



**IC79 - RED EYE RELOADED-
PRACTICAL GUIDE TO DIAGNOSIS
AND MANAGEMENT IN GENERAL
OPHTHALMOLOGY**

Date :	28-11-2025
Time :	08:30-09:25
Hall :	STUDIO HALL

Dr.Nadhna Basheer

Red eye is one of the most frequent and multifaceted complaints encountered in ophthalmic practice. This instruction course offers a comprehensive, case-based overview of red eye through a general ophthalmology lens. It aims to equip clinicians with the practical tools needed to confidently differentiate benign from vision-threatening conditions and deliver effective management strategies. The course will cover common conjunctival allergic, infectious , drug-induced and cicatrizing conjunctivitis , lid related disorders including demodex infestation , dry eye disease and ocular surface instability, corneal pathologies such as ulcer and keratitis and a focus on rare but critical red eye mimickers like carotid-cavernous fistula and scleritis . each section will emphasize clinical pearls , red flags and decision making algorithms.

This session is ideal for residents, general ophthalmologist and eye care professionals seeking a structured and practical approach to diagnose and manage red eye.

1. BEYOND PINK EYE : CONJUNCTIVITIS , DRUG INDUCED AND CICATRIZING CONDITIONS (10 mins) : **Dr. Miriam Joseph**
3. WHEN THE CORNEA IS UNDER ATTACK- KERATITIS AND CORNEAL ULCERS (10 mins) : **Dr. Nadhna Basheer**
3. THE NON INFECTIVE YET RED CORNEA- MISCELLANEOUS CAUSES (10 mins) : **Dr. ANASWARA M JOHN**
4. REDNESS BEYOND SURFACE : LIDS LASHES AND MASQUERADES (10 mins) : **Dr. Bennet Chacko Mathew**

Panel Discussion : (15 mins)



IC29 - Navigating Mental Health Challenges: A Practical Guide for Busy ophthalmologists

Date :	28-11-2025
Time :	09:30-10:25
Hall :	STUDIO HALL

Dr. Rakhi Dcruz

Ophthalmologists work in high-pressure environments, struggles in finding the perfect job opportunities, juggling financial issues, complex surgical procedures, workplace demands and patient concerns—all while striving to maintain their own well-being. This course provides practical strategies for managing mental health challenges that arise at different points of life as of a -budding surgeon, mid career issues and problems faced by veteran surgeons.

Participants will explore key topics such as recognizing signs of burnout, fostering resilience, and integrating mental health-conscious practices into daily routines. Tools and exercises for managing stress, yoga and mindfulness practices. Through expert insights, and interactive discussions, ophthalmologists will gain tools to support both their complaining patients and themselves. In the end we will be bringing a psychiatry specialist who will be talking on when to approach the psychiatrist and what are the red flag signs.

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| 1. AGE WISE MENTAL HEALTH ISSUES- BUDDING SURGEON VS VETERAN SURGEON (7 mins) | : Dr. Jayaprasad Bhaskaran |
| 2. Optimizing Time and Work-Life Balance for Mental Well-being (7 mins) | : Dr. Rakhi Dcruz |
| 3. ENHANCING SURGICAL PERFORMANCE BY PRACTISING YOGA AND MINDFULNESS (7 mins) | : Dr. Ambika Shetty |
| 4. HOW TO EFFECTIVELY COMMUNICATE WITH PATIENTS DURING COMPLICATIONS AND EASE YOUR TENSION (8 mins) | : Dr. Thomas Cherian |
| 5. Identifying Red flag Signs: When to Seek Psychiatric Help — Insights from a Psychiatrist (8 mins) | : Dr. Rakhi Dcruz |

Panel Discussion (10 mins)



IC68 - Elevate your skills : A Video Assisted Skill Transfer Course in Oculoplasty for Ophthalmologists

Date :	28-11-2025
Time :	10:30-11:25
Hall :	STUDIO HALL

Dr. Preeta Nair

This is a Video assisted skill transfer course on most common Oculoplasty conditions, focusing on the role of the general ophthalmologists who are the first set of people who see these patients. A proper step by step approach will be discussed on relevant problems that can be managed at the primary level. And what are the dos and don'ts in the particular cases will also be highlighted by our Oculoplasty trained specialists.

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| Keynote address Evaluation of Tearing (10 mins) | : Dr. A Samarapuri |
| 1. Tarsorrhaphy : doing it right (7 mins) | : Dr. Soumya Narayanan |
| 2. How to deal with cases of Entropion and Ectropion (10 mins) | : Dr. Shebin salim |
| 3. Dealing with common eyelid conditions (10 mins) | : Dr. Preeta Nair |
| 4. Step by step approach in performing Probing, Syringing, and DCR surgery (10 mins) | : Dr. Anju Suresh |
| 5. How to rightly perform Evisceration surgery in your set up (7 mins) | : Dr. Aparna K S |

Panel Discussion : (1 mins)



IC20 - Pixels with a Purpose: OCT and OCTA Biomarkers That Guide Retinal Decisions

Date :	28-11-2025
Time :	11:30-12:25
Hall :	STUDIO HALL

Dr. Harshali Kamat

OCT and OCTA aren't just imaging tools—they're decision-making allies. This session will break down how key biomarkers, like intraretinal cysts, subretinal fluid, hyperreflective spots, and vascular dropout, can help you tailor treatment in common retinal conditions such as DME, ARMD, CSR, and vascular occlusions. Designed for general ophthalmologists and early-career retina specialists, the course focuses on practical, real-world use: when to treat, what to choose, and how to track progress based on what the images show. Through case-based discussions, you'll learn to read beyond the scan and use biomarkers to guide confident, personalized care.

1. Choroid in Focus: OCT / OCTA Biomarkers Across Pachychoroid Spectrum (14 mins) : **Dr. George J Manayath**
2. Seeing Beneath the Surface : OCT and OCTA Biomarkers in Neovascular AMD (10 mins) : **Dr. Harshali Kamat**
3. "From Edema to Ischemia: Imaging Biomarkers in Retinal Vein Occlusions" (12 mins) : **Dr. Manoj S**
3. "Imaging DME Smarter: OCT and OCTA in Everyday Practice" (12 mins) : **Dr. SARATH RAVI**

Panel Discussion : (7 mins)



IC2 - Artificial intelligence in Ophthalmology

Date :	28-11-2025
Time :	12:30-13:25
Hall :	STUDIO HALL

Dr.Reena Abdul Rasheed

In this Ic we will be trying to explore use of artificial intelligence in ophthalmic practice where do we stand now, future directions and emerging ethical challenges.

1. Clinical Applications of Artificial Intelligence in Ophthalmology (10 mins) : **Dr. Rajiv Sukumaran**
2. Integrating AI into your clinical practice and future directions (10 mins) : **Dr. John Davis Akkara**
3. Ophthalmology learning education and training in the era of generative AI (10 mins) : **Dr. Bini S T**
4. Use, Misuse and applications of Large language models in Ophthalmic research and publications (10 mins) : **Dr. Smita Narayan**
5. Emerging Ethical concerns and challenges of using artificial intelligence in ophthalmic practice (10 mins) : **Dr. Reena Abdul Rasheed**

Panel Discussion : (5 mins)



IC66 - Keratoconus Unveiled: Navigating the latest advances

Date :	28-11-2025
Time :	14:00-14:55
Hall :	STUDIO HALL

Dr.NIMMY RAJ

After its initial description as “Staphyloma Diaphanum” in 1748, the overall understanding and management of the disease Keratoconus have evolved significantly over the years with notable advancements in aetiological aspects, risk factors, diagnostic parameters and treatment strategies. The progressive nature of the disease, rising incidence of ocular allergies leading to eye rubbing and its disproportionate impact on younger populations collectively contribute to its increasing significance. Advances in modern imaging, the ever-evolving innovative treatment strategies and ongoing research into molecular and genetic mechanisms make keratoconus a timely and compelling topic for discussion

1. Rising to the Challenge: Understanding Keratoconus Today (7 mins) : **Dr. Nadhna Basheer**
2. Innovative Diagnostics: The Future of Detection (8 mins) : **Dr. Sarath S**
3. Corneal Cross-Linking: Strengthening the Future (10 mins) : **Dr. Jayaram V R**
4. Vision Correction Revolution: Beyond Glasses and Contacts (10 mins) : **Dr. Dr M. Vanathi**
5. Looking Ahead: Research and Future Directions (10 mins) : **Dr. NIMMY RAJ**

Panel Discussion : (10 mins)



IC21 - SIGHT ON THE LINE; RED FLAGS IN OCULAR EMERGENCIES

Date :	28-11-2025
Time :	15:00-15:55
Hall :	STUDIO HALL

Dr.SARATH RAVI

Ophthalmic emergencies can present across all subspecialties and demand prompt recognition and timely intervention to preserve vision and prevent life-threatening complications. This instruction course aims to equip ophthalmologists with a structured approach to evaluating acute ocular conditions across the spectrum—from red eye and sudden vision loss to trauma and postoperative emergencies. Through case-based discussions, clinical pearls, and interactive scenarios, the course will cover key red flags, triage strategies, and evidence-based management protocols. Emphasis will be placed on practical decision-making in outpatient, emergency room, and surgical settings. Designed for residents, general ophthalmologists, and early-career specialists, this session will enhance confidence and competence in managing vision-threatening emergencies with clarity and urgency.

1. When Every mmHg Counts: Managing Acute Glaucoma (10 mins) : **Dr. Jay Mathew Perumal**
2. Flashes , Floaters and Fears : Navigating Retinal Emergencies (10 mins) : **Dr. SARATH RAVI**
3. Intraocular Foreign Bodies and Endophthalmitis : Emergency Management strategies (10 mins) : **Dr. Biju John C**
4. Beyond the Globe:Mastering Orbit and Adnexal Emergencies (10 mins) : **Dr. MARIAN PAULY**
5. Neuro Ophthalmic Time Bombs (10 mins) : **Dr. Harshali Kamat**

Panel Discussion : (5 mins)



IC55 - Structured Phaco training - A burning need

Date :	28-11-2025
Time :	16:00-16:55
Hall :	STUDIO HALL

Dr.Nilufer Sayed Mohammed

The sad reality is that many of the ophthalmologists coming out of medical College have minimal exposure to cataract surgery. There is a dire need to train them well without harming the patient. This is all the more crucial in a litigation prone state like Kerala. In this course we plan to demonstrate a method where excellent training can be imparted without compromising on the quality of surgery.

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| 1. Practice makes perfect- Role of a wet lab (8 mins) | : Dr. Shobha Sara Mathew |
| 2. SICS- A Stepping stone to phaco (8 mins) | : Dr. Nilufer Sayed
Mohammed |
| 3. SICS to Phaco- conversion made simple (8 mins) | : Dr. Shobha Sara Mathew |
| 4. Entering the world of phaco (8 mins) | : Dr. Anjana Krishnan |
| 5. Day to day problems while doing Phaco (8 mins) | : Dr. Jyothi Anup |

Panel Discussion : (15 mins)



IC26 - DEMYSTIFYING THE CHALLENGING SITUATIONS IN GLAUCOMA

Date :	29-11-2025
Time :	08:00-08:55
Hall :	STUDIO HALL

Dr.JAINY JOSEPH EMMATTY

Glaucoma management presents several challenges, including early detection, maintaining consistent intraocular pressure control, choosing the right treatment, managing complications and proper follow up. This instruction course is designed to help each ophthalmologist to deal certain difficult situations in glaucoma management. This course will help the participants make an informed decision on the confusing clinical scenarios presented in this course. At the end of the course, the attendees will have a clear understanding about the various issues deliberated in the course.

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| 1. Is this disc glaucomatous? (15 mins) | : Dr. Sathyan P |
| 2. Decoding Ocular hypertension: To treat or not (10 mins) | : Dr. JAINY JOSEPH EMMATTY |
| 3. Red & green in OCT: Perplexed at your diagnosis? (10 mins) | : Dr. Smita Narayan |
| 4. Post trabeculectomy hypotony: Management protocols (10 mins) | : Dr. Bindu S Ajith |

Panel Discussion : (10 mins)



IC23 - Crystal Clear : Pearls and pitfalls in Cornea cases

Date :	29-11-2025
Time :	09:00-09:55
Hall :	STUDIO HALL

Dr.Aneeta Jabbar M

This interactive instruction course is designed to navigate through a curated selection of challenging corneal cases encountered in daily clinical practice. Participants will engage in an immersive case-based discussion aimed at sharpening diagnostic acumen and refining management strategies.

The course bridges clinical pearls with surgical decision-making, incorporating high-resolution imaging, anterior segment OCT, and surgical videos where appropriate. Each case is selected for its diagnostic complexity or therapeutic dilemma, providing a platform for evidence-based discussion and collaborative learning.

Ideal for cornea specialists, ophthalmology residents, and fellows, this session will foster critical thinking and offer practical takeaways for managing difficult corneal scenarios.

1. Fungal Keratitis: Management algorithm (10 mins) : **Dr. Namrata Sharma**
2. Case 1 Unveiling the mystery : A diagnostic challenge in Microbial Keratitis (8 mins) : **Dr. Aneeta Jabbar M**
3. Case 2 :When the Surface Speaks: Listening to the Cornea in Allergic Disease (9 mins) : **Dr. Anil Radhakrishnan**
4. Case 3 :Behind the blur : Corneal edema following Cataract surgery (9 mins) : **Dr. Sachin Mathew George**
5. Case 5 : Sight on the line : Corneoscleral Laceration Extending Into the Visual Axis (9 mins) : **Dr. JYOTHI KRISHNAN**

Panel Discussion : (9 mins)



IC59 - Let us know all about infective uveitis

Date :	29-11-2025
Time :	10:00-10:55
Hall :	STUDIO HALL

Dr. Neethu Latiff

Infective uveitis is emerging as a leading cause of blindness these days in both immunocompetent and immunocompromised patients. There is an increase in number of cases of infectious uveitis noticed due to use of immunosuppressants in patients suffering from autoimmune disease. Ophthalmologist should be aware of the commonest clinical presentation and treatment given for this condition.

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| 1. Approach to infective anterior uveitis (8 mins) | : Dr. Reesha K R |
| 2. Approach to infective posterior uveitis (8 mins) | : Dr. Neethu Latiff |
| 3. Role of multimodal imaging in infective uveitis (8 mins) | : Dr. Lekha T |
| 4. Molecular diagnostics and medical management for infective uveitis (12 mins) | : Dr. Anuradha V K |
| 5. surgical management for infective uveitis (8 mins) | : Dr. Mahesh G |

Panel Discussion : (11 mins)



IC48 - When the going gets tough- difficult medical retina cases decoded!

Date :	29-11-2025
Time :	11:00-11:55
Hall :	STUDIO HALL

Dr.Natasha Radhakrishnan

After cataract and glaucoma, medical retina diseases have become the commonest conditions seen in the OPD. Often even the fellowship trained medical retina specialist is stumped by diagnostic dilemmas and difficult cases. In this instruction course, we are going to present some difficult medical retina cases that we encountered in our daily practice, the findings, the dilemma and the solutions. This IC will be useful for anterior segment surgeons who do medical retina also in their practice and also for those who have started their medical retina practice.

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| 1. Is it Retinal detachment or is there something hiding? (3 mins) | : Dr. Femina N Hashim |
| 2. Is it CSCR? look what lies beneath! (3 mins) | : Dr. Anjana S |
| 3. PAMM-not as simple as it looks (3 mins) | : Dr. JULIANA ROSITTA
STEPHEN |
| 4. DR with CSME or is something wrong? (3 mins) | : Dr. Sruthi p. s |
| 5. TB or TOXO-solving the diagnostic dilemma (3 mins) | : Dr. SWATHY HARIDAS |
| 6. VKH or is the diagnosis more ominous? (3 mins) | : Dr. Natasha
Radhakrishnan |

Panel Discussion : (37 mins)



IC69 - Managing Myopia Progression- Where are we now & What next ?

Date :	29-11-2025
Time :	13:30-14:25
Hall :	STUDIO HALL

Dr.Thanusree P

This is a very relevant IC for any practising ophthalmologist since myopia is now becoming a global pandemic especially after covid . It is said that by 2030 1 in 2 children's will have myopia . Since due to our lifestyle changes and a better understanding of myopia progression , rapidly changing management for myopia progression have been coming up which is difficult for the practising ophthalmologist to keep up . So this IC gives a platform for any ophthalmologist to understand the management currently following for progressive myopia , the different future aspects on the therapy , as well as on how to set up a myopia clinic which any ophthalmologist can build up in their clinics / hospital . Case based discussion will also be there for making this IC more interactive and informative . This IC will finally reflect in doctors day to day practice and attain a solution to manage myopia progression by themselves and not referring to higher centre .

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| 1. Understanding myopia progression (8 mins) | : Dr. Thanusree P |
| 2. Low dose Atropine (8 mins) | : Dr. Gigi Augustine T |
| 3. Glasses , contact lenses & more ! (12 mins) | : Dr. Monisha Mohan |
| 4. Case Based Discussions (12 mins) | : Dr. Meena CK |
| 5. Establishing a Myopia Clinic in your practice (15 mins) | : Dr. Sandra Ganesh |



**IC43 - MIGS(Minimally Invasive
Glaucoma Surgeries) in India - Why,
What, When & How ?**

Date :	29-11-2025
Time :	14:30-15:25
Hall :	STUDIO HALL

Dr.John Davis Akkara

Until now, glaucoma management was usually medical, with surgical treatment reserved for advanced disease, especially considering costs & risks. But medication is a lifelong balancing act, where missteps mean permanent loss of ganglions. Minimally Invasive Glaucoma Surgeries(MIGS) bridge this gap with a safer, faster, easier alternative.

Cheaper ? - sometimes. More effective - Let's find out when ? Covered by insurance ?

Where is it being done ?

How difficult is it to start ? Indications ? Postop followup ?

Learn all this and more!

In this course, glaucoma experts from various eye institutes discuss options available for MIGS in India and their personal experience with various MIGS. In addition to tips and tricks on intraoperative gonioscopy and other aspects of getting started with MIGS, the speakers discuss in detail GATT, Kahook Dual Blade, BANG, Tanito Micro Hook, iStent, Micro Invasive Trabeculectomy, Augmented Reality Glaucoverse & 3D printed tech for learning MIGS surgery.



KERALA SOCIETY OF OPHTHALMIC SURGEONS

KSOS DRISHTI 2025

52nd Annual Conference of
Kerala Society of Ophthalmic Surgeons



1. Intro to MIGS, Intraop Gonio & 3D Printable MIGS : **Dr. John Davis Akkara**
Glaucoverse (10 mins)
2. From BANG to iStent and Micro Incisional Trabeculectomy - : **Dr. Neethu Mohan**
Trabecular cutting vs Implants (10 mins)
3. Kahook Dual Blade Glide Goniotomy - A beginner's guide (7 : **Dr. Bindu S Ajith**
mins)
4. My experience with Tanito Micro Hook (7 mins) : **Dr. Lopamudra Biswal**
5. Just GATT to do it ! (7 mins) : **Dr. Mahesh Bharathi**
6. Evidence Based MIGS - For whom & for how long ? (7 : **Dr. Neethu Mohan**
mins)

Panel Discussion : (7 mins)



IC99 - Grand Rounds- Navigating the toughest cases in glaucoma

Date :	29-11-2025
Time :	15:30-16:25
Hall :	STUDIO HALL

Dr.Bindu S Ajith

In this session a series of intriguing glaucoma cases with detailed case histories, clinical photographs, and investigative findings will be presented. It will highlight the diagnostic challenges and therapeutic dilemmas encountered, along with the approaches taken and the final management decisions. A panel of experienced glaucoma consultants will lead the discussion and solve dilemmas, ensuring rich insights and practical learning. In this highly interactive session 6 clinical case scenarios will be discussed offering valuable tips for general ophthalmologists and glaucoma consultants. the panel of discussion will be led by Dr. Bindu S Ajith (Chief instructor)

1. fields normal oct changes what next? does genetic testing have a play? (6 mins) : **Dr. REVATHY K V**
2. Tab. Acetazolamide – the double edge sword !!! (6 mins) : **Dr. Nimitha Nageeb**
3. Conquering Neovascular glaucoma (6 mins) : **Dr. Swetha K**
4. A case of Nail platella syndrome and secondary glaucoma (6 mins) : **Dr. Mithun Thulasidas**
5. Keynote address: Taming the shrew in glaucoma (15 mins) : **Dr. Sathyan P**

Panel Discussion : (16 mins)



IC94 - Trauma in ophthalmology - Practice pearls.

Date :	29-11-2025
Time :	16:30-17:25
Hall :	STUDIO HALL

Dr.Raghu A C

Trauma due to various causes like Road traffic accident, assault, fall etc often involves the eyeball and adnexa. In the clinical practice, it is extremely important to know the various examination techniques related to such cases of trauma. A thorough examination helps in classification and planning the management course. Among the various manifestations, Traumatic hyphema is a very common condition that is practically important. Traumatic glaucoma can be both acute or chronic, open angle or close angle type. Another equally important clinical presentation is that of Traumatic optic neuropathy, which can be vision threatening and needs prompt response from the treating doctor. Most of these traumas present to a casualty and end up as medicolegal case and thus special emphasis be taken in documenting these meticulously to avoid litigation. Many a times doctors may be called as an expert in courtroom to present the clinical findings.

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| 1. Examination techniques in ocular trauma (10 mins) | : Dr. Sudha Vaikkakara |
| 2. Traumatic hyphema - practice pearls (10 mins) | : Dr. Lathika Vasu
Kamaladevi |
| 3. Traumatic optic neuropathy (10 mins) | : Dr. Sujatha Nambudiri |
| 4. Traumatic glaucoma (10 mins) | : Dr. Jayasree P V |
| 5. Medicolegal aspects of trauma in ophthalmology (10 mins) | : Dr. Raghu A C |

Panel Discussion : (5 mins)



IC36 - MASTERING THE MEDS: A DEEP DIVE INTO GLAUCOMA PHARMACOTHERAPY

Date :	30-11-2025
Time :	08:00-08:55
Hall :	STUDIO HALL

Dr.Soumya P P

Medical management of glaucoma still plays a crucial role in the glaucoma treatment. A thorough knowledge of the medicines, whether choosing the first line of therapy or fixed drug combination to non- responders to new investigational drugs on radar is very important. This IC emphasis on detailed and thorough evaluation of the facts in the medical management of glaucoma which will be helpful of general ophthalmologists, glaucoma specialists, postgraduates. The topics are dealt by eminent faculties who are expertise at this field.

1. CHOOSING THE FIRST LINE THERAPY: ONE SIZE FITS ALL? (8 mins) : **Dr. Manju M**
2. FIXED DRUG COMBINATIONS: ARE THEY THE FUTURE? (12 mins) : **Dr. Bindu S Ajith**
3. WHEN MEDS FAIL: IDENTIFYING TREATMENT NON - RESPONDERS (8 mins) : **Dr. Swetha K**
4. BEYOND DROPS: THE ROLE OF NEUROPROTECTION IN GLAUCOMA (8 mins) : **Dr. Soumya P P**
5. NEW HORIZONS: INVESTIGATIONAL DRUGS ON RADAR (8 mins) : **Dr. Kavya Subramanian**

Panel Discussion : (11 mins)



IC51 - The Phacoemulsification Toolkit: From Fundamentals to Fine-tuning

Date :	30-11-2025
Time :	09:00-09:55
Hall :	STUDIO HALL

Dr.Ambika Shetty

This instruction course is designed for intermediate to experienced cataract surgeons seeking to refine their skills and confidently manage a spectrum of challenging scenarios encountered in daily practice. Through a combination of video demonstrations and interactive case discussions, participants will gain practical insights to optimize surgical outcomes in common and complex cataract cases. The course will delve into the nuances of pre-operative assessment, surgical planning and intraoperative management for specific cataract sub-types and associated conditions.

1. Keynote address - Management of coexisting cataract and glaucoma (12 mins) : **Dr. Vinita Ramani**
2. Navigating Cataract surgery with concurrent medical conditions (9 mins) : **Dr. Manasa**
3. From Very Soft to Rock Hard cataract: Surgical planning and Execution (9 mins) : **Dr. Sreeni Edakhlon**
4. Taming the Floppy Iris : Essential tips and tricks for IFIS cases (9 mins) : **Dr. Ambika Shetty**
5. Step-by- step approach to posterior polar cataract (9 mins) : **Dr. Rakhi Dcruz**

Panel Discussion : (7 mins)



IC64 - 'Mea culpa!': Confessions and Dilemmas of Ophthalmic Entrepreneurs

Date :	30-11-2025
Time :	10:00-10:55
Hall :	STUDIO HALL

Dr.SANITHA SATHYAN

Entrepreneurship in Ophthalmology is fraught with trials and tribulations. Though the challenges are exciting to win through, it is no overstatement that many of the lessons are learnt the hard way and much blood and sweat would have been spilled before you actually got a grasp of the situation. In this session, we try to analyze the paths traversed by docpreneurs with insightful introspection, clarity of hindsight and honest conversations. The session covers topics on legal and statutory compliances, finance, marketing, team building and trade-offs. This session provides an opportunity to hear from the 'horses' mouth' for anyone interested in understanding about the struggles of entrepreneurship and to navigate their own path within the maze. We highly recommend this session for young ophthalmologists and other aspiring entrepreneurs, eager to start their own ophthalmic practice.

1. Navigating Legal Labyrinths"; how statutory and legal blind spots were negotiated (6 mins) : **Dr. Sameera V V**
2. "The Money Map": choices that shaped the business and its scaling up (6 mins) : **Dr. MINUDATH K B**
3. 'The team that wasn't!': challenges in building and sustaining teams (6 mins) : **Dr. Preethy Prasanth**
4. "Missed Chances and Mistaken Priorities" Opportunity costs of skills and choices (6 mins) : **Dr. SANITHA SATHYAN**
5. . "Power Plays & Tug-of-War": internal politics and external competition (6 mins) : **Dr. Merine Paul**
6. The Personal Cost of a Professional Dream": Burnout, boundaries, and finding balance (6 mins) : **Dr. Natasha Radhakrishnan**

Panel Discussion : (19 mins)



IC54 - Adnexal trauma-how to set it right

Date :	30-11-2025
Time :	11:00-11:55
Hall :	STUDIO HALL

Dr.Soumya Narayanan

Trauma to lid and orbit is a very common condition we encounter in our clinic, either minor or major especially if you are in a multi specialty hospital. It is very important to manage these cases with great care to restore anatomy, function and aesthetics. So here in this instruction course we will be delivering the trips and tricks in managing adnexal trauma along with the latest treatment in this area.

1. Approach and initial management of Adnexal Trauma (7 mins) : **Dr. Aparna K S**
2. When the lid is torn.. (12 mins) : **Dr. Ani Sreedhar**
3. Orbital trauma management (12 mins) : **Dr. MARIAN PAULY**
4. Canalicular lacerations-restoring the tear drainage (7 mins) : **Dr. Indu B Narayanan**
5. Animal bite and Facial burns (8 mins) : **Dr. Soumya Narayanan**

Panel Discussion : (9 mins)



IC44 - SMART VISION STARTS YOUNG: A PRACTICAL APPROACH TO PEDIATRIC REFRACTION

Date :	30-11-2025
Time :	12:00-12:55
Hall :	STUDIO HALL

Dr. Anjana Nair S

This instruction course aims to equip ophthalmologists with essential skills for effectively managing pediatric refraction. Pediatric patients present unique challenges that demand a specialized approach integrating clinical expertise, child friendly techniques and collaborative care involving parents and care givers. This session will cover core principles, practical strategies & common pitfalls to help clinicians optimize visual outcome for children. Special emphasis will be placed on understanding the unique needs of kids with systemic and neurological comorbidities. This course aims to bridge the gap between theoretical knowledge and everyday clinical application in pediatric eye care.

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| 1. SMART STARTS IN PEDIATRIC REFRACTION: THE BASICS (9 mins) | : Dr. Anjana Nair S |
| 2. PEDIATRIC REFRACTION IN SPECIAL KIDS (9 mins) | : Dr. Rosemary C Anthony |
| 3. DECODING MYOPIA IN KIDS (9 mins) | : Dr. Awungshi Philamazan |
| 4. A PARENT'S GUIDE TO CHOOSING AND CARING FOR KID'S SPECTACLES (9 mins) | : Dr. Thomas Arun Varghese |
| 5. BINOCULAR VISION ANOMALIES IN KIDS (9 mins) | : Dr. SANITHA SATHYAN |

Panel Discussion : (10 mins)



IC61 - Decoding optic neuropathies: The role of OCT

Date :	30-11-2025
Time :	13:00-13:55
Hall :	STUDIO HALL

Dr.Mohamed Faheem P K

This instructional course explores the critical role of Optical Coherence Tomography (OCT) in evaluating optic neuropathies. Attendees will learn to differentiate glaucomatous from non-glaucomatous optic nerve damage using key OCT features such as RNFL patterns, rim loss, and macular ganglion cell complex changes. This course will teach specific OCT findings which will help us to reach a definite diagnosis of glaucoma. Special focus is given to OCT's application in neuro-ophthalmic conditions like disc edema, secondary optic atrophy, nutritional optic neuropathy and compressive optic neuropathies. Practical tips for interpretation and integration into clinical decision-making will be provided, empowering clinicians to unlock the full diagnostic value of Various OCT in clinical use.

1. Unlocking OCT Potential: Making the Most of Every OCT in : **Dr. Mohamed Faheem P K**
Optic Nerve Evaluation" (10 mins)
2. The Glaucomatous Disc Dilemma: Clarifying Diagnosis with : **Dr. Faisal T T**
OCT (10 mins)
3. Glaucomatous vs Non-Glaucomatous Optic Neuropathies: : **Dr. Nishitha P**
Decoding with OCT (10 mins)
4. Unmasking Neuro-Ophthalmic Diseases: The Role of OCT : **Dr. Hameed Obedulla**
in Differential Diagnosis (10 mins)

Panel Discussion : (15 mins)