THE KSOS connect

The official newsletter of Kerala Society of Ophthalmic surgeons

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Simplicity Personified

– Dr Indira Varma



When Dr. Mallika asked me to interview Indira Varma Madam, I was very happy and proud to do it even as I knew that Madam was not the kind of person who would volunteer to talk about her achievements and accomplishments, leave alone allowing it to be published in our newsletter! I was happy when her husband, Karthikeya Varma Sir, agreed to join the interview. He had been the HOD of Paediatric Surgery dept and later, the Principal and superintendent of Calicut Medical college. They were the golden couple of the campus who, we adored during our student days! I had done an ICMR project under Sir in paediatric surgery before I took up Ophthalmology and my husband was his first MCh student.

Dr Indira Varma was born to Sri Kanippayoor Parameshwaran Namboothiripad and Smt. Nandini Thampuran of Thrippunithura Kovilakam and had her primary schooling in Thrissur, Chittoor and Ernakulam as her father was a civil servant in the revenue department. She did her pre degree and degree in Maharaja's College, Ernakulam and MBBS in Kottayam Medical College. Motivation to become a doctor came from her mother who was very particular about education and career. She has 3 brothers, all in government service. Doctors in those days were rare and were looked upon by others with awe and respect and that too was a motivating factor. It was during her MBBS years that Dr Karthikeya Varma met her and the rest is romantic, not to mention medical history.

Her postgraduation was at Calicut Medical College, where she worked as a tutor, assistant professor, associate professor and professor in Ophthalmology. She holds dear the days in the Medical College, interacting with both undergraduates and postgraduates, other staff members including optometrists, lab technicians and the huge number of patients in OP and wards. Developing a deep friendship with them gave lot of relaxation unlike today when the doctors seem to be very busy. Since eye care was available only in the Medical College all types of surgery, including orbitotomy and retinal surgery were done as a teamwork, under Prof. T A. Joseph, Prof. Prabhakaran, Prof. Muthiah and Prof. Venkitachalam. She cherishes the excitement of the first corneal transplant done by T.A. Joseph sir, way back in the late seventies.

Interviewed by: Dr Leila Mohan

To watch the interview click the link:
https://youtu.be/qQLJB5noRY0

Continued on page 4...

FROM THE PRESIDENT'S DESK



Dear seniors and friends

As I pen my last message in the Newsletter as President, I have mixed emotions. There is always this feeling that I could have done more and better for the society during the past one year. A significant time of my Presidency was taken up by the AIOC. But I am really happy and satisfied that the AIOC in a mega scale happened during my Presidency, and I was fortunate to be the Organizing Secretary for the same. We have submitted the audited accounts to the AIOS and are awaiting the profit share for KSOS any time now.

I have tried to visit as many CME's as possible during the last one year, and I must place on record my appreciation towards the organizers for such a wide variety of topics which has benefitted all the Ophthalmologists in the State.

I would be failing in my duty, if I do not appreciate the efforts of my team led by Dr Gopal Pillai, our energetic and brilliant General Secretary. Dr Sreeni our exuberant Chairman, Scientific Committee would always come up with brilliant and innovative ideas for the Drishti conferences in Kozhikode and Thrissur and for the various other online programs. The finances and future of the KSOS is safe with Dr Biju John our meticulous Treasurer. Dr Smita our KJO Editor has taken our Journal to greater heights and Dr Mallika has published beautiful newsletters dot on time. Dr Rohan has led our website during difficult times when we transitioned from one vendor to another. All our Past Presidents and the two future Presidents Dr Thomas Cherian and Dr Mahesh G have given me valuable advice at crucial junctures. The entire executive has stood with me in all my projects during the past one year and I am thankful to all of them.

The financial audit committee led by Dr P I Mohan and Dr N Radhakrishnan have ensured that the accounts are perfectly maintained. The administrative audit committee led by Dr S Sasikumar and Dr V Sahasranamam have pointed out lapses in the running of the organisation from time to time and helped us make KSOS better and better. Special thanks to Dr Natasha for organising the Leadership Development Program in a flawless manner.

Finally a huge thanks to all the KSOS members for the support and cooperation they have given me during the past year. We are eagerly awaiting Drishti 2023, which is being planned meticulously by team TACO led by Dr Anthrayose, Dr Bastin, Dr Radheremanan, Dr Merine Paul and Dr Anup Chirayath. Wishing Dr Thomas Cherian and his team a great year ahead.

Jai KSOS, Jai Hind

Dr S J Saikumar

GENERAL SECRETARY S MESSAGE



Dear friends

As usual, we had a wonderful last 3 months including CMEs, observation of days and family get together. KSOS quarter is always filled with activity. And we all cherish each moment of the same.

As part of social commitments, KSOS is in the front seat driving the social media initiatives for the general public

Elections were declared and we received nominations for each post. The chief election officer will give us word on that very soon.

Now all of us are looking forward to the Drishti 2023 at Thrissur. We have a wonderful venue and very good people manning the job of getting us all together. The organising team is sparing no efforts to bring the best for us, this time being the golden jubilee year, the conference is between 24-26th November in Lulu convention centre this year. Dr Andrews K, the organising chairperson and Dr Bastin VA the organising secretary as well as the full team is all geared up for that.

The scientific program is ready and Dr Sreeni our chairman scientific committee is doing a great job in bringing the best in the instruction courses and scientific papers to us.

So dear friends, see you all in Thrissur

Jai KSOS

Gopal S Pillai

TREASURER'S MESSAGE



Dear Friends,

The registrations of Drishti 2023 are being accepted via the upgraded payment gateway in which UPI transactions and automatic capture has been newly integrated. While transacting via UPI members will not have to pay additional transaction fees.

The external audit of accounts for the Financial year 2022-23 has been completed and the audited financial statement is ready.

The internal audit of accounts from April 2023 to October 2023 , which includes finalisation of the Drishti 2022 accounts was conducted on 8 th October 2023 at KSOS Office, IMA House Kaloor. Dr Radhakrishnan, Dr PI Mohan and Dr Jain Chimmen meticulously audited the accounts presented by the Treasurer team consisting of Dr Biju John , Treasurer; Dr Vinod Kumar NV Organising Secretary of Drishti 2022 and Dhiraj Tawari our accountant. Dr Gopal Pillai our General secretary was also present.

The audit report will be tabled in the next ECM.

GST and TDS filings are on track.

The GST Input credit of Drishti 2022 amounting to Rs 68000 available for us will be claimed along with filing of GST of this month.

Jai KSOS

Dr Biju John C

SCIENTIFIC COMMITTEE CHAIRMAN'S MESSAGE



Dear friends and respected seniors,

The Scientific Committee of KSOS is all set for Drishti 2023, the 50th Annual Conference of Kerala Society of Ophthalmic Surgeons. The scientific program will be conducted in the 6 Halls at LICC by Hyat Regency, Thrissur on 24th, 25th and 26th of November 2023. We are conducting ninety three Instruction Courses/ Symposia in these Halls. There will also be two hundred and thirty one Free Paper/ Poster presentations. Twenty-one Videos will also be presented in the Video Awards Session. Twenty of the free papers submitted by the post graduate students have been selected for presentation in the Prof Dr KS Subramaniam PG Free Paper award session. All the other post graduate students who submitted papers for Prof Dr KS Subramaniam PG Free Paper award will be given the opportunity to present their papers in the Non competitive PG Free paper sessions on 26th November.

Dr Arup Chakrabarti will be delivering the prestigious Dr CE Oommen Memorial Oration. Dr BK Jain and Dr Mahipal Sachdeva will be delivering talks in the Heroes of Indian Ophthalmology session. Dr Tararaprasad Das who will be a guest of honor at the inaugural ceremony will be delivering a keynote address in the scientific session.

We have reintroduced Ophthalmic Premier League in the KSOS Annual Conference after a gap of 10 years. Four teams representing the four Zones of Kerala - Travancore, Kochi, Thrissivaperoor and Malabar will be competing in the OPL. The scientific program of Drishti 2023 will be enriched by talks by Fifty National Faculty.

The KSOS COC PG Gold Medal Exam will be held on the 5th of November at AIMS, Kochi. Dr Sujatha Rathod from RIO Bangalore (Minto Eye Hospital) and Dr Rajasekar from Chennai will be the examiners.

Thanking you all for your support and encouragement

Jai KSOS

Dr Sreeni Edakhlon

KJO EDITORS' MESSAGE



Dear friends,

The third and last issue of KJO will be published by the end of November 2023. I want to remind our members that it is available in our bookcase in the e-book flip format.

The KJO is for the members of KSOS first and then for the people outside our society. I'm glad that young ophthalmologists from Kerala are utilising it to sharpen their scientific writing skills. However, I would encourage all our members to contribute to the journal and enhance its prestige. I also request all of you to participate in the KJO session at Drishti 2023 at Thrissur and make it a big success.

Dr. Smita Narayanan

WEBSITE EDITOR'S MESSAGE



Dear Members,

The member registration is going on smoothly. Post graduate students are registered as temporary members and once they upload the PG certificate, they are made permanent members. Both the payment gateway is running smoothly and been upgraded to the latest version. Scientific programme submission has been smooth and completed on time. Drishti registration is going on well. Last Drishti photos have been uploaded. This time the web team have given a single point of contact. she is quick in responding to our issues. Over all the web site running smoothly.

Jai KSOS

Dr A.Rohan

Summary of the last executive committee meeting held on 17th September at Sterling resorts, Alappuzha

- Advance to Le Meridian Rs 1 lakh was paid for the next conference in 2024
- All district clubs to take GST in 2 years, KSOS will support district clubs by allowing the finances to be routed through KSOS accounts to do conferences only till Drishti 2025. Three clubs have routed the conference financing through KSOS accounts this year. Kollam for Rs75000, Idukki Malanad for Rs 20000 and COC for Rs 21000
- For Cultural program- Rs 25000 to be given by the LOC to each zone.
- Funds for scientific committee chairman is 2.5 lakhs this year and proposed to increase to 5 lakhs pending sanction by the annual general body
- Scientific program for drishti 2023 is ready
- KSOS Oration to Dr Arup Chakrabarti
- Heroes in Ophthalmology Dr BK Jain and Dr Mahipal Sachdev
- PG Gold medal exam on Nov 5th at Amrita Hospital
- PG quiz will be conducted by Dr Prashobh
- General Quiz by Dr Natasha
- TOT by Dr Merine Paul
- Paramedical course to Jubilee previous week of the conference
- Website smoother as Numerotech is more professional and friendly than previous vendor
- Executive committee decided not to take finances from the trade vendors to provide registration or accommodation to the delegates.
- Drishti preparations in full swing
- KSOS decided to participate in Collectors program at Thrissur which will give good media coverage by giving Rs 2 lakhs
- Dr KV Babu to be honoured for the yeoman work he is doing
- Dr CK Revi and Dr CV Radha Devi to receive the Lifetime achievement award
- Lifetime achievement award not to be named after any person
- Nominations for election on, Dr Saju Joseph is the chief election officer
- Decided not to name the halls after any person
- LDP planned on October 29-29
- Rs 25000 sanctioned to Idukki Malanad Ophthalmic society for doing a paramedic program

continued from page 1...



In spite of the crowd, she remembers how friendly one used to be with the patients and is uncomfortable with the thought of losing the human touch, when we are always after the machines, the monitors and gadgets, in this era of digitalisation.

She treasures her commitment to community ophthalmology through the mobile unit which she headed for 3 years. Camps used to be undertaken in schools where formal cleaning and fumigation was done a week earlier by the staff who stayed in the premises and operations were done under torch light illumination. A duty doctor would stay there during the postoperative period to take care of the patients for almost a week. She recalls that there have been no case of endophthalmitis postoperatively among those patients.

She ventured into updating newer techniques of cataract and IOL surgery by attending workshops at the All India Institute of medical sciences in New Delhi and recollects workshops conducted in Calicut by Dr Dhananjayan in the late eighties.

After retiring from the Medical College she was the consultant surgeon in the Co-operative Hospital, Iqraa and MIMS. She engaged herself with seeing patients at her residence too. Because of her simplicity she built an instant rapport not only with colleagues but also with staff and patients.

Madam attributes all her success to her family, especially her husband, Dr Karthikeya Varma, who is the present chairman of Comtrust Eye Hospital. He was interested in the physics and optics of ophthalmology from early days and even now is interested in researching into possibilities of preventing cataract formation and stem cell research. They have two children. Their daughter is in Netherlands working as a consultant in ecology and environmental sciences with regard



With Audrey Hepburn



to migration of birds. Her husband is a consultant engineer in quality health care. Their son, is an engineer settled with family in the US. She has 4 grandchildren, the eldest, after finishing MBBS in JIPMER, is doing a research project in gastroenterology in the Mayo Clinic in USA. Second grandson is doing PhD in New York. The third grand daughter has done B Arch and the youngest is in 11th standard.

She thinks the technical revolution in ophthalmology is in a way a blessing to the New Gen PGs who she thinks make good use of contemporary technology. Modern day webinars, awareness programmes through camps and walkathons are really useful in conditions like glaucoma, diabetic retinopathy and other blinding diseases where early management is essential.

At 78, Dr Indira Varma is content with treating the occasional patient, giving advice to young doctors, catching up on her reading and traveling abroad which are her passions and looking after her family.





Drishti 1992 organizing committee



The Report of Activities of Trivandrum Ophthalmic Club: June - September 2023

The TOC had a meet on 30th June about advances in IOL. The faculty were Dr. Sony George from Cochin and our own Drs. Swapna Nair and Ashish Kuruvilla. This was also a well appreciated session.
In July in 26th we had a meeting where Dr. Thomas George gave a talk on Diagnosis, Management and Patient communication in Glaucoma. This was followed by our Annual General body meeting. Dr Suseela B Nair stepped down from the post of President TOC after a glorious year in office that was appreciated by all in the TOC. Dr. J Antony was installed as the President , TOC for the year 2023-2024. Dr. Minu Mathen was elected as the Vice president for the same term as well. The new Office bearers took office in the meeting itself.
On 21st August we had a discussion on Dry eye led by Dr. Aparna SB. This was followed by a GB in which the accounts of the previous year was discussed and passed.
On 29th September we had a meeting where we discussed Keratoconus and newer development in refractive cataract surgery. The discussion was led by Dr. Anand D from Coimbatore. This was followed by a GB where we selected Dr. Ambika Shetty as our next KSOS executive committee representative for the next term.



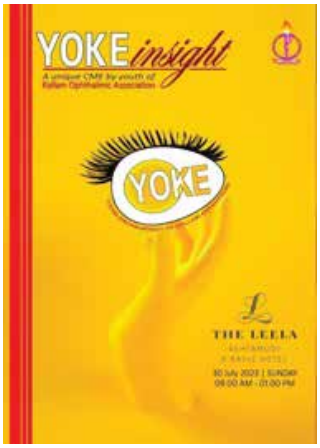




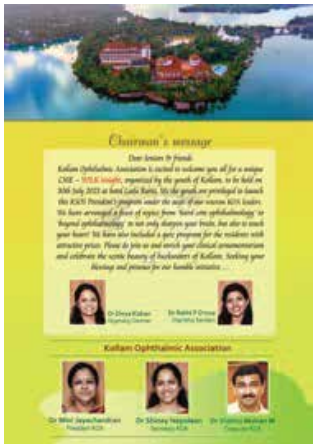
Kollam Ophthalmic Association Report July - September 2023

July

Kollam ophthalmic association got a special privilege in the month of July to begin a new concept of CME duly planned, organised and participated by young ophthalmologists. The concept was given by Dr S J Saikumar, KSOS President and sir mentioned about this presidential program during his visit to Kollam ophthalmic association.
The CME was named as Yolk Insight by Dr Rajiv Sukumaran. He selected the theme colour and designed the logo.
Yolk insight was conducted on 30 July 2023 at hotel LEELA ASHTAMUDI Kollam under the aegis of KSOS. The organising chairman was Dr Divya Kishan and organising secretary was Dr Rakhi P D'Cruz. The guest of honor was Dr S J Saikumar KSOS president.
The programme was inaugurated by Dr Divya S Iyer IAS district collector Pathanamthitta 8 to 8.30 am Registration started which was complimentary.
8.30 to 9 am Conducted quiz preliminary. 23 teams participated in the preliminary round. Four teams were selected for final rounds. RIO TVM, Sree Gokulam Medical College, Karakkonam Medical College and Kottayam Medical College.







Programme schedule of Yolk Insight.







9 am to 9.40 am Topic "Maximizing residency outcome"

Chairperson: Dr V Sahasranamam

Co Chairman Dr Smita Narayanan

Moderator Dr Dhanya R S

1. Solving exams-tips to face exams fearlessly . Speaker Dr Rakhi P D cruz
2. Online resources for residents. Speaker Dr John Davis Akkara
3. Road to FRCS / FICO – tips and challenges. Speaker Dr Chaithanya Warrier
4. Insight in to subspecialty fellowships after PG. Speaker Dr Jophy Philips Cherry

9.40 am to 10.20 am Cataract pearls

Chairperson Dr Jayaprasad B

Co Chairman Dr Minu M Mathen and Dr Anoop Bahuleyan

Moderator Dr Shruti R

1. Biometry-do it right!. Speaker Dr Sanitha Sathyan
2. Dealing with PCRs and pearls for anterior vitrectomy. Speaker Dr Rohit Georgy Mathew
3. Tackling the transition – SICS to Phaco. Speaker Dr Greeshma M G
4. Phaco in complicated cases . Speaker Dr Vanashree Nair

10:25 - 10:55 am - Inauguration

Inauguration started with a prayer song by Dr Anjana Nair. Dr Divya Kishan organising chairman gave a warm welcome to all. Dr Mini Jayachandran KOA president gave presidential address. Madam mentioned about our activities, about Yolk Insight and expressed her gratitude for the presence of Dr S J Saikumar and Dr Divya s Iyer.





This was followed by presidential address by KSOS president Dr S J Saikumar. He congratulated Kollam ophthalmic association and youngsters for conducting the presidential programs.

After the presidential address the program was inaugurated by Dr Divya S Iyer IAS, Collector Pathanamthitta by lighting the lamp. After lamp lightning Dr Divya S Iyer gave the inaugural address. In that madam mentioned about her experience with a blind person during her training period of IAS. By that incident madam came to know the importance of having vision.

Dr Shiney Nepolean, secretary KOA gave felicitation. Inaugural function came to an end by vote of thanks by Dr Rakhi P D'Cruz the organising secretary.

A cake cutting was there which was in the shape of logo as it was the beginning









11.00 to 11.45 am
Beyond Ophthalmology
Chairperson Dr Merine Paul
Co Chairman Dr Lathika Vasudevan
Moderator Dr Anitha Unni
1. Finding the right balance between personal and professional life. Speaker Dr Swetha K
2. Pursuing passion with profession. Speaker Dr Arya A R
3. Invest in yourself: Fitness for a busy ophthalmologist. Speaker Dr Ambika Shetty
4. Be a pro at surgical video editing. Speaker Dr Prithvi Chandrakanth













11.45 to 12.25 pm
Quiz final started after the third session.
Dr Anjana Nair S was the quiz master. Dr Jubaira and Dr Lekshmisree were in the quiz team. First prize Rs .10000 won by RIO, TVM. Team members Dr Sahala and Dr Devika. Second prize Rs 5000 won by Govt Medical College Kottayam. Team members Dr Devu and Dr Aswathy. Third prize Rs 3000 won by Karakkonam Medical College. Team members Dr Arya and Dr Dimple. Dr Jayaprasad V our senior member gave prize money and certificates to the teams.

The CME was a great success with big participation of ophthalmologists from all parts of Kerala and also outside the state. Around 192 deligates participated in the CME. Everyone enjoyed the ambience of Leela ashtamudi the venue on the shore of ashtamudi Lake along with delicious food and hospitality.

12.30 to 1.20 pm – Clinical potpourri
Chairperson Dr K Mahadevan
Co Chairman Dr Biju John C
Moderator Dr Edwin James
1. Walk in patient with DME. Speaker Dr Shishir Varghese.
2. Basic squint examination demystified. Speaker Dr Samyukta Sadasivan K
3. Dry eye management – newer perspective. Speaker Dr Sugaranjini G





4. Tiresome tears. Speaker Dr Anju V Chandran
5. Basic work up of a glaucoma suspect. Speaker Dr Kiran Gopalakrishnan
In between each session quiz for audience were there with exciting prizes.
After each session mementos were given to the speakers
First session by Dr P Remesan

Second session by Dr Rajiv Sukumaran
Third session by Dr Mini Jayachandran
4th session by Dr Venugopal
The CME gave confidence to new generation and it was unique in the sense, since it gave new opportunity for young ophthalmologist for showcasing their talents and building up leadership quality.









AUGUST

21 Aug 23

Conducted an executive committee meeting. Discussed about Ashtamudi Ophthalmica and Onam celebration.

25 Aug 23











KOA conducted CME series 5 along with Onam celebration. Topic was "Headaches in Headache" at the Quilon beach hotel by Dr Ranjit Sanu Watson, Neurologist and HOD medicine department, Govt Medical College Idukki. The Guest was introduced by Dr Anish Madhavan. The presentation was very useful as headache is the common problem in Ophthalmology OP.
The talk was excellent and was very useful for our clinical practice. A memento was presented to Dr Ranjit by Dr Jaya Prasad. This was followed by General Body .After the General Body a small Onam celebration was there. Pookalam was made by Dr Anjana, Dr Arya and PGS of Amardeep. Dr P Remesan our senior member gave a beautiful onam message. This was followed by a poem recited by doctor Naesa penned by herself.
A beautiful song was sung by Dr Anjana followed by another song by President Dr Mini Jayachandran. Next was a thiruvathira by our beautiful youngsters. This was followed by a group dance by seniors. Dance was choreographed by Dr Rakhi P D'Cruz. Musical chair was there. First prize won by Dr Bindu Ernest. Second prize by Dr Rekha. Onam celebrations came to end by a group song by our members. Everyone enjoyed the show which was followed by tasty Sadhya.

SEPTEMBER

Eye donation fortnight

2 Sept 2023. Dr Uma Mohandas gave an awareness talk related to eye donation in IMA .The talk was very informative. Dr Naesa recited a poem related to eye donation. .8/9/23 -A live phone in program was there in radio benziger from 3 30 pm to 4:30 p.m. The program was excellent. Around 15 persons called.







8 Sep 2023 A live phone in program was there in Ente radio 91.2 from10:00 a.m. Around 20 people called and cleared their doubts.

13 Sep 23 An executive committee meeting was there. Discussed about ASHTAMUDI OPHTHALMICA - the venue, scientific sessions and program details.





15 Sep 23- KOA conducted CME series 6 along with general body. Topic was PRESBIOPIA CORRECTING IOL AND IT'S ADVANCEMENT. Speaker was Dr Sandhya .N senior consultant cataract surgeon, Giridhar Eye Institute Cochin. It was on 15/9/23 at Hotel Quilon beach. The speaker was introduced by Dr Ashwani. Madam beautifully mentioned about the type of multifocal iOl's, its optics, selection of patients and its outcome. This was followed by good clinical discussion. A memento was presented to Dr Sandhya by Dr Mini S. This was followed by general body.



20 Sep 23 An executive committee meeting was there in which we discussed about Ashtamudi Ophthalmica.

Membership Drive

4 new members joined KOA Dr Ansumi, Dr Haripriya, Dr Meenu and Dr Neena S

30 Sep 23 – Conducted an interview with Dr P Ramesan, past KOA president. Dr Mini Jayachandran KOA president and Dr Shiney Nepolean KOA Secretary took the interview of Dr P Ramesan at his residence at Kollam. This was for KSOS newsletter.

Ophthalmic Society of Pathanamthitta Report: July - September 2023

Annual CME- 20/8/23



Nethram'23

- Well attended by around 70 delegates and 30 PGs
- We had 15 faculty who are well known national level speakers delivering excellent talks under the following topics
- Paediatric Ophthalmology, Glaucoma, Cataract and Retina.
- The talks were followed Pg quiz
- A GB meeting towards end of CME was conducted and decided to change our KSOS representative from Dr Sanjana P to Dr Sabitha as Dr Sanjana is leaving Pathanamthitta for good. Later, official mail was send to KSOS President & secretary







- Nethram PG quiz
- Preliminary quiz was conducted for 12 teams from different medical colleges
- 5 teams were selected for main quiz





Nethram'23 PG quiz



Eye Donation Fortnight





1.Amita Eye Hospital

Amita Eye Hopsital Optometrists made a short film named "Mizhi" on Eye donation for which they won the best video award in the Optometry Conference held at Amrita



2. Chaithanya Eye Hopsital

- Organized a week long program that included a
- Walkathon for Eye donation awareness
- Alappuzha beach side, Conducted free Camp



3. Pushpagiri Medical College

- Eyedonation fortnight Felicitation programme conducted at Pushpagiri Medical college .
- Donor families were presented with certificates as a token of appreciation for their selfless contribution to the society.













Kottayam Ophthalmic Society Activity Reports: July - September 2023

92nd KOS General body and Academic meeting was held on August 22, 2023. Dr Sony George, Regional Head, Dr Agarwals Eye hospital delivered Keynote on Hidden Epidemic of Dry Eye and its Management.

Eye Donation Fortnight Activity report of Kottayam Opthamic Society.

Eye donation awareness programme and Camp at Nalukody as a part of eye donation fortnight programme by Government Medical College Kottayam.

Eye donation fortnight program at allapuzha Beach by Chaithanya Eye Hospital Kottayam.

Eye donation fortnight program by Kottayam District Hospital mobile eye unit was held at Njeezhoor CHC, Inaugurated by DMO, awareness class was taken by Deputy DMO.

Eye donation awareness programme by New Vision Eye Hospital at Parishhall of CSI church and at public library at Mundakayam.













Report of Alappuzha Ophthalmic Club June – September 2023

On August 26, Onam celebrations were held with great vigor at Dept. of Ophthalmology Government TDMC, Alappuzha. Various games and cultural programmes were organized by the members followed by Sadya.

As part of Eye Donation fortnight, on September 1st awareness classes were conducted at TDMC. The program was inaugurated by Dr.Abdul Salam, Superintendent, Govt TDMC, Alappuzha and Eye donation awareness speech was delivered by Mr.Sunilal, Eye donation counsellor . In conjunction with IMA Alappuzha, AOC also held an awareness session on Eye donation for IMA members of Alappuzha district. Dr.Manoj Venugopal , Additional professor of TDMC spoke on the myths on eye donation. Various queries of the members were also addressed at this time.

AOC members also participated in the KSOS family get-together held at Hotel Lake Palace Resort, Alappuzha on September 17-19. Even though with a small group of participants in the get together, it was an opportunity to close knit among the members. The boat trip was also memorable.

A guest lecture was given by Dr. Jyoti Prakash Vyas, Consultant Vitreoretinal surgeon of Giridhar Eye Institute for the residents of Government TDMC, Alappuzha on the topic OCT- basics on the 24th of September 2023.

Monthly meeting of its kind was held at Hotel Royal Park, Alappuzha on October 8th. Dr.S.J. Saikumar, President KSOS graced the meeting and inaugurated. He expressed his views and methods to upgrade the activities of AOC. Dr. Marian Pauly spoke on the topics approach to chronic conjunctivitis & socket reconstruction. Few case presentations by ophthalmology residents of Government TDMC were also there






AUDITORIUM
INDIAN MEDICAL ASSOCIATION
ALAPPUZHA
CHRONIC CONJUNCTIVITIS :
UNVEILING THE MYSTERY

Cochin Ophthalmic Club
Monthly Report: July 2023

1. Monthly Meeting







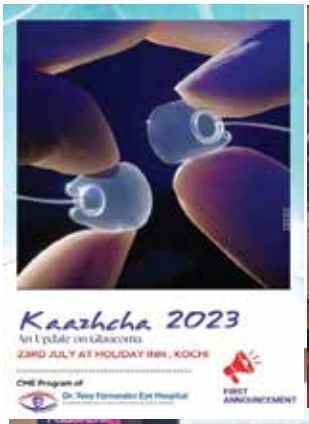




Monthly meeting started with a scientific session by Dr Sanjana P , consultant in cornea and refractive services , Chaitanya Eye Hospital, Thiruvalla. She spoke on 'Microbial Keratitis'. The talk was extensive and she covered all aspects of microbial keratitis from history to surgical management of complications. The session was moderated by Dr Thomas Kuriakose and Dr Vinay S Pillai. Very active discussion followed. The whole session was informative and lively.

The second session was "Soft Skills for Doctors ", by Dr G N Ramesh, consultant gastroenterologist at Aster Medicity, Kochi. He stressed the need for informed consent in all procedures be it major or minor. He emphasized that communication skills are to be developed by all young doctors, since the lack of it leads to litigations and attacks on doctors. Dr R R Varma chaired the session. Lively discussion followed. The session was well appreciated by all members .

2. KAAZHCHA



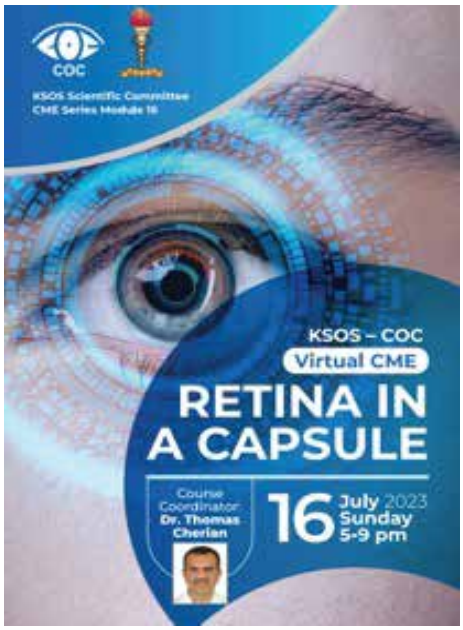






3. KSOS COC VIRTUAL CME "RETINA IN A CAPSULE "

A virtual CME covering specific topics in retina such as imaging, medical and surgical retina and uveitis" RETINA IN A CAPSULE " was conducted by on July 16 th eve. The programme was coordinated by Dr Thomas Cherian.



4. DOCTORS DAY

Felicitating the senior doctors who were honored by IMA Madhyakerala during Doctors day celebrations our own Dr EJ Mani, Dr Valsa koshy,husband of Valsa Dr. Koshy Epen(cardiologist), Dr. Joseph K Joseph(Nephrologist) husband of Dr Elizabeth Joseph.





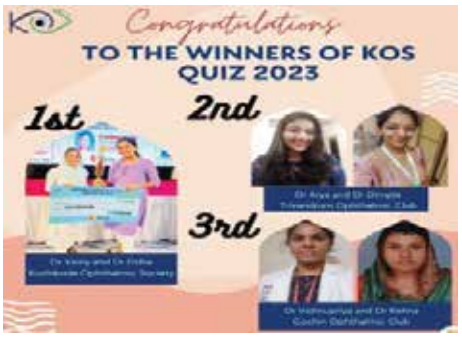
Dr NSD RAJU BEING FELICITATED BY KOCHI IMA

5. COC PARTICIPATION IN TACO MID YEAR MEET



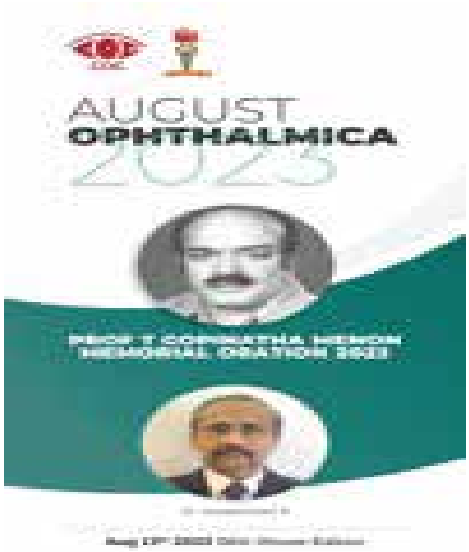


6. KOS QUIZ 2023 AND COC



Monthly Report August 2023

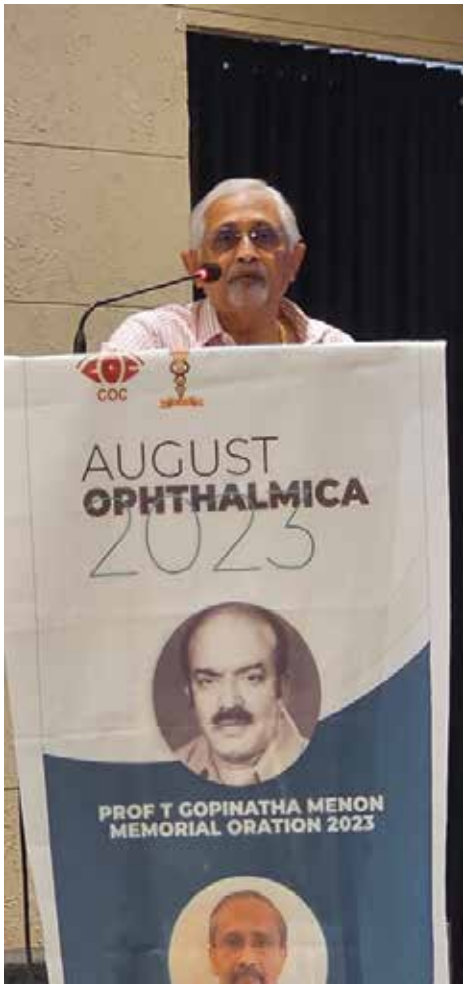
1.AUGUST OPHTHALMICA





This year AUGUST OPHTHALMICA was conducted on Aug 13 th. The conference was an academic celebration in itself with the first session on certain interesting case scenarios of systemic diseases which presented first to to an ophthalmologist. Consultants from various departments from

multispeciality hospitals participated in the lively and informative discussions. Dr Gopal S Pillai moderated the session which is chaired by Dr Sanitha Satyan, Dr Sandya Rao and Dr KP Mathew.



Dr Augustine Mampilly speaking on COC BLINDNESS ENDOWMENT FUND.



Dr R R Varma speaking in remembrance of Prof T Gopinatha Menon.



Smart phones were distributed to 8 blind children of Keezhmad blind school as a part of Blindness Endowment Programme.



Dr Jayaprasad B receiving the Oration.



Dr Jayaprasad delivering his oration.



The second session was on Medicolegal aspects in ophthalmology. The session was moderated by Dr Ashok Natarajan.







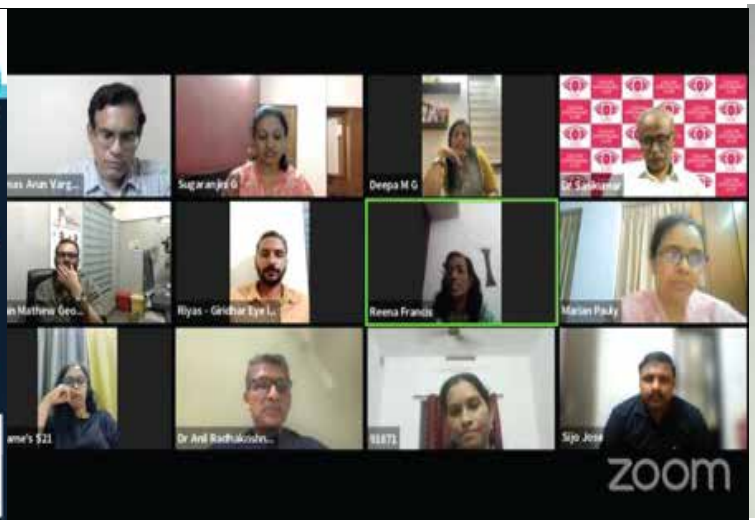


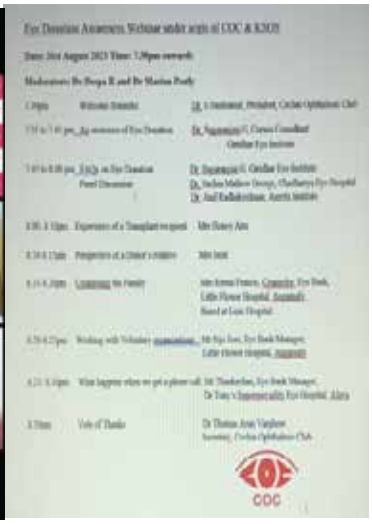
Session 3 was an OSCE for PGs conducted by Dr Thomas Kuriakose.

Prize Winners in August Ophthalmica OSCE : 1. Dr Christie Sarah Mathew, Giridhar Eye Institute 2. Vrinda Viswanath, Giridhar Eye Institute 3. Shireen Hassan, Dr Tony's Superspeciality Eye Hospital

2. EYEDONATION FORTNITE ACTIVITIES: A virtual meeting on FAQs regarding eye donation was conducted on Aug 31st.







3.AWARDS



Dr A Giridhar awarded the B Patnaik Oration.



Dr Shireen and Dr Femitha from Dr Tony Fernandes eye hospital won 3rd prize in the PG quiz competition conducted at Pushpagiri medical college

Monthly Report September

1.EYE DONATION FORTNITE ACTIVITIES... CONTD FROM AUGUST

AMRITA INSTITUTE OF MEDICAL SCIENCES

Amrita Institute of Medical Sciences, Kochi hosted 4 programs yesterday in connection with the ' Eye donation fortnight' under the banner of 'Nayanamritam'.

(1)Ophthalmology CME and phaco wetlab - was done at Amriteswari Hall. The sessions were on Cataract blindness, Corneal blindness and Eye donation and Retinal Blindness. Hon. Justice, High court of Kerala, Devan Ramachandran in his inaugural speech mentioned that insight is more important then sight itself and many people with sight don't have insight. They care only about themselves and unless as a society we develop insight and empathy towards visually challenged, we remain uncivilized. Dr.T.A.Alexander and Mr. Ramkumar, an eye donation counsellor were honored during the function.

[2]ALOKA 2023 - a CME for optometrists, attended by about 300 optoms was inaugurated by Dr. Sasikumar, our COC secretary. The optometry quiz was won by the home team. Live stations for Corneal topography, Cirrus OCT and FFA was also present. The best film of the mobile based video film festival on eye donation was won by the Eye and Laser microvision centre Thiruvalla followed by the Reyhan centre for optometry Thriprayar.

(3) Low vision program - for visually challenged, again was well received. The program started with lamp lighting by Dr. T.A. Alexander. Ms. Tiffany Brar, founder of Jyothirgamaya - a mobile school for blind, Mr. Haroon Kareem, a Harward educated blind person and CEO of Global Foundation for Accessibility, T.K, Ambujakshan, former president National Federation of Blind, Mr. Raju George, Kerala Federation of Blind and Mr. Kasimani, former trainer at National Institute for Empowerment of People with Visual Disabilities, spoke on the occasion. The experience of blind entrepreneurs brought cheer and hope to the minds of blind kids.

(4) Screening of short film made by Sakshama on eye donation, "Mayatha marivillu" was done, which brought tears to the eyes of delegates.





ദേശീയ നേത്രദാന പക്ഷാചരണത്തിന്റെ ഭാഗമായി അമൃത ആശുപത്രിയിൽ സംഘടിപ്പിച്ച നയനാമൃതം പരിപാടിയുടെ ഉദ്ഘാടനത്തിന് സുപ്രീം കോടതി ജസ്റ്റിസ് ദേവൻ രാമചന്ദ്രൻ ദീപം തെളിയിക്കുന്നു. സമീപം സാമൂഹ്യപ്രവർത്തക കഫീലാ ബീവി

സമൂഹത്തെ കാണാൻ ഉൾക്കാഴ്ച വേണം: ജസ്റ്റിസ് ദേവൻ രാമചന്ദ്രൻ

കൊച്ചി • കാഴ്ച മാത്രമുള്ളതു കൊണ്ടു സമൂഹത്തിൽ നടക്കുന്നതെല്ലാം കാണാൻ സാധിക്കില്ലെന്നും അതിന് ഉൾക്കാഴ്ച കൂടി വേണമെന്നും സുപ്രീം കോടതി ജഡ്ജി ജസ്റ്റിസ് ദേവൻ രാമചന്ദ്രൻ പറഞ്ഞു.

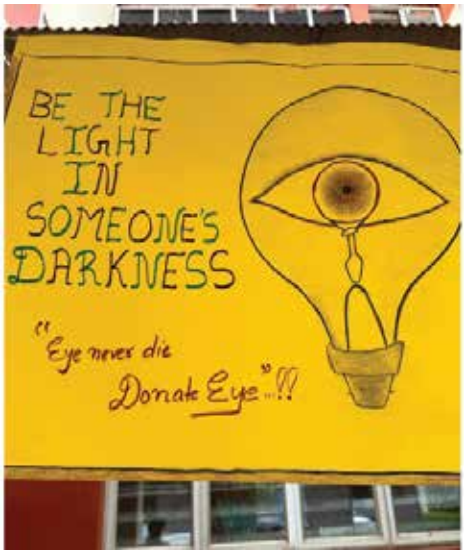
ദേശീയ നേത്രദാന പക്ഷാചരണത്തിന്റെ ഭാഗമായി അമൃത ആശുപത്രിയിൽ ഐതാരിയോളജി വിഭാഗത്തിന്റെയും മിന്നശേഷിയുള്ളവരുടെ സംഘടനയായ സക്ഷമയുടെയും നേതൃത്വത്തിൽ നടത്തിയ 'നയനാമൃതം' പരിപാടി ഉദ്ഘാടനം ചെയ്യുകയായിരുന്നു അദ്ദേഹം.

അമൃത ആശുപത്രി ഗ്രൂപ്പ് മെഡിക്കൽ സയന്റിഫിക് ഡയറക്ടർ ഡോ. പ്രേം നായർ അധ്യക്ഷത വഹിച്ചു. ഐതാരിയോളജി വിഭാഗം മേധാവി ഡോ. ഗോപാൽ എസ്. പിള്ള, കേരള സൊസൈറ്റി ഓഫ് ഐതാരിയിക് സർജൻസ് (കെഎസ്എസ്) പ്രസിഡന്റ് ഡോ. എസ്.ജെ. സാജികുമാർ, ഡോ. അനിൽ രാധാകൃഷ്ണൻ, ഡോ. മനോജ് പ്രതാപൻ, സക്ഷമ ദേശീയ വൈസ് പ്രസിഡന്റ് ഡോ. ആശ ഗോപാലകൃഷ്ണൻ എന്നിവർ പ്രസംഗിച്ചു. കാഴ്ച പരിമിതിയുള്ളവരുടെ ക്ഷേമത്തിനായി പ്രവർത്തിച്ച ഡോ. ടി.എ. അലക്സാണ്ടർ, എം. രാമകുമാർ എന്നിവരെ ആദരിച്ചു.



GOVT MEDICAL COLLEGE, ERNAKULAM.

Eye Donation Fortnight at GMCE - held awareness class, distributed pamphlets with FAQ s on eye donation and phone numbers of all neighboring eye banks, had a role play and ended with an eye donation dance.





LISIE HOSPITAL

Eye donation fortnight 2023 celebration at Lisie hospital. Poster competition, awareness talks and a mime was held to raise the public awareness.









Eye donation fortnight valedictory function in association with IMA Madhya Kerala branch

GIRIDHAR EYE INSTITUTE







An awareness programme was conducted on 3rd Sept 2023, in coordination with Navadarsan Auxiliary Group at Karimugal .







Donor families were appreciated for their donations.

In collaboration with sakshama we remembered and appreciated donor's families at Thrippunithura. And also an awareness rally was conducted regarding eye donation throughout Ernakulam district.









1 - 1 counselling for all patients regarding eye donation by SSO students.





Swarnam Eye Bank conducted a quiz competition for the patients and bystanders of the Giridhar eye institute.

Created video awareness related to the importance of eyedonation for the public.

LF HOSPITAL ANGAMALY

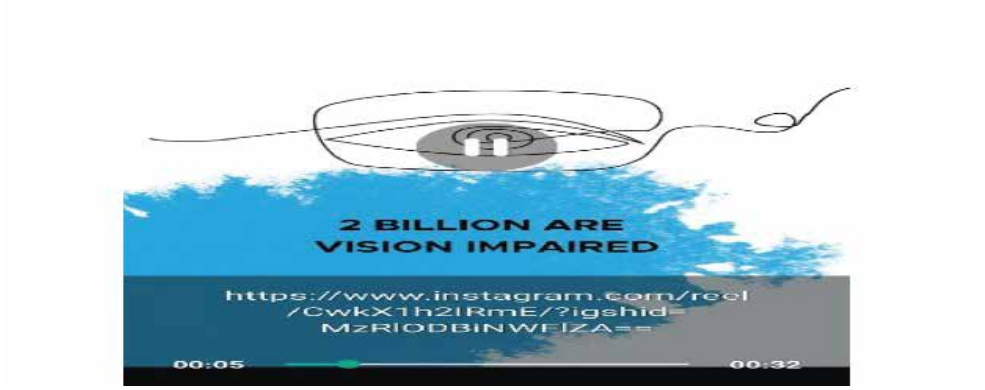




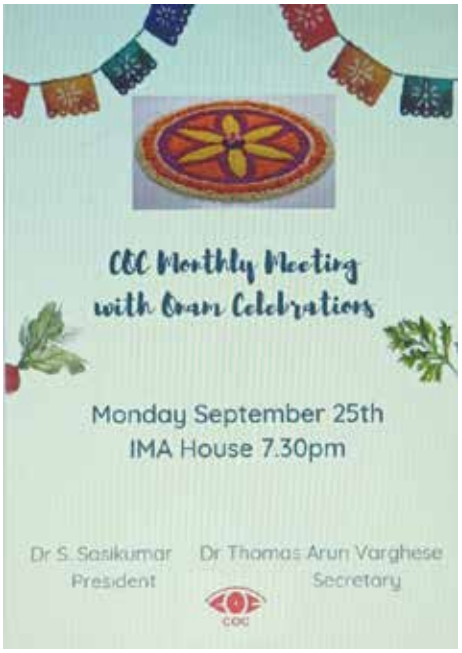








2.COC MONTHLY MEETING WITH ONAM CELEBRATION











COC monthly meet was combined by onam celebrations conducted on september 25th at IMA house. A variety of cultural events from Thiruvathira, onam songs, vanchipaattu to pulikali and a sumptuous sadya marked the occasion.



3.Awards and Presentations

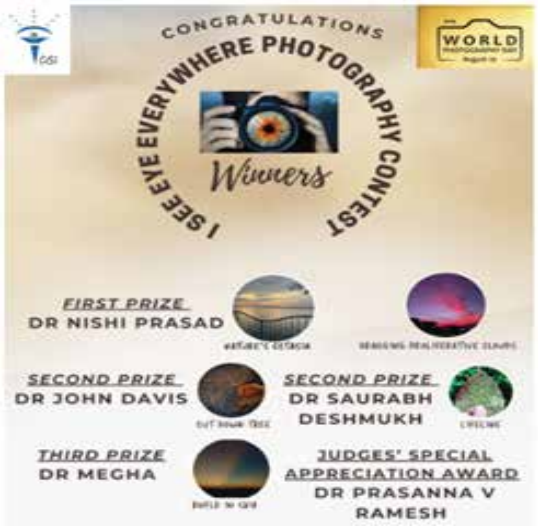




Dr S J SAIKUMAR received the TACO ORATION award



Dr NEENA R presenting at POSN BARODA.



YOSI I See Eye Everywhere Photography Contest. Second prize bagged by Dr John Davis Akkara.

Report of Idukki Malanad Ophthalmic Club: July To September 2023

Monthly CME meeting and visit of KSOS president

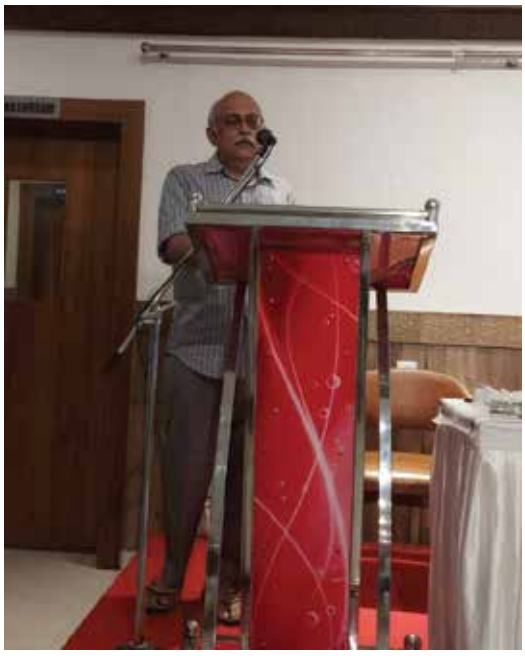
Monthly CME meeting was conducted on 19th July. Dr Saikumar President KSOS visited Idukki Malanadu Ophthalmic club on that day. The KSOS president appreciated the academic and organizational activities of IMOC. He also stressed on the need for more KSOS members coming into the forefront of leadership in KSOS.

Dr Mahesh G was the guest speaker of the evening. He talked on the novel topic "Basics of Medical Law for Clinical Practice". The talk was very relevant and highlighted some very core issues



NATIONAL EYE DONATION FORTNIGHT ACTIVITIES OF IMOC AUGUST 25TH TO SEPTEMBER 8TH 2023

Idukki Malanad Ophthalmic Club and its members conducted National eye donation fortnight activities as part of KSOS- IMA initiative at different IMA branches. Dr V R Mani, President IMOC, planned and coordinated the different activities.







IMA THODUPUZHA

Eye donation fortnight was inaugurated

at IMA Thodupuzha on August 25th, Dr Sara Chirayath, Professor, Dept Of Ophthalmology, Al-Azhar medical college, Thodupuzha was the guest speaker. She spoke in detail about eye donation and the need to spread the message .50 IMA members and their families attended the meeting.

GENERAL HOSPITAL, ERNAKULAM

Eye donation fortnight was inaugurated at General Hospital Ernakulam, with the message to spread the awareness about eye donation to the general public. In an event led by Dr Liji Susan Thomas, families of eye donors were honoured, eye donation pledges were submitted and there was also an eye donation awareness rally.

IMA KOLENCHERRY

Eye donation awareness program conducted for doctors in collaboration with IMOC at the monthly meeting of IMA, Kolencherry branch on 30/8/2023 at Brookside Club, Kolencherry at 8pm.Nearly 20 members of the branch attended the awareness session was given by Dr Soman Mani, Retd. Professor MOSC Medical college Kolenchery which was well received by the audience. A Q and A session followed the talk.

IMA KOTHAMANGALAM

Eye donation fortnight activities were conducted at IMA Kothamangalam on 5th September. Dr Thomas Cherian, Treasurer of Eye Bank Association of Kerala and President-elect of KSOS was the guest speaker. About 40 IMA members and their families were present. He spoke on various aspects corneal transplantation and awareness.

Also, IMA Kothamangalam, in association with Rotary club of Kothamangalam conducted a FAQ session on eye donation, Dr V R Mani, President IMOC and chief consultant Ophthalmologist, St Joseph's Hospital Dharmagiri, Kothamangalam, led the session.



GOVERNMENT MEDICAL COLLEGE, IDUKKI – IMA KATTAPPANA

Idukki Medical College, DMO and IMA Kattapana observed the eye donation fortnight at Kattapana Taluk Hospital premises. The programme consisted of a class on Eye Donation by Dr Meera Mathew, GMCI, Eye Donation Pledge by Dr Sudha V, GMCI, street play by nursing students and poster competition among school students.









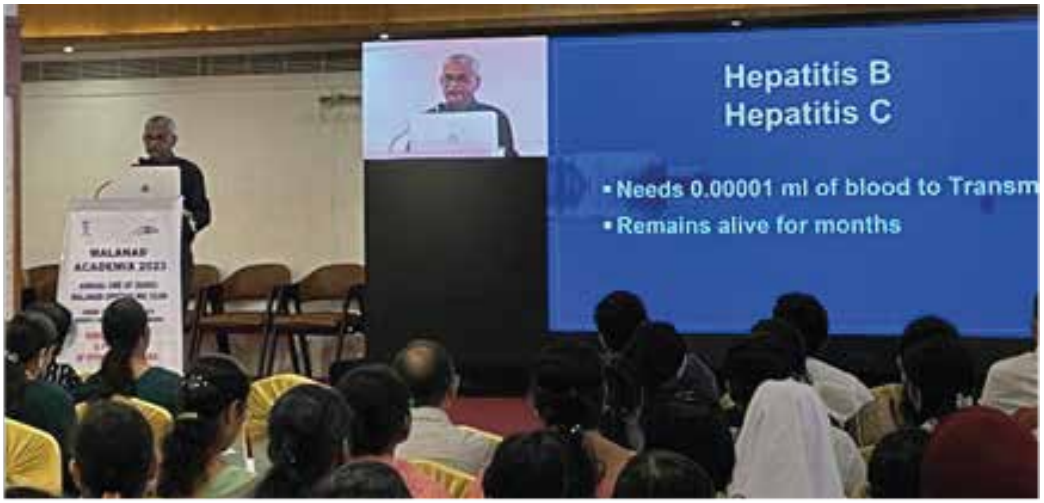
'MALANADU ACADEMIX -2023'

The first edition of the annual CME of Idukki Malanadu Ophthalmic Club under
the aegis of KSOS was conducted on September 24th 2023, at Hotel Kabani Palace Muvattupuzha. The CME was on the topic 'Surgical Asepsis and Principles of Sterile Techniques'.

The CME was inaugurated by Dr Thomas Cherian, incoming President of KSOS. Dr P I Mohan introduced the topic, Dr Rajeev Sukumaran presented on Safe injection practices, Dr Sasikumar S presented on Documentation and Ms. Betsy Sebastian presented on the Operation theatre protocols for NABH accreditation. There was a video interactive session on operation theatre protocols which was very well received and appreciated. A total of 187 delegated including doctors, paramedical staff and trade representatives attended the meeting and there was a very positive feedback from the attending paramedical staff.









General body meetings via zoom

Two IMOC meetings were conducted via zoom platform. The general body meeting conducted on July 9th 2023 unanimously decided to host Drishti 2024 at Hotel Le Meridien, Cochi. Organizing committee meeting of Malanadu academix-2023 was conducted on July 12th 2023.

TACO MONTHLY REPORT: JULY 2023

TACO jointly with KSOS conducted scientific committee cme series module 17 virtually on topic "Neurophilia Ophthalmica" was conducted on 23rd july 2023 sunday 5.00pm onwards.

TACO midyear meet was conducted under the aegis of ksos on topic "A PG update on Occuloplasty" at arya eye hospital Thrissur on July 30th 2023. Dr. Ani Sreedhar, Dr. Ann J K, Dr.Marian Pauly & Dr.Minudath K B were the speakers and Dr.Thomas Cherian was the chief guest.

July Camp Reports

Hospital	Place	Date	Patients	Surgeries	Glasses
Jmmc	Nadathara	18-7-23	170	6	34
I Vision	Chemmanur	2-7-23	103	26	8
I Vision	Paruvassery	9-7-23	111	49	19
I Vision	Kunnathupeedika	16-7-23	124	43	14
I Vision	Mukkatukara	23-7-23	97	44	10
I Vision	Varantharapilly	30-7-23	119	27	15
Amala Mc	Tirur	2-7-23	154	9	-
Amala Mc	Vellatennur	15-7-23	23	3	-
Amala Mc	Inhouse Camp	23-7-23	40	3	-
Trinity	15 Camps	July	-	101	-





























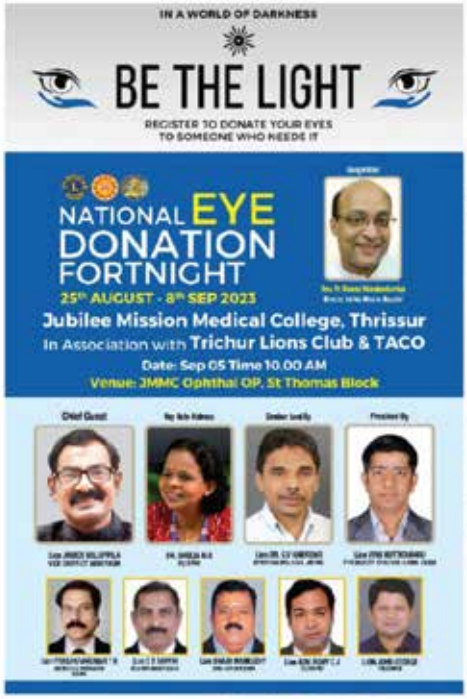
Eye Donation Fortnight Activities From Thrissur (TACO)

DISTRICT HOSPITAL THRISSUR





JUBILEE & AMALA MEDICAL COLLEGE TCR





Amala Eye donation fortnight 2023

THRISSUR MEDICAL COLLEGE











TACO- IMA AMS















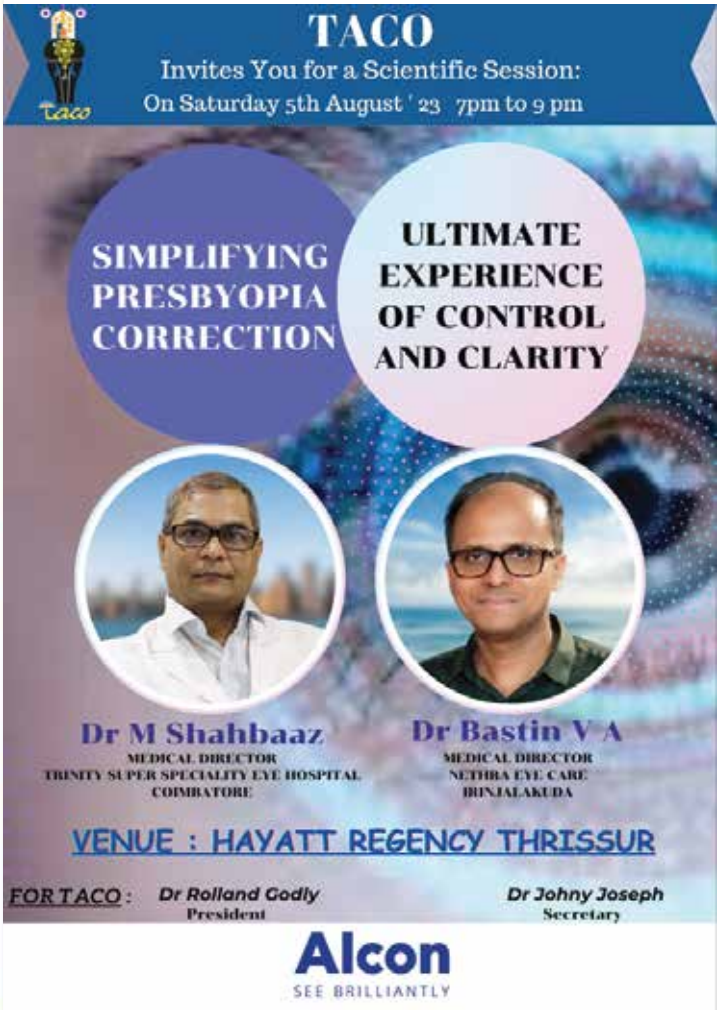
TACO Monthly Meeting: August 2023

TACO monthly academic programme was conducted at Hyatt hotels trichur on August 5th Saturday on topic "Simplifying Presbyopia Correction" by Dr.M.Shahbaaz (Trinity hospital Coimbatore) and Ultimate Experience of Control & Clarity" by Dr.Bastin V A (Netra eye care Irinjalakuda)

CAMPS HELD IN AUGUST 2023

Hospital	Place & Date	No:of Patients	Cataract Surgery	Glasses Prescribed
Jubilee MC	Nadathara 8th& 22nd	128	7	33
I Vision	6th Vallachira	127	22	35
I Vision	13th Kadapurram	109	4	30
I Vision	20th Olarikkara	115	18	26
Trinity	16 Camps	N/a	100	N/a
Amala MC	Chirakkal	70	N/a	N/a





TACO Monthly Reports September 2023

Tacopsia 2023 "An Update on Cornea" as conducted on 24th September at Hotel Elite International Thrissur. Tacopsia oration award was presented to Dr. S.J.Saikumar sir & AO life time achievement award was given to Dr. Thresika Uvaraj madam.

EYE CAMPS CONDUCTED IN SEPTEMBER 2023

Hospital	Place & Date	No:of Patients	Cataract Surgery	Glasses Prescribed
I VISION	NENMANIKKARA 10TH	83	11	20
I VISION	THALIKULAM 17TH	100	4	40
I VISION	PANAMCHERY 24TH	99	13	37
AMALA MCVADAKEKKAD CHC 30TH		105	9	30
TRINITY	18 CAMPS	-	67	-





Newsletter KOS October 2023

Despite the rains, Nipah, the usual 'flu attacks and speciality meetings among its members the Kozhikode Ophthalmic Society was able to conduct its programs over the last three months although a bit later than planned.

In July we conducted the prestigious Dr. M. Prabhakaran Memorial Oration which was delivered by none other than Dr. Sushmitha Kaushik, Professor and Glaucoma Specialist at PGIMER, Chandigarh. Her talk on "Imaging in Glaucoma" delivered succinctly was topical, effective and useful. We were fortunate to have our President Dr. S. J. Saikumar inaugurate the meeting.

Simultaneously and as is our custom we conducted the Statewide PG Quiz where our own members, Dr. Padma Prabhu and Dr. Ferzana Mohammed did a superb job as the quizmasters - a fact appreciated by one and all. The winners of a keenly fought contest were the Kozhikode Team with Trivandrum and Cochin in the second and third places















MID YEAR CME-CURRENT PRACTICE IN CORNEAL DISEASES









August was a busy as well as "sickly" month for many of our members, so the midyear CME and Dr. P. B. Menon Oration were pushed to September. This was another highly effective and much appreciated programme. Dr. Srinivas K Rao delivered the Oration on "Current Practice Patterns in Keratoconus and other ectatic disorders" in his inimitable style. All topics related to understanding corneal disease from basics to advanced were covered. We were fortunate to have the husband-and-wife team of Dr. Rammohan and Dr. Anitha Raghavan from Aravind Coimbatore to enlighten us on that ever relevant and changing field of infectious keratitis. The cornea grand rounds and workshop on Scleral contact lenses, topography and Lipiflow provided valuable to postgraduates and practitioners alike.

National eye donation awareness fortnight

We observed the eye donation awareness fortnight in August-September and world sight day in October.







Contributions by members in GSI national meet Pune

Our members presented posters at the GSI National Meet in Pune while Dr. Leila Mohan took an active part in developing Myopia Guidelines













Ophthalmic Society of Kannur: July 2023

The monthly meeting of the Ophthalmic Society of Kannur was held on 15/7/2023 at hotel Benale International..President Dr.Simi Manojkumar called the meeting to order and welcomed the gathering. Secretary Dr.Seema KM presented a report on the previous OSK meeting, CME conducted on Diabetes and the Eye in association with IMA Kannur on 18th june and on the academic achievements of OSK members..Dr.Saikumar SJ, Hon President, KSOS visited Kannur Ophthalmic Club and the academic session was led by him..After the Presidential address he presented a very interesting video session titled "Sticky Situations in Phacoemulsification".The session was quite informative to operating Surgeons as well as General Ophthalmologists.. This was followed by a discussion on the queries raised..The meeting was attended by 35 members.Dr.B V Bhat presented a memento to Dr.Saikumar. Following this Secretary Dr.Seema KM proposed the vote of thanks and the meeting was adjourned for dinner.



Ophthalmic Society of Kannur: August – October 2023

The monthly meeting of the Ophthalmic Society of Kannur for the month of August was held on 19/8/2023 at hotel Benale International. President Dr.Simi Manojkumar called the meeting to order and welcomed the gathering. Secretary Dr.Seema KM presented a report on the previous OSK meeting and it was approved . Dr.Akshaya Ashok introduced the speaker Dr.Reesha KR.

Following this we had a very interesting session on 'Uveitis'.Dr.Reesha KR, Consultant, Little Flower Hospital, Angamaly presented a very informative talk titled "Practical tips in the management of Uveitis ". She presented practical approach to various types of Uveitis in a very simple and lucid style and the presentation was well appreciated. We had a short discussion following that. Dr.Syed Hashim presented a memento to Dr.Reesha..The meeting was attended by 23 members . Sun Avesta launched their new product in the meeting with cake cutting by senior members . Following this Secretary Dr.Seema KM proposed the vote of thanks and the meeting was adjourned for dinner.

Eye donation fortnight was observed from 25th September to 8th August. Awareness classes were taken in IMA meetings – Dr.Sreeni Edakhlon Thalasserry IMA, Dr.Seema KM in Kannur IMA, Dr.Ramesh Hariharan in Iritty IMA, Dr.Anitha in Thaliparambu IMA, Dr.Remya in Payyannur IMA. Message was conveyed by Dr.Deepa in Koothuparambu IMA also.

OSK along with Comtrust Eye Hospital,Thalasserry conducted a free eye screening camp at Thanal Agathi Mandiram ,Edacherry on 20th August.

OSK along with Jyothis Eye Hospital organised a Blind School visit on 17 th September. We visited the Blind School at Mangad and screened 11 students there. We have supplied one spectacle

and a dome magnifier to 2 students after trial, the total cost of the devices came up to Rs 4650/

We had a family gettogether at Malabar Ocean Resort, Neeleswaram on 30th September and 1st October. 13 families participated in the event and we had a very lively get together under the leadership of our cultural committee leaders Dr.Sharmil, Dr.Ravi and Dr.Swetha.Even the spouses took active participation in all the events and it helped us to get to know each other and build up the camaraderie among OSK members..

The monthly meeting for the month of October was held on 13th October at hotel Benale. Dr.Simi welcomed the gathering. Dr.Seema presented the report on the activities of OSK in the previous month. Dr.Liji introduced the speaker for the day Dr.Ashok Nataraj. We had a wonderful talk on a slightly different topic this time titled "Medico legal aspects in Ophthalmology". He presented the topic in a very interesting manner and all of us enjoyed the talk on a topic about which many of us didn't have a clear idea. We had a short discussion after that and Dr.Vanaja presented a memento to Dr.Ashok. Sponsors Ansca division of Ajanta Pharmaceuticals launched their new product after that. The meeting was adjourned for dinner after that..

World Sight Day activities were organised by OSK in association with Ahalia Eye Hospital and Peekay Eye Hospital. Awareness classes were conducted by doctors, free eye screening camps were conducted, drawing competition for kids in 2 schools , flash mob in old bus stand were organised.







Kasaragod Ophthalmic Society Report

Executive meeting held on 9/10/2023 at IMA hall, Kasaragod

Executive meeting was held on 9/10/2023 at IMA hall , Kasaragod. President Dr Bharathan AV, Secretary Dr Rakesh, Dr Suresh Babu , Dr Ganesh Maiya attended the meeting. Detailed planning regarding the upcoming KSOS President s Visit was discussed.



KSOS PRESIDENT'S visit and CME WAS HELD ON 21/10/2023 AT HOTEL CITY TOWER , KASARAGOD

Meeting started with a prayer by our member Dr Sumathi .Welcome address was given by Kasaragod ophthalmic society president Dr Bharathan A.V. All the members introduced themselves The minutes of the last GB was read by Dr Rakesh,secretary and was passed.



Chief guest & President KSOS, Dr Saikumar was introduced by Dr Suresh Babu.



Dr Saikumar addressed the gathering.



Dr Saikumar S.J spoke on Femto cataract surgery.
Dr Ganesh Maiya moderated the session. 21 members attended the session. Dr Rakesh gave the vote of thanks.



Dr Saikumar and Mrs Girija was honoured by the Kasaragod ophthalmic society .





Senior members Dr Anantha Kamath, Dr Rahim
Dr Thresiamma Jose addressed the gathering.

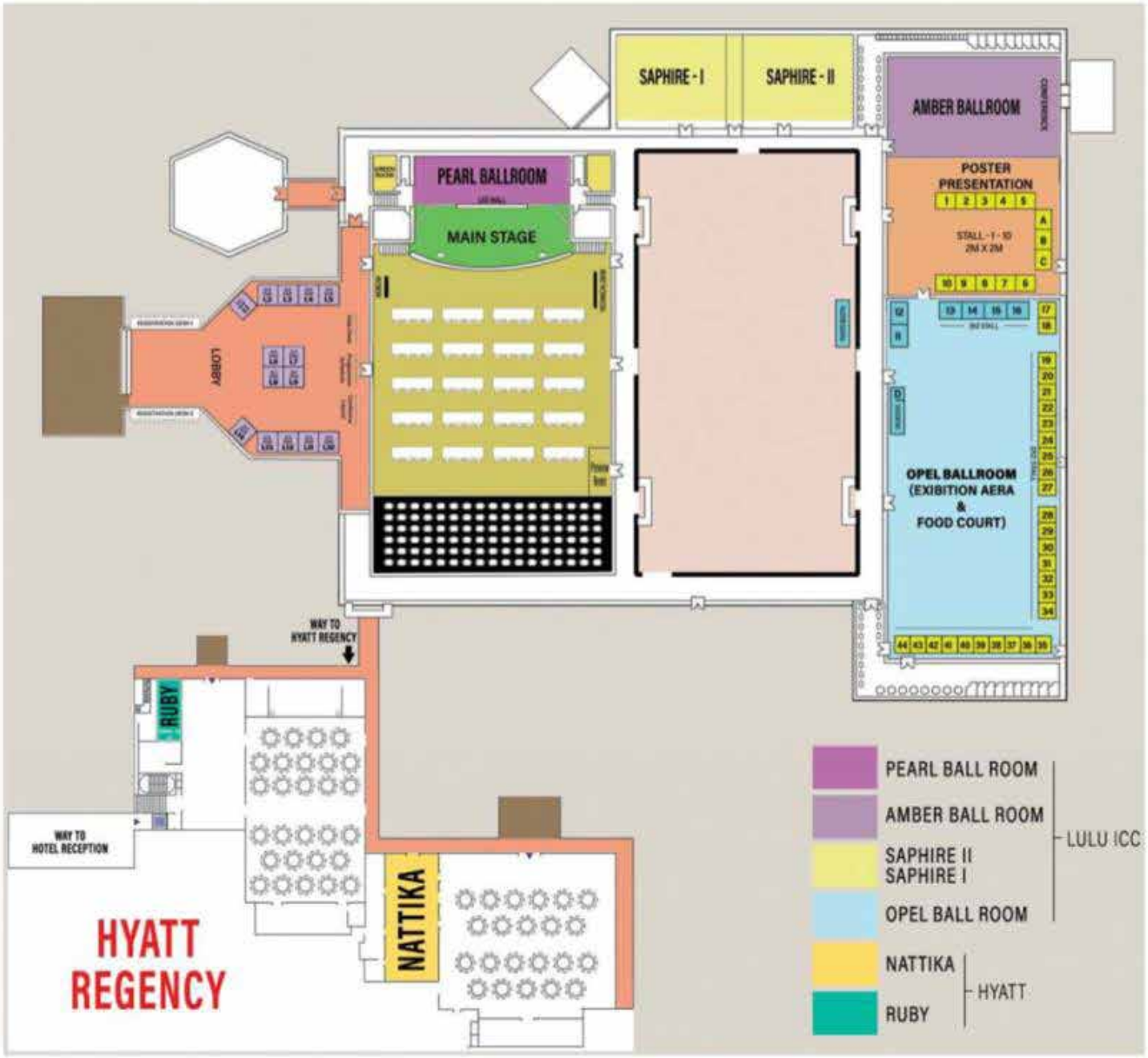
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KERALA SOCIETY OF OPHTHALMIC SURGEONS

DRISHTI 50 Golden Jubilee Celebration

CONFERENCE FLOOR PLAN



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