REPORT OF IDUKKI MALANADU OPHTHALMIC CLUB

JANUARY 2025 To MARCH 2025

KSOS President's visit and CME

- 66TH CME meeting of IMOC and official visit of KSOS President Dr Mahesh G was conducted on 6TH February 2025 at Hotel Kabani Palace Muvattupuzha.
- Dr Mahesh G presented on the topic "Medicolegal aspects of endophthalmitis".
- Dr James Kuruvila,
 KSOS lifetime
 achievement awardee
 was honoured by Dr
 Mahesh G.







Installation Of New Office Bearers

- New team of office bearers for IMOC was installed on 6th March 2025, at Hotel Kabani Palace Muvattupuzha.
 - President: Dr M I Mohan
 - Vice president: Dr Elizabeth Varghese
 - Treasurer: Dr Mohan Markose
 - KSOS executive committe member :Dr Soman Mani
 - Secretary: Dr Sumitha Mary Jacob
 - Joint secretary: Dr Treasa D Nediyakalayil



(From left to right): Dr Mohan Markose, Dr Soman Mani, Dr Elizabeth Varghese, Dr M I Mohan, Dr Sumitha Mary Jacob, Dr Treasa D Nediyakalayil

CME-6TH MARCH 2025



- Dr Sachin Mathew George, Consultant Cornea And Refractive Surgeon Chaithanya eye hospital and Alphonsa eye hospitals, presented on the topics
 - "keratoconus-catching it early"
 - "Power Of Systane Science"

School Screening And Awareness Program

Talk & interactive Session spreading awareness on "The ill effects from excessive use of VDU/ electronic gadgets and the health hazards of increased screen time in children " with School Screening, conducted on 28th February 2025, at the Government Town UP school, Muvattupuzha by IMOC in collaboration with Ahalya Eye Hospital, Muvattupuzha.









REPORT ON WORLD GLAUCOMA WEEK ACTIVITIES

MARCH 8-15 2025

MOSC MEDICAL COLLEGE & IMOC: Glaucoma screening camp & public awareness activities

- World Glaucoma Week (March 9-15, 2025) was observed by the Department of Ophthalmology, MOSC Medical College, Kolenchery, in association with IMOC.
- Glaucoma day was celebrated at the Atrium of MOSC Medical College on March 12, 2025, at 10:30 AM.
 - A brief public awareness session on glaucoma, Free intraocular pressure (IOP) measurement for all attendees
 - Distribution of educational pamphlets on glaucoma prevention.



MOSC MEDICAL COLLEGE & IMOC: Glaucoma screening camp & public awareness activities

- □ Community Outreach Programme at CHC Kadayiruppu (13/03/2025)
 - Educating the community about Glaucoma and its silent progression.
 - Conducting comprehensive eye screenings, including IOP measurement.
 - Referral of suspected Glaucoma patients for further evaluation and management.
- Total number of patients screened: 200
- Glaucoma patients detected: 15





Ahalya Eye Hospital, Muvattupuzha & IMOC

- * Glaucoma Awareness Talk by Dr.Merie with patient and staff screening for Glaucoma on 12th March 2025 at Ahalya Eye Hospital, Muvattupuzha
- * Glaucoma screening camp with fundus photo (portable fundus camera) at Indira Gandhi group of institutions, Kothamangalam on 13 th March 2025.
- Glaucoma week awareness class by Dr.Merie Mathew at Private Bus stand Muvattupuzha.
 Notice distribution about glaucoma by Ahalia Team Muvattupuzha.

Ahalya Eye Hospital, Muvattupuzha & IMOC

- Glaucoma week
 awareness class by
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- Notice distribution about glaucoma by Ahalia Team Muvattupuzha.















Ahalya Eye Hospital, Muvattupuzha & IMOC

World glaucoma week awareness screening camp at Indira Gandhi college Nellikkuzhy by Muvattupuzh a AhaliaTeam















St Joseph's hospital Kothamangalam & IMOC

Glaucoma screening camp held at St Joseph's hospital Kothamangalam on 9-3-2025.

45 people underwent check-up, 5 glaucoma suspects



Alphonsa Hospital Thodupuzha & IMOC

- Alphonsa Eye Hospital, Thodupuzha conducted free eye camp for screening for glaucoma daily from 15/3/25 to 20/3/25 from 2.30 to 3.30 pm in the hospital.
- 73 patients were screened.
- Also provided HFA and OCT RNFL fee of cost to 8 patients.
- Awareness program in the form of posters and videos displayed in the hospital waiting areas.



Devamatha Hospital ,Koothattukulam

 Glaucoma awareness message, camp and mime were conducted under the able guidance of Dr.Ashok Kurian



Ahalia Foundation Eye Hospital Thodupuzha

Walkathon and talk about Glaucoma awareness conducted by TeamAhalia Foundation Eye Hospital Thodupuzha , Dr Anu Elizabeth, Dr Geethu Kurian and Dr Jain George.













Nedumchalil Eye Hospital,muvattupuzha

- Free glaucoma screening camp was conducted at on 15 March.
- Patients were screened by Dr Mohan Markose and Dr Julna.
- 37 were screened, 4were detected







SRS Eye Hospital, Koothattukulam & Kaduthuruthy

- SRS Eye Hospital, Koothattukulam & Kaduthuruthy
- Glaucoma screening camp- March 9-15(prebooked)
- □ 91 patients screened through camp & 14 patients on follow up.
- •Glaucoma awareness videos for public, local groups & inpatients for the whole week.
- •Screening was done by Dr.Smitha Rani Syriac, Dr.Nidhi Anna Mathew and Dr.Blessy Chacko



Compression Only Life Support (COLS) training was conducted at Alphonsa Eye Hospital, Thodupuzha by Dr. Manjit George on 29.03.2025.

