

Dr. Sanitha Sathyan for Editor, KJO

Current Designation:

Medical Director and Chief Ophthalmologist,
Vettam Eye Hospital, Mulanthuruthy and Poothotta,
Ernakulam

Visiting Consultant in Cataract, Pediatric
Ophthalmology and Strabismology services, Lisie
Hospital, Kochi, Mercy Hospital, Thalayolaparambu

Visiting Consultant in Pediatric Ophthalmology and Strabismus,
Amardeep Eye Hospital, Kollam, National Institute of Physical Medicine
and Rehabilitation, Irinjalakuda, Thrissur

dr.sanitha@gmail.com



Educational Qualifications:

- MBBS: Govt. Medical College, Thrissur, Kerala, 2001-2007
- DNB Ophthalmology, Little Flower Hospital, Angamaly, 2009-2011
- Fellowship in Pediatric ophthalmology and Strabismus, Little Flower Hospital, Angamaly, 2012-2014
- Fellowship of All India Collegium of Ophthalmology in Comprehensive Ophthalmology, 2015
- Post graduate Diploma in Epidemiology, Public Health Foundation of India, New Delhi, 2016
- Executive Program in Healthcare Management, Loyola College of Business Administration, Chennai, 2022

- Certification program: NABH assessor for Eye Care Organizations, National Accreditation Board for Hospitals and Healthcare Organizations, Quality Council of India, New Delhi, 2022
- MBA in Healthcare Administration, Wolf university, United Kingdom, 2024 -ongoing

Awards:

- Dr. S.D Athawale memorial award for the best scientific paper in Neuro-Ophthalmology: All India Ophthalmology Conference, 2016, Kolkata.
- Best poster award in Optics and refraction: All India Ophthalmology Conference, 2017, Jaipur.
- First runner up paper in the LDP session, All India Ophthalmology Conference, 2018, Coimbatore.
- Padmabhushan Dr. Siva Reddy memorial award for the best scientific paper, Kerala Society of Ophthalmic Surgeons Annual conference, 2016
- Dr. Noel Memorial award for the best anterior segment scientific paper, Kerala Society of Ophthalmic Surgeons Annual conference, 2015
- Dr. K. C Sankara Menon Award for the best scientific paper, Kerala Society of Ophthalmic Surgeons Annual Conference- 2014
- Dr. S. Subramaniam Award for the best post graduate scientific paper, Kerala Society of Ophthalmic Surgeons Annual Conference- 2011
- TACO post graduate quiz award- Kerala Society of Ophthalmic Surgeons Annual Conference- 2011
- Dr (Mrs.) T. Agarwal memorial award for the best case presentation in Kalpavriksha - National post graduate update programme-2011

- Best Woman Entrepreneur Award, Hospex Annual Conference, Kochi, 2023

Presentations:

- More than 80 scientific presentations in International, National and State Ophthalmology Conferences
(Kindly click the link below for the details of my publications)

<https://docs.google.com/document/d/1aU3NhQ-vfaxDfVq52deN7Z9WuyRmQd4h/edit?usp=sharing&oid=103193407342601576586&rtpof=true&sd=true>

Publications:

- Twenty six publications in peer reviewed Ophthalmology journals.

(Kindly click the link below for the details of my publications)

<https://docs.google.com/document/d/1p3eh-4795QHr2PjGXS1YXRrxS8NsAYue/edit?usp=sharing&oid=103193407342601576586&rtpof=true&sd=true>

Leadership roles:

- Member, Internal Audit Committee, Kerala Society of Ophthalmic Surgeons, 2024-ongoing
- Section Editor, Kerala Journal of Ophthalmology, 2024-2025
- Reviewer, Indian Journal of Ophthalmology, Kerala Journal of Ophthalmology
- NABH Assessor for Eye Hospitals, Quality Council of India (2022 onwards)

- Project Head, REACH: Refractive Errors Among Children, at Little Flower Hospital, Angamaly, in collaboration with Orbis International (2017-2019)
- State nominee for the AIOS leadership development program (LDP), in association with Pegasus, 2017
- Academic in-charge of post graduate-Ophthalmology training and surgical teaching, Little Flower Hospital, Angamaly (2014 to 2018)
- Core group Member and Member, Scientific Committee, Medical Research Council, Little Flower Hospital, Angamaly
- Faculty at Allied Health Sciences, Kerala University of Health Sciences (2012-2019) and 2025-ongoing
- Guided 15 postgraduate dissertations under Kerala University of Health Sciences

Other accomplishments:

- Author of the book ‘Anukambayum Arogyaparipaalanavum’, 2024
- Featured as a part of ‘What else is Rain!’ an Anthology of poems of Malayali poets writing in English, 2024
- Author of poems featured in noted English poetry magazines like Madras Courier, Gulmohar, Delhi Poetry Slam and Malayalam literary magazines like Mathrubhoomi Aazchapathippu, Sahithyasamvedhanam etc
- FIDE rated Chess player, with 8 Kerala State Championship titles and represented Kerala in 7 National Chess Championships
- Member of Technical Committee, entrusted with conduct of District wise Chess Championships in Kerala State.

My vision for KJO:

- To uphold the highest standards of scientific integrity and editorial transparency.
- To ensure timely editorial reviews and quality publications.
- To raise the impact factor and indexations of KJO by attracting collaborative content from national and international experts.
- To encourage contributions from young ophthalmologists and emerging researchers across Kerala.
- To strengthen the digital visibility while maintaining personal warmth and accessibility that makes KJO uniquely ours.