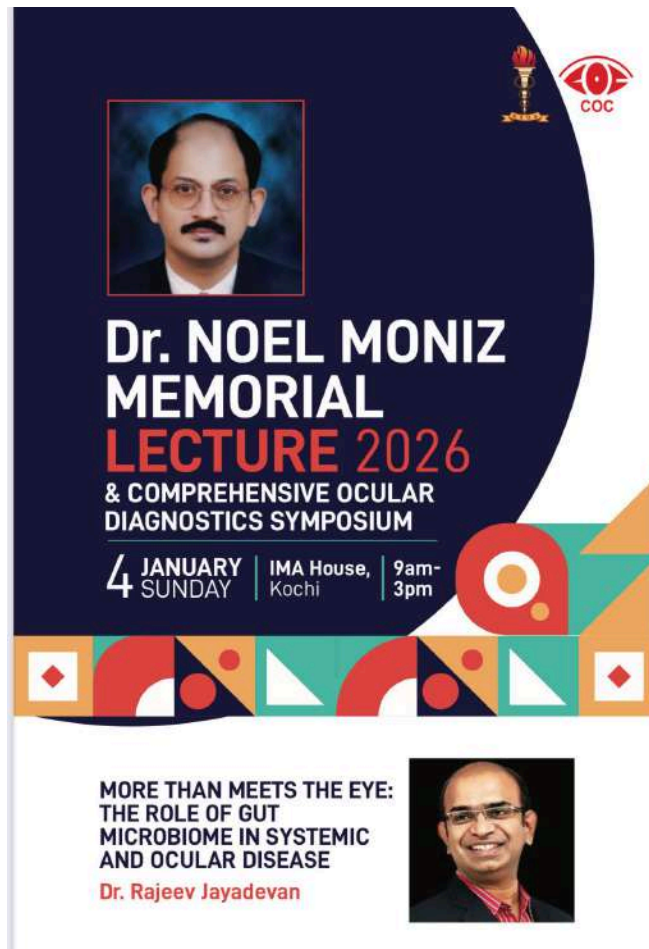



COCHIN OPHTHALMIC CLUB
MONTHLY REPORT FOR THE MONTH OF JANUARY 2026


January 2026

The 17th Dr Noel Moniz Memorial Lecture & CME 2026

The Dr.NOEL MONIZ memorial lecture 2026 was held on the 4th January, 2026 at IMA House, Kochi.




COC




**Dr. NOEL MONIZ
MEMORIAL
LECTURE 2026**
& COMPREHENSIVE OCULAR
DIAGNOSTICS SYMPOSIUM

4 JANUARY | IMA House, | 9am-
SUNDAY | Kochi | 3pm

**MORE THAN MEETS THE EYE:
THE ROLE OF GUT
MICROBIOME IN SYSTEMIC
AND OCULAR DISEASE**

Dr. Rajeev Jayadevan





Dr Rajeev Sukumaran, President KSOS at the inaugural function

Dr.NOEL MONIZ memorial lecture 2026 was inaugurated by the KSOS President, Dr Rajeev Sukumaran by lighting the lamp. It was presided over by COC President, Dr Thomas Cherian.



The **17th Dr. Noel Moniz Memorial Lecture** was prestigiously awarded to renowned gastroenterologist **Dr. Rajeev Jayadevan**. The honor was presented by **Dr. Thomas Cherian**, President of the Cochin Ophthalmic Club (COC).

Following the presentation, Dr. Jayadevan delivered an insightful oration titled **“More than Meets the Eye: The Role of the Gut Microbiome in Systemic and Ocular Disease.”** His lecture explored the complex interplay between intestinal health and its broader implications for systemic and ophthalmic conditions.



Symposium on Ocular Investigations focused on PGs was conducted along with the Noel Moniz Memorial Lecture.



Eminent speakers from various institutions across Kerala taught eager ophthalmologists - young and old.





World Braille Day was observed by COC by conducting a Sighted vs Blind Exhibition chess Tournament. Most of the sighted players were defeated easily by the blind chess players.

IGNITE CME 2026



The **IGNITE inaugural function** commenced with a distinguished opening by **Dr. Gopal S. Pillai**, VP of KSOS. The event was further elevated by the presence of Guest of Honor **Anjali Uthup Kurien**, CUBS Trustee and Radio Mango RJ, alongside several esteemed leaders: **Dr. Abhilasha Baharani**, Treasurer, USI, **Dr. Thomas Cherian**, President, COC, **Dr. Suma Balan**, Treasurer, IRA Kerala Chapter. Anjali Uthup captivated the audience with an energetic presentation on CUBS' activities over the past year, utilizing her characteristic eloquence to engage everyone present. Following the ceremony, the **Uvea Rheumatology Interface** provided a highly interactive and valuable learning experience for all attendees.



COC and Blindness Relief Endowment Foundation. COC and BREF had sponsored the kits for all the 3 teams of the Kerala Blind Football Federation at August Ophthalmica 2025.

Individual Achievements of COC Members

Dr Giridhar has been selected to receive the **AIOS Dr SS Badrinath Endowment Award 2026** at the forthcoming AIOS Conference in Jaipur. The award lecture will be delivered on 12th March.



Dr Vinay S Pillai has been elected as **General secretary of Cornea Society of India(CSI)**



Dr Vinay S Pillai
Secretary

Dr Vasmiya, **Phaco-Refractive fellow** at **Chaithanya Eye Institute Palarivattom** got Judges Runner up & Dr John Davis Akkara got audience poll runner-up in **Catateach Cataract Video Competition - 2nd edition**

A vertical poster for the 'Catateach Video Competition, Edition - 2'. The background is yellow and orange. At the top left is the logo for 'THE EYE FOUNDATION SUPER SPECIALITY EYE HOSPITALS'. At the top right is the logo for 'YOUNG OPHTHALMOLOGISTS SOCIETY OF INDIA'. The main title 'CATATEACH VIDEO COMPETITION' is in large, bold, black letters, with 'EDITION - 2' in a smaller font below it. A film strip graphic is on the right. A red banner in the middle says 'Congratulations to all winners'. Below this are five circular portraits of winners with their names and titles: Dr. Rohit Rao (Winner, The Best Teaching Pearl), Dr. Vasmiya (Runner-up, The Best Teaching Pearl), Dr. Nupur Goel (Winner, Audience Choice), Dr. John Davis Akkara (Runner-up, Audience Choice), and Dr. Shantanu Gulati (Runner-up, Audience Choice).

Dr John Davis Akkara won **First Prize** in YOSI iSonix Strings and Beats Carol singing competition, and also **Second Prize** in YOSI Christmas Cheer for the Eye Competition.



Dr. Gopal S. Pillai, Head of the Department of Ophthalmology at Amrita Hospital, Kochi, and his team has developed an **artificial intelligence**–based technology that can predict the risk of heart attacks, strokes, and kidney diseases by analysing retinal images. This pioneering work, jointly conducted by Amrita Hospital, Kochi and Amrita Vishwa Vidyapeetham, represents a major step forward in ethical clinical AI and organisational leadership in healthcare. In recognition of this innovation and its potential impact on preventive medicine, The team has been honoured with the Elsevier RAISE Award, a national accolade celebrating excellence in healthcare research and innovation.



KSOS Presidential Initiative

A Free Vision Screening Programme was conducted by Dr. Tony Fernandez Eye Hospital, Aluva on January 29th 2026 for the differently abled Children of CSI Karunalayam as part of KSOS Presidential Initiative.



Camps conducted	No of camps	No of patients nscreened	No of cataract surgeries
Amrita Institute of Medical Sciences	8	2214	94