

## Quarterly report Alleppey ophthalmic club

### Family get-together January 2026

The Alleppey Ophthalmic Club organized its first ever family get together on 18 th January '26 on a palatial house boat. Around 50 people were on board for the cruise cum family meet. The Secretary of KSOS Prof Mallika OU and one of the senior most members of the club Dr Mohammed Nazeer cut the cake to inaugurate the event and they were also honoured during the meeting by Dr Anil Deth former President of the club. Dr Dalia President of AOC welcomed the gathering. It was a day well spent with all on board engaged in music, dance laughter and party games. All enjoyed sumptuous Kuttanadan cuisine that was served for lunch. The members and their family had a wonderful time together. Treasurer of AOC Dr Bindu offered her vote of thanks before winding up for the day.

### Report for March 2026

A CME programme was conducted at Cure health centre, Alappuzha under the aegis of Alleppey ophthalmic club as a part of glaucoma week celebration. The speaker was Dr Umesh Krishna, glaucoma specialist, the Eye foundation, Kochi. The topic was Optic Nerve head evaluation and medical management of glaucoma. It was a well attended CME with active interactive sessions with the members.

### Glaucoma week, MCH, Alappuzha

Glaucoma awareness classes conducted for patients attending OPD, at MCH, Alappuzha. Poster presentations on glaucoma by DOA 1st year students were also there. Screened about 250 new patients attending OPD for glaucoma in a week period.

### Glaucoma week, General hospital Alappuzha

An awareness class was taken by Dr Moby for NCD patients as a part of glaucoma week celebration. Glaucoma screening was done for OP patients during this week.

### Cure health centre, Alappuzha.

At Cure eye Hospital, Vellakinar Junction, Alappuzha, we conducted a glaucoma awareness class for patients suffering from glaucoma, to improve their insights on the disease. Patients were made to know about the pathophysiology of the disease, the severity of the disease, precautions they had to take and how to instill drugs in their eyes. Patients were able to clear their doubts with an ophthalmologist.

### THQH, Cherthala

A glaucoma awareness class was taken by Dr Sobha on the eve of glaucoma week on 13/3/26 at THQH, Cherthala. Posters about glaucoma awareness were displayed by Nursing students of KVM, Cherthala.

### THQH, Haripad

Glaucoma week celebration was conducted at THQH, Haripad. Awareness class was taken by Dr Letisia. Glaucoma screening was done for patients attending the OP.

### District Hospital, Mavelikkara

Glaucoma week celebration and screening for OP patients was done at Dist Hospital, Mavelikkara. Class about glaucoma awareness was taken by Dr Lekshmi for OP patients.

THQH,Kayamkulam.

Glaucoma Awareness Program was conducted at THQH Kayamkulam on 09-03-2026. The program was inaugurated by Superintendent Dr. Shaji, and the welcome address was delivered by Ophthalmologist Dr. Manjusha. An awareness class with a message on glaucoma was delivered by Ophthalmologist Dr. Raji. RMO Dr. Sreeprasad and Nursing Superintendent Sudha also shared their wishes. A quiz competition on glaucoma, initiated by Dr. Manjusha, was also held as part of the program. The program concluded with the vote of thanks delivered by Optometrist Chricy.