

TOC : September 2025

A. ACTIVITIES DIRECTLY BY THE CLUB

SCIENTIFIC MEETINGS-

Trivandrum Ophthalmic Club Monthly Meeting conducted on 30 September 2025 (Tuesday),

7:15 PM .Venue: SP Grand Days, Attendees: 32

Speakers 1.Dr. Jaydeep A. Walinkar – Senior Vitreo-Retina Consultant, Shree Ramkrishna Netralaya (Mumbai)Topic: Embracing Change in the Management of nAMD and DME.

2). Dr. P.R. Aswin – Consultant Vitreo-Retina & Uvea, Dr. Prem's Eye Hospital, Trivandrum

Topic: The Role of Anti-VEGF in the Management of DME.

Moderator: Dr. Ashok Nataraj



7.15 - 7.25 PM
The Role of Anti-VEGF in the management of DME
• **Dr. PR Aswin**

7.25 - 7.35 PM
Panel Discussion:
Moderator: **Dr. Ashok Nataraj**

7.35 - 7.55 PM
Embracing change in the Management of nAMD and DME
• **Dr. Jaydeep A Walinjkar**

7.55 - 8.10 PM
Panel Discussion:
Moderator: **Dr. Harshali Yadav**

Dear Doctor

Trivandrum Ophthalmic club cordially inviting you for the monthly meeting for the month of September.

 **30 September 2025**
7.15 to 8.15 PM

 **Hotel SP Grand Days**
Panavila

SPEAKERS

GUEST SPEAKER



DR. JAYDEEP A WALINJKAR
Senior Vitreo-Retina Consultant
Shree Ramkrishna Netralaya
(Mumbai)



DR. P.R. ASWIN
Consultant - Vitreo-retina & Uvea
Dr Prem's Eye Hospital



PUBLIC AWARENESS AND COMMUNITY ACTIVITIES

TOC conducted a community awareness talk as a part of eye donation week at VIGYAAN college of applied science on 10th September 2025. Talk was on “One life, let’s live twice: donate your eyes” by Dr Sarath S from Chaithanya Eye Hospital and “Computer vision syndrome” by Dr Neethu Pradeep from Amardeep Eye Care. Panel discussion was by Dr Anitha Prabhakar from Precise Speciality Eye Care and Dr Awungshi Philamazan from Aradhana Eye Institute. 250 students and 25 staff attended the session.



PG TRAINING PROGRAMS

CARER 2025, the PG training program organized by Chaitanya Eye Hospital under the aegis of TOC was held on 13th and 14th September in an exam-oriented format, covering OSCE, case presentations, group viva, instruments and charts, along with special sessions on retinoscopy.

The program was inaugurated by Dr. Rajiv Sukumaran, KSOS President-Elect. The inaugural function was presided over by Dr. Anil Krishnan Nair and felicitated by Dr. Devin Prabhakaran, TOC Vice President, Medical Superintendent Dr. Abraham Kurian, and Academic Director Prof. Dr. V. Sahasranamam.

They honoured senior ophthalmologist and eminent teacher Dr. Susheela B. Nair on this occasion.

The event was attended by more than 50 postgraduates.





PUBLIC AWARENESS AND COMMUNITY ACTIVITIES-

National eye donation fortnight has been observed annually between August 25th to September 8th.

Chaithanya Eye Hospital and Research Institute & Ananta Eye Bank initiated the “Eyerun” in 2020 as a unique awareness marathon dedicated to promoting eye donation and eye health. The Eyerun is organized every year between 25th August and 8th September, as part of the Eye Donation Awareness Fortnight.



Dr Veena Viswam , Amardeep eye hospital, appeared in a community welfare YouTube program on 16th September 2025 and gave a lecture on newer treatment options for cataract.



Dr. Aparna K. S. received the YOSI Excellence Award 2025 in the Community Service category for her initiatives including ocular examinations for disabled and autistic children in special schools across Trivandrum, school screening and camp activities, and active involvement in public awareness programs and eye donation campaigns.

Dr Minu Mathen received the prestigious TACO oration award during TACOPSIA conducted on 28th september 2025.

