


## **TOC : July 2025**

### **SCIENTIFIC MEETINGS**


1. CME meeting of TOC in association with KIMS health on 15<sup>th</sup> July at SP Grand Days Trivandrum. Talk was on Endoscopic orbital surgeries by Dr Vinod Felix consultant KIMS and Dr Ajith R Associate Consultant Neurosurgery KIMS. Attendees were 45

**TRIVANDRUM OPHTHALMIC CLUB**  
IN ASSOCIATION WITH **KIMSHEALTH**  
PRESENTS **CME**

**ENDOSCOPIC ORBITAL SURGERIES**


**SPEAKER**

**Dr. Vinod Felix**  
Consultant - ENT  
KIMSHEALTH Trivandrum



**SPEAKER**

**Dr. Ajith R**  
Associate Consultant - Neurosurgery  
KIMSHEALTH Trivandrum




**15<sup>TH</sup> JULY 2025 | TUESDAY | 07.15 PM**  
**SP GRAND DAYS, TRIVANDRUM**

**Dr. Minu Mathen**  
President

**Dr. Ashad Sivaraman**  
Secretary

**Dr. Ashok Natarajan**  
Treasurer

**RSVP: Mr. Mohammed Rameez, Ph: 7293599026**

 **KIMSHEALTH**

Concept & Design by KIMSHEALTH AUDIOVISUAL 06/2025

2. Annual GB meeting of TOC conducted on July 30<sup>th</sup>, Residency Towers Trivandrum.

The scientific session started with a talk on Cataract surgery by Dr. Lional Raj, Agarwal Eye Hospital Tirunelveli in a full hall. The topic was "Vision beyond monofocal." The second talk was by Dr Sony George, Vasan Eye Care Hospital Cochin on "Demystifying presbyopia correction for glass free life – IOL options and customization techniques."

Distribution of mementos as a token of appreciation was done for all the faculty of PG training program conducted on 06-07-2025 and followed by GB meeting.

The Annual report of the TOC for the year 2024-25 was presented by Dr. Ashad Sivaraman. Dr. Anitha Prabhakaran, Scientific committee Chairman presented the Annual Scientific Committee Report for the year 2024-2025. Treasurer Dr. Ashok Nataraj presented the financial report of the updated accounts approved by the auditor till March 2024.

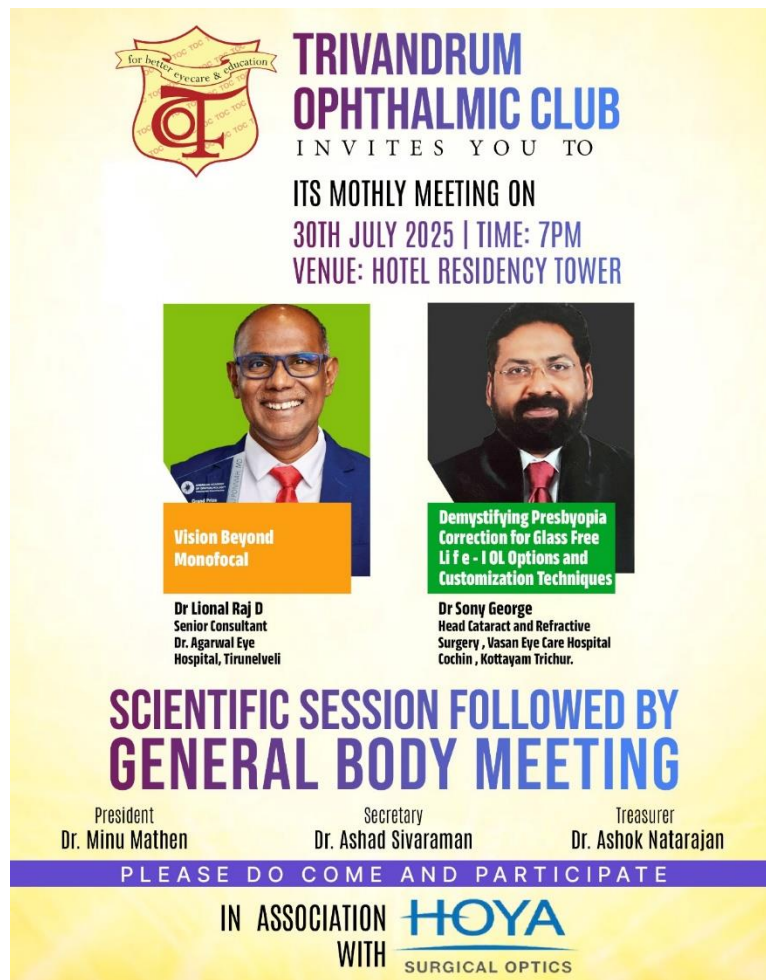
Declaration of new office bearers done by the returning officer, Dr. George Thomas. As the Vice president automatically becomes the President by the bylaws of the TOC, Dr. Thomas George was announced as taking over as TOC President.

For the post of Vice President, Dr. Devin Prabhakar the nomination was found to be in order and was declared elected by the returning officer.

Rest of the team secretary Dr Ashad Sivaraman and treasurer Dr Ashok Nataraj to be continued in the respective posts.

Dr Veena Vishwam resigned from her post joint secretary due to personal reasons. Dr Saji Nair from the executive committee got selected as new joint secretary.

Total number of attendees were 70



The poster for the Trivandrum Ophthalmic Club's monthly meeting features a yellow background with a blue and red logo at the top left. The logo is a shield with a stylized 'T' and 'O' and the text 'for better eyecare & education'. To the right of the logo, the text reads 'TRIVANDRUM OPHTHALMIC CLUB INVITES YOU TO ITS MONTHLY MEETING ON 30TH JULY 2025 | TIME: 7PM VENUE: HOTEL RESIDENCY TOWER'. Below this, there are two portraits of speakers. The first is Dr. Lionel Raj D, a man with glasses and a blue suit, with the text 'Vision Beyond Monofocal' below his portrait. The second is Dr. Sony George, a man with a beard and a dark suit, with the text 'Demystifying Presbyopia Correction for Glass Free Life - IOL Options and Customization Techniques' below his portrait. Below the portraits, the text reads 'SCIENTIFIC SESSION FOLLOWED BY GENERAL BODY MEETING'. At the bottom, there are three names: President Dr. Minu Mathen, Secretary Dr. Ashad Sivaraman, and Treasurer Dr. Ashok Natarajan. Below these names is a purple banner with the text 'PLEASE DO COME AND PARTICIPATE'. At the very bottom, it says 'IN ASSOCIATION WITH HOYA SURGICAL OPTICS'.

**TRIVANDRUM OPHTHALMIC CLUB**  
INVITES YOU TO  
ITS MONTHLY MEETING ON  
30TH JULY 2025 | TIME: 7PM  
VENUE: HOTEL RESIDENCY TOWER

**Dr Lionel Raj D**  
Senior Consultant  
Dr. Agarwal Eye  
Hospital, Tirunelveli

**Dr Sony George**  
Head Cataract and Refractive  
Surgery, Vasan Eye Care Hospital  
Cochin, Kottayam Trichur.

**SCIENTIFIC SESSION FOLLOWED BY  
GENERAL BODY MEETING**

President  
**Dr. Minu Mathen**

Secretary  
**Dr. Ashad Sivaraman**

Treasurer  
**Dr. Ashok Natarajan**

**PLEASE DO COME AND PARTICIPATE**

IN ASSOCIATION  
WITH **HOYA**  
SURGICAL OPTICS







## PG TRAINING PROGRAM

TOC conducted a full day (10am to 5pm) PG training program on 06-07-2025 at Sreenethra which covered the topics refraction, oculoplasty, squint and neuro-ophthalmology, by Dr Sahasranamam, Dr Reena Rasheed, Dr Arya, Dr Aparna, Dr Harshali, Dr Gemini and optometrist Ms. Sivapriya in the forenoon session and hands on training in Refraction in the afternoon. 36 PGs and 12 faculty members attended the program.



**TRIVANDRUM  
OPHTHALMIC  
CLUB**

### Skill Transfer with Hands on Training for PGs



**6 July 2025 | Time : 10.00 AM to 4.30 PM**  
**Venue : Sreenethra Eye Care, Trivandrum**

**PROGRAM**

9.45 am	:	Welcome and Introduction
10.00 - 11.00 am	:	<b>REFRACTION</b> Dr V. Sahasranamam, Ms. Sivapriya
11.00 - 12.00 Noon	:	<b>OCULOPLASTY</b>
11.00 - 11.30 am	:	<b>PTOSIS</b> , Dr. Aparna KS
11.30 - 12.00 Noon	:	<b>PROPTOSIS</b> , Dr. Reena Rasheed
12.00 - 12.30	:	<b>SQUINT</b> , Dr.Arya AR
12.30 - 01.30 pm	:	<b>NEURO OPHTHALMOLOGY</b>
12.30 - 01.00 pm	:	<b>PUPIL</b> , Dr. Harshali Yadav
01.00 - 01.30 pm	:	<b>NYSTAGMUS</b> , Dr Gemini Issac
01.30 - 02.00 pm	:	Lunch
02.00 - 04. 30 pm	:	<b>Hands on Training in Refraction</b>



President  
**DR. MINU MATHEN**



Secretary  
**DR. ASHAD SIVARAMAN**



Treasurer  
**DR. ASHOK NATARAJAN**



Scientific Com. Chairman  
**DR. ANITHA UNNIKRISHNAN**







## PUBLIC AWARENESS AND COMMUNITY ACTIVITIES AND CAMPS

Dr Athira and Dr Devika Residents at Sreenethra Eye Care presented “Ocular diseases in adolescents” at Child Development Centre” Trivandrum on 08-07-2025.



