

Kozhikode Ophthalmic Society

DEC-JAN, JAN-FEB AND FEB –MARCH ACTIVITIES

JANUARY 2026

- Installation of new office bearers was conducted on 9th January 2026 at Hotel Hyson Heritage, Kozhikode.
- Dr Bindu S Ajith (President),
- Dr Dahlia (Vice President),
- Dr Lakshmi C (Secretary)
- Dr Preetha K (Treasurer) assumed office.
- Administrative discussions included renewal of society registration. The meeting concluded with a family gathering featuring cultural activities.



SPEAKERS

Dr. R Venkatesh
 Chief Medical Officer
 Aravind Eye Hospital, Pondicherry

Dr. George V Puthuran
 Chief, Glaucoma Services
 Aravind Eye Hospital, Madurai

Dr. Mahideen Abdul Kader
 Chief, Glaucoma Services
 Aravind Eye Hospital, Tirunelveli

Dr. Ganja K
 Senior Consultant
 Little Flower Hospital, Angamaly

Dr. Ganesh V Raman
 Chief, Glaucoma Services
 Aravind Eye Hospital, Coimbatore

Dr. Bindu S Ajith
 Head of Glaucoma Services
 Comtrust Eye Hospital, Calicut

Organizing Team

Dr. Sabareesh M D
Dr. Jency James
Dr. Ranjitha C
Dr. Praveen Prabhakaran
Dr. Irshad Edavana
Dr. Pavan Kumar P

Please contact :
 Organizing Chairman - 9447077496
 Organizing Secretary - 9496493398



PUTHALATH eye hospital

UNDER THE AEGIS OF KSOS



JOIN US ON
FEB 01ST 2026
 at **TIARA by MPS**
CALICUT

SPEAKERS

Dr. R Ramakrishnan
 Advisor, Aravind Eye Hospital
 Tirunelveli

Dr. R Venkatesh
 Chief Medical Officer
 Aravind Eye Hospital, Pondicherry

Dr. George V Puthuran
 Chief, Glaucoma Services
 Aravind Eye Hospital, Madurai

Dr. Ranjini K
 Professor, HOD
 Govt. Medical College, Calicut

Dr. Mohideen Abdul Kader
 Chief, Glaucoma Services
 Aravind Eye Hospital, Tirunelveli

Dr. Girija K
 Senior Consultant
 Little Flower Hospital, Angamaly

Dr. Devendra Maheshwari
 Senior Medical Consultant
 Aravind Eye Hospital, Tirunelveli

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Organizing Team

Dr. Suresh Puthalath
Dr. Lucy P Thaliath
Dr. Rabia Kawser K P
Dr. Gayathri
Dr. Soumya Narayanan
Dr. Najuma A

Dr. Sabareesh M D
Dr. Jency James
Dr. Ranjitha C
Dr. Praveen Prabhakaran
Dr. Irshad Edavana
Dr. Pavan Kumar P

For assistance - Please contact :
Dr. Suresh Puthalath, Organizing Chairman - 9447077496
Dr. Jency James, Organizing Secretary - 9496493398



Puthalath eye hospital
 Puthiyara, kozhikode, Kerala
 phone: 7994385496
www.puthalaththeyehospital.com



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CME BY PUTHALATH EYE HOSPITAL UNDER THE AEGIS OF KSOS AND KOS (FEB 1ST 2026)

PRESIDENTS INITIATIVE



KSOS PRESIDENTIAL INITIATIVE

Eye Camp for Patients With Down Syndrome



Organised by:
COMTRUST CHARITABLE TRUST EYE HOSPITAL
Under the ageis of KSOS & KOS

2025 December 21 Sunday, 9 am to 1 pm
Venue: **Comtrust Charitable Trust Eye Hospital, Calicut**



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- A Down syndrome Syndrome Screening Camp was
 - successfully conducted at Comtrust charitable Trust Eye
 - Hospital on 21st December 2025 under the aegis of KSOS and
 - KOS.
 - The camp was led by a team of experienced doctors from the
 - department of paediatric ophthalmology including Dr. Leila
 - Mohan, Dr. Soumya Nambiar,, Dr. Roohi Aboobacker and Dr.
 - Lima, who provided comprehensive screening and care for
 - the participants.
 - The inauguration of the camp was carried out by Dr. Shaji
 - Thomas John, Chairman of the Down Syndrome Trust (DoST),
 - State President of the DoST Support group of Kerala, Chief
 - Consultant in the Department of Paediatrics and Medical
 - , Baby Memorial Hospital, Calicut.
 - A total of 53 patients were screened during the camp.
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KOZHIKODE OPHTHALMIC SOCIETY

In association with

MALABAR MEDICAL COLLEGE KOZHIKODE

KSOS



Initiative

24th

Feb 26

Presidential



Awareness regarding visual impairment in differently abled children & importance of early detection and intervention- A joint initiative of Department of Paediatrics and Department of ophthalmology Malabar Medical College & research centre under aegis of KOS



FEBRUARY 26

- The Scientific Committee was constituted and planning initiated for the Presidential Initiative focusing on awareness of visual impairment in differently abled children. The official Instagram page of KOS was launched. The monthly meeting by Comtrust Eye Hospital included a scientific lecture on keratoplasty by Dr Arjun V , Head of cornea services at Comtrust eye hospital Kozhikode ,Drishti award-winning presentation by Dr Sujith Nayanar and PG case discussions.
- The meeting also featured an Ifthar gathering, fostering camaraderie among members.



FEBRUARY MONTHLY MEET OF KOS

MARCH 26

- 1. Glaucoma cyclathon: 🚲 “Moving with Time – Moving for Sight”

- The Kozhikode Ophthalmic Society marked the beginning of World Glaucoma Week (March 8–14) with a unique awareness initiative in collaboration with the Calicut Pedallers Club, flagged off by President KOS, Dr Bindu S Ajith.

- This cycling awareness programme spreads the message of glaucoma prevention in a multidimensional way ... ***The awareness message displayed on the cyclists' jerseys will continue to travel through the city long after the awareness week ends***, reminding people about the importance of early glaucoma screening. At the same time, Instagram will help amplify this message, reaching communities far and wide. Together, let us join hands in the fight against glaucoma — the silent thief of sight .It was reported in the Mathrubhumi Kozhikode edition as well.



M Mathrubhumi മാതൃഭൂമി

ഗ്ലോക്കോമ ബോധവൽകരണ സൈക്കിൾറാലി

• ലോക ഗ്ലോക്കോമ വാരത്തോടനുബന്ധിച്ച് കേന്ദ്രതലീക് സൊസൈറ്റിയും കാലിക്കറ്റ് പെഡലേഴ്സും ചേർന്ന് ഗ്ലോക്കോമ ബോധവൽകരണ സൈക്കിൾറാലി സൊസൈറ്റി പ്രസിഡന്റ് ഡോ. ബിന്ദു എസ്. അജിത് ഫ്ലാഗ് ഓഫ് ചെയ്തു.

കോഴിക്കോട് • ലോക ഗ്ലോക്കോമ വാരത്തോടനുബന്ധിച്ച് കോഴിക്കോട് കേന്ദ്രതലീക് സൊസൈറ്റിയും കാലിക്കറ്റ് പെഡലേഴ്സും ചേർന്ന് ഗ്ലോക്കോമ ബോധവൽകരണ സൈക്കിൾറാലി നടത്തി. ഗ്ലോക്കോമ എന്ന നേത്രരോഗത്തെക്കുറിച്ച് ജനങ്ങളെ ബോധവൽകരിക്കാൻ ലക്ഷ്യമിട്ടാണ് റാലി സംഘടിപ്പിച്ചത്. ഐ.എം.എ. ഹാളിനുമുമ്പ് നടന്ന കോഴിക്കോട് കേന്ദ്രതലീക് സൊസൈറ്റി പ്രസിഡന്റ് ഡോ. ബിന്ദു എസ്. അജിത് ഫ്ലാഗ് ഓഫ് ചെയ്തു. റാലി നഗരത്തിലെ പ്രധാന പാതകളിലൂടെ സഞ്ചരിച്ച് ബീച്ചിൽ സമാപിച്ചു. സൊസൈറ്റി ഡയറക്ടർ പ്രസിഡന്റ് ഡോ. ഡാമിയ കൃഷ്ണൻ, സെക്രട്ടറി ഡോ. സി. ലക്ഷ്മി, ട്രഷറർ ഡോ. കെ. പ്രീതി എന്നിവരും പങ്കെടുത്തു.

14/03/2026 KOZHIKODE Pg 02



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MARCH 26

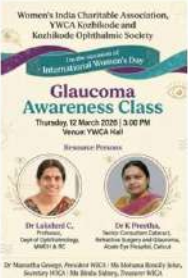


1. Glaucoma Reel competition (promotion of AI use)

- The Glaucoma reel competition was judged by Hon'ble President of KSOS, Dr Rajiv Sukumaran and was won by **Dr Hiba Abdul Raof** who was awarded a cash prize during the monthly meeting.

2. Glaucoma snippets:

- Daily prevention and treatment focused glaucoma snippets by the members and glaucoma specialists of Kozhikode ophthalmic society were posted in the **official Instagram handle of KOS to aid public awareness.**



3. Women's day special Glaucoma awareness programme

in association with Women's India Charitable Association (WICA) and **YWCA** Kozhikode by Dr K Preetha and Dr Lakshmi C



MARCH 26

- First official publication of Kozhikode ophthalmic Society of the year for public awareness about Glaucoma in Manorama Arogyam magazine by Dr Soumya Narayanan and Dr Bindu S Ajith.



GLAUCOMA ACTIVITIES OF INDIVIDUAL HOSPITALS

Glaucoma awareness programmes and camps under the aegis of Kozhikode ophthalmic society

a) Awareness beach walk and camp by Comtrust eye hospital

b) Month long awareness programme for family members of Glaucoma patients

'Kann kaval' by Abate Eye Hospital

c) Glaucoma awareness camp in MIMS hospital

d) Glaucoma awareness programme and camp in Puthalath eye hospital

e) Glaucoma awareness camp and awareness programme for non-ophthalmology doctors in Malabar Medical College

f) Glaucoma awareness programme in KMCT Medical College

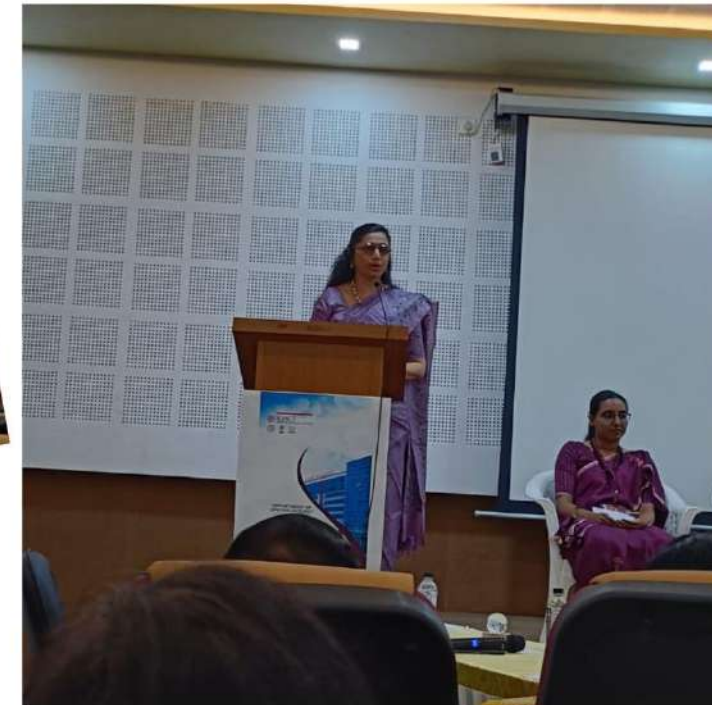
g) Glaucoma awareness programme at Sreekanth eye care and research centre

h) Glaucoma awareness programme in Govt Medical College, Kozhikode

i) Glaucoma awareness programme in Govt Beach Hospital

j) Glaucoma camp in Dr Chandrakanth Nethralaya

- Annual CME OF KMCT Medical College, IKSHANA under the aegis of KSOS and KOS “A Corner for Cornea” was conducted on March 29th.



- **Individual Achievements**

- 1. Dr Nayana G – Best poster podium award in squint at AIOC Jaipur 2026
- 2. Dr Mithun Thulasidas -AIOS IJO Certificate of appreciation, AIOS International Heroes award in AIOC Jaipur
- 3. Dr Prithvi Chandrakanth- Best poster in VR diseases best innovation consolation prize AIOS IJO Certificate of appreciation at AIOC 2026 Jaipur
- 4. Dr Athul S Puthalath – Best paper comprehensive ophthalmology, Best video finalist posterior segment & CS Reshmi award, AIOS IJO appreciation award.





• **Monthly Meet of Kozhikode Ophthalmic Society**

- It was conducted on 31ST of March at Hotel Hyson Heritage by Sreekanth eye care hospital and Research center. *Dr Dahlia Krishnan* spoke on “Choosing the right trail – managing anterior uveitis as a general ophthalmologist”.
- *Drishti 2025 Prof KS Subramaniam best paper awardee Dr Safeera K* presented her paper.
- We had a fun activity of Uveitis Dumb charades “EYESPY” conducted by Dr Diya M Nair, which was a fun learning experience.
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