

Dr Natasha Radhakrishnan for WEBSITE EDITOR, KSOS

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Life philosophy..."Be the light you aim to seek"

Educational Qualifications

MBBS from Trivandrum Medical College with 3 distinctions and 2 gold medals and Kerala university 3rd rank-1990 to 1996 .
MS and DNB from RIO, Trivandrum 1997 to 2000 .
MRCOphth from Royal College of Ophthalmology, London 2007.
Fellowship in Vitreoretina in 2007 from Amrita Vishwa Vidyapeetham.

Work experience

2000 to 2005..worked in Government service for 2 years and then in private hospitals in Trivandrum .
UK Bristol...2005 to 2007.
2007 August to 2024 May,Amrita Institute of Medical Sciences, as Professor and Senior Retina consultant.
Currently, Senior Retina Specialist at Chaithanya Eye Hospital, Thrikkakara and Head of Paed Retina and Uvea, Chaithanya group of hospitals.
Senior Retina Consultant at Lisie Hospital and Rajagiri Hospital, Kochi.
Visiting Retina Consultant at
Nedumchalil Eye Hospital, Muvattupuzha .
TVJ Eye Hospital,Kothamangalam.
Luke Eye Hospital, Perumbavoor.
Santhwana eye hospital, Kodungalloor.
Sacred Heart Hospital, Cherthala
Non NMC teaching faculty at Sree Narayana Institute of Medical Sciences, Chalakka.

Academic journey

Actively involved in teaching MBBS and MS students since 2007 and was also Faculty of the Medical Education Department in Amrita and Completed Advance course in Medical Education.

Actively involved in training Retina Fellows since 2008.

Well known speaker in National forums on Retina and Uveal diseases...AIOS, USI and IROP apart from state CMEs.

Chief instructor in KSOS Drishti since 2010.

My own PG teaching programme called **Eyecademia** with 40 students...a unique hybrid teaching programme from 2024.

Personal mentorship **Short Term Uvea ROP fellowship** from 2024.

Research activities

More than 40 publications in international and national and state peer reviewed journals.

Awarded a 1 crore ICMR grant for Research work in AI and ROP in 2023.

Have been Principal Investigator in 5 national and international trials.

Was co investigator in Retinal diseases and Principal Investigator in Uveitis in the BIRAC project of Govt of India.

Awards and Recognitions

Kilikkolloor Rani Lakshmi Bai Award and Ambadi Krishna Menon Award for highest marks in Gynecology in Trivandrum Medical college 1996

Mrs Ivy Sawyer scholarship for **Best outgoing female Medical student** from Trivandrum Medical College 1996

Kerala University 3rd Rank for Final MBBS.

The Dr G Venkataswamy All India Gold medal for DNB Ophthalmology in 2001.

Winner of 4 KSOS awards .

1.COC Retnet posterior segment award

2.Dr Noel Moniz anterior segment award

3.Dr KGR Nair memorial award

4 KC Sankara Menon Award

Winner of KSOS Quiz for 2 years 2018 and 2019

Other Awards

1.**Distinguished Teacher of India award** by FOTI(Federation of Teachers of India) in 2024.

2.**Women in Leadership award** by Women Ophthalmic Society in 2023.

Organisational achievements in KSOS and club activities

Active in both KSOS and Club activities since 2001

First Editor of Trivandrum Ophthalmic Club Newsletter "Reflections".

Joint Secretary and Editor of "COC Tales" for 2 years.

Associate Editor of Kerala Journal of Ophthalmology for 2 years 2012 and 2013.

Part of Editorial team of KJO in 2021 to 2023.

COC representative to KSOS in 2020 and 2021.

Completed AIOS LDP programme as State nominee.

First to head and develop the KSOS Leadership Programme Netrtva in 2022 and 2023 as part of the KSOS President's initiative.

Conducted Teachers of Tomorrow for KSOS for 2 years 2020 and 2021 and was mentor of Best TOT in 2018 and 2019.

Conducted Quiz Kaun Banega champion in Drishti 2023 and Ophthalmic Premier League in Drishti 2024.

LOC Joint Organising Secretary for Drishti 2024.

Organising Secretary of CME IGNITE bringing Uveitis Society of India to Kerala since the last 6 years

Founded the **Kerala Uveitis Interest Group** in 2019.

Founder and Chief Trustee of Childhood Uveitis Blindness Society(CUBS) from 2025 January, a charitable Trust founded to give financial aid to children suffering from Paediatric Uveitis.

Founded **WE**, women eye doctors of Kerala group to give a space and voice for women in 2021.

Founded **KERA ROP** uniting those involved in ROP care in Kerala in 2025.

Strengths and Passions

Passionate about ROP and prevention of ROP blindness.

Passionate about Paediatric Uveitis and prevention of Childhood blindness.

Passionate about teaching and supporting young ophthalmologists.

Passionate about women's rights and equal representation.

Hobbies

Have been an active member of the theatre group of COC .

Reading and travelling are what I enjoy .

Love to freestyle dance to foot tapping music.

Enjoy writing and sharing my experiences with the world.

Family

Husband Dr Sudish Karunakaran, HOD Neurosurgery, Lakeshore Hospital.

Twin sons , Engineers and a daughter, in eleventh standard.

For more details about my life and work, please log onto

www.natasharetinacare.com