

KSOS Newsletter

OFFICIAL NEWSLETTER OF KERALA OPHTHALMIC SURGEONS



June 2006
Vol: VII Issue-2

IN THIS ISSUE

President's Column	1
Secretary's Report	2
Scientific Committee Report	2
Editor's Report	2
Ophthalmic Club Reports	3,4

Visit: www.ksos.in
For Private Circulation Only



Dear colleagues,

I have great pleasure in addressing you for the second time through this Newsletter. A lot of academic activities have been going on since I addressed you last.

In April, Ahalia Eye Foundation hospital, Palghat, Al Salama Eye Hospital, Perinthalman, Chaithanya Eye Hospital, Trivandrum and Little Flower Hospital, Angamali, conducted CMEs.

The RIO Trivandrum had the Centenary celebration of the Institute in a glittering manner at Mascot Hotel on 6th May. A CME was also conducted on the next day. Comtrust Eye Hospital also conducted a CME in the same month. I was able to attend most of the CMEs, across the state, and I am quite happy that high standards are being maintained.

In March, I along with General Secretary, Scientific Committee Chairman and Editor of KJO, had a detailed inspection of the venue of Drishti 2006. The local Organising Committee Chairman, Dr. Giridhar, Organising secretary, Dr. Saikumar and immediate past General secretary, Dr. R R Varma were also present. This venue was finalised after considering the logistics and financial implications of conducting a conference of this magnitude elsewhere in Cochin.

The second meeting of Executive committee held on 7th May at Hotel Mascot had detailed discussion on several organizational and other matters. Matters requiring the attention of our ethical committee may be brought to the notice of the Chairman, Dr. P Rajagopal of Palghat or the members, Dr. Charles K Skariah of Trichur, Dr. R R Varma of Cochin or Dr. Mathai Shanthi of Kottayam. This committee will definitely look into the matter and try to take remedial action to the extent possible.

Long live KSOS

With warm regards,

Dr. George Thomas

President KSOS

Welcome to www.ksos.in the official website of KSOS

To register, send your first & last names and e-mail address to webmaster. The system generated User Id and Password will be e-mailed back to you. Then log-in using the Member Login area in the website. Use the "View My Account" link to see your account details and update it. You can change your password to your liking. Please use names that you can always remember, for your user id. Do memorise the new password if you change it.

Online facilities: KSOS journals - Message Board - Discussion Forum for members - Useful links - Member search - Video Streaming (to be added soon)

SECRETARY'S REPORT



Dear Colleagues,

We are half way through the current calendar year and we already had hectic academic activity, with 10 CME programmes till end of June. Most of the CMEs were well attended and well appreciated.

The class of our journal is praiseworthy and well appreciated by all members and well wishers. Our official website is being increasingly visited by our members and colleagues. I request the members to contribute to the scientific discussion forum.

The organizing committee of Drishti 2006 at Kochi is working hard at making a wonderful meet at Kochi in November 2006. I request all members to register early.

The change of address and other details requested for in the previous

news letter/journal has received only cold response. Updating our directory base is very important for all of us for proper communication.

Important matters being discussed in the KSOS executive committees and regarding AIOS is being given as a separate column in this newsletter.

JAI KSOS

With warm regards

Dr. V SAHASRANAMAM

Hon.Gen.Secretary

THE CHAIRMAN SCIENTIFIC COMMITTEE WRITES.....



Dear Members,

The scientific committee inspected the proposed venue of the forthcoming Drishti 2006, Hotel Avenue center, Panampilly Nagar, Kochi. The venue with three air-conditioned conference halls and an adjoining hall for trade exhibition which is to be air conditioned was approved by the scientific committee. The tentative programme for Drishti 2006 are as

follows:

Instruction courses: SICS basics, phaco - strategy for beginners, SICS in difficult situations, Advanced phaco, posterior capsule rupture - prevention & management, advances in keratoplasty, vitrectomy & scleral buckling, Endophthalmitis guidelines for management.

Workshop: Slit lamp biomicroscopy, Automated perimetry, Indirect Ophthalmoscopy.

Symposia: Ocular Imaging, Community Ophthalmology, Ocular trauma, Ocular surface disorders and Treatable macular disorders.

Recent advances: Management of Glaucoma, Lacrimal surgery & orbital prosthesis and squint.

Special programmes : Video conferencing, HIV, Practice management & leadership drive, challenging clinical situations.

Key note address - Viral retinitis, Community Ophthalmology, Glaucoma, Stem cell transplantation, recent trends in refractive surgeries.

KSOS- TACO Quiz, Siva Reddy session, Sankara Menon award session, Subramanian award session, Tony's video session.

The scientific committee will be meeting shortly to finalise the programme.

Wishing you all the best,

With warm regards,

Dr. CHARLES K. SKARIAH

EDITOR'S REPORTS



Respected Colleagues,

The first issue of KJO (March) was well appreciated and I thank the KSOS executive committee and the members for the encouragement given to our team. Your feedback and constructive criticism will go a long way in further improving the quality of our journal. We will try our level best to incorporate

your suggestions into the subsequent issues of the KJO.

I, once again put before all of you a sincere request to contribute to the journal in whatever way you can. Let us all work together for the glory of our organization and use the KJO as a forum for active interaction.

We have enclosed in this newsletter a list of all the members whose addresses are probably wrong as the journals despatched to them could not be delivered. If you have any clue to their current address, phone number, e-mail ids etc., please send me the details by mail/e-mail. I can

incorporate this into our address data base, making it more complete and ensuring more effective communication in the future.

Please inform your colleagues who are not yet members of KSOS and AIOS to enroll as members of both these organizations preferably before September 2006 so that your membership can be ratified during the AIOS meeting (2007) at Hyderabad

Wishing you all the best,

Dr. Meena Chakrabarti

EDITOR (KJO)

OPHTHALMIC CLUB REPORTS**Cochin Ophthalmic Club**

On the 11th Jan, a talk on "Recent Concepts in the management of Congenital Cataracts" by Dr. Bill Newman, a Consultant Paediatric Ophthalmologist at the Royal Liverpool Children's Hospital, Alderhay, Liverpool was presented at the COC meeting.

On the 5th Feb, a family get together was organized. It was a cruise in the Cochin backwaters, which was followed by entertainment and dinner. On the 16th Feb, Dr. Prathibha Surendar from Udhi Eye Hospital, Chennai presented "New Concepts in the management of Ocular allergies".

On the 19th March, a joint meeting with the venue inspection team of KSOS was held and Dr. Ani Sreedhar from Little Flower Hospital, Angamaly spoke on "What every Ophthalmologist should know about Ocular and Orbital tumours". On the 28th March, Dr. Robert Gross, Clinical Associate Professor, North Texas Eye Research Institute, USA spoke on "Fourth Generation Fluoroquinolones: New Weapons in the Arsenal of Ophthalmic antibiotics".

A joint meeting with Cochin IMA was held on the 26th April. It was a meeting to expose doctors of other specialties to the recent trends in Ophthalmology. Dr. N S D Raju spoke on 'Recent advances in cataract surgery', Dr. Giridhar spoke on 'Newer trends in the treatment of retinal diseases' and Dr. Noel Moniz spoke on 'Advances in Refractive Surgery'.

Dr. Andrew Braganza from CMC, Vellore was the Guest Speaker on the 18th May. He spoke on "Genetics in Glaucoma" and "New drug combinations in Glaucoma". This was preceded by elaborate discussions on Drishti 2006.

Kozhikode Ophthalmic club

On 5th March, the General body met and in the clinical discussion, Dr. Sunil spoke on 'Importance of ARMD, Optical and non-optical devices and Electronic Media in Low Vision Rehabilitation'.

On 23rd April General body met for some organisational matters followed by discussion on Neuro-Ophthalmic cases presented by Medical College PGs.

On 21st May a CME on Oculoplasty, "Comeye-Plasty 2006" was hosted by Comtrust Eye Hospital, under the aegis of KSOS and KOS.

On 4th June General body met and the discussion was on the role of antioxidants in retinal disease presented by Dr. Mahesh of Giridhar Eye Institute.

Dept of Ophthalmology, Kozhikode Medical College will be conducting a CME on Keratoplasty on 20th Aug 2006.

Attention KSOS Members

In addition to online submission of abstracts for KSOS Annual Conference, DRISHTI 2006, all are requested to send one copy of the abstract to the Scientific Committee Chairman by post.

***Dr. Charles Skariah
Scientific Committee Chairman
12/382, Kakkuzhiyil House
Kuriachira, Thrissur 680 006
Phone 0487 2252807***

Pathanamthitta Ophthalmic Club

On 19th Feb a CME was conducted at YMCA Hall Tiruvalla. Dr. Minu Mathen of Chaithanya Eye Hospital, Trivandrum, spoke on 'Difficult situations in SICS and Phaco'. Dr. Unnikrishnan, consultant Neurosurgeon, Lissie Hospital, Ernakulam spoke on various perspectives of Neuro-ophthalmology.

On 14th May the club meeting was held at Eye Microsurgery and Laser Centre. Dr. Mohandas, former HOD Dept. of Dermatology, Medical College Kottayam, spoke on 'Skin and Eye', projecting various dermatological conditions and their Ocular manifestations. Also Dr. Shobana Mohandas, former HOD MCH Kottayam spoke on 'Ocular Toxoplasmosis'.

The next CME on 'Retina - Recent Trends & Practices', under the aegis

of KSOS, is scheduled to be held on 27th August 2006.

Trivandrum Ophthalmic Club

Dr. Sujatha Mohan of Rajan Eye Care Hospital, Chennai spoke on 'Current trends in Keratoplasty' & 'Role of 4th generation quinolones in Ophthalmology' in the TOC meeting held on 25th Feb at Hotel South Park.

On 18th April at Hotel Residency Towers, Dr. Giridhar of Giridhar Eye Institute Cochin spoke on 'Is there a role for Antioxidants in the management of AMD and Diabetic Retinopathy?' & 'Current trends in the management of CNVM'.

The next meeting, was on 19th May at Hotel Muthoot Plaza and Dr. Ravindra Mohan of Sankara Nethralaya spoke on 'Management of Thyroid Eye Disease with special emphasis on the surgical aspects' and 'Current trends in the management of Paediatric NLD block'.

Two CME meetings were conducted under the aegis of TOC and KSOS. The first was on 9th April "FINER CUTS" a CME of Chaithanya Eye Hospital and Research Institute, at Hotel Residency Towers. Dr. George Thomas, President, KSOS inaugurated the conference. Dr. Rajesh Fogla from Apollo Hospital, Hyderabad, Dr. Pramod Bhende & Dr. Meenakshi from Sankara Nethralaya, Chennai and Dr. Jyothi Shetty, Lions Eye Hospital, Bangalore were the invited faculty. The highlight of the CME was live Cataract Surgery, performed at the Chaithanya operation theatre.

The second CME was on 7th May, " **A n a n t h a n a y a n a m** " - "Ophthalmology Today Tomorrow", the annual CME of the RIO, Trivandrum. Dr. George Thomas, the President inaugurated the conference. The meeting focused on many topics of current interest. The faculty included Dr. Sitalakshmi from Sankara Nethralaya, Dr. Ramamoorthy from Eye Foundation, Coimbatore, Dr. Sasikumar from Chaithanya Eye Hospital, Dr. Saikumar from Giridhar Institute, Dr. Jacob Mathew from Ernakulam and Dr. Suseela

Prabhakaran, Dr. Meena Chakrabarti, Dr. P S Girijadevi, Dr. K Mahadevan, Dr. V Sahasranamam and Dr. Biju John from Trivandrum.

Thrissur Academy of Ophthalmology (TACO)

A family get-together to Atirapally and Vazhachal was arranged on 8th Jan. On 15th Jan a CME of Govt. Medical College, Thrissur was conducted at Hotel Casino. SICS, Modern Surgical techniques in Glaucoma, Lamellar Keratoplasty, Orbital Implants and Limbal Stem Cell Transplantation were the topics.

The February meeting was held on 18th Feb at Hotel Casino. Dr.C V Anthryose spoke on management of Ocular Allergy. Dr.Senthil Nathan of Rajan Eye Care Centre, Chennai spoke on "What is new in Oculoplasty".

The March meeting was held on 18th March, at Hotel Casino. Dr.Ajith

Kumar, Asst. Prof of Dermatology, Medical College Hospital, Thrissur presented "What an Ophthalmologist should know about HIV". Dr V Sudha, Senior Lecturer in Ophthalmology, New Medical College Hospital, Thrissur presented "Ocular manifestations of HIV-AIDS".

The April meeting was on 22nd April

at Hotel Casino. Dr C L Antony, Associate Prof. of Ophthalmology, New Medical College Hospital, Thrissur gave a talk on "Practical Hints in Asepsis in Eye OT". Dr.Naresh Yadav, Consultant Vitreo-retinal surgeon of Ahalia Foundation Eye Hospital, Palakkad spoke on "Management of Post-surgical Endophthalmitis"

Date	Conducted by	Place	Screened	Operated
08-Jan-06	Amala Medical College	Parayakad	250	15
22-Jan-06	Nethra Eye Centre	Moonupeedika	550	49
12-Feb-06	Nethra Eye Centre	Kodungallore	400	75
18-Feb-06	Jubilee Mission Hospital	Tripriyar	230	58
19-Feb-06	Nethra Eye Centre	Varanharapilly	450	130
19-Feb-06	Santhi Hospital,Kodakkara	Kullor	82	15
19-Feb-06	Dr.Suneethy & Dr.Shoba Ramesh	Kallupuram	102	20
26-Feb-06	Jubilee Mission Hospital	Padavarad	64	17
05-Mar-06	Amala Institute of Medical Sciences	Nedupuzha	150	20
12-Mar-06	Jubilee Mission Hospital	Mariyapuram	180	22
19-Mar-06	New Medical College Hospital	Alagappanagar	160	18
26-Mar-06	Vijayasree Eye Hospital	Avinissery	300	45
26-Mar-06	Nethra Eye Care Centre	Kodungallore	250	25
02-Apr-06	Nethra Eye Care Centre	Azhikode	105	10
09-Apr-06	Jubilee Mission Hospital	Nadathara	84	12
23-Apr-06	Dr.K.R.Vijayan & team	Kodungallore	320	108
23-Apr-06	Jubilee Mission medical College	Kandassankadavu	51	10
30-Apr-06	Amala Institute of Medical Sciences	Puthur	100	12

Details of Camps conducted by TACO

REPORT OF KSOS EXECUTIVE COMMITTEE MEETING HELD ON 7th MAY 06

- Before finalising dates of CMEs kindly enquire with the Secretary, to avoid clashing of dates.
- Since our annual conference is in November, do not plan CMEs after early October.
- Those who haven't yet returned the format of personal details for directory updating (attached to the last journal) may do it at the earliest.
- KSOS membership form is attached along with the journal. Your fellow Ophthalmologists who are not members of KSOS may be given this application form.



KSOS members at APAO Congress 2006 Singapore (From left - Dr SaiKumar; Dr Leila Mohan; Dr K G R Nair; Dr Roshan George & Dr Arup Chakrabarti.)



Dear colleagues,
I request you to kindly send me the material that you like to publish in the Newsletter by E-mail or post.

With warm regards,
Dr. Rajiv Sukumaran
Priyanka Eye Hospital

Vavakavu PO Kollam 690528
E-mail: rajivsukumaran@gmail.com
Ph: 0476 2695472, 9895380696

Letter to the Editor, KJO....

"Hearty congratulations to you and your team for bringing out an excellent issue of Kerala Journal of Ophthalmology"
Dr.Shobana Mohandas
Retd. Prof. of Ophthalmology
MCH, Kottayam

OBITUARY

Dr.S.Sundareswaran, Senior Eye Surgeon, Coimbatore & founder member of Sankara Eye Society, Coimbatore.



This issue is sponsored by

AVESTA, a division of SUN PHARMACEUTICAL INDUSTRIES LTD.

Makers of EYEMIST EYE DROPS CAREPROST EYE DROPS HYVISC EYE DROPS

