

## **TOC : AUGUST 2025**

### **A. ACTIVITIES DIRECTLY BY THE CLUB**

#### **SCIENTIFIC MEETINGS**

TOC monthly meeting on Saturday, 16th August, from 7:00 pm to 8:30 pm at SP Grand Days. Speaker: Dr. Devendra Maheshwari, Senior Glaucoma Consultant, Aravind Eye Hospital, Tirunelveli. Topic: "Kick Start Your MIGS Journey in the Indian Scenario". Attendance was 38.

**TRIVANDRUM OPHTHALMIC CLUB**  
INVITES YOU TO

**TOPIC:**  
Kick start your MIGS journey in Indian scenario

**Speaker :**  
Dr Devendra Maheshwari  
Senior Glaucoma Consultant  
MIGS and Phaco Surgeon  
Aravind Eye Hospital  
Tirunelveli

**16 AUGUST 2025, SATURDAY**  
Time: 7.00 pm | SP Grand Days Trivandrum

President: Dr. Thomas George    Vice President: Dr. Devin Prabhakar    Secretary: Dr. Ashad Sivaraman    Treasurer: Dr. Ashok Natarajan

PLEASE DO COME AND PARTICIPATE

Meeting Supported By **Sun Pharma**  
Avesta division

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Kick start your MIGS journey in Indian scenario

**Speaker**  
Dr Devendra Maheshwari  
Senior Glaucoma Consultant  
MIGS and Phaco Surgeon  
Aravind Eye Hospital  
Tirunelveli

**Chair**  
Dr Meena Nair  
Senior consultant glaucoma  
Chaitanya eye hospital and research institute

**Co Chair**  
Dr. Beena Thankappan  
Professor CAP  
RIO, Trivandrum

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## PG TRAINING PROGRAMS

A full-day PG training program was held by TOC at Precise specialty eye care – new block on 10<sup>th</sup> August 2025 with Hands on training on indirect ophthalmoscopy. The faculty for the event included Dr Manoj Soman (Clinical diagnosis and management of retinal detachment), Dr Rejina Mohan PT (Hereditary retinal disorders), Dr Ponny J Kumar (Understanding OCT), Dr Juliana Rositta Stephen (FFA and ICG decoded), Dr Ashok Nataraj (Retinal vascular disorders) and hands on training Indirect ophthalmoscopy by Dr Varsha Vijayan, Dr Padmanabhan, Dr Nimi R, Dr Shinu Muralidharan, Dr Mridula Gangwar and Dr Sreelekha. The session was attended by 30 PGs, 12 faculty and 5 supporting staff.



**TRIVANDRUM  
OPHTHALMIC  
CLUB**

### PG skill transfer program : Hands on training in Retina

**10 August 2025 | Time : 10.00 AM to 4.30 PM**

**Precise specialty eye care - new block**



#### PROGRAM

10.00 am	: Clinical diagnosis and management of Retinal Detachment Dr Manoj Soman
10.30 am	: Hereditary retinal disorders Dr. Rejina Mohan P T
11.00 am	: Tea break
11.30 am	: Understanding OCT Dr. Ponny J Kumar
12 noon	: FFA and ICG Decoded Dr Juliana Rositta Stephen
12.30 pm	: Retinal vascular disorders Dr. Ashok Natarajan
1.00 to 1.30 pm	: Lunch
1.30 to 4.30 pm	: Hands on training Indirect Ophthalmoscopy

**Station 1**  
Dr Varsha Vijayan  
Dr Padmanabhan

**Station 2**  
Dr Juliana Rositta Stephen  
Dr Nimi R

**Station 3**  
Dr Shinu Muralidharan  
Dr Mridula Gangwar

**OCT**  
Dr. Sreelekha  
Dr. Ponny J Kumar



President  
DR. THOMAS GEORGE



Secretary  
DR. ASHAD SIVARAMAN



Treasurer  
DR. ASHOK NATARAJAN



Scientific Com. Chairman  
DR. ANITHA UNNIKRISHNAN

## B. ACTIVITIES BY INDIVIDUAL INSTITUTES OR MEMBERS

### SCIENTIFIC ACTIVITIES UNDER THE AEGIS OF CLUB AND OR KSOS

RIO Trivandrum Alumni Association organized “Scintillans” CME-Ikshana 2025 on 24<sup>th</sup> August 2025 at Hotel SP Grand days in association with TOC. The event included the following key sessions:

- Checkmates in glaucoma: Chaired by Dr Susan Philip, moderated by Dr Leema Rose Thomas. Talks included “Primary tubes vs modified trabeculectomy in secondary glaucoma” by Dr Sathyan P, “Next generation diagnostics in glaucoma detection” by Dr John Davis Akkara, “My experience with MIGS” by Dr Sathyan P.

- Blind spots in pediatric ophthalmology: Chaired by Dr Naina Jabeen Hyder, moderated by Dr Awungshi Philamazan. Talks included “My innovations in pediatric cataract surgery” by Dr Leila Mohan, “Beyond occlusion in amblyopia management” by Dr Sanitha Sathyan, “My experience with ROP babies: Lessons learned in two decades of practice” by Dr Natasha Radhakrishnan.
- Pearls in the posterior: Chaired by Dr Mahesh Gopalakrishnan, moderated by Dr Dhanya RS. Talks included “My preferred practice pattern in CSCR” by Dr Mahesh G, “OCT and OCTA in AMD” by Dr Chaithra Jayadev, “FFA basics and common clinical scenarios” by Dr MS Sunil.
- Code blue. No clue: Chaired by Dr K Mahadevan, moderated by Dr PS Girija Devi. Talks included “My patient is pulseless” by Dr Linette J Morris, “IOP is rocketing” by Dr Saikumar SJ, “The scary hypopyon on post op day one” by Dr Mahesh G.
- A quiz program (open to all) was conducted by the quiz masters Dr Anjana Nair, Dr Lekshmisree, Dr Lekshmi G on an online platform for every scientific session keeping the delegates on their toes and accolading the alert attendees.





RIO TRIVANDRUM ALUMNI ASSOCIATION

# SCINTILLANS

CME - Īkshana 2025



24 August, 2025

Hotel SP Grand days

SESSION 1 : 09:00 A.M. TO 09:45 A.M.

## CHECKMATES IN GLAUCOMA

**Chairperson: Dr. Susan Philip**  
**Moderator: Dr. Leema Rose Thomas**

Primary Tubes vs Modified trabeculectomy in  
secondary glaucoma : Dr. Sathyan P

Next Generation Diagnostics in Glaucoma  
Detection : Dr. John Davis Akkara

My experience with MIGS : Dr. Sathyan P



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# SCINTILLANS

CME - Īkshana 2025



24 August, 2025



Hotel SP Grand days

**SESSION 2 : 10:00 A.M. TO 10:45 A.M.**

## Blind Spots in Paediatric Ophthalmology

**Chairperson : Dr.Naina Jabeen Hyder**

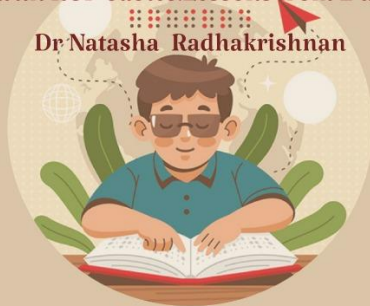
**Moderator : Dr.Awungshi Philamazan**

My innovations in Paediatric Cataract Surgery : Dr.Leila Mohan

Beyond Occlusion in Amblyopia management : Dr.Sanitha Sathyan

My experience with ROP babies:Lessons from 2 decades of practice :

Dr.Natasha Radhakrishnan





RIO TRIVANDRUM ALUMNI ASSOCIATION

# SCINTILLANS

CME - Īkshana 2025

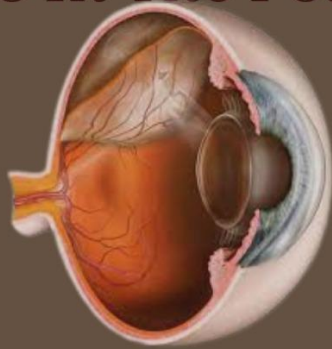


24 August, 2025



Hotel SP Grand days

**SESSION 3: 12:00 P.M. TO 12:45 P.M.**  
**Pearls In The Posterior**



**Chairperson : Dr.Mahesh Gopalakrishnan**  
**Moderator : Dr.Dhanya R.S**

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My Preferred practice pattern in CSCR : Dr. Mahesh G  
OCT And OCTA in AMD : Dr. Chaitra Jayadev  
FFA Basics and common clinical scenarios : Dr. M S Sunil



RIO TRIVANDRUM ALUMNI ASSOCIATION

# SCINTILLANS

CME - Īkshana 2025



24 August, 2025



Hotel SP Grand days

SESSION 4 : 01:45 P.M. TO 02:45 P.M.



## CODE BLUE

NO CLUE?

Chairperson : Dr K Mahadevan

Moderator : Dr P S Girija Devi



My patient is pulseless!! : Dr.Linette J Morris

IOP is rocketting! : Dr.Saikumar S J

The scary hypopyon on post op day one : Dr.Mahesh G





**RIO TRIVANDRUM ALUMNI ASSOCIATION**

**SCINTILLANS - CME IKSHANA 2025**

**24 August 2025** **Hotel SP Grand Days**

# QUIZ

**Following Each  
Scientific Session**

**Participants:**  
**Open for all**

**Attractive Prizes  
for Winners!**

**Quiz masters:**  
**Dr Anjana Nair**  
**Dr Lekshmisree**  
**Dr Lekshmi G**



**Online platform**

**Mentimeter**

## PUBLIC AWARENESS AND COMMUNITY ACTIVITIES

Dr Swapna Nair from Sreenethra Eye Care conducted an eye donation awareness class at SUT medical college hospital



## OTHERS

Dr Veena Viswam presented the Theory part in “Faico-exams made easy part 2, subspecialty cataract”, a KSOS Scientific committee webinar event on 12<sup>th</sup> August 2025.

**KSOS**   
**SCIENTIFIC COMMITTEE**  
REACH - TEACH - ENRICH

**YOUNG OPHTHALMOLOGISTS LOUNGE**  
IN COLLABORATION WITH YOUNG  
OPHTHALMOLOGIST SOCIETY OF INDIA

**Module 9**

**FAICO-EXAMS MADE EASY PART 2**  
**SUBSPECIALITY CATARACT**  
**TUESDAY 12 AUGUST 2025 8 PM**

**WEBINAR**

**MODERATORS**

  
**Dr. VEENA VISWAM**  
AMARDEEP EYE HOSPITAL  
TRIVANDRUM  
THEORY PART

  
**Dr. PRASANNA VENKATESH**  
PRACTICALS

  
**Dr. RAKHI D'CRUZ**  
CHAITHANYA  
EYE HOSPITAL, KOLLAM

  
**Dr. APARNA MURALI**  
AHALIA EYE HOSPITAL,  
KOTTAKKAL

**PANEL**

  
**Dr. AADITHREYA VARMAN**  
CHENNAI

  
**Dr. MERINE PAUL**  
THRISSUR

  
**Dr. SHALU CHAVAN**  
NAGPUR

  
**Dr. ADITHYA JOSHI**  
THIRUVALLA

Dr Rekha RS, Associate Professor and Dr Saranya MS, junior resident from Sree Gokulam Medical College, Thiruvananthapuram were part of the PG Class Room (virtual) module 24, organized by KSOS Scientific Committee on 25<sup>th</sup> August 2025.



**KSOS SCIENTIFIC COMMITTEE**  
**REACH, TEACH, ENRICH**  
**PG CLASS ROOM (VIRTUAL)**   
**MODULE 24**  
**2025 AUGUST 16 SATURDAY 8 PM**



**Dr. SARANYA M.S**  
Junior Resident Sree Gokulam  
Medical College  
Trivandrum



**Dr. REKHA R.S**  
Associate Professor  
Sree Gokulam Medical College  
Trivandrum



**Dr. P. MANGALA**  
HOD, Cornea & Refractive  
Surgery Services  
Aravind Eye Hospital,  
Coimbatore

**Dr MAHESH G** President

**Dr. BIJU JOHN** Secretary

**Dr. BASTIN V.A** Chairman Scientific Committee

**Dr. MARIAN PAULY** Course Co-ordinator, Member Scientific Committee

**Dr. MERINE PAUL** Member Scientific Committee

**Dr. RAJESH O.T** Member Scientific Committee