Dr Neena R

Senior Consultant & Head-Department of Paediatric Ophthalmology, Strabismus and Neuro-0phthalmology, Giridhar Eye Institute, Kadavanthara, Kochi

- MBBS from Government Medical College, Trivandrum, Kerala, India
- Master of Surgery (MS Ophthalmology), Diploma in Ophthalmology (D.O) from Regional Institute of Ophthalmology, Trivandrum, Kerala, India

- Diplomate of National Board (DNB) Ophthalmology from National Board of Examinations, New Delhi, India.
- Sir Ratan Tata Fellowship in Advanced cataract surgery and community Ophthalmology from Sankara Nethralaya, Chennai, India.
- Fellowship training in Paediatric Ophthalmology and Strabismus in Sankara Nethralaya, Chennai, India
- Worked at leading private institutes in Mangalore, Calicut, Mumbai, Chennai.
- Associate Consultant in Paediatric Ophthalmology, Strabismus and Neuro-ophthalmology at Sankara Nethralaya, Kolkata as from 2010-2013
- Participated in several continuing medical education programs, presented & published papers, organised workshops

and webinars at state, national and international platforms.

- **Winner of the best case presentatio**n at Strabismus & Paediatric Ophthalmological Society of India- American Academy of Pediatric Ophthalmology**(SPOSI-AAPOS) Annual CME 2016** at **Jaipur, India** .
- **Winner of the Dr Sankara Menon award for best paper** at Kerala Society of Ophthalmic Surgeons(KSOS) annual CME **DRISHTI 2018** at **Kannur, Kerala**, India.
- **Winner of the Dr Noel Moniz Anterior Segment Award for best paper** at Kerala Society of Ophthalmic Surgeons(KSOS) annual CME **DRISHTI 2021**
- **Winner of the Prem Prakash Disha award for the best paper in Strabismus** session at All India Ophthalmological Society Conference (**AIOC) 2022**, **Mumbai, India.**

- **Winner of second prize for best case presentation** at 5th Annual Conference of Indian Neuro-ophthalmic Society **(INOS) CME 2023** at **Hyderabad , India.**
- **Winner of the best free paper (Adult Ophthalmology**) at World Congress of Paediatric Ophthalmology & Strabismus **(WCPOS) 2024**, **Kuala-Lumpur, Malaysia**.
- **Winner of the Dr KGR Nair Memorial Free Paper Award** at Kerala Society of Ophthalmic Surgeons(KSOS) annual CME **DRISHTI 2024 at Kochi, Kerala, India.**
- **Winner of the best paper at Mid-term SPOSICON** (Strabismus & Paediatric Ophthalmology Society of India) on 8th June 2025 at **Kochi, Kerala**
- Over 21 years teaching and clinical experience.
- Mentored & trained many post-graduate students.

- **Reviewer** of many indexed journals including "**Ophthalmology", "Strabismus", "American Journal of Ophthalmology", "Indian Journal of Ophthalmology", "Kerala Journal of Ophthalmology", "BMC Ophthalmology""**
- **Associate Editor, Kerala Journal of Ophthalmology**
- **Scientific Committee Chairperson, Cochin Ophthalmic Club**.
- Special Interests: Neuro-ophthalmology, Paediatric Cortical Visual Impairment, Myopia control, Complex Strabismus, Acquired Comitant Esotropias, Inherited Ophthalmic diseases

PUBLICATIONS:

1) **R. Neena**, Aarti Jain, GiridharAnantharaman, Michelle Aline Antony, Carcinoma -associated

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2) **Neena R**, Giridhar A. Acute acquired comitant esotropia in children: A benign entity or an ominous sign?. **Kerala J Ophthalmol2019;31:33-8**

3) **Neena R,** Giridhar A. Effectiveness of prisms in relieving diplopia in superior oblique palsies. **Kerala J Ophthalmol2016;28:38-42**

4) Manju M, **Neena R.** Photoscreening devices. **Kerala J Ophthalmol2018;30:58-60**

5) **Neena R,** Dominic M. Allergic fungal sinusitis presenting as optic neuritis: A diagnostic dilemma**. Kerala J Ophthalmol2019;31:225-**

6) **Neena R,** Gopan A, Nasheetha A, Giridhar A. Can photoscreening effectively detect amblyogenic risk factors in children with neurodevelopmental disability? **Indian J Ophthalmol2022;70:228-32.**

7) **Neena R**, Nasheetha A, Prakash N, Giridhar A. Atropine in myopia – Does it reduce progression? Results of Phase 1 clinical trial in children attending a tertiary eye care center in South India. **Kerala J Ophthalmol2022;34:21-6.**

8) **Neena R,** Remya S, Anantharaman G. Acute acquired comitant esotropia precipitated by excessive near work during

the COVID-19-induced home confinement. **Indian J Ophthalmol2022;70:1359-64**

9) **Neena R**, Vikraman M. Oil droplet appearance of posterior lenticonus mimicking subluxation of lens**. Indian J Ophthalmol Case Rep 2022;2:806-7**

10) Elias A, **Neena R**, Giridhar A. Ethambutol-induced optic neuropathy: A case series. **Kerala J Ophthalmol2022;34:55-61**

11) Chandran K, Lekha T, Giridhar A, **Neena R.** Utility of multimodal imaging in the detection and follow-up of retinal astrocytic hamartomas in a young girl with tuberous sclerosis complex. **Indian J Ophthalmol2022;70:2725-7.**

12) **Neena R,** Vikraman M. "Egg in the eye appearance" of traumatic pre-existing posterior capsular defect presenting as

near-total cataract**. Kerala J Ophthalmol2022;34:274-6.**

13) **Neena, R**., M. Gayathri, Nimmy Prakash, and GiridharAnantharaman. "Impact of online classes on eye health of children and young adults in the setting of COVID-19 pandemic: A hospital-based survey." ***Oman Journal of Ophthalmology*** **16, no. 1 (2023): 45.**

14) **Neena, R**., Borgohain, A., Anantharaman, G., & Baby, N. (2022). Post-infectious Non-paraneoplastic Autoimmune Retinopathy in Paediatric age group: A high index of suspicion, Multimodal Imaging and Early treatment can restore vision. ***Retinal Cases and Brief Reports*****, 10-1097.**

15) **Neena, R**., Mathew Dominic, and Ranjima Abraham. "NUT carcinoma presenting as retrobulbar optic neuropathy: A lethal

masquerade!." ***Indian Journal of Ophthalmology-Case Reports*** **3.4 (2023): 1057-1060.**

16) Namitha, V. G., and **R. Neena**. "Fleeting diplopia and wobbly feet: Miller-Fisher syndrome-presenting as bilateral abducent nerve palsy**."** ***Kerala Journal of Ophthalmology*** **35.3 (2023): 316-318.**

17) Saxena, Rohit, Vinay Gupta, Rebika Dhiman, Elizabeth Joseph, Sumita Agarkar, **R. Neena**, Damaris Magdalene et al. "Low-dose atropine 0.01% for the treatment of childhood myopia: a pan-India multicentric retrospective study**."** ***British Journal of Ophthalmology*** **(2024)**.

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21) Viswanath, Vrinda; **Neena, R.** Usefulness of spectral domain optical coherence tomography in assessing the clinical course

of idiopathic intracranial hypertension: A case series. **Kerala Journal of Ophthalmology 36(3):p 285-294, Sep–Dec 2024.** | DOI: 10.4103/kjo.kjo_77_23

22) Balaji R, Thomas B, **Radhakrishnan N**. Editorial for "MRI Assessment of Geometric Microstructural Changes of White Matter in Infants With Periventricular White Matter Injury and Spastic Cerebral Palsy**". J Magn Reson Imaging. 2025 Apr 18**. doi: 10.1002/jmri.29792. Epub ahead of print. PMID: 40251790.

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