramanan
Secretary KSOS

Join KSOS

Dr B. Radha Ramanan
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NOMINATIONS ARE INVITED FOR THE KSOS ELECTIONS 2011

Nominations are invited for the 2011 election for the office bearers of KSOS. The last date for submitting the application is 31st July 2011.Qualified KSOS members can apply for the following posts.

VICE PRESIDENT ◆ GENERAL SECRETARY ◆ TREASURER
SCIENTIFIC COMMITTEE CHAIRMAN ◆ EDITOR KJO ◆ EDITOR WEB SITE
JOINT SECRETARY & MEMBER EXECUTIVE COMMITTEE (one from each district. Attach the recomendation letter from respective district ophthalmic club)

KJO Editors Report



Dear friends,

Greetings from KJO.

We are into the second year of Kerala Journal of Ophthalmology and I am quite happy to see the response to the journal. March 2011 issue is a special issue on ocular infetion. We are fortunate to get some prominant and expert persons to write the articles. i acknowledge all the contributors for bringing out this issue. Infections are a concern for all the practicing ophthalmologists from general practioners to busy surgeons. There has been a shift in the pattern of ocular infection over the past few years both in the type of organisms and drug resistance.

Endophthalmitis remains the most dreaded complication after any intraocular surgery. It has medicolegal implications also.It will be useful for all the members to be aware of the chaninging drug resistance patterns.The articles are selected in such a way that it is useful for everyone.

Also I would thank the KSOS for increasing the finacial support for KJO.

Once again thanking everyone for the suggestions and criticisms.

Jai KSOS
Dr Mahesh G

Website Editor Report



Website Editor Reports

Dear Member,

As promised in the last news letter, the entirely new Abstract Submission System is ready and will be used for this year's abstract submission. A lot of hard work and effort has gone into the development of this system. The system has been extensively tested in various browsers and defects rectified. However as with any new software minor unforeseen problems might crop up, which we will try to rectify immediately. But I am hoping for an error free run.

I have already sent several emails reminding members about registering in the system. The system has been activated on March 1st itself so that members can register early and familiarize themselves with the system by sending test abstracts. It can be accessed from the home page and also the Drishti 2011 page of our website www.ksos.in. However the system will be inaccessible for 1 week from 27/3/2011 to 31/03/2011 during which time it will be readied for the actual abstract submission.

I request all members to register for the same immediately .The registration process needs to be completed before 15th of April. It is not possible to submit abstracts without registering in the system. Once registered you can test the system if you want by submitting mock abstracts till 27th March. After this date all the test abstracts will be deleted and the system will be kept in stand by mode till 31st of March for the actual abstract submission. Further Registration can be done again till 15th of April. Abstract Submission can be done by those who have registered in the system from 1st April to 30th April.

The user interface is quite simple and easy to follow. A step by step instruction of the whole process is given below. Please keep this with you and refer to it in case you experience any difficulty when you use the system. You can access these instructions from the News section of the website also.

Step by step instructions on How to use the new System

Part I: Registration

1. Go to http://www.ksos.in/
2. Click on "Click here to Submit Abstracts for DRISHTI 2011" button on the top right corner of home page. Wait for the KSOS Drishti 2011 Online Abstract Submission page to load
3. Click on "KSOS Members" button to open the Login page
4. Click on "Register Today" button and wait for the registration page to load
5. Enter your KSOS number/id (Only the numbers .No alphabets or special characters)and click on the button \"GO\". Wait for the page to load and go through the details there.
6. Please make sure that the details available are your own and then fill in the blank columns
7. You have to select a password and also reconfirm it
8. Now Click \"Submit\"
9. You will get the confirmation message that you have been registered in the system. An email will also be sent immediately to the mail id that you have entered/already present in the system

Part II: Abstract Submission & Management

10. Now repeat Steps1,2 & 3 so that you are back in Login page.
11. Enter your KSOS ID numerals in the first box /Login box
12. Enter the password you had selected during Registration process
13. Click "Go"
14. You will be taken to your own unique abstract management page .All abstracts you submitted can be viewed and edited here till the last date of submission. Of course since you are yet to submit an abstract the system will display the message "0" abstracts found
15. Click on "Add Abstracts" button on the top menu bar and you will be taken to the page displaying the rules and guidelines of abstract submission
16. You have to read and accept this by clicking on "Accept and Proceed" button.
17. Next page asks you to select between 2 types of abstracts-Video and Others. If you want to submit a Video Click on that button. Any other category please click "Other"
18. Submit your abstract strictly adhering to the format outlined there and keeping within the maximum word count. Now fill in the Co author details, category, financial interest and click "submit"
19. Once you accept the declaration 2 times, the submission will be accepted and you will be taken to the home page of your Abstract management page where you can see all your abstracts .You can edit them by clicking on the edit button and re submitting. You can also delete any of your abstracts

Once again I request you to Please Register without delay for the Abstract Submission as the cut off date for the same is 15th April 2011.This cut off is only for registration and not for Abstract submission.

Jai KSOS
Dr Biju John

Prof. K.B. VENUGOPAL – The Disciplinarian and the Devotee

1st page Cont..



He was born on 9th September, 1939, as the son of the legendary Dr. P.B. Menon, who was the first qualified Ophthalmologist in the entire Malabar region. Dr. Menon was a very versatile person. He has been credited with the distinction of doing the first Keratoplasty in the region in the 1060s.

Venu Sir did his preliminary education in the Ganapath High School, Calicut, and joined MBBS in the first batch of Calicut Medical College in 1957. He did his DOMS from Bangalore in 1968-'70 and MS from Madurai in 1972-'74. He has very fond memories of his teachers, Dr. K.N. Pisharody, Dr. K. Madhavankutty, Dr. Kannankutty and Dr. C.K. Ramachandran, who taught him during his undergraduate days. As far as his Ophthalmology teachers are concerned, he has great respect for Dr. K. S. Subramanian, Dr. Puttanna of Bangalore and Dr. G. Venkataswamy of Madurai. His post graduate education in Madurai, under Dr. G. Venkataswamy was the turning point of his career.

Dr. Tony Fernandes was his senior in Madurai and Venu Sir recollects an incident, when he was down with fever and dehydration. He summoned Dr. Tony, who immediately rushed him to the hospital and saw him through the illness.

Venu Sir has had almost his entire professional career in Calicut Medical College. He joined as Tutor in Ophthalmology in 1964 and retired as Professor and Head of the Department in 1994. During his time, the Calicut Medical College catered to the entire northern Kerala and Venu Sir himself has conducted more than 400 camps spread over the seven northern districts. The highest point of his professional life, he says, was, when a patient, on whom he had operated in a camp, equated him to Lord Venugopalan in the Bhagavat Gita, who gave insight into human life, while this Venugopal gave eyesight. The lowest point was when a patient, whom he treated, developed a Stevens Johnsons syndrome, and despite his best efforts, along with his Dermatology colleagues to save her life, survived, but lost sight in one eye. The patient went on to file a case against him in the court, which is still pending.

Q: "Sir, could you please tell us about your family - your parents, your wife and children?"

A: "My parents were a big influence on me. I have a sister, and my parents took keen interest in our education."

Venu Sir hails from the 'Kalipurayath' family near Kunnamkulam. He is married to Mrs. Vasanthi Venugopal of the famous 'Nalapattu' family, which has given birth to many poets and writers. Mrs. Venugopal is a home maker. She has always been a big source of inspiration and support to him, and in fact, spoiled him with her culinary skills.

He is blessed with 3 children. Dr. Vinod Kumar, the eldest son, carries on his legacy as an Ophthalmologist. He, along with his wife Dr. Malini, an ENT Surgeon, now looks after the Sai Darsan Hospital, where Venu Sir practises. He has a daughter, who is settled in Dubai, with her family. His youngest son Vijayagopal is an 'Export Consultant', settled at Karur in Tamilnadu. The 'Venugopals' have 6 grandchildren, and they find time to spend with all of them. One of his grandsons is a medical student, and hopefully, a fourth generation Ophthalmologist.

Venu Sir is an ardent follower and devotee of Bhagwan Sri Satya Sai Baba. He first met the Baba in Bangalore in 1968, and since then, the Baba has been part of his everyday life. He has served as the co-ordinator of medical camps in Puttaparthy, for the last 10 years, co-ordinating about 40 doctors and 10,000 patients, from all over India, over 10 days, every year.

"My association with the Bhagwan has motivated me into social service", he says. The free clinic, which he started long back, functions even today, on every Thursday.

Q: "You are known for your punctuality and strictness. Where did you imbibe these qualities from?"

A: "Discipline is there in my blood. My father, Dr. P.B. Menon himself was a disciplinarian. I learned punctuality from Dr. Venkataswamy. He used to stand at the hospital gate everyday, at 6.30 in the morning. One day, when I came in 5 minutes late, Dr. Venkataswamy asked me, 'what is the time, doctor?' That was the last day, I became late in my life!"

Q: "How did you have the courage to start a private hospital after your retirement?"

A: "My son Vinod gave me the courage."

Venu Sir was President of the KSOS in 1992-'93. He testifies to the phenomenal growth of the organisation since then. During his Presidency, the membership stood at around 300. He is surprised to learn that there are 1200 members in the society now. He practised in an era, where most of today's developments in Ophthalmology were not there. Patients had to stay in the hospital for 5-7 days, following a Cataract surgery, and they had to wear thick glasses. The patients have been the biggest beneficiaries of the development in the speciality.

He has also been associated with the Rotary Club, through which, he has done many community activities. The Rotary Club has recognised his efforts in this field.

He believes that subspecialisation in Ophthalmology has gone a bit too far, and in a lighter vein, he says that a day will come when there is a specialist for the Right eye and another one for the Left eye!

Venu Sir sees a bright future for the young Ophthalmologists, and he gives them a piece of advice. Some of the youngsters believe that they have achieved everything in life. He urges them to be humble and compassionate to the patients.

"I haven't made much money from my profession, but my students are my biggest asset." Those were his concluding words, before we sat down for a sumptuous dinner.

KSOS has achieved a membership status of 1162. New office bearers under the President ship of Dr A.Giridhar took charge. Two Executive Committee meetings were conducted. First ECM was on 23.1,2011 at IMA House Kochi. 2nd ECM was on 6.3.2011 at IMA House Kochi.

Crisis Management Cell (CMC)

Infections, especially post operative infections are a nightmare to any ophthalmologist. The agony is compounded if one is a solo practitioner working in the periphery. Even the most skilled surgeon would panic at the sight of a hypopyon uveitis after a clean cataract surgery. Even if it is a toxic reaction the surgeon will have sleepless nights for sure. A systematic analysis of the situation is needed in any case of postoperative uveitis. The KSOS have decided to formulate a Crisis Management Cell to help its members in such situations.

Functions of the CMC

In case of any post operative mishap, the members should contact any of the CMC personnel. The CMC would conduct an onsite inspection of the facility if needed. They would assist the member in systematically analyzing the operative set up. The CMC could advice them regarding the disinfection protocols, the sterilization methods, the various registers that are to be kept in the OT and other such matters of relevance in the OT. The CMC would also help them trace the source of infection in most cases even by seeking the help of a microbiologist. The members will have to bear the laboratory charges and microbiologist's fee, if any, in such cases. The members will have to contact suitable referral centers for treating their post operative infections. The CMC may not be able to render any legal aid to members for which they will have to contact the PP Scheme of IMA.

Members of the Society can contact any of these persons to seek help.

Dr. Sasikumar S, Chairman, CMC of KSOS, Chaithanya Eye Hospital, Ravipuram, Kochi 16. Ph: 04842357135, 9447475101, Email - drsk93@yahoo.com

Dr. Baburaj. N.P, Member-(North Zone), CMC of KSOS, Nalupurackal, Narayana Nagar, Vadakara, Calicut District, Ph: 9846285814, Email-drnpbaburaj@gmail.com.

Dr Abraham Kurien, Member- (South Zone), CMC of KSOS, Chaithanya Eye Hospital, Kesavadasapuram, Trivandrum 4, Ph: 0471-2447183, 9847094478, Email – akay47in@yahoo.co.in

CMEs so far.

1. **CME 2011-AN UPDATE ON PAEDIATRIC OPHTHALMOLOGY Organised by Dept of Ophthalmology, Govt. Medical College Thrissur on 16th Jan 2011.**
2. **2nd NOEL MONIZ MEMORIAL LECTURE. Organised by Cochin Ophthalmic Club on 13th Feb 2011**
3. **AMALADARSAN2011-AN UPDATE ON CORNEA. Organised by Dept of Ophthalmology Amala Institute of Medical Sciences on 20th Feb 2011.**
4. **WORKSHOP ON LOW VISION. Organised by Giridhar Eye Institute on 6th March 2011.**

Forthcoming CMEs.

1. **CME on DIABETIC RETINOPATHY on 27-03-2011**
   - **Venue : Hotel Pearl Regency, Kottayam**
2. **Retina on 03-04-2011**
   - **Venue : Ernad Inn, Malappuram**
3. **CORNEA.COM An update on 10-04-2011**
   - Venue : Hotel Malabar Gate, Ram Mohan Road, Calicut
4. **KSOS MID YEAR WORKSHOP. On Research Methodology Under combined auspices of IJO, KSOS AND RIO TVM at Thiruvananthapuram on 14th and 15th of May 2011.**

MEMBER ACHEIVEMENTS

Dr Arup Chakrabarthy and Dr Meena Chakrabarthy

1. Conducted an Instruction Course at the AAO as Chief Instructor
2. Participated as co -instructor in 2 other courses
3. Qualified for the AAO acheivement award
4. Awarded the Malayali Business Acheivement award 2o10 and received the same at a function at Dubai
5. Conducted 2 instruction courses at ESCRS Paris as chief instructor
6. Dr Meena Chakrabarti was chief instructor for an instruction course at ESCRS Paris and also presented a free paper

KSOS Resolution about Unethical Practices on issuing driving license Certificate.

The KSOS general body on 27-11-2010 held at Cochin accepted the resolution presented by Prof: Dr. M.V.John, from Thiruvanthapuram. His resolution stated that few of the Kerala ophthalmologists in collusion with few agents/motor driving school staff, are issuing eye testing certificates with out seeing the candidates. This news came in news papers and TV channels. Even though it is a small number of ophthalmologists, the bad reputation goes to all the ophthalmologists of the state. He requested the general body to take necessary action to stop this unethical practice.

This resolution was unanimously accepted by the General body and asked all the KSOS members to follow only the ethical practice. All the members are requested to report any such incidence in the future to the ethical committee of KSOS.

Minuters of the 1st EXECUTIVE MEETING KSOS HELD at 10.30AM on 23.01.2011 at I.M.A. Centre, Kochi

The 1st ECM of KSOS 2011 held with Dr. A. Giridhar in the chair at 10.30AM on 23.01.2011 at I M A Centre, Kochi. After the silent prayer, the president welcomed the members. In the Presidential address Dr. A. Giridhar expressed the need of updating the members directory. He expressed the executive members of each district should co-ordinate the address correction from each district. He also expressed that this year we have to conduct a mid term workshop. The minutes of previous ECM was read by the Secretary. It the presenting author a PG paper is unable to present the paper due to valid reasons, one of the co author who is also a PG and a KSOS member or associate member is allowed to present. This change should be informed to scientific committee chairman at least 4 weeks before the Drishti. With this addition the previous minutes passed.

The membership up to 1160 ratified. Leave applications of Dr. R.R. Varma. Dr. Rohan, Dr. Rani Menon and Dr. Meena Chackrabarti accepted. KSOS's Secretary reports that the site inspection for the 2011 Drishti was conducted on 19th of December and committee decided Lulu International convention centre at Thrissur as the venue and the conference will be on 23-25th of September. The 4th news latter of the year 2010 already published. Secretary reported that last year 3 of the executive members did not attend even a single meeting, namely Dr. Ganesh Maiya from Kasergode, Dr. Rohan from Palakkad and Dr. Revati Ramesh from Kochi. It is decided to ask all the executive members to send the names of the office bearers of corresponding district clubs. It is decided to ask the district clubs to nominate alternate members to the KSOS if their representative is regularly absent in the ECM.

Treasurer reported that the financial condition of KSOS is better now. It is decided to activate procedure to get from 12A. It is also decided to send a copy of audited report of previous financial year along with annual GB notice. The scientific committee chairman reported the various awards for the last Drishti 2010.

List of Award winners

1) Dr. K.C. Sankaramenon Award - Dr. Minu M. Mathen
2) Padmabhushan Dr. P. Sivareddy Award - Dr. Joythipraksh Vysas.
3) Padmasree Dr. S. Tony Fernandez. Video Award-Dr. Aneeta Jabbar.
4) Dr. Noel Moniz Anterior segment free paper Award - Dr. Meena Chakrabarti.
5) Posterior Segment Free paper Award - Dr. Savitha Bhat.
6) Prof: K.S. Subramanian Memorial P.G. Free paper Award - Dr. Aparna C. Varghese
7) Best Poster Award - Dr. Sandhya N
8) TACO Quiz - MCH Thrissur represented by Dr. Manoj Kumar and Dr. Jaysree

The scientific committee chairman asked to correct the bye law regarding the allotment of marks. It should be written as 40% for the text and 60% for presentation. It is decided to print the new bye law this year. It is also decided to include Glaucoma papers in the posterior segment session. In the competition section one chief author can present only one paper in a section and a maximum of 3 sessions excluding the posters. In poster session, one chief author can present only one poster. This should be ratified in the next annual GB. In competition session papers should not be published in any ophthalmic scientific publications and the award winning papers, the editor has got the right to publish in the KJO. This suggestion also to be ratified in the next GB. Posterior segment award also should be mentioned in the bye law.

The Editor KJO reported that next issue will be on ocular infection and it will be published in April. The web site editor reported that a new log in system is ready and the password is shared between the web editor and the scientific committee chairman. Dr.Giridhar reported about the preparations for the AIOC 2012. There will be stall arranged in the AIOC 2011 at Ahamadabad. Mementos will be given form our stall. There will be facilities for registering for the AIOC 2012. Dr. Sasikumar is will be the new treasure of AIOC 2012 instead of Dr. R.R.Varma.

The Dr. Sasikumar reported about the Drishti 2010. and the total collection from the trade was around 26 lacks and he handed over a cheque for Rs. 5 lacks to KSOS president as the contribution to KSOS. ECM congratulated Dr. Sai and his team for the excellent arrangement of Drishti 2010.

Dr. Antrayose reported the preparations for Drishti 2011. Dr. Alex Joseph will be the organizing committee chairman. Dr. Radha Ramanan and Dr. Babu Krishna Kumar as organizing secretaries and Dr. K.C. Joseph will be the treasurer

A crisis management committee was for to help our members in cases their professional problems. Dr. Sasikumar will be chairman and Dr. Abraham Kurien and Dr. Baburaj as members. This committee formation to be included in the next news letter. The express of the committee can be paid by the KSOS.

The ECM decided to add members to scientific committee by majority votes (10 votes for and 4 against)

Role of these committee members will be

1) To work with the scientific committee for the formulation of the Drishti programme.
2) Co-ordinate with scientific committee chairman to bring out the annual CME booklet.
3) To conduct mid year workshop on special topics focusing on teaching training and research.
4) Training of paramedics.
5) All the different responsibilities of the scientific committee members will be decided by the scientific committee chairman.
6) There will be 3 elected members.
7) The local scientific committee also will work along with this committee in Drishti programmes.

Ethics committee formed for the year, which include Dr. Giridhar as KSOS president as chairman KSOS secretary as convener and Dr. B.V. Bhat and Dr. R.R. Varma as members.

This year mid year workshop will be coordinated by the RIO Thiruvananthapuram. It is decided to appoint a new office secretary and to publish a member's directory this year. The president said that a new award will be given to the KSOS member who attended maximum number of CMEs this year.

Report of the Cochin Ophthalmic Club (COC) November 2010

As per the tradition of the Cochin Ophthalmic Club, there was no monthly meeting in November, being the 'Drishti' month.

KSOS President's Award for the Best District Ophthalmic Club. The Cochin Ophthalmic Club won the KSOS President's award for the Best District Ophthalmic Club for the first time. The Cochin Ophthalmic Club members won five of the eight awards at stake at the KSOS Annual conference. The winners are:- **Dr. Aneeta Jabbar** – Padmasree Dr. Tony Fernandes award for the best video film (Title: Evaluation of Donor Corneas). **Dr. Jyothi Prakash Vyas** – Padmabhushan Dr. P. Sivareddy free paper award (Title: Choroidal Neovascular Membrane in Paediatric Population – Etiology, Clinical Features and Visual Outcome). **Dr. Savita Bhat** – Best paper in the Posterior Segment Free Paper Award session (Title: Anterior Chamber Morphology Before and After Laser Peripheral Iridotomy in Eyes with Primary Angle Closure Using Ultrasound Biomicroscopy). **Dr. Sandhya N.** – Best Poster Award (Title: Challenges in the Management of Optic Nerve Pit with Maculopathy). **Dr. Aparna C. Varghese** - Dr. K.S. Subramanian Award for the best free paper from the Post graduates' free paper session (Title: Outcome of a Large Series of Penetrating Keratoplasties in a Tertiary Eye Care Centre – A 6 year Retrospective Study). In addition, **Dr. Aparna C. Varghese** and **Dr. Sanitha Sathyan** were the runners up in the TACO Quiz competition for the Post Graduates.

Dr. A. Giridhar elected as VRSI Honorary Secretary. Dr. A. Giridhar has been unanimously elected as the Hon. General Secretary of the Vitreoretinal Society of India (VRSI) at its annual conference held in Mysore.

Community Programmes. The various member hospitals of the COC and the Ophthalmologists attached to the District Mobile Ophthalmic Unit conducted community programmes. A total of 50 camps were conducted during this period, and 9735 patients were examined in these camps out of it 710 patients underwent cataract surgery. **School Screening Programmes.** School screening programmes were conducted by Little Flower Hospital, Dr. Tony's Eye Institute and Dharmagiri Hospital, 45(LFH 36, Dr. Tony's 8, Dharmagiri 1) schools were covered, 6496 (LFH 1446, Dr. Tony's 4850, Dharmagiri 200) students were screened in all. **Eye Bank.** The Little Flower Hospital Eye Bank collected 114 corneas, 21 were transplanted, 22 were sent to other hospitals.

December 2010

The monthly scientific meeting of the Cochin Ophthalmic Club was held on the 15th of December, 2010.

Felicitation of Dr. A. Giridhar. At this meeting, the COC felicitated its President Dr. A. Giridhar on assuming office as the President of KSOS, as well as on his election as the Honorary Secretary of the Vitreo Retinal Society of India (VRSI). The meeting was chaired by the Vice President, Dr. R.R. Varma. The AIOS Vice President Dr. N.S.D. Raju, in his address, congratulated Dr. Giridhar. Dr. Giridhar in his reply thanked the COC members. Secretary Dr. Thomas Cherian proposed a vote of thanks. The session was chaired by Dr. K. Narayanan Kutty.

Community Programmes. The various member hospitals of the COC and the Ophthalmologists attached to the District Mobile Ophthalmic Unit conducted community programmes. A total of 46 camps were conducted during this period, and 9048 patients were examined in these camps out of which 605 were subjected to surgery. **School Screening Programmes.** Little Flower Hospital, Angamaly screened 1829 school children, 405 children with refractive errors, 34 with strabismus, 3 with Cataracts and 171 with other eye diseases were identified. Dr. Tony's Eye Institute, Aluva screened 3058 children, 167 were referred to the hospital for evaluation and treatment. The Dharmagiri Hospital, Kothamangalam screened 30 0 children. The MOSC Medical College Hospital, Kolencherry screened 189 children. **Eye Donation.** A total of 108 eyes were received as donation at the Little Flower Eye Bank in December 2010. 13 were used for transplant at LFH, 23 were sent to other hospitals, 72 were used for study purpose.

January 2011

The monthly scientific meeting of the Cochin Ophthalmic Club was held on the 20th of January, 2011 Dr. Radha Ramanan B. talked on 'Medical Management of Glaucoma'. Dr. C.V. Anthrayose and Dr. Arup Chakrabarthi, who were contesting the AIOS elections, attended the meeting. The COC set up a voting terminal at the venue, and quite a few members exercised their franchise there.

Community Programmes. The various member hospitals of the COC and the Ophthalmologists attached to the District Mobile Ophthalmic Unit conducted community programmes. A total of 61 camps were conducted during this period, and 10791 patients were examined in these camps and 859 cataract surgeries were done. **School Screening Programmes.** Little Flower Hospital, Angamaly conducted 4 School screening programmes, screened 1360 school children, 58 children with refractive errors, 6 with strabismus, 1 with Cataract and 46 with other eye diseases were identified. The Aditya Eye Hospital, Thrikkakkara also conducted one School screening programme. **Eye Donation.** A total of 112 eyes were received as donation at the Little Flower Eye Bank in January 2011. 17 were used for transplant at LFH, 23 were sent to other hospitals, 67 were used for study purpose.

February 2011

February was an eventful month for the Cochin Ophthalmic Club. In addition to the monthly meeting, we had two major programmes in February 2011. The 2nd Dr. Noel Moniz memorial lecture was held on the 13th of February. The renowned Vitreoretinal Surgeon, Prof. Suresh Chandra from the University of Wisconsin, visited the Cochin Ophthalmic Club on the 12th of February. Both these programmes were excellent scientific feasts.

The 2nd Dr. Noel Moniz Memorial Lecture

The second Dr. Noel Moniz Memorial Lecture 2011 was held on the 13th February 2011. The event was organized by the Cochin Ophthalmic Club under the aegis of the Kerala Society of Ophthalmic Surgeons to bring alive, fond memories of our dear colleague Dr. Noel Moniz. The inaugural function was started with a silent prayer. The welcome address was delivered by Dr.Sony George, Chairman-Scientific Committee of the COC. Dr.A.Giridhar, president of the Cochin Ophthalmic Club and the KSOS presided over the function and delivered the presidential address. Dr. S. Tony Fernandes, senior Ophthalmologist with whom Dr. Noel Moniz was associated with for a very long time, gave a brief overview about the life and achievements of Dr. Noel. Dr. C.V.Anthrayose again a long time colleague of Dr. Noel, remembered their golden days together. The chief guest of the day and the winner of the 2nd Dr. Noel Moniz Memorial Lecture 2011, Dr. B.Sridhar Rao, a stalwart in the field of glaucoma, was introduced to the audience by Dr. Saikumar S.J. The memento for the lecture was presented to Dr. B.Sridhar Rao by Dr. N.S.D. Raju, Vice President of

the All India Ophthalmological Society. The vote of thanks was proposed by Dr. Thomas Cherian, Secretary of the COC. The first talk for the day was on 'Newer advances in the medical and surgical management of glaucoma', by Dr. B. Sridhar Rao .This was followed by two glaucoma case presentations. The second talk of the day was on 'Management of secondary angle closure glaucoma' by Dr. B.Sridhar Rao. The second case presentation session saw 6 cases discussed . The panelists for the discussion were Dr. B.Sridhar Rao, Dr. Saikumar .S.J., Dr. Meenakshi Dhar and Dr. Thomas George. It was a very lively session with a lot of interaction from the audience. Dr. B. Sridhar Rao also presented a few surgical videos at the end of the session.

An evening with Prof. Suresh Chandra. Prof. Suresh Chandra, Professor of Ophthalmology, University of Wisconsin, a leading Vitreoretinal Surgeon s, visited the Cochin Ophthalmic Club on the 12th of February. The Retina interest group was invited to spend the evening with Prof. Chandra. He talked on 'Newer developments in the management of Diabetic Macular Oedema'. We also presented a few cases, which were discussed by Prof. Chandra.

Monthly Scientific Meeting. The monthly scientific meeting was held on the 24th of February. Dr. S. Borgharkar (Mumbai) talked on 'New approach to using Timolol'. This was interesting since the talk was mainly on the pharmacological aspects of the drug, and its formulation to make it a 'once a day gel free preparation'. The session was chaired by Dr. Saikumar S.J.

Community Programmes. A total of 61 eye camps were conducted during the month, including 1 diabetic retinopathy screening camp. 10925 patients were examined in these camps and 802 patients underwent surgeries. **School Screening.** The Giridhar Eye Institute had 1 school screening programme at Saraswathi Vidyanikethan, 441 students were screened and 38 students were referred to the hospital for further treatment. The Aditya Eye Hospital, Thrikkakara also conducted one school screening programme. **Eye Bank.** The Little Flower Hospital Eye Bank collected 83 corneas, 13 were transplanted, 22 were sent to other hospitals. **AIOC Participation.** A large contingent from COC participated in the 69th All India Ophthalmological Conference (AIOC) at Ahmedabad. The organising committee of the 70th AIOC (Cochin) had put up a stall at Ahmedabad, More than 200 registrations were done. Our member Dr. N.S. D. Raju was elevated as the President Elect of AIOS at this conference.Dr. Elizabeth Joseph was presented the citation and gold medal for the Dr. Prem Prakash award, which she won at the AIOC 2010, during the inaugural session. Dr. N.S.D. Raju, Dr. C.V. Anthrayose, Dr. A. Giridhar and Dr. Saikumar S.J. and Dr. Mahesh G. were chairman/chief instructor at various sessions. Dr. Elizabeth Joseph, Dr. Radha Ramanan B., Dr. Meenakshi Dhar were co-chairman/moderator at various sessions. Dr. N.S.D. Raju, Dr. A. Giridhar, Dr. C.V. Anthrayose, Dr. Elizabeth Joseph, Dr. Radha Ramanan B., Dr. Meenakshi Dhar, Dr. Saikumar S.J., Dr. Mahesh G., Dr. Savitha Bhat and Dr. Anuradha Rao, Dr. Gopal S. Pillai and Dr. Thomas Cherian participated in symposia and instruction courses. Dr. Elizabeth Joseph delivered a keynote address. Dr. Anuradha Rao, Dr. Saikumar S.J., Dr. Savitha Bhat, Dr. Gopal S. Pillai and Dr. Seema K.M. competed in free paper, poster and video sessions. Dr. N.S.D. Raju, Dr. A. Giridhar and Dr. C.V. Anthrayose, Dr. Elizabeth Joseph and Dr. Radha Ramanan B. were judges in competition sessions.

Other Recognitions. Dr. N.S.D. Raju and Dr. Thomas Cherian have been inducted into the committee constituted by the AIOS President, to recommend changes in the Post Graduate curriculum in Ophthalmology, to the Medical Council of India. They attended the committee meeting held at Dr. R.P. Centre for Ophthalmic Sciences. The committee has finalised a draft curriculum for Post Graduate courses in Ophthalmology.

Report prepared by: - Dr. Thomas Cherian, Secretary, Cochin Ophthalmic Club. Report on the 2nd Dr. Noel Moniz memorial lecture prepared by: - Dr. Sony George, Chairman, Scientific Committee, Cochin Ophthalmic Club

Thrissur Academic Club of Ophthalmology TACO

December 2011.

Community Programme. 30 eye camps were held in different locations of Thrissur District where 5028 patients were examined out of which 433 underwent cataract surgery. Various hospitals with their TACO members managed the camps include Nethra Eye Care Centre, Irinjalakuda , Manavaseva Hospital, Thrissur, Ahalya EyeHospital, Thrissur, District Hospital, Thrissur, i vision Hospital, Thrissur, and Trichur Eye and Diabetic Care.

January 2011.New Year Programmes

Twin programmes of Installation of New Office bearers and Family Get Together marked 2nd January 2011. New office bearers took charge with Dr Bastin V.A. as President and Dr Sudha as Secretary.

CME on Update on Paediatric Ophthalmology was held by Medical College Thrissur on 16th January.

Academic meeting was on 24th January 2011 and the topic was 'Study on Self Adjustable Prolene Snare for Cataract Surgery' by Dr Sinumol. Journal revew was done by Dr Dhanya and a Video presentation on Scleral Fixation of IOLs by Dr Radha Ramanan.

Drishti 2011. An organising Committee was formed under the Chairmanship of Dr Alex Joseph.

COmmunity Programmes. TACO conducted 31 camps in various places of the district and examined 5149 patients out of which 422 were subjected to cataract surgery.

February 2011

An executive meeting of TACO was held on 26th February 2011 for streamline the membership and successful conduct of Drishti 2011 at Thrissur. The Academic Meeting on 26th Feb had Journal Review by Dr Manoj Kumar on 'Ahmed Glaucoma Valve Implantation in Refractory Glaucoma'. Dr K.Narayanankutty gave a talk on Lasers for Refractive Surgery'.

Community Programme. A total of 30 eye camps were conducted where 4070 patients examined and 379 taken up for surgery.

KOZHIKODE OPHTHALMIC SOCIETY (KOS)

January 2011.

The last general body meeting of kozhikode ophthalmic society was held on 2nd january 2011 along with new year celebrations for the members with their family .A scientific talk by Dr Rani Menon from Thrissur titled "Looking beyond IOP" was held. This was followed by interaction with the members .Members and their families participated in the new year celebration in the form of songs and dance.

February 2011.

The general body meeting of kozhikode ophthalmic society was held on 13 february 2011 along with a clinical meeting at hotel Hyson .Dr Thomas George from Trivandrum spoke about recent aspects of medical treatment in glaucoma .around 55 members attended the same, the meeting wqs followed by a sumptuous dinner.

Dr Chandrakanth
Secretary of kozhikode ophthalmic society

IT HAPPENED TO ME

An unique way of CATARACT REMOVAL

Dr.R.R.Varma

It was in the mid eighties. I was newly posted in the General Hospital, Kozhikode, better known as the Beach Hospital. As the name suggests, it was situated in the Vellayil Beach area and catered to a large population of fisher-folk and such like. I was newly qualified and had the itchy hands of the beginner. My colleague was a bit senior to me but shared my enthusiasm and zest. And consequently our OT lists were rather lengthy.

Beach Hospital occupies the premises formerly constructed for the Kozhikode Medical College and was really HUGE. Quite a few areas remained empty and unused. My colleague and myself managed to cadge a couple of floors for exclusive use of Ophthalmology department. We designed our OT and wards (pre and post op.) there. The following happened while the modifications were going on.

My OT day was Monday. Those days patients were admitted one or two days prior to surgery. Sunday being a no-admission day, all my pre op. patients were in by Saturday. One of them that week was an old, old *Mullakka,* hailing from the eastern parts of the district, referred by one of my old patients. He was in his late eighties and had Morgagnian cataracts in both eyes. He had been postponing cataract extraction due to fear factor. At last he prepared to undergo it because his relative gave a glowing account of yours truly.

About four a.m. in the Saturday morning, the Mullakka had an urge to empty his bladder. He got up and, not wanting to wake his equally old and frail wife, walked to the toilet. Unfortunately he walked to the left instead of right. The wall at the end of the veranda had a large defect due to the repair/ remodeling work. He walked straight through and fell down from the first floor to the court-yard. Fortunately for him, there was a heap of sand at the site if impact and he landed on his ischeal tuberosities. His cries brought instant help and I was called as the treating doctor. I found him a little shaken up but otherwise unharmed. I re-assured him and promised to visit at nine in the morning.

When I went for the Sunday rounds, a surprise awaited me. "Doctor, I can see very well" the Mullakka said. And when I examined him HE HAD BILATERAL APHAKIA! The fall had dislocated both hyper mature lenses backwards.

"Doctor, when Ummer said you will give me back my vision, I didn't think it would be so fast" were his last comment before I sent him home with aphakic correction.

STRETCHING MEDICAL ETHICS

Dr Mini Nair

Ultimately what counts is how you market your wares. You can join the rat race –or perish. The choice is yours. Gone are the days when the doctor could sit complacently in his clinic and wait for the patients to come to him .Now he has to lure them into his den and pounce on them before the practitioner next door gets hold of them. Meet the new face of Corporate India!

Terms we had never even heard of a few years ago have become part of our everyday vocabulary. There are Public Relations Officers; those door to door salesmen who do the hospital rounds boasting of their doctors' skills and their hospital facilities .We have "counselors" who advise the patients on how best to spend their hard earned money.

Advertisements range from the subtle to the preposterously blatant and the vulgar. Giant Billboards which stare down upon you from every nook and corner, notices posted on every public vehicle (and even over public lavatories), visuals on local TV channels: the list is endless!

A few years ago, at the beginning of the corporate era, there was a lot of self-righteous indignation among the practitioners about the way in which medical ethics were being abused. Later, when to their surprise, this aggressive marketing strategy began to yield concrete benefits, everyone dropped their "holier-than-thou" attitude and rushed to join the band wagon.

For, let us face it, this is what the public wants .We are suddenly confronted with a new generation of internet savvy people with cash in their pockets who want to 'shop around' before they choose and who demand the best bargain for their money.

The flip side is that we have been rudely toppled from the celestial pedestal on which the older generations placed their doctors .We have lost our next-to- God status, and are now regarded as being mere business men. The public have no compunction in hauling us off to consumer protection courts when we fail to deliver or fall short of their expectations.

Well, we are none of us Gods (or saints), only ordinary human beings who are as fond of our material comforts as the man next door. It is when we allow this to cloud our vision that the trouble begins .When we subject our patient to that expensive test which does more good to the hospital than it does him, when we perform that surgery which wasn't really necessary .When we start to compromise on the quality of goods meted out to our patient to make that tiny financial gain. I feel that this is where the real question of ethics comes in.

Medical Science is advancing at an amazing speed. We are seeing a new generation of doctors; highly skilled, ambitious, and with more knowledge at their fingertips than we have managed to accumulate in our entire lifetime. There is a disturbing tendency among these new generation doctors to regard patients as mere statistics in their research papers, as stepping stones in their race to success. This is a dangerous trend.

At the risk of sounding pompous, may I add that compassion and empathy for the patients under our care are equally important? We have been given a unique gift for healing which should never be abused.

As for the rest- an honest advertising of the skills which have taken us half our lifetime to acquire? Of the facilities available in our clinic which has cost us our life savings and then some more?

In a world where crooks like "2G" Raja thrive with the full blessings of people who have sworn to safeguard our constitution, does it really matter?

KSOS at Ahamedabad
AIOC 2010





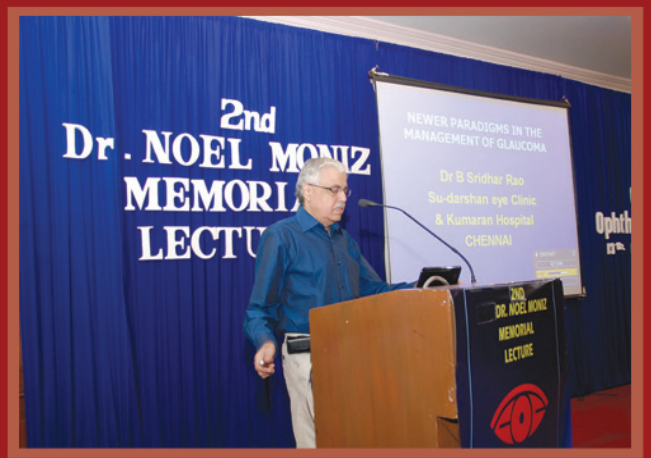






















Drishti 2010 Share to KSOS Dr. Saikumar handing over Cheque of Rs. 5 lacs to Dr. Giridhar

