



**DECEMBER 2004**  
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# KSOS Newsletter

**Official Newsletter of Kerala Ophthalmic Surgeons**



Dear  
Colleagues

It gives me great pleasure to address you again through the columns of K.S.O.S.

Newsletter. The initial momentum in CMES continued in the last quarter also. I am happy to note that inspite of the increase in the CMES, there was no decline in the number of delegates-it was on the increasing side. The CMES extended from high-tech ophthalmology-phacoemulsification and retina to ordinary topics of refraction and theater asepsis. The CME on theater asepsis attracted maximum number of delegates. The high number of turnouts in the CMES show that the delgates could take home something in the end of the day.

The membership campaign of KSOS is also on a fast

track I request all the membersto enroll atleast two ophthalmologists as KSOS member in the forthcoming annual conference at Kottayam. We are in the process of updating the directory with the new address, telephone numbers etc. I request all the members to send the above details to the secretary.

The 31st annual conference of KSOS at Kottayam is at our doorstep. The organizing committee has planned it as a big event. I request all the members to register early so that they won't miss the bus. I request all the HOD's of the teaching institutions to induce all the PG's to take part as a delicious scientific feast is waiting for them. Looking forward to meet you all at Kottayam. I close this coloumn.

Your's sincerely,

**Dr. Alex Joseph**  
**President of KSOS**

## *Invitation*

### **Indian Eye Banking Education Program**

**November 24, 2004 ( 9 AM to 5 PM )**

**Registration limited to 50 participants**

**Venue: Abad Airport Hotel, Nedumbassery**  
(Near Cochin International Airport)

*Organised by:*

**L V PRASAD EYE INSTITUTE, HYDERABAD**  
**ORBIS INTERNATIONAL, USA**  
**EYE SIGHT INTERNATIONAL, CANADA**  
**EYE BANK ASSOCIATION OF INDIA**

*In collaboration with:*

**LITTLE FLOWER HOSPITAL & RESEARCH CENTRE**  
**EYE BANK ASSOCIATION, KERALA**

*For more information:*

**Dr.T.P.Ittyerah, Secretary, Eye Bank Association, Kerala**  
**0484-2454779,2452546/47/48**



## Secretary's Report



Dear Friends,

We are coming to the end of another KSOS year, the first under our new name. The thirty-first annual conference is just around the corner. And, it is time to take stock of what we had done during the past one year.

I think KSOS had a reasonably prosperous year. Our membership has gone up like never before, thanks to all the associate members. We have had ten CMEs conducted under the aegis of KSOS (and at least one otherwise). The attendance in almost all of them was beyond the expectations of the organizers. I do hope this trend continues onto the DRISHTI 2004 and beyond.

We are to take important decisions during the coming

General Body. We have to approve of the corrected/ revised/ amended version of our Constitution & Bylaws. Further, we have to decide on the issue of OASIS. I have posted details about both to you all along with the notice for the General Body. I request all of you to attend.

See you at Kottayam.

With regards,

**Dr. R.R.Varma.**

## The Chairman Scientific Committee writes.....



The Fourth Scientific Committee meeting held on August 8<sup>th</sup> at Cochin had selected the submitted

scientific papers for presentation at Kottayam based on the total marks obtained by the evaluation of three Professors. Fourteen papers each were selected for Sankara Menon, Siva Reddy and the newly introduced free paper award sessions (prize given by local organising committee). All

the scientific papers were accepted for the scientific poster (31), video film festival (18) and PG session (24). There will be two semifinals (12 papers each) for P G session

at a separate. 'C' Hall on Friday and a final of 6 papers (3 papers selected from each semi final) in 'B' Hall on Sunday. The final selection of papers will be subject to the receipt of the full text (4 copies) of the paper/ video cassette, the last date for submission of the same has been extended to September 30<sup>th</sup>.

The details of scientific programme like symposium, instruction courses, key note address, oration etc. were

published in the second brochure of *Drishti-2004*. Quiz competition (award given by Trichur Academy of Ophthalmology and other sponsored prizes), please give their names (team consisting of 2 or 3 members) to the Chairman Scientific Committee or contact the quiz master Dr. S.J. Saikumar - phone no. 0484 - 2203503, 9847040540. I request your advice and suggestions for a better scientific programme at Kottayam - please contact 0487 - 2440808, 9447227826.

With warm regards,

**Dr. Anthrayose Kakkanatt**  
Jubilee Mission Medical College  
Trichur - 680 005  
Email: [anthracv@hotmail.com](mailto:anthracv@hotmail.com)

**The 20th  
Asia Pacific Academy of  
Ophthalmology Congress  
27-31st March, 2005  
Kuala Lumpur, Malaysia**

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### **Dip NB Training Programme**

Jubilee Mission Medical College Trichur-680 005 has got permission from National Board of Examinations, New Delhi to start Dip NB training programme in Ophthalmology (Third private institute in Kerala). For details please contact the Director.

**Dr. Anthrayose Kakkanatt**  
Jubilee Mission Medical College



## Editorial



Dear friends,

The response I have got from the last two issues of the journal has been encouraging. This issue has its focus on refraction, something, which all of us have to go through, but often the most neglected part of Ophthalmology.

We have been trying to save some money, by distributing the journal through the pharmaceutical representatives. I have been getting complaints that some of you are not receiving the journal in time. This time, we are sending it by post. Henceforth, if anyone doesn't get the journal within a month of its publication, you may please write or send E-mail to me, with your full mailing address and membership number; it shall be promptly despatched.

We are at the doorstep of another KSOS annual conference. The 'Drishti 2004' at Kottayam, is something, which all of us are eagerly waiting for. The President and Secretary have highlighted the conference through their respective columns. I am sure, the Scientific committee and Organising committee are arranging a wonderful feast.

See you all at Kottayam.

**Thomas Cherian**

Editor, KJO

[tcherian@rediffmail.com](mailto:tcherian@rediffmail.com)

## Ophthalmic Club Reports

### THRISSUR ACADEMY OF OPHTHALMOLOGY (TACO)

*Report by Dr. Bastin V.A; Secretary*

#### February

**26th February 2004**

1. 'Do antioxidants have a role in AMD? – An evidence based analysis: talk by Dr. Mahesh G from Giridhar eye institute- Ernakulam.

2. Role of antioxidants in ophthalmology- talk by Dr. P. Narayanankutty from Ernakulam

#### March

**29th March 2004**

1. Post cataract surgery inflammation/endophthalmitis-early diagnosis and management - Dr. Giridhar from Giridhar eye institute- Ernakulam

#### April

**16th April 2004**

Glaucoma case presentation- Moderators: Dr. Krishnankutty, Dr. RadhaRamanan, Dr. Krishnankutty, Dr. C.L. Antony, Dr. Merin Paul, and Dr. Bastin.V.A presented interesting cases.

#### May

**14th May 2004**

1. Dr. Ani Sreedhar from Little Flower Hospital, Angamaly spoke on 'Trends in ptosis surgery'.  
2. Dr. N.S.D. Raju from Ranjini eye hospital Ernakulam spoke on 'Changing scenario of dry eye syndrome'.

**29th May 2004**

Family get together of the organizing committee of Drishti 2003. Dr. Radha Ramanan released CD on Drishti 2003. Variety entertainments including caricature by Jayaraj Varrier.

#### June

**10th June 2004**

1. Talk on 'Newer aspects in the medical management of glaucoma' by Dr. Saikumar from Giridhar eye hospital Ernakulam.

2. Dr. Radha Ramanan from Little Flower Hospital, Angamaly spoke on 'HRT in decision making of glaucoma.'

**30th June 2004**

1. Dr. Tony Fernandez spoke on 'Medico legal aspects in ophthalmology.'

2. Dr. Freddy T Simon from Little Flower Hospital, Angamaly talked

on 'Management of ocular allergy.'

#### July

**8th July 2004**

Dr. Sasi Kumar from Chaithanya eye hospital Ernakulam spoke on 'Pterigium surgery- easy methods and techniques to prevent recurrences' and 'role of Dorzolamide in the management of glaucoma.'

**25th July 2004**

Family get together of TACO family members at Cherai beach resort. 92 members participated. Talk on 'body languages' by Dr. Jayasree .

Variety entertainments by the TACO family members.

#### August

**20th August 2004**

1. Viral infections of cornea- Talk by Dr. Anthrayose- Jubily medical College Trichur

2. Case presentation- Dr. Bastin. V.A.

(Contd.....4)



## September

19<sup>th</sup> September 2004

CME on OCULOPLASTY

24<sup>th</sup> September 2004

1. European Glaucoma Society (EGS) guidelines in the medical management of POAG- Talk by Dr. Radha Ramanan- Little Flower hospital- Angamaly.

## October

21<sup>st</sup> October 2004

Management of 3<sup>rd</sup> & 6<sup>th</sup> nerve palsy

Botulinum toxin in ophthalmology- Talk by Dr. Elizabeth Joseph- Little Flower hospital Angamaly.



## PATHANAMTHITTA OPHTHALMIC CLUB

*Report By Dr. Amita Verghese*

The second meeting of our club in the year 2004 was held on **22<sup>nd</sup> August**. 26 members attended the meeting. 12(Twelve) ophthalmologists enrolled as new members. Now the total membership is 31(Thirty one).

Dr. Elizabeth Joseph, HOD, Dept of Ophthalmology, Little Flower Hospital, Angamaly was the invited guest. She gave a talk on "Basics in the diagnosis & management of Squint", discussed interesting cases & showed video on recent advances of surgical techniques.

Dr. Sabita our Secretary had brought her patients of different variety of strabismus from around and interior areas of Pathanamthitta. These cases were discussed with active interaction from all the members & Dr. Elizabeth Joseph suggested the line of management.

## KOZHIKODE OPHTHALMIC SOCIETY

15<sup>th</sup> February 2004

Scientific presentation INFECTIVE KERATITIS by Dr. Santhi Sunil, COMTRUST EYE HOSPITAL, Kozhikode.

28<sup>th</sup> March 2004

Dr. K.T. Ramdas, Associate Professor of Anaesthesiology, Medical College, Kozhikode spoke on OCULAR ANAESTHESIA and Ophthalmologists concern.

16<sup>th</sup> May 2004

Scientific session was by Dr. N.R. Rangarajan of Sundaram Medical Foundation of Cheenai on Target IOP and newer antiglaucama drugs.

25<sup>th</sup> July 2004

Talk on VIRAL KERATITIS by Dr. Nirupama of Malabar Eye Hospital, Kozhikode and Case presentation by Dr. Linda, PG Student, Medical College, Kozhikode.



My dear friends,

This is the last newsletter for this year. Our annual conference is just around the corner. It is the time to meet together, renew our friendship, make new acquaintances and imbibe on the latest developments in the field and also share our experiences. The organising committee has left no stone unturned and spared no effort to make it a wonderful experience for all of us and the scientific committee has arranged a rich gourmet of the subject with varied topics and gifted faculty. I am sure it will be a record gathering going by the registration and the hotel bookings. If anybody is yet to join the bandwagon, this is the final call not to miss the bus.

Our Ophthalmic clubs are very active, but few have not send in their reports. Our activities report is the criteria by which the executive committee selects the best club of the year and it is the medium by which people become aware of the happenings in each area. So I request them to spare some time and send in a report to the Secretary and the editor.

With warm regards,

**Dr. Jain Chimmen**

jchimmen@sancharnet.in

