



KSOS

KERALA SOCIETY OF OPHTHALMIC SURGEONS



THE ANNUAL CONFERENCE OF THE KERALA SOCIETY OF OPHTHALMIC SURGEONS (KSOS)



**DRISHTI 2025
KOLLAM**

**28, 29 & 30th of
NOVEMBER, 2025**

**at THE LEELA ASHTAMUDI
A Raviz Hotel, Kollam**



THE LEELA
ASHTAMUDI
A RAVIZ HOTEL



DRISHTI 2025

52nd ANNUAL CONFERENCE OF THE KERALA SOCIETY OF OPHTHALMIC SURGEONS

Dear Friends,

The much-anticipated **Drishti 2025 – the 52nd Annual Conference of the Kerala Society of Ophthalmic Surgeons (KSOS)** – is fast approaching, and we are truly delighted to invite you to this grand celebration of science & arts.

This year's conference is being organized by the **Kollam Ophthalmic Association (KOA)** in association with **Trivandrum Ophthalmic Club** and **Pathanamthitta Ophthalmic Society**, and promises to be a memorable event blending academic excellence with the serene beauty of our coastal city.

Our venue, the magnificent **The Leela Ashtamudi, A Raviz Hotel, Kollam**, stands gracefully along the tranquil backwaters of Ashtamudi Lake – a location that perfectly reflects the theme of clarity, calm, and connection. The venue offers an exceptional ambience and world-class facilities, setting the ideal stage for an inspiring scientific and social experience.

The Kollam Ophthalmic Association, with its rich legacy, dynamic membership, and collaborative spirit, has always been at the forefront of ophthalmic advancement in Kerala. Our team is fully committed to making **Drishti 2025** an event that not only upholds the proud tradition of KSOS but also leaves an indelible mark in the memory of every delegate.

We eagerly look forward to welcoming you to **Kollam** – where knowledge meets nature, and every moment reflects the true vision of togetherness.

Warm regards,

Team Drishti 2025



LOCAL ORGANIZING COMMITTEE

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Dr. S VENUGOPAL

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Dr. SREEDEVI P R

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CHIEF ORGANISING SECRETARY

Dr. ANISH MADHAVAN

ORGANISING SECRETARIES

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Dr. ASHAD SIVARAMAN
Dr. PRIYANKA THILAK

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Dr. ANOOP B

SCIENTIFIC COM. MEMBERS (LOC)

Dr. KIRAN BALAGOPAL
Dr. HARIPRIYA H

PRESIDENT KOA

Dr. MINI JAYACHANDRAN

LOC TREASURER

Dr. SHINEY NEPOLEAN

LOC CO-ORDINATOR

Dr. VISHNU MOHAN M

JOINT ORGANISING SECRETARY

Dr. RAKHI P D'CRUZ



Drishti 2025, 52nd Annual Conference Of The Kerala Society Of Ophthalmic Surgeons

SUB-COMMITTEES

Registration

Dr. Mini S
Dr. Alex K Oommen
Dr. Mini I
Dr. Asha Asokan
Dr. Premi Varghese
Dr. Soumya V
Dr. Yasmin Ali
Dr. Sara Ansa Renosh
Dr. Harshali Kamat
Dr. Adithya Shankar
Dr. Anjana T

Transportation

Dr. Rajitha R J
Dr. Arun S
Dr. Mathew
Dr. Jubaira H K
Dr. Jahanara
Dr. Varun

Accommodation

Dr. Haripriya
Dr. Krishnima Raghu
Dr. Aaditya Ganesh Joshi
Dr. Mira Nair
Dr. Lekshmi Sree

Cultural Program

Dr. Mini Jayachandran
Dr. Veena Viswam
Dr. Dhanya Varma
Dr. Mallika Harikrishnan
Dr. Vijayalakshmi
Dr. Anupama Jayan
Dr. Rakhi D'cruz
Dr. Varun
Dr. Sanju

Inaugural Function

Dr. Purushothaman Pillai M
Dr. Prasanna Kumar
Dr. Sasikumar S
Dr. Smita Narayanan
Dr. Shiney Nepolean
Dr. Divya Kishan
Dr. Rakhi D Cruz
Dr. Haleema A
Dr. Parvathy R
Dr. Anjana Nair
Dr. Haripriya H
Dr. Arya U V
Dr. Remya R
Dr. Arathi V Panicker

Souvenir

Dr. Jayasree I
Dr. Neaza A
Dr. Shiney Nepolean
Dr. Priyanka Thilak
Dr. Ansumi M S
Dr. Aswathy Unnithan
Dr. Priya

Mementos

Dr. Elizabeth Mohini Alex
Dr. Maheswary
Dr. Nadeera Basheer
Dr. Manjusha T P
Dr. Athira
Dr. Pinki L P
Dr. Mira Nair

Banquet

Dr. Vishnu Mohan M
Dr. Edwin James
Dr. Awungshi Philamazan
Dr. Vrindha K Remanan

Food

Dr. Jayasree Rajiv
Dr. Elizabeth Mohini Alex
Dr. Meera S
Dr. Mini S
Dr. Shiney Nepolean
Dr. Heera K R
Dr. Reshmi
Dr. Anitha Prabhakaran
Dr. Ann Treasa Antony

Trade

Dr. Shankar B
Dr. Sabitha
Dr. Jayaram V
Dr. Rani Balamurali

Scientific Program

Dr. Kiran Balagopal
Dr. Suprabha G
Dr. Shyla P Sankunni
Dr. Vijayasree I
Dr. Ajith Varghese
Dr. Shishir Verghese
Dr. Nisha S Pillai
Dr. Reshmi
Dr. Alfiya Rasheed

Hall and AV

Dr. Rakhi P D'cruz
Dr. Divya Kishan
Dr. Ciny N V
Dr. Aswathy V Unnithan
Dr. Anupama Jayan
Dr. Haleema A
Dr. Parvathy R
Dr. Arya U V
Dr. Meera Roja
Dr. Sehdiya Hamza
Dr. Dileep Kumar
Dr. Indu Mohan

Dr. Rekha R
Dr. Farseena
Dr. Nadeera A
Dr. Leena Mariyam
Dr. Simi Kiran
Dr. Sonia A
Dr. Tina Avinash
Dr. Johnseena
Dr. Anu Anna Paul
Dr. Rafeeka
Dr. Varun
Dr. Priyanka
Dr. Krishnapriya
Dr. Sanju
Dr. Soumya
Dr. Swathi
Dr. Tittu Devaraj
Dr. Mohzina P Jaleel
Dr. Nisa M

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Dr. Divya Kishan
Dr. Remya R
Dr. Meera Roja
Dr. Mathew
Dr. Anjana Nair

Media and Publicity

Dr. Ramesan P
Dr. Vishnu Mohan M
Dr. Ambika Shetty
Dr. Rakhi P D'cruz





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Dr. Sujith Nayanar V	Editor, Website
Dr. Sony George	Joint Secretary

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Dr. Merine Paul
Dr. Rajesh O T

AIOS MANAGING COMMITTEE MEMBERS

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Dr. Sreeni Edakhlon

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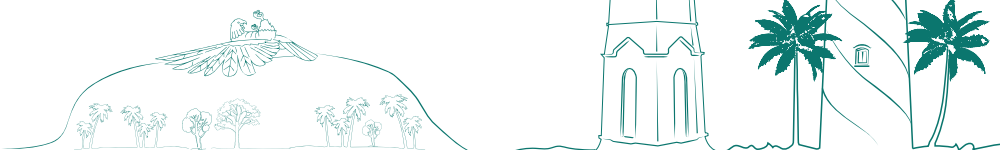
Dr. Gopal S Pillai

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Dr. S J Saikumar
Dr. Arup Chakrabarti

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Dr. Sabitha S
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Dr. Rohan A
Dr. Sameera V V
Dr. Bindu S Ajith
Dr. Jipina K
Dr. Felix Lal
Dr. Sureshababu P M



Time	A	B	C	D	E	F	G	
8.30 AM to 9.25 AM	Build your foundations strong: A beginner's blueprint for a successful phacoemulsification Dr. Alex Baby	SCLERITIS - More Than Just Red Eyes - Dr. Anabi Shahi A	A closer look at closed globe injuries - Dr. Leema Rose Thomas	Keratoconus 360°: A Deep Dive into Modern Management Dr. Sanjana P	RED EYE RELOADED- Practical guide to diagnosis and management in general ophthalmology Dr. Nadhna Basheer	Prof. K S Subramaniam PG Free paper Award session- 1	SSTC Dr. Vijayalakshmi.M.S	Dry Lab on Retinoscopy Dr. D.Chandrasekhar
9.30 AM to 10.25 AM	UVEITIS X FILES - Dr. Reesha.K.R	Cataract Surgery in Small Pupils: All You Need to Know to Manoeuvre a Tough Terrain Dr. Satish Thomas	Structure-Function Correlation in Glaucoma- Bridging OCT and Visual Fields for Better Decisions Dr. Manju M	"Deal with DVD"- a conceptual, clinical and and surgical over view of Dissociated Vertical Deviation Dr. Samyukta Sadasivan K	Navigating Mental Health Challenges: A Practical Guide for Busy ophthalmologists Dr. Rakhi Dcruz			
10.30 AM to 11.25 AM	The Dirty Picture - Medicolegal aspects in ophthalmic practice Dr. Mahesh G	A Multidisciplinary approach in the management of Congenital lens subluxation Dr. Divya Balakrishnan	"What I did differently this year" - Dr. Rani Balamuralikrishnan	Why Lenticule? Dr. Kala Baby Thottam	Elevate your skills : A Video Assisted Skill Transfer Course in Oculoplasty for Ophthalmologists - Dr. Preeta Nair	Dr S Mohandas Free paper Award session		
11.30 AM to 12.25 PM	Post Surgical Endophthalmitis in the current Era- Dr. Meena Chakrabarti	Fine tuning surgical skills in MSICS Dr. Ashish Kuruvilla	Vision Revived: "Recent Advances in Dry Eye Management" Dr. Aswathy V Unnithan	Challenging clinical scenarios in glaucoma practice Dr. Meena Nair	Pixels with a Purpose: OCT and OCTA Biomarkers That Guide Retinal Decisions Dr. Harshali Kamat	Dr K C Sankara Menon Free paper Award session		
12.30 PM to 1.25 PM	What Next Situations in Cataract Surgery Dr Sreeni Edakhlon	Challenging situations in Glaucoma Management Dr. Smitha V K	Anti VEGF Masterclass: Precision , Durability & Beyond Dr. Jyoti Prakash Vyas	Add an Aesthetic touch to your practice! Dr. Sruthi.R.S	Artificial intelligence in Ophthalmology Dr. Reena Abdul Rasheed			
1.25 PM to 2.00 PM	Lunch Break							
2.00 PM to 2.55 PM	Paediatric eyes- looking beyond vision Dr. Sahasranamam V	Presbyopia Correcting IOLs : Interesting Times Dr. Anup Chirayath	The Glaucoma puzzle: Navigating the uncertainty Dr. Manju Anup	TIME-LAPSE : An Expedition through the Multiverse of Smartphone Ophthalmology, AI, 3D printing, Apps Dr. Prithvi Chandrakanth	Keratoconus Unveiled: Navigating the latest advances Dr. Nimmy Raj	Prof. K S Subramaniam PG Free paper Award session- 2	SSTC Dr. Vijayalakshmi.M.S	Dry Lab on Retinoscopy Dr. D.Chandrasekhar
3.00 PM to 3.55 PM	When things dont go as we wish after Trabeculectomy? A survival guide for the surgeon Dr. Thomas George T	Paediatric Ophthalmic Problems necessitating interventions during Infancy Dr. Leila Mohan	Reaching The Unreached - Hman Touch vs Technology Dr. C V Anthrayose (Andrews)	Windows to clarity: A simple guide to keratoplasty Dr. Aswathy	Sight on the Line: Red Flags in Ocular Emergencies Dr. Sarath Ravi			
4.00 PM to 4.55 PM	Preparation for inauguration	Dilemmas in Glaucoma - Dr. Girija.K	Red Flags Every Primary Care Ophthalmologist Should Know: A Practical Guide Dr. Divya Alex	Integrated approach to Neuro Radiology in Ophthalmology from interpretation to intervention Dr. Gemini Isac	Structured Phaco training - A burning need Dr. Nilufer Sayed Mohammed	COC Retnet Posterior segment Free paper award session		

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8.00 AM to 8.55 AM	Biologics in Ophthalmology Dr. Sheena Liz Mani	Virus and Eye Dr. Pappa Padmavathi	The " Never Go Wrong" Matrix In Refractive Surgery Dr. Swapna Nair	The pediatric potpourril - Comprehensive pediatric ophthalmology in a nutshell Dr. Divya Kishan	Demystifying the challenging situations in Glaucoma Dr. Jainy Joseph Emmatty	Dr Noel Moniz Memorial Anterior Segment Award session	SSTC Dr. Vijayalakshmi.M.S	AI in ophthalmology Work shop Dr. Sharon Baisil		
9.00 AM to 9.55 AM	General Quiz for Ophthalmologists Dr. Mallika Harikrishnan	Expanding paradigms in Retinopathy of Prematurity Dr. Anubhav Goyal	Solving the glaucoma puzzle! Dr. Jayasree P V	Posterior Polar Cataracts- Let's Get Battle Ready - Dr. Sara Jacob	Crystal Clear : Pearls and pitfalls in Cornea cases Dr. Aneeta Jabbar M					
10.00 AM to 10.55 AM	Practice Enhancement- Ethical ways Dr. Radha Ramanan	AIOS Symposium Dr. Namrata Sharma	Comprehensive Surgical Capsule- For Perfecting Cataract Surgery Dr. Sony George	Unravelling Neurophthalmic Enigmas - Dr. Bindu Thampi	Let us know all about infective uveitis - Dr. Neethu Latiff	Prof. K S Subramaniam P G Free paper Award session- 3				
11.00 AM to 11.55 AM	Padma Shri Dr. S. Tony Fernandez Video Awards Finals - Dr. Sudha V	Grey Zones in Glaucoma Management Dr. Kiran Gopalakrishnan	Start seeing CVI Dr. Geetha.V.K.P	Refractive aspects in Cataract Surgery - Dr. Vanashree Mahesh Nair	When the going gets tough- difficult medical retina cases decoded! Dr. Natasha Radhakrishnan					
12.00 Noon to 12.55 PM	Dr C E Oommen memorial Oration - "Operation theatre ventilation, an airy dilemma in modern hospitals" Dr Sasikumar S - Chairman Dr Rajiv Sukumaran, Moderator Dr Mahesh G									
12.55 PM to 1.30 PM	Lunch Break									
1.30 PM to 2.25 PM	What I did differently in my cataract surgery last year- Dr. Sai kumar	GSI Symposium Dr. Sathyan P	Optic Nerve Disorders Demystified: Learning Through Cases Dr. Rehna Rasheed	KJO SESSION: RESEARCH meets REALITY Dr. Lathika Vasu Kamaladevi	Managing Myopia Progression- Where are we now & What next ? Dr.Thanusree P	Padma Bhushan Dr P Siva Reddy Award session	SSTC Dr. Vijayalakshmi.M.S	AI in ophthalmology Work shop Dr. Sharon Baisil		
2.30 PM to 3.25 PM	Heros of KSOS Dr. Thomas Cherian	The Dark side of Clear vision- IC on unanticipated intraop complications during Phacemulsification Dr. Sandhya N	New Age Myopia Practice: Are You Ready? Dr. Neena R	Journey towards a dream -A spectacle free world Dr. Jyothi Anup	MIGS (Minimally Invasive Glaucoma Surgeries in India) - Why, What, When & How? Dr. John Davis Akkara					
3.30 PM to 4.25 PM	OPL Dr. Mohan Rajan	Encoding the different shades of macula ! Dr. Menon Rahul Radhakrishnan	Optimising IOL power Calculation in various Scenarios - Panel Discussion Dr Arup Chakrabarti	Strabismus management made simple - A Practical Guide Dr. Ranjini H	Grand Rounds- Navigating the toughest cases in glaucoma Dr. Bindu S Ajith	Prof. K S Subramaniam PG Free paper Award session- 4				
4.30 PM to 5.25 PM		How and when electrophysi- ology and genetic testing can make the difference in your clinical practice Dr. Lekha T	Decoding Pediatric Lid Swelling Dr. Shebin salim	The Cat Vit Conundrum Dr. Sailesh Kumar M	Trauma in ophthalmology - Practice pearls Dr.Raghu A C					

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8.00 AM to 8.55 AM	TACO PG Quiz Dr. Akshay Nair	Mastering Retinal OCT: A Clinical Guide Dr. Anju Kuriakose	Will Lenticule extraction revolutionize refractive surgery? Dr. Jayaram V R	"Seeing Clearly- Essential Examination Skills in Ophthalmology for Post Graduates" Dr. Sija S	Mastering The Meds: A Deep Dive into Glaucoma Pharmacotherapy Dr. Soumya P P	Paediatric Pearls to the General Ophthalmologists Dr. Naina Hyder	Paramedical Conference Dr. Sasikumar S
9.00 AM to 9.55 AM		Cracking the Fundus Code Dr. Shishir Verghese	Wealth Vision : Smart Money Mastery for Ophthalmologists Dr. Sameera V V	Demystifying the Neuro Ocular Highway Dr. Remya Edachery	The Phacoemulsification Toolkit: From Fundamentals to Fine-tuning Dr. Ambika Shetty	Beyond drops: A video assisted skill transfer course on Lasers in Glaucoma Dr. Nimitha Nageeb	
10.00 AM to 10.55 AM	Innovations- Dr. Biju Raju	"Case in Point: A PEARL of Wisdom" Dr. Soumya Nambiar	A to Z of Retinal Lasers for Comprehensive Ophthalmologists Dr. Rohan Suresh Ninan	Cataract surgery in patients with ocular comorbidities Dr. Kalaimathi G S	'Mea culpa': Confessions and Dilemmas of Ophthalmic Entrepreneurs Dr. Sanitha Sathyan	Prof. K S Subramaniam P G Free paper Award session- Final	
11.00 AM to 11.55 AM	OCT Masterclass for comprehensive ophthalmologists Dr. Malika O U	Uveitic Surprises - A Pandora's Box Dr. Dahlia Krishnan	Keratitis demystified Dr. Sarath S	Perioperative Medications in Cataract Surgery Dr. Rajesh O T	Adnexal trauma-how to set it right Dr. Soumya Narayanan	Normal Tension Glaucoma : A Diagnostic and Therapeutic Challenge Dr. Maya T J	
12.00 Noon to 12.55 PM	KSOS Kozhikode Ophthalmic Society TOT Dr. Gopal S Pillai	Oculoplasty Grand Rounds-When Common Turns Uncommon! Dr. Indu B Narayanan	Transitions in phaco surgery - Evolving as a surgeon Dr. Sunitha M Kuriakose	Complications of Glaucoma treatment techniques, A discussion based on clinical cases Dr. Veena Viswam	Smart Vision Starts Young: A Practical approach to Pediatric Refraction Dr. Anjana Nair S	Anti-VEGF Regimens in various Retinal Diseases Dr. Vineetha Vijayan	
1.00 PM to 1.55 PM		Navigating EDOF and Multifocal IOLs with Confidence: Insights from Experts Dr. Navarosh J	The Myopia mission: Practical guide for establishing myopia control clinic Dr. Anila George	When your work plays villain to your vision- a discussion on workplace injuries Dr. Deepa M G	Decoding optic neuropathies: The role of OCT Dr. Mohamed Faheem P K	Dr KGR Nair Memorial Free paper Award session	





KSOS
KERALA SOCIETY OF
OPHTHALMIC SURGEONS



DRISHTI
2025

Proudly Presents

Drishyothsavam
ദൃശ്യോത്സവം
2025
The
Drishti
Cultural
Fest

On 28th of November, 2025
CONVENTION HALL (Hall A)
at The Leela Ashtamudi, A Raviz Hotel, Kollam
Following Inaugural Function

A Cultural Extravaganza
of the KSOS members | for the KSOS members
by the KSOS members

Karaoke

A free karaoke podium will be available in the dining area during lunch. Interested participants are welcome to bring their Karaoke tracks and showcase their singing talent.

