KSOS News Letter
For Private Circulation only
Official News letter of Kerala Society of Ophthalmic Surgeons
September 2009
Vol. X Issue - 3



Dr. N S D Raju
Ophthalmic Musician or Musical Ophthalmologist?

Dr R.R.Varma, President, KSOS

Dr. NSD Raju proved to be more elusive than the legendary Scarlet Pimpernel, when I tried to interview him for the K S O S – NL. The day I first tried, I found that he had gone to USA to raise funds for the IMA House of Cochin IMA. The evening of the day he returned, he was in the O.T. when I called. The next evening he had gone to 'Mehfil' the music club. I waited for a Sunday and found that he had an eye camp to attend. The subsequent week-end he was in Goa for some academic programme. Finally one wet evening in July, I ran him to earth at his residence in Maradu, Cochin.

NSD Raju is an experience. Like a many hued painting ..... like a multi-cuisine feast. Ophthalmology and music and jokes and anecdotes and grand parental concerns and domestic bliss and many more things. While the monsoon pitter – pattered on the roof I sat listening to him. From Kuthiathodu to Ernakulam, we went around New Delhi and Mumbai; Chennai and Kolkotta; Japan and Germany, all over Europe and the U S of A and came back to Maradu, Cochin.

"My childhood was just like anyone's in a village during those times", he reminisced, "swimming in the canals and playing bare-foot in the paddy fields after the harvest. My father was an agriculturist and my mother a home-maker. I didn't have any one to inspire me to become a doctor". But this boy, who was always asking about why one got fever; where cough was coming from; how the baby got into the tummy of the mother and many such imponderable questions was destined to become one. He studied in Government L.P. School, Kuthiathodu and T.D. High School, Thuravoor. PUC and B.Sc. were at Maharajas College, Ernakulam. And before he joined for Medicine at Trivandrum, he did one year Pre-medical in M.G. College.

I was sure he would say something about music, his greatest love outside Ophthalmology, and he did. "There was 'Costal Talkies', just across the field from our house. They played music for half an hour before every show, and that was my introduction to music. By the time the movie changed I had learnt all the songs by heart". But this talented boy was not allowed to study classical music; for his father feared that it might interfere with his studies. But talent will come out some day and come out it did. "T.D. High School acquired a PA system and the peon who knew that I sang a bit asked me to sing to 'test the mike'. And after I did, the Head-master who was listening on called me and complimented me on my singing. And I was asked to sing prayer and national anthem from then on. That was the first recognition I got". His dreamy eyes grew dreamier as his thoughts went back.

He was good in his studies all through out. And music was there all through out. In fact he says that his singing helped to lessen the severity of ragging. Nearing the end of his studies, he was sure he wanted to be a General Surgeon. In fact he loathed Ophthalmology ever since Dr. Velayudhan Pillai, the professor, threw him out of the class for making a nuisance of himself.

He was a tutor in Anatomy for a short while after qualifying. Then he joined the Kerala Health Services. He worked at Perumbalam and Aroor before he was transferred to General Hospital, Ernakulam and was posted as the RMO. He was assistant to Dr T.T.Thomas the famous surgeon, and got trained well in the surgical techniques. Then Dr. E.T.Kuriakose, one of the doyens of Ophthalmology in Kerala got posted as the Superintendent of General Hospital and he decided that the RMO should assist him and none else. That was a turning point. "He was indeed an inspiration for me. His technique and skill; his initiative and the amount of work he put in at his age; it impressed me tremendously. And suddenly I decided I wanted to be an Ophthalmologist". Dr. NSD remembers.

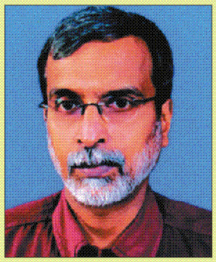
His PG training was under another great Ophthalmologist, Dr. K.S.Subramaniam at Government Ophthalmic Hospital, Trivandrum, as the present day R I O was known then. "Dr. Subramaniam was one of the best PG teachers of that period. His clinical classes were legendary," said Dr. Raju. "And I had the fortune to have as a class mate, Dr. K.Krishnan Kutty (of Thrissur) who was a master Ophthalmologist even then."

"But sir, weren't you married when you went for PG training?" My question made him pause for a while and his eyes wandered over to where Manikutty, his ever-pleasant wife was sitting. "Indeed I was," he smiles, " when I went to 'see' Manikutty, the first thing I saw on entering the room was a 'thamburu' ; and even before I 'saw' her I knew she was for me". Mani Chechi, as we call her, was a teacher of Mathematics at S.D.P.Y High School, Palluruthy. She was trained in Classical music. She became his wife and guru. (During his PG days in Trivandrum, he studied classical music for a while under Cherthala Gopalan Nair too).

After his PG training, he was posted back to his old station - the GH, Ernakulam. The IOL revolution was beginning then. He was one of

contd... page 7

KSOS KSOS KSOS KSOS KSOS KSOS KSOS KSOS KSOS



President's Message

Dear Friends,

Greetings to you all.

We are having a fine K S O S year with lots and lots of C M E programmes. What is more is that this year there were three new groups conducting C M E programme for the first time. We can rightfully believe that they would go on conducting C M Es year after year.

Our friends in Kannur are working hard to make the Drishti 2009 a memorable one. I wish them all the very best.

Our own Dr. NSD Raju is contesting for the post of Vice president of A I O S this year. The A I O C will be at Kolkotta; but the election will be **ON LINE.** That means all ratified members of A I O S, even those not attending the A I O C, can vote . The Secretary would be intimating each District ophthalmic Club about the details as to how to vote. It is very very important that all of us should exercise our right of franchise if we want to see our own man as the President of A I O S. This is indeed our golden chance.

We have bid for the privilege of hosting the A I O C of 2012 and it seems we are going to be granted it. If we get it and if we can get Dr. NSD Raju elected, it would be doubly sweet as a President from Kerala would be taking over in Kerala. I think it would create history of sorts.

Once again I request you all to cast your votes diligently and elect our own candidate. You can visit the website of A I O S and know about the details.

Yours in K S O S,

Dr.R.R.Varma



Secretary Writes

Dear Colleagues,

There was a flurry of activities for KSOS this quarter. Apart from the CMEs held under the aegis of KSOS the society conducted the second seminar on Infection Control at Calicut on August 16th. It was well organized by Dr N.V.Sivan of Comtrust Eye Hospital, Calicut. Following the demand to have a similar programme for the Doctors KSOS plans to hold a 2 day CME (on Ocular infections and Asepsis) at Kochi along with Amrita Institute of Medical Sciences in the first week of January 2010. Most of the CMEs are accredited by the TCMC and Ophthalmologists won't have any difficulty in gathering the necessary CME credits for re-registration.

Several new entrants came up to host CMEs under the aegis of KSOS. Dr Sommerwell Memorial CSI Medical College, Karakonam (Mocktail 2009) and Kottayam Ophthalmic Society (Nayanam 2009) were hosting the CMEs for the first time and they have done themselves proud by their organizational skills. I attended Nayanam 2009 which was very well organized. I strongly feel that other District Ophthalmic clubs should also come forward and conduct academic programmes.

This issue of the Newsletter is highlighting Dr NSD Raju, the evergreen ophthalmologist of not only KSOS but AIOS also. He richly deserves the coveted post of AIOS President. It is our moral obligation to raise him to that high pedestal. We shall let you all know the modus operandi of online voting. Now that members can vote even without attending the AIOC our members who are also AIOS members should take full advantage of this. The District Ophthalmic Clubs can play an active role in this. They can organize online voting portals during their meetings and help the "computer illiterates". Let us not waste time and start our preparations now.

The next newsletter is a Drishti special and will reach you only by the year end.

Wish you all a happy Ramzan and Navarathri.

With warm regards

Dr Sasikumar S, drsk93@gmail.com; drsk93@yahoo.com

Log on to www.ksos.in and update your addresses

SMS to KSOS Members

Members have appreciated the efforts of KSOS to send information to them by SMS. Information about all CMEs conducted under the aegis of KSOS and the obituary of Dr Noel Moniz was communicated to the members. Only 570 members have updated their mobile numbers in the database.

Please send an SMS to the Secretary at 9447475101

noting your KSOS number and name
if you have not received these messages.

Minutes of the Extraordinary General Body Meeting of KSOS

on 29-11-08 at Hotel Gokulam Park, Kaloor, Ernakulam

The Extraordinary GBM of KSOS was called to order by the President Dr R.R.Varma at 5.30 pm on 29-11-08. Earlier the GBM was adjourned at 5.00 pm for want of quorum at the same venue.

After silent prayer and presidential remarks, the Secretary Dr Sasikumar read the minutes of the GBM of 2007. It was then passed by the GBM.

Proposed by Dr Anthrayose and seconded by Dr Thomas Cherian

Memberships upto 1045 was ratified

The Secretary Dr Sasikumar presented the report of activities for the year 2008. He said that 18 CMEs were conducted under the aegis of KSOS. He also highlighted the achievements of several of our members in various National and International forums. Special mention was made of Dr S. Tony Fernandez who was conferred the Padmasree in January 2008 by the Government of India. He said that from this year onwards membership certificates were issued along with ID cards to all new members.

The Secretary's report was passed. Proposed by Dr Radhakrishnan and seconded by Dr. B.V.Bhat.

The GBM congratulated Dr. Tony Fernandez and others for their achievements. The Secretary informed that KSOS had honoured Dr S. Tony Fernandez in a special meeting held on February 11th 2008 at Hotel Abad Plaza Ernakulam.

The Treasurer, Dr Radha Ramanan in his report presented the accounts of the last financial year and receipts and payments of the current financial year upto October. He said that for ease of auditing the financial transactions of the Society should be carried out through the main account of the KSOS. Dr N Radhakrishnan mentioned that this has to be planned with the Chartered accountant.

The Treasurer's report was then passed. Proposed by Dr. Saikumar and seconded by Dr Sreeni.

The Scientific Committee Chairman, Dr S.J.Saikumar in his report praised the efforts of TEAM COCHIN and Dr Revathi in particular for the excellent organization of DRISHTI 2008. He also said that the online submission of abstracts was a smooth affair and lauded the website editor Dr Thomas George.

The report was passed by the GB. Proposed by Dr Anthrayose and seconded by Dr Arup.

Dr Meena Chakrabarthi, Editor-KJO presented the report of the journal. It was passed by the GB. Proposed by Dr Biju John and seconded by Dr Sahasranamam

The Website editor Dr Thomas George in his report presented the income and expenditure of the website for the year 2008 and informed that he would be able to pass on a significant amount to his successor at the end of his term. He said that the number of hits of the website had increased substantially during this year.

The report was passed by the GB. Proposed by Dr Sahasranamam and seconded by Dr Biju John.

Dr P. Rajagopalan Nair raised apprehensions about implementing the Preferred Practice Patterns without exhaustive deliberations. The GB decided to form a committee to look into the matter with Dr K.Mahadevan who has been nominated by the Government as the chairman and the Secretary, Scientific Committee Chairman and Editor as members.

Dr N. Radhakrishnan raised the issue of the lost timer which was an asset of the KSOS. It was decided to get a clarification from the Organizing secretary of Drishti at Kottayam, Dr Varghese Joseph and find a solution before the next Executive Committee meeting.

The Secretary read a proposal by Dr R.R.Varma to have elected members to the Scientific Committee just like the AIOS. The GB decided to continue with the present system of having an elected chairman and members nominated by the Chairman in concurrence with the Executive Committee.

The Secretary informed the GB of the need to revise the membership fee of KSOS which has not been raised for the last 8 years. The GB discussed the issue and decided to increase the membership fee to Rs 2000/- and registration fee to Rs.100/- Thus a new member after Jan1st 2009 will have to pay Rs 2100/- to join the KSOS.

OPHTHALMIC CLUB REPORTS

Kottayam Ophthalmic Society

The 32 nd meeting of the KOS was held on july 26 2009 .

The scientific session was Difficult Dry Eye & the speakers were

Dr Raja Rajeswari, Gynaecologist ,Lakshmi hospital, Cochin

Dr Thomas mathew, Carithas hospital ,Kottayam

Dr Meena Nair ,Chaithanya Eye hospital ,Tvm

Dr Nita S, Eye Microsurgery&Laser Centre,Thiruvalla

Following that there was a clinical discussion by Dr Prameela from Medical college kottayam.The july issue of news letter was circulated along with tentative programme of cme.

-Dr Anand S Koottummel, Secretary

Trivandrum Ophthalmic Club

The Trivandrum Ophthalmic Club meeting was conducted on August 1, 2009 in Hotel Residency Tower. The scientific sessions were an update on the diagnosis and treatment of dry eye by Dr Rishi Mohan (New Delhi) and an update on Osmoprotection by Dr Ram Mirlay (Bangalore).The TOC PG examination winners were awarded gold medals.The election for the 2009-2010 TOC office bearer posts was conducted with Dr Suseela B Nair as the presiding officer.Dr V Sahasranamam ,Dr Heera K R ,Dr Manoj S, Dr Shahul Hameed and Dr Abraham Kurien were elected to the posts of TOC President, Vice President, Secretary, Treasurer and representative in the KSOS executive committee respectively.

-Dr Simon George, Secretary

ASCRS 2009

Dr. Arup Chakrabarti has conducted 2 Instruction Courses as chief instructor in The American Society of Cataract and Refractive Surgeons Conference [ASCRS] 2009 meeting at San Francisco. In addition he participated as instructor in 4 other courses. He presented 3 free papers and 4 videos at the same course.

He was the winner of Best Paper of the Session Award (BPOS) at the same ASCRS Meeting. He was also a judge in a free paper session.

He has participated as faculty in 2 symposia in the Asia-Pacific meeting at Bali, 2009.



Dr. Arup was awarded a Special Gold Medal by Mr. Lalu Prasad Yadav at a meeting of IIRSI in New Delhi on 29th August.



From the desk of the Editor, KJO.

Dear Colleagues,
Greetings from the Editorial Board of the Kerala Journal of Ophthalmology
This issue of journal has interesting articles on various subspecialties. We have also included an article of EyeSi the virtual surgical simulator which may become incorporated as part of the microsurgical training programme in the near future. An interesting article on contact lens care gives valuable tips to improve our contact lens practice.
We are also planning to bring out a surgical video on relevant posterior segment surgeries which will be of benefit to the aspiring retinologist, and postgraduate students.
One more issue of the KJO has to be brought out before my tenure as editor is over. A last request to each one of our members to contribute scientific material for publication.
We once again thank you for the support, encouragement and constructive criticism which have helped us a lot.
With warm regards

Dr.Meena Chakrabarti, Editor, KJO

The Secretary proposed a system to inform the members by SMS at least twice before a CME conducted under the aegis of KSOS. The Institute or Ophthalmic club which hosts the CME will have to pay Rs. 1000/- at the time of applying for the permission to hold the CME under the aegis of KSOS. The GB accepted the proposal and entrusted the Secretary to study its feasibility and implement it.

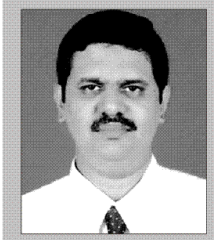
The Secretary pointed out the difficulties occurring in maintaining accounts of KSOS as the office bearers change in the middle of the financial year. He requested for continuation of the existing office bearers other than the President till the end of the financial year. The General Body discussed the issue and decided that the Secretary and treasurer continue to manage the financial transactions till the end of the financial year. Any receipts & payments made during their extended term should be with the concurrence of the new secretary & treasurer. However they can not execute any new projects which will be planned and carried out by the new team as usual.

The President informed the house that Dr A. Giridhar is the lone applicant for the post of Vice President. The GB selected him as the Vice President of KSOS.

Kannur Ophthalmic Club presented a proposal to organize DRISHTI 2009 at Dinesh auditorium Kannur form 27th to 29th November 2009. The GB accepted the proposal with Dr Jayan Thomas as the Chairman and Dr Sreeni Edakhlon as the Organising Secretary of the Organising Committee.

With no other matter pending the President adjourned the GBM at 7.00 pm after vote of thanks by the Secretary.

Message from Chairman, Scientific Committee



Dear friends,

The process of abstract valuation is over and acceptance / rejection letters have been sent to everyone. I hope everyone have received the same. September 30th is the last date for submitting the full texts for the accepted papers. The various Symposia, Instruction Courses etc have been allotted and I am slowly getting inputs from the respective chairpersons.

I plan to visit Kannur again and have a meeting with the Local Organizing committee and local Scientific Committee.

We will know very soon regarding the credt points allotted for the State Conference. Requesting your cooperation for the smooth conduct of Drishti 2009.

Dr. S. J. Saikumar
Chairman, Scientific Committee, KSOS

List of New KSOS Members

from Jan 1 2009 to 23rd Aug 2009

Memb. No:

1052 Dr. Manjusha Chandrasekharan
1053 Dr. M.M. Abdul Jabbar
1054 Dr. Letisia D'souza
1055 Dr. K.K. Praveena
1056 Dr. Jisha Vimoj
1057 Dr. Sheena Liz Mani
1058 Dr. K.K. Gupta
1059 Dr. Rahul Venugopal
1060 Dr. Annapurani
1061 Dr. M.R. Shobha
1062 Dr. R. Vijayakumaran
1063 Dr. Siddharth Ashok Pawar
1064 Dr. V. Deepak Nair
1065 Dr. Charmaine Bridgette Solomon
1066 Dr. Merin George
1067 Dr. Sonia K. Njavally
1068 Dr. S. Priya
1069 Dr. Shimna Iqbal
1070 Dr. Sheelamol Nellickal
1071 Dr. M.P. Tomy



Dr Meena Chakrabarti receiving the national award of the NSPB for outstanding contribution to the field of Community Ophthalmology and diabetic retinopathy for the year 2006-2007 in January 2009 from Smt Panabhakalekshmi Deputy minister of State

Join KSOS

Apply to :
Dr. Sasikumar, Secretary, KSOS
Chaithanya Eye Hospital,
Kochi-16. Ph : 9447475101

KSOS Bye Law - Notice for Revision

The KSOS Byelaws need to be re-printed this year. The last time this was done was in 2004 and several revisions have been ratified by the previous General Body meetings. The existing clause and proposed change is included below in two columns for the information of members. Please go through them and attend the GB during Drishti 2009 where this will be taken up for discussion

EXISTING CLAUSE	PROPOSED REVISION
Article VII	
1) Life membership ..... and who has paid a one time, nonrefundable subscription of Rs 1000/- and admission fees of Rs.50	.... and who has paid a one time non-refundable subscription of Rs. 2000/- and admission fees of Rs 100/-
2) Associate membership .....who pay a sum of Rs 1050/-	.....who pay a sum of Rs 2100/-
Article VIII	
1) By voluntary resignation as from a specified date	....(add) Membership fees will not be refunded
Article IX	
Ethics Committee	
... with one chairperson, one convenor and two members nominated by the Executive Committee. ....The term of Ethics Committee shall be two years	...with one chairperson, who is the President of KSOS, one convenor, who is the Secretary of KSOS and two members who are two past presidents of KSOS nominated by the Executive Committee. ....The term of Office shall be one year
Article X	
4d)Vice President .....and held one of the senior offices(Hon. Secretary, Treasurer or Scientific Committee Chairman) for at least one term is eligible for the post of Vice President	..... and held one of the senior offices(Hon. Secretary, Treasurer or Scientific Committee Chairman) or that of the Editor-KJO for at least one term is eligible for the post of Vice President
5) Election Procedure Para 5...Returning Officer, who shall be a senior member of the Executive Committee, appointed by the President in consultation with the Executive Committee	.....Returning Officer, who shall be a senior member of the Executive Committee, or a past President, appointed by the President in consultation with the Executive Committee
8) Office bearers shall cease to hold office ...	(add) c) Secretary and Treasurer will continue to manage the financial transactions till the end of the financial year. Any receipts & payments made during extended term should be with the concurrence of the new secretary & treasurer
Article XI	
1) Members of the Executive Committee shall meet at least twice an year.....	1) Members of the Executive Committee shall meet at least four times an year...
2) The Hon: Secretary shall circulate the minutes of the agenda for the meeting at least one month before the meeting	2) The Hon: Secretary shall circulate the minutes of the agenda for the meeting along with the minutes of the previous meeting at least one month before the meeting
Article XIV	
The Hon: Gen: Secretary	8) He shall publish at least 4 issues of KSOS Newsletter as a medium of communication between the office bearers and members. These may be mailed along with the KJO. 9) The Secretary is responsible for corresponding with the Registrar of Societies
Article XVI	
The Hon: Treasurer	2) The Treasurer shall verify the accounts of the subsidiary units of KSOS(KJO, Website, Scientific Committee) and present a statement before the Executive Committee and the General body. 3) The treasurer is responsible for filing IT returns on time and corresponding with the concerned authorities on all matters related to the accounts of the society
Article XVII	
The Chairperson, Scientific Committee	
1 A) The Venue should have at least two halls(preferably air-conditioned)...	1A) The Venue should have at least three air-conditioned halls...
9) Attendance certificates shall be given to all delegates, who attended	9) Attendance certificates signed by the President, Scientific Committee Chairman and the Organising Secretary shall be given to all delegates who attended, according to the stipulations of the TCMC
	10) The results of the competitive sessions should be declared before the closing ceremony. He/She shall present the list of awardees at the 1st ECM of the KSOS year.
	13) The Scientific Committee Chairman and the Organising Secretary of annual conference shall approach the TCMC in time to get the CME credits for the annual conference

	14) The scoring sheets of the various competition sessions will be uploaded in the KSOS website with in 14 days of the conclusion of the annual conference
Article XVIII The Editor- KJO Para 2 …The bills, vouchers and accounts should be forwarded to the Treasurer at the end of each financial year for auditing and present the same at the annual general body.	15) All accounts of the Scientific Committee shall be operated jointly by the Treasurer and scientific Committee Chairman. The accounts, shall be operated jointly by the Treasurer and the Editor-KJO. The bills, vouchers and accounts should be verified by the Treasurer every quarter and presented before the subsequent ECM and the general body. The income and expenditure statement of KJO for the current year should be presented before the Treasurer at least one month before the annual general body
Article XIX The Editor- Website of KSOS	The accounts, if kept separate, shall be operated jointly by the Treasurer and the Editor-Website.
Article XXI Accounts	The accounts shall be operated jointly by the Treasurer & Secretary. In case of accounts of subsidiary units like Scientific Committee Chairman, KJOand Website they will be operated by the Treasurer and the concerned office bearer of the subsidiary unit
Award funds ...For instituting Oration Award Funds, the minimum amount shall be Rs.100,000 and for other awards Rs. 50,000	..For instituting Oration Award Funds, the minimum amount shall be Rs.200,000 and for other awards Rs. 100,000
The various Awards are 7) TACO Quiz Award For the winning team of the quiz competition at the annual conference of KSOS	For the winning team of the quiz competition at the annual conference of KSOS - Rs 50,000/- as term Deposit and an SB account 8) Dr Noel Moniz Award for the best free paper in Anterior segment diseases - Rs. 100,000/- as term Deposit and an SB account
Article XXIII Annual Conference (para 2) …. The Venue of each annual conference shall be decided upon by the General Body of the previous year	(Rewrite as) The General Body will decide the venue for the next two years
(para 4) The General body will decide the following	
a) a suitable venue for the next annual conference	a) a suitable venue for the next two annual conferences
This Committee shall 3. Arrange the scientific Programme for the conference	3. Arrange the scientific Programme for the conference. 6. Any request for exclusive trade sponsorship of any scientific sessions has to be discussed at the ECM at least 2 months before the annual conference
Further (Para 3) Out of the profits of the conference Rs 100,000 should be given to the parent body. Out of this amount 75% will be transferred to the Journal fund	(Para 3) Out of the profits of the conference 20% of the trade contribution in any form or Rs 2.5 Lakhs which ever is higher should be given to the parent body. Out of this amount Rs. 75,000 will be transferred to the Journal fund and Rs. 50,000 to the Scientific Committee account.
Workshops …..The Organising Secretary should remit a sum of Rs.1000/- to the KSOS within three months of the CME/workshop	…..The Organising Secretary should remit a sum of Rs.1000/- to the KSOS at the time of applying for the permission CME/workshop. The Secretary shall give written permission to hold the CME under the aegis of KSOS The Secretary will send information regarding the CME to all the KSOS members through SMS at least twice before the CME. The President, Secretary or Scientific Committee Chairman shall be one of the signatories of the CME Certificate. The Organising Secretary may approach the TCMC along with the concurrence letter from KSOS, for accreditation of the CME
Article XXIV Constitution of Awards for the Annual Conference …… a minimum of Rs 100,000/- will have to be donated for an Oration Award and Rs. 50,000/- for an award for a best paper in any category	…… a minimum of Rs 200,000/- will have to be donated for an Oration Award and Rs. 100,000/- for an award for a best paper in any category
Article XXVI (para8) …The GB shall decide a suitable venue for the next annual conference	…The GB shall decide a suitable venue for the next two annual conferences

NAYANAM 2009

CME of Kottayam Ophthalmic Society



The first ever all Kerala CME by the Kottayam Ophthalmic society(KOS), Nayanam
2009 was held on Sunday September the 13th 2009 at Hotel Arcadia Kottayam. The CME was inaugurated by Dr.R.R.Verma, the President of Kerala society of Ophthalmic surgeons. Dr.Amita Verghese president Kottayam ophthalmic society welcomed the speakers and the delegates. Dr.Elizabeth John, Head of Ophthalmology, MCH Kottayam released a souvenir prepared by Dr. Rani, Editor KOS.
The well compiled souvenir highlighted the history of KOS since its inception in 2004 with holding the Drishti 2004. It contains messages from past presidents,

Dr. NSD Raju *...contd. from page 1*



the first to join it. And perfected himself in all the steps on the way, the AC IOL; the ECCE with PC IOL; the SICS and then the Phaco. He is now considered one of the finest surgical hands around.
Meanwhile he entered upon long leave from the Kerala Health Services and started working at Cochin Hospital and R C M Eye hospital, later to start on his own, the Ranjini Eye Hospital. Ranjini is the only eye hospital in the state to get the accreditation from the N ABH.
He had Refresher Training in Anterior Segment under Dr. Akira Mamose of Japan, and later under Dr. Rentch in Germany. He was trained in Retinal Lasers at University of Wisconsin. He did Observership for four consecutive years at University of San Francisco. Since the early nineties he hasn't missed any significant ophthalmic event anywhere. He is a member of the American Academy of Ophthalmology, American Association of Cataract and Refractive Surgery and Japanese Ophthalmic Association. He has presented papers and conducted Instruction Courses in their Conferences.
He was very adept in association activities in all the fields he was in. Early on in his career, he was an active member of K.G.M.O.A. and edited its Journal for two years. He was also the Editor of the Journal of IMA, Kerala State Branch. He was the founder Secretary of Cochin Ophthalmic Club, the oldest in the state. He served as its President during 2002 - 2004. He edited the Journal of KSOS (presently called K.J.O.) for three consecutive terms. He was the Hon. Secretary of KSOS during its early years and was elected President for 2000 -2001. He also adorned the chair of the President IMA – Cochin in 2007 -2008.
He was very active in AIOS too. He was a member of the Managing Committee of AIOS for a number of terms. He was part of the Scientific Committee of AIOS from 1996 to 2002. He served in the Ethics Committee and Editorial Board. He was Editor, Proceedings of AIOC. Also he worked as the South Zone Representative of the Family Benefit Scheme of AIOS for four years.
His organisational skills manifested themselves in 1983, when Cochin hosted the Annual Conference of AIOS. He was the Joint Organising Secretary. After that successful conference, he has several times organised State level meetings and local ones with great panache. Southern Regional Ophthalmic Conference of 1994 and the IOL Work shop of 1998 stay in the memory of all participants by their brilliant organisation and faultless execution. The acme came in 1999 when Cochin once again played host to AIOC and Dr. NSD was the Organising Secretary. That is still considered to be a high water mark in organisational perfection by all who attended.
He was associated with Sight Restoration India Foundation (SRI) from its inception. He attended innumerable eye camps and did free surgeries. He is active in Cochin Charitable Trust and conducts camps in the name of his own hospital too.
His organisational skills extend to the world of music too. He is the President of Kerala Chapter of Sangam Kala Group and is active in 'Mehfil', the Hindi film music lovers' club. He is an integral part of the yearly 'Mukesh Nite'. He has brought out three music albums, one with Sujatha, the famous play back singer. The other two are 'Tributes to Mukesh', whom he holds in highest esteem.
His wife Manikutty is his inspiration and inner strength, he says. This maths teacher



who is adept in Karnatic music has stood by him through thick and thin and saw him through difficult times. They have two children who saw it fit to follow their father's foot steps. Biju Raju, the elder one has carved a niche for himself as a promising Vitreo-retinal Surgeon, while Anju is an anterior segment person like her father.
"Sir, before we wind up", I asked, "How has music influenced your career?" He didn't have to think even for a moment. "In the best possible way. It helps me to relax, of course. It helps my patients to relax too." Absolutely right, I thought, if I heard my surgeon humming a song as he prepared to do surgery on me, I will know that he is relaxed and confident. And so would I be.
"And lastly, sir", I couldn't resist asking, "which do you love more, Ophthalmology or Music?" His answer was an enigmatic smile.

Afterthought

On the way back my mind was full of things he didn't say. About his Presidential campaign(s).
About how he would surely have won at Hyderabad; but gracefully withdrew for another!
About how he should surely have won at Bangaluru; but disgracefully let down by friends!
About how he deserved to contest and win at Kolkotta with all our help!

NAYANAM 2009

CME of Kottayam Ophthalmic Society



The first ever all Kerala CME by the Kottayam Ophthalmic society(KOS), Nayanam
2009 was held on Sunday September the 13th 2009 at Hotel Arcadia Kottayam. The CME was inaugurated by Dr.R.R.Verma, the President of Kerala society of Ophthalmic surgeons. Dr.Amita Verghese president Kottayam ophthalmic society welcomed the speakers and the delegates. Dr.Elizabeth John, Head of Ophthalmology, MCH Kottayam released a souvenir prepared by Dr. Rani, Editor KOS.
The well compiled souvenir highlighted the history of KOS since its inception in 2004 with holding the Drishti 2004. It contains messages from past presidents,

Dr. NSD Raju *...contd. from page 1*



the first to join it. And perfected himself in all the steps on the way, the AC IOL; the ECCE with PC IOL; the SICS and then the Phaco. He is now considered one of the finest surgical hands around.
Meanwhile he entered upon long leave from the Kerala Health Services and started working at Cochin Hospital and R C M Eye hospital, later to start on his own, the Ranjini Eye Hospital. Ranjini is the only eye hospital in the state to get the accreditation from the N ABH.
He had Refresher Training in Anterior Segment under Dr. Akira Mamose of Japan, and later under Dr. Rentch in Germany. He was trained in Retinal Lasers at University of Wisconsin. He did Observership for four consecutive years at University of San Francisco. Since the early nineties he hasn't missed any significant ophthalmic event anywhere. He is a member of the American Academy of Ophthalmology, American Association of Cataract and Refractive Surgery and Japanese Ophthalmic Association. He has presented papers and conducted Instruction Courses in their Conferences.
He was very adept in association activities in all the fields he was in. Early on in his career, he was an active member of K.G.M.O.A. and edited its Journal for two years. He was also the Editor of the Journal of IMA, Kerala State Branch. He was the founder Secretary of Cochin Ophthalmic Club, the oldest in the state. He served as its President during 2002 - 2004. He edited the Journal of KSOS (presently called K.J.O.) for three consecutive terms. He was the Hon. Secretary of KSOS during its early years and was elected President for 2000 -2001. He also adorned the chair of the President IMA – Cochin in 2007 -2008.
He was very active in AIOS too. He was a member of the Managing Committee of AIOS for a number of terms. He was part of the Scientific Committee of AIOS from 1996 to 2002. He served in the Ethics Committee and Editorial Board. He was Editor, Proceedings of AIOC. Also he worked as the South Zone Representative of the Family Benefit Scheme of AIOS for four years.
His organisational skills manifested themselves in 1983, when Cochin hosted the Annual Conference of AIOS. He was the Joint Organising Secretary. After that successful conference, he has several times organised State level meetings and local ones with great panache. Southern Regional Ophthalmic Conference of 1994 and the IOL Work shop of 1998 stay in the memory of all participants by their brilliant organisation and faultless execution. The acme came in 1999 when Cochin once again played host to AIOC and Dr. NSD was the Organising Secretary. That is still considered to be a high water mark in organisational perfection by all who attended.
He was associated with Sight Restoration India Foundation (SRI) from its inception. He attended innumerable eye camps and did free surgeries. He is active in Cochin Charitable Trust and conducts camps in the name of his own hospital too.
His organisational skills extend to the world of music too. He is the President of Kerala Chapter of Sangam Kala Group and is active in 'Mehfil', the Hindi film music lovers' club. He is an integral part of the yearly 'Mukesh Nite'. He has brought out three music albums, one with Sujatha, the famous play back singer. The other two are 'Tributes to Mukesh', whom he holds in highest esteem.
His wife Manikutty is his inspiration and inner strength, he says. This maths teacher



who is adept in Karnatic music has stood by him through thick and thin and saw him through difficult times. They have two children who saw it fit to follow their father's foot steps. Biju Raju, the elder one has carved a niche for himself as a promising Vitreo-retinal Surgeon, while Anju is an anterior segment person like her father.
"Sir, before we wind up", I asked, "How has music influenced your career?" He didn't have to think even for a moment. "In the best possible way. It helps me to relax, of course. It helps my patients to relax too." Absolutely right, I thought, if I heard my surgeon humming a song as he prepared to do surgery on me, I will know that he is relaxed and confident. And so would I be.
"And lastly, sir", I couldn't resist asking, "which do you love more, Ophthalmology or Music?" His answer was an enigmatic smile.

Afterthought

On the way back my mind was full of things he didn't say. About his Presidential campaign(s).
About how he would surely have won at Hyderabad; but gracefully withdrew for another!
About how he should surely have won at Bangaluru; but disgracefully let down by friends!
About how he deserved to contest and win at Kolkotta with all our help!

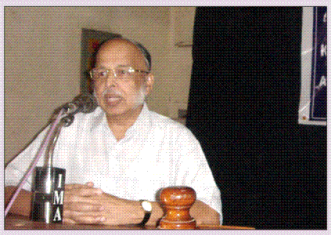
Seminar on Infection Control held at Calicut

KSOS has kept its commitment of training the paramedics of Kerala. Following up the highly successful seminar at Cochin in June 13th KSOS conducted one at Calicut on 16th August 2009 for the hospitals of the North Zone. 60 delegates attended the programme. Dr Sasikumar and Dr Gopal Pillai along with Sr Anitha Nair and Sr Fini from AIMS Kochi conducted the sessions.



Many of them were getting exposed to a structured training programme for the first time. That was reflected in their comment in the evaluation sheet. As in the previous seminar, more than 90 % of the delegates have requested for a continuation of this programme next year also.

The inauguration function was presided by the President of IMA Calicut. Prof: K.R.Bhat inaugurated the Seminar. In his inaugural speech Prof Bhat said that KSOS is doing the right thing by training the paramedics as the final link in execution of infection control practices in any hospital are the nurses and other paramedics. KSOS has entrusted Dr N.V.Sivan of Comtrust Eye Hospital Calicut to take up the challenge of organizing this Seminar. He had done that very well and the Secretary officially thanked him at the inaugural function







NAYANAM 2009....

articles by the speakers and advertisement by well wishers.

The CME covered a wide variety of subjects. Dr.J Biswas director uveitis and ocular pathology, Shankara Nethralaya, Chennai spoke on "Diagnostic and therapeutic challenges in Uveitis" which was an eye opener to one and all. Dr.Noela Marie Prasad, an ophthalmologist statistician from Coimbatore spoke on "Research Methodology" which was a first of its kind in Kerala. The topic was focussed on post graduate and DNB students and teachers.

The faculty included Dr. Meena Chakrabarti (Diabetic Retinopathy a new epidemic), Dr.Minu Mathen (Phacoemulsification), Dr.Gopal Pillai (Posterior segment complication of cataract surgery), Dr.Thomas Mathew (Pediatric cataract current concepts), Dr.Kala B. Thottam (Visual optics and quality of vision).

About 125 delegates attended this seminar which was well conducted by the KOS. Ample time was given for discussions and the time management was perfect. All delegates earned 1hr 30 min of CME credit through this CME.



CHAITHANYA LASIK CENTRE

KESAVADASAPURAM, TRIVANDRUM. TEL : 0471 - 2440088, 2447183

DRISHTI -2009
Kannur - 27, 28, 29 November
XXXVI[8] Annual Conference of
Kerala Society of Ophthalmic Surgeons

drishti 2009

For Information Contact
Dr. Sreeni Edakhlon
Organising Secretary
Comtrust Eye Care Hospital
City Centre, Thalasserry - 670 101
Ph : 0490 - 2325234, 2325590 Mob : 9895618170
E-mail : edakhlon@yahoo.com

Published by Dr. S. Sasikumar on behalf of Kerala Society of Ophthalmic Surgeons