TOC May 2025

SCIENTIFIC MEETING

The annual conference of Trivandrum Ophthalmic Club, "Reflections 2025" was held at Hotel Residency Towers, Trivandrum on 18th May 2025. The event was inaugurated by KSOS President elect, Dr Rajeev Sukumaran. The comprehensive event showcased and exhaustive array of topics ranging from practical day to day clinical tips for general ophthalmologists, to the most recent advances in various subspecialties of ophthalmology. The highlights of the event included recent advances, diagnostic dilemmas, and video – based panel discussions on cataract and retina. Attendees: 126.

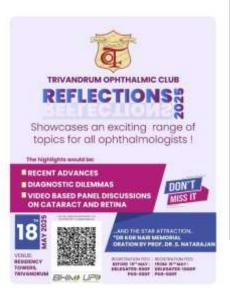
Dr Indrapal and Dr Jose K George were awarded 'Lifetime Achievement Awards' for their outstanding contribution to ophthalmology.

DR K G R MEMORIAL ORATION AWARD was awarded to Padmasree Prof Dr S Natarajan, founder president, Aditya Jyot hospital.

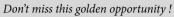
The TOC also gave away gold medals to top ophthalmology residents for the year based on a competitive examination. Dr. Gopika Gopakumar, RIO TVM bagged the TOC gold medal for 2025. Dr. Anu Philip from RIO TVM received the second place and Dr. Deepthi Roy RIO TVM secured third.

The CME held video-based panel discussions on cataract and diabetic macular edema.

The TOC launched its new website at the event. Dr Rajiv Sukumaran formally inaugurated the website.









REGISTRATION FEES
before : 15™ May
Delegates : 500₹
Post graduates : 300₹

FROM 15th REGISTRATION FEES
Delegates : 1000₹
Post graduates : 500₹







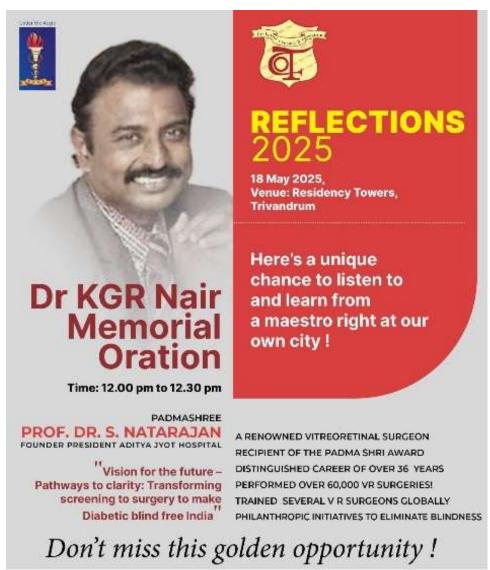








CMEs/ORATION AWARDS/WET LABS/PG TRAINING PROGRAMS





REGISTRATION FEES

before : 15th May Delegates : 500₹ Post graduates : 300₹

FROM 15th REGISTRATION FEES

Delegates : 1000₹ Post graduates : 500₹

DR K G R MEMORIAL ORATION AWARD was awarded to Padmasree Prof Dr S Natarajan, founder president, Aditya Jyot hospital at the TOC annual CME, Reflections 2025.

PUBLIC AWARENESS AND COMMUNITY ACTIVITIES AND CAMPS

MYOPIA AWARENESS TALK- Dr Veena Viswam, Amardeep Eye Hospital, did a public awareness talk on Myopia on All India Radio on 11th May 2025.

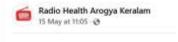


Dr Ashad Sivaraman gave a talk on FM radio in the program Radio Health Arogya Keralam on the topic – "Cataract surgery, all you need to know" on 15th May 2025.



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A. <u>ACTIVITIES BY INDIVIDUAL INSTITUTES OR MEMBERS</u>

SCIENTIFIC ACTIVITIES UNDER THE AEGIS OF CLUB AND OR KSOS

SACON 2025- A highly focused Cornea and Refractive surgery conference, SACOM 2025 was organised by Sreenethra Eye Care on 4th May 2025 under the aegis of TOC and

KSOS. Dr Swapna Nair served as the organising secretary of the event. Besides Dr Swapna, Dr Quresh Maskati, Dr Sidharthan, Dr Geetha Iyer, Dr Aadithreya varman ,Dr Shishir Verghese , Dr Niranjana Bejan Singh and Dr Molly Antony delivered talks at the CME. SACON 2025 witnessed an exciting postgraduate quiz competition with 36 participants from all over the state. Dr Gopika and Dr Anu from RIO Trivandrum bagged top honours while Dr Arya Chandran and Dr Safna Hamsa from Chaithanya eye care , Trivandrum finished second.



Sreenethra eye care SACON 25

ESSION 1 REFRACTIVE SURGERY Mod: Dr. M. Van	mthi, Dr.	Shabna A, Dr. Aadithreya V	erman
Work up of a refractive surgery patient	- 1	Dr. Sandton J.S. Raj	8mi
Reading Topography	200	Dr. Niranjana Bejan Singh	8mil
LASIK, Trans PRK & SMILE : My perspective	- 1	Dr. M.Vanathi	10mi
Presbyond : An Optimum Solution for Presbyopia	- 1	Dr. Aadithreya Varman	8mi
Management of complications of Phakic IOLs	- 1	Or. Swapna Nair	8mi
ESSION 2 MICROBIAL KERATITES Mod: Dr. Chiere	Raghov	an, Dr. Shammy Krishnan S	
Culture findings in Microbial Keratitis in Trivandrum	- 1	Dr. Molly Antony	8mi
Evidence based management in Microbial Keratitis	- 1	Dr. M. Vanathi	10mi
Ocular surface squamous neoplasia	: D	Dr. Geetha Iyer	12mi
ESSION 3 OUT OF THE BOX Mod: Dr. Sunil M S, I	or Aubo	5 Sivaraman	
Corneal Tattooing	200	Dr. K.S. Siddharthan	8mi
Winning the spotlight -		Dr. Shishir Verghese	8mi
Strategies for show stopping presentations			
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10.45am-12.25p			
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Lunch: 2:30pm

PG Quiz: 3.15pm - 4:30pm Register with: Mrs. Sasirekha - 8590604204 | Mrs. Rekha . R - 9037980827

















EYE CAMPS AND SCREENING CAMPS



- 1,Divyaprabha eye hospital launched a special program for testing vision of auto drivers. Inaugurated by kadakampally surendran.
- 2, Amardeep Eye Hospital, Trivandrum launched a new Myopia clinic and Optical outlet at its premises in the month of May 2025.



INDIVIDUAL ACHIEVEMENTS

Dr Aparna K S secured the award for the best paper in best photo essay image of DOS Times for the year 2024 -2025 for the topic orbital dirofilariasis mimicking lacrimal sac mucocele & kissing nevus of the eye lid.