

August 2025

The monthly meeting of OSK for August 2025 was held on 26th August at Hotel Benale International, Kannur. The meeting commenced with a welcome address by Dr. Suchitra Bhat, President OSK, followed by the reading of the minutes of the previous meeting by the Secretary.

Dr. Swetha K introduced the guest speaker, **Dr. Nandagopal Onden Kallath**, who delivered an enlightening talk on “The 6/6 Rule: See Your Financial Vision Clearly.”

The session, though outside the field of ophthalmology, was highly relevant and thought-provoking. Dr. Nandagopal emphasized the importance of developing clarity in financial planning, just as we strive for clarity of vision in our profession. He highlighted common pitfalls doctors face in money management, the need for disciplined saving and investment, and practical strategies to secure financial independence. The talk reminded members that while we dedicate ourselves to patient care, personal financial health is equally vital for long-term stability.

As a token of appreciation, Dr. Sharmil presented a memento to Dr. Nandagopal. The meeting concluded with dinner and fellowship, strengthening professional bonds and camaraderie among members.

Dr Nandagopal delivering his talk on investment





Dr Sharmil presenting a memento to Dr Nandagopal



