Nayana DARSANAM

DR P.JAYADEVAN





Dr. K.P.Mathew (1924 -2011)

Dr. K.P.Mathew, one of the senior-most Ophthalmologists of Kerala, left us on the 7th of June, 2011 after a short illness. He was eighty-seven. He was one of the founder members of the Kerala Society of Ophthalmic Surgeons, and Cochin Ophthalmic Club. He was also very active in the I.M.A., Cochin branch. Born in the illustrious Kuzhalnaattu family of Pothanikaadu, his medical studies were in the prestigious Stanly Medical College, Madras. After joining the Kerala State Medical Services, he specialized in Ophthalmology from Grant Medical College, Bombay. He served in various hospitals in Kerala, and was the HOD of General Hospital for a long time. He also served as its Superintendent. He retired in 1979 and started his own hospital, the KPM Eye Hospital. He served there till the very end.

He had authored a book, "Veettil Oru Doctor". He was very active in service fora and was awarded the 'For the Sake of Honour" by the Rotary International.

He is survived by Mrs. Sophy, his wife, three children, five grant-children and two great-grant-children.

Let us, the members of KSOS join his family in their prayers!



DRISHTI 2011

First level of cut off dates for registration at reduced rates ends on 31st July 2011. Rates will be hiked after that. We are requesting the delegates to visit the conference website at www.drishti2011.org for updates.



DRISHTI 2011
THRISSUR

38th Annual Conference of

KERALA SOCIETY OF OPHTHALMIC SURGEONS

23rd 24th & 25th SEPTEMBER 2011

Venue : LULU INTERNATIONAL CONVENTION CENTER. THRISSUR

Published by Dr B. Radha Ramanan (L.F.Hospital Angamaly, Ernakulam Dist. 683572. Ph 04802704932, 9447006421. email rramanan@sify.com) on behalf of Kerala Society of Ophthalmic Surgeons.

KSOS NEWS LETTER

For Private Circulation only
June 2011
Vol. XII Issue - 2

Official News letter of Kerala Society of Ophthalmic Surgeons

Dr. SUSEELA PRABHAKARAN - THE "DIVYA PRABHA" THAT ONCE LIGHTED UP RIO TRIVANDRUM

Dr V.Sahasranamam

When the KSOS General Secretary enquired if I can have an interview with Prof. Suseela Prabhakaran for publishing in the KSOS news letter, I felt rather privileged. Madam was my PG teacher and examiner and I had the opportunity to work as her assistant for many years at RIO, Trivandrum. She was the most respected teacher and motherly figure for me. Dr. Biju John and myself had a three hour session with her on a Sunday evening at her house.



Madam, why did you take up Medicine as a career? Was it because your father was a doctor? How did you develop a liking in Ophthalmology?

My father, Dr. V Gangadharan was a renowned Surgeon, who retired as DMO from State Health Services. But he was a very conservative person and he was not in favour of his daughters going for professional courses, esp. Medicine. But since I was a rank holder in SSLC and had high marks in Pre degree, my family friends and relatives could convince him to send me for Medicine. Thus I joined Thiruvananda-puram Medical College for MBBS in 1961. I have fond memories of great teachers of those days, including Principal Dr. Thangavelu, Dr. Pandala , Dr. Kallyanikutty Amma, Prof. Raghavachari, Dr.K.N.Pai and others.

Senior Ophthalmologists of today, Dr. Jayanandan (Rtd. ADHS, Ophthal mology), Dr. K G.R Nair, (Chaitha nya), Dr. Santhamma Chacko (Rtd. from Health Services) were my class mates. Dr. Santhamma Menacherry, w/o Hon. Minister Sri.P J Joseph was also my classmate. During our final MBBS days, stalwarts of Medicine, Dr. K N Pai, and Dr. K P Chandrasekaran were our medicine teachers. I had developed a liking for surgery even in those days and I got the gold medal in surgery during the final MBBS. It was the first time, a lady got gold medal in surgery.

During my ophthalmology postings I

Cont....4

All those eyes are directed to DRISHTI 2011 at Thrissur

The background works before the curtain rises on 23rd September 2011 is gaining momentum. The registration number is increasing day by day as the first level of cut off date is nearing. The organising committee is holding meetings at every fortnight to assess the progress and chalk out new strategies to make it big. A web site totally dedicated to Drishti 2011 has been hoisted by Dr Alex Joseph, the organising chairman on 24th June 2011 at Hotel Casino, Thrissur. The web address is www.drishti2011.org Releasing of 2nd announcement brochure was also done by Dr Alex Joseph by handing over a copy to Dr C.V.Andrews , the incoming President of KSOS at a function on 14th July 2011.



President's Page



Dear Colleagues,

Greetings from the Executive Committee of the Kerala Society of Ophthalmic Surgeons!

During the past 3-4 months, I have had opportunity to attend many of the CME programs being held in all parts of Kerala. Some of these Continuing Medical Education programs are extremely good with very good scientific material. The attendance for many of these programs also has been very encouraging.

The Kerala Society should evolve methods by which we can get feedback of many of these CME programs. We can also keep a list of all the topics that have been covered in this year's CME programs and suggest certain topics which have not been completely addressed for the subsequent year. This will give more exposure to a comprehensive Ophthalmologist. We should understand that the purpose of any Continuing Medical Education program is to update a practicing comprehensive Ophthalmologist and Post Graduate students of recent developments in Ophthalmology. The knowledge that an Ophthalmologist gains by attending these CME programs should be of help during his day-to-day clinical practice. Therefore it is necessary that we get the feedback from attending Ophthalmologists as to what they expect when they come to attend such a meeting and whether our programs are able to address these issues. It would be a very good exercise if the Kerala Society is able to conduct such a feedback analysis and thereby improve the quality and content of Continuing Medical Education.

Meanwhile I request all members to attend the next State Meeting to be held in Trichur in large numbers and make the conference a grand success. A new team of office bearers will take over the Kerala Society of Ophthalmic Surgeons and I sincerely hope that they will be in a position to move this organization forward.

With best wishes,
Dr. Giridhar

SCIENTIFIC COMMITTEE CHAIRMAN'S Page



Dear Colleagues,

Greetings from the Chairman, Scientific Committee, KSOS

As you are already aware, Drishti 2011 will be taking place two months before the usual time and consequently the number of abstracts received this year has been less than expected. The first authors of papers accepted for presentation have been intimated individually. And the information has also been uploaded to the KSOS website. Full texts of most of the free papers have already reached the scientific committee chairman. We have also received adequate representation from the teaching institutes for the PG Quiz competition .The videos for the Padmashree Dr. S Tony Fernandez session have also started coming in. The chairpersons/moderators/convenors have been working on the various courses, symposia, updates, current concepts programmes etc and have almost finalized their respective programmes.

We, at the scientific committee have been quite preoccupied with the job of preparing an academic feast for you. The scientific committee has decided the theme for this Drishti to be "Intra Procedure Complications" So you will see some new programmes. We will of course be persisting with the popular basic courses. The new programmes this time include:" The Great Debate", and "Pearls for Successful Comprehensive Ophthalmology Practice". The cataract section has a series of VAST Video Assisted Skills Transfer) Courses. We have an interesting session titled "Instrument/Equipment Mainte-nance – A Biomedical Engineer's Perspective" which is going to be of great practical value to us.

The innovative programme Ophthalmic Premiere League (OPL) which was so well received in Drishti 2010 will be continued in the same format.

The focus of this year's programme has been to have a judicious mix of the senior and junior faculties of the KSOS. We want the youngsters to come to the forefront of the academic activities and share the limelight with the existing luminaries.

The LOC and the local Scientific Committee have been doing a great job. The website editor has been extremely cooperative and without his assistance life would have been quite difficult for us at the scientific committee. The important feedbacks received from the president KSOS have also contributed in no small measure in finalizing the programme.

Please contact me at drishti2011sc @ gmail.com for any clarification or if you want to communicate new ideas, without any hesitation.

See you in Trichur
Warm regards
Dr. Arup Chakrabarti
Chairman, Scientific Committee, KSOS

SECRETARY'S Page



Dear Friends,

Greetings from the secretary

This year the Drishti 2011 is on September 23-25th at Lulu international Convention Centre at Thrissur. I hope that this will be great success. The venue is one of the best venues in Kerala. Our scientific committee under the leadership of Dr Arup Chakrabarti has already finalized the programme for this year. This year is an election year. We have to elect all new office bearers for the next two years. The election will be conducted on 24th of September. I request all those took KSOS membership on their PG days and completed the post graduation, please send a copy of PG certificate to KSOS secretary before August 15. Only those finished PG and submitted their certificate will be eligible to vote in the elections.

Jai KSOS
Dr Radha Ramanan

KJO Editors Report



Dear friends,

June issue of KJO will be featuring refractive surgery topics as the central theme with regular features alongwith. Also the original articles of the award winning papers of KSOS annual conference of 2009 and 2010 are published in this issue. I sincerely thank all the regular contributors of the scientific content of the journal. Also I urge the other members to send some interesting clinical experiences they had. The editorial board is ready to help anyone for correction of journal articles and we are bound to publish any information useful for members. Next issue will be a special collector's edition dealing with retinal diseases.

Thanking everyone for the support

Jai KSOS
Mahesh G. Editor KJO

Website Editor Report



Dear Friends,

The new abstract submission system has worked quite well and there were no major complaints. I thank all the members who had helped me in the various stages of its conceptualization, design, testing, error fixing and execution. I would also like to thank all those who have used it to submit abstracts this time. The present system can form the basis from which we can continuously improve and fine tune the system. And for this we need feed back from the members .Please give your feed back and suggestions for improving the abstract submission system by using the" contact us" link in our website www.ksos.in or using the feed back book in the KSOS Virtual Office site or by emailing me directly to bijujc@gmail.com. These suggestions if found feasible can be incorporated in the system for next year. Few users were worried as they did not get acknowledgement mail for abstracts. This is an issue which won't go away completely as the only thing we can ensure is that the acknowledgement mail is sent from the host server. Its further behavior, the regularity by which it finds itself in spam boxes, filtered out by the recipient server, etc is something which we have not been able to control entirely inspite of our best efforts. But one thing I want to assure all members is that this is basically a WYSIWYG system ie when you login to your submission homepage "What you see there is What you get" and this is what that will be seen at the Scientific Committee chairman's end also. So all you need to make sure that your abstract is safely submitted and your editings have been applied is to relogin and visualize it. An SMS response system is also under consideration for next year.

Details of DRISHTI 2011 will be updated constantly in the page for that. Congratulations to the organizing committee of DRISHTI 2011 for setting up a dedicated website(http://www.drishti2011.org/), for this which can also be accessed from the DRISHTI 2011 area of the official website (http://www.ksos.in/drishti.php) as well as directly. Please visit this site for the latest details, program details etc of DRISHTI 2011.

The work for converting the entire Journals available in the KSOS database to a searchable integrated system is going on. However this being a huge work will take some time .Still I hope that by the time you are reading this, it will be at least partly functional.

I once again request members who are not receiving the KSOS mails to update their addresses by clicking the Address Change link of the website and add your correct mail ids and mobile numbers.

Once again thanking all the members for their support and well wishes

Jai KSOS
Dr Biju John

Omission Regretted

In Last issue of News Letter (Vol XII Issue 1) the name of the interviewer of Prof K.B.Venugopal was Dr THOMAS CHERIAN which was not mentioned unintentionally. Regrets and apologies for the error. Editor.

VOTING RIGHTS

The PGs who has passed their exam will get full status of KSOS membership with voting rights in coming elections for KSOS office bearers at Drishti 2011 only after producing their PG certificate's copy to the secretary before 15th August 2011.

www.ksos.in

and update your Addresses

Join **KSOS**

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Dr. SUSEELA PRABHAKARAN - THE "DIVYA PRABHA" THAT ONCE LIGHTED UP RIO TRIVANDRUM

cont.. from page 1

started developing a liking for Ophthalmology, watching Dr. Sankaran. doing perfect ICCE. During my House Surgeoncy days, I especially remember being with Dr. P.K.R. Warrier Sir as his third assistant in Cardio Thorasic Surgery. I still remember the meticulous ways of scrubbing, suturing a wound and the systematic artistic surgical work taught by him. Anaesthesia was also a passion in those days and I had put 20 endotracheal tubes during my house surgeoncy.

On the third day after finishing my House Surgeoncy, was my marriage. Since my husband, Dr.N. Prabhakaran went to JIPMER Pondicherry to start the Psychiatry Department there , I followed him and joined as a senior House Surgeon in surgery and allied specialities. During that time, I had the opportunity to work under Dr. N.N. Sood, who was the HOD of Ophthalmology at JIPMER. He was such a good teacher and an excellent surgeon that he became a role model for me in Ophthalmology. Actually I have named my second son as Devin after his son's name, Devendar Sood. After making me do my first DCT surgery, he went and told my husband that I was a born surgeon and I should take up Ophthalmology. I had the opportunity to do ECCEs , even at that time under the strict guidance of Dr. N N Sood. It was about this time, ie. in 1968, DO Course was started at Trivandrum, Medical College and I got admitted in the 1st batch along with Dr. Shyla & Dr. Molly Abraham. Our teachers were Dr. K S Subramoniam and Dr.M.G.Krishnan. DO Course at that time was 1 year course after senior house surgeoncy in Ophthalmology.

After the sudden death of my father, due to the family circumstances my husband and I came back to Trivandrum from JIPMER and joined the Medical College services here. When Dr.Prabhakaran got appointment at Alappuzha, I also accompanied him and joined as Tutor in the Ophthalmology Department in Alappuzha. Dr. M V John was the HOD at that time. I did my MS in Ophthalmology as a Tutor trainee at Govt. Ophthalmic Hospital, Trivandrum.

I was at Medical College, Calicut along with my husband Dr. Prabhakaran for 2 years. Dr.T.A. Joseph was the HOD. In early 1980s, I was back at Thiruvanantha puram. During those days, Dr.Dhanda & Dr. Kalevar had come to Thiruvanantha puram and I was inspired by their dedicated work in Keratoplasty. I went for 6 weeks training in Keratoplasty with Dr. Kalevar at Indore. On those days, I had also gone to Aravind Eye Hospital and Sankara Netralaya as an observer, to see their style of functioning. In 1981, I got the WHO Fellowship in ophthalmic microsur gery. I had been to Moorfields Eye Hospital, London, Aarhu's Commune Hospital, Denmark and Karolonska Institute in Sweden during this period. Era of successful microscopic ophthalmic surgery at Govt. Ophthalmic Hospital probably started after this. Squint surgery used to be very common in MoorFields Eye Hospital even on those days and I developed a liking for squint surgery from that time..

In 1987, I went to Alappuzha, Medical College as HOD in Ophthalmology. An independent eye OT was started in Alappuzha, Medical College Hospital during these days and a mid-term KSOS Conf. was organised. In 1989, I came back to Govt. Ophthalmic Hospital, Thiruva nanthapuram. When Dr.M V John, retired in 1991, I became the HOD at Govt. Ophthalmic Hospital, Thiruvanantha puram. To elevate Govt. Ophthalmic Hospital to the status of RIO was one of my dreams and I had taken the initiatives for this even during Professor Subramoniam's days. After becoming HOD at Govt. Ophthalmic Hospital I started working towards the goal of elevating GOH to the status of RIO. I was posted as Special Officer for this purpose in 1993. The Government Order elevating GOH to the status of RIO came out in 1995 and I became the founder Director. Many developments in the present RIO got an upthrust after this.



The most tragic day in my life was the sudden death of my husband, Dr. Prabhakaran on 5th October, 1997. He was my friend, Philosopher and Guide and this was a totally unexpected blow to me. It took years for me to recover from the shock and regain normalcy. I retired from Govt.Service in 1998.

What were your experiences as a P G teacher and an examiner?

Very Good. I had many years of experience as a PG teacher. I enjoyed teaching students and interacting with them, it was a mutual learning experience and I was also PG examiner in various universities inside and outside Kerala. My students were dear to me and my opinion as a PG examiner was that " all deserving students should pass".

You actually started doing phaco after retirement. Many people find it difficult to switch over at this age. How did you manage this?

I always liked surgery and the challenges associated with it. My initiation into phaco was in 1996 (before retirement), when M/s Alcon did a demo of their machine at RIO and kept it there for some time. After retirement, I went to Cincinnati Eye Institute, USA where I was trained by Dr.Osher the intricacies of Phaco. Since my elder son Bipin is settled in Cincinnati, I could continue my lessons in Phaco every year. I read a lot of books on Phaco and also concerned journals. During the initial stages, I was also experimenting various stages and types of phaco in Goats eyes at GG Hospital with Appa phaco machine.

To observe phaco and perfect the technique,, I also visited the AIIMS, New Delhi, Sankara Nethralaya, Chenai , Aravind Eye Hospital, Madurai and Eye centres of Dr.Abhay Vasavada, Ahmedabad and Dr. Amar Agarwal , Chennai,.

Since 2000, I have been regularly doing Phaco at our own hospital with our Alcon machine, upgraded frequently.

Q. Madam, with your long stint in Government service and now running a private hospital, what difference do you feel?

In a private hospital of your own, you can do what you wish or want to do. You can buy a machine or equipment of your choice, whereas in Govt. sector, it may not be possible always. But there are a lot of other good things and advantages in Govt. sector. But after retirement definitely I miss teaching. But still I am coaching my son, Dr.Devin and daughter- in- law Dr.Kavitha and paramedical staff and also participating in CME programmes where I learn and teach as well.

Q. Madam, what about your children?

My eldest son Bipin Prabhakar is an engineer working in the US. He has got a doctorate in Business administration and Information Technology from USA and teaching at Cincinnati University. His wife Annu is M.Tech in Computer Engineering and they have three children, Mira, Naina and Aswin. Since, 1998, I make it a point go to US, once in a year to see my grand children and also I take this opportunity to observe the latest in Ophthalmology at the famous Cincinnati Eye Institute for 1-2 weeks. Apart from Dr.Osher, I had the privilege of watching Dr. Cionni and other eminent surgeons at surgery in this Institute.

My second son Dr.Devin and his wife, Dr. Kavitha are Ophthalmologists and they are with me at our DivyaPrabha Eye Hospital, Trivandrum. They have two children Gokul and Devika..

My daughter, Divya who is a graduate from NIFT and her husband Sreeji Gopinathan, Engineering graduate from Tvm and MBA from UK, were at Newcastle, U K and now they are back to India, presently at New Delhi. Sreeji at Philips India and Divya's present work can be watched at De Cakery in face book.They have two children, Gautam and Aarcha.

Q. Madam, what are your interests other than ophthalmology?

I like cooking and gardening. I have learnt Bharatanatyam in my childhood and the interest in dancing gives a rhythm to your life. I like stitching and used to stitch dresses for my children. I have stitched some of the aprons I use in our OT. At 60 years of age, I started learning Sanskrit and Bhagavatgita. At 64, I have learned swimming as part of physiotherapy following a bimalleolar # and now I find that it is an extremely good exercise and a swim in the morning keeps you active and energetic and at the same time relaxed for the whole day.

Regarding social service activities: I am the Founder President of the Inner Wheel club of Tvm South which has taken up several service projects including prevention of blindness and I was the District Chairman of Innerwheel during 91-92.

Q. Madam, what is your advice to the younger Ophthalmologists?

1. See the patient as a whole and not the Eye alone.
2. Take a proper history and Do a meticulous systematic examination
3. Don't be in a hurry, esp. in planning surgery. Don't take things for granted, do all the required tests.
4. Take an informed consent even for minor surgeries.
5. Be prepared to take a reasonable risk, for the good of the patient, if you are competent.
6. Glaucoma needs special attention, keep your eyes open to detect Glaucoma, stress the need for proper and continued treatment, to avoid unnecessary blindness
7. Don't deny surgery due to advanced age of the patient.
8. Never talk ill of your colleagues, whether seniors or juniors, especially in front of your patients

Q. What are the awards and achievements you have got?

A few of these would include CARAPET gold medal for securing Ist rank in the State for SSLC, Gold Medal for Surgery in Final MBBS, 'Knight of the Blind', award by Lions International, Platinum Jubilee award of the Indian Red Cross Society, Sevana Retna award by Netaji Samskarika Samithi, Paul Harris Fellow of Rotary International etc.

My real Award is my wealth of students spread all over Kerala and my patients of three generations and the strong support from my family.

My motto is' keep learning'. Surgery is not work or strain for me. It is a work of Art. It is actually a relaxation for me and I enjoy updating myself and my colleagues. It is not the returns in the form of money that matters, but the glitter of Happiness in patients' Eyes.

As our Prof. Dr. K.S. Subramoniam used to say, 'if you rest you will rust'. I think we are all lucky to be in this profession as Ophthalmologists.

Before leaving Madam's house after the three hour long interview, on behalf of the KSOS, we wished Madam and her family all the bright things in future. On the way back I couldn't help reminiscing that we had learned a lot from Madam's experiences and that even at this time Madam is very active in the profession as well as in the humanitarian activities in the society and has a lot to teach the present generation.

Conferences

Two important events are making KSOS to throttle in top gears. Drishti 2011 and AIOC 2012. Both the Organising committees had number of sittings to make the incident a great achievement. We request all members to visit the websites and gain more information. Your whole hearted support and active participation is a must to make both congregations something to be memorised.

Elections 2011.

More than one nominations are there for many posts of KSOS for the annual election to be held on 24th September 2011 at conference site of Thrissur. KSOS members are requested to bring their identity card from KSOS for the election. PG members are to gain their full status of KSOS membership with voting rights only after producing a copy of their PG certificate to KSOS secretary before 15th August 2011.

CMEs so far.

1. CME on Diabetic Retinopathy. On 27.3 2011 at Kottayam
2. CORNEA.COM. An Update. On 10.4 2011 at Calicut.
3. Mid Year Workshop on Research Methodology. On 14th & 15th of May 2011. Organised by RIO Thiruvananthapuram.
4. Current Expert Opinions in Ophthalmology. On 22May 2011. Organised by Chaithanya Eye Hospital and Research Institute at Thiruvananthapuram.
5. CME on Intra Procedural Complications by Chakrabarti Eye Care Centre. On 3rd July 2011 at Thiruvananthapuram.
6. Symposium on Cornea & Eye Banking. On 17th July 2011. Organised by Little Flower Hospital, Angamaly.
7. Kaazhcha 2011CME on Recent Trends in Ophthalmology . On 24th July 2011 at Hotel Abad Plaza Kochi.

Forthcoming CME

Neuro ophthalmology CME 2011. On 31 July 2011 at Hotel Marina Residency Kozhikode.

CLUB *Activities*

KOLLAM OPHTHALMIC ASSOCIATION – KOA

We had our bimonthly meeting on 4.6.11. The presidential address was given by Dr Ramesan P. The speaker for the evening was Dr Biju John from RIO, Thiruvanandapuram. The topic for the evening was 'Pre Detachment Lesions – When to Treat and How'. The talk was very informative and 20 members attended the meeting. After the talk Dr Biju John answered a number of questions raised by the audience.

Dr Ramesan P.
President KOA

Dr Alex K.Oommen
Secretary.

COCHIN OPHTHALMIC CLUB: COC MARCH 2011

The monthly scientific meeting of the Cochin Ophthalmic Club was held on the 24th of March, 2011 at the IMA House, Cochin. The scientific session was chaired by Dr. Paul Mathew. The programme included 2 talks by our own members, one each by Dr. Freddy T. Simon and Dr. Anil Radhakrishnan. Dr. Freddy T. Simon spoke on 'Basics of Corneal Topography' and Dr. Anil Radhakrishnan spoke on 'Recurrent Corneal Erosions - Current Trends in Management'. Both these talks were well appreciated. The General Body decided to nominate Dr. Freddy T. Simon to the KSOS executive as the representative of the Cochin Ophthalmic Club.The treasurer Dr. Meenakshi Dhar presented the COC accounts for 2010 – '11, which was approved by the house.

World Glaucoma Week 2011

The World Glaucoma Week was observed by the COC and KSOS, jointly with the Rotary clubs of Cochin East and Cochin West. The programme was organised on the 7th of March 2011 at the Rotary Trade School Hall, Near Toc H School, Vyttila, Cochin. Dr. A. Giridhar gave the Prseidential remarks. Dr. Saikumar S.J. spoke on 'Glaucoma: What is it?'. This was followed by a panel discussion on Glaucoma and its medico social aspects. Dr. A. Giridhar, Dr. Saikumar S.J., Dr. Radha Ramanan B., Dr. Sony George, Dr. Thomas Arun Varghese and Dr. Thomas Cherian were the panellists. Dr. Thomas Cherian proposed a vote of thanks.

Community Programmes.

Various member hospitals of the COC conducted community programmes. The various member hospitals of the COC are, The Little Flower Hospital, Angamaly, The Little Flower Hospital Annexe, Koonammavu, Dr. Tony's Eye Institute, Aluva, The Amrita Institute of Medical Sciences, Giridhar Eye Institute, The Dharmagiri Hospital, Kothamangalam, The MOSC Medical College Hospital, Kolencherry, The Aditya Eye Hospital, Thrikkakkara, The Alexander Eye Centre, Ernakulam, The Renjini Eye Hospital, Ernakulam, The Ahalia Eye Hospital, Ernakulam, 'Sight Restoration India' clinic at Mattancherry and The 'Abhayam'. A total of 52 camps were conducted during this period, and 8959 patients were examined in these camps and 673 patients underwent cataract surgery at respective hospitals. **School Screening Programmes.** Giridhar Eye Institute conducted 1 School screening programmes, screened 430 school children, 80 children with eye diseases were identified and referred to the hospital. **Eye Donation.** A total of 103 eyes were received as donation at the Little Flower Eye Bank in March 2011. 17 were used for transplant at LFH, 28 were sent to other hospitals, 58 were used for study purpose. The Eye Bank at Dr. Tony's superspeciality Eye Institute collected 24 eyes in March 2011, 5 were transplanted at Dr. Tony's Institute and 5 were sent to other hospitals.

CME Programmes.

Giridhar Eye Institute conducted a half day Workshop on Low Vision at IMA Convention Centre, Kaloor, Cochin on Sunday the 6th March 2011 under the aegis of Kerala Society of Ophthalmic Surgeons and Cochin Ophthalmic Club.

April 2011

The monthly scientific meeting of the Cochin Ophthalmic Club was held on the 26th of April, 2011 at Hotel Renaissance, Cochin. The scientific session was chaired by Dr. Anuradha Rao. Dr. Freddy T. Simon spoke on 'Epidemiology and Diagnosis of Dry Eye' and Dr. Ajay Dave (Dave Eye Clinic, New Delhi) spoke on 'Management of Dry Eye - An Inside Out Approach' and 'Topical Cyclosporine - Identifying the right patient'. Dr. Saikumar S.J., Organising Secretary for 'Drishti 2010' presented a cheque for Rs. 5.5 lakhs, from the proceedings of the conference to the COC President Dr. A. Giridhar.

Community Programmes

The various member hospitals of the COC conducted community programmes. A total of 32 eye camps were conducted during this period. 5572 patients were examined in these camps and cataract surgeries were done for 556 patients.

Pre School Screening Programmes

Dr. Tony's Superspeciality Eye Institute conducted 1 Pre School screening programme in 4 Anganwadis of Kizhakkambalam Panchayath, screened 78 children, 16 cases of unidentified defective vision were picked up, 16 children with eye diseases were identified and referred to the hospital. **Eye Donation.** A total of 89 eyes were received as donation at the Little Flower Eye Bank in April 2011. 18 were used for transplant at LFH, 10 were sent to other hospitals, 61 were used for study purpose. The Eye Bank at Dr. Tony's superspeciality Eye Institute collected 22 eyes in April 2011, 8 were transplanted at Dr. Tony's Institute and 8 were sent to other hospitals.

May 2011

The monthly scientific meeting of the Cochin Ophthalmic Club was held on the 19th of May, 2011 at Grand Hotel, Ernakulam. The scientific session was chaired by Dr. S. Sasikumar. The programme included a talk by Dr. Jacob Mathew (Vasan Eye Care, Cochin) on 'Technologic wonders of the millennium and the future in store for Cataract Surgery'. This was followed by a panel discussion on Post operative care in Cataract Surgery. The panelists were Dr. Saju Joseph, Dr. Davis Akkara, Dr. Sony George, Dr. Shane Mathew and Dr, Ashok Nataraj. Dr. S. Sasikumar moderated the panel discussion.

Community Programmes.

A total of 55 eye camps were conducted during this period. 7745 patients were examined in these camps and 630 underwent cataract surgery. **Eye Donation.** A total of 92 eyes were received as donation at the Little Flower Eye Bank in May 2011. 18 were used for transplant at LFH, 19 were sent to other hospitals, 55 were used for study purpose. The Eye Bank at Dr. Tony's superspeciality Eye Institute collected 14 eyes in May 2011, 4 were transplanted at Dr. Tony's Institute and 3 were sent to other hospitals.

Report prepared by **Dr. Thomas Cherian**, Secretary, COC.

THRISSUR ACADEMIC CLUB OF OPHTHALMOLOGY. TACO

March 2011

The meeting of March was held at Hotel Casino on 25.3.11. The academic session began with an article review by Dr. Jainy joseph from medical college Thrissur, on the treatment with Bimatoprost of patients with 360 degree synechie in chronic ACG. The guest speaker of the day was Dr. Quresh Maskati from Bombay who spoke on 'What's new in Ocular Surface Disease'. He discussed the new classification and management levels of dry eye now known as Dysfunctional Tear Syndrome. The impact of pre existing dry eye on Lasik was also discussed.

April 2011

Community Programmes: TACO held 26 camps in April. Total no. of patients screened were 3341 and 618 patients underwent cataract surgery.

May 2011

TACO held a peripheral centre meeting at Hotel Meadows, Chalakudy on 1st May. THE speaker was Dr. Thomas Cherian who discussed Common Retinal Infections like TB, CMV, ARN, Helminthic infestations etc. On 27th May, the scientific meeting included a case discussion by Dr. Bessy Ninan and Dr. Sathi Devi from Narayana Nethralaya, Bangalore spoke on 'Controversies in the Management of Open Angle Glaucoma'.

In community ophthalmology, total number of camps held in May was 37 and 5376 patients were screened. 577 patients were taken up for surgery.

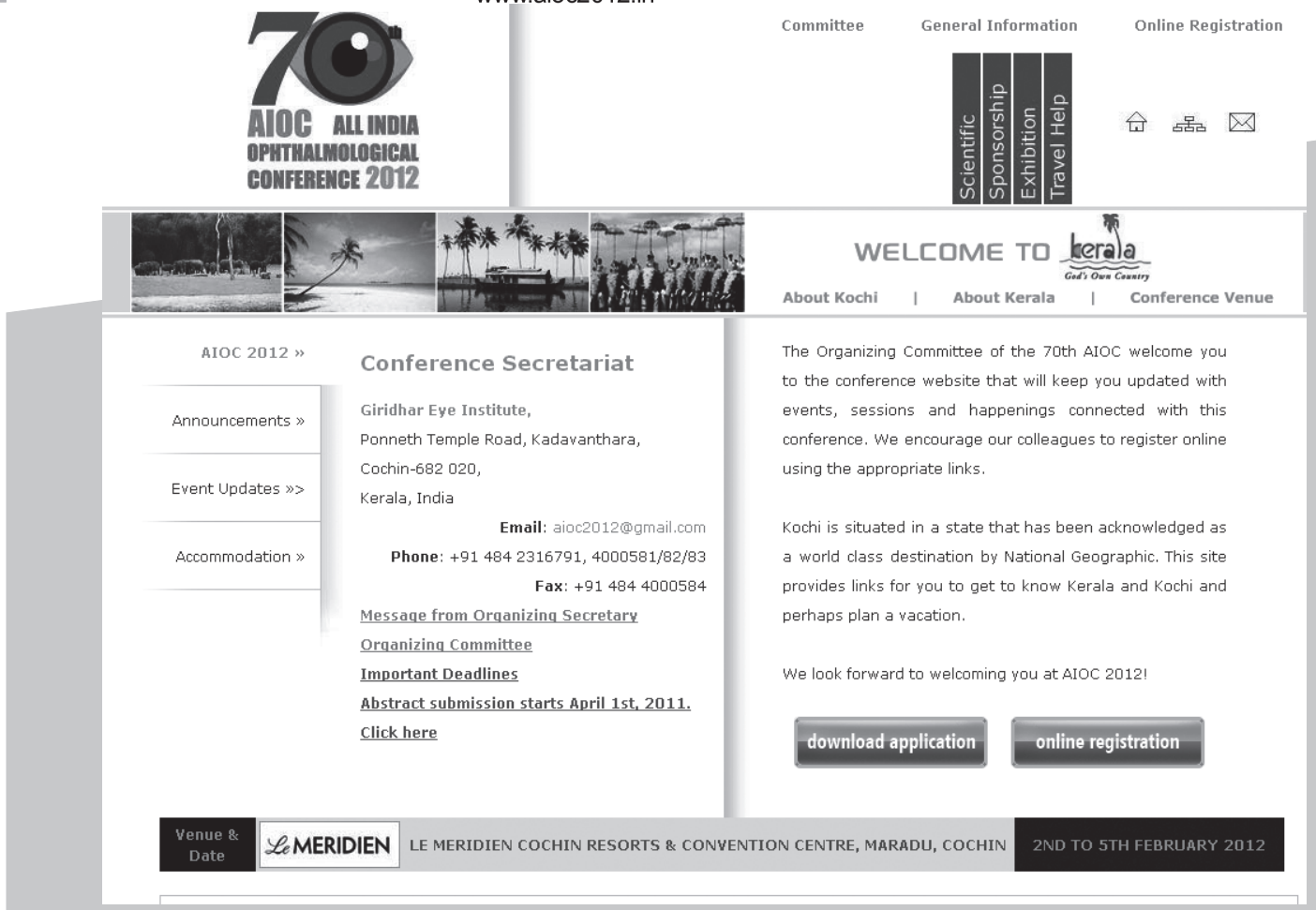
Report by : **Dr. V.Sudha**

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PROGRAMME MATRIX

TIME	HALL- A	HALL- B	HALL- C	HALL- D
Day 1 (Friday, 23rd September 2011)				
09:00 AM to 10:00 AM	VAST 1: Cataract Basic Steps	Paediatric Panorama	Misdiagnosis in Neuro Ophthalmology	Prof. K.S. Subramaniam PG Free Paper Award Session Semi final 1
10:05 AM to 11:05 AM	VAST 2: SICS Fundamentals			
11:.10 AM to 12:10 PM	Padmashre Dr.S. Tony Fernandez Video Award Session	Strabismus :Detection and Management	Perioperative Infection Prophylaxis and Management of Postoperative Infection: Current Concepts	Sankara Menon Free Paper Award Session
12:15 PM to 1:15 PM			Contact lens :An Update	Dr Siva Reddy Free Paper Session
2:00 PM to 3:00 PM	Mastering Diagnosis of Macular Diseases	Pearls for a Successful Comprehensive Ophthalmology Practice	Perimetry Basics	Prof. K.S. Subramaniam PG Free Paper Award Session Semi final 2
3:05 PM to 4:05 PM			Pitfalls in Interpreting Glaucoma Investigations	
4.:10 PM to 5:10 PM	Preparation for inaguration	Optics and Refraction	Less than Perfect Outcome after an Uneventful Cataract Surgery: What are We Missing?	Approach to Posterior Segment Complications of Cataract Surgery
Day 2 (Saturday, 24th September 2011)				
09:00 AM to 10:00 AM	Diabetic Retinopathy 2011: Skills Transfer Course	What I am Doing Differently This Year	Community Ophthalmology Symposium	Eyelid & Lacrimal Surgery
10:05 AM to 11:05 AM		Hands-on Training in Common OP Procedures : SL Biomicroscopy, Tonometry, Gonioscopy, Pachymetry, Specular Microscopy/Topography, I/O, Fundus Photography, USG,UBM/ OCT etc	Grand Rounds in Glaucoma	
11:.10 AM to 12:10 PM	VAST 3: Phaco Fundamentals		Intraprocedure Complications and Difficulties in Glaucoma Procedures	Orbital Surgery & Socket Surgery Non Surgical Management in Oculoplastics
12:15PM to 1:15 PM	VAST 4: Cataract Surgery in the Diseased Eye			
2:00 PM to 3:00 PM	Dr.Oommen Memorial Oration Dr. Babu Rajendran,Chennai			
3:05 PM to 4:05 PM	Web Casting	VAST 5: Video Bouquet of Intraprocedure Complications in Current Cataract Surgery: Anterior Segment	Medical Retina Pearls for General Ophthalmologists	Instrument/Equipment Maintenance – A Biomedical Engineer's Perspective
4.10 PM to 5:10 PM	Ophthalmic Premier League (4.10 to 6.15 PM)	OT Asepsis	Paediatric Retina: Pearls for Diagnosis, Management and Rehabilitation	Prof. K.S. Subramaniam Award PG Free Paper Session: Final
Day 3 (Sunday, 25th September 2011)				
09:00 AM to 10:00 AM	THE GREAT DEBATE	Uveitis Pearls and Pitfalls for the General Ophthalmologists - Decoding the Uveitis Work up: Why When and What to Order?	Corneal Infections: Recent Advances	Pterygium Management
10:05 AM to 11:05 AM		Guidelines for Medical Management of the Patient with Uveitis & Managing the Difficult Uveitis Patient	Management of Keratoconus: Current Concepts	Dr. Noel Moniz Anterior Segment Free Paper Award Session
11:.10 AM to 12:10 PM	TACO Quiz	Presbyopia Correction: Current Concepts	Refractive Surgery: Didactic Course	Posterior Segment Free Paper Award Session
12:15 PM to 1:15 PM		Practice Management		

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KOZHIKODE OPHTHALMIC SOCIETY KOS

The last bimonthly general body meeting and clinical discussion was held on 8th may 2011 at hotel hyson .New set of office bearers were selected/ elected in this meeting .The meeting was followed by a clinical discussion by Dr Manoj from Trivandruim on the topic ocular tuberculosis.

CME on Glaucoma conducted by Kozhikode ophthalmic society and Glaucoma society of India under the aegis of KSOS on 5-6-11 at Hotel Malabar gate. Ksos secretary Dr Radha Ramanan inagurated the CME. More than 80 delegates attended the CME. Faculty from KSOS and Glaucoma Society of India participated

Dr Chandrakanth,
Secretary
Kozhikode Ophthalmic Socittey

BOOK SHELF

The Tell-Tale Brain

V.S.Ramachandran

Recently the vaults of Sri Padmanabha temple was opened ,marvelling the treasure it has been storing for years unidentified. Analogous to it is the cruise V S Ramachandran is doing in brain for years and has been crystallised in many and the recent book 'The Tell- Tale Brain'. He has opened the vast domain of brain for us in this book. The development of knowledge of brain is just 30 years eclipsing its 'bronze age'. Ramachandran traces diseases to identify the role each part of brain play in our lives. We had studied Phantom Limb in our physiology classes. It is Ramachandran, who is familiarised as Marco Polo of neuroscience by none other than Richard Dawkins, has come out with the cause and treatment of it. His contributions to identification and understanding of diseases include Capgras Syndrome and Synesthesia. How human brain is unique from all other animal brains is explained fervently. He throws light from new angle on how brain processes incoming sensory information. The role of mirror neurons in autism, development of language and more is explained fascinatingly. Mind you it is your mind that encourages you to get refined in intricacies of aesthetics. Finally it is all neurons and wiring between them which makes us perfect or pervert. It will be a loss, especially for us who prosper in scientific field not to go through this book.

Dr. Babu Krishnakumar

CME REPORT "KAAZHCHA -2011"
"On Recent Trends in Opthalmology"
July 24, 2011 Venue : Abad Plaza Kochi

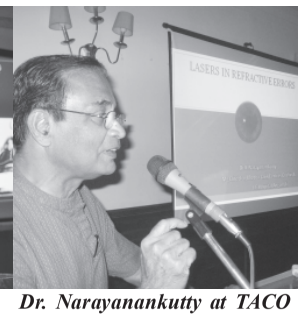
Dr.Tony's Eye Super Speciality Eye Institute and Lasik Centre marked its second successful CME KAAZHCHA -2011 "On Recent Trends and Ophthalmology". Eminent national and international faculties participated and presented papers on relevant topics. The chief guest was Prof.Dr Michael Denton one of the most successful doctors whose research has led to the identification of new disease genes provided a unique opportunity in revealing the salient study in Gene therapy. The programme began at 8:30, Padmasree Dr.S.Tony Fernandez made a humble beginning by a warm & heartfelt welcome speech. Dr.C.V Anthrayose,President Elect,KSOS delivered the Presidential Address. The inaugural speech performed by the Chief guest Prof. Dr. Micheal Denton. Dr.N.S.D Raju.President elect,AIOS, Dr.ThomasCherian,Secretary,Cochin Ophthalmic Club, Dr. Kumaramanickavel addressed the gathering and Dr.Ashok Nataraj Concluded by thanks giving speech. The sessions started with Lasik as the first topic. The chair person of the session was Dr.Tony Fernandez and the moderator was Dr.Davis.J.Akkara.The topics were "Current options in Refractive surgery"by Dr.Prema Padamanabhan, "Complication of Lasik" by Rajesh Fogla and "Lasik Flap and beyond"by Dr.Rohit Shetty. The second session started with the ever so popular topic Cataract. The chairman for the session was Dr.Sasikumar and the moderator was Dr.Saju Joseph.The topics were "Difficult Phaco situations" presented by Dr.Prema Padmanabhan and "Problems with IOL" presented by Dr.Arup Chakrabarti. The third session for the day was Cornea. The chairperson was Dr.R.R Varma and the moderator was Dr.Philip Kurivilla. The session covered topics namely "Recent Advances in Corneal Surgery" by Dr.Rajesh Fogla "Applications of Penta cam" by Dr.Freddy.T.Simon and "Recent trends in the Management of Keratoconus" by Rajesh Fogla. Next was the oration by Dr.Michael.J.Denton. Dr.E.J Mani introduced Dr.Michael to the gathering. The topic was "The role of Genes and self organization in the development of the Eye" The next session proc eeded with the topic Glaucoma. The chairperson was Dr.C.V Andrews and the moderator was Dr.P.J Thomas.The topics were "Chennai Glaucoma study and its implications in practice" presented by Dr.Ronnie George. The next topic was handled by Dr.Radha Ramanan about the "Controversies in Glaucoma". The the third topic of the session dealt with the "Clinical implications of land mark studies in Glaucoma" by Dr.Sonia Njavally. A video presentation by Dr.Ronnie George was demonstrated during the end of the session glaucoma. The last session comprised the topics Retina, Teleophthalmology and Orbit. The chairperson for this session was Dr.T.P.Ittyerah and the moderator was Dr.Thomas Cherian. The first topic was "Gene therapy in Retinal disorders-where do we stand now?"was presented by Dr.Kumaramanickavel. The next one concerned about "Heidelberg Retinal Tomograph in Posterior segment Evaluation" by Dr.Mahesh Gopalakrishnan. Then Dr.Rohit Shetty presented the topic "Teleophthal solutions in Opthalmology".The next topic was "Recent advances in Cosmetic Lid Surgery" was presented by Dr.Prasanth Raphael. The final topic was presented by Dr.Ashok Nataraj on "Update on plus Disease"

CME "Symposium on Cornea and Eye Banking"

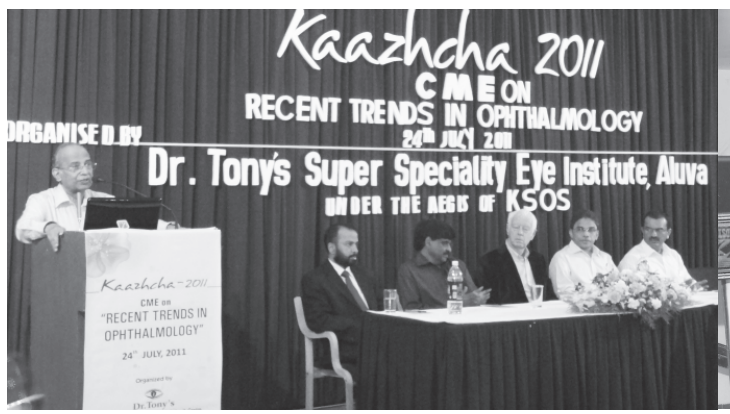
The Ophthalmology department of Little Flower Hospital Angamaly conducted a one day CME programme named " **Symposium on Cornea and Eye Banking**"at hotel Elite Palazzo on July 17 th 2011.The CME coincided with the Platinum Jubilee celebrations of Little Flower Hospital .The programme was inaugurated by **Dr C V Anthrayose** President elect KSOS and presided over by **Father Varghese Ponthenpally** Assistant Director Little Flower Hospital . **Dr B Radha Ramanan** Hon Secretory KSOS gave felicitation .103 delegates attended the symposium. Apart from host faculties four eminent guest faculties from esteemed teaching institutes were present. **Dr Prashant Garg** from L V Prasad Eye Institute who is a world authority on Infectious Keratitis highlighted the emerging challenges in Microbial Keratitis. **Dr Jeevan S Titiyal** from All India Institute of Medical Sciences enlightened the audience with the recent trends in Keratoplasty and talked in detail about Endothelial Keratoplasty.**Dr Radhika Tandon** from All India Institute of Medical Sciences talked about THOA , Govt grants in starting an eye bank and HCRP. **Mr Saurabh Biswas** currently the Programme Manager India with Sight Life talked briefly about Eye Bank accreditation and eye donation counseling . Host faculties included Dr Freddy T Simon ,Dr Anil Radhakrishnan,Dr Arup Chamrabarthy ,Dr Bastin V A and Dr Aneeta Jabbar



Dr. S. Sudharshan at TACO



Dr. Narayanankutty at TACO







Dr Thomas Cherian at TACO



World_Glaucoma_Week_2011by COC





Dr Sathi Devi at TACO



Dr Freddy at TACO





Drishti 2011 - Organizing Committee