TOC: OCTOBER 2025

A. ACTIVITIES DIRECTLY BY THE CLUB

SCIENTIFIC MEETINGS

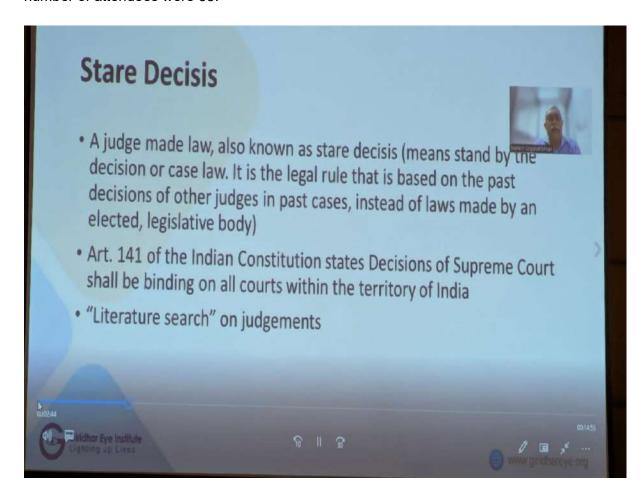
1. TOC monthly meeting was held on Thursday, 16th October 2025 at Hotel Residency Tower Trivandrum. Topic of discussion was "Helping a visually challenged person lead as normal a life as possible in modern India" by Prof. Dr. K. Ilango, HOD Ophthalmology SRM Medical College, Trichy (Formerly Head Low Vision Clinic Aravind Eye Hospital Madurai). The number of attendees was 58.







2. Observed ksos" Presidential project" of spreading legal awareness among TOC members on 16th October 2025 at Hotel Residency Towers. The topic of discussion was "Medico legal aspect of ocular trauma" by the President KSOS Dr Mahesh G senior consultant and HOD vitreo-retinal surgery Giridhar Eye Institute Cochin. The number of attendees were 58.



PUBLIC AWARENESS AND COMMUNITY ACTIVITIES AND CAMPS

1. Public awareness talk conducted on world sight day - 9th October 2025 by Dr Greeshma, chaithanya eye hospital at Mahila mandiram Poojappura, awareness regarding cataract surgery, Diabetic retinopathy screening, early detection, treatment options and need of strict blood sugar control. Talk attended by 55 participants.



2. TOC celebrated the White cane day on October 15, 2025 with a charity activity. We Distributed three video magnifiers and a laptop to the deserving patients with low vision selected by Punarjyothi, a visual rehabilitation centre run by RIO.In the presence-of Dr PS Girija madam, TOC President Dr Thomas George distributed the low vision aids to the patients along with Dr Ashad sivaraman, secretary Toc.



3. TOC conducted a camp on 16th October 2025 at Mahilamandiram Poojappura. Doctors involved were Dr Ashok Nataraj from Precise Eye care, Dr Greeshma from Chaithanya Eye Hospital, Dr Medha from Aradhana Eye Institute, Dr Santon from Sreenetra Eye Care. Camp team was shared by sreenethra eye care.

Cataract and diabetic retinopathy screening was done for around 55 patients. 32 patients got referred to hospitals for management of cataract and for further evaluation.







B. ACTIVITIES BY INDIVIDUAL INSTITUTES OR MEMBERS

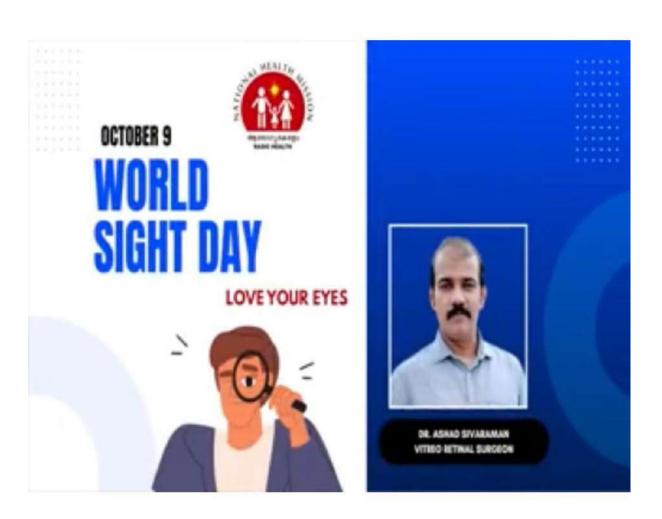
PUBLIC AWARENESS AND COMMUNITY ACTIVITIES

1. Dr Arya from RIO appeared in Kairali channel Hello Doctor program on 22nd October 2025 and gave a talk and doubt clearance on a topic "Causes of decrease in vision in children"



കുട്ടികളിലെ കാഴ്ചക്കുറവ്: ഡോ എ ആർ ആര്യ സംശയങ്ങൾക്ക് മറുപടി പറയുന്നു | HELLO DOCTOR

2. Dr Ashad Sivaraman, (secretaryToc) from Sreenethra Eye Care gave a talk on radio health program on 9th October 2025 for the observation-of world sight day on the "Importance of World Sight Day."



INDIVIDUAL ACHIEVEMENTS

1. Dr Devin Prabhakar vice president of TOC was elected as the state president of Qualified Private Medical Practitioners Association. (QPMPA).



2. Dr Arup Chakrabarti awarded the 9th Prof. Dr V Velayutham Glaucoma oration award by Tambaram Ophthalmic Society in October 2025



3. Dr Chitra Raghavan received Anandi Bai Phule Award at Women Ophthalmologists Worldwide and Women Ophthalmologists Society of India (WOW WOS) 2025 held at Andaz Delhi Hyatt Aerocity for her exceptional commitment to ophthalmic education and empowerment. She also received Community Ophthalmology Award in recognition of her exceptional contributions unwavering dedication and inspiring leadership in the field of ophthalmology.

