

# KSOS Newsletter

Official Newsletter of Kerala Society of Ophthalmic Surgeons



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## PRESIDENTIAL ADDRESS

Drishti - 2004, Kottayam



Chief Guest of the evening Sri. Mammen Mathew, Immediate past president, Dr. Alex Joseph, Chair Person of the Organizing Committee, Dr.

Shobhana Mohandas, Secretary of KSOS, Dr. R.R. Varma, Chairman Scientific Committee Dr. C.V. Anthrayose, Organizing Secretary, Drishti-2004 Dr. Verghese Joseph, Members of the Organizing Committee, invited guests, Senior members of the faculty, fellow delegated and associate delegate, the sponsors, members of the Media and Press, Ladies and Gentlemen.

With a proud heart, encouragement and blessings from everyone I am occupying the prestigious and coveted post very few illustrious ophthalmologists could occupy. From the depths of my heart I express my devoted thanks to you all, my fraternity and brethren. I am making it a point to thank Dr. Alex Joseph, for introducing me vividly for this august audience.

Sir, I am sure I can expect all the help and guidance from you while occupying this seat. At this juncture, I am invoking the memories of the past presidents, who guided this society from elementary to glorious present status, which makes my responsibility all the more dutiful. I assure you, the efforts our team is going to put forth will make the society at least one step ahead - if not miles, as happened in previous Years.

The Great Chinese Philosopher Confucius has said once "Study the past if you should divine the future."

The twenty -first century which we are in - demands more efficient management capability - be it with your patient, your hospital or with the society you are interacting with. KSOS expresses its willingness with its various projects to be a part in the progress you are aiming to achieve.

## Continuing Medical Education

Technology is advancing in giant leaps, which helps the western world to have a definite edge over us ophthalmologists in this part of the globe. This scenario is changing with

(contd....4)

## Forthcoming Events

**17<sup>th</sup> July 2005** - CME in Ocular Emergencies, organized by Chaithanya Eye Hospital, Trivandrum. Contact Person: Dr. Anil Radhakrishnan, Ph: 0471 – 244 7183, E-mail: [anilradh@yahoo.co.in](mailto:anilradh@yahoo.co.in)

**14<sup>th</sup> August** – August Ophthalmica CME on Medico Legal aspects of Ophthalmology at Ernakulam, organized by Cochin Ophthalmic Club. Contact person: Dr. Sasikumar S.

**4<sup>th</sup> September 2005** – CME on Medical Retina organised by Dept. of Ophthalmology, MCH, Calicut. Contact person: Dr. Padmaja Krishnan/ Dr. Ranjini Kodanchery.

**11<sup>th</sup> September 2005** – CME on Ocular Trauma, organized by Giridhar Eye Institute, Ernakulam. Contact person: Dr. S.J. Saikumar



## Secretary's Report



Dear Dr.

The Executive Committee which met on 13-03-2005 at Thrissur discussed at length, the

issue of out-of state eye hospitals conducting eye camps in Kerala to the disadvantage of the members of Kerala Society of Ophthalmic Surgeons. There were arguments for and against taking proactive steps about this issue. While the wider interests of academics has to be considered, it is a reality that these practitioners of "cross border ophthalmic terrorism" are spoiling the scene for the common practitioner of General Ophthalmology, whose bread and butter is cataract surgery, now that the optical shops are taking away the refraction from them. May be the larger hospitals do not suffer yet.

The Executive Committee understands from reports from various districts that the following four hospitals are conducting camps in Kerala in a piratical manner.

1. **The Aravind Eye Hospitals.**
2. **K.G.Hospital, Coimbatore.**
3. **Sankara Eye Hospital, Coimbatore**
4. **Moses Jnanambaranam Eye Hospital, Coimbatore.**

Hence the Executive Committee suggests the following plan of action to be put to practice with the co-operation of the members of KSOS.

- Avoid inviting faculty from doctors actively associated with the above mentioned institutions for our conferences and CMEs.
- Avoid attending CMEs and conferences conducted by the above mentioned institutions.
- Avoid inviting papers [for our journal/s] from them.
- **Avoid using products and services manufactured or marketed [medicines, IOLs, sutures etc.] by the above mentioned institutions** and display boards in one's consultation room/ hospital to that effect

Let the Ethics Committee, in consultation with the Executive Committee take appropriate action against those members who do not fall in with these guide lines.

Any hospital/ District Ophthalmic Club, proposing to conduct a CME/ workshop should write to the Hon. Gen. Secretary and/or Chairperson, Scientific Committee, **with the list of proposed faculty** well beforehand

I request that these suggestions be discussed thoroughly in your Ophthalmic Club and the conclusions communicated to me at the **earliest**.

Regards.

**Dr. R.R.Varma**

**Hon. Gen. Secretary**

## The Chairman Scientific Committee writes.....



The second meeting of scientific committee was held on May 1<sup>st</sup> at Angamaly. Various Scientific

programmes and a provisional list of Chairmen, Co – chairmen, Covenors and Moderators of scientific sessions for the OASIS / DRISHTI-2005 at Thiruvananthapuram were approved. The details of the scientific programme were given in the second announcement brochure of the conference which you might have already received. Apart from the award sessions, there will be separate programmes for OASIS and Drishti like symposiums, current concepts, instruction courses,

Ophthalmic Quiz, video interactions, learn from your masters, wet lab sessions and break fast sessions etc. If any member is interested to contribute or participate for the scientific programmes, please contact me. For details of Quiz competition contact quiz master Dr. S.J. Saikumar, Phone no – 0484 2203503, 9847040540.

The last date for the submission of abstract for the award session has been extended to July 15<sup>th</sup> 2005 as per the decision of the Executive Committee meeting on 12/06/05 due to the late dispatch of second brochure with abstract submission form. I request your advice, suggestions and co – operation for a better scientific programme for the 1<sup>st</sup> OASIS meet. Please contact :- 0487 2440808, 2440809, 9447227826.

Email: anthracv@ hotmail.com.

With warm regards,  
Dr. Anthrayose Kakkanatt,  
JMMC, Trichur – 680005.

### NEW WEBSITE FOR KSOS

[www.ksos.in](http://www.ksos.in)

For any queries regarding the website, please contact Dr. S.J. Saikumar, Website Editor. Tel: 0484 2312303 (H), 0484 2203503 (Res), E mail: drsaikumar@eth.net

**Last date for submission of Abstract for Drishti 2005 extended to July 15<sup>th</sup> 2005**

### Dip NB Training Programme (Ophthalmology)

At Jubilee Mission Medical College, Trichur (July batch); one seat each for MBBS (CET passed) candidate and DO candidate. *For details contact:*

**Dr. Anthrayose Kakkanatt,  
Medical Superintendent,  
JMMC, Trichur – 680005.  
Ph.No:- 0487 2440808.  
Mobile No:- 9447227826.**

**Invited applications for fellowship in Ophthalmology at Little Flower Hospital, Angamaly.  
Qualification: MS/Dip NB  
Apply to : Director,  
L.F. Hospital, Angamaly**



## Editorial



My dear friends,

We are into the second year, with this issue of the journal and newsletter. The last

executive meeting had taken some radical decisions regarding the 'ever-hot' issue of 'cross border

ophthalmic terrorism'. Even the editor had to reject an advertisement from one of the blacklisted institutions. I am happy to note that we are seeing some light at the end of the tunnel.

The last meeting of the District Blindness Control Society, Ernakulam, has decided not to invite these terrorists' to this district. Let us hope that this decision is implemented in letter and in spirit.

About the journal, it is a welcome

trend to get articles from new places and new authors. The editorial board appeals to all the practising Ophthalmologists across the state to send in at least a case report. I am sure, every one of us will have something new to learn from each case report.

Thank you.

**Thomas Cherian**  
Editor, KJO  
tcherian@rediffmail.com

## Ophthalmic Club Reports

### THRISSUR ACADEMY OF OPHTHALMOLOGY (TACO)

*Report by Dr. Babu Krishnakumar*

**13<sup>th</sup> February 2005** – Academic as well as family meet conducted at The Aquatic Club Thrissur. Dr. C.V. Anthrayose presented some interesting cases and described briefly about AIOS meet at Bhubaneswar 2005.

**13<sup>th</sup> March 2005** – CME on Practical Ophthalmology covering topics from refraction to retina at Hotel Casino, Thrissur.

**25<sup>th</sup> April 2005** – Academic meeting on Recent Developments in Management of wet ARMD by Dr. Giridhar.

### MALAPPURAM OPHTHALMIC SOCIETY

*Report by Dr. Ashoka Valsala*

Our new office bearers took charges on 06.06.2004. We are conducting CMEs on a regular basis.

**18<sup>th</sup> July 2004** – Management of wet ARMD by Dr. Giridhar and Dr. Mahesh.

**17<sup>th</sup> October 2004** – Amblyopia in children by Dr. Binu Balan.

**19<sup>th</sup> December 2004** – Post operative endophthalmitis by Prof. Dr. Sayed Nazar Askari

**20<sup>th</sup> March 2005** – Perimetry – basic concepts and interpretation by Prof. Dr. Muthaiah and Dr. Muhammed Swadhik.

### KOZHIKODE OPHTHALMIC SOCIETY

*Report by Dr. Ranjakumar, Secretary.*

**19<sup>th</sup> December 2004** – Accounts presented. Dr. Shirley Vasu, Head of Forensic Medicine Medical College, Kozhikode, spoke on Medical Ethics in Ophthalmological Practice.

**9<sup>th</sup> January 2005** – Dr. Jacob Alappatt, Professor of Neuro Surgery spoke on Relevance of Neuro Surgeon in Ophthalmology Practice.

**27<sup>th</sup> February 2005** – As part of CME programme Dr. Ranjini and Post graduates of Medical College, Kozhikode presented various cases

related with unusual glaucomas.

**27<sup>th</sup> March 2005** – CME programme was sponsored by M/s Alleigan. Dr. Elan Kumaran of Nethradhana Eye Hospital, Bangalore spoke on "RESTORING NATURAL TEAR PRODUCTION".

**24<sup>th</sup> April 2005** – We included a non ophthalmological subject for scientific session. Dr. Raman (formerly of Medical College, Kozhikode) spoke on "HUMAN TEMPERAMENTS"

**22<sup>nd</sup> May 2005** – Dr. Kishor Krishna of Vision foundation, Mangalore, spoke on various aspects of Dry Eye Syndrome. This CME was sponsored by M/s. Sun Pharmaceuticals – Avesta division.



Dear Friends,

As the BSE index hit an all time high and is still on the rise, the monsoon has hit our state a bit late but in all its fierceness. It has brought with it the viral season. It also heralds the start of conference season, with Tamilnadu leading in the southern states followed by Andhra, Karnataka and the first ever Oasis conference at Trivandrum. Our Drishti

team is making all the arrangements to make it a memorable event for all of us. The various ophthalmic clubs are very active under new teams. There is an array of CMEs lined up for us. The participants for cmes are on the rise. This definitely shows a positive trend.

This issue carries reports from various Ophthalmic clubs. But there are still a few more active clubs who are yet to come out with their reports. I request the Presidents and the secretaries to send in a few lines so that members are aware of the happenings elsewhere. I hope to bring out the next issue with reports from all the district Ophthalmic clubs.

With warm regards,  
**Dr. Jain Chimmen.**

E:mail: jchimmen@sancharnet.in



*(President's address continues.....)*

advent of globalization, technology and innovations that are engulfing us. This must be transmitted from person, place to place, and generation to generation. For this reason we have designed continuing medical education programmes. We have planned to make all districts to have one ophthalmic body and they should, besides conduct regular meetings, organise one CME in a year. These CME programmes will;

- Enable us to improvise our techniques.
- Refresh and add to our academic knowledge.
- Keep us informed on what is going on in ophthalmic front.
- Add to our CME hours,

And perpetuate our friendship with fellow ophthalmologists.

We notice an increase in number of CME's during past years without compromising on quality and attendance of delegates.

Scriptures add, "True learning induces in the mind service of mankind".

### Annual Conference

In the past years, our annual conferences are showing a giant leap both in scientific deliberations and delegate attendance. This scientific committee of KSOS is burdened with, too many scientific inputs and finds it difficult to cram them in three days in different halls adding to the confusion of delegates to decide which one to attend or not attend. To relieve this burden I propose to have a KSOS mid term conference for one and half to two days.

### Eye Camps

Policy of KSOS regarding eye camps will be continued this year too. I am happy to note that many ophthalmic institutes and ophthalmologists of Kerala are taking active interest in conducting free eye camp services. This is a welcome gesture. The aim of these free eye services must be to provide quality eye care to the poor and needy. I regret to note that the eye camps conducted by institutes from

### **LETTER FROM ETHICS COMMITTEE**

Dear Friends,

*Last executive committee, formed an Ethics Committee with Dr. T.A. Alexander, Dr. Charles Skariah, Dr. Sasikumar & Dr. S. Venugopal as members. At the outset we thank the KSOS for selecting us, although the job is neither easy nor pleasant.*

*The first complaint we have received is regarding unethical advertisements by our colleagues, to promote themselves without thinking about fellow members. Advertisement came in the form of being the first to do a procedure, or promoting a procedure tarnishing another one. The committee feels that these advertisements are likely to: Retard healthy relationship between members, Hurt feeling of fellow members, confuse the patients which may lead them to other states for treatment.*

*Hence we request all members to be truthful and cautious in their advertisements. One can promote one self but never at the cost of another person or technique.*

*Yours Sincerely,*

**Ethics Committee.**

neighbouring states are interested only in quantity rather than quality. They conduct eye camps in mercenary manner by hit and run surgeons to add up the number of cases, even removing clear lenses and claim benefits from more than one funding agency, This is a deplorable situation causing misery to many. I stress that we, members of KSOS should provide quality eye care even in eye camp surgery. The District Ophthalmic clubs in association with NGO's (non-government organisations) should take the initiative to organise and conduct quality eye camps in the respective districts to achieve the target. KSOS plan to promote eye camps in 4 ways:

- 1) It will depute a senior surgeon from KSOS to supervise the camp.
- 2) Without affidavit of supervision from KSOS no organisation should be eligible to conduct eye camps inside the state.
- 3) Conducting a camp should add to CME hours. Necessary steps in this direction will be taken.
- 4) Details of camps conducted will be published in KSOS Newsletter. **"You cannot do things differently until you see things differently".**

### Medical Camps

Passage of time compels us to amend certain values as exemplified by the fate of Hippocratic Oath which was reformatted. You cannot stop

your fellow from going to media from announcing the starting of his clinic or arrival of newer gadgets. However advertisements in the tune of 'will cure the disease', 'offering a package for surgery', etc is definitely against medical ethics by any yardsticks. This will initiate unhealthy competition instead of peaceful co-existence. We should keep away from such practices.

I feel that I have placed before you sufficient ideas and materials to think and act on. Before I close, let me thank personally the Organising Committee Chairperson of Drishti 2004 - Dr. Shobhana Mohandas, Organising Secretary Dr. Varghese Joseph, Local Scientific Committee Chairman Dr. Roy Zacharia and other chairpersons and members of various committees, President and members of Kottayam Ophthalmic Club for the combined effort, and hard work to make this conference a memorable one.

Let me conclude with a quote from our President Sri. APJ Abdul Kalam **"The person who would like to make his dreams come true must stay awake"**.

So friends, let us keep awake and take KSOS to a new horizon.

Thank You one and all.

jai KSOS!

**Dr. E.J. Mani, President KSOS.**

