NEWS LETTER
KSOS
Official News of Kerala Society of Ophthalmic Surgeons
For Private Circulation only
September 2014 Vol. XV Issue-3

PROF. DR. K. RAMACHANDRA BHAT

First up all I express thanks and gratitude to Dr. Bastin, Editor of KSOS news letter as he agreed to incorporate the interview of Prof. Dr. K. RamachandraBhat in the next edition of it. I humbly put forward this idea to the editor because Dr. K. R Bhat was an interesting personality and I had the feeling that he had a lot of things both in ophthalmology and in life to share with us. I know him as one of my undergraduate teacher from 1978 79 onwards from TD, Medical College, Alapuzha. Dept. of Ophthalmology was in a small cubicle and we the MBBS students used to stand behind Dr. K. R Bhat, Dr.M. V. John and Late Dr.Venugopal. I remember that Dr. K. R Bhat will be more happy if we are standing in front of him rather than behind in ophthalmology clinic during those days.He was very sharp in teaching and used to come with notes written on cards to take theory and clinical classes. With this back ground I decided to share the experiences of Prof. K. R Bhat for the readers of KSOS news letter.



Dr. K. R Bhat with Dr. K. V.Raju (08.10.2014)

Sir, can you tell me something about your birth and parents?

I was born in a remote village of Kasaragod in a farmer family as one among nine siblings in 1944. Our parents were simple, humble and affectionate.

Regarding your school and college education

I started my school education at the age of 7 yrs in our village school in Kannada medium. Completed my Pre-University course at Govt. College, Kasaragod. Then I joined at UC College, Aluva for Pre-Medical Course. Then in 1963 joined at Govt. Medical College, Calicut for MBBS as seventh batch students.

Do you remember any teachers who shaped your carries during MBBS days?

Yes. They were Late Prof. Prabhakaran and Prof. Dr. Sankaran. They influenced me to a great extend by their classes and other academic activities. I kept a dream in my mind to be an ophthalmologist in future because of those great teachers.

What about your post-graduate days?

I joined for my MS at Govt. Ophthalmic Hospital (Present RIO) Thiruvananthapuram in 1973. Prof. Dr.Subramaniam was the Director and Prof. of Ophthalmic Hospital and he influenced me a lot to choose the teaching field later in my life. Prof. Dr. Krishnan and Prof. Dr. M. V. John were two eminent teachers on those days.

What I am today is because of the "**BLESSINGS**" and "**GURUBALA**" received from those great teachers.

Teaching profession:

As Medical College teacher I worked as Tutor, Asst. Professor and Professor in both Alapuzha and Kozhikode. Prof. M. V. Johninfluenced me a lot in my carrier because of his advices which are useful both in practical life and in ophthalmology.

About your life partner and family:

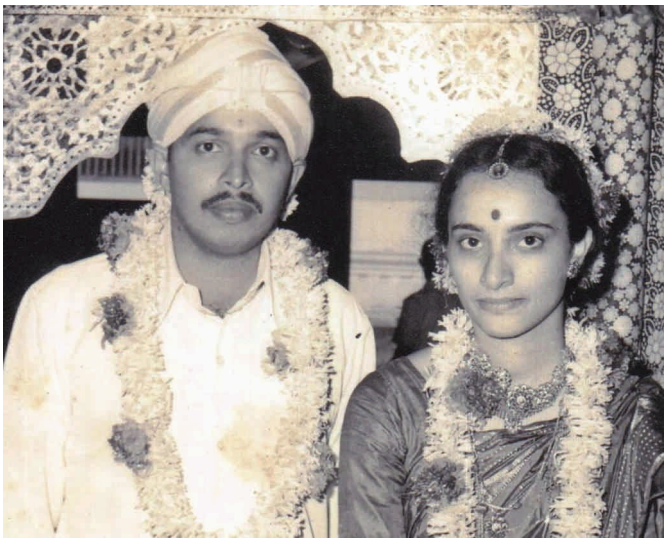
I got married to Nirmala in 1977 and we have two children. My son Sham (ACA,ACS, CA) is working in syndicate Bank and daughterHema



During school final



MBBS days



Wedding day

completed MDS (Prostho). Hema is having a little baby daughter. Altogether we are reasonably happy.

Can you tell me about KSOS activities on those days?

In 1992 I was the organizing secretary of Annual Conference at Kozhikode when Prof. K B Venugopal was installed as President. It was a two days programme on those days. We were the first one to give "Profit of Conference"after successful completion of the conference.

What about your hobbies?

I am very much interested to listen Radio and classical music. I have a wonderful collection LP and EP records, and old record players etc; I am also interested in gardening.

What about the current post-graduate teaching in Kerala. PG training programmes are very good in Kerala. I feel that PG students should have a strong aptitude for clinical ophthalmology rather than investigative ophthalmology. At present Prof. Dr. K. R Bhat is working as a DNB teacher at Comtrust Eye Hospital, Kozhikode. I express thanks to Prof. K. R Bhat for sharing his experiences for the members of KSOS.



Family photo



Jasmine Bush cultivated by Dr. Bhat



PG days - photo taken by Dr. Jayanth



With Prof: Dr. Subramanyam



XIX Annual Conference of K.S.O.S 1992
(Organising Committee)

PRESIDENTS REMARKS



Dear Friends,

This issue of news letter will be the last one released by the present committee. I have been travelling to attend almost all CMEs organized by various ophthalmic clubs of the state. Due to some personal reasons I could not participate in four CMEs only. It was nice experience to interact with all the members of District club. I wish to express thanks and gratitude to the officials of all District Clubs for the respect and deliberations.

All the KSOS activities are going on well because of the united functioning of all sub committees. Dr. Babu Krishnakumar was doing an excellent organizational activity for the last one year hence I take this opportunity to congratulate him. Editor Dr. Ashok Nataraj is going to release the third issue of KJO with informative articles. Dr.Meena Chakrabarti completed the schedule of the academic programme for the annual conference at Thrissur. Online abstract submission completed without any problem and so our website editor Dr. Rajiv Sukumaran deserve special congratulations.

Treasurer Dr. Sasikumar is doing silent work to make our financial position stable. I congratulate all the subcommittee members for the active cooperation for the last one year.

KSOS is going to conduct 41st annual conference now. Plenty of active members are there in our association and we have enough money also. This is high time to think about constructing a Head Quarters building for KSOS. I am very happy to inform you that Kozhikode Ophthalmic Society is going to purchase land for building an office room.

Wish all the bests for the members of KSOS.

Jai KSOS

With Warm regards

Sd/

Kozhikode
07.10.14

Dr. K. V. Raju
President, KSOS

SECRETARY'S PAGE



We are completing one year in another KSOS year. It was smooth sailing thanks to efficient support from colleagues in and out of executive committee. In Dr K.V.Raju we had a good President who steered KSOS to the new age of Ophthalmology. We had wide ranging activities as we used to have in previous years with 18 CME's, 4 Executive Committee Meetings and waiting for Drishti 2014 at Thrissur. I think our outreach to public was much extensive by way of conducting Awareness Programmes for Glaucoma, Eye Donation Fortnight, World Sight Day and forthcoming Diabetes Day. Programmes

were arranged by participating public figures to chair the meetings and common men to hear us, were success all over Kerala. I am thanking you Programme Implementation Committee Chairman Dr C.V.Andrews and all the district club office bearers who made this possible in a very amicable way. Reaching out to public in this way will do us good by making people understand that we too are with them in understanding their sufferings. People friendly attitude is the reply to many unfriendly articles that are appearing in the press in increasing numbers nowadays. We need not felt offended by the comments as long as we are on the right path and also there is no need to write replies in defence. No body can blindfold honest people who are the majority we come across. Avathu Vaktharam.. goes the Sanskrit saying.

At home front we are facing a dilemma in running a good Journal and tackling financial commitment. The Editor aims to switch to soft copy, of course with your consent only. Or shall we make the journal payable. Think about alternate ways and participate in the debate.

Waiting to see you all at Drishti 2014, expression of Ophthalmologists of Kerala.

FROM THE DESK OF CHAIRMAN

Scientific Committee



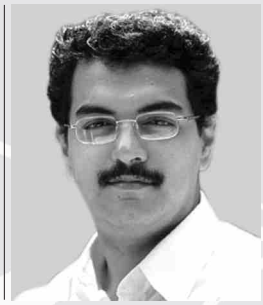
Respected Colleagues

The scientific programme for Drishti 2014 has been fine tuned and finalised.All efforts are being taken to have the right blend of basic , intermediate and advanced programmes to cater to the needs of the various groups that constitue the delegate fraternity of KSOS. The scientific committee will organize wetlab sessions during the conference for PHACO BASICS,TORIC IOL s and also ICLS

The freepaper text evaluation is in full swing. We hope to complete all the paper work this month itself.

Any suggestion regarding the scientific programme will be greatly appreciated.
Warm regards
Meena Chakrabarti

MESSAGE FROM THE EDITOR'S DESK



Dear Friends,

On the occasion of World Sight Day, it feels great talking to you once again. As you know, getting funds to run a quality journal like KJO is becoming more and more difficult. Quality and content of the journal is one thing that can never be compromised. However it is ironic that the entire expenditure is in printing and circulating the journal rather than in the scientific content. Everything is now going paperless and this has its own advantages. Obviously, it is going to cut costs .But what is more important is that it is going to reflect the social and environmental commitment each one of us has to Mother Earth in saving trees."GOING PAPERLESS MEANS GOING GREEN". All India Ophthalmological Society and IJO have already started taking initiatives in this direction, urging members to "GO GREEN" and opt for online copies of the journal. This means that now we will even be able to carry KJO along with us on our mobile phones wherever we go. As responsible citizens of planet Earth, it is time we took the decision, a decision for change, a decision for a better tomorrow. I have enclosed an "Opinion Poll Questionnaire" along with the journal that you receive, for your valuable feedback. The future is in your hands.

Regards
Dr Ashok Nataraj
Editor KJO

FROM THE WEBSITE EDITOR



Dear colleagues,

I am happy to say the website is functioning well. All the update of various CMEs and Drishti 2014 programmes are updated regularly.

We are coming out with an Android as well as Iphone App "KSOS Drishti" this time for the Drishti 2014 conference. It is a downloadable application from the Google play store and from Apple store. It will be available for download by 2nd week of November. It is like a ready reckoner and very simple to use. Hope it will be useful.

Dr Rajiv Sukumaran
rajivsukumaran@gmail.com
9895380696

COC
KOCHI



MONTHLY MEETINGS

July 25. Hotel Holiday Inn
Dr Aravind Venketaraman from Chennai delivered talk on "Red Eye".

September 26th Hotel Grand.
Dr Sureshkumar, Professor of Neurology . AIMS gave a splendid talk on Optic Neuritis and Multiple Sclerosis.

PG Training Programs

1.Aug 2 IMA House
Chief Examiner was Prof Pradeep Sharma from RP centre New Delhi. He gave an excellent talk on Examination of a strabismus case and conducted a Quiz. 4 Cases were presented by post graduates from LF hospital, AIMS, Medical trust and Giridhar eye institute. It was attended by 56 post graduates from across Kerala and Consultants from Different medical Colleges.

Annual CME August Ophthalmica. August 3rd IMA house
First Time in Kerala a full day Video film festival was conducted. 26 video films were screened. It was attended by 154 doctors. Audience were glued to the screen till the end of the show at 4 pm indicating the response from the doctors.

Prof Gopinatha Menon Memorial Oration was delivered by Prof Pradeep Sharma from AIIMS New Delhi. His talk was titled " In Pursuit of Steroepsis". The talk highlighted the class and experience of the speaker and was widely appreciated. A plaque and a 22 carat gold medal weighing 8 grams were presented by Dr Sundari Menon to the speaker

COC Abhayam Monthly Clinic
Conducted in the Abhayam premises in Tripunithura on July 13, July 27, August 10, August 24, September 6. It was attended by Attended by COC members from different Hospitals

COC SRI Charitable clinic
Attended By Dr RR Varma On all Tuesdays. Free OPD and Free surgeries performed.

Mega Camp August 10th Palluruthy
Attended By Dr Balamani from Lakshmi Hospital Dr Rosina from Giridhar Eye Institute with Dr Eliza and Dr Yasmin. More than 300 patients screened and cataract cases selected. Surgeries were performed at hospitals of the participating doctors.

Mega Camp October 5 PuthenCruz
Attended by Doctors from MOSC medical mission and Giridhar Eye Institute. 300 patients were screened and surgeries were performed by doctors from MOSC medical mission Kolenchery. Camp was a huge success in terms of public participation and the impact.

Inauguration of Diabetic Retinopathy Survey in Tripunithura Municipality
Door to door survey was inaugurated on 31st August by local councillor. All the houses in Tripunithura will be visited by volunteers and screening camps will be organised. MOU was signed by Cochin Ophthalmic Club and AIOs on this regard and it will be started in November.

EYE DONATION FORTNIGHT ACTIVITIES OF COCHIN OPHTHALMIC CLUB
On 31st August 2014, Abhayam Charitable Trust and Cochin ophthalmic club conducted an eye donation awareness seminar in Eroor Premier Caps Hall, Tripunithura. The function was inaugurated by Tripunithura Municipality Chairman and presided by President, Abhayam Charitable Trust. Dr.Mahesh.G, Secretary, Cochin ophthalmic club gave a lecture on eye donation.

Compiled By
Dr Mahesh G
COC Secretary

IMOC



A meeting of IDUKKI MALANAD OPHTHALMIC CLUB Was held on 18 th September , Thursday at hotel Paray residency , Muvattupuzha. Dr.Rajesh Chells spoke on EMERGING TRENDS IN SICS.Active discussion followed.

Dr. Mohan
Secretary

KOZHIKODE



On 20th of July , Dr. A. A. Deshpande , Guruprasad Nethrarugnalay, Aurangabad (member legal cell, AIOS) spoke on the topic ' Medico Legal Aspects in Ophthalmology'. The meeting was well attended and there was a very active interactive session following the talk.

KOS in association with Dept. Of Ophthalmology, Medical College, Calicut & IMA Kozhikode branch, conducted an eye donation awareness walk on August 25th in connection with Eye Donation fortnite. The programme was inaugurated by Sri Raghavan, MP and presided by the Principal, Calicut . Dr. Balakrishnan, president IMA Kozhikode, felicitated the gathering. Dr. K.V Raju, president, KSOS , gave leadership to the walk and Dr. Leila Mohan & Dr. Vinodkumar, president and secretary of KOS took part in the walk.

THRISSUR



July2014

Clinical meeting on 23-7-14. Dr. Murali Ariga, eminent Glaucoma specialist, was the speaker. He spoke on Recent trends in medical management of glaucoma. A photo session of organizing committee, Drishti 2014 was another important event of the day.

August 2014

Monthly meeting at casino hotel, on 18-08-2014. Dr. Anil Radhakrishnan, chief corneal surgeon, and Dr. Gopal.S.Pillai, from Amrita institute of Medical

sciences, cochin were the speakers.

Based on some important diagnostic dilemmas, 'Cornea-Grand rounds' was presented by dr. Anil Radhakrishnan. This was followed by Ophthalmic Quiz, on retina, superbly conducted by Dr. Gopal. S. Pillai.

September 2014

Monthly meeting at Casino hotel, on 20-09-2014. Dr. Marian Pauly, Oculoplastic surgeon, Giridhar Eye Hospital, Cochin, spoke on Management of lid margin abnormalities. LASIK- New Horizon, was the second talk, by Dr. Sobha Ramesh, Dr. Rani Menon's Eye Hospital.

Observation of Eye Donation Fortnight

Eye donation fortnight was observed under the auspices of KSOS and TACO at various places at Trichur.

25-8-14

District level inauguration at Irinjalakuda. Dr.Bastin V.A. Spoke on various aspects of Eye donation.

Lions international District level seminar on Eye donation at Lions hall , Thrissur. Dr.Andrews Kavalakkat led the seminar. District level program by DBCS at Govt. College, Kuttanellur,

27-08-14

Documentary film on eye donation was screened, and awareness class conducted under the leadership of Dr. K.C. Rajini, at Govt. Medical college, Thrissur,

27-08-14

Seminar on eye banking and corneal transplantation was jointly organized by KSOS. TACO, IMA, JMMC, JMCN, and DMO, at Jubilee Mission Medical College, on 28-08-2014. Dr. Babu krishnakumar, Dr. Alex Joseph, Dr. Andrews, Dr. Smita narendranath, were present.

Dr. Mallika Harikrishnan.

TRIVANDRUM

TRIVANDRUM OPHTHALMIC CLUB

CME Programs:

CME on Refractive Surgery: 19 July 2014
Speakers: Dr. JK Reddy. Topic: Importance of refractive surgery for the cataract surgeon. Venue: Hotel Maurya Rajadhani.

Wet lab on Phakic IOL: 19 July 2014 2pm to 10pm
Venue: Hotel Maurya Rajadhani from 2pm to 10pm

Hands on demo of OCT: 19 July 2014 2pm to 10pm
Venue: Hotel Maurya Rajadhani from 2pm to 10pm

CME on Retina: 21 August 2014 7:00 to 8:30 pm
Speakers: Dr. Thomas Chacko. Chair: Topic: Optical Coherence of macula. Venue: SP Grand Days.

CME on Ophthalmic Instruments: 21 August 2014 8:30-9:00pm
Speakers: Nikhil Masurkar Topic: Binocular Autoretractometer. Venue: SP Grand Days.

CME on Glaucoma: 27 August 2014 7:30 to 8:30 pm
Speakers: Dr. Thomas George. Topic: Newer options in glaucoma surgery. Venue: SP Grand Days.

PG Update Program: 29 August 2014
Speaker: Dr. Unni Nair, FFA Basics

CME on Retina: 24 September 2014 7:00 to 8:30 pm
Speakers: Dr. Biju John Chacko., Venue: Residency Tower

PG Update Program: 17 October 2014
Speaker: Dr. Vinay Pillai, Adances in keratoplasty

COMMUNITY & MEMBER ACTIVITIES:

Talk on Indian Ophthalmology in current Scenario: 19 July 2014

Speakers: Mr. Jagrat Dave. Chair: Dr. KGR Nair & Dr. Suseela Prabhakaran. Topic: Importance of refractive surgery for the cataract surgeon. Venue: Hotel Maurya Rajadhani.

Installation of New President: 19 July 2014
Dr. Biju John took over as President of TOC & Dr. Abraham Kurian as Vice-President

Talk on Indian Ophthalmology in current Scenario: 19 July 2014
Speakers: Mr. Jagrat Dave. Chair: Dr. KGR Nair & Dr. Suseela Prabhakaran. Topic: Importance of refractive surgery for the cataract surgeon. Venue: Hotel Maurya Rajadhani.

Eye Donation fortnight
The 29th National Eye Donation fortnight district level inauguration was done by Hon. Health Minister Sri. VS Sivakumar at RIO, Trivandrum. Mayor, Dr. Girija Devi, Dr. Sahasranamam spoke on the occasion. TOC members led by President Dr. Biju John actively helped with the awareness fortnight.

Interactive Session with Union Health Minister: 19 September 2014
Trivandrum Ophthalimc Club interacted with The Hounourable Minister of Health & Family Welfare Dr. Harshvardhan on 19 September, Friday in the meeting organized at IMA Hall.

Executive Meeting:
21 August 2014: Dristi 2015 preliminary discussion
24 September 2014: finalization of accounts and filing of tax returns.

Financial Matters:
Accounts of TOC was verified by Chartered Accountant and returns were filed. TOC is registered under 12A.

OBITUARY

Dr. K G Marthandan, MBBS, DO expired on 28th September 2014 in Trivandrum following a sudden illness at the age of 75 years. He belonged to the first DO batch of students in the medical college Trivandrum in 1970. May his soul Rest In Peace

KOTTAYAM

KOTTAYAM OPHTHALMIC SOCIETY
KOS

57th Meeting of KOS

57th Meeting of Kos and 6th Montly meeting of 2014 was held at Hotel Pearl Regency, Kottayam on 15th of August.

Past President of KOS Dr.George Peter presided the function. Dr.Ani Sreedhar known Oculoplastic Surgeon from LF, Spoke on Diagnosis and Management of Orbital Tumors and OSSN.

Dr. Jilu George, Dr.Ann from Govt. MCH Kottayam presented papers.

58th Meeting of KOS

58th Meeting of KOS and 7th Monthly meeting of 2014 was held at Hotel Fairmount , Kottayam on 3rd of October.

Dr.Shane Mathew spoke on the Subject "Recurrent Post Operative Uvetis-hidden roots". Dr.Sheena Andrews spoke on Management of Diabetic Macular oedema.

Dr.Krishna Babu resident from MCH Kottayam presented an interesting case of a worm in the cornea, which was treated by application of Yag laser to the cornea. Dr.Leena.J from MCH kottayam also presented a case of Bilateral CRVO, due to multiple myeloma.

Reported by
Dr.Alex Baby
Secretary KOS

PALAKKAD

PALAKKAD OPHTHALMIC SOCIETY
PSOS

Date:
13-08-2014;730-930PM

Topic:
Posterior Segment Complications of Ant Segment Surgery

Speaker:
Dr.Rajkumar Maheswari

Venue:
Hotel KPM Regency, PKD

Reported by
Dr.Sathyajith
Secretary PSOS



LASICOM 2014- CME on Refraction was conducted by Comtrust eye hospital, Calicut on 17 August 2014 at Hotel Hyson Heritage



The CME "Cornea update" was conducted on September 28th 2014 at hotel Marina Residency, Kozhikode by the department of Ophthalmology, Government Medical College, Kozhikode under the aegis of KSOS.



Annual CME August Ophthalmica was conducted by Cochin Ophthalmic club on August 3rd at IMA house Cochin.

WORLD SIGHT DAY

World sight day state level inauguration was organised at sacret heart college chalakudy by KSOS,TACO and I Vision eye hospital on 9-10-14 This was inaugurated by chalakudy MLA Mr B.D.Devassy and presided by Municipal Chairman Mr Pailappan. Cine artist Sri Kalabhavan Mani was the chief Guest. Dr C.V. Andrews, KSOS Secretary Dr Babu Krishna kumar and I Vision Medical Director Dr Radha Ramanan addressed the meeting



EYE DONATION FORTNIGHT CELEBRATIONS











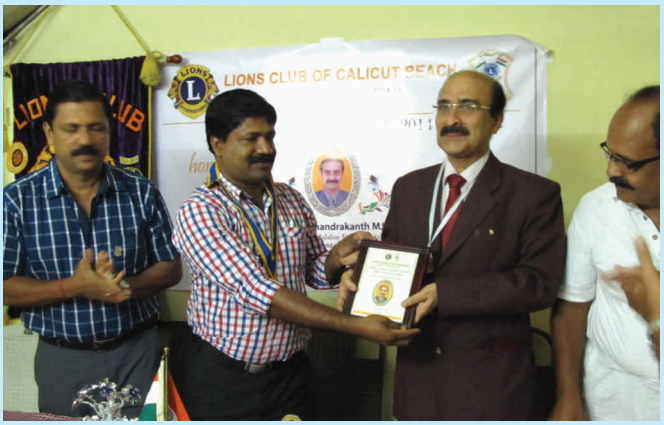




Dr.Minu M Mathen

The video -nucleus management made easy in manual small incision suture less cataract surgery- won the runner up award in the in-house productions category of the film festival competition of the annual meeting of the ASCRS 2014 at boston.

Presented a video and a poster at the annual conference of the ESCRS at London (sept 2014)



Dr. Chandrakanth K S

Dr. Chandrakanth K S was honored as the best doctor on the doctor's day celebrations held on the 1st of august 2014 by lions club of Calicut.



Dr. Arup Chakrabarti

Dr Arup Chakrabarti has been inducted as a member of the prestigious International Intraocular Implant Club (IIIC).This club was founded in 1966 by Sir Harold Ridley, Fyodorv and Peter Choyce and other prominent surgeons of the same era. The current membership is a virtual who's who of distinguished cataract surgeons of international repute

Please send your achievements or participation in the national/international conferences for the news letter to bastinv@yahoo.com

Dr. Bastin V A
Joint Secretary KSOS

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President Elect
Dr. Charles K Skariah

Vice President
Dr. K Mahadevan

General Secretary
Dr. Babu Krishnakumar

Joint Secretary
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Treasurer
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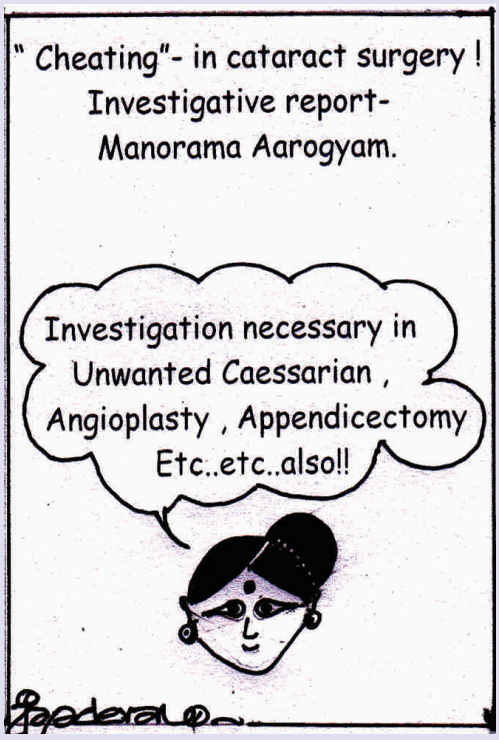
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NAYANA DARSANAM

Dr. P. Jayadevan





41st Annual Conference of KSOS

LULU INTERNATIONAL CONVENTION CENTRE THRISSUR

28,29,30 November 2014.

Published by Dr. Babu Krishnakumar, Aswani Hospital Thrissur, on behalf of kerala Society of Ophthalmic Surgeons
babukkr@yahoo.com Mob: 9895225633