

TOC May 2025

SCIENTIFIC MEETING

The annual conference of Trivandrum Ophthalmic Club, "Reflections 2025" was held at Hotel Residency Towers, Trivandrum on 18th May 2025. The event was inaugurated by KSOS President elect, Dr Rajeev Sukumaran. The comprehensive event showcased an exhaustive array of topics ranging from practical day to day clinical tips for general ophthalmologists, to the most recent advances in various subspecialties of ophthalmology. The highlights of the event included recent advances, diagnostic dilemmas, and video – based panel discussions on cataract and retina. Attendees: 126.

Dr Indrapal and Dr Jose K George were awarded 'Lifetime Achievement Awards' for their outstanding contribution to ophthalmology.

DR K G R MEMORIAL ORATION AWARD was awarded to Padmasree Prof Dr S Natarajan, founder president, Aditya Jyot hospital.

The TOC also gave away gold medals to top ophthalmology residents for the year based on a competitive examination. Dr. Gopika Gopakumar, RIO TVM bagged the TOC gold medal for 2025. Dr. Anu Philip from RIO TVM received the second place and Dr. Deepthi Roy RIO TVM secured third.

The CME held video-based panel discussions on cataract and diabetic macular edema.

The TOC launched its new website at the event. Dr Rajiv Sukumaran formally inaugurated the website.


TRIVANDRUM OPHTHALMIC CLUB
REFLECTIONS 2025

Showcases an exciting range of topics for all ophthalmologists !

The highlights would be:

- RECENT ADVANCES
- DIAGNOSTIC DILEMMAS
- VIDEO BASED PANEL DISCUSSIONS ON CATARACT AND RETINA

DON'T MISS IT


18 MAY 2025

AND THE STAR ATTRACTION,
"DR KGR NAIR MEMORIAL ORATION BY PROF. DR. S. NATARAJAN"

VENUE: RESIDENCY TOWERS, TRIVANDRUM

REGISTRATION FEES:
BEFORE 18TH MAY : FROM 9TH MAY :
DELEGATES- 500₹ DELEGATES- 1000₹
PGs- 300₹ PGs- 500₹

 **SHRI LPA**


Dr KGR Nair Memorial Oration
Time: 12.00 pm to 12.30 pm

REFLECTIONS 2025
18 May 2025,
Venue: Residency Towers, Trivandrum


Here's a unique chance to listen to and learn from a maestro right at our own city !

PADMASHREE
PROF. DR. S. NATARAJAN
FOUNDER PRESIDENT ADITYA JYOT HOSPITAL

A RENOWNED VITREORETINAL SURGEON
RECIPIENT OF THE PADMA SHRI AWARD
DISTINGUISHED CAREER OF OVER 36 YEARS
PERFORMED OVER 60,000 VR SURGERIES!
TRAINED SEVERAL V R SURGEONS GLOBALLY
PHILANTHROPIC INITIATIVES TO ELIMINATE BLINDNESS

"Vision for the future –
Pathways to clarity: Transforming
screening to surgery to make
Diabetic blind free India"

Don't miss this golden opportunity !




REGISTRATION FEES	
before	: 15 th May
Delegates	: 500₹
Post graduates	: 300₹
FROM 15th REGISTRATION FEES	
Delegates	: 1000₹
Post graduates	: 500₹






CMEs/ORATION AWARDS/WET LABS/PG TRAINING PROGRAMS



**Dr KGR Nair
Memorial
Oration**

Time: 12.00 pm to 12.30 pm



**REFLECTIONS
2025**

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PUBLIC AWARENESS AND COMMUNITY ACTIVITIES AND CAMPS

MYOPIA AWARENESS TALK- Dr Veena Viswam, Amardeep Eye Hospital, did a public awareness talk on Myopia on All India Radio on 11th May 2025.



Dr Ashad Sivaraman gave a talk on FM radio in the program Radio Health Arogya Keralam on the topic – “Cataract surgery, all you need to know” on 15th May 2025.



A. ACTIVITIES BY INDIVIDUAL INSTITUTES OR MEMBERS

SCIENTIFIC ACTIVITIES UNDER THE AEGIS OF CLUB AND OR KSOS

SACON 2025- A highly focused Cornea and Refractive surgery conference, SACOM 2025 was organised by Sreenethra Eye Care on 4th May 2025 under the aegis of TOC and

KSOS. Dr Swapna Nair served as the organising secretary of the event. Besides Dr Swapna, Dr Quresh Maskati, Dr Sidharthan, Dr Geetha Iyer, Dr Aadithreya varman ,Dr Shishir Verghese , Dr Niranjana Bejan Singh and Dr Molly Antony delivered talks at the CME. SACON 2025 witnessed an exciting postgraduate quiz competition with 36 participants from all over the state. Dr Gopika and Dr Anu from RIO Trivandrum bagged top honours while Dr Arya Chandran and Dr Safna Hamsa from Chaithanya eye care , Trivandrum finished second.



Sreenethra
eye care
PRESENTS

SCIENTIFIC PROGRAM @
SACON25

4th MAY 2025, HYATT REGENCY, THIRUVANANTHAPURAM

SESSION 1 REFRACTIVE SURGERY Mod: Dr. M.Vanathi, Dr. Shabna A, Dr. Aadithreya Varman

(9:00am - 9:45am)	Work up of a refractive surgery patient	- Dr. Sandton J.S. Raj	8min
	Reading Topography	- Dr. Niranjana Bejan Singh	8min
	LASIK, Trans PRK & SMILE : My perspective	- Dr. M.Vanathi	10min
	Presbyond : An Optimum Solution for Presbyopia	- Dr. Aadithreya Varman	8min
	Management of complications of Phakic IOLs	- Dr. Swapna Nair	8min

SESSION 2 MICROBIAL KERATITIS Mod: Dr. Chitra Raghavan, Dr. Shammy Krishnan S

(9:50am - 10:20am)	Culture findings in Microbial Keratitis in Trivandrum	- Dr. Molly Antony	8min
	Evidence based management in Microbial Keratitis	- Dr. M.Vanathi	10min
	Ocular surface squamous neoplasia	- Dr. Geetha Iyer	12min

SESSION 3 OUT OF THE BOX Mod: Dr. Sunil M S, Dr. Ashad Sivaraman

(10:20am - 11:30am)	Corneal Tattooing	- Dr. K.S. Siddharthan	8min
	Winning the spotlight -	- Dr. Shishir Verghese	8min
	Strategies for show stopping presentations		

10.45am- 12.25pm

Inauguration

Oration - (Dr Quresh Maskati)

Corneal and Ocular Surface Surgeries (Which, When, How, Where)

SESSION 4 KERATOPLASTIES Mod: Dr Rajiv Sukumaran, Dr. Swapna Nair, Dr. K.S Siddharthan

(11:20pm - 1:00pm)	Tips for a Successful Keratoplasty	- Dr. Niranjana Bejan Singh	8min
	DALK	- Dr. M.Vanathi	10min
	DMEK	- Dr. K.S. Siddharthan	10min
	KPro	- Dr. Geetha Iyer	12min

SESSION 5 ECTASIAS Mod: Dr. Geetha Iyer, Dr. Bini S T

(1:40pm - 1:30pm)	Keratoconus diagnosis and current crosslinking protocols	- Dr. Aadithreya Varman	10min
	Optical correction in the keratoconic eye	- Dr. Quresh Maskati	8min
	Surgical management of keratoconus	- Dr. K.S. Siddharthan	10min

SESSION 6 IMMUNE MEDIATED CORNEAL DISORDERS Mod: Dr. Suseela B Nair, Dr. Veena Viewam

(1:40pm - 2:30pm)	ABCDE of Dry Eye Disease	- Dr. Quresh Maskati	10min
	Cicatricial Keratopathies : SJS / OCP	- Dr. Geetha Iyer	12min
	Surgical management of PUK	- Dr. K.S. Siddharthan	10min
	Lifitegrast - A Novel immunomodulator (What, Why, How, Where)	- Dr. Quresh Maskati	6min

Lunch : 2:30pm

PG Quiz : 3:15pm - 4:30pm

Register with: Mrs. Sasirekha - 8590604204 | Mrs. Rekha R - 9037980827



Scan the QR Code for Registration



EYE CAMPS AND SCREENING CAMPS



1, Divyaprabha eye hospital launched a special program for testing vision of auto drivers. Inaugurated by kadakampally surendran.

2, Amardeep Eye Hospital, Trivandrum launched a new Myopia clinic and Optical outlet at its premises in the month of May 2025.



INDIVIDUAL ACHIEVEMENTS

Dr Aparna K S secured the award for the best paper in best photo essay image of DOS Times for the year 2024 -2025 for the topic orbital dirofilariasis mimicking lacrimal sac mucocoele & kissing nevus of the eye lid.