

## Kollam Ophthalmic Association (KOA) – First Quarter Updates 2026

The first quarter of 2026 has been a period of remarkable momentum and community impact for the Kollam Ophthalmic Association. From hosting the prestigious KSOS Presidential Visit and launching the heart-warming 'ANBU' vision screening project, to driving massive public awareness during World Glaucoma Week, our members have continuously raised the bar for clinical excellence and social responsibility. Here is a snapshot of the vibrant scientific sessions, leadership milestones, and dedicated service that defined a truly visionary start to our year:

**KOLLAM Ophthalmic Association**

**CME SERIES 3 GBM**  
Thurs, 29<sup>th</sup>  
JAN 2026 | 08:00 PM  
QUILON BEACH HOTEL  
Kollam

**President's visit**  
**AI in Ophthalmology**  
Dr Rajiv Sukumaran  
President KSOS

**Optimising Anti VEGF therapy - DME and AMD**  
Dr. Ashok Nataraj  
MBBS, MS, DNB, FRCO (S) Senior Consultant Vitreous Retinal Surgery Prescher Speciality Eye Care, Ernakulam

Dr. Mini Jayachandran, President KOA  
Dr. Shishir Verghese, Secretary KOA  
Dr. Vishnu Mohan M, Treasurer KOA

**Installation of New Office Bearers...**  
Installing Officer  
Dr Rajiv Sukumaran  
President, KSOS

Dr. Mini Jayachandran, President KOA  
Dr. Shishir Verghese, Secretary KOA  
Dr. Vishnu Mohan M, Treasurer KOA

"Heartfelt thanks to the outgoing team for their excellent service..."

Dr. Anoop B, President KOA  
Dr. Rajitha R J, Secretary KOA  
Dr. Yasmin Ali, Treasurer KOA

...and a warm welcome to the new office bearers to carry the legacy forward."

ANBU Project - Implementation Plan by KOA & Pediatric refraction and glass prescription  
Dr Divya Kishan  
Scientific Committee Member, KOA

**KOLLAM OPHTHALMIC ASSOCIATION**

**OCT For Comprehensive Ophthalmologists**  
Dr Shishir Verghese  
MS, FVRS, FICO(Retina) FAICO (Retina)  
Consultant Vitreoretinal Surgeon  
Amita Eye Care, Tiruvalla

TUESDAY | 24 MARCH 2026 | 08.00 PM  
HOTEL QUILON BEACH

Dr Anoop B, President KOA  
Dr Rajitha R J, Secretary KOA  
Dr Yasmin Ali, Treasurer KOA

**Kollam Ophthalmic Association**

FRIDAY | 20 FEB 2026 | 08:00 PM | BEACH HOTEL | KOLLAM

## January: A Visionary Start

- **A Grand Inauguration:** KOA kicked off the year on January 29th with a prestigious KSOS Presidential Visit by Dr. Rajiv Sukumaran, who officially inaugurated our 2026 activities and discussed the upcoming implementation of the KSOS Presidential Project.



- **CME Series – 1:** We hosted impactful scientific sessions featuring "AI in Ophthalmology" by Dr. Rajiv Sukumaran and "Optimising Anti-VEGF Therapy in DME and AMD" by Dr. Ashok Nataraj.



- **Charting the Future:** The General Body Meeting successfully concluded with the selection of our dynamic new office bearers for the 2026 term.

## February: Milestones and New Leadership

- **Passing the Baton:** During our February 20th meeting, the KSOS President officially installed the new office bearers, setting a forward-looking course for the year. The General Body also officially approved our amended Bye-laws in accordance with the Kerala Societies Registration Act.



- **CME Series – 2 Highlights:** Dr. Divya Kishan delivered a comprehensive presentation on the KSOS Presidential Project, "ANBU," outlining its scope for screening physically disabled children across thirteen schools in Kollam. This was paired with an insightful, interactive session on Paediatric Refraction.



- **Growing Our Family:** We proudly expanded our clinical community by welcoming new members Dr. Chithra Raghavan and Dr. Krishna R Nath during a successful membership drive.

### **March: Community Action and Sustained Momentum**

**ANBU Project Soars:** We officially launched and implemented the ANBU vision screening initiative on March 5th at Vimala Hridaya Special School, inaugurated by the Honourable Mayor of Kollam. The dedicated medical team, headed by Dr. Rani Balamurali and Dr. Joyce from **Amardeep Eye Care** and Dr. Yasmin Ali from **Ozanam Eye Centre, Bishop Benziger Hospital**, assessed 55 children.



**Expanding Reach:** The momentum continued with our second screening camp on March 17th at SEIREI Asha Bhavan, Punalur. Conducted by a dedicated team from Shankar's Eye Hospital and Sabitha Eye Care, the camp successfully screened 34 children, identifying 26 requiring spectacles and several cases needing further ophthalmic care.



**World Glaucoma Week Success:** KOA made a massive public impact to "Save Vision"! Our extensive activities included a Walkathon flagged off by MLA Shri M. Noushad. This was supported by an informative radio talk on Radio Benziger by Dr. Kiran Balagopal, and a widespread online video campaign on "Kollam Stories" led by Dr. Mini Jayachandran.

**KOLLAM OPHTHALMIC ASSOCIATION  
GLAUCOMA WALKATHON**

**World Glaucoma Week  
March 8 - 14, 2026**

Flag off by  
**Sri. M Noushad MLA**

**Uniting for a Glaucoma- Free World**  
*A walk to save vision*

**Dr Anoop B, President KOA | Dr Rajitha R J, Secretary KOA | Dr Yasmin Ali, Treasurer KOA**

**Dr. Mohini's Eye Centre**

**bharti**  
Bharti AIA Life Insurance  
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**GOSREE**  
FINANCE LIMITED

**Dhanlaxmi**  
BANK

**Uniting for a Glaucoma- Free World**  
**World Glaucoma Week**  
March 8-14, 2026

**Dr Anoop B, President KOA | Dr Rajitha R J, Secretary KOA | Dr Yasmin Ali, Treasurer KOA**

**Uniting Hospitals for Glaucoma Awareness:** Multiple institutions actively championed the cause across the district:

- **Priyanka Eye Hospital:** Hosted informative awareness talks for the public.
- **NS Hospital:** Dr. Ajith Varghese led awareness sessions for hospital staff and nursing students.
- **Azeezia Medical College:** Organized a poster competition, nursing student skits, and a community screening camp at CHC Nedumpna featuring a speech by KOA Secretary Dr. Rajitha R.J.
- **Government Medical College, Kollam:** Our scientific committee member, Dr. Divya Kishan, delivered a special glaucoma awareness talk to attendees.



**CME Series – 3 & GBM:** Held on March 24th, this gathering featured an enriching session on "OCT for Comprehensive Ophthalmologists" by Dr. Shishir Varghese. Additionally, the General Body planned the formation of a Local Audit Committee to help ensure proper verification and monitoring of our ANBU project funds moving forward.

