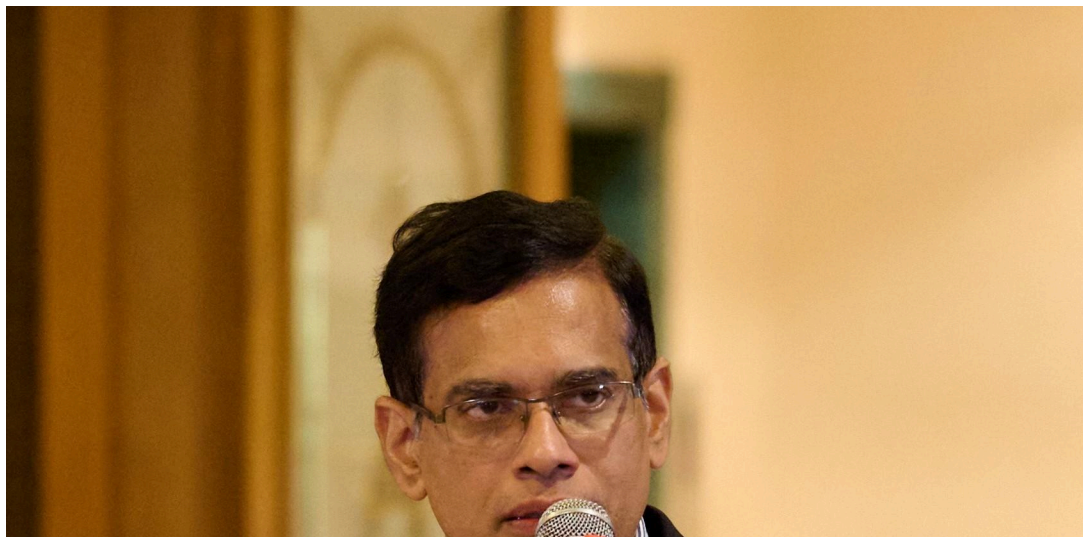


DR THOMAS ARUN VARGHESE

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EDUCATION

FAICO (Glaucoma) – All India Ophthalmological Society	2010
Glaucoma Fellowship – Royal Bournemouth Hospital, Bournemouth, UK	2008
MRC Ophth – Royal College of Ophthalmologists, London, UK	2002
F.R.C.S. (Ophthalmology) – Royal College of Surgeons of Edinburgh, UK	1998
M.S. (Ophthalmology) – Calicut Medical College, India	1997
M.B.B.S. – Christian Medical College, Vellore, India	1992

EXPERIENCE (INDIA & UK)

<ul style="list-style-type: none">Consultant – Dr Jacob's Eye Care Hospital, Ernakulam, St Joseph	Aug 2014 – to date
Hospital, Kanjirapally & Alphonsa Eye hospital, Thodupuzha & Pala	June 2011- July 2014
<ul style="list-style-type: none">Consultant-Cataract and Glaucoma Service, Ahalia Foundation Eye Hospital, Ernakulam, Kerala, India	Dec 2008 – June 2011
	June 2008 – Dec 2008
<ul style="list-style-type: none">Consultant in Glaucoma, Little Flower Hospital, Angamaly, India	May2001– June 2008
<ul style="list-style-type: none">Fellow in Glaucoma, Royal Bournemouth Hospital, Bournemouth, UK	Aug 1999 – Apr 2001

DR THOMAS ARUN VARGHESE

- Junior Consultant in Ophthalmology, Bronglais General Hospital, Aberystwyth, Wales, UK Aug 1998 – Jul1999
June1994 - Sept1997
- Senior House Officer in Ophthalmology –Maidstone General Hospital, Maidstone, Kent, UK
- Senior House Officer in Ophthalmology –Luton and Dunstable Hospital, Luton, UK
- Post Graduate Resident in Ophthalmology, Calicut Medical College, Calicut, Kerala, India

ORGANISATIONAL EXPERIENCE

- State Level LOC Scientific Committee Chairman
Drishti 2024

Organising Secretary

Foresight 24

District Club Representative to KSOS (From Cochin Ophthalmic Club) 2023-2025

KSOS Family Get Togethers Entertainment & Games Organiser

2018 - 2025

Quiz Master for Quiz for General Quiz & PG Quiz

Drishti 2017 & 2018

- District Level – Secretary, Cochin Ophthalmic Club
2021- 2023 Arranged monthly meetings & organised 4 CMEs – 2 Dr Noel
Miniz Memorial Lectures and 2 August Ophthalmicas –
successfully
- Organised hybrid International Neuro-ophthalmology Conclave at Cochin
January 2022
- Technical Online Experience - Conducted Online Clinical meetings during Covid
2021- 2023 Organised Webinars for Special Days / Weeks – Braille Day,
Glaucoma Week Popularised Cochin Ophthalmic
Club YouTube Channel & weekly Clippets (Clinical Snippets)

PRESENTATIONS, POSTERS & VIDEOS

- Regular Faculty at State Ophthalmology & National Neuro-ophthalmology Conferences Since 2009
- Presented Posters & Videos at State, National & International Conferences Since 2002

PUBLICATIONS

- 3 Unusual Foreign bodies –Photo essay KJO 2014: 26(4) 396-7
- Letter to the Editor – “Correlation between serum levels of Homocysteine, Folate and B12 in elderly patients with POAG” KJO 2014: 26(4)402-3
- Self-trauma causing Acute Glaucoma KJO2014: 26(2) 72-3
- Bilateral Acute Angle Closure Glaucoma due to Topiramate KJO 2012: 24(3) 252-3
- Langerhan’s Cell Histiocytosis KJO June1997
- Proptosis in a Pthisical eye KJO Dec 1996
- Familial Nanophthalmos- a clinical study KJO June 1996

ACHIEVEMENTS AND AWARDS

- **Best Poster at SYNAPSE, International Conference on Neuro-ophthalmology** at Sankara Nethralaya, Chennai, India Jan 2016
- Among the first two candidates to pass FAICO Glaucoma (at All India level) Dec 2010
- **2nd Best Paper** – Welsh Ophthalmic Forum, UK Oct 2007
- **Best paper** at Welsh Ophthalmic Forum, UK Oct 2003

QUALITIES AND INTERESTS

- Good communication and presentation skills

- Good team worker
- Particular interest in public awareness talks
- Long distance running, football, Scrabble and carroms