COCHIN OPHTHALMIC CLUB

MONTHLY REPORT FOR THE MONTH OF SEPTEMBER 2025

September 2025

COC September Monthly Meeting



Cochin Ophthalmic Club 2023 - 2025

NOTICE

Dated: 02/09/2025

The next Monthly Meeting of Cochin Ophthalmic Club will be held on Tuesday,9th September 2025, 7:30pm at Hotel Holiday Inn.

Agenda:
1. Silent Prayer
2. Presidential remarks
3. Minutes of the previous meeting - Secretary
4. Matters arising out of the minutes
5. Secretary's update of activities
6. Election 2025
7. Any other matters
8. Vote of thanks by Treasurer

Scientific session
Moderated by Dr Neena R
Dr Sandhya N - Presbyopia correction: The rising need of the hour
Dr Sanjana P - Precision matters: Optimizing astigmatism correction with Toric IOLs

Onam celebrations

This meeting is sponsored by Johnson & Johnson

The meeting will be followed by Fellowship and Sadhya.

Dr Ciju Joseph
Secretary,
Cochin Ophthalmic Club

Monthly Meeting of COC was held on Tuesday, 9th September 2025 at Hotel Holiday Inn, Kochi

The executive meeting included the nominations for COC 2025-2027 elections. Dr Saikumar SJ was the returning officer.

All the posts had one nomination each and no contest, hence results were declared immediately.

After the executive meeting, a scientific session was held moderated by Dr Neena R. Talks included:

- Presbyopia correction:The rising need of the hour - Dr Sandhya N
- Precision matters: Optimizing astigmatism correction with toric IOLs - Dr Sanjana P

This was followed by Onam celebrations, dinner and fellowship.







Eye Donation Fortnight activities(September)

National Eye Donation Fortnight in India was observed from August 25 to September 8, 2025. Continuing from August into September, these activities continued into September as part of Eye Donation Fortnight.

CME by WOS Kerala(Sep 7)

Women Ophthalmologists Society - Kerala Chapter conducted a CME on Sep 7th at Hotel Monsoon Empress.







Other Achievements by COC members

Dr Meenakshi Dhar was awarded the Dronacharya award at YOSICON 2025 in New Delhi on Sep 6th.



Dr Anju Kuriakose was awarded **YOSI Travel in Motion Reel Contest – Second Prize** and **YOSI Nurture Eye Nature Contest – Reels – Second Prize** at YOSICON 2025 in New Delhi on Sep 6th.



There was good representation from the Cochin Ophthalmic Club at Indian Neuro Ophthalmological Society. Dr Thomas Arun Varghese, Dr Neena R and Dr Revathi Ramesh presented as faculty at the 7th Annual INOS conference in Jaipur on 6th and 7th September.





Dr Anil Radhakrishnan won the second prize in JHOS Hackathon 2025, part of the 23rd Mid Term Conference of JHOS conducted online on 14th Sep 2025.



Dr John Davis Akkara gave a guest lecture on his innovations in 3D printing during the 23rd Mid Term Conference of JHOS conducted online on 14th Sep 2025 and was also part of the panel of judges.



Dr Neena R presented at ESCRS 2025 and WSPOS 2025 at Copenhagen, Denmark. Dr Trisha Yadu, Pediatric ophthalmology fellow at Giridhar Eye Institute, also presented at WSPOS 2025.


WSPOS
WSPOS


43RD CONGRESS OF THE ESCRS
COPENHAGEN
12-16 SEPTEMBER 2025
Unveiling the comparative efficacy of HALT and CARE spectacle lenses in the amelioration of myopic progression: A Prospective Interventional Cohort Analysis
ABSTRACT ID : 105
Presenting Author: Dr Trisha Yadu
Co-authors: Dr Neena R, Dr Praveena K
Giridhar Eye Institute
No financial interest



IMA Kerala felicitated Dr Suchitra, Dr Abby and Dr Charu for winning 2nd prize in skit.





Dr John Davis Akkara presented as faculty in GSI 2025 conference GlaucoTaal (Sep 12th-14th) in Bhopal and also won First prize(Audience Choice as well as Judges choice) as Leader of Team Glaucomfleckens in GSI Squid Games.


34th
Annual Conference of
Glaucoma Society of
GSI 2025



Dr Mathew James presented as faculty as SPECS25 CME.

Compass, an evening meeting on IOL and ICL was conducted on 20th September 8pm-9pm. Dr Aneeta Jabbar, Dr Sanitha Sathyan and Dr Anu Elizabeth were the speakers.

COMPASS

APPASAMY ASSOCIATES
Empowering Vision

We cordially invite you to attend

COMPASS

Date: 20th September 2025 **Time:** 08:00 to 09:00 PM

Venue: Olive Downtown – Kadavanthra Jn, Kochi



DR. ANEETA JABBAR
Cornea Unit Chief Little Flower
Angamaly & i Vision Chalakudy
State Head WOS Kerala Chapter



MODERATOR
DR. SANITHA SATHYAN
Phaco Surgeon
vettam Eye hospital
Poothotta/Mulanthuruthy



DR. ANU ELIZABETH MATHEW
Phaco Surgeon
Ahalia Foundation Eye Hospital
Thodupuzha

AGENDA

Speaker	Topic	Timing
DR. ANEETA JABBAR	• RIL- Phakic Analysis • Improved Patient Satisfaction with Swissphob Advanced Monofocal with Toric	**08:00 PM - 08:20 PM** (Q&A - 08:20 to 08:30 PM)
DR. ANU ELIZABETH MATHEW	• SupraPhob Toric – Monofocal Toric • Improved Patient Satisfaction with Swissphob	**08:30 PM - 08:50 PM** (Q&A - 08:50 to 09:00 PM)

Followed by Dinner

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FOLLOW US:



Dr Neena R, Dr Namitha VG and Dr Trisha Yadu presented as faculty in POSN conference on 20th and 21st Sep 2025 in New Delhi. Dr Namitha VG won first prize in “best e-case” category at POSN.



Dr Ani Sreedhar, Dr Sachin Mathew George, Dr Marian Pauly were faculty for Eye Cancer Connect in Malabar Cancer Centre Calicut held on Sep 28th.

Eye Camps

Camps conducted	No of camps	No of patients	No of cataract

		screened	surgeries
Amrita Institute of Medical Sciences	1	1050	59