



IC83 - Build your foundations strong: A beginner's blueprint for a successful phacoemulsification

Date :	28-11-2025
Time :	08:30-09:25
Hall :	CONVENTION CENTER

Dr.Alex Baby

Phacoemulsification (phaco) has now become the gold standard in the surgical management of cataract offering a minimally invasive approach to restoring a patient's vision. Mastering phaco requires a basic understanding of the various aspects of phacodynamics and knowing the correct techniques in the various steps of the procedures including tunnel construction, hydroprocedures and nucleus management. Modulation of their current techniques and knowledge of a few newer techniques is essential for a smooth transition from MSICS to phaco which will help alleviate apprehension and gain confidence in their future surgical career.

This course aims mainly at improving the basics knowledge of a novice surgeons emphasizing on the basics of phacoemulsification and phacodynamics, the fundamentals of the various important steps in phacoemulsification and providing valuable information on how to transition from an MSICS surgeon to a proficient phaco surgeon with ease.



KERALA SOCIETY OF OPHTHALMIC SURGEONS

KSOS DRISHTI 2025

52nd Annual Conference of
Kerala Society of Ophthalmic Surgeons



1. To be is to do: tips on how to transition from MSICS to phaco. (8 mins) : **Dr. Tony Alex Koshy**
2. Phacodynamic essentials: mastering the forces that drive cataract surgery. (6 mins) : **Dr. Ashish Kuruvilla**
3. Unlocking precision in phaco surgery: creating the perfect tunnel. (7 mins) : **Dr. Gigi Augustine T**
4. Get that nucleus moving: capsulorhexis and hydroprocedures. (7 mins) : **Dr. Joe Philip**
5. Catch the bull by the horn: Safe tips for easy nucleus management. (10 mins) : **Dr. Alex Baby**
6. Listen to the voices within: choosing the optimal phaco techniques. (12 mins) : **Dr. Madhu Shekhar**

Panel Discussion : (5 mins)



IC92 - UVEITIS- X FILES

Date :	28-11-2025
Time :	09:30-10:25
Hall :	CONVENTION CENTER

Dr.Reesha K R

Uveitis is a leading cause of vision loss world wide. The spectrum of etiologies for uveitis is very broad and includes infectious and auto immune diseases. Inflammation can be confined to the eye or may be part of systemic disease. These conditions pose a diagnostic dilemma resulting in delaying the correct treatment. in this case based IC we focus on uveitis cases, those had unusual presentation or complex challenges in diagnosing and treating.

1. What is behind the Iris Nodule? (10 mins) : **Dr. Neethu Pradeep**
2. A tale of two diagnoses: When Ocular Toxoplasmosis isn't the end of the story. (10 mins) : **Dr. Anju Kuriakose**
3. A Disguised Ocular Toxoplasmosis: Diagnostic Dilemma Post Steroids (10 mins) : **Dr. Rehna Rasheed**
4. A rare presentation of Retinal vasculitis (10 mins) : **Dr. Natasha Radhakrishnan**
5. Keynote address: Current guidelines and management of uveitis (10 mins) : **Dr. Archana Pradeep**

Panel Discussion : (5 mins)



IC6 - The Dirty Picture - Medicolegal aspects in ophthalmic practice

Date :	28-11-2025
Time :	10:30-11:25
Hall :	CONVENTION CENTER

Dr. Mahesh G

As per the KSOS Presidents initiative during 2024-25 we have conducted CME and talks across the state for increasing legal literacy. This will be the last program of the series. This session will be an interactive one led by qualified persons. It will highlight how to answer legal notices? what is the amount of professional indemnity needed? how to take ideal consents? what is the difference in CPA and IPC and BNS with latest amendments? and finally how to face the legal proceedings without losing cool. It will be a useful session for any medical practitioner

1. FAQ in medicolegal cases (20 mins) : **Dr. Mahesh G**
2. Expert advice on legal aspects for a smooth practice (20 mins) : **Dr. Ashok Nataraj**

Panel Discussion : (15 mins)



IC65 - POST SURGICAL ENDOPHTHALMITIS in the current Era

Date :	28-11-2025
Time :	11:30-12:25
Hall :	CONVENTION CENTER

Dr.Meena Chakrabarti

Synopsis: Endophthalmitis is a sight threatening devastating complication of any intraocular surgical procedure. Timely diagnosis and appropriate management is essential in preventing permanent vision loss. This course will discuss the epidemiology, preoperative infection prophylaxis, changing presentation, newer causative agents, emerging antimicrobial resistance as well as advances in the diagnostic armamentarium and management of endophthalmitis. In addition to post cataract endophthalmitis, relevant data on post intravitreal injection, post vitrectomy endophthalmitis as well as recent trends in the management of culture negative endophthalmitis will be covered.

1. Epidemiology and Standard Presurgical Infections
Prophylaxis (10 mins) : **Dr. Arup Chakrabarti**
2. Battling Endophthalmitis – New bugs, new technologies
and newer drugs (10 mins) : **Dr. Naresh Babu**
3. Tackling a bug named a.baumannii (10 mins) : **Dr. Meena Chakrabarti**
4. Post Injection Endophthalmitis & Post Vitrectomy
Endophthalmitis (10 mins) : **Dr. Mahesh G**
5. Challenges and recent trends in managing culture negative
endophthalmitis (10 mins) : **Dr. Thomas Cherian**

Panel Discussion : (5 mins)



IC77 - What Next Situations in Cataract Surgery

Date :	28-11-2025
Time :	12:30-13:25
Hall :	CONVENTION CENTER

Dr.Sreeni Edakhlon

There are many situations - both intra operative and postoperative - in which going gets extremely tough for a cataract surgeon. These situations include intraoperative rock hard eye, misbehaving iris, IOL damage, wound related problems, severe striate keratopathy , post operative inflammation, endophthalmitis, uncooperative patient, IOL calculation errors, unexplained poor visual recovery , unsatisfied patient despite excellent visual recovery. Our instruction course will discuss the most effective techniques to handle these situations and steps to be taken to prevent them.

1. Eye becomes extremely hard during cataract surgery - : **Dr. Sreeni Edakhlon**
What next? (7 mins)
2. Repeated Iris Catch by Phaco Tip / repeated iris prolapse – : **Dr. Dr Prafulla K Maharana**
What Next? (7 mins)
3. Descemet's Membrane detachment noted on table/post operatively -What Next? (7 mins) : **Dr. Rajesh Sinha**
4. Wound Burn – What Next? (7 mins) : **Dr. Jason V. A**
5. Postoperative Refractive Surprise – : **Dr. Krishna Prasad K**
Monofocal/Multifocal/Toric – What Next ? (7 mins)
6. Severe inflammation in two cases on second post operative day–25 surgeries posted today–What Next ? (7 mins) : **Dr. Piyush Bansal**

Panel Discussion : (13 mins)



IC30 - Paediatric eyes- looking beyond vision

Date :	28-11-2025
Time :	14:00-14:55
Hall :	CONVENTION CENTER

Dr.Sahasranamam V

Paediatric ocular evaluation is a critical aspect of preventive eye care for detecting ocular diseases to prevent potential vision loss. Common conditions like refractive error, amblyopia, strabismus, congenital cataracts are easily diagnosed and managed. But some cases need additional evaluation due to its rare presentation.

With advances in genetics we can diagnose, prognosticate and treat many diseases with a genetic basis. We are discussing genetics in relation to paediatric ophthalmology by an eminent faculty in medical genetics.

Cases of unaccountable vision loss or early fundus dystrophies will need electrophysiological evaluation and unexplained visual loss due to neurological causes need imaging.

With improved neonatal care, most of the children who suffered hypoxia are recovering. Such children need attention not only for their visual acuity, but also its quality and signifies identifying high functioning CVI cases.

Our IC is intended to cover these emerging topics.

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| 1. Introduction (7 mins) | : Dr. Sahasranamam V |
| 2. Imaging in unexplained defective vision in children (8 mins) | : Dr. Chaithanya R Warriar |
| 3. Role of electrophysiology in unexplained visual loss in children (8 mins) | : Dr. VAISAKHI PRASANNAN |
| 4. Cerebral visual impairment with visual acuity of 6/6- Is it normal vision? (8 mins) | : Dr. Resmi Bhaskar |
| 5. Genetic evaluation in paediatric ophthalmology- significance and prognosis (15 mins) | : Dr. Sankar V H |

Panel Discussion : (9 mins)



IC16 - When things dont go as we wish after Trabeculectomy? A survival guide for the surgeon.

Date :	28-11-2025
Time :	15:00-15:55
Hall :	CONVENTION CENTER

Dr.Thomas George T

Surgical treatment for glaucoma is typically used when conservative measures fail. Trabeculectomy described by Cairns in 1968 was the first guarded filtering procedure and became the most commonly performed surgical modality. Trabeculectomy provides a non-physiologic route for aqueous outflow, but despite the surgeon's best efforts complications may occur. A good surgical outcome requires early detection and management of these complications. Astute surgeons say that half of the work for a trabeculectomy is done in the operating room and the other half is done through the postoperative management. This course aims to reiterate the management strategies for the immediate and late postoperative complications of Trabeculectomy.

1. Hypotonic shallow Anterior Chamber - protocol for management (10 mins) : **Dr. George Puthuran**
2. Shallow Anterior chamber with High IOP : Management protocol (9 mins) : **Dr. Saikumar S J**
3. Salvaging a failing bleb in early post operative period (9 mins) : **Dr. Thomas George T**
4. Late failure of trabeculectomy - Repeat trab or tube? (9 mins) : **Dr. Kiran Gopalakrishnan**
5. Post trabeculectomy infection - dealing with the demon (10 mins) : **Dr. Manoj S**

Panel Discussion : (8 mins)



IC24 - SCLERITIS---MORE THAN JUST RED EYES

Date :	28-11-2025
Time :	08:30-09:25
Hall :	EMPIRE HALL

Dr. Anabi Shahi A

Scleritis is a severe inflammatory eye disease with key features of pain and redness and if left untreated can lead on to visual loss. The two types of scleritis are anterior and posterior scleritis which can again be infectious and non infectious. This course highlights the signs and symptoms of scleritis and how to differentiate scleritis from other ocular conditions which present as red eye. It also emphasizes on how to differentiate infectious from non infectious scleritis. This will enlighten the audience about the difficulties in diagnosis and management of infectious scleritis. This course will also guide the audience regarding systematic management of non infectious scleritis. It will update the knowledge of latest treatment of scleritis including immunosuppressives and biologics. It will be a case based IC sharing experiences from complex cases.

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| 1. RED EYE:UNRAVELING THE CAUSES. (10 mins) | : Dr. Neethu Latiff |
| 2. NAVIGATING NON INFECTIOUS SCLERITIS:EXPERT CARE (10 mins) | : Dr. Dahlia Krishnan |
| 3. THE DIAGNOSTIC DILEMMA:INFECTIOUS SCLERITIS CHALLENGES. (10 mins) | : Dr. Anil Radhakrishnan |
| 4. BEYOND THE SURFACE---UNDERSTANDING POSTERIOR SCLERITIS (10 mins) | : Dr. Anabi Shahi A |
| 5. NEW HOPE FOR SCLERITIS:BIOLOGIC THERAPIES. (10 mins) | : Dr. Archana Pradeep |

Panel Discussion : (5 mins)



IC72 - Cataract Surgery in Small Pupils: All You Need to Know to Manoeuvre a Tough Terrain

Date :	28-11-2025
Time :	09:30-10:25
Hall :	EMPIRE HALL

Dr. Satish Thomas

Cataract surgery in presence of small pupils offers a significant challenge to any surgeon, but can especially be daunting to a less experienced surgeon. It is a humbling experience, admitting to being uncomfortable and having to refer elsewhere. In this course, we discuss common causes and evaluation of such cases followed by the different surgical technical options in managing small pupils. We cover both MSICS and phacoemulsification surgeries. Among surgical techniques, we include management of phacoemulsification without additional pupil dilatation techniques, as well as the various pupil dilating techniques of stretch pupilloplasty, iris hooks, Malyugin and B Hex rings. We approach it in such a way as to guide a surgeon uninitiated into these techniques into performing them. Experienced cataract surgeons use their surgical videos to instruct the audience into learning how to handle the challenge of intraoperative floppy iris and small pupil cataract surgery

Keynote address: Phaco in colobomatous eyes (8 mins)

: **Dr. Chitra Ramamurthy**

1. Preop. evaluation and intraop. pharmacological interventions (6 mins)

: **Dr. Leena Mariyam Varghese**

2. Managing severe IFIS without panicking (8 mins)

: **Dr. Mathew Kurian Kummelil**

3. Cataract surgery in bound down pupil (8 mins)

: **Dr. Jacob Koshy**

4. How to employ iris hooks (6 mins)

: **Dr. Satish Thomas**

5. Use of pupil expansion rings in small pupils (8 mins)

: **Dr. Rajesh Sinha**

6. Tips on managing phacoemulsification without pupil expansion devices (8 mins)

: **Dr. Sreeni Edakhlon**

Panel Discussion : (3 mins)



IC84 - A Multidisciplinary approach in the management of Congenital lens subluxation

Date :	28-11-2025
Time :	10:30-11:25
Hall :	EMPIRE HALL

Dr.Divya Balakrishnan

This course provides an integrated approach to Congenital ectopia lentis, addressing diagnostic and surgical challenges through the perspective of a pediatric ophthalmologist, glaucoma specialist and vitreoretinal surgeon. It's important to understand and identify the syndromic associations and ocular complications if left undiagnosed and untreated. This IC aims to highlight the timing of surgical intervention and the importance to coordinate multidisciplinary approach for optimal long term outcomes

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| 1. Pediatric Ophthalmologist's perspective (12 mins) | : Dr. Meena CK |
| 2. Role of genetics and syndromic association (10 mins) | : Dr. Divya Balakrishnan |
| 3. Glaucoma associated with congenital lens subluxation: Diagnosis & management (15 mins) | : Dr. Ronnie George |
| 4. Vitreoretinal interventions in ectopia lentis (10 mins) | : Dr. Divya Balakrishnan |

Panel Discussion : (8 mins)



IC32 - FINE TUNING SURGICAL SKILLS IN MSICS

Date :	28-11-2025
Time :	11:30-12:25
Hall :	EMPIRE HALL

Dr.Ashish Kuruvilla

Manual Small Incision Cataract Surgery (MSICS) is taught in most centers in South India as a stepping stone before phacoemulsification. Most of the time, the experience that a postgraduate (PG) has in MSICS before transitioning to phaco is limited. Since MSICS is a valuable technique for managing the most challenging cataract cases—as well as a reliable rescue procedure during complications in phaco—it is beneficial for every cataract surgeon to be well-versed in MSICS. This course is designed for cataract surgeons who are either already proficient in phacoemulsification but not MSICS or novice MSICS surgeons who wish to fine-tune their skills and take them to the next level.

1. Constructing the perfect corneo-scleral tunnel (10 mins) : **Dr. Aaditya Ganesh Joshi**
2. Astigmatism: how to limit SIA and use it to your advantage. (10 mins) : **Dr. Leena Mariyam Varghese**
3. Fine tuning nucleus delivery methods. (10 mins) : **Dr. Sumi Lukose**
4. PCR during early phaco manoeuvres. How to convert to MSICS. (10 mins) : **Dr. Ashish Kuruvilla**
5. All about secondary IOLs and how sclero- corneal tunnels can help. (10 mins) : **Dr. Jacob Koshy**

Panel Discussion : (5 mins)



IC33 - CHALLENGING SITUATIONS IN GLAUCOMA MANAGEMENT

Date :	28-11-2025
Time :	12:30-13:25
Hall :	EMPIRE HALL

Dr.Smitha V K

Managing glaucoma patients involves challenges like early diagnosis, achieving optimal intraocular pressure control, addressing patient compliance and tracking the complexities of disease progression and side effects. In this instruction course we are discussing various challenges faced in our day to day practise and how to manage it.

1. Choices and challenges of treatment in first time diagnosed glaucoma (8 mins) : **Dr. Smitha V K**
2. Shallow AC with uncontrolled IOP post YAG PI (8 mins) : **Dr. Girija K**
3. Intractable neovascular glaucoma (8 mins) : **Dr. Mahesh Bharathi**
4. Intra and postoperative challenges in GDD implantation (11 mins) : **Dr. George Puthuran**
5. Tackling the thief of sight in children (11 mins) : **Dr. Ronnie George**

Panel Discussion : (9 mins)



IC13 - Presbyopia Correcting IOLs : Interesting Times

Date :	28-11-2025
Time :	14:00-14:55
Hall :	EMPIRE HALL

Dr. Anup Chirayath

Presbyopia correcting lenses have been in use for a long time now. The lens designs have been evolving at a very fast pace. Each lens being introduced with a lot of promise and hype only to eventually find them lacking in something or the other. In the last few years a lot of promising intraocular lenses have hit the market. Lenses which give the desired result of multifocality without the problems of associated glare and haloes that we all are worried about. It feels reassuring that the changes are happening in the right direction. In this course we have senior phaco surgeons rich in experience in the use of these lenses giving forthright opinions. They shall be speaking based on their own personal experiences sans the hype. These are indeed very interesting times for the phaco surgeons.

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| 1. Essential info before the plunge (8 mins) | : Dr. Anup Chirayath |
| 2. Enhanced monofocals : Within kissing distance of multifocality (8 mins) | : Dr. Jagadeesh Kumar Reddy K. |
| 3. Trifocals : Still a great choice ? (8 mins) | : Dr. Minu M Mathen |
| 4. EDOFs : The stars on the block ?! (8 mins) | : Dr. Jayaprasad Bhaskaran |
| 5. Post surgery dissatisfied patient : How to deal with the situation ? (8 mins) | : Dr. Sreeni Edakhlon |

Panel Discussion : (15 mins)



IC58 - Paediatric Ophthalmic Problems necessitating interventions during Infancy

Date :	28-11-2025
Time :	15:00-15:55
Hall :	EMPIRE HALL

Dr. Leila Mohan

The newborn baby is often brought to the comprehensive ophthalmologist with eye problems like white reflex from eye, watering, photophobia, smallness, white eye etc and there is a dilemma as to the necessity of immediate intervention or treatment on emergency basis. Premature baby eyes are to be specially taken care of for retinopathy and other issues. Many conditions can be dealt with by the comprehensive ophthalmologist immediately and referred if necessary for surgical intervention. Some like cataract, glaucoma etc, need immediate intervention as well. We discuss the common issues met with in the infant, their evaluation and management aiming to clarify some of the dilemmas in referral for the general ophthalmologist

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| 1. Is my child seeing? (8 mins) | : Dr. Soumya Nambiar |
| 2. The premature baby and the eye (8 mins) | : Dr. Suma Unnikrishnan |
| 3. Evaluation of the white pupil-Is it cataract? (8 mins) | : Dr. Meena CK |
| 4. Evaluating the cloudy cornea-Is it glaucoma? (8 mins) | : Dr. Leila Mohan |
| 5. Evaluating the watery eye-Is it congenital dacryocystitis? (8 mins) | : Dr. Indu B Narayanan |
| 6. Evaluation and management of crossed eyes in the infant (8 mins) | : Dr. Roohi M |

Panel Discussion : (7 mins)



IC27 - Dilemmas in Glaucoma

Date :	28-11-2025
Time :	16:00-16:55
Hall :	EMPIRE HALL

Dr. Girija K

The slow and often asymptomatic nature of Glaucoma presents many challenges starting from early diagnosis, determining appropriate pressure goals and selecting suitable treatment method- topical drugs, lasers, or surgery. These put the attending doctor in a kind of dilemma and this instruction course is designed to stress upon the various quandaries faced by general Ophthalmologists as well as Glaucoma specialists including diagnosis and treatment of different stages of the disease and the best way out.

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| 1. Cupped Disc - Is it Glaucoma? (8 mins) | : Dr. Smitha V K |
| 2. High IOP and Open Angles - Lasers or Drops (8 mins) | : Dr. Jayasree P V |
| 3. Established Glaucoma - Drops, MIGS or Trabeculectomy (10 mins) | : Dr. Sathyan P |
| 4. Post- trab glaucoma progression - Repeat trabeculectomy or GDD (10 mins) | : Dr. George Puthuran |
| 5. Co- existing cataract and glaucoma - Trabeculectomy, Phaco- trabeculectomy or Phaco alone (9 mins) | : Dr. Girija K |

Panel Discussion : (10 mins)



IC73 - A CLOSER LOOK AT CLOSED GLOBE INJURIES

Date :	28-11-2025
Time :	08:30-09:25
Hall :	POOLSIDE HALL

Dr. Leema Rose Thomas

Management of Ocular Trauma forms an important part of ophthalmology practice. Ocular trauma can have a devastating effect on the patients vision and life. This instruction course concentrates on the nuances of management of closed globe injuries which forms a major part of emergency ophthalmology. Experienced faculty will talk about impacts of ocular trauma on different parts of the eye and also discusses about the diagnosis and management of ocular trauma. This instruction course targets all General Ophthalmologists and Post graduate students who generally are the first respondents for cases of ocular trauma.

1. HYPHEMA DEMYSTIFIED - FROM IMPACT TO INTERVENTION (6 mins) : **Dr. Leema Rose Thomas**
2. THE SILENT SEQUELAE - GLAUCOMA IN TRAUMATIZED EYE (12 mins) : **Dr. Neethu Mohan**
3. CLEAR VISION COMPROMISED - TRAUMATIC EFFECT ON LENS (6 mins) : **Dr. Sija S**
4. BEYOND THE SURFACE - POSTERIOR SEGMENT CONSEQUENCES IN BLUNT TRAUMA (7 mins) : **Dr. Manjit PS**
5. TRAUMA TO VISION - UNDERSTANDING TRAUMATIC OPTIC NEUROPATHY (7 mins) : **Dr. Jisha K**
6. SEEING THE HIDDEN - IMAGING IN OCULAR TRAUMA (12 mins) : **Dr. Dr Josey Verghese**

Panel Discussion : (5 mins)



IC3 - Structure-Function Correlation in Glaucoma- Bridging OCT and Visual Fields for Better Decisions

Date :	28-11-2025
Time :	09:30-10:25
Hall :	POOLSIDE HALL

Dr.Manju M

Understanding the structure–function correlation in glaucoma is essential for accurate diagnosis and monitoring. This course explores how structural changes, such as RNFL and GCC thinning seen on OCT, often precede functional loss detected by visual fields. It highlights the limitations of relying on either modality alone and emphasizes a combined approach for better clinical decisions. For general ophthalmologists, it aids in early detection and appropriate referral. For glaucoma specialists, it supports nuanced management, especially in pre-perimetric and advanced cases. The course includes case-based discussions, topographic correlations, and guidance on interpreting discordant findings. Integrating structure and function leads to earlier intervention, improved patient care, and better outcomes across all stages of glaucoma.

1. Keynote Address: Protocol for management of childhood glaucoma (10 mins) : **Dr. Dr.Manju R. Pillai**
2. "Structure-Function Correlation in Glaucoma- Bridging OCT and Visual Fields for Better Decisions" (9 mins) : **Dr. Maya T J**
3. "False Alarms and Early Misses: The Visual Field's Limitations in Early Glaucoma" (9 mins) : **Dr. Manju M**
4. "The Tipping Point: Decoding the Lag Between Nerve Loss and Vision Loss" (9 mins) : **Dr. Soumya P P**
5. "Central Clues: Macular Involvement and Its Functional Footprint in Glaucoma" (9 mins) : **Dr. Swetha K**
6. "Dual Diagnosis: Merging Structure and Function for Confident Clinical Decisions (9 mins) : **Dr. Manju Anup**



IC88 - "WHAT I DID DIFFERENTLY THIS YEAR"

Date :	28-11-2025
Time :	10:30-11:25
Hall :	POOLSIDE HALL

Dr.Rani Balamuralikrishnan

In the era of technological advancements several innovations happen in the field of Ophthalmology also. Learning and applying those skills in the practical clinical work will enhance the productivity and quality of service of each one of us. Each instructor participating in the discussion has shown his/her eminence in their respective fields. This course is a demonstrative discussion on the innovative changes in practice in various specialties of Ophthalmology. The changes they have brought in the field will not only be useful for Ophthalmologists but will be of great benefit for the patients as well.

"HOW I INCREASED THE EFFICACY AND

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| 1. PREDICTABILITY OF MY DIRECT PHACO CHOP TECHNIQUE" (10 mins) | : Dr. Dr.Venkatesh |
| 2. SHOULD WE DO AWAY WITH SCRUBBING? (7 mins) | : Dr. Rani Balamuralikrishnan |
| 3. HOW TO SEE IF THE DME IS ANTI VEGF RESISTANT (7 mins) | : Dr. Gopal S Pillai |
| 4. MINIMALISTIC APPROACH TO OCULAR ONCOLOGY (7 mins) | : Dr. Fairouz Puthiyapurayil Manjandavida |
| MULTIDISCIPLINARY INTEGRATION OF | |
| 5. REHABILITATION STRATEGIES IN CHILDREN WITH SPECIAL NEEDS (7 mins) | : Dr. SANITHA SATHYAN |

Panel Discussion : (17 mins)



IC95 - Vision Revived: "Recent Advances in Dry Eye Management"

Date :	28-11-2025
Time :	11:30-12:25
Hall :	POOLSIDE HALL

Dr. Aswathy V Unnithan

Dry eye disease, dubbed a 21st epidemic is escalating in prevalence, affecting individuals across all age groups, from young to old. Lifestyle shifts, notably prolonged digital screen exposure, combined with environmental factors, significantly contribute to this trend. The chronic nature of the disease, the poor quality of life of these individuals and persistent patient complaints pose challenges for treating clinicians as well. However, advancements in diagnostic technology, innovative therapeutic agents, and emerging research in the field offer hope for improved management and potential solutions to combat this growing health concern.

1. Keynote address : Visionary Research: What's Next for Corneal Health and Dry Eye (10 mins) : **Dr. Dr M. Vanathi**
2. Keynote address: Management of dry eye in cataract surgery. Evidence based (8 mins) : **Dr. Elankumaran Pasupathi**
3. The Dry Eye Challenge: An overview (7 mins) : **Dr. Aswathy V Unnithan**
4. Precision Diagnosis: Advanced Tools for the Ocular Surface (8 mins) : **Dr. NIMMY RAJ**
5. Innovative Therapies: Transforming Dry Eye Treatment Paradigms (10 mins) : **Dr. Bini S T**
6. Surgical Synergy: Integrating Dry Eye Management in severe cases (10 mins) : **Dr. Jayaram V R**

Panel Discussion : (2 mins)



IC49 - Anti VEGF Masterclass: Precision , Durability & Beyond

Date :	28-11-2025
Time :	12:30-13:25
Hall :	POOLSIDE HALL

Dr.Jyoti Prakash Vyas

The Anti-VEGF Masterclass: Precision, Durability, and Beyond is an advanced instructional course designed for ophthalmologists and retina specialists. It explores strategies to optimize Anti-VEGF therapy, focusing on precision in dosing, personalized treatment regimens, and maximizing therapeutic durability. Experts will discuss novel agents, extended-release technologies, and combination therapies, alongside real-world case studies and emerging research. Attendees will gain insights into minimizing treatment burden while improving long-term outcomes for retinal diseases like AMD, DME, and RVO. Ideal for practitioners seeking to refine their approach to retinal care.

Keynote Address - Methotrexate in complicated retinal surgery (10 mins)

: **Dr. Naresh Babu**

1. Next generation Anti VEGF agents (10 mins)

: **Dr. Jyoti Prakash Vyas**

2. Optimizing Anti VEGF therapy in DME & nvAMD (10 mins)

: **Dr. Ashok Nataraj**

3. Tackling Anti VEGF resistance and nonresponders in nvAMD (10 mins)

: **Dr. Mahesh G**

4. Management of MNV in pachychoroid disease in the Anti VEGF era- How is it different from nvAMD (12 mins)

: **Dr. Giridhar A**

Panel Discussion : (3 mins)



IC5 - The Glaucoma puzzle: Navigating the uncertainty

Date :	28-11-2025
Time :	14:00-14:55
Hall :	POOLSIDE HALL

Dr. Manju Anup

Underdiagnosis and overtreatment are common challenges in glaucoma practice due to diagnostic and management dilemmas. This interactive course addresses these issues through complex case presentations, expert panel discussions, and practical strategy sharing.

Target audience: postgraduate students, general ophthalmologists, and glaucoma specialists.

Key benefits:

1. Improved diagnostic accuracy
2. Effective management strategies
3. Practical approaches to complex cases

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| 1. Case presentations (10 mins) | : Dr. Manju Anup |
| 2. Case presentation (10 mins) | : Dr. Abhilash Nair |
| 3. Panel discussion (8 mins) | : Dr. Saikumar S J |
| 4. Panel discussion (8 mins) | : Dr. Kiran Gopalakrishnan |
| 5. Panel discussion (8 mins) | : Dr. Ronnie George |
| 6. Panel discussion (8 mins) | : Dr. Sathyan P |

Panel Discussion : (3 mins)



IC67 - Reaching The Ureached - Human Touch vs Technology.

Date :	28-11-2025
Time :	15:00-15:55
Hall :	POOLSIDE HALL

Dr.C V Anthrayose (Andrews)

From time immemorial Ophthalmic practice revolve around outreach Free Eye Camps and Charitable services by various Govt/Private Eye Hospitals/Institutes and Medical Colleges. From the last two to three decades it drifted to rich dad from poor dad .The other side of this coin is we started losing the human touch, some times unethical practice in these activities. Here in this Instruction Course we are showing the history and evolution of free eye camps, evaluation of different models, present day functioning, newer models like Telemedicine with Mobile Bus and future of outreach camp activities. We will be highlighting the scope for new models in eye camps for private, corporate and government practice without losing the magic of human touch. How we should not surrender to the advancement in technology including Artificial Intelligence which doesn't have love, compassion, human touch and expression.

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| 1. Introduction of the Subject. (5 mins) | : Dr. Babu Krishnakumar
M R |
| 2. Era of Human Soldiers in the War Field (10 mins) | : Dr. C V Anthrayose
(Andrews) |
| 3. Corporate and Outreach Camp activities - Can We do Justice to both. (10 mins) | : Dr. Radha Ramanan B |
| 4. Is Government Setup still in Stone aged days (10 mins) | : Dr. Rohan A |
| 5. Will Technology take over and Human Touch will become History. (10 mins) | : Dr. Thanusree P |

Panel Discussion : (10 mins)



IC18 - Red Flags Every Primary Care Ophthalmologist Should Know: A Practical Guide

Date :	28-11-2025
Time :	16:00-16:55
Hall :	POOLSIDE HALL

Dr. Divya Alex

This high-impact, clinically-driven course is essential for frontline ophthalmologists who make the first critical call. In fast-paced, high-volume settings, missing a subtle red flag can cost vision—or worse. This session sharpens your clinical judgment, teaching you to identify sight-threatening signs that demand immediate referral. Led by expert specialists, it's practical, case-based, and grounded in real-world scenarios—from OCT misreads, glaucoma misunderstandings, to post-op inflammation and a lot more. If you're serious about clinical excellence, this course gives you the needed edge. Smart referrals start with sharper eyes, and this course ensures you're equipped to act quickly and confidently. Don't miss it.

1. Seeing Below the Surface: Red Flags in OCT Interpretation (9 mins) : **Dr. Lekha T**
2. Not All High IOP Needs a Drop — red flags Before You Treat (8 mins) : **Dr. Manju Anup**
3. Gone in a Flash: Red Flags in Sudden Vision Loss (8 mins) : **Dr. Biju Raju**
4. Swollen Discs, Hidden Danger — Red Flags in Optic Edema (8 mins) : **Dr. Arya A R**
5. Identifying Red Flag Features in Diabetic Retinopathy — Timing the Referral Right (9 mins) : **Dr. Anubhav Goyal**
6. Post-Cataract Inflammation, Beyond the Anterior Segment — When to Refer! (9 mins) : **Dr. Divya Alex**

Panel Discussion : (4 mins)



IC74 - Keratoconus 360°: A Deep Dive into Modern Management

Date :	28-11-2025
Time :	08:30-09:25
Hall :	PERGOLA HALL

Dr.Sanjana P

This particular module focuses on managing keratoconus which is a condition causing progressive thinning of cornea that adversely affects the health and functionality of the cornea. Over the past two decades, there was a paradigm shift in the management of keratoconus. This course shall guide ophthalmologists through the effective management principles and detailed planning of long term care. With this didactic lecture, this course builds clinical judgment and decision-making competencies under authentic conditions. This module is suitable for all who wish to refine their management skills, deepening their understanding of keratoconus as a patient-centric, multidisciplinary clinical condition.

1. Beyond Dresden: Modern Techniques in Corneal Cross-Linking (10 mins) : **Dr. Dr.VEENA B**
2. Fitting the Future: Advancements in Contact Lenses for Optimal Keratoconus Vision (10 mins) : **Dr. Aneeta Jabbar M**
3. CAIRS Uncovered: Shaping the Cornea, Saving the Vision (10 mins) : **Dr. Sanjana P**
4. Rebuilding Vision:: The Evolution of Keratoplasty Techniques in Keratoconus (10 mins) : **Dr. Hilda K Nixon**
5. From Cone to Clarity: Refractive Surgery as a Game-Changer in Keratoconus (10 mins) : **Dr. Aswathy**

Panel Discussion : (5 mins)



IC96 - "Deal with DVD"- a conceptual, clinical and and surgical over view of Dissociated Vertical Deviation

Date :	28-11-2025
Time :	09:30-10:25
Hall :	PERGOLA HALL

Dr.Samyukta Sadasivan K

Dissociated Vertical Deviation (DVD), in its essence, is a balancing ocular motor disorder- an entity that has always intrigued strabismologists because of its impact on visual acuity, visual aesthetics, binocularity and psychosocial aspects. Like the interesting theories explaining its etiology, the variations in measurement makes DVD all the more intricate. Its peculiar adaptations and co existence with other types of strabismus complicates the management part. Amblyopia its frequent association that is a major concern in children. So early identification and intervention of DVD is mandated to offer the best course of treatment and to ensure cosmetically acceptable outcomes meanwhile salvaging binocularity. This instruction course ventures to explore in detail the pathomechanisms, clinical features, diagnosis, special evaluation methods and all aspects of non surgical and surgical management of DVD.

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| 1. DVD- the concept and pathomechanisms (10 mins) | : Dr. Mallika Harikrishnan |
| 2. Identification and characterisation of DVD (10 mins) | : Dr. Divya Kishan |
| 3. Clinical evaluation of DVD (10 mins) | : Dr. Samyukta Sadasivan K |
| 4. Decision making and management of DVD (20 mins) | : Dr. Meenakshi Raveendran |

Panel Discussion : (5 mins)



IC47 - Why Lenticule ?

Date :	28-11-2025
Time :	10:30-11:25
Hall :	PERGOLA HALL

Dr.Kala Baby Thottam

Kerato-lenticular extraction (KLEx) is a minimally invasive refractive surgery technique that corrects myopia and astigmatism by removing a stromal lenticule from the cornea using femtosecond laser technology. Unlike LASIK, KLEx avoids flap creation, preserving corneal biomechanics and reducing the incidence of dry eye. KLEx encompasses several techniques, including SMILE (Small Incision Lenticule Extraction), SmartSight, CLEAR (Corneal Lenticule Extraction for Advanced Refractive correction), and SILK (Smooth Incision Lenticule Keratomileusis), each with unique software platforms and laser systems. In this IC, experts from across India share their experience in each of these techniques. KLEx continues to evolve as a safe, effective alternative to conventional laser procedures, providing excellent visual outcomes, rapid recovery, and expanding indications in the field of refractive surgery. Learn tips & tricks from masters and why Lenticule surgery is the future.

Keynote Address: Challenging cases in Refractive Surgeries (8 mins)

: **Dr. Chitra Ramamurthy**

1. An overview of KLEx procedures & my lenticule learning experience (8 mins)

: **Dr. Kala Baby Thottam**

2. Clinical outcomes in SMILE surgery (8 mins)

: **Dr. Rohith Georgy Mathew**

3. CLEAR - A new reason to Smile (8 mins)

: **Dr. Sanjeev Srinivas**

4. SILK route - improving outcomes with a new refractive procedure (8 mins)

: **Dr. Rushad Shroff**

5. Smart sight -Clinical experience and wound healing perspectives (8 mins)

: **Dr. Dr.Pooja Khamar**

Panel Discussion : (7 mins)



IC100 - CHALLENGING CLINICAL SCENARIOS IN GLAUCOMA PRACTICE - Panel discussion

Date :	28-11-2025
Time :	11:30-12:25
Hall :	PERGOLA HALL

Dr.Meena Nair

This instruction course intends on an exciting discussion with expert panelists on various challenging case scenarios encountered in day to day glaucoma practice. Any ophthalmologist attending this session will definitely go back with some tips on managing glaucoma . Any queries arising in the minds of the attending delegates can also be clarified .

1. Diagnostic , Therapeutic and Management dilemmas in day to day glaucoma practice -case series (30 mins) : **Dr. Meena Nair**
2. Panelist (5 mins) : **Dr. Thomas George T**
3. Panelist (5 mins) : **Dr. Ronnie George**
4. panelist (5 mins) : **Dr. Ganesh V Raman**
5. panelist (5 mins) : **Dr. Girija K**
6. panelist (5 mins) : **Dr. Lopamudra Biswal**



IC42 - ADD AN AESTHETIC TOUCH TO YOUR PRACTICE !

Date :	28-11-2025
Time :	12:30-13:25
Hall :	PERGOLA HALL

Dr.SRUTHI R S

There is more to the Eyes than a 6/6 Vision!

Understanding aesthetics and its surgical & nonsurgical techniques are essential for today's ophthalmologists.

The periorbital region defines vibrant facial expression and confidence. Aesthetic knowledge enables ophthalmologists to deliver functional improvements while achieving natural and harmonious outcome.

Blepharoplasty not only corrects visual difficulty caused by conditions like dermatochalasis and involutional changes, but also rejuvenates appearance, enhancing overall patient satisfaction. Botulinum toxin and filler injections come into vogue when nonsurgical options are considered.

As demand for cosmetic procedures grows, it is imperative that we keep ourselves aware and updated.

This IC intends to cover this essential topic and how to deal with complications via an ethical practice and custom made approach for patients thereby improving their quality of life and make our patients feel more confident in their appearance.

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| 1. Anatomy of an aging face (7 mins) | : Dr. Samvedya Veenish U O |
| 2. Upper Eyelid Blepharoplasty (10 mins) | : Dr. Fairouz Puthiyapurayil Manjandavida |
| 3. Lower Eyelid Blepharoplasty (10 mins) | : Dr. SRUTHI R S |
| 4. Outcomes and common complications of Blepharoplasty (10 mins) | : Dr. MARIAN PAULY |
| 5. Nonsurgical methods of improving Aesthetics (8 mins) | : Dr. V Anju Chandran |

Panel Discussion : (10 mins)



IC39 - TIME-LAPSE : An Expedition through the Multiverse of Smartphone Ophthalmology, AI, 3Dprinting, Apps

Date :	28-11-2025
Time :	14:00-14:55
Hall :	PERGOLA HALL

Dr.Prithvi Chandrakanth

This instruction course offers a dynamic exploration of the rapidly evolving landscape of ophthalmic technology, where smartphone-based diagnostics, artificial intelligence (AI), 3D printing, and mobile health applications converge to transform eye care delivery. Framed as a “time-lapse” journey, the session will chart the progression of these innovations from concept to clinical reality, with a focus on their relevance in resource-limited and remote settings. Attendees will gain practical exposure to smartphone imaging techniques, AI-assisted diagnostic tools, and the design of customized ophthalmic devices using 3D printing. In addition, participants will discover high-impact mobile apps that streamline clinical workflows, enhance diagnostic accuracy, and improve patient engagement. This course is ideal for practitioners aiming to integrate cost-effective, accessible, and scalable technologies into modern ophthalmic practice.

1. Smartphone Imaging/recording:Anterior & Posterior seg,
Gonio,Cobalt blue, Microscopy & Surgical rec. (10 mins) : **Dr. Prithvi Chandrakanth**
2. 3d designing, 3d printing, Prototyping, Patenting,
Marketing- bringing your dream to reality (10 mins) : **Dr. John Davis Akkara**
3. The magic of AI in ophthalmology (10 mins) : **Dr. Shishir Verghese**
4. Smartphone apps in daily ophthalmology practice (10 mins) : **Dr. Anju Kuriakose**

Panel Discussion : (15 mins)



IC50 - Windows to clarity: A simple guide to keratoplasty

Date :	28-11-2025
Time :	15:00-15:55
Hall :	PERGOLA HALL

Dr. Aswathy

Keratoplasty remains a cornerstone procedure in the management of corneal blindness, which constitutes a major cause of visual impairment worldwide. The cornea, as the eye's primary refractive surface, plays a crucial role in visual acuity, and its transparency is essential for proper light transmission. When corneal clarity is compromised due to dystrophies, ectatic disorders, infections, trauma, or postsurgical complications, keratoplasty serves as a definitive therapeutic intervention. Penetrating keratoplasty (PK), involving full-thickness replacement of the cornea, was the standard surgical technique. However, over the past two decades, there has been a paradigm shift to lamellar keratoplasty procedures, which offer selective tissue replacement while preserving healthy native corneal layers. This instruction course provides a detailed overview of the current approaches in keratoplasty, PK, DALK, DSEK and DMEK.

1. Beyond the haze: Transforming vision with Penetrating keratoplasty (PK) (8 mins) : **Dr. Aswathy**
2. Restoring clarity- Challenges and triumphs of cataract surgery after PKP (10 mins) : **Dr. Seena A C**
3. Layer by layer: Unveiling the beauty of DALK (10 mins) : **Dr. Sanjana P**
4. Behind the Cornea: Mastering the layers with DSEK (10 mins) : **Dr. Hilda K Nixon**
5. Peeling back the layers- The Art of DMEK (10 mins) : **Dr. Sujith Nayanar V**

Panel Discussion : (7 mins)



**IC90 - Integrated approach to Neuro
Radiology in Ophthalmology from
interpretation to intervention**

Date :	28-11-2025
Time :	16:00-16:55
Hall :	PERGOLA HALL

Dr.Gemini Isac

Essential part of diagnosis in neuro ophthalmology and orbital diseases depends on neuro imaging. But there is always a lacunae about neuro imaging among ophthalmologists especially when to image /how to order/ how to interpret ,,,, etc. This IC is to help them to know the basics of neuro imaging interpretation of images, imaging in various clinical conditions and newer advancements in neuroradiology related to neuro ophthalmology. Highly experienced neuroradiologist (more than 30 yrs of experience in neuroradiology related to ophthalmology) and neuro ophthalmologists are co- instructors of this IC. This IC will focus on basics of neuroimaging including interpretation of MRI/CT images, diagnostic imaging characteristics in various clinical conditions and to interventional radiology in ophthalmology

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| 1. Basics of Neuro imaging in ophthalmology for general ophthalmologists (20 mins) | : Dr. Dr.Veena Nerohna |
| 2. Neuro imaging in neuro ophthalmology (15 mins) | : Dr. Dr, Mahesh Kumar |
| 3. Basic interpretation of imagees (10 mins) | : Dr. Gemini Isac |

Panel Discussion : (10 mins)



**IC79 - RED EYE RELOADED-
PRACTICAL GUIDE TO DIAGNOSIS
AND MANAGEMENT IN GENERAL
OPHTHALMOLOGY**

Date :	28-11-2025
Time :	08:30-09:25
Hall :	STUDIO HALL

Dr.Nadhna Basheer

Red eye is one of the most frequent and multifaceted complaints encountered in ophthalmic practice. This instruction course offers a comprehensive, case-based overview of red eye through a general ophthalmology lens. It aims to equip clinicians with the practical tools needed to confidently differentiate benign from vision-threatening conditions and deliver effective management strategies. The course will cover common conjunctival allergic, infectious , drug-induced and cicatrizing conjunctivitis , lid related disorders including demodex infestation , dry eye disease and ocular surface instability, corneal pathologies such as ulcer and keratitis and a focus on rare but critical red eye mimickers like carotid-cavernous fistula and scleritis . each section will emphasize clinical pearls , red flags and decision making algorithms.

This session is ideal for residents, general ophthalmologist and eye care professionals seeking a structured and practical approach to diagnose and manage red eye.

1. BEYOND PINK EYE : CONJUNCTIVITIS , DRUG INDUCED AND CICATRIZING CONDITIONS (10 mins) : **Dr. Miriam Joseph**
3. WHEN THE CORNEA IS UNDER ATTACK- KERATITIS AND CORNEAL ULCERS (10 mins) : **Dr. Nadhna Basheer**
3. THE NON INFECTIVE YET RED CORNEA- MISCELLANEOUS CAUSES (10 mins) : **Dr. ANASWARA M JOHN**
4. REDNESS BEYOND SURFACE : LIDS LASHES AND MASQUERADES (10 mins) : **Dr. Bennet Chacko Mathew**

Panel Discussion : (15 mins)



IC29 - Navigating Mental Health Challenges: A Practical Guide for Busy ophthalmologists

Date :	28-11-2025
Time :	09:30-10:25
Hall :	STUDIO HALL

Dr. Rakhi Dcruz

Ophthalmologists work in high-pressure environments, struggles in finding the perfect job opportunities ,juggling financial issues, complex surgical procedures, workplace demands and patient concerns—all while striving to maintain their own well-being. This course provides practical strategies for managing mental health challenges that arise at different points of life as of a -budding surgeon , mid career issues and problems faced by veteran surgeons.

Participants will explore key topics such as recognizing signs of burnout, fostering resilience, and integrating mental health-conscious practices into daily routines. Tools and exercises for managing stress, yoga and mindfulness practices. Through expert insights, and interactive discussions, ophthalmologists will gain tools to support both their complaining patients and themselves. In the end we will be bringing a psychiatry specialist who will be talking on when to approach the psychiatrist and what are the red flag signs.

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| 1. AGE WISE MENTAL HEALTH ISSUES- BUDDING SURGEON VS VETERAN SURGEON (7 mins) | : Dr. Jayaprasad Bhaskaran |
| 2. Optimizing Time and Work-Life Balance for Mental Well-being (7 mins) | : Dr. Rakhi Dcruz |
| 3. ENHANCING SURGICAL PERFORMANCE BY PRACTISING YOGA AND MINDFULNESS (7 mins) | : Dr. Ambika Shetty |
| 4. HOW TO EFFECTIVELY COMMUNICATE WITH PATIENTS DURING COMPLICATIONS AND EASE YOUR TENSION (8 mins) | : Dr. Thomas Cherian |
| 5. Identifying Red flag Signs: When to Seek Psychiatric Help —Insights from a Psychiatrist (8 mins) | : Dr. Rakhi Dcruz |

Panel Discussion (10 mins)



IC68 - Elevate your skills : A Video Assisted Skill Transfer Course in Oculoplasty for Ophthalmologists

Date :	28-11-2025
Time :	10:30-11:25
Hall :	STUDIO HALL

Dr. Preeta Nair

This is a Video assisted skill transfer course on most common Oculoplasty conditions, focusing on the role of the general ophthalmologists who are the first set of people who see these patients. A proper step by step approach will be discussed on relevant problems that can be managed at the primary level. And what are the dos and don'ts in the particular cases will also be highlighted by our Oculoplasty trained specialists.

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| Keynote address Evaluation of Tearing (10 mins) | : Dr. A Samarapuri |
| 1. Tarsorrhaphy : doing it right (7 mins) | : Dr. Soumya Narayanan |
| 2. How to deal with cases of Entropion and Ectropion (10 mins) | : Dr. Shebin salim |
| 3. Dealing with common eyelid conditions (10 mins) | : Dr. Preeta Nair |
| 4. Step by step approach in performing Probing, Syringing, and DCR surgery (10 mins) | : Dr. Anju Suresh |
| 5. How to rightly perform Evisceration surgery in your set up (7 mins) | : Dr. Aparna K S |

Panel Discussion : (1 mins)



IC20 - Pixels with a Purpose: OCT and OCTA Biomarkers That Guide Retinal Decisions

Date :	28-11-2025
Time :	11:30-12:25
Hall :	STUDIO HALL

Dr. Harshali Kamat

OCT and OCTA aren't just imaging tools—they're decision-making allies. This session will break down how key biomarkers, like intraretinal cysts, subretinal fluid, hyperreflective spots, and vascular dropout, can help you tailor treatment in common retinal conditions such as DME, ARMD, CSR, and vascular occlusions. Designed for general ophthalmologists and early-career retina specialists, the course focuses on practical, real-world use: when to treat, what to choose, and how to track progress based on what the images show. Through case-based discussions, you'll learn to read beyond the scan and use biomarkers to guide confident, personalized care.

1. Choroid in Focus: OCT / OCTA Biomarkers Across Pachychoroid Spectrum (14 mins) : **Dr. George J Manayath**
2. Seeing Beneath the Surface : OCT and OCTA Biomarkers in Neovascular AMD (10 mins) : **Dr. Harshali Kamat**
3. "From Edema to Ischemia: Imaging Biomarkers in Retinal Vein Occlusions" (12 mins) : **Dr. Manoj S**
3. "Imaging DME Smarter: OCT and OCTA in Everyday Practice" (12 mins) : **Dr. SARATH RAVI**

Panel Discussion : (7 mins)



IC2 - Artificial intelligence in Ophthalmology

Date :	28-11-2025
Time :	12:30-13:25
Hall :	STUDIO HALL

Dr.Reena Abdul Rasheed

In this Ic we will be trying to explore use of artificial intelligence in ophthalmic practice where do we stand now, future directions and emerging ethical challenges.

1. Clinical Applications of Artificial Intelligence in Ophthalmology (10 mins) : **Dr. Rajiv Sukumaran**
2. Integrating AI into your clinical practice and future directions (10 mins) : **Dr. John Davis Akkara**
3. Ophthalmology learning education and training in the era of generative AI (10 mins) : **Dr. Bini S T**
4. Use, Misuse and applications of Large language models in Ophthalmic research and publications (10 mins) : **Dr. Smita Narayan**
5. Emerging Ethical concerns and challenges of using artificial intelligence in ophthalmic practice (10 mins) : **Dr. Reena Abdul Rasheed**

Panel Discussion : (5 mins)



IC66 - Keratoconus Unveiled: Navigating the latest advances

Date :	28-11-2025
Time :	14:00-14:55
Hall :	STUDIO HALL

Dr.NIMMY RAJ

After its initial description as “Staphyloma Diaphanum” in 1748, the overall understanding and management of the disease Keratoconus have evolved significantly over the years with notable advancements in aetiological aspects, risk factors, diagnostic parameters and treatment strategies. The progressive nature of the disease, rising incidence of ocular allergies leading to eye rubbing and its disproportionate impact on younger populations collectively contribute to its increasing significance. Advances in modern imaging, the ever-evolving innovative treatment strategies and ongoing research into molecular and genetic mechanisms make keratoconus a timely and compelling topic for discussion

1. Rising to the Challenge: Understanding Keratoconus Today (7 mins) : **Dr. Nadhna Basheer**
2. Innovative Diagnostics: The Future of Detection (8 mins) : **Dr. Sarath S**
3. Corneal Cross-Linking: Strengthening the Future (10 mins) : **Dr. Jayaram V R**
4. Vision Correction Revolution: Beyond Glasses and Contacts (10 mins) : **Dr. Dr M. Vanathi**
5. Looking Ahead: Research and Future Directions (10 mins) : **Dr. NIMMY RAJ**

Panel Discussion : (10 mins)



IC21 - SIGHT ON THE LINE; RED FLAGS IN OCULAR EMERGENCIES

Date :	28-11-2025
Time :	15:00-15:55
Hall :	STUDIO HALL

Dr.SARATH RAVI

Ophthalmic emergencies can present across all subspecialties and demand prompt recognition and timely intervention to preserve vision and prevent life-threatening complications. This instruction course aims to equip ophthalmologists with a structured approach to evaluating acute ocular conditions across the spectrum—from red eye and sudden vision loss to trauma and postoperative emergencies. Through case-based discussions, clinical pearls, and interactive scenarios, the course will cover key red flags, triage strategies, and evidence-based management protocols. Emphasis will be placed on practical decision-making in outpatient, emergency room, and surgical settings. Designed for residents, general ophthalmologists, and early-career specialists, this session will enhance confidence and competence in managing vision-threatening emergencies with clarity and urgency.

1. When Every mmHg Counts: Managing Acute Glaucoma (10 mins) : **Dr. Jay Mathew Perumal**
2. Flashes , Floaters and Fears : Navigating Retinal Emergencies (10 mins) : **Dr. SARATH RAVI**
3. Intraocular Foreign Bodies and Endophthalmitis : Emergency Management strategies (10 mins) : **Dr. Biju John C**
4. Beyond the Globe:Mastering Orbit and Adnexal Emergencies (10 mins) : **Dr. MARIAN PAULY**
5. Neuro Ophthalmic Time Bombs (10 mins) : **Dr. Harshali Kamat**

Panel Discussion : (5 mins)



IC55 - Structured Phaco training - A burning need

Date :	28-11-2025
Time :	16:00-16:55
Hall :	STUDIO HALL

Dr.Nilufer Sayed Mohammed

The sad reality is that many of the ophthalmologists coming out of medical College have minimal exposure to cataract surgery. There is a dire need to train them well without harming the patient. This is all the more crucial in a litigation prone state like Kerala. In this course we plan to demonstrate a method where excellent training can be imparted without compromising on the quality of surgery.

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| 1. Practice makes perfect- Role of a wet lab (8 mins) | : Dr. Shobha Sara Mathew |
| 2. SICS- A Stepping stone to phaco (8 mins) | : Dr. Nilufer Sayed
Mohammed |
| 3. SICS to Phaco- conversion made simple (8 mins) | : Dr. Shobha Sara Mathew |
| 4. Entering the world of phaco (8 mins) | : Dr. Anjana Krishnan |
| 5. Day to day problems while doing Phaco (8 mins) | : Dr. Jyothi Anup |

Panel Discussion : (15 mins)



**PROF. K S SUBRAMANIAM P G FREE
PAPER AWARD SEMIFINAL 1**

Date :	28-11-2025
Time :	08:30-10:25
Hall :	MAJLIS HALL

[FP8] - To assess common modes and common presentations of closed globe injury among patients attending OPD

Chief & Presenting author : Dr.SHAHINA BASHEER (KSOSID2646A), Dr.Krishna Priya S, Dr.Parvathy R, Dr.Kiran Balagopal

[FP18] - SPIROCHETE WITHIN THE GRAPE: A CASE SERIES OF LEPTOSPIRAL PANUVEITIS IN SOUTHERN KERALA

Chief & Presenting author : Dr.ShivaManoj (KSOSID2659A), Dr.Remya Raghavan

[FP23] - PREVALENCE OF ROP AMONG PRETERM BABIES IN A TERTIARY CARE HOSPITAL

Chief & Presenting author : Dr.FAHMIDHA SHIRIN M (KSOSID2368A), Dr.Hafsa Ibrahim K M, Dr.Sharika

[FP24] - IMPACT OF DIABETES MELLITUS AND OBSTRUCTIVE SLEEP APNOEA ON SEVERITY OF GLAUCOMA

Chief & Presenting author : Dr.REVATHI RAVINADHAN (KSOSID2363A), Dr.Hafsa Ibrahim K M, Dr.Sharika

[FP27] - RETINAL NERVE FIBRE LAYER ALTERATIONS IN MIGRAINE – A COMPARATIVE STUDY”

Chief & Presenting author : Dr.MERINE BABY (KSOSID2319A), Dr.Latha Mohan N V

[FP29] - PREVALENCE OF UNCORRECTED REFRACTIVE ERRORS AMONG CHILDREN OF 6-15 YEARS- A COMMUNITY BASED STUDY

Chief & Presenting author : Dr.Sreeshma K (KSOSID2372A), Dr.Suma Unnikrishnan

[FP47] - PERCEPTION OF CBME IMPLEMENTATION IN OPHTHALMOLOGY:A DREEM BASED EVALUATION AMONG MEDICAL STUDENTS

Chief & Presenting author : Dr.Sara Mytheen kunju (KSOSID2640A), Dr.Rekha R S, Dr.Bindu Thampi



[FP56] - NON STRABISMIC BINOCULAR VISION ANOMALIES IN CHILDREN ATTENDING TERTIARY EYE CARE CENTRE.

Chief & Presenting author : Dr.FATHIMATHU SSUHAIRA (KSOSID2505A), Dr.Leila Mohan, Dr.Soumya Nambiar

[FP57] - Prevalence of Ophthalmic Disorders in Children with and without Learning disability comparative study

Chief & Presenting author : Dr.Hridya Dominic (KSOSID2639A), Dr.Gigi Augustine T, Dr.Lathika Vasu Kamaladevi

[FP65] - ANALYSIS OF VISUAL FIELD DEFECTS IN PRIMARY OPEN ANGLE GLAUCOMA AND PSEUDOEXFOLIATION GLAUCOMA

Chief & Presenting author : Dr.Aadithya A (KSOSID2669A), Dr.Ann Mary Mathews, Dr.Fathima Mohamed

[FP71] - Clinical Profile of Anisometropic amblyopia and its outcomes to treatment

Chief & Presenting author : Dr.Parvathy S Nair (KSOSID2472A), Dr.PARVATHY B RAJ, Dr.Sahasranamam V, Dr.Resmi Bhaskar

[FP77] - COMPARISON OF KERATOMETRIC PARAMETERS FROM TWO ANTERIOR SEGMENT OCT DEVICES IN KERATOCONUS

Chief & Presenting author : Dr.YASAR ARAFATH K (KSOSID2427A), Dr.Arjun V, Dr.Seena A C, Dr.Vijayalakshmi M S

[FP87] - ANTERIOR SEGMENT CHANGES AND COMPLICATIONS FOLLOWING COMBINED CATARACT SURGERY WITH VITRECTOMY

Chief & Presenting author : Dr.Aysha K (KSOSID2556A), Dr.Parvathy S Nair, Dr.Minu M Mathen, Dr.Rejina Mohan P T

[FP101] - COMPARATIVE STUDY BETWEEN MAGNOCELLULAR STIMULATION & OCCLUSION THERAPY IN TREATMENT OF AMBLYOPIA

Chief & Presenting author : Dr.GREESHMA MERIN SEBASTIAN (KSOSID2442A), Dr.Dr.Binu Balan Parambath, Dr.Sheena Liz Mani



KERALA SOCIETY OF OPHTHALMIC SURGEONS

KSOS DRISHTI 2025

52nd Annual Conference of
Kerala Society of Ophthalmic Surgeons



[FP109] - Human Ocular Dirofilaria - Emerging Zoonosis in Eye and Orbit

Chief & Presenting author : Dr.Sanju Sankar (KSOSID2572A), Dr.Fairooz Puthiyapurayil
Manjandavida, Dr.Jayaprasad Bhaskaran, Dr.Rani Balamuralikrishnan



DR S MOHANDAS FREE PAPER AWARD SESSION

Date :	28-11-2025
Time :	10:30-11:25
Hall :	MAJLIS HALL

[FP4] - Comparison of Outcomes from Melbourne Rapid Fields Tablet Perimeter Software and HFA 24-2 SITA Fast

Chief & Presenting author : Dr.Mithun Thulasidas (KSOSID2450)

[FP37] - FACTORS AFFECTING ADHERENCE TO ANTI GLAUCOMA MEDICATIONS IN A TERTIARY CENTER IN NORTH KERALA

Chief & Presenting author : Dr.SHIKHA SURESH (KSOSID2413), Dr.Bindu S Ajith,
Dr.Nimitha Nageeb, Dr.Mohitha Mohan

[FP42] - IOP in premature infants; What is normal?

Chief & Presenting author : Dr.Natasha Radhakrishnan (KSOSID0845), Dr.Tisha
Thomas Menacherry, Dr.ANJU LIZA ZACHARIAH

[FP52] - Comparison of Loteprednol and Prednisolone Acetate After Nd:YAG PI A
Prospective Observational Study

Chief & Presenting author : Dr.Mohitha Mohan (KSOSID1760), Dr.Bindu S Ajith,
Dr.Nimitha Nageeb, Dr.SHIKHA SURESH



**DR K C SANKARA MENON FREE
PAPER AWARD SESSION**

Date :	28-11-2025
Time :	11:30-13:25
Hall :	MAJLIS HALL

[FP11] - Flying Stones, Fallen Eyes: The Hidden Dangers of Brush Cutters

Chief & Presenting author : Dr.Remya Edachery (KSOSID1458), Dr.Preethi Nair,
Dr.Pushpangadan

[FP16] - Retinal OCT Biomarker in acute CRAO: Correlation with severity and disease staging.

Chief & Presenting author : Dr.REHNA IBRAHIMKUTTY (KSOSID2286)

[FP19] - Clinical Outcomes of Preferred Practice Patterns in Conjunctivitis: A South Indian Perspective

Chief & Presenting author : Dr.Rakhi Dcruz (KSOSID1648), Dr.Soumya P P

[FP28] - Demographics of patients with posterior circulation stroke who presented to the Ophthalmologist

Chief & Presenting author : Dr.Karthika Mohandas (KSOSID1340), Dr.Revati Ramesh,
Dr.Freddy T Simon

[FP46] - Twice daily 0.01% atropine slows progression after once-daily failure in myopic children

Chief & Presenting author : Dr.Trisha Yadu (KSOSID2620), Dr.NEENA R

[FP51] - PREDICTORS & PROGNOSTICATORS OF CONSECUTIVE ESOTROPIA AFTER UNDERGOING INTERMITTENT EXOTROPIA SURGERY

Chief & Presenting author : Dr.NAMITHA V G (KSOSID2271), Dr.NEENA R

[FP55] - Clinical manifestations and management of strabismus in patients after orbital fractures

Chief & Presenting author : Dr.Ranjini H (KSOSID2016), Dr.NEENA R, Dr.MARIAN PAULY

[FP62] - IOL Prediction errors in eyes with axial length <22 mm: A retrospective study

Chief & Presenting author : Dr.TIA JACOB (KSOSID2398), Dr.Girija K



[FP72] - Awareness and Use of COTS Guidelines for Ocular TB Among Ophthalmologists: A Survey-Based Study

Chief & Presenting author : Dr.Shafeeja S (KSOSID1834), Dr.Chandrakanth K S,
Dr.Prithvi Chandrakanth, Dr.Kapil Kishorilal Barange

[FP78] - IS "SECOND EYE SYNDROME" TRUE ? A PROSPECTIVE STUDY IN A TERTIARY EYE CARE CENTRE IN KERALA

Chief & Presenting author : Dr.Nimmy George (KSOSID1931), Dr.Girija K

[FP79] - CAN LIFE STYLE AFFECT RETINAL HEALTH? DETERMINANTS OF GC-IPL THICKNESS IN SOUTH INDIAN ADULTS

Chief & Presenting author : Dr.Lathika Vasu Kamaladevi (KSOSID0738), Dr.Lizbeth Tom

[FP82] - The Binocular Battle: A Novel Approach combining PRK and ICL for spectacle freedom

Chief & Presenting author : Dr.Chandrakanth K S (KSOSID0499), Dr.Sheeja Viswanathan A K, Dr.Tresa Mathew, Dr.Hredhya S Muraleedharan

[FP96] - Outcomes Of Socket Reconstruction Involving Multiple Surgical Interventions

Chief & Presenting author : Dr.MARIAN PAULY (KSOSID0719), Dr.Shebin salim,
Dr.Samvedya Veenish U O, Dr.SRUTHI R S

[FP102] - Vertical Palpebral Fissure Changes After Supramaximal Horizontal Muscle Surgery:A Clinical Analysis

Chief & Presenting author : Dr.NEENET JOSE EDASSERY (KSOSID2429), Dr.Meena CK

[FP108] - PREVALENCE OF OCULAR ABNORMALITIES IN CHILDREN WITH ASD & THE EFFECT OF INTERVENTIONS

Chief & Presenting author : Dr.Anjana Nair S (KSOSID1639), Dr.SANITHA SATHYAN

[FP117] - Multiple Evanescent White Dot Syndrome: Optical coherence tomography characteristics in acute stages

Chief & Presenting author : Dr.Kiran Chandran (KSOSID2430), Dr.Giridhar A, Dr.Mahesh G



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[FP130] - THE OCT/OCTA CHARACTERISTICS ON THE EFFECTS OF FARICIMAB
LOADING PHASE ON DIABETIC MACULAR EDEMA

Chief & Presenting author : Dr.Vineetha Vijayan (KSOSID1698)



**PROF. K S SUBRAMANIAM P G FREE
PAPER AWARD - SEMIFINAL 2**

Date :	28-11-2025
Time :	14:00-14:55
Hall :	MAJLIS HALL

[FP6] - OCULAR MANIFESTATIONS IN CHRONIC KIDNEY DISEASE PATIENTS
ATTENDING A TERTIARY CARE HEALTH CENTRE

Chief & Presenting author : Dr.SREEMOL J.O (KSOSID2332A)

[FP9] - ROLE OF SPECTRAL DOMAIN OPTICAL COHERENCE TOMOGRAPHY IN BLUNT
OCULAR TRAUMA PATIENTS

Chief & Presenting author : Dr.NAYANA M B (KSOSID2485A), Dr.C V Anthrayose
(Andrews), Dr.Monsy Thomas Mathai

[FP12] - AN OBSERVATIONAL STUDY ON: OCULAR COMPLICATIONS OF SNAKE BITE
IN VICTIMS OF A TERTIARY CARE CENTRE

Chief & Presenting author : Dr.Clint Francis (KSOSID2567A), Dr.Monsy Thomas Mathai,
Prof.Dr.Andrews C V Kakkanatt, Dr.Manna Maria James

[FP14] - DEMOGRAPHY,CLINICAL PICTURE AND ETIOLOGY OF ACQUIRED ISOLATED
THIRD CRANIAL NERVE PALSY

Chief & Presenting author : Dr.DILSHADA FATHIMA C (KSOSID2444A), Dr.Revati
Ramesh, Dr.Mini David K

[FP22] - Ganglion Cell Complex thinning in Diabetic- hypertensive patients without
retinopathy

Chief & Presenting author : Dr.ANAGHA.P (KSOSID2367A), Dr.Hafsa Ibrahim K M,
Dr.Sharika

[FP53] - VESSEL DENSITY AND NERVE FIBRE LAYER THICKNESS IN MILD TO
MODERATE PRIMARY OPEN ANGLE GLAUCOMA

Chief & Presenting author : Dr.THAMANA SALIM.A.S (KSOSID2592A), Dr.Harshali
Kamat



[FP63] - EVALUATION OF VISUAL OUTCOMES FOLLOWING IMPLANTATION OF TRIFOCAL, EDOF & MONOFOCAL PLUS IOL

Chief & Presenting author : Dr.Fathima Mohamed (KSOSID2667A), Dr.Sudeep Das, Dr.Aadithya A

[FP68] - PERIPAPILLARY RETINAL NERVE FIBRE LAYER THICKNESS BY OPTICAL COHERENCE TOMOGRAPHY IN MYOPIA

Chief & Presenting author : Dr.AFIYA R (KSOSID2298), Dr.Manoj Venugopal, Dr.Sija S

[FP69] - Mapping the epithelium : A dynamic tracker in Recurrent Corneal Erosions Syndrome

Chief & Presenting author : Dr.Sana fathima (KSOSID2689A), Dr.Sugaranjini, Dr.Vinay S Pillai

[FP70] - Outcome of Corneal compression sutures for acute hydrops in Keratoconus

Chief & Presenting author : Dr.ANUSRI S NAIR (KSOSID2691A), Dr.Vinay S Pillai, Dr.Sugaranjini

[FP85] - FACTORS AFFECTING NON ADHERANCE TO ANTI VEGF THERAPY IN PATIENTS WITH DIABETIC MACULAR EDEMA

Chief & Presenting author : Dr.ANJANA P (KSOSID2471A), Dr.PARVATHY B RAJ, Dr.Sreelekha Sreedhara Kurup

[FP88] - Analysis of OCT RNFL thickness and Minimum rim width in myopic tilted discs and suspicious cup

Chief & Presenting author : Dr.POOJA SUBRU (KSOSID2508A), Dr.ANJANA P, Dr.Roshini K R, Dr.Lopamudra Biswal

[FP91] - Impact of Eye Makeup and Screen Time on Meibomian Gland Dysfunction and Dry Eye in Adult Females

Chief & Presenting author : Dr.Hanna Usman A (KSOSID2625A), Dr.Prithvi Chandrakanth, Dr.Chandrakanth K S



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[FP93] - “TATEYELE : A Tactile Revolution in Eye Drop Management for the Visually Impaired”

Chief & Presenting author : Dr.NAFEESATHUL MISRIYA k (KSOSID2622A),

Dr.Chandrakanth K S, Dr.Prithvi Chandrakanth, Dr.Adithya Surendran

[FP110] - Analysis of Retinal Microvasculature in Retinal Vein Occlusion using ultrawide field OCTA

Chief & Presenting author : Dr.Harikrishnan s (KSOSID2711A), Dr.Unnikrishnan Nair R,

Dr.Indu J Nair, Dr.Sojik Varghese

[FP118] - Analysis of Radiological features, Systemic Risk Factors and Treatment Outcomes in Dacryoadenitis

Chief & Presenting author : Dr.Aryalakshmi V U (KSOSID2706A), Dr.Shebin salim,

Dr.MARIAN PAULY



COC RETNET POSTERIOR SEGMENT FREE PAPER AWARD SESSION

Date :	28-11-2025
Time :	16:00-16:55
Hall :	MAJLIS HALL

[FP5] - Tranexamic vs Adrenaline for Intraoperative Hemostasis in PDR Vitrectomy: A Randomized Trial

Chief & Presenting author : Dr.Shishir Verghese (KSOSID1468), Dr.Varghese Joseph, Dr.Prithvi Chandrakanth

[FP10] - Proportion of VTDR on initial DR screening in a tertiary eye care hospital, Kerala

Chief & Presenting author : Dr.Mini David K (KSOSID1840), Dr.Sheena Liz Mani

[FP35] - Anatomical and Functional Outcomes of a modified ILM peel : A Retrospective Case Series

Chief & Presenting author : Dr.Jyoti Prakash Vyas (KSOSID1113), Dr.Giridhar A, Dr.Mahesh G

[FP67] - External Subretinal Fluid Drainage for Atypical CSCR with Exudative Retinal Detachment.

Chief & Presenting author : Dr.Vishakh Kumar Kadakketh (KSOSID1674), Dr.Giridhar A, Dr.Mahesh G

[FP116] - To evaluate the efficacy and safety of adalimumab in patients with non infectious posterior uveitis

Chief & Presenting author : Dr.Alphons Babu (KSOSID2670), Dr.Prakash V S, Dr.Dhileesh P Chandrasekharan

[FP121] - OCT/OCTA Characteristics of Pachychoroid Neovascularopathy Eyes following Intravitreal Therapy.

Chief & Presenting author : Dr.Vineetha Vijayan (KSOSID1698)

[FP124] - COMPARATIVE STUDY BETWEEN ONSF, ONSF WITH TP SHUNT AND VP SHUNT IN DIAGNOSED CASES OF PAPILLOEDEMA.

Chief & Presenting author : Dr.Gemini Isac (KSOSID1872), Dr.Sreelekha Sreedhara Kurup



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[FP127] - A case series of Post Cataract Surgery Optic Neuropathy

Chief & Presenting author : Dr.Raghu A C (KSOSID2457)

[FP129] - VARIOUS BIO-MARKERS FOR POOR RESPONSE TO INTRAVITREAL
AFLIBERCEPT INJECTION - A RETROSPECTIVE STUDY

Chief & Presenting author : Dr.Mradula Gangwar (KSOSID2665), Dr.Manoj S



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SSTC

Date :	28-11-2025
Time :	09:00-09:30
Hall :	CHURCH HALL

SSTC - Dr Vijayalakshmi M S, Dr Rajesh O T and Team
Dry lab on Retinoscopy - Dr D Chandrasekhar



IC46 - Biologics in Ophthalmology

Date :	29-11-2025
Time :	08:00-08:55
Hall :	CONVENTION CENTER

Dr. Sheena Liz Mani

Biologics have revolutionized the treatment of various ophthalmic conditions. These medications are derived from living organisms and have been engineered to specifically target molecular pathways involved in disease processes. In ophthalmology, biologics are used to treat conditions from the ocular surface to orbital inflammation. They work by inhibiting angiogenesis, reducing inflammation, or modulating the immune response. The most common agents are anti-vascular endothelial growth factor (anti-VEGF) agents like ranibizumab which have improved visual outcomes for patients in retinal conditions. With their ability to target specific molecular mechanisms, biologics have transformed and expanded treatment options offering new hope for patients with previously untreatable or refractory conditions. In this IC we will walk you through a brief overview of the common and current uses in ophthalmology.

- | | |
|---|-------------------------------------|
| 1. Overview of biologics and biosimilars. (7 mins) | : Dr. Sheena Liz Mani |
| 3. Biologics in orbital inflammation. (10 mins) | : Dr. Anju Suresh |
| 4. Biologics in retinal conditions (10 mins) | : Dr. Dhileesh P
Chandrasekharan |
| 5. Biologics in intraocular inflammation. (10 mins) | : Dr. Anabi Shahi A |
| 6. Biologics in neuroophthalmology (10 mins) | : Dr. Revati Ramesh |

Panel Discussion : (8 mins)



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**GENERAL QUIZ FOR
OPHTHALMOLOGISTS DR. MALLIKA
HARIKRISHNAN**

Date :	29-11-2025
Time :	09:00-09:55
Hall :	CONVENTION CENTER

GENERAL QUIZ - DR. MALLIKA HARIKRISHNAN



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PRACTICE ENHANCEMENT - ETHICAL WAY

Date :	29-11-2025
Time :	10:00-10:55
Hall :	CONVENTION CENTER

Chairman Dr. Radha Ramanan

Moderator Dr. Thomas Cherian

Speakers:

1. The Prescription for Success: Managing Your Practice, Minding Your Mission - 8 Mins - Dr. Rohan. A
2. Taming the unknown: Challenges and opportunities for a young female docpreneur -8 Mins- Dr. Sanitha Sathyan
3. In charitable hospital: how, when and what? 8 Mins - Dr. Thomas Cheriyan
4. Do we have enough space for all private hospitals in Kerala? 8 Mins -Dr. Radha Ramanan

Panel Discussion: - (23 - Mins)

Panelists

Dr. Bastin V A, Dr. Anoop Chirayath, Dr. Thomas Cheriyan, Dr. Rohan, Dr. Sanitha Sathyan.



**PADMA SHRI DR. S. TONY
FERNANDEZ VIDEO AWARDS FINALS -
DR SUDHA V**

Date :	29-11-2025
Time :	11:00-11:55
Hall :	CONVENTION CENTER

[VT3] - "The Double Trouble: White Giant, Tiny Window- Phaco in hypermature cataract with small pupil"

Chief & Presenting author : Dr.Husna K (KSOSID1315)

[VT4] - The Mini Jugaad - A simple hack to insert a mini monoka in external dacryocystorhinostomy (DCR)

Chief & Presenting author : Dr.V Anju Chandran (KSOSID2050)

[VT5] - ECHOLOCATOR USING ULTRASOUND TO HELP THE BLIND

Chief & Presenting author : Dr.Mathew Joseph (KSOSID0467), Dr.Mathew Joseph

[VT6] - Posture, Precision, Performance: Ergonomics in Ophthalmic Surgery

Chief & Presenting author : Dr.Rakhi Dcruz (KSOSID1648)

[VT7] - "Skew the Diagnosis: The Upright-Supine Trick"

**Chief & Presenting author : Dr.Athira Devaraj (KSOSID2477), Dr.SOURAV
DAMODARAN**

[VT8] - A surgical Masterpeice : Managing traumatic mature cataract with coexisting Cyclodialysis

**Chief & Presenting author : Dr.fabna mahmood (KSOSID2685A), Dr.Mathew Kurian
Kummelil , Dr.John Davis Akkara**

[VT9] - Intraoperative OCT for real-time structural assessment of combined cataract surgery with MIGS

**Chief & Presenting author : Dr.Ankith Nair (KSOSID2465A), Dr.Mathew Kurian Kummelil
, Dr.John Davis Akkara**

[VT10] - "When Risk Meets Reward: The SLET Miracle That Defied Odds"

Chief & Presenting author : Dr.Sujith Nayanar V (KSOSID0968)



[VT11] - What Lies Beneath: Surgical Drainage for Hemorrhagic Choroidals Following Iris Claw Implantation

Chief & Presenting author : Dr.Jyoti Prakash Vyas (KSOSID1113), Dr.Giridhar A, Dr.Mahesh G

[VT12] - "Maldivian Mystery...a video narrative"

Chief & Presenting author : Dr.Natasha Radhakrishnan (KSOSID0845), Dr.Anjana Devi R, Dr.ANJU LIZA ZACHARIAH, Dr.Tisha Thomas Menacherry

[VT13] - SURGICAL TACKLING OF STRABISMIC CAUSES OF ABNORMAL HEAD POSTURE

Chief & Presenting author : Dr.NEENA R (KSOSID1351), Dr.NAMITHA V G

[VT14] - When the going gets tough

Chief & Presenting author : Dr.Anubhav Goyal (KSOSID1496), Dr.Giridhar A, Dr.Mahesh Gopalakrishnan

[VT15] - DIFFICULTIES IN PEDIATRIC TRAUMA MANAGEMENT

Chief & Presenting author : Dr.Arunlal J S (KSOSID1702), Dr.Meena c k

[VT16] - Refining regional ocular anaesthesia- The role of caruncular anaesthesia

Chief & Presenting author : Dr.Jyothi R (KSOSID1576), Dr.Biju Raju, Dr.Raju N S D

[VT17] - "Eyes of Hope: A Surgical Sonata in the Key of Light"

Chief & Presenting author : Dr.Chandrakanth K S (KSOSID0499), Dr.Prithvi Chandrakanth, Dr.CHANDANA PRABHAKAR, Dr.BRINDA. K

[VT18] - From glare to relief - story of a traumatised eye

Chief & Presenting author : Dr.Vanashree Mahesh Nair (KSOSID1817)

[VT19] - Secondary IOL Fixation: Navigating Techniques, Challenges, and Optimizing Outcomes

Chief & Presenting author : Dr.Nithin Keshav Srinivasan (KSOSID1420)

[VT20] - Artistry Behind Every Blink: The Hidden Craft of Oculoplasty

Chief & Presenting author : Dr.Anna kurian mullasseril (KSOSID2397), Dr.Ani Sreedhar



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[VT21] - Axenfeld Reiger anomaly with significant Cataract : Grand challenges and Great Victories

Chief & Presenting author : Dr.Raiza Paul (KSOSID1296), Dr.Mathew Kurian Kummelil

[VT22] - "The Road to Rehabilitation"

Chief & Presenting author : Dr.Shebin salim (KSOSID1991), Dr.MARIAN PAULY, Dr.SRUTHI R S, Dr.Samvedya Veenish U O

[VT23] - See beyond the surface: Imaging Essentials for Ophthalmologists

Chief & Presenting author : Dr.SRUTHI R S (KSOSID2426), Dr.MARIAN PAULY, Dr.Shebin salim, Dr.Samvedya Veenish U O

[VT24] - RESURGERY NEEDS IN UNSUCCESSFUL INITIAL SURGERICAL ATTEMPTS AND THEIR OUTCOMES

Chief & Presenting author : Dr.Mradula Gangwar (KSOSID2665), Dr.Manoj S



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DR C E OOMMEN MEMORIAL ORATION

Date : 29-11-2025

Time : 12:00-12:55

Hall : CONVENTION CENTER

"Operation theatre ventilation, an airy dilemma in modern hospitals" – Dr. Sasikumar S,
Chairman Dr Rajiv Sukumaran
Moderator Dr Mahesh G



WHAT I DID DIFFERENTLY IN MY CATARACT SURGERY LAST YEAR

Date :	29-11-2025
Time :	13:30-14:25
Hall :	CONVENTION CENTER

Chairperson: Dr S J Saikumar

Co-Chairperson: Dr Mohan Rajan

Moderators: Dr Anup Chirayath, Dr Minu Mathen

Each talk 3 minutes plus 3 minutes of discussion

1. B OCTA in Phaco and SICS - 3 + 3 -Dr. Minu Mathen
2. My approach to intra operative zonule weakness - 3 + 3 - Dr. Merine Paul
3. Novel placement of iris hooks in small pupil / IFIS - 3 + 3 - Dr. Anup Chirayath
4. PC rents to Toric IOLs - 3 + 3 - Dr. Jayaprasad B
5. IOL trap technique for zonule weakness - 3 + 3 - Dr. Sandhya N
6. A stab in time - managing intra operative Rocky hard eye - 3 + 3 - Dr. S J Saikumar
7. The Guptha ring for small pupil Phaco - 3 + 3 -Dr. Mridula Sunil



HEROES OF KSOS - DR THOMAS CHERIAN

Date :	29-11-2025
Time :	14:30-15:25
Hall :	CONVENTION CENTER

Chairman- Dr Thomas Cherian

Moderator- Dr Rajiv Sukumaran

Speakers:

1. Reti AI- Transforming lives - 5Mins Dr. Gopal S Pillai
2. The winning pitch: The story of a 'Grant' success - 5Mins Dr. Lathika Vasu Kamaladevi
3. TACTEYELE - A DIY eyedrop marker - 3Mins Dr. Prithvi Chandrakanth
4. The Glow Study - 3Mins Dr. Shishir Verghese
5. 'Tick-o-talk -takes trends and treatment - 3Mins Dr. Rakhi D'Cruz
6. A Slice before the darkness fell - 3Mins Dr Remya Edachery
7. Passion with vision: My journey beyond the clinic - 3Mins Dr. Aparna K S
8. Mastering the Milky Lens - 3Mins Dr. Mithun Thulasidas
9. A Star being born from Polar zone - 3Mins Dr. Soumya P P
10. Uveoscope to Universe -3Mins Dr. Anju Kuriakose
11. "DADA"- The Culprit -3Mins Dr. Reesha K. R
12. Dual LASER Squid Game - 3Mins Dr. John Davis Akkara
13. Decoding the Imposter: Fungal vs Pythium Keratitis - 3Mins Dr. Premjith Muraleedharan
14. Controlling the (Un)Controllable - 3Mins Dr Neena R



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OPL – DR. MOHAN RAJAN

Date : 29-11-2025

Time : 15:30-17:25

Hall : CONVENTION CENTER

TEAMS

Malabar Mavericks

Dr K S Chandrakanth

Dr Sreeni Edakhlon,

Dr Nikhil K

Dr V Anju Chandran

Dr V Sujith Nayanar

Valluvanad Falcons

Dr Sameera V V

Dr Rohan. A

Dr Mahesh Bharathi

Dr Jayasree P V

Dr Sabna Sasidharan

Kochi Fire Queens

Dr Kala Baby Thottam

Dr Natasha Radhakrishnan

Dr Vanashree Nair

Dr Anju Kuriakose

Dr Dhanya R S

Travancore Titans

Dr Anish Madhavan

Dr Ambika Shetty

Dr Rakhi Dcruz

Dr Shishir Verghese

Dr Indu J Nair



IC40 - Virus and Eye

Date :	29-11-2025
Time :	08:00-08:55
Hall :	EMPIRE HALL

Dr.Pappa Padmavathi

After the pandemic viral infections seems to be the major health problem. In ophthalmology also we are seeing lot of after effects of the pandemic. Unlike bacteria identifying and treating viral ocular infections is really challenging. By this IC we are trying to enlighten about the common viral infections and newer management strategies in tackling them. The topic will be useful for general ophthalmologist in guiding them for timely referral and will help in the clinical diagnosis of each condition

1. "The Complex Simplex" Corneal lesions in Herpes simplex (8 mins) : **Dr. Jasmin L B**
2. "Heal the pressure " Viral glaucomas (8 mins) : **Dr. Susan Philip**
3. "Taming the villains" Investigation and management of ocular viral infections (8 mins) : **Dr. Nimi R**
4. Viral retinal mysteries (8 mins) : **Dr. Pappa Padmavathi**
5. Keynote address Anterior segment manifestations of Varicella Zoster (15 mins) : **Dr. Anil Radhakrishnan**

Panel Discussion : (8 mins)



IC70 - Expanding paradigms in Retinopathy of Prematurity

Date :	29-11-2025
Time :	09:00-09:55
Hall :	EMPIRE HALL

Dr. Anubhav Goyal

Retinopathy of prematurity (ROP) is a serious eye disease that can occur in premature babies, specifically those born before 34 weeks of gestation or who weigh less than 2000 grams. It affects the retina, the light-sensitive layer of tissue at the back of the eye, and can lead to vision problems or even blindness if not treated. This course provides a comprehensive guide to ROP, covering anatomy, pathophysiology, screening, staging, treatment options, and preventive strategies. Additionally, need of the time is to improve ROP screening awareness in upcoming medical students, ophthalmologists, paediatricians and healthcare professionals.

- | | |
|---|--------------------------|
| 1. ROP- pathogenesis and classification (8 mins) | : Dr. Divya Alex |
| 2. Screening and treatment in ROP (8 mins) | : Dr. Anubhav Goyal |
| 3. Surgical options in ROP (8 mins) | : Dr. Divya Balakrishnan |
| 4. Tackling medicolegal aspects in ROP (8 mins) | : Dr. Mahesh G |
| 5. How to propagate ROP awareness in your state (10 mins) | : Dr. Anand Vinekar |

Panel Discussion : (13 mins)



AIOS SYMPOSIUM DR NAMRATA SHARMA

Date :	29-11-2025
Time :	10:00-10:55
Hall :	EMPIRE HALL

MANAGING CHALLENGING SITUATIONS IN CATARACT SURGERY: INSIGHTS FROM THE EXPERTS

Chairperson: Dr Namrata Sharma

Co- Chairperson: Dr Bastin VA

Moderators: Dr Divyang Brahmbhatt, Dr Minu Mathan, Dr Sujith Nayanar, Dr Merine Paul

Speakers:

1. Rock hard cataracts: Top 10 tips - 7Mins - Dr Mohan Rajan
 2. Very Hazy Cornea on the First Postoperative Day: Endothelial Loss or Descemet's Membrane Detachment? Decision-Making and Management - 8Mins - Dr Namrata Sharma
 3. The Armoured Cataract – Management - 8Mins - Dr Jagdish Rana
 4. Management of Intraoperative Zonular Dialysis - 8Mins -Dr Krishnaprasad Kudlu
 5. When Vitreous Comes to Play in Cataract Surgery – Management Tips from a Vitreoretinal Surgeon - 8Mins - Dr Piyush Bansal
 6. Cataract surgery in eyes with deformed Anterior Segments - 8Mins - Dr. Prashant Bawankule
 7. Ten Rules for Success in Eyes without Capsular Support - Mastering Iris Claw Lens Implantation -8Mins -Dr Sreeni Edakhlon
- Panel Discussion: - (07 Mins)



IC4 - Grey Zones in Glaucoma Management

Date :	29-11-2025
Time :	11:00-11:55
Hall :	EMPIRE HALL

Dr. Kiran Gopalakrishnan

This course is aimed at identifying grey areas in the management of specific glaucoma conditions. For every one of the clinical situations mentioned in the course, there are two management options one may choose from. We look at both options comprehensively and try to arrive at a consensus for optimum management in each situation. Our aim is to bring to the listeners the latest literature updates and practical experiences of expert glaucoma practitioners to give clear and concise lessons in these confusing clinical situations. We hope that on completion of this course, practitioners will be able to choose the right option tailored for each of their individual patients.

- | | |
|--|----------------------------|
| Keynote address - Cost effective MIGS for Indian Scenario (7 mins) | : Dr. Dewang Angmo |
| 1. Laser Peripheral Iridotomy or not - Primary Angle Closure Suspect (9 mins) | : Dr. Thomas George T |
| 2. Laser peripheral iridotomy vs Lens Extraction- Primary Angle Closure/Primary Angle Closure Glaucoma (10 mins) | : Dr. Manju Anup |
| 3. Phaco vs Phaco-MIGS in Glaucoma with Cataract (9 mins) | : Dr. Kiran Gopalakrishnan |
| 4. Medical Management vs SLT-Newly diagnosed POAG (10 mins) | : Mr. Aby Jacob |
| 5. Tube vs Trab - Primary Glaucoma (10 mins) | : Dr. Bindu S Ajith |



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GSI SYMPOSIUM - DR SATHYAN PARTHASARATHI

Date :	29-11-2025
Time :	13:30-14:25
Hall :	EMPIRE HALL

Target IOP- Panel discussion

Discussant- Dr Sathyan Parthasarathi

Presenter- Dr Swetha Prasad

PANELISTS

1. Dr Bindu
2. Dr Girija
3. Dr Thomas George
4. Dr Ronnie George
5. Dr Saikumar S J



IC8 - The Dark side of Clear vision- IC on unanticipated intraop complications during Phacoemulsification

Date :	29-11-2025
Time :	14:30-15:25
Hall :	EMPIRE HALL

Dr.Sandhya N

During phacoemulsification we may encounter problems like rhexis extension, intra operative miosis, iris prolapse and dialysis, posterior capsule tear, zonule dehiscence and nucleus drop. Early recognition and prompt management of these intra operative issues are crucial in achieving an optimal visual outcome. This video based instruction course “ The Dark side of clear vision” deals with these very relevant practical concerns in great detail

1. Keynote address - Intraoperative OCT guided phacoemulsification: seeing the unseen (7 mins) : **Dr. Namrata Sharma**
2. Rhexis extension and Argentinian flag sign – How to optimize outcome (7 mins) : **Dr. Saikumar S J**
3. Strategies to overcome intra operative miosis (7 mins) : **Dr. Sony George**
4. Management of Intra operative Iridodialysis and iris prolapse (7 mins) : **Dr. Minu M Mathen**
5. Tackling Posterior Capsule Rent during Phacoemulsification (7 mins) : **Dr. Sandhya N**
6. Intra operative zonular issues and dialysis – recognition and management (7 mins) : **Dr. Vanashree Mahesh Nair**
7. Dealing with Nucleus drop during phacoemulsification (7 mins) : **Dr. Indu V P**

Panel Discussion : (6 mins)



IC19 - Encoding the different shades of macula !

Date :	29-11-2025
Time :	15:30-16:25
Hall :	EMPIRE HALL

Dr.Menon Rahul Radhakrishnan

The Macula is the most vital region responsible for central vision. It can be affected by multiple pathologies which can lead to long lasting visual impairment. Hence the importance of early diagnosis and treatment cannot be more emphasized .

This Instruction course rather than looking at a specific disease or investigation will delve into various clinical findings and the differential diagnosis, step by step management approach for the same.

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| 1. Blue as the Ocean - Fluid at the macula. (8 mins) | : Dr. Menon Rahul Radhakrishnan |
| 2. Crimson skies - Macular hemorrhage (8 mins) | : Dr. Indu V P |
| 3. Green valley - Membranes at Macula. (8 mins) | : Dr. Shishir Verghese |
| 4. Feeling Yellow - Approach to yellow macular lesions (8 mins) | : Dr. Lekha T |
| 5. Black pearl - Pigmented Macula (8 mins) | : Dr. BASIL GEORGE P |

Panel Discussion : (15 mins)



IC52 - How and when electrophysiology and genetic testing can make the difference in your clinical practice

Date :	29-11-2025
Time :	16:30-17:25
Hall :	EMPIRE HALL

Dr.Lekha T

Inherited retinal dystrophies (IRD) include diverse genetic conditions involving retina, affecting mostly young individuals and causing progressive loss of vision and sometimes even complete blindness. The wide clinical and genetic heterogeneity of these disorders make their diagnosis very challenging. A thorough clinical examination and multimodal imaging including electrophysiology is mandatory in the evaluation of these disorders. Genetic confirmation is crucial for precise diagnosis and appropriate management. Improved awareness among ophthalmologists will help to identify these patients early and a multidisciplinary care involving IRD specialist, clinical geneticist and a genetic counsellor can provide appropriate therapeutic or rehabilitative care to minimise visual loss and improve quality of life. This IC aims to give an overview of the approach to IRD's including recent advances in the diagnosis, therapeutics and application of genetics

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|--|---------------------------------|
| 1. Approach to inherited retinal dystrophies (9 mins) | : Dr. Divya Balakrishnan |
| 2. Electrophysiology made simple (8 mins) | : Dr. NEENA R |
| 3. Decoding unexplained visual loss- A case-based approach (8 mins) | : Dr. NEENA R |
| 4. Genotype- phenotype correlation in macular dystrophies (9 mins) | : Dr. Lekha T |
| 5. Importance of genetic evaluation and the current scenario in the treatment of IRD (12 mins) | : Dr. Dr. Rajani Battu |

Panel Discussion : (9 mins)



IC12 - The “ Never Go Wrong” Matrix in Refractive Surgery

Date :	29-11-2025
Time :	08:00-08:55
Hall :	POOLSIDE HALL

Dr.Swapna Nair

With a plethora of methods of correction of refractive errors the choice for a surgeon is as complicated as that for the patient who depends on this surgeons advice. This instruction course shall help the ophthalmologist determine the candidature of the patient for procedure and the type of procedure to be performed. It covers both cornea and lens based surgeries with emphasis on real case based discussion and method of triage using lectures and videos. The faculty consists of established surgeons of national repute who would discuss in detail all forms of refractive procedures, their pros and cons, long term outcomes, complications and their management. The audience would take home a comprehensive understanding of the indications and limitations of such procedures.

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| 1. Preparatory Lessons in Refractive Surgery (8 mins) | : Dr. Sandton J S Raj |
| 2. Flap Procedures vs Surface Ablation (8 mins) | : Dr. Vinay S Pillai |
| 3. KLex – the current Buzzword (8 mins) | : Dr. Rajesh Sinha |
| 4. Phakic IOLs : SOP and Challenging situations (8 mins) | : Dr. Swapna Nair |
| 5. The Magic of Presbyopic LVC (8 mins) | : Dr. Dr. Aadithreya Varman |
| 6. Refractive Lens Exchange – Role in spectacle Independence (8 mins) | : Dr. Vanashree Mahesh Nair |

Panel Discussion : (7 mins)



IC22 - Solving the glaucoma puzzle!

Date :	29-11-2025
Time :	09:00-09:55
Hall :	POOLSIDE HALL

Dr. Jayasree P V

Diagnosis and management of glaucoma is not always straight forward. Under/Over diagnosis and Under/Over treatment is a major issue. Common dilemmas include; how much IOP reduction is necessary to prevent progression; which medicine will achieve the target and how to systematically reach maximum medical therapy. Also when the triad of IOP, disc changes and field defects are not aligned, the diagnostic accuracy falls. Myopia is a major confounder; both diagnosis and management could become challenging. Clinicians often come across pregnant/ breast feeding patients; patients with uveitis, corneal pathology etc. who needs special attention.

This IC aims to address the challenges faced by comprehensive ophthalmologists in day today practice while managing a glaucoma patient and will aid them to approach confusing situations more confidently.

Clinical case discussion would help the attendees to directly connect with the subject and enable them to adapt it to their practice.

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| 1. Targeting the IOP and climbing the medical management ladder (10 mins) | : Dr. Jayasree P V |
| 2. Should raised IOP alone raise concern? (8 mins) | : Dr. Mallika O U |
| 3. Can we be complacent if IOP is Normal? (9 mins) | : Dr. Girija K |
| 4. Myopia and glaucoma: an association of greater significance! (10 mins) | : Dr. JAINY JOSEPH EMMATTY |
| 5. Special situations mandates special attention! (8 mins) | : Dr. Ganesh V Raman |
| 6. Case presentation & Panel Discussion (10 mins) | : Dr. Anjana Krishnan |



IC80 - COMPREHENSIVE SURGICAL CAPSULE- FOR PERFECTING CATARACT SURGERY

Date :	29-11-2025
Time :	10:00-10:55
Hall :	POOLSIDE HALL

Dr.Sony George

Modern Day Cataract Surgery aims and promises not just restoration of poor vision to useful vision, but customised quantity and quality of vision as well as range of vision preferably spectacle free. This calls for much more perfection of the entire surgical procedure starting from proper preop evaluation through perfect surgical techniques to perfect post op care . Perfection and optimisation of each surgical step is crucial. In complex cases with challenges too one should be prepared with the best available techniques and innovations, perfect them by practice and offer the best to the patient . This IC is aimed at educating practicing cataract surgeons as well as novices to learn from the experts in the field about the latest techniques and technologies which are useful to make the surgical outcomes as perfect as possible. Most of the training will be through pictures and videos to make the learning easy and interesting

Keynote address - ASOCT guided management of
Posterior Polar cataracts (7 mins)

: **Dr. Ramamurthy D**

1. PERFECTING IOL POWER CALCULATIONS IN THE
ERA OF REFRACTIVE SURGERY (8 mins)

: **Dr. Rohith Georgy Mathew**

2. PERFECTING INCISIONS AND CAPSULORHEXIS FOR
OPTIMAL VISION (8 mins)

: **Dr. Sandhya N**

3. PERFECTING NUCLEOTOMY FOR CLEAR CORNEAS
AND OPTIMAL IOL PLACEMENT (8 mins)

: **Dr. Mathew Kurian Kummelil**

4. PERFECTING PUPIL MANAGEMENT FOR BEST VISUAL
OUTCOMES (8 mins)

: **Dr. Minu M Mathen**

5. PERFECTING IOL SELECTION FOR OPTIMAL PATIENT
SATISFACTION (8 mins)

: **Dr. Sony George**

6. PERFECTING IOL FIXATION IN WEAK OR ABSENT
CAPSULAR SUPPORT SITUATIONS (8 mins)

: **Dr. Dr. NIVEAN M**



IC56 - Start seeing CVI

Date :	29-11-2025
Time :	11:00-11:55
Hall :	POOLSIDE HALL

Dr.Geetha V K P

Cerebral Visual Impairment (CVI) is a bilateral visual impairment in the presence of a normal ocular examination, subnormal visual performance with or without normal visual acuity, in the presence of damage to early processing in the occipital lobe or in visual association areas. It's an umbrella term covering a range of visual difficulties from profound visual impairment with poor visual awareness to normal or near normal vision with significant difficulties in using the vision. CVI is increasingly reported in our country due to better survival of extremely premature babies who suffer from neurological damage in the perinatal period. So it is the duty of eye professionals to learn about CVI and its habilitation strategies. When we come across such special children with CVI, we realize that we are not adequately trained to handle their problems. This Instruction Course is an attempt to inspire and train ophthalmologists in assessment and habilitation of CVI children.

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|---|-----------------------------------|
| 1. Does my child have CVI? (10 mins) | : Dr. Gigi Augustine T |
| 2. Low functioning CVI (10 mins) | : Dr. Mallika Harikrishnan |
| 3. High functioning CVI (10 mins) | : Dr. Geetha V K P |
| 4. CVI - Experiences and Challenges (10 mins) | : Dr. Sujatha Nambudiri |
| 5. CVI interventions (10 mins) | : Dr. Sandra Ganesh |

Panel Discussion : (5 mins)



IC87 - Optic Nerve Disorders Demystified: Learning Through Cases.

Date :	29-11-2025
Time :	13:00-14:25
Hall :	POOLSIDE HALL

Dr.Rehna Rasheed

This instruction course is for general ophthalmologist regarding optic nerve disorders. It is a clinical case based discussion of common optic nerve conditions. This IC will help general ophthalmologist refresh important topics in neuroophthalmology and help them to guide in the work up and treatment of various neuroophthalmology cases. Diagnosing these conditions correctly not only save the vision but also save life and prevent long term disabilities.

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| 1. Unravelling disc edema. (8 mins) | : Dr. Natasha Radhakrishnan |
| 2. Cracking cases of optic neuritis. (8 mins) | : Dr. Rehna Rasheed |
| 3. Papilledema vs. Pseudopapilledema: A Clinical Diagnostic Dilemma (8 mins) | : Dr. Niya Joy |
| 4. Diagnosing and managing Ischemic optic neuropathies (8 mins) | : Dr. Kiran K R |
| 5. Clinical insights into disc pallor (8 mins) | : Dr. Sujithra H |

Panel Discussion : (15 mins)



IC31 - NEW AGE MYOPIA PRACTICE: ARE YOU READY?

Date :	29-11-2025
Time :	14:30-15:25
Hall :	POOLSIDE HALL

Dr.NEENA R

Pediatric Myopia is poised to be the next global pandemic. There has been a paradigm shift in pediatric myopia management with focus on controlling progressive myopia, enabling practitioners to predict myopia onset more accurately and aiming towards personalized interventions to individual patients. With a focus on both established and emerging treatments, this IC aims to update as well as highlight the growing importance of diagnostics, environmental, pharmacological and optical strategies in myopia management. It also offers a wealth of insights into the latest technological, pharmacological, optical and genetic advancements aimed at tackling myopia progression and mitigating risks. The future of myopia management looks increasingly promising with targeted interventions and ongoing research. By integrating these breakthroughs into practice, eyecare practitioners can offer a more holistic and personalized approach to this growing global health challenge.

1. Myopia; Not just a Refractive error but a Global Pandemic (8 mins) : **Dr. Ranjini H**
2. From ATOM to LAMP; What Do We Know About Low Dose Atropine in Myopia (8 mins) : **Dr. Remya Edachery**
3. All About the Next Generation Spectacle Lenses for Myopia Control (8 mins) : **Dr. NEENA R**
4. Understanding Myopia Control Contact Lenses (10 mins) : **Dr. Sumitha Muthu**
5. The Future of Myopia Control: Exciting New Technologies On The Cards (8 mins) : **Dr. Lathika Vasu Kamaladevi**
6. Real World Scenario of Progressive Myopia: A Case Based Discussion (8 mins) : **Dr. NEENA R**

Panel Discussion : (5 mins)



KERALA SOCIETY OF OPHTHALMIC SURGEONS

KSOS DRISHTI 2025

52nd Annual Conference of
Kerala Society of Ophthalmic Surgeons



OPTIMISING IOL POWER CALCULATION IN VARIOUS SCENARIOS

Date :	29-11-2025
Time :	15:30-16:25
Hall :	POOLSIDE HALL

PANEL DISCUSSION - DR. ARUP CHAKRABARTI

Panelists

Dr. Meena Chakrabarti

Dr. Sandhya N

Dr. J S Bhalla

Dr. Madhu Shekhar



IC78 - Decoding Pediatric Lid Swelling

Date :	29-11-2025
Time :	16:30-17:25
Hall :	POOLSIDE HALL

Dr. Shebin salim

Pediatric lid swelling in children can stem from various causes, ranging from minor irritations like rubbing or insect bites to more serious conditions like infections or allergic reactions. Common culprits include styes, blepharitis, conjunctivitis or trauma. Other rare but dangerous etiologies include preseptal/ orbital cellulitis, various malignant conditions like chloroma, rhabdomyosarcoma. A detailed history and clinical evaluation is very important in making a correct diagnosis. An imaging should be done necessary cases. It is crucial to consider a wide range of potential causes, including benign and malignant conditions, to ensure appropriate management and delay in diagnosis in some of these conditions can lead to blindness and life-threatening complications. In this instruction course various etiologies and approach to diagnosis is discussed in detail.

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| 1. Single out simple swellings first (10 mins) | : Dr. Aparna K S |
| 2. The red swollen eye (10 mins) | : Dr. V Anju Chandran |
| 3. The hidden threat (10 mins) | : Dr. Shebin salim |
| 4. The rare case scenarios (10 mins) | : Dr. MARIAN PAULY |
| 5. To Conclude – Approach to pediatric lid swelling (10 mins) | : Dr. Preeta Nair |

Panel Discussion : (5 mins)



IC71 - The pediatric potpourri! - Comprehensive pediatric ophthalmology in a nutshell.

Date :	29-11-2025
Time :	08:00-08:55
Hall :	PERGOLA HALL

Dr.Divya Kishan

Comprehensive pediatric ocular evaluation is a challenging task . Considering the very short span of examination time available in an uncooperative child , a focused evaluation is mandatory to avoid missing salient findings. In this instruction course, we have included the common eye conditions in the paediatric population and have devised a structured plan for its assessment, diagnosis and management. Assessment of visual acuity in children ,refraction and glass prescription is an art. Evaluation and management of the common conditions causing squint eye and leukocoria in children is also included. A comprehensive approach to evaluation and management of watering from eyes , and retinal pathologies in children including ROP is also dealt with. Overall, in this instruction course,comprehensive ocular examination in a child is presented in a nutshell.

1. Can this child see? Refraction and glass prescription in children. (10 mins) : **Dr. Chaithanya R Warriar**
2. The enigma of the squinting eye decoded! (10 mins) : **Dr. Samyukta Sadasivan K**
3. The 'white reflex'unravelled- congenital cataract and more. (10 mins) : **Dr. Divya Kishan**
4. The watering eyes - CNLDO and beyond! (10 mins) : **Dr. Naveena Saseendran**
5. Paediatric retinal mysteries demystified- ROP and beyond (10 mins) : **Dr. Dhanya R S**

Panel Discussion : (5 mins)



IC34 - POSTERIOR POLAR CATARACTS- LET'S GET BATTLE READY

Date :	29-11-2025
Time :	09:00-09:55
Hall :	PERGOLA HALL

Dr.Sara Jacob

Posterior Polar Cataract is one of the most difficult challenges for Cataract Surgeons because of the high likelihood of posterior capsular rupture and nucleus drop due to their propensity for Posterior Capsule dehiscence and weakness. Major advances in technology and refinement in the surgical techniques have led to a decrease in the incidence of PCR . Extraction of PPC should be done in a way that minimizes the risk of posterior segment complication and maximizes the benefit of capsular IOL fixation. FLACS promises to be another refinement in the surgical performance. Experts in this field will give pearls to avoid and to deal with surgical difficulties that can arise during phacoemulsification, so as to cause the least ocular morbidity and provide a satisfactory visual outcome for the patient. This course is designed to help Cataract Surgeons successfully meet the challenges associated with PPC.

1. Preoperative Evaluation in Posterior Polar Cataracts (7 mins) : **Dr. Sara Jacob**
2. Managing Soft Posterior Polar Cataracts (8 mins) : **Dr. Sandhya N**
3. Managing Posterior Polar Cataracts with Nuclear Cataracts (15 mins) : **Dr. Mathew Kurian Kummelil**
4. Managing Posterior Polar Cataracts with preexisting PC dehiscence (20 mins) : **Prof. Thomas Kuriakose**
5. FLACS in Posterior Polar Cataracts (5 mins) : **Dr. Sandhya N**



IC17 - UNRAVELLING NEUROPTHALMIC ENIGMAS

Date :	29-11-2025
Time :	10:00-10:55
Hall :	PERGOLA HALL

Dr.Bindu Thampi

Neurophthalmic cases often fall into a diagnostic 'grey zone' where subtle signs are overlooked or misinterpreted. This course aims to empower general Ophthalmologists with the tools & insights to sharpen their diagnostic skills. as imaging becomes increasingly crucial for diagnosis & decision making, understanding & recognizing critical imaging findings is essential.

This course will feature a curated selection of real - world cases with diagnostic challenges & the important 'Red- flag" signs one should never miss in Neurophthalmology. Additionally the session will include a key note lecture address by an eminent Radiologist on importance of neuroimaging in Ophthalmology.

1. RED FLAGS WE SHOULD NOT MISS IN
NEUROPTHALMOLOGY (7 mins) : **Dr. Pappa Padmavathi**
2. LOOKING BEYOND THE TYPICAL - UNUSUAL
PRESENTATIONS OF OPTIC NEURITIS (7 mins) : **Dr. Remya Raghavan**
3. TO MOVE OR NOT TO MOVE - ABNORMAL OCULAR
MOTILITY DECODED (7 mins) : **Dr. Naina Hyder**
4. A CURIOUS CASE OF DROOPY EYES IN A TODDLER -
UNMASKING A RARE DIAGNOSIS (7 mins) : **Dr. Bindu Thampi**
5. THE PULSATING PUZZLE - DANGER AT THE
CROSSROADS (7 mins) : **Dr. Rekha R S**
6. KEYNOTE ADDRESS : SEEING BEYOND THE EYE -
NEUROIMAGING ESSENTIALS IN OPHTHALMOLOGY (15 mins) : **Dr. Dr.Bejoy Thomas**

Panel Discussion : (5 mins)



IC15 - REFRACTIVE ASPECTS IN CATARACT SURGERY

Date :	29-11-2025
Time :	11:00-11:55
Hall :	PERGOLA HALL

Dr. Vanashree Mahesh Nair

Cataract surgery outcomes have come a long way, from advent of IOLs to giving perfect 6/6 unaided vision. Patients expect good outcomes, they have different expectations depending on their needs and there are different types of IOLs and surgical techniques to achieve the same. This IC is aimed at giving finer nuances for surgeons to plan, execute and trouble shoot with Premium, Toric and other Refractive IOLS. Choosing the right method for the right patients, surgeons can give better out-comes for their patients.

1. Introduction , Understanding Higher order aberrations and role of Aspheric IOLs For better outcomes (8 mins) : **Dr. Vanashree Mahesh Nair**
2. Nuances in Use of TORIC IOLS, tips for achieving good outcome. (8 mins) : **Dr. Minu M Mathen**
3. EDOFs and TRIFOCALs, Read the fine print before proceeding! (8 mins) : **Dr. Saikumar S J**
4. Cataract surgery in Post Lasik/ RK/ Ectatic cornea - how to plan a good outcome? (8 mins) : **Dr. Rajesh Sinha**
5. Keynote address - Key IntraOP Pearls for Premium IOL Implantation (8 mins) : **Dr. Chitra Ramamurthy**
6. Refractive Surprise after cataract surgery! Understanding Corrective strategies. (8 mins) : **Dr. Swapna Nair**

Panel Discussion : (7 mins)



IC35 - KJO SESSION: RESEARCH meets REALITY

Date :	29-11-2025
Time :	13:30-14:25
Hall :	PERGOLA HALL

Dr.Lathika Vasu Kamaladevi

This course is designed for clinicians who aspire to balance research goals and real life practice. Lack of basic research skills even among those with research aptitude is a major deterrent to aspiring clinician researchers. On the other hand, quality patient care also requires that all practitioners have the basic research know how to read, understand ,select and apply relevant evidence to practice. Hence this course targets clinician researchers who want to publish and practitioners who want to level up to evidence based practice. It offers insights into success mantras in clinical research, legal /ethical must knows for authors, as well as a stepwise approach to the right kind of evidence based practice. The topics have been handpicked after much deliberation to be dealt by top class faculty who have long years of experience as research mentors and editors.

1. INTRODUCTION (3 mins)

: **Dr. Lathika Vasu
Kamaladevi**

2. PUBLISH & FLOURISH : SURE-SHOT SUCCESS MANTRAS (KEY NOTE ADDRESS) (15 mins)

: **Dr. AJITH T A**

3. NOTE THE POINT! LEGAL /ETHICAL MUST KNOWS FOR AUTHORS (12 mins)

: **Dr. Mahesh G**

4. FIVE STEPS TO EVIDENCE BASED PRACTICE (PROBLEM BASED LEARNING) (12 mins)

: **Dr. Lathika Vasu
Kamaladevi**

5. DISTRIBUTION OF THE KSOS KJO APPRECIATION AWARDS (6 mins)

: **Dr. Mahesh G**

Panel Discussion : (7 mins)



IC14 - Journey towards a dream -A spectacle free world

Date :	29-11-2025
Time :	14:30-15:25
Hall :	PERGOLA HALL

Dr.Jyothi Anup

In contemporary times more and more people are willing to go for cosmetic procedures. Refractive surgeries form a major chunk of these procedures. LASIK was one of the most frequently done cosmetic procedures on the human body. The increasing financial ability combined with the safety of these procedures could be the reason behind this popularity . Refractive surgeries give a sense of independence and confidence to the patient. .Modern day refractive procedures are not only very effective but very safe too. The refractive surgeon has a large array of procedures in her armament. The speakers are experienced refractive surgeons each with a large body of work to their credit .This course aims to provide practical inputs on which procedure to choose for which patient and also tips to fine tune these procedures.

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| 1. LASIK : Is it still relevant? (8 mins) | : Dr. Aneeta Jabbar M |
| 2. PRK : The resurrection (8 mins) | : Dr. Anil Radhakrishnan |
| 3. Phakic IOLs : No longer just an alternative (8 mins) | : Dr. Jyothi Anup |
| 4. Refractive lens exchange-Utilizing the Multi focal armory (8 mins) | : Dr. Anup Chirayath |
| 5. Lenticule based procedures (8 mins) | : Dr. Kala Baby Thottam |

Panel Discussion : (15 mins)



IC76 - Strabismus management made simple - A Practical Guide

Date :	29-11-2025
Time :	15:30-16:25
Hall :	PERGOLA HALL

Dr.Ranjini H

Management of strabismus requires a tailored approach. It is very essential as a Strabismologist to assess every patient systematically and plan treatment. Non-surgical methods include Glasses, occlusion therapy, vision therapy and prisms. Not every case of strabismus requires surgery. Chemodenervation in the form of Botox injection has also shown promising results. It is one of the emerging and promising modality to treat certain forms of strabismus. Surgical management of strabismus again requires appropriate planning and a clear idea of the post operative outcome. This instruction course offers a practical guide on how to manage strabismus effectively through various modalities. There will be also a case based discussion so that it benefits even general ophthalmologists. Our esteemed speakers will be sharing their practical tips on how to approach a strabismus case in a systematic manner and plan management with ease.

1. When Strabismus doesn't mean surgery (8 mins) : **Dr. NAMITHA V G**
2. Prisms in Strabismus - A handy tool in Ophthalmology armamentarium (8 mins) : **Dr. Ranjini H**
3. Eyeing Alignment : The Role of Botox in Strabismus correction (8 mins) : **Dr. Sandra Ganesh**
4. Pearls in Strabismus Surgery - Valuable lessons from my practice (12 mins) : **Dr. Dr Rajesh Prabu**
5. Mastering the management of complex strabismus cases (12 mins) : **Dr. NEENA R**

Panel Discussion : (7 mins)



IC75 - The Cat Vit Conundrum

Date :	29-11-2025
Time :	16:30-17:25
Hall :	PERGOLA HALL

Dr.SAILESH KUMAR M

We are now forced with the reality of an exponential increase in the number of patients with Vitreoretinal diseases. This is especially true with regard to Diabetic Retinopathy associated complications. The number of young Ophthalmologists learning Small Incision Cataract Surgery and Phacoemulsification has also increased. This also contributes to complications like nucleus drop, IOL drop etc. Such specific problems where there is Cataract and V-R disease or partly treated cataract need to be managed in a particular way. Our regular techniques may not give the desired results. This course was designed to address these peculiar problems especially since they are not uncommon anymore.

Keynote address: Managing 3D's - Dangling, Decentered,
Dislocated IOL's (10 mins)

: **Dr. Srinivas Joshi**

1. Phaco Challenges before V-R Surgery (9 mins)

: **Dr. Prithvi Chandrakanth**

2. Phaco Challenges in a vitrectomised eye (9 mins)

: **Dr. Jason V. A**

3. Phacoemulsification in the posterior segment (9 mins)

: **Dr. SAILESH KUMAR M**

4. Iris Claw IOL with V-R Surgery (9 mins)

: **Dr. Anup Chirayath**

5. SFIOL implantation with V-R Surgery (9 mins)

: **Dr. Vivekanandan**



IC26 - DEMYSTIFYING THE CHALLENGING SITUATIONS IN GLAUCOMA

Date :	29-11-2025
Time :	08:00-08:55
Hall :	STUDIO HALL

Dr.JAINY JOSEPH EMMATTY

Glaucoma management presents several challenges, including early detection, maintaining consistent intraocular pressure control, choosing the right treatment, managing complications and proper follow up. This instruction course is designed to help each ophthalmologist to deal certain difficult situations in glaucoma management. This course will help the participants make an informed decision on the confusing clinical scenarios presented in this course. At the end of the course, the attendees will have a clear understanding about the various issues deliberated in the course.

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| 1. Is this disc glaucomatous? (15 mins) | : Dr. Sathyan P |
| 2. Decoding Ocular hypertension: To treat or not (10 mins) | : Dr. JAINY JOSEPH EMMATTY |
| 3. Red & green in OCT: Perplexed at your diagnosis? (10 mins) | : Dr. Smita Narayan |
| 4. Post trabeculectomy hypotony: Management protocols (10 mins) | : Dr. Bindu S Ajith |

Panel Discussion : (10 mins)



IC23 - Crystal Clear : Pearls and pitfalls in Cornea cases

Date :	29-11-2025
Time :	09:00-09:55
Hall :	STUDIO HALL

Dr.Aneeta Jabbar M

This interactive instruction course is designed to navigate through a curated selection of challenging corneal cases encountered in daily clinical practice. Participants will engage in an immersive case-based discussion aimed at sharpening diagnostic acumen and refining management strategies.

The course bridges clinical pearls with surgical decision-making, incorporating high-resolution imaging, anterior segment OCT, and surgical videos where appropriate. Each case is selected for its diagnostic complexity or therapeutic dilemma, providing a platform for evidence-based discussion and collaborative learning.

Ideal for cornea specialists, ophthalmology residents, and fellows, this session will foster critical thinking and offer practical takeaways for managing difficult corneal scenarios.

1. Fungal Keratitis: Management algorithm (10 mins) : **Dr. Namrata Sharma**
2. Case 1 Unveiling the mystery : A diagnostic challenge in Microbial Keratitis (8 mins) : **Dr. Aneeta Jabbar M**
3. Case 2 :When the Surface Speaks: Listening to the Cornea in Allergic Disease (9 mins) : **Dr. Anil Radhakrishnan**
4. Case 3 :Behind the blur : Corneal edema following Cataract surgery (9 mins) : **Dr. Sachin Mathew George**
5. Case 5 : Sight on the line : Corneoscleral Laceration Extending Into the Visual Axis (9 mins) : **Dr. JYOTHI KRISHNAN**

Panel Discussion : (9 mins)



IC59 - Let us know all about infective uveitis

Date :	29-11-2025
Time :	10:00-10:55
Hall :	STUDIO HALL

Dr. Neethu Latiff

Infective uveitis is emerging as a leading cause of blindness these days in both immunocompetent and immunocompromised patients. There is an increase in number of cases of infectious uveitis noticed due to use of immunosuppressants in patients suffering from autoimmune disease. Ophthalmologist should be aware of the commonest clinical presentation and treatment given for this condition.

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| 1. Approach to infective anterior uveitis (8 mins) | : Dr. Reesha K R |
| 2. Approach to infective posterior uveitis (8 mins) | : Dr. Neethu Latiff |
| 3. Role of multimodal imaging in infective uveitis (8 mins) | : Dr. Lekha T |
| 4. Molecular diagnostics and medical management for infective uveitis (12 mins) | : Dr. Anuradha V K |
| 5. surgical management for infective uveitis (8 mins) | : Dr. Mahesh G |

Panel Discussion : (11 mins)



IC48 - When the going gets tough- difficult medical retina cases decoded!

Date :	29-11-2025
Time :	11:00-11:55
Hall :	STUDIO HALL

Dr.Natasha Radhakrishnan

After cataract and glaucoma, medical retina diseases have become the commonest conditions seen in the OPD. Often even the fellowship trained medical retina specialist is stumped by diagnostic dilemmas and difficult cases. In this instruction course, we are going to present some difficult medical retina cases that we encountered in our daily practice, the findings, the dilemma and the solutions. This IC will be useful for anterior segment surgeons who do medical retina also in their practice and also for those who have started their medical retina practice.

- | | |
|--|----------------------------------|
| 1. Is it Retinal detachment or is there something hiding? (3 mins) | : Dr. Femina N Hashim |
| 2. Is it CSCR? look what lies beneath! (3 mins) | : Dr. Anjana S |
| 3. PAMM-not as simple as it looks (3 mins) | : Dr. JULIANA ROSITTA
STEPHEN |
| 4. DR with CSME or is something wrong? (3 mins) | : Dr. Sruthi p. s |
| 5. TB or TOXO-solving the diagnostic dilemma (3 mins) | : Dr. SWATHY HARIDAS |
| 6. VKH or is the diagnosis more ominous? (3 mins) | : Dr. Natasha
Radhakrishnan |

Panel Discussion : (37 mins)



IC69 - Managing Myopia Progression- Where are we now & What next ?

Date :	29-11-2025
Time :	13:30-14:25
Hall :	STUDIO HALL

Dr.Thanusree P

This is a very relevant IC for any practising ophthalmologist since myopia is now becoming a global pandemic especially after covid . It is said that by 2030 1 in 2 children's will have myopia . Since due to our lifestyle changes and a better understanding of myopia progression , rapidly changing management for myopia progression have been coming up which is difficult for the practising ophthalmologist to keep up . So this IC gives a platform for any ophthalmologist to understand the management currently following for progressive myopia , the different future aspects on the therapy , as well as on how to set up a myopia clinic which any ophthalmologist can build up in their clinics / hospital . Case based discussion will also be there for making this IC more interactive and informative . This IC will finally reflect in doctors day to day practice and attain a solution to manage myopia progression by themselves and not referring to higher centre .

- | | |
|--|------------------------|
| 1. Understanding myopia progression (8 mins) | : Dr. Thanusree P |
| 2. Low dose Atropine (8 mins) | : Dr. Gigi Augustine T |
| 3. Glasses , contact lenses & more ! (12 mins) | : Dr. Monisha Mohan |
| 4. Case Based Discussions (12 mins) | : Dr. Meena CK |
| 5. Establishing a Myopia Clinic in your practice (15 mins) | : Dr. Sandra Ganesh |



**IC43 - MIGS(Minimally Invasive
Glaucoma Surgeries) in India - Why,
What, When & How ?**

Date :	29-11-2025
Time :	14:30-15:25
Hall :	STUDIO HALL

Dr.John Davis Akkara

Until now, glaucoma management was usually medical, with surgical treatment reserved for advanced disease, especially considering costs & risks. But medication is a lifelong balancing act, where missteps mean permanent loss of ganglions. Minimally Invasive Glaucoma Surgeries(MIGS) bridge this gap with a safer, faster, easier alternative.

Cheaper ? - sometimes. More effective - Let's find out when ? Covered by insurance ?

Where is it being done ?

How difficult is it to start ? Indications ? Postop followup ?

Learn all this and more!

In this course, glaucoma experts from various eye institutes discuss options available for MIGS in India and their personal experience with various MIGS. In addition to tips and tricks on intraoperative gonioscopy and other aspects of getting started with MIGS, the speakers discuss in detail GATT, Kahook Dual Blade, BANG, Tanito Micro Hook, iStent, Micro Invasive Trabeculectomy, Augmented Reality Glaucoverse & 3D printed tech for learning MIGS surgery.



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1. Intro to MIGS, Intraop Gonio & 3D Printable MIGS : **Dr. John Davis Akkara**
Glaucoverse (10 mins)
2. From BANG to iStent and Micro Incisional Trabeculectomy - : **Dr. Neethu Mohan**
Trabecular cutting vs Implants (10 mins)
3. Kahook Dual Blade Glide Goniotomy - A beginner's guide (7 : **Dr. Bindu S Ajith**
mins)
4. My experience with Tanito Micro Hook (7 mins) : **Dr. Lopamudra Biswal**
5. Just GATT to do it ! (7 mins) : **Dr. Mahesh Bharathi**
6. Evidence Based MIGS - For whom & for how long ? (7 : **Dr. Neethu Mohan**
mins)

Panel Discussion : (7 mins)



IC99 - Grand Rounds- Navigating the toughest cases in glaucoma

Date :	29-11-2025
Time :	15:30-16:25
Hall :	STUDIO HALL

Dr.Bindu S Ajith

In this session a series of intriguing glaucoma cases with detailed case histories, clinical photographs, and investigative findings will be presented. It will highlight the diagnostic challenges and therapeutic dilemmas encountered, along with the approaches taken and the final management decisions. A panel of experienced glaucoma consultants will lead the discussion and solve dilemmas, ensuring rich insights and practical learning. In this highly interactive session 6 clinical case scenarios will be discussed offering valuable tips for general ophthalmologists and glaucoma consultants. the panel of discussion will be led by Dr. Bindu S Ajith (Chief instructor)

1. fields normal oct changes what next? does genetic testing have a play? (6 mins) : **Dr. REVATHY K V**
2. Tab. Acetazolamide – the double edge sword !!! (6 mins) : **Dr. Nimitha Nageeb**
3. Conquering Neovascular glaucoma (6 mins) : **Dr. Swetha K**
4. A case of Nail platella syndrome and secondary glaucoma (6 mins) : **Dr. Mithun Thulasidas**
5. Keynote address: Taming the shrew in glaucoma (15 mins) : **Dr. Sathyan P**

Panel Discussion : (16 mins)



IC94 - Trauma in ophthalmology - Practice pearls.

Date :	29-11-2025
Time :	16:30-17:25
Hall :	STUDIO HALL

Dr.Raghu A C

Trauma due to various causes like Road traffic accident, assault, fall etc often involves the eyeball and adnexa. In the clinical practice, it is extremely important to know the various examination techniques related to such cases of trauma. A thorough examination helps in classification and planning the management course. Among the various manifestations, Traumatic hyphema is a very common condition that is practically important. Traumatic glaucoma can be both acute or chronic, open angle or close angle type. Another equally important clinical presentation is that of Traumatic optic neuropathy, which can be vision threatening and needs prompt response from the treating doctor. Most of these traumas present to a casualty and end up as medicolegal case and thus special emphasis be taken in documenting these meticulously to avoid litigation. Many a times doctors may be called as an expert in courtroom to present the clinical findings.

- | | |
|---|----------------------------------|
| 1. Examination techniques in ocular trauma (10 mins) | : Dr. Sudha Vaikkakara |
| 2. Traumatic hyphema - practice pearls (10 mins) | : Dr. Lathika Vasu
Kamaladevi |
| 3. Traumatic optic neuropathy (10 mins) | : Dr. Sujatha Nambudiri |
| 4. Traumatic glaucoma (10 mins) | : Dr. Jayasree P V |
| 5. Medicolegal aspects of trauma in ophthalmology (10 mins) | : Dr. Raghu A C |

Panel Discussion : (5 mins)



**DR. NOEL MONIZ MEMORIAL
ANTERIOR SEGMENT AWARD
SESSION**

Date :	29-11-2025
Time :	08:00-09:55
Hall :	MAJLIS HALL

[FP26] - Beyond the lacrimal sac - story of misleading medial canthal swellings

Chief & Presenting author : Dr.Ann J K (KSOSID0952), Dr.Ani Sreedhar

[FP44] - Topographic and Aberrometric Changes After CXL in Keratoconus with minimum pachymetry of 400 μ m

Chief & Presenting author : Dr.Sandton J S Raj (KSOSID2628), Dr.Swapna Nair

[FP59] - Initial experience with a polyfocal IOL

Chief & Presenting author : Dr.Jyothi R (KSOSID1576), Dr.Biju Raju, Dr.Raju N S D

[FP89] - Early experience with SILK-Smooth Incision Lenticule Keratomileusis in Myopia and Astigmatism

Chief & Presenting author : Dr.Kala Baby Thottam (KSOSID0731), Dr.Mathew Kurian Kummelil , Dr.Ashapura borgohain

[FP92] - Traumatic Nasolacrimal Duct Obstruction: Clinical Profile and Management Outcomes.

Chief & Presenting author : Dr.Samvedya Veenish U O (KSOSID2480), Dr.MARIAN PAULY, Dr.Shebin salim

[FP107] - AZADIRACHTA INDICA - An indigenous approach against Demodectic Ocular Surface Disorders

Chief & Presenting author : Dr.Bennet Chacko Mathew (KSOSID2603)

[FP126] - "PRK in Practice: Real-World Visual Outcomes in 200 Eyes"

Chief & Presenting author : Dr.Hredhya S Muraleedharan (KSOSID2403), Dr.Chandrakanth K S

[FP128] - Evaluation of the safety & effectiveness of the sub-400 protocol in corneal collagen cross-linking

Chief & Presenting author : Dr.Sujith Nayanar V (KSOSID0968)



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[FP132] - A Call for Sight: Evaluating the Role of Telephonic Counselling in Eye Donation Decision-Making

Chief & Presenting author : Dr.Aneeta Jabbar M (KSOSID0485), Dr.JYOTHI KRISHNAN



**PROF. K S SUBRAMANIAM P G FREE
PAPER AWARD SESSION- 3**

Date :	29-11-2025
Time :	10:00-11:55
Hall :	MAJLIS HALL

[FP31] - REPEATABILITY AND REPRODUCIBILITY OF OCULAR SURFACE
THERMOGRAPHY

Chief & Presenting author : Dr.Dhanya SD (KSOSID2686A), Dr.Mathew Kurian Kummelil
, Dr.John Davis Akkara

[FP32] - Association between retinal hard exudates and lipid profile in DR patients: A Cross
Sectional Study

Chief & Presenting author : Dr.AISWARYA J S (KSOSID2483A), Dr.Anju Abdulkhader,
Dr.Lekshmi G, Dr.Kajal Seema S

[FP39] - COMPARATIVE STUDY BETWEEN EXTENDED DEPTH OF FOCUS
INTRAOCULAR LENS AND MONOFOCAL INTRAOCULAR LENS

Chief & Presenting author : Dr.Galiyah M (KSOSID1986), Dr.Smitha V K, Dr.Girija K

[FP40] - Visual and structural outcomes of Intravitreal Ranibizumab in DME based on OCT
patterns.

Chief & Presenting author : Dr.Priyanka R Nair (KSOSID2526A), Dr.Parvathy R,
Dr.Lekshmi Sree O C

[FP41] - COMPARATIVESTUDY BETWEEN SITAFASTER ANDSTANDARD IN
MILD,MODERATE,SEVERE GLAUCOMA&GLAUCOMA SUSPECTS

Chief & Presenting author : Dr.Shani P S (KSOSID1311), Dr.Bindu S Ajith, Dr.Nimitha
Nageeb

[FP45] - Incidence and Risk Factors of Retinopathy of Prematurity in Preterm Infants: A
Prospective Study

Chief & Presenting author : Dr.Sheryl Rabby (KSOSID2584A), Dr.Latha Mohan N V

[FP61] - Incidence of anterior uveitis in a tertiary eye care centre in Kerala

Chief & Presenting author : Dr.jaseela VH (KSOSID2530A), Dr.Ambily S



[FP64] - Comparison of autorefraction to cycloplegic retinoscopy for prescribing glasses among school children

Chief & Presenting author : Dr.MINI JOSEPH (KSOSID2299), Dr.Dalia S, Dr.Naveena Saseendran

[FP66] - KNOWLEDGE, ATTITUDE & PRACTICE PATTERN REGARDING COMPLIANCE WITH SPECTACLE USE IN CHILDREN & YOUNG ADULTS

Chief & Presenting author : Dr.ELIZA J PAUL (KSOSID2681A), Dr.Remya Raghavan

[FP81] - Comparative study of IOP and postoperative outcomes in GATT vs Tenito Microhook Trabeculotomy in POAG.

Chief & Presenting author : Dr.Sojik Varghese (KSOSID2627A), Dr.Thomas George T, Dr.Rithu Jose

[FP84] - TO STUDY RELEVANCE, COMPARE TWO STRATEGIES AND ANALYSE THE CHALLENGES OF SCHOOL VISION SCREENING

Chief & Presenting author : Dr.AMRUTHA P K (KSOSID2577), Dr.Dr ELIZABETH JOSEPH

[FP94] - cataract screening: validation of portable slit scope for grading nuclear sclerosis in Outreach camps

Chief & Presenting author : Dr.SAFEERA.k (KSOSID2631A), Dr.Prithvi Chandrakanth, Dr.Chandrakanth K S

[FP104] - effect of tear substitutes on keratometry readings in dry eye and non dry eye patients

Chief & Presenting author : Dr.Gayathri sureshbabu (KSOSID2624A), Dr.Iodine Reghunadhan, Dr.Abraham Kurian

[FP106] - CLINICOPATHOLOGICAL PATTERNS AND SURGICAL OUTCOMES IN PERIOcular BASAL CELL CARCINOMA.

Chief & Presenting author : Dr.PARAKKAL BHUVANESWARAN BHUVANA (KSOSID2677A), Dr.MARIAN PAULY, Dr.Shebin salim, Dr.Samvedya Veenish U O



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[FP115] - INCIDENCE, CLINICAL PROFILE, MANAGEMENT AND SHORT TERM
OUTCOMES OF POST-TRAUMATIC GLAUCOMA CASES

Chief & Presenting author : Dr.Lavanya Lal (KSOSID2487A), Dr.Smitha V K

[FP122] - PROPORTION AND CLINICAL PROFILE OF LIG AMONG SENILE CATARACT
PATIENTS ADMITTED FOR CATARACT SURGERY

Chief & Presenting author : Dr.KRISHNA M S (KSOSID2437A), Dr.Mini P A, Dr.Neethu
Ben



**PADMA BHUSHAN DR P SIVA REDDY
AWARD SESSION**

Date :	29-11-2025
Time :	13:30-15:25
Hall :	MAJLIS HALL

[FP2] - Effect of antiglaucoma medications on the lacrimal drainage system a prospective case-control study

Chief & Presenting author : Dr.Manju M (KSOSID1540)

[FP7] - Real-world evaluation of Combination Therapy in Acute Post-Cataract Endophthalmitis

Chief & Presenting author : Dr.Divya Alex (KSOSID1604), Dr.Divya Balakrishnan, Dr.Jiz Mary Santhosh

[FP36] - Visual outcomes in Paediatric Non-Infectious Uveitis. Are biologics a game changer?

Chief & Presenting author : Dr.Natasha Radhakrishnan (KSOSID0845), Dr.Tisha Thomas Menacherry, Dr.ANJU LIZA ZACHARIAH

[FP49] - CLINICAL PROFILE OF STRABISMUS IN THYROID EYE DISEASE AT A TERTIARY EYE CARE CENTRE IN SOUTH INDIA

Chief & Presenting author : Dr.NEENA R (KSOSID1351), Dr.MARIAN PAULY

[FP54] - Vasoproliferative Tumor of the Retina

Chief & Presenting author : Dr.Supreme Goel , Dr.Manoj S

[FP99] - EVALUATION OF ANT SEGMENT PARAMETERS IN RELATION TO ENDOTHELIAL CELL CHANGE POST PHAKIC IOL SURGERY

Chief & Presenting author : Dr.Vaishnavi A Lal , Dr.Swapna Nair

[FP100] - COMPARISON OF ORTHOPTIK VERSUS OCCLUSION THERAPY AS A TREATMENT MODALITY FOR AMBLYOPIA

Chief & Presenting author : Dr.Devika R Nair , Dr.Anila George

[FP103] - Secondary subretinal neo vascular membrane - Various etiologies and Response to Anti VEGF treatment

Chief & Presenting author : Dr.Kapil Kishorilal Barange , Dr.Shafeeja S, Dr.Sheela Viswanathan A K



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[FP111] - REFRACTIVE OUTCOMES IN HIGH MYOPES COMPARING BARRETT II, SRK-T AND WANG KOCH ADJUSTED SRK-T

Chief & Presenting author : Dr.APARNA R (KSOSID2106), Dr.Bala Saraswathy

[FP133] - Refractive Error Change in Over minus Lens Therapy for Childhood Intermittent Exotropia a retrospective study

Chief & Presenting author : Dr.Anjali Prabhakar (KSOSID1937)

[FP134] - Etiology and Associations of Paediatric cataract and long-term visual outcome following paediatric cataract surgery

Chief & Presenting author : Dr.LIMA V (KSOSID2416)



**PROF. K S SUBRAMANIAM P G FREE
PAPER AWARD SESSION- 4**

Date :	29-11-2025
Time :	15:30-17:25
Hall :	MAJLIS HALL

[FP15] - Correlation Between Ocular Perfusion Pressure and Cup-to-Disc Ratio in POAG:A Cross-Sectional Study

Chief & Presenting author : Dr.Nikhila K (KSOSID2481A), Dr.MIDHUN S R, Dr.Deena Mariam Babu, Dr.Kajal Seema S

[FP30] - CENTRAL CORNEAL THICKNESS AND IOP IN PERSONS WITH DIABETES MELLITUS IN TERTIARY CARE HOSPITAL

Chief & Presenting author : Dr.HEBA RAVISANKAR (KSOSID2370A), Dr.Rekha P S

[FP34] - Intraoperative OCT-Guided Assessment in Combined Cataract and MIGS: Enhancing Surgical Precision

Chief & Presenting author : Dr.Ankith Nair (KSOSID2465A), Dr.Mathew Kurian Kummelil , Dr.John Davis Akkara, Dr.Dhanya C A

[FP43] - Correlation of Anxiety with Visual Field Testing in Glaucoma Patients: A Prospective Study

Chief & Presenting author : Dr.Roshni Suresh (KSOSID2695A), Dr.Latha Mohan N V

[FP48] - The Spectrum & Management of Dry Eyes in Patients with Thyroid Dysfunction: An Observational Study

Chief & Presenting author : Dr.Mathew Shaji (KSOSID2491A), Dr.Parvathy R, Dr.Vandana Pradeep, Dr.Nisa M

[FP60] - RETINAL EXAMINATION,IMAGING IN PREDICTING MATERNAL AND NEONATAL OUTCOMES IN GESTATIONAL HYPERTENSION

Chief & Presenting author : Dr.ELSA MARIA KURUVILLA (KSOSID2682A), Dr.Lathika Vasu Kamaladevi

[FP73] - PROFILE OF REFRACTIVE STATUS AMONG INFANTS IN A TERTIARY EYE CARE CENTRE IN SOUTH KERALA.

Chief & Presenting author : Dr.Rithu jose (KSOSID2690A), Dr.Resmi Bhaskar, Dr.Joanna Susan Thomas



[FP74] - PREVALENCE OF PRECLINICAL DIABETICRETINOPATHYDETECTED BY OCTAINTYPE 2DMPATIENTS WITH NO CLINICAL DR

Chief & Presenting author : Dr.Sruthy k thomas (KSOSID2424A), Dr.Manoj Venugopal,
Dr.Dhanya R S

[FP75] - Clinical characteristics and risk factors of acute acquired comitant esotropia

Chief & Presenting author : Dr.PARVATHY B RAJ (KSOSID2478A), Dr.Shahna N A,
Dr.Resmi Bhaskar, Dr.Sahasranamam V

[FP76] - PROPORTION OF DYSLIPIDEMIA IN PATIENTS WITH MEIBOMIAN GLAND DYSFUNCTION IN A TERTIARY CARE CENTRE

Chief & Presenting author : Dr.JASMINE P BABY (KSOSID2504A), Dr.Mallika O U,
Dr.Sija S

[FP83] - POSTOPERATIVE CYLINDER ON USING CONVENTIONAL KERATOMETRY V/S TOTAL KERATOMETRY FOR IOL CALCULATION

Chief & Presenting author : Dr.Athira Manoharan (KSOSID2589A), Dr.Swapna Nair

[FP86] - Myopia Control with HALT And CARE Lenses: A Comparative Study

Chief & Presenting author : Dr.Praveena. K (KSOSID2594A), Dr.NEENA R, Dr.Trisha Yadu

[FP90] - Comparison of efficacy between energy titrated C3R and accelerated C3R

Chief & Presenting author : Dr.Shahna N A (KSOSID2473A), Dr.Parvathy S Nair,
Dr.Iodine Reghunadhan, Dr.Abraham Kurian

[FP98] - Comparison of Lubricant Eye Drops, the 20-20-20 Rule, and their Combination in Digital Eye Strain

Chief & Presenting author : Dr.Joanna Susan Thomas (KSOSID2678A), Dr.Rithu jose,
Dr.Iodine Reghunadhan, Dr.Abraham Kurian

[FP119] - CLINICAL PROFILE, SAFETY AND OUTCOMES OF CM-T FLEX SFIOL IN A TERTIARY EYE CARE SYSTEM

Chief & Presenting author : Dr.Sarama S Raj (KSOSID2710A), Dr.Minu M Mathen,
Dr.Lopamudra Biswal, Dr.Sojik Varghese



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[FP120] - Effect of myopia and optic disc area and retinal nerve fibre layer thickness

Chief & Presenting author : Dr.Sandra Nair (KSOSID2543A), Dr.Smitha V K, Dr.Girija K



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SSTC

Date :	29-11-2025
Time :	09:00-15:00
Hall :	CHURCH HALL

SSTC - Dr Vijayalakshmi M S, Dr Rajesh O T
AI in Ophthalmology Work shop - Dr Sharon Baisil



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TACO PG QUIZ

Date :	30-11-2025
Time :	08:00-09:55
Hall :	CONVENTION CENTER

DR AKSHAY NAIR



INNOVATIONS

Date :	30-11-2025
Time :	10:00-10:55
Hall :	CONVENTION CENTER

Chairman: Dr. Biju Raju

Co-Chairman: Dr. John Davis Akkara

Moderator: Dr. Prithvi Chandrakanth

1. Viruses that heal-Bacteriophage Eyedrops for Corneal Infections - 6 - Mins - Dr. Anil Radhakrishnan
2. My 3D Printed Innovations - 6 - Mins - Dr. John Davis Akkara
3. Necessity, the mother of invention! - 6 - Mins - Dr. Sinumol S
4. Break the Mould - unconventional techniques in VR surgery - 6 - Mins - Dr. Shishir Verghese
5. Do-It-Yourself Innovations for all - 6 - Mins - Dr. Prithvi Chandrakanth
6. 3D printed eye drop guides - 6 - Mins - Dr. Ankith Nair

Each speaker has 6 to 7 minutes for the talks, followed by a discussion



IC7 - OCT Masterclass for comprehensive ophthalmologists

Date :	30-11-2025
Time :	11:00-11:55
Hall :	CONVENTION CENTER

Dr.Mallika O U

OCT is an investigative tool now imperative in ophthalmic practice. It is used in retinal diseases, neurological cases and glaucoma as basic investigation. Interpretation of OCT should be known to each and every practicing ophthalmologist. Recent advances like choroidal imaging and OCT angiography has increased the use in retinal practice due to its non invasive nature. Many diseases like AMD, DME and pre perimetric glaucoma can not be managed without OCT. This course is aimed at helping the comprehensive ophthalmologist the nuances of OCT interpretation in a simplified way. At the end of the course the attendee will be able to interpret OCT with confidence at least simple clinical conditions.

- | | |
|--|---------------------------|
| 1. Introduction (5 mins) | : Dr. Mallika O U |
| 2. How to interpret a normal OCT (10 mins) | : Dr. Dhanya R S |
| 3. Pathological changes in OCT in macular diseases (10 mins) | : Dr. Indu V P |
| 4. Role of OCT in glaucoma (10 mins) | : Dr. Jayasree P V |
| 5. Use of OCTA in current scenario (10 mins) | : Dr. Mahesh G |
| 6. OCT Rapid fire quiz (10 mins) | : Dr. Mahesh G |



KSOS Kozhikode Ophthalmic Society TOT

Date :	30-11-2025
Time :	12:00-13:55
Hall :	CONVENTION CENTER

Dr Gopal S Pillai

North Zone:

Mentor- Dr. V Anju Chandran

1. Binocularity of vision - Dr Aishwarya Pillai
2. Lamellar keratoplasty-Dr Vaishna Megha
3. Journey of a drug from bench to bedside- Dr Bhagyalekshmi A V

North central zone:

Mentor - Dr. Samyukta Sadasivan. K

1. Oculomotor nerve and its pathology- Dr. Diana Mathew
2. MIGS - Dr. Gopika PK
3. Regulatory aspects of AI in clinical use-Dr. Elsa Maria Kuruvilla

South Zone:

Mentor - Dr Rakhi D'Cruz

1. Retrochiasmal visual pathway -Dr Parvathy Gopan
2. Macular hole surgery - Dr Priyanka Nair
3. How to be legally safe in cataract surgery - Dr Sneha Pius

South central Zone:

Mentor - Dr Praveena Shyam

1. Retinal Cells Function - Dr Parvathy B
2. DCR - Dr Agrima Mittal
3. How to counsel an aggrieved and angry patient? Dr Sandra Nair



IC57 - Mastering Retinal OCT: A Clinical Guide

Date :	30-11-2025
Time :	08:00-08:55
Hall :	EMPIRE HALL

Dr. Anju Kuriakose

This handbook serves as a practical guide for general ophthalmologists and residents to navigate the evolving world of retinal OCT. It begins by simplifying the fundamentals of OCT reading and interpretation, providing a systematic approach for confident diagnosis. Special focus is given to vitreoretinal interface disorders, highlighting how OCT uncovers subtle tractional changes. Common retinal diseases like diabetic macular edema and AMD are explored through OCT patterns, enhancing clinical decision-making. The handbook also delves into subretinal pathologies, emphasizing key imaging clues beneath the surface. Finally, it introduces newer advances in OCT technology, preparing readers for the future of retinal imaging. Designed to be concise, accessible, and clinically oriented, this resource aims to strengthen interpretation skills and improve patient care.

Keynote address - Clinical Oct - A made easy: Techniques, Patterns and New updates (10 mins)

: **Dr. Ankur Singh**

1. Decoding OCT: Mastering the Art of Retinal Interpretation (8 mins)

: **Dr. Anju Kuriakose**

2. Unveiling the Vitreoretinal Interface: OCT at Work (8 mins)

: **Dr. Mini David K**

3. Seeing Beyond: OCT in Retinal Diseases (10 mins)

: **Dr. JULIANA ROSITTA
STEPHEN**

4. Beneath the Surface: OCT Insights into Subretinal Pathologies (8 mins)

: **Dr. Parvathy R**

5. Future Forward: New Frontiers in OCT Technology (8 mins)

: **Dr. Sruthi p. s**

Panel Discussion : (3 mins)



IC9 - Cracking the Fundus Code

Date :	30-11-2025
Time :	09:00-09:55
Hall :	EMPIRE HALL

Dr. Shishir Verghese

The fundus serves as a critical window into both ocular and systemic health. Timely recognition and interpretation of subtle fundus signs can be the key to early diagnosis and appropriate referral. This session emphasizes the importance of sharpening observational skills to identify characteristic features such as hemorrhages, exudates, vascular anomalies, pigmentary changes, and optic nerve head alterations. Through a case-based approach, we aim to enhance diagnostic accuracy by helping clinicians "catch" these signs early and "interpret" them correctly within their clinical context. From common presentations to rare but telling fundus findings, the discussion will bridge foundational knowledge with real-world relevance.

1. Macular Subretinal Fluid: Always CSC? think again! (8 mins) : **Dr. Prithvi Chandrakanth**
2. Hemorrhages & Exudates: Diabetic retinopathy or Diagnostic Decoy? (8 mins) : **Dr. Shishir Verghese**
3. Subretinal Yellow Spots, PEDs and Bleeds. Is it really AMD? (8 mins) : **Dr. Anju Kuriakose**
4. Yellow lesions in the fundus! A step by step diagnostic approach. (8 mins) : **Dr. Reesha K R**
5. Retinal pigmentation! Benign finding or life threatening clue? (8 mins) : **Dr. Menon Rahul Radhakrishnan**

Panel Discussion : (15 mins)



IC91 - "Case in Point: A PEARL of Wisdom"

Date :	30-11-2025
Time :	10:00-10:55
Hall :	EMPIRE HALL

Dr.Soumya Nambiar

A thoughtfully designed instruction course that brings the art and science of neuro-ophthalmology, strabismus and pediatric ophthalmology to life through a case-based learning approach. Moving beyond textbooks, this course emphasizes the power of clinical reasoning, encouraging participants to engage with real-world scenarios that mirror the complexities of daily practice.

Each case is carefully selected to highlight key pearls — those essential insights that transform diagnosis and management. Special focus is placed on recognizing "red flags," avoiding common pitfalls,

giving learners a rich exposure to both common and uncommon disorders.

This course is ideal for residents, fellows, and practicing ophthalmologists aiming to sharpen their clinical acumen. By blending interactive case discussions with evidence-based pearls, it ensures that participants leave not just with knowledge, but with lasting clinical wisdom that they can immediately apply in their practice.

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|--|----------------------|
| 1. When First Impressions Deceive: A Diagnostic Dilemma (5 mins) | : Dr. NEENA R |
| 2. The Same Eye with a different tale (5 mins) | : Dr. Lakshmi C |
| 3. Crossed Paths: Unraveling a Case of Strabismus (5 mins) | : Dr. Resmi Bhaskar |
| 4. Don't Blink : You will miss it (5 mins) | : Dr. Nirmal A J |
| 5. A Tale of Pain and Double Vision (5 mins) | : Dr. Soumya Nambiar |

Panel Discussion : (30 mins)



IC38 - Uveitic Surprises - A Pandora's Box

Date :	30-11-2025
Time :	11:00-11:55
Hall :	EMPIRE HALL

Dr. Dahlia Krishnan

Reaching a diagnosis in a case of uveitis can be challenging due to its varied presentations and the potential mimickers. So the onus is on the clinician, to make a diagnosis quick enough and start treatment with either specific therapy or give empirical therapy to prevent sight threatening complications and in many cases, to confirm the diagnosis from the response to the treatment.

It is not unusual to have diagnostic surprises during the course of empirical therapy, where prompt recognition and change in the management is imperative to prevent visual loss.

This instruction course gives you a glimpse into some of these challenging cases with focused discussion by an eminent Uveitis expert. This eminent Uveitis expert from outside state will also share insights and give practical tips from their vast experience in the Keynote address.

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|---|-----------------------|
| 1. VKH Syndrome Spectrum- Inflammation and beyond! (8 mins) | : Dr. Divya Alex |
| 2. Sarcoidosis in a child- An interesting encounter! (8 mins) | : Dr. Suchitra M |
| 3. A Twist in the Tale! (8 mins) | : Dr. Dahlia Krishnan |
| 4. The puzzle of Retinal Vasculitis! (8 mins) | : Dr. Femina N Hashim |
| 5. Keynote address - When you hear hoofbeats, think horses but don't forget the zebra (15 mins) | : Dr. Anuradha V K |

Panel Discussion : (8 mins)



IC98 - Oculoplasty grand rounds-When common turns uncommon!

Date :	30-11-2025
Time :	12:00-12:55
Hall :	EMPIRE HALL

Dr.Indu B Narayanan

There are many situations where a case may initially appear to be typical, but it turns out to be quite unusual, often going unnoticed in its early stages.

In this session, we will hear from experts who will share their insights on these cases, each concluding with a key take away message. This aims to provide valuable information that will assist general ophthalmologists and beginners in oculoplasty.

- | | |
|--|--|
| 1. Not just a swelling -Cracking the orbital surprise (6 mins) | : Dr. Ani Sreedhar |
| 2. Malignant melanoma-oversight or overreaction ? (6 mins) | : Dr. Shruthi Tara Vasudev |
| 3. Epiphora with a twist-hidden faces of lacrimal obstruction (6 mins) | : Dr. Fairouz Puthiyapurayil Manjandavida |
| 4. When proptosis tells a different story (6 mins) | : Dr. MARIAN PAULY |
| 5. Lid lying low (6 mins) | : Dr. V Anju Chandran |
| 6. Beyond cellulitis -unmasking the masquerade (6 mins) | : Dr. Indu B Narayanan |

Panel Discussion : (19 mins)



IC11 - Navigating EDOF and Multifocal IOLs with Confidence: Insights from Experts

Date :	30-11-2025
Time :	13:00-13:55
Hall :	EMPIRE HALL

Dr.NAVAROSH J

With the growing demand for spectacle independence and improved quality of life after cataract surgery, the use of multifocal intraocular lenses (IOL) has expanded significantly. Newer multifocal IOLs and Extended Depth of Focus (EDOF) IOLs are notable for providing vision across various distances. Achieving optimal outcomes requires meticulous patient selection and thorough preoperative evaluation to assess ocular health, visual needs, and suitability for advanced lens technologies. Intraoperative excellence is crucial for successful implantation, requiring precise IOL centration, astigmatism management, and capsular stability to ensure the best results. Addressing postoperative challenges is also vital, as managing expectations, monitoring visual disturbances, and guiding neuroadaptation contribute to positive outcomes. This session will equip the audience with the knowledge and skills to navigate the complexities of this scenario and achieve successful clinical outcomes.

1. Cracking the Code: Mastering Pre-Operative Planning for EDOF and Multifocal IOLs (10 mins) : **Dr. NAVAROSH J**
2. High Stakes, Higher Standards: Surgical Precision for EDOF and Multifocal IOLs (10 mins) : **Dr. Jayaram V R**
3. Newer EDOF and Multifocal IOLs: Which Reigns Supreme? (10 mins) : **Dr. Prakhyat Roop**
4. Surgery's Not Over: Tackling Post-Operative Challenges (10 mins) : **Dr. Krishna Prasad K**

Panel Discussion : (15 mins)



IC97 - Will lenticule extraction revolutionize refractive surgery?

Date :	30-11-2025
Time :	08:00-08:55
Hall :	POOLSIDE HALL

Dr. Jayaram V R

Synopsis

Lenticule extraction refractive surgeries, with its obvious advantages of being flapless, minimally invasive with less alteration in corneal biomechanical parameters and lesser post operative dry eye, are gaining momentum as an effective alternative to flap-based refractive surgeries for myopia and myopic astigmatism. Advancements in parameters like laser frequency, energy delivery patterns, instrumentation and improved surgical techniques have significantly improved the surgical outcomes of these lenticule-based procedures. While these benefits and initial outcomes are promising, the long-term impact and revolutionary potential of lenticule -based procedure warrant a detailed discussion.

1. Lenticule extraction: Is it better than conventional refractive surgery? – Dr Jayaram V R (10 mins) : **Dr. Jayaram V R**
2. Who's a Fit? Indications and Patient Selection – Dr Nimmy Raj (10 mins) : **Dr. NIMMY RAJ**
3. The Art of Precision: Surgical Technique and Technology (10 mins) : **Dr. Krishna Prasad K**
4. Healing Right: Postoperative Care and Management (10 mins) : **Dr. Kala Baby Thottam**
5. What is in pipeline? -Future of lenticule based surgeries (10 mins) : **Dr. Krishna Prasad K**

Panel Discussion : (5 mins)



IC89 - Wealth Vision : Smart Money Mastery for Ophthalmologists

Date :	30-11-2025
Time :	09:00-09:55
Hall :	POOLSIDE HALL

Dr.Sameera V V

As ophthalmologists, we spend years mastering the science of sight—but financial clarity often gets blurry. Whether you're a trainee just beginning your journey or a salaried specialist or a senior leader aiming to secure your future, understanding personal and professional finance is essential.

This 5-part course built by doctors ,for doctors is specifically tailored to the unique financial journey of ophthalmologists. Through practical, physician-focused topics, you'll learn how to avoid common financial pitfalls, invest wisely, slash your tax bill and build a future that reflects your hard work and goals—not just your paycheck.

Simple. Actionable. Empowering. No jargon, no lectures—just straight-talking strategies to help you build wealth with confidence and purpose.

Because your financial vision should be just as sharp as your clinical one.

1. Spend Smart, Save Smarter: How to Beat Lifestyle Creep (9 mins) : **Dr. Sameera V V**
2. Investing 101 for Busy Doctors: Grow Your Wealth on Autopilot (9 mins) : **Dr. Biju John C**
3. Tax Strategies That Work: Pay Less, Keep More (9 mins) : **Dr. Radha Ramanan B**
4. Avoiding Money Mistakes: What Every Doctor Should Know by Decade (9 mins) : **Dr. Anup Chirayath**
5. The Freedom Formula: Retire Early, Live Fully, Leave a Legacy (9 mins) : **Dr. Thomas George T**

Panel Discussion : (10 mins)



IC1 - A to Z of Retinal Lasers for Comprehensive Ophthalmologists

Date :	30-11-2025
Time :	10:00-10:55
Hall :	POOLSIDE HALL

Dr.Rohan Suresh Ninan

Performing any laser procedure on the retina can be challenging, from deciding when and where to use the laser, to determining how much laser is needed. This course focuses on addressing these key concerns: timing (When), location (Where), and technique (How). Beginning with fundamental aspects such as selecting the right lens for specific situations and determining optimal parameters, we progress to discussing indications and recommended techniques for treating prevalent retinal conditions such as DME, PDR, RVO, and even peripheral lesions like lattices and HSTs. Additionally, we cover potential complications practitioners may encounter, including bleeding, choroidal detachments (CDs) and Macular edema.

1. Basics of Retinal Lasers-Laser Delivery Systems, Lens Selection & Parameters (7 mins) : **Dr. Prithvi Chandrakanth**
2. Managing Macular Edema with Focal and Grid Laser Treatments (8 mins) : **Dr. BASIL GEORGE P**
3. Mastering Pan-Retinal Photocoagulation for Proliferative Diabetic Retinopathy (7 mins) : **Dr. Rohan Suresh Ninan**
4. Vascular Occlusions: Indications and Technique (7 mins) : **Dr. Shishir Verghese**
5. Peripheral Lesions: Treatment Indications and Techniques (8 mins) : **Dr. Shishir Verghese**
6. Follow up & Addressing Complications from Laser Treatment (8 mins) : **Dr. Menon Rahul Radhakrishnan**
7. Among smart green laser system...smart management for all retinal laser indications. (8 mins) : **Dr. Natasha Radhakrishnan**

Panel Discussion : (2 mins)



IC82 - Keratitis demystified

Date :	30-11-2025
Time :	11:00-11:55
Hall :	POOLSIDE HALL

Dr.Sarath S

Keratitis is a common and dreaded Corneal emergency across the globe which requires immediate interventions. Timely diagnosis and proper treatment often saves sight and sequelae. This IC covers a spectrum of infective and non infective keratitis, systematic and algorithmic approach to diagnosis and management which will be helpful from ophthalmologists in training and practitioners. It also aims at throwing light at recent advances in diagnosis and managements in the era of AI.

1. Systematic diagnostic approach to a case of infective keratitis. (10 mins) : **Dr. Dr.VEENA B**
2. Immune Keratitis - An algorithmic approach to clinical diagnosis and management (10 mins) : **Dr. NIMMY RAJ**
3. Atypical Keratitis and Emerging Corneal Infections (10 mins) : **Dr. Sanjeev Srinivas**
4. Surgical strategies in keratitis - Scalpel the savior (10 mins) : **Dr. Sarath S**
5. Recent advances and future directions in diagnosis and management of keratitis (10 mins) : **Dr. Ruchika Pattanaik**

Panel Discussion : (5 mins)



IC86 - Transitions in phaco surgery - Evolving as a surgeon

Date :	30-11-2025
Time :	12:00-12:55
Hall :	POOLSIDE HALL

Dr.Sunitha M Kuriakose

Cataract surgery like any other surgical skill is an ongoing learning experience. One learns, unlearns and relearns through each case. Through this IC we hope to help evolving surgeons hone their surgical skills from SICS (Small incision cataract surgery) to phacoemulsification to MICS (Microincision cataract surgery) to LRCS (Laser-refractive cataract surgery). We hope to provide guidance in enhancing their surgical experience to be a confident clear-corneal topical microincision temporal cataract surgeon. This IC also deals with tips to tackle complicated cataract cases especially with the aids of hooks and rings. We also speak on how to select the right patient for high end lenses like Multifocal, Toric and EDOF lenses and points to keep in mind especially for a young surgeon who has handled only monofocals before. We thus hope to provide tips for a smooth transition from an novice surgeon to confident independent one.

- | | |
|---|---------------------------|
| 1. Transition from SICS to Phacoemulsification (8 mins) | : Dr. Arathi V.Panicker |
| 2. Transitions from Blocks to Topical cataract surgeries (8 mins) | : Dr. Dilip Kumar P |
| 3. Transition in incisions- clear corneal, temporal, Microincision cataract surgery (8 mins) | : Dr. KAMILA AJEEZ |
| 4. Transition from Phacoemulsification To LRCS (Laser-refractive cataract surgery) (8 mins) | : Dr. Sunitha M Kuriakose |
| 5. Transition from simple to complicated cases - use of surgical Aids like hooks and rings (8 mins) | : Dr. Sarath Sivan N V |
| 6. Transition from Monofocal to Torics / EDOFs / Multifocals (8 mins) | : Dr. Isham |

Panel Discussion : (7 mins)



IC28 - The Myopia mission: Practical guide for establishing myopia control clinic

Date :	30-11-2025
Time :	13:00-13:55
Hall :	POOLSIDE HALL

Dr. Anila George

With the global rise in myopia, especially among children and adolescents, there is an increasing need for dedicated myopia management services. This instruction course offers a practical roadmap for setting up a myopia clinic within an ophthalmology practice. Topics include infrastructure planning, patient flow design, key diagnostic tools, and integration of evidence-based treatment options such as atropine therapy, orthokeratology, and myopia control spectacles. Emphasis will be placed on patient selection, counseling strategies, follow-up protocols, and practice-building tips. Through real-world examples and clinical pearls, the course aims to empower ophthalmologists to confidently establish and run a successful myopia clinic that meets both clinical and community needs.

1. Changing The Trajectory: Why every ophthalmic practice needs Myopia Clinic (10 mins) : **Dr. Anila George**
2. Setting the foundation: infrastructure and workflow for myopia clinic (12 mins) : **Dr. Resmi Bhaskar**
3. Key Note Address : Tackling myopia progression: choosing the right tools for right patient (14 mins) : **Dr. Leila Mohan**
4. Keeping eye on progressive: monitoring and adjusting myopia therapy (12 mins) : **Dr. Awungshi Philamazan**

Panel Discussion : (7 mins)



**IC25 - "SEEING CLEARLY- ESSENTIAL
EXAMINATION SKILLS IN
OPHTHALMOLOGY FOR POST
GRADUATES"**

Date :	30-11-2025
Time :	08:00-08:55
Hall :	PERGOLA HALL

Dr.Sija S

For young ophthalmologist, mastering basic eye examination techniques is crucial .It helps to establish a strong foundation ,build confidence and helps in critical thinking and problem solving skills. The strong foundation enables ophthalmologists to provide high quality patient care, make accurate diagnosis and develop effective treatment plans.It also helps them to familiarize with diagnostic equipment and tools at early stage

1. "Lifting the veil : a comprehensive guide to ptosis evaluation " (10 mins) : **Dr. Dalia S**
2. "Sticking out : quantifying ocular displacement" (10 mins) : **Dr. Sija S**
3. "Unlocking the angle"- Gonioscopy techniques for clinicians (10 mins) : **Dr. Leema Rose Thomas**
4. "Prism and cover "-a step by step guide to measurement of ocular deviation. (10 mins) : **Dr. Divya Kishan**
5. "HD retinal insight :slit lamp biomicroscopy with 90 D and 78 D lens (10 mins) : **Dr. Dhanya R S**

Panel Discussion : (5 mins)



IC37 - Demystifying the Neuro Ocular Highway

Date :	30-11-2025
Time :	09:00-09:55
Hall :	PERGOLA HALL

Dr.Remya Edachery

This instruction course provides a structured and practical overview of disorders affecting eye movements and ocular function, spanning from the muscle and neuromuscular junction to cranial nerve nuclei and supranuclear pathways. We will delve into muscular and neuromuscular disorders with ocular manifestations, cranial nerve palsies, and complex supranuclear and internuclear syndromes. Through a combination of case-based discussions and evidence-based guidelines, the course will equip attendees with practical tools for evaluating diplopia, ptosis, ophthalmoplegia, and facial nerve involvement. A strong emphasis will be placed on neuroanatomical localization, helping clinicians understand how structural pathways relate to specific clinical signs and symptoms. Tailored for general and neuro-ophthalmologists alike, this course bridges fundamental concepts with real-world clinical relevance.

1. Myopathies and the eye (10 mins) : **Dr. Monisha Mohan**
2. The droopy eye mystery: Decoding third nerve palsy (10 mins) : **Dr. Remya Edachery**
3. Tilts and turns-Understanding 4th and 6th nerve palsies (10 mins) : **Dr. Sumitha Muthu**
4. From Bells to Brainstem: Tracing the facial nerve (10 mins) : **Dr. Rose Mary Tomy**
5. Beyond Nuclei:Supranuclear and Internuclear disorders (10 mins) : **Dr. NEENA R**

Panel Discussion : (5 mins)



IC10 - Cataract surgery in patients with ocular comorbidities

Date :	30-11-2025
Time :	10:00-10:55
Hall :	PERGOLA HALL

Dr.KALAIMATHI G S

Cataract surgery is one of the most commonly performed and highly successful procedures in ophthalmology. However, in patients with pre-existing ocular comorbidities such as uveitis, corneal opacities, traumatic subluxation of lens, previous vitrectomy, crowded eyes, the surgical approach can be significantly more complex. These conditions pose unique challenges that demand tailored preoperative assessment, intraoperative modifications, and vigilant post operative care to optimize outcomes and minimize complications.

This instruction course aims to provide a comprehensive overview of cataract surgery in the presence of various ocular comorbidities. It will highlight practical strategies, surgical techniques, decision making algorithms that can help the surgeon navigate these complex scenarios.

Keynote address - Intracameral Antibiotics - Fact or Myth (7 mins) : **Dr. J S Bhalla**

1. Handling Uveitic Cataract (10 mins) : **Dr. Vinita Girish Rao**

2. Phacoemulsification in eyes with corneal opacities. (10 mins) : **Dr. Aneeta Jabbar M**

3. Surgical challenges in Traumatic Cataract Management (10 mins) : **Prof. Thomas Kuriakose**

4. Phacoemulsification in vitrectomized eye-What a surgeon should know (8 mins) : **Dr. KALAIMATHI G S**

5. Cataract Surgery in Nanophthalmos and Colobomatous eye (10 mins) : **Dr. Sandhya N**



IC85 - Perioperative Medications in Cataract Surgery

Date :	30-11-2025
Time :	11:00-11:55
Hall :	PERGOLA HALL

Dr. Rajesh O T

Even in uneventful cataract surgery one needs to initiate/ modify the oral, topical, Periocular or intraocular medications for achieving optimal visual results. This includes the use of anti inflammatory, pupil dilating, anesthetic medications. The surgeon might have to modify the antiglaucoma medications for cataract surgery . The surgeon will sometimes have to give Intra viral injections in conjunction with cataract surgery, preoperatively, Intra operatively or postoperatively. All these will be discussed in detail in this instruction Course

1. Topical Steroids and NSAIDs - Choice, frequency and duration - Dr Rajesh O T (7 mins) : **Dr. Rajesh O T**
2. Perioperative Antibiotics: Oral topical intracameral and in BSS Dr Prafulla K Maharana (7 mins) : **Dr. Gopal S Pillai**
3. Modification of peri operative anti glaucoma medication in Cataract Surgery - (7 mins) : **Dr. Mithun Thulasidas**
4. Use of Anti VEGF agents in Cataract Surgery - Choice and Timing (7 mins) : **Dr. Srinivas Joshi**
5. Management of Dry eye, Meibomian Gland Dysfunction and associated symptoms (7 mins) : **Dr. Rajesh Sinha**
6. Medical Management to prevent posterior segment complications including endophth,TASS and CME (7 mins) : **Dr. Prithvi Chandrakanth**

Panel Discussion : (13 mins)



IC41 - Complications of Glaucoma treatment techniques, A discussion based on clinical cases

Date :	30-11-2025
Time :	12:00-12:55
Hall :	PERGOLA HALL

Dr. Veena Viswam

Glaucoma treatment techniques are various in the present scenario. All such methods may be associated with complications as well. This applies to the various drug therapies as well as in laser techniques, Trabeculectomy and MIGS. This course is a discussion based on clinical cases presenting as complications of Glaucoma treatment

Keynote address - Bleb leak - Identification and management (9 mins)

: Dr. J S Bhalla

1. Complications of drug therapy in Glaucoma (12 mins)

**: Dr. Rani
Balamuralikrishnan**

2. Complications of Glaucoma laser treatment, case based discussion (10 mins)

: Dr. Veena Viswam

3. Complications of Trabeculectomy - A case based discussion (12 mins)

: Dr. Smita Narayan

4. Complications of MIGS in Glaucoma, A discussion based on clinical cases (12 mins)

: Dr. Ganesh V Raman



IC53 - When your work plays villain to your vision-a discussion on workplace injuries .

Date :	30-11-2025
Time :	13:00-13:55
Hall :	PERGOLA HALL

Dr. Deepa M G

Workplace injuries and visual problems account for a significant portion of cases of preventable blindness across the world. In India the percentage of occupational causes ranges from 22-27 percent in various studies across India. Analysis on these cases often reveal lack of adequate precautions at the workplace, lack of proper awareness about the gravity of the situation among the workers and a delay in proper treatment as causes affecting the visual outcome.

As ophthalmologists it is our duty to be fully aware of the various injuries, the emergency management, the need for timely intervention/referral and the medic legal implications in these cases.

This instruction course aims at precisely showcasing common occupational injuries, the causes, investigations and management. This shall be informative to all practising ophthalmologists alike whether in a clinic or a hospital, whether at the periphery or a tertiary care centre.

1. One splash can change your life-Chemical injuries (10 mins) : **Dr. Dhanya V S**
2. 1. That fatal flash-Thermal Injuries. (7 mins) : **Dr. Deepa M G**
3. The catastrophe behind-posterior segment injuries and intra ocular foreign bodies (10 mins) : **Dr. Mahesh G**
4. As blunt as it can get-causes, effects and prognosis of blunt trauma (8 mins) : **Dr. Sindhu N M**
5. Digital Eyestrain-Befriending the inevitable evil. (5 mins) : **Dr. Deepa M G**

Panel Discussion : (15 mins)



IC36 - MASTERING THE MEDS: A DEEP DIVE INTO GLAUCOMA PHARMACOTHERAPY

Date :	30-11-2025
Time :	08:00-08:55
Hall :	STUDIO HALL

Dr.Soumya P P

Medical management of glaucoma still plays a crucial role in the glaucoma treatment. A thorough knowledge of the medicines, whether choosing the first line of therapy or fixed drug combination to non- responders to new investigational drugs on radar is very important. This IC emphasis on detailed and thorough evaluation of the facts in the medical management of glaucoma which will be helpful of general ophthalmologists, glaucoma specialists, postgraduates. The topics are dealt by eminent faculties who are expertise at this field.

1. CHOOSING THE FIRST LINE THERAPY: ONE SIZE FITS ALL? (8 mins) : **Dr. Manju M**
2. FIXED DRUG COMBINATIONS: ARE THEY THE FUTURE? (12 mins) : **Dr. Bindu S Ajith**
3. WHEN MEDS FAIL: IDENTIFYING TREATMENT NON - RESPONDERS (8 mins) : **Dr. Swetha K**
4. BEYOND DROPS: THE ROLE OF NEUROPROTECTION IN GLAUCOMA (8 mins) : **Dr. Soumya P P**
5. NEW HORIZONS: INVESTIGATIONAL DRUGS ON RADAR (8 mins) : **Dr. Kavya Subramanian**

Panel Discussion : (11 mins)



IC51 - The Phacoemulsification Toolkit: From Fundamentals to Fine-tuning

Date :	30-11-2025
Time :	09:00-09:55
Hall :	STUDIO HALL

Dr.Ambika Shetty

This instruction course is designed for intermediate to experienced cataract surgeons seeking to refine their skills and confidently manage a spectrum of challenging scenarios encountered in daily practice. Through a combination of video demonstrations and interactive case discussions, participants will gain practical insights to optimize surgical outcomes in common and complex cataract cases. The course will delve into the nuances of pre- operative assessment, surgical planning and intraoperative management for specific cataract sub-types and associated conditions.

1. Keynote address - Management of coexisting cataract and glaucoma (12 mins) : **Dr. Vinita Ramani**
2. Navigating Cataract surgery with concurrent medical conditions (9 mins) : **Dr. Manasa**
3. From Very Soft to Rock Hard cataract: Surgical planning and Execution (9 mins) : **Dr. Sreeni Edakhlon**
4. Taming the Floppy Iris : Essential tips and tricks for IFIS cases (9 mins) : **Dr. Ambika Shetty**
5. Step-by- step approach to posterior polar cataract (9 mins) : **Dr. Rakhi Dcruz**

Panel Discussion : (7 mins)



IC64 - 'Mea culpa!': Confessions and Dilemmas of Ophthalmic Entrepreneurs

Date :	30-11-2025
Time :	10:00-10:55
Hall :	STUDIO HALL

Dr.SANITHA SATHYAN

Entrepreneurship in Ophthalmology is fraught with trials and tribulations. Though the challenges are exciting to win through, it is no overstatement that many of the lessons are learnt the hard way and much blood and sweat would have been spilled before you actually got a grasp of the situation. In this session, we try to analyze the paths traversed by docpreneurs with insightful introspection, clarity of hindsight and honest conversations. The session covers topics on legal and statutory compliances, finance, marketing, team building and trade-offs. This session provides an opportunity to hear from the 'horses' mouth' for anyone interested in understanding about the struggles of entrepreneurship and to navigate their own path within the maze. We highly recommend this session for young ophthalmologists and other aspiring entrepreneurs, eager to start their own ophthalmic practice.

1. Navigating Legal Labyrinths"; how statutory and legal blind spots were negotiated (6 mins) : **Dr. Sameera V V**
2. "The Money Map": choices that shaped the business and its scaling up (6 mins) : **Dr. MINUDATH K B**
3. 'The team that wasn't!': challenges in building and sustaining teams (6 mins) : **Dr. Preethy Prasanth**
4. "Missed Chances and Mistaken Priorities" Opportunity costs of skills and choices (6 mins) : **Dr. SANITHA SATHYAN**
5. "Power Plays & Tug-of-War": internal politics and external competition (6 mins) : **Dr. Merine Paul**
6. The Personal Cost of a Professional Dream": Burnout, boundaries, and finding balance (6 mins) : **Dr. Natasha Radhakrishnan**

Panel Discussion : (19 mins)



IC54 - Adnexal trauma-how to set it right

Date :	30-11-2025
Time :	11:00-11:55
Hall :	STUDIO HALL

Dr.Soumya Narayanan

Trauma to lid and orbit is a very common condition we encounter in our clinic, either minor or major especially if you are in a multi specialty hospital. It is very important to manage these cases with great care to restore anatomy, function and aesthetics. So here in this instruction course we will be delivering the trips and tricks in managing adnexal trauma along with the latest treatment in this area.

1. Approach and initial management of Adnexal Trauma (7 mins) : **Dr. Aparna K S**
2. When the lid is torn.. (12 mins) : **Dr. Ani Sreedhar**
3. Orbital trauma management (12 mins) : **Dr. MARIAN PAULY**
4. Canalicular lacerations-restoring the tear drainage (7 mins) : **Dr. Indu B Narayanan**
5. Animal bite and Facial burns (8 mins) : **Dr. Soumya Narayanan**

Panel Discussion : (9 mins)



IC44 - SMART VISION STARTS YOUNG: A PRACTICAL APPROACH TO PEDIATRIC REFRACTION

Date :	30-11-2025
Time :	12:00-12:55
Hall :	STUDIO HALL

Dr. Anjana Nair S

This instruction course aims to equip ophthalmologists with essential skills for effectively managing pediatric refraction. Pediatric patients present unique challenges that demand a specialized approach integrating clinical expertise, child friendly techniques and collaborative care involving parents and care givers. This session will cover core principles, practical strategies & common pitfalls to help clinicians optimize visual outcome for children. Special emphasis will be placed on understanding the unique needs of kids with systemic and neurological comorbidities. This course aims to bridge the gap between theoretical knowledge and everyday clinical application in pediatric eye care.

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| 1. SMART STARTS IN PEDIATRIC REFRACTION: THE BASICS (9 mins) | : Dr. Anjana Nair S |
| 2. PEDIATRIC REFRACTION IN SPECIAL KIDS (9 mins) | : Dr. Rosemary C Anthony |
| 3. DECODING MYOPIA IN KIDS (9 mins) | : Dr. Awungshi Philamazan |
| 4. A PARENT'S GUIDE TO CHOOSING AND CARING FOR KID'S SPECTACLES (9 mins) | : Dr. Thomas Arun Varghese |
| 5. BINOCULAR VISION ANOMALIES IN KIDS (9 mins) | : Dr. SANITHA SATHYAN |

Panel Discussion : (10 mins)



IC61 - Decoding optic neuropathies: The role of OCT

Date :	30-11-2025
Time :	13:00-13:55
Hall :	STUDIO HALL

Dr.Mohamed Faheem P K

This instructional course explores the critical role of Optical Coherence Tomography (OCT) in evaluating optic neuropathies. Attendees will learn to differentiate glaucomatous from non-glaucomatous optic nerve damage using key OCT features such as RNFL patterns, rim loss, and macular ganglion cell complex changes. This course will teach specific OCT findings which will help us to reach a definite diagnosis of glaucoma. Special focus is given to OCT's application in neuro-ophthalmic conditions like disc edema, secondary optic atrophy, nutritional optic neuropathy and compressive optic neuropathies. Practical tips for interpretation and integration into clinical decision-making will be provided, empowering clinicians to unlock the full diagnostic value of Various OCT in clinical use.

1. Unlocking OCT Potential: Making the Most of Every OCT in : **Dr. Mohamed Faheem P K**
Optic Nerve Evaluation" (10 mins)
2. The Glaucomatous Disc Dilemma: Clarifying Diagnosis with : **Dr. Faisal T T**
OCT (10 mins)
3. Glaucomatous vs Non-Glaucomatous Optic Neuropathies: : **Dr. Nishitha P**
Decoding with OCT (10 mins)
4. Unmasking Neuro-Ophthalmic Diseases: The Role of OCT : **Dr. Hameed Obedulla**
in Differential Diagnosis (10 mins)

Panel Discussion : (15 mins)



IC62 - Paediatric Pearls to the General Ophthalmologists

Date :	30-11-2025
Time :	08:00-08:55
Hall :	MAJLIS HALL

Dr.Naina Hyder

Common paediatric ophthalmic situations which we encounter in our daily OPD needs to be revisited to give appropriate management to our little patients .Newer modalities of management has to be discussed which will benefit the general ophthalmologist and others alike .Concepts of visual rehabilitation following congenital cataract surgery, amblyopia,low dose atropine therapy,movement abnormalities,lacrimal drainage abnormalities needs case to case clinical discussions..

- | | |
|---|---------------------|
| 1. Child with spectacle - Dealing with myopia (8 mins) | : Dr. Naina Hyder |
| 2. Child with patch-Tips for Amblyopia management (8 mins) | : Dr. Arya A R |
| 3. Child with diplopia - Tackling the situation (8 mins) | : Dr. Gargi Sathish |
| 4. Child with watering- DD and management (8 mins) | : Dr. Minnu Parakal |
| 5. Key note - Visual Rehabilitation following congenital cataract surgery (15 mins) | : Dr. Leila Mohan |

Panel Discussion : (8 mins)



IC81 - Beyond drops: A video assisted skill transfer course on Lasers in Glaucoma

Date :	30-11-2025
Time :	09:00-09:55
Hall :	MAJLIS HALL

Dr.Nimitha Nageeb

This instructional course offers an overview of the role of laser therapies in the diagnosis and management of glaucoma. Laser procedures have revolutionized glaucoma care by providing a safe, effective, and minimally invasive approach to lower the intraocular pressure (IOP). Through video-assisted learning, participants will explore the most widely used laser treatments, including Selective Laser Trabeculoplasty (SLT), Laser Peripheral Iridotomy (LPI), and Cyclophotocoagulation (CPC), as well as emerging laser technologies. This course also covers the indications, mechanisms of action, procedural techniques, and expected outcomes associated with these commonly used lasers.

- | | |
|--|----------------------------|
| 1. Laser procedures: Introduction and consent (8 mins) | : Dr. Roshna Ahamed C |
| 2. Selective laser trabeculoplasty (10 mins) | : Dr. Veena Viswam |
| 3. Lasers for angle closure glaucoma – laser iridotomy and iridoplasty (10 mins) | : Dr. Sathyan P |
| 4. Diode Laser cyclophotocoagulation (10 mins) | : Dr. Nimitha Nageeb |
| 5. Newer laser and lasers in postoperative glaucoma management (10 mins) | : Dr. MEENA GOPINATH MENON |

Panel Discussion : (7 mins)



KERALA SOCIETY OF OPHTHALMIC SURGEONS

KSOS DRISHTI 2025

52nd Annual Conference of
Kerala Society of Ophthalmic Surgeons



Prof. K S Subramaniam P G Free paper Award session- Final

Date :	30-11-2025
Time :	10:00-10:55
Hall :	MAJLIS HALL

Prof. K S Subramaniam



IC60 - Normal Tension Glaucoma : A Diagnostic and Therapeutic Challenge

Date :	30-11-2025
Time :	11:00-11:55
Hall :	MAJLIS HALL

Dr. Maya T J

Normal tension glaucoma (NTG) remains one of the most perplexing subtypes of glaucoma, where characteristic optic nerve damage occurs despite statistically “ normal “ intraocular pressures. Its diagnosis demands heightened clinical suspicion and careful exclusion of secondary causes. NTG is particularly relevant today, with its higher prevalence in aging populations and Asian demographics. Understanding its multifactorial pathophysiology- including vascular dysregulation and systemic associations – is critical for effective management. Therapeutic strategies extend beyond IOP reduction, emphasizing neuroprotection and systemic risk control. Mastery of NTG challenges clinician to refine their diagnostic acumen and personalize treatment to preserve vision and quality of life

1. Understanding the Enigma : Pathophysiology of Normal Tension Glaucoma (9 mins) : **Dr. Swetha K**
2. Seeing the Unseen: Clinical Clues and Diagnostic Strategies (9 mins) : **Dr. Maya T J**
3. Beyond Intraocular Pressure : Risk Factor Identification and Management (9 mins) : **Dr. Abhilash Nair**
4. Tailored Therapy : Treatment Approaches in Normal Tension Glaucoma (10 mins) : **Dr. Smitha V K**
5. Monitoring Progression : Visual Field and Structural Surveillance (10 mins) : **Dr. Manju M**

Panel Discussion : (8 mins)



IC93 - ANTI-VEGF REGIMENS IN VARIOUS RETINAL DISEASES.

Date :	30-11-2025
Time :	12:00-12:55
Hall :	MAJLIS HALL

Dr. Vineetha Vijayan

The development of anti-vascular endothelial growth factor (anti-VEGF) agents has revolutionised the treatment of retinal vasogenic conditions. Ocular angiogenesis and macular oedema are the major causes of sight loss across the world. Aberrant neovascularisation, which may arise secondary to numerous disease processes, can result in reduced vision as a result of oedema, haemorrhage and scarring. Anti-VEGF agents are now commonly employed for the treatment of a plethora of ocular pathologies including choroidal neovascularisation, diabetic macular oedema, and retinal vein occlusion to name a few. In this session, we will explore the current use of anti-VEGF in a variety of retinal diseases like Age related macular degeneration, diabetic retinopathy, retinal vascular occlusion, pachychoroid diseases. We shall also discuss the complications of Anti-VEGF agents, the newer drug delivery systems and the impact that these medications have had on the visual outcome for patients.

1. ANTI-VEGF TREATMENT REGIMENS IN AGE RELATED
MACULAR DEGENERATION (8 mins) : **Dr. Ponny J Kumar**
2. ANTI-VEGF TREATMENT REGIMENS IN DIABETIC
MACULAR OEDEMA (8 mins) : **Dr. Subha kurian k**
3. ANTI-VEGF TREATMENT REGIMENS IN RETINAL
VASCULAR OCCLUSION (8 mins) : **Dr. Neethu Pradeep**
4. ANTI-VEGF TREATMENT REGIMENS IN
PACHYCHOROID DISEASES (8 mins) : **Dr. Vineetha Vijayan**
5. OCULAR COMPLICATIONS OF ANTI-VEGF AGENTS (8
mins) : **Dr. Niya Joy**
6. NEWER DIRECTIONS OF PHARMACOTHERAPY IN
ANTI-VEGF AGENTS (8 mins) : **Dr. Sajini P**

Panel Discussion : (7 mins)



**DR KGR NAIR MEMORIAL FREE
PAPER AWARD SESSION**

Date :	30-11-2025
Time :	13:00-13:55
Hall :	MAJLIS HALL

[FP3] - Flow capsulorhexis: A novel technique in white and hypermature cataracts

Chief & Presenting author : Dr.Mithun Thulasidas (KSOSID2450)

[FP21] - Unilateral Viral Endothelitis Following Mumps Infection in Children: A Case Series&Literature Review

Chief & Presenting author : Dr.Athira Devaraj (KSOSID2477), Dr.SOURAV DAMODARAN

[FP38] - Bleeding/Post-operative Vitreous Cavity Haemorrhage After Silicone Oil Removal

Chief & Presenting author : Dr.Supreme Goel , Dr.Manoj S

[FP58] - "Training the Brain to See: A Data-Driven Look at Perceptual Learning Therapy in Amblyopia"

Chief & Presenting author : Dr.NAMITHA V G (KSOSID2271), Dr.NEENA R

[FP95] - Pigment Dispersion and Raised IOP Following Phakic Intraocular Lens Implantation: A Case Series

Chief & Presenting author : Dr.ASHA VARGHESE (KSOSID2446), Dr.Vinay S Pillai

[FP105] - Sweat gland tumors of eye lid- A clinicopathological study

Chief & Presenting author : Dr.Shebin salim (KSOSID1991), Dr.MARIAN PAULY, Dr.Samvedya Veenish U O, Dr.SRUTHI R S

[FP112] - Efficacy of Diode CPC Alone vs Combined with Intravitreal Bevacizumab in NVG Management

Chief & Presenting author : Dr.Nimitha Nageeb (KSOSID1610), Dr.Bindu S Ajith

[FP113] - LOOK BEYOND, MAKE WINDOW BRING LIGHT TO LIFE- ONSF WITH OR WITHOUT TP SHUNT IN ATROPHIC PAPILLODEDM

Chief & Presenting author : Dr.Gemini Isac (KSOSID1872), Dr.Sreelekha Sreedhara Kurup



KERALA SOCIETY OF OPHTHALMIC SURGEONS

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[FP125] - "Burr polishing + alcohol delamination for recurrent corneal erosion: 2-year efficacy/safety results

Chief & Presenting author : Dr.Sujith Nayanar V (KSOSID0968)



TACO POSTER

[TP2] - Touchless Clarity- 12 month breakthrough after Trans PRK

Chief & Presenting author : Dr.Nadhna Basheer (KSOSID1759), Dr.Miriam Joseph,
Dr.MINUDATH K B

[TP3] - The Hazy Aftermath: When Biocompatibility Meets It's Limit..

Chief & Presenting author : Dr.APARNA R (KSOSID2106), Dr.Rajan Cyriac

[TP4] - "All Swellings Are Not Infections: A Rare Orbital Presentation of Small Lymphocytic Lymphoma"

Chief & Presenting author : Dr.MERINE BABY (KSOSID2319A), Dr.Latha Mohan N V

[TP5] - A healthy race against an unexpected guest

Chief & Presenting author : Dr.SWALIHA ABDULL NASSER (KSOSID2661A), Dr.DR
HALEEMA.A

[TP6] - BEYOND BLOOD ; WHEN THE UNINVITED GUEST LOOKS YOU IN THE EYE

Chief & Presenting author : Dr.NAYANA M B (KSOSID2485A), Dr.C V Anthrayose
(Andrews), Dr.Manna Maria James

[TP7] - A CASE OF ATYPICAL RETROBULBAR NEURITIS WITH COGAN-REESE
SYNDROME

Chief & Presenting author : Dr.SHAHINA BASHEER (KSOSID2646A), Dr.Lekshmi Sree O
C, Dr.Parvathy R, Dr.Mathew Shaji

[TP8] - Homocysteine – The Silent Threat

Chief & Presenting author : Dr.Mini David K (KSOSID1840), Dr.Sheena Liz Mani

[TP9] - The Drooping Eyelid that told a sinister story

Chief & Presenting author : Dr.Remya Edachery (KSOSID1458)

[TP10] - LOOKING DEEPER: CHRONIC SEROUS RETINAL DETACHMENT UNVEILS A
POLYPOIDAL MYSTERY.

Chief & Presenting author : Dr.REHNA IBRAHIMKUTTY (KSOSID2286)

[TP11] - NORMAL PRESSURE HYDROCEPHALUS-INDUCED OPEN ANGLE GLAUCOMA

Chief & Presenting author : Dr.MEERA R (KSOSID2000A), Dr. Jithin P



[TP12] - Beyond the Skin:Ocular Challenges in a Neonate with Congenital Ichthyosis

Chief & Presenting author : Dr.Roshni Suresh (KSOSID2695A), Dr.Shamin Jacob

[TP13] - "INWARD BOUND, OUTWARD LOST: WEBINO- A NEURO OPHTHALMIC PUZZLE"

Chief & Presenting author : Dr.Resmina K T (KSOSID2410A), Dr.Risha Ravindran

[TP14] - DECODING THE INTERNAL WHOOSH

Chief & Presenting author : Dr.ShivaManoj (KSOSID2659A), Dr.Rekha R S, Dr.Bindu Thampi

[TP15] - FLOPPY IRIS IN A FEMALE: THINK FOR A REASON

Chief & Presenting author : Dr.JAINY JOSEPH EMMATTY (KSOSID1216), Dr.Gigi Augustine T

[TP16] - "An uncommon culprit in fungal keratitis: Pseudallescheria boydii"

Chief & Presenting author : Dr.VISMAYA RAJ G (KSOSID2549A), Dr.Hafsa Ibrahim K M, Dr.Sharika, Dr.Najla K

[TP17] - "The lacrimal masquerade" -Dacroadenitis or pseudotumor

Chief & Presenting author : Dr.Alina V Ajith (KSOSID2630A), Dr.Jyothi PT

[TP18] - The Fiery Eye: A Case of Necrotising Sclerouveitis

Chief & Presenting author : Dr.Gopika PK (KSOSID2558A), Dr.Sharika, Dr.Hafsa Ibrahim K M

[TP19] - A UNIQUE PRESENTATION-STURGE WEBER SYNDROME WITH CHOROIDAL HEMANGIOMA,2°GLAUCOMA & C/L NAEVUS OF OTA

Chief & Presenting author : Dr.Sandeep Krishnan (KSOSID2617A), Dr.Ruby M V, Dr.Raju K V

[TP20] - A Twisting Gaze: INO and Upgaze Palsy Revealing CNS Cysticercosis

Chief & Presenting author : Dr.Rakhi Dcruz (KSOSID1648)

[TP21] - Fuchs uveitis syndrome-An unusual suspect in ophthalmology

Chief & Presenting author : Dr.Aparna Anand (KSOSID2176), Dr.RAKHESH CHANDRAN, Dr.Soman Mani, Dr.Dr Jayalakshmi Radhakrishnan



[TP22] - A RARE WAR OF THE GENES

Chief & Presenting author : Dr.Anisha Tresa Augustin (KSOSID1752)

[TP23] - Beyond the Craniofacial Deformity: Globe Luxation in Crouzon Syndrome – A Rare Case Report

Chief & Presenting author : Dr.Sheryl Rabby (KSOSID2584A), Dr.Twinkle Anne Goerge

[TP24] - Bilateral CNVM and Optic Disc Neovascularization in VKH: A Rare Ocular Complication Spectrum

Chief & Presenting author : Dr.HAREESHMA N K (KSOSID2635A), Dr.SANDHYA SOMASUNDARAN, Dr.Arun Kumar A

[TP25] - When glaucoma isn't what it seems- A surprising twist in the tale!

Chief & Presenting author : Dr.ELIZA J PAUL (KSOSID2681A), Dr.Bindu Thampi, Dr.Rekha R S

[TP26] - A RARE CASE OF BILATERAL CHOROIDAL OSTEOMA IN YOUNG FEMALE, DIAGNOSED WITH MULTIMODAL IMAGING

Chief & Presenting author : Dr.Deepthi Roy S (KSOSID2666A), Dr.Niji Valsan

[TP27] - CENTRAL RETINAL ARTERY OCCLUSION REVEALING A RARE CONGENITAL VASCULAR ANOMALY

Chief & Presenting author : Dr.SHAHNAS C K (KSOSID2636A), Dr.Arun Kumar A, Dr.Prasanna Kumari C, Dr.Sanaa Mohammed Konnakkodan

[TP28] - Before it clawed the optic Nerve- A case of choroidal Melanoma timely managed by enucleation.

Chief & Presenting author : Dr.Diana Mathew (KSOSID2671A), Dr.Nimmy J, Dr.Sudha Vaikkakara

[TP29] - A WINDOW TO RUBELLA : OCULAR CLUES TO MULTISYSTEM INVOLVEMENT IN CONGENITAL RUBELLA SYNDROME

Chief & Presenting author : Dr.Naseehath k (KSOSID2672A), Dr.Lekshmi G, Dr.Anju Abdulkhader, Dr.Kajal Seema S



[TP30] - UNMASKING A HIDDEN MALIGNANCY: A CASE OF ORBITAL METASTASIS

Chief & Presenting author : Dr.Clint Francis (KSOSID2567A), Dr.C V Anthrayose (Andrews), Dr.Anita Jose Thoppil, Dr.Monsy Thomas Mathai

[TP31] - Plasmodrama in the Orbit-o-Rama.Out of sight, out of marrow?Not every blind spot is an ocular affair

Chief & Presenting author : Dr.Aishwarya Pillai (KSOSID2618A), Dr.Raju K V, Dr.Sapna Mohan, Dr.Anjali

[TP32] - When the optic nerve blooms: A floral disc haemorrhage signalling myelodysplasia.

Chief & Presenting author : Dr.Nikhila K (KSOSID2481A), Dr.Deena Mariam Babu, Dr.Ananthu Gopan, Dr.MIDHUN S R

[TP33] - Eyelid enigma : An unusual case of cutaneous keratocyst.

Chief & Presenting author : Dr.AISWARYA J S (KSOSID2483A), Dr.Deena Mariam Babu, Dr.Revathy G S, Dr.Anju Abdulkhader

[TP34] - The Missing Muscle and the Rising Pressure- Ocular Manifestation in Poland syndrome

Chief & Presenting author : Dr.Bindu S Ajith (KSOSID0779), Dr.Mohitha Mohan, Dr.SHIKHA SURESH, Dr.Soumya Nambiar

[TP35] - Success story of interferon alpha over OSSN:A case report

Chief & Presenting author : Dr.Radhika M (KSOSID2680A), Dr.Diana Mathew, Dr.Sinumol S

[TP36] -

PEERINGTHROUGHTHELAYERSMULTIMODALIMAGINGINACASEOFPOSTMUMPS
BILATERALPROGRESSIVEOUTERRETINALNECROSIS

Chief & Presenting author : Dr.Theertha K T (KSOSID2648A), Dr.Charmaine Bridgette Solomon, Dr.Ranjini K, Dr.Arun Kumar A

[TP37] - "A Rare Glimpse: Unveiling Ocular Tuberculosis"

Chief & Presenting author : Dr.Juhaina Najeeb (KSOSID2647A), Dr.Bindu S, Dr.Arun Kumar A



[TP38] - Straatsma Syndrome: A Rare Ophthalmic Enigma

Chief & Presenting author : Dr.Hafsa KK (KSOSID2650A), Dr.Babitha V, Dr.Bindu S,
Dr.ARUNKUMAR A

[TP39] - Oral fenofibrate versus intravitreal dexamethasone implant for recalcitrant macular edema.

Chief & Presenting author : Dr.Jyothi R (KSOSID1576), Dr.Biju Raju, Dr.Raju N S D

[TP40] - A RARE CASE OF RECURRENT CONJUNCTIVAL CARCINOMA - DIAGNOSTIC AND THERAPEUTIC CHALLENGES

Chief & Presenting author : Dr.ASIYA M S (KSOSID2641A), Dr.Mallika O U, Dr.Sija S

[TP41] - WHEN OPHTHALMOPLEGIA HIDES A FUNGUS :CRAO LED CLUE TO MUCORMYCOSIS

Chief & Presenting author : Dr.SHAHAMA PM (KSOSID2664A), Dr.Dileep Kumar K V,
Dr.Suma Unnikrishnan, Dr.Rekha P S

[TP42] - 'STRANGLER VISION' : A RARE CASE OF CRAO FOLLOWING NEAR LETHAL HANGING

Chief & Presenting author : Dr.NAZLA FATHIMA K M (KSOSID2633A), Dr.Dr theertha k t,
Dr.Charmaine Bridgette Solomon, Dr.Padma B Prabhu

[TP43] - PEEKING THROUGH THE PUPIL: A TONGUE - SHAPED MYSTERY

Chief & Presenting author : Dr.KRISHNAPRIYA S (KSOSID2655A), Dr.Mallika O U,
Dr.Shalet Paul

[TP44] - RARE CORNEAL ULCER CAUSED BY CYLINDROCARPON FUNGUS

Chief & Presenting author : Dr.ASHITHA ASHRAF (KSOSID2675A), Dr.Sudha Vaikkakara

[TP45] - A rare case of Loeys-Dietz Syndrome with Familial Exudative Vitreoretinopathy

Chief & Presenting author : Dr.SALIMA RAJU (KSOSID2673A), Dr.Nimmy J,
Dr.Samyukta Sadasivan K

[TP46] - Through the Eyes,a Tumour Spoke:TED Unveiling Papillary Thyroid Carcinoma & a Therapeutic Tightrope

Chief & Presenting author : Dr.Meghana.M (KSOSID2616A), Dr.Raju K V, Dr.Soumya Narayanan, Dr.Lakshmi C



[TP47] - Unmasking the orbital pseudotumor: Master of disguise

Chief & Presenting author : Dr.MANJUSHA S (KSOSID2679A), Dr.Geethika Madhavan,
Dr.MIDHUN S R, Dr.Kajal Seema S

[TP48] - The Eye That Wouldn't Blink: A Diagnostic Mirage

Chief & Presenting author : Dr.MOHZINA P JALEEL (KSOSID2692A), Dr.Vandana
Pradeep

[TP49] - A Unique Case of Descemet Membrane Endothelial Keratoplasty Graft Obstructing
Glaucoma Tube Shunt

Chief & Presenting author : Dr.Mithun Thulasidas (KSOSID2450), Dr.Sujith Nayanar V

[TP50] - THE TAPERING TRAP : THERAPEUTIC CHALLENGES IN RECURRENT
SYMPATHETIC OPHTHALMIA

Chief & Presenting author : Dr.Athira Nandagopal (KSOSID2652A), Dr.SANDHYA
SOMASUNDARAN, Dr.Arun Kumar A

[TP51] - Miracle in the Orbit: Globe-Sparing Wooden Penetration

Chief & Presenting author : Dr.Sankar Dinesh Kamath (KSOSID2737A), Dr.Bini S T

[TP52] - Choroidal Detachment Masquerading as Angle closure attack

Chief & Presenting author : Dr.Bhagyalekshmi A V (KSOSID2644A), Dr.Ruby M V,
Dr.Jyothi PT

[TP53] - A NIGHTMARE AFTER A BITE

Chief & Presenting author : Dr.Praveena. K (KSOSID2594A), Dr.MARIAN PAULY,
Dr.Shebin salim

[TP54] - Unilateral Secondary Crystalline Lipid Keratopathy: A Rare Clinical Cascade

Chief & Presenting author : Dr.Akhila Mariam Sajan (KSOSID2709A), Dr.Greeshma M G,
Dr.Sheeba CS, Dr.Bini S T

[TP55] - SWAMPED BY SWAMP CANCER !

Chief & Presenting author : Dr.Natasha Radhakrishnan (KSOSID0845), Dr.Anjana Devi
R, Dr.Tisha Thomas Menacherry, Dr.ANJU LIZA ZACHARIAH



[TP56] - Title: A Case of Atypical Neuroretinitis

Chief & Presenting author : Dr.KRISHNENDU P (KSOSID2730A), Dr.Ruby M V, Dr.Chitra K R

[TP57] - TITLE: "NOT ALL THAT GLOWS IS MOG: WHEN LHON HIDES BEHIND ANTIBODIES"

Chief & Presenting author : Ms.Maneesha CM (KSOSID2637A), Dr.SANDHYA SOMASUNDARAN, Dr.Arun Kumar A

[TP58] - HIDDEN IN THE HISTORY : LETROZOLE'S LINK TO OCULAR INFLAMMATION

Chief & Presenting author : Dr.APARNA P (KSOSID2663A), Dr.Suma Unnikrishnan, Dr.Rekha P S, Dr.Dileep Kumar K V

[TP59] - Spotlight on the disc

Chief & Presenting author : Dr.Tisha Thomas Menacherry (KSOSID2463), Dr.Natasha Radhakrishnan, Dr.ANJU LIZA ZACHARIAH

[TP60] - A Rare Presentation of Autoimmune Disease with corneal perforation

Chief & Presenting author : Dr.Gopal Landge (KSOSID2733A), Dr.Pappa Padmavathi, Dr.Susan Philip

[TP61] - A Rare Case Of Bilateral Retrobulbar Optic Neuritis Revealing Multiple Sclerosis

Chief & Presenting author : Dr.Nisa M (KSOSID2687A), Dr.Lekshmi Sree O C

[TP62] - INFECTED SCC WITH METASTASIS - A RARE MALIGNANT TRANSFORMATION FROM A PRIMARY BENIGN TUMOUR

Chief & Presenting author : Dr.Hridya Dominic (KSOSID2639A), Dr.Gigi Augustine T, Dr.Lathika Vasu Kamaladevi

[TP63] - A rare case of xerophthalmia in adult

Chief & Presenting author : Dr.Bonamukkala tejasvi (KSOSID2683A), Dr.Sabna Sasidharan

[TP64] - When darkness strikes: a Choroidal Melanoma journey

Chief & Presenting author : Dr.Iyryn Maria Babu (KSOSID2660A), Dr.Arun Kumar A, Dr.Prasanna Kumari C, Dr.Sanaa Mohammed Konnakkodan



[TP65] - Efficacy of Interferon Alpha-2b Monotherapy in the Management of OSSN - A Case Series

Chief & Presenting author : Dr.LAKSHMI G SANTHOSH (KSOSID2742A), Dr.Bini S T,
Dr.Mini Mathew

[TP66] - A HEADACHE THAT SPOKE VOLUMES - LEUKEMIA SEEN THROUGH THE EYE

Chief & Presenting author : Dr.Sahla Siddique (KSOSID2550A), Dr.Sharika, Dr.Hafsa
Ibrahim K M

[TP67] - "The Pivotal Role of General Examination in Bilateral Proptosis: Cutaneous Clues
Reveal Metastasis"

Chief & Presenting author : Dr.ASHLIN FRANCY (KSOSID2726A), Dr.Reena Abdul
Rasheed

[TP68] - WHITE STREAKS AND BLURRED VISION:UNVEILING STRAATSMA
SYNDROME

Chief & Presenting author : Dr.DILSHADA FATHIMA C (KSOSID2444A), Dr.Revati
Ramesh, Dr.Mini David K

[TP69] - Unmasking the Masquerade: Uveal Effusion in a Case of Bilateral Nanophthalmos

Chief & Presenting author : Dr.GAYATHRI S (KSOSID2714A), Dr.Nimi R

[TP70] - Three Faces, One Challenge: Surgical Management of Eyelid Plexiform
Neurofibromas in Children

Chief & Presenting author : Dr.Anna kurian mullasseril (KSOSID2397), Dr.Ani Sreedhar

[TP71] - Unmasking Seronegative Rheumatoid Arthritis Through Eyes: Bilateral
Chorioretinitis and Vasculitis

Chief & Presenting author : Dr.NINA SAHINI CC (KSOSID2728A), Dr.Ruby M V

[TP72] - MOORENS ULCER : A BILATERAL CORNEAL BATTLE

Chief & Presenting author : Dr.Krishnapriya S (KSOSID2642A), Dr.Dalia S, Dr.Mallika O
U

[TP73] - A CASE OF JUVENILE X LINKED RETINOSCHISIS IN 12 YEAR OLD BOY

Chief & Presenting author : Dr.PARVATHY B (KSOSID2755A), Dr.Manjit PS



[TP74] - Carcinoma at the Margins: Redefining Reconstruction through Oculoplasty

Chief & Presenting author : Dr.SANJANA VINOD (KSOSID2654A), Dr.Padmasree K M

[TP75] - "A Piercing Insight: A Case Report on Open Globe Injury with a Metallic Intraocular Foreign Body"

Chief & Presenting author : Dr.Parvathy C Nair (KSOSID2668A), Dr.Manjit PS

[TP76] - "FEEL, IDENTIFY, INSTILL-THE TACT'EYE'LE WAY"

Chief & Presenting author : Dr.Adithya Surendran (KSOSID2456A), Dr.Prithvi Chandrakanth, Dr.Chandrakanth K S, Dr.NAFEESATHUL MISRIYA k

[TP77] - Contralateral Proptosis Secondary to SOV Thrombosis due to Left-Sided Carotico-Cavernous fistula

Chief & Presenting author : Dr.Muhammed Noufal kt (KSOSID2754A), Dr.Valsa T Stephen

[TP78] - "The Tale the Tail Left Behind: A Rare Meibomian Encounter"

Chief & Presenting author : Dr.BRINDA. K (KSOSID2452A), Dr.Prithvi Chandrakanth, Dr.Chandrakanth K S

[TP79] - Eyes that see clearly, a body that doesn't : retinal clues in pediatric tuberous sclerosis

Chief & Presenting author : Dr.ELSA MARIA KURUVILLA (KSOSID2682A), Dr.Lathika Vasu Kamaladevi , Dr.Gigi Augustine T

[FP80] - Rare Macular Dystrophy - A case report

Chief & Presenting author : Dr.Shawn Thomas Babu , Dr.Rohith Georgy Mathew

[TP80] - An interesting case of ocular sarcoidosis

Chief & Presenting author : Dr.ATHIRA C P (KSOSID2700A), Dr.Sony K Jose

[TP81] - Recurrent Anterior Scleritis as an Initial manifestation of Rheumatoid Arthritis- A Case report

Chief & Presenting author : Dr.DARSHANA AJITH (KSOSID2626A), Dr.Sony K Jose



[TP82] - Therapeutic Challenge- Managing Choroidal detachment after initial glaucoma treatment

Chief & Presenting author : Dr.ANJU MARY JACOB (KSOSID2662A), Dr.Arun Kumar A, Dr.Charmaine Bridgette Solomon, Dr.Ranjini K

[TP84] - "A Stroke Upon Waking": CRVO with Cilioretinal Artery Occlusion in a Middle-Aged Female

Chief & Presenting author : Dr.Raiza Noushin , Dr.Nimi R

[TP85] - Crouzon Syndrome with Craniosynostosis and Severe Right Eye Proptosis in a 10-Month-Old Twin

Chief & Presenting author : Dr.Aswini P (KSOSID2750A), Dr.Bini S T

[TP86] - When Migraine Relief Blinds : A Rare Case Of Topiramate Induced Ocular Emergency

Chief & Presenting author : Dr.SREEMOL J.O (KSOSID2332A), Dr.Beena V B

[TP87] - Silent but Sight Threatening: Occult GCA with sequential bilateral optic nerve involvement

Chief & Presenting author : Dr.Deepak B Harsh (KSOSID2621A), Dr.Mini P A

[TP88] - A Venomous Vision Crisis : Bilateral Central Retinal Vein Occlusion after Snakebite

Chief & Presenting author : Dr.Ann (KSOSID2759A), Dr.Gopal S Pillai

[TP89] - OCULAR FINDING IN CASE ACTIVE PULMONARY TUBERCULOSIS

Chief & Presenting author : Dr.Rajshekhar Singh (KSOSID2693A)

[TP90] - A Kaleidoscope of Cataracts: Unraveling a Unique Spectrum of Congenital Opacities

Chief & Presenting author : Dr.CHANDANA PRABHAKAR (KSOSID2453A), Dr.SAFEERA.k, Dr.Prithvi Chandrakanth, Dr.Chandrakanth K S

[TP91] - ONE PATIENT, TWO SURGERIES-ONE CLEAR CHOICE: PATIENT PREFERENCE BETWEEN MIGS AND TRABECULECTOMY

Chief & Presenting author : Dr.SHIKHA SURESH (KSOSID2413), Dr.Bindu S Ajith, Dr.Nimitha Nageeb, Dr.Mohitha Mohan



[TP92] - Blinding Clue: A Rare Vascular Duo Behind Sudden Vitreous Hemorrhage

Chief & Presenting author : Dr.Hanna Usman A (KSOSID2625A), Dr.Chandrakanth K S,
Dr.Kapil Kishorilal Barange , Dr.Sheela Viswanathan A K

[TP93] - When swollen lids aren't just inflammation: A hidden lymphoma

Chief & Presenting author : Dr.Vaishnavi Bashetty (KSOSID2701A), Dr.Sujithra H

[TP94] - Painful Blind Eye as the First Clue: A Case of Disseminated Malignancy

Chief & Presenting author : Dr.Najidhya Nazimudeen (KSOSID2656A), Dr.Geetha
Kumari P V

[TP95] - Seeing the Unseen : A Rare Case of Acute Retinal Necrosis

Chief & Presenting author : Dr.Saranya Haridas , Dr.Rehna Rasheed

[TP96] - Preceyes: A Precision Marker Instrument for Accurate Corneoscleral Button
Retrieval

Chief & Presenting author : Dr.Julie Antony (KSOSID2454A), Dr.Hanna Usman A,
Dr.Prithvi Chandrakanth, Dr.Chandrakanth K S

[FP97] - Role of Gonio massage in retinal artery occlusion

Chief & Presenting author : Dr.Kapil Kishorilal Barange , Dr.Shafeeja S

[TP97] - Ocular Manifestation of Autoimmune Bullous Pemphigoid

Chief & Presenting author : Dr.RONA VIJAYAN , Dr.Laly T U, Dr.ANISHA SALIM

[TP98] - DEYEGRAM: Where Art Meets Accuracy in Ophthalmology

Chief & Presenting author : Dr.NAFEESATHUL MISRIYA k (KSOSID2622A),
Dr.Chandrakanth K S, Dr.Prithvi Chandrakanth

[TP99] - A Lesion at the Lacrimal Gate

Chief & Presenting author : Dr.Ankith Nair (KSOSID2465A), Dr.Preeta Nair

[TP100] - When the sun becomes the enemy

Chief & Presenting author : Dr.Dhanya SD (KSOSID2686A), Dr.Preeta Nair

[TP101] - “ A Case of Refractory Chemosis with an Elusive Diagnosis”

Chief & Presenting author : Dr.Samvedya Veenish U O (KSOSID2480), Dr.MARIAN
PAULY, Dr.Shebin salim



[TP102] - Multimodal Imaging Characteristics of Autosomal Recessive Bestrophinopathy- A case series

Chief & Presenting author : Dr.Jyoti Prakash Vyas (KSOSID1113), Dr.Giridhar A, Dr.Mahesh G, Dr.Anubhav Goyal

[TP103] - Optic neuritis without orbital apex syndrome - a case of Onodi cell linked ethmoidal sinusitis

Chief & Presenting author : Dr.Biju Raju (KSOSID0733), Dr.Jyothi R, Dr.Raju N S D

[TP104] - Unmasking the Unusual: Lacrimal Sac Rhinosporidiosis Mimicking Mucocele

Chief & Presenting author : Dr.JITHU ANN SHAJI (KSOSID2729A), Dr.Naveena Saseendran

[TP105] - False-Positive Acetylcholine Receptor Antibody in Noonan Syndrome: A Diagnostic Challenge

Chief & Presenting author : Dr.Anjali Prabhakar (KSOSID1937), Dr.Leila Mohan, Dr.Soumya Nambiar

[TP106] - One Disc, Many Questions: Unilateral Papilledema in Idiopathic Intracranial Hypertension

Chief & Presenting author : Dr.Gajula shaik khalid (KSOSID2727A), Dr.Gopal S Pillai

[TP107] - A Mysterious retinochoroidal lesion!!

Chief & Presenting author : Dr.SAFEERA.k (KSOSID2631A), Dr.Kapil Kishorilal Barange , Dr.Sheela Viswanathan A K

[TP108] - "Beads on a string": Multiple Retinal Arterial Macroaneurysms along same arteriole

Chief & Presenting author : Dr.Kiran Chandran (KSOSID2430), Dr.Giridhar A, Dr.Mahesh G

[TP110] - "From Swelling to Stasis : A case of Chronic Papilledema Progressing to Venous Stasis Retinopathy"

Chief & Presenting author : Dr.Sanjoli Jindal (KSOSID2724A), Dr.Gopal S Pillai

[TP111] - WHISPERING FROM THE FORNIX: An Atypical presentation of Limbal dermoid

Chief & Presenting author : Dr.Mohammed Afnan KT (KSOSID2688A), Dr.Preeta Nair, Dr.Sachin Mathew George



[TP112] - Multimodal imaging in PPRCA

Chief & Presenting author : Dr.Vishakh Kumar Kadakketh (KSOSID1674), Dr.Mahesh G,
Dr.Giridhar A

[TP113] - Congenital tortuosity of Retinal Veins. A bilateral presentation

Chief & Presenting author : Dr.Raiza Paul (KSOSID1296), Dr.Ashapurna borgohain,
Dr.Ankith Nair, Dr.Mohammed Afnan KT

[TP114] - A Heavy lid Mystery : Mechanical ptosis as a clue to Tarsal Conjunctival
Amyloidosis

Chief & Presenting author : Dr.VAISHNA MEGHA (KSOSID2756A), Dr.V Anju Chandran

[TP115] - Congenital tortuosity of Retinal Veins: a Bilateral presentation

Chief & Presenting author : Dr.Raiza Paul (KSOSID1296), Dr.Ashapurna borgohain,
Dr.Ankith Nair, Dr.Mohammed Afnan KT

[TP116] - When DNA Repair fails: Ocular Surface Squamous Neoplasm (OSSN) in
Xeroderma Pigmentosum

Chief & Presenting author : Dr.Agrima (KSOSID2698A), Dr.Anil Radhakrishnan

[TP117] - From Blur to Bright: Caring Intervention Clears a Vascular Veil in Paediatric
Cataract Follow-Up

Chief & Presenting author : Dr.Trisha Yadu (KSOSID2620), Dr.NEENA R, Dr.Saikumar S
J

[TP118] - Google Surgical Logbook : A Smart Accessible Tool for Surgical Training
Documentation

Chief & Presenting author : Dr.Hredhya S Muraleedharan (KSOSID2403), Dr.Prithvi
Chandrakanth, Dr.Chandrakanth K S

[TP119] - NOT JUST A STARE : WHEN THE EYE BEATS WITH SECRETS

Chief & Presenting author : Dr.KRISHNA M S (KSOSID2437A), Dr.Dalia S, Dr.Shalet Paul

[TP120] - "Technique and Applications of Fine Needle Diathermy in Treating Corneal
Neovascularization"

Chief & Presenting author : Dr.Sujith Nayanar V (KSOSID0968), Dr.Mithun Thulasidas



[TP121] - Eyes That Drift Apart: WEBINO with Vertical Gaze Palsy in Progressive Supranuclear Palsy

Chief & Presenting author : Dr.Parvathy Gopan (KSOSID2732A), Dr.Greeshma M G

[TP122] - A rare case of adult onset coats disease.

Chief & Presenting author : Dr.Raghu A C (KSOSID2457)

[TP123] - Rare presentation of bilateral salmon patch in an adult with Acute myeloid leukaemia

Chief & Presenting author : Dr.Thanusree P (KSOSID1827)

[TP124] - “Double vision, double trouble”: When Wernicke’s strikes the eyes

Chief & Presenting author : Dr.Namitha n rose (KSOSID2696A), Dr.Leena Mariyam Varghese, Mrs.Bijinu Mary Philip , Dr.Sumi Lukose

[TP125] - Unravelling Purtschers - The Silent Storm

Chief & Presenting author : Dr.Kavya P Sivesh (KSOSID2725A), Mrs.Bijinu Mary Philip , Dr.Sumi Lukose, Dr.Leena Mariyam Varghese

[TP126] - Role of Anti-VEGF therapy in the Management of Tubercular Choroidal Granuloma: A Case Report

Chief & Presenting author : Dr.Ansumi M S (KSOSID2460), Dr.Aswin P R, Dr.Syed Mohideen Abdul Khader