

Ophthalmological Society of Kannur (OSK)

Quarterly Report – Q1 2026 (January–March 2026)

The first quarter of 2026 was marked by dynamic academic engagements, meaningful public health initiatives, and active participation of OSK members at regional and national platforms. The quarter began with leadership transition activities and progressed into impactful scientific and outreach programs.

Leadership Transition & Society Activities

The quarterly activities commenced with the **monthly meeting held on 19th December 2025**, presided over by the then President, **Dr. Suchitra Bhat**. During the meeting, the office bearers for the 2026–27 term were announced:

- **President:** Dr. Sharmil Gopal
- **Secretary:** Dr. Swetha K
- **Treasurer:** Dr. Sourav D
- **Scientific Committee Chairperson:** Dr. Shamin Jacob

The scientific session featured a “**Drishti Recap**”, where members including **Dr. Sajini M, Dr. Swetha K, Dr. Nikhil K, Dr. Suchitra Bhat, and Dr. Remya E** revisited their conference presentations. The session was interactive and well appreciated.

Mementos were presented to all speakers, followed by a cake-cutting ceremony celebrating the festive season.

Dr. Sreeni Edakolam, Chairman of Drishti 2026, introduced the upcoming conference plans. The meeting concluded with a vote of thanks by the Secretary.

The **Installation Ceremony** of the new office bearers was held on **31st January 2026**.

- **Welcome Address:** Dr. Suchitra Bhat (Past President)
- **Introduction of Chief Guest:** Dr. Sreeni Edakolam
- **Activity Report (Past 2 Years):** Dr. Remya E (Past Secretary)
- **Installation:** Dr. Rajiv Sukumaran (KSOS President)
- **Presidential Address:** Dr. Sharmil Gopal
- **Vote of Thanks:** Dr. Swetha K (Incoming Secretary)

The event was conducted as a **family get-together**, with cultural performances and games involving members and their families.



Speakers of the monthly meet of Ophthalmic society of Kannur (December)



Installation ceremony of the new office bearers of Ophthalmic Society of Kannur



Installation ceremony and cultural activities

Academic Activities

February 2026 – Monthly Academic Meeting

The monthly meeting held on **20th February 2026** at Hotel Benale International, Kannur, began with a welcome address by **Dr. Sharmil Gopal**.

A condolence session was held in memory of **late Dr. Farhad**, with members sharing tributes. The minutes of the previous meeting were presented by **Dr. Swetha K**.

The scientific session included:

- “Case Files in Pediatric Ophthalmology – Practical Lessons” – **Dr. Remya Edachery**, Pediatric Ophthalmologist, Cooperative Eye Hospital, Payyanur
- “The Mystery of the Contact Lens–Related Ulcer” – **Dr. Jayan Thomas**, Cannore Eye Hospital

The session was interactive, clinically relevant, and attended by **38 members**.



Monthly OSK meet of February 2026

March 2026 – Annual CME & Academic Meeting

Annual CME – OCULUS KAN 26 (March 1, 2026)

Conducted under the aegis of OSK and KSOS at Hotel Benale International, Kannur, the CME focused on “*Recent Advances in Corneal Diseases.*”

The scientific sessions were delivered by:

Dr. Sreeni Edakolam, Dr. Sujith V. Nayanar, Dr. Jyothi P.T., Dr. Anil Radhakrishnan, Dr. David Pudukadan, Dr. Sri Shankar, Dr. Ishad E., Dr. Manasi, Dr. V.A. Jaison, and Dr. Namitha Mohan.

- **Inauguration:** Dr. Sujith V. Nayanar
- **Welcome Address:** Dr. Latha N.V.
- **Felicitations:** Dr. Sujith V. Nayanar, Dr. Sreeni Edakolam
- **Vote of Thanks:** Dr. Twinkle Ann George

The CME was widely appreciated, with **74 members participating.**



March 1st
AT 8:00AM

OCULUS KAN'26
CME ON RECENT ADVANCES IN CORNEAL DISEASES

Greetings from the Department of Ophthalmology, GMC Kannur.

It is our pleasure to welcome you to the CME on 'RECENT ADVANCES IN CORNEAL DISEASES', in collaboration with Kerala Society of Ophthalmic Surgeons and Ophthalmic Society of Kannur.

ORGANISING COMMITTEE		PATRONS
DR LATHA N V Professor, HOD Ophthalmology GMC Kannur Organizing Chairperson	DR TWINKLE ANN GEORGE Professor Ophthalmology GMC Kannur Organizing Secretary	DR SAIRU PHILIP Principal GMC KANNUR
DR SHARMIL GOPAL President OSK	DR SWETHA K Secretary OSK	DR SHEEBA DAMODHAR Vice Principal GMC KANNUR
DR SOURAV DAMODARAN Treasurer OSK	DR SHAMIN JACOB Scientific Committee Chairperson OSK	DR SUDEEP K Superintendent GMC KANNUR

DEPARTMENT OF OPHTHALMOLOGY
GOVERNMENT MEDICAL COLLEGE
KANNUR
Under the aegis of KSOS & OSK

HOTEL BENALE
INTERNATIONAL
KANNUR

SCAN THE LOCATOR

Monthly Academic Meeting – “Science & Symphony” (March 21, 2026)

Held at Harleys Residency, Kannur:

- **Guest Speaker:** Dr. Fairouz P.M., Oculoplastic Surgeon, Horus Speciality Eye Care, Bangalore
- **Topic:** “*Proptosis – What Lies Behind the Bulge*”
- **Attendance:** 43 members

The session was highly engaging and was followed by a musical evening with karaoke performances.



Public Health & Awareness Initiatives

World Glaucoma Week (March 8–14, 2026)

OSK actively observed World Glaucoma Week:

- **Beach Walk Awareness Program:**
Flagged off by **Dr. Rajesh O.T.**, Convenor, Blindness Prevention Committee, IMA Kerala
Awareness talks were delivered by **Dr. Sharmil Gopal, Dr. Swetha K, and Dr. Karunan**
Participation: 30 members
- **Free Glaucoma Screening:**
Conducted across **14 hospitals**



Community Outreach & Awareness

- **Dr. Swetha K** (Jyothis Eye Care):
 - Published an awareness article in *Manorama Weekly* (March 11, 2026)
 - Delivered talks at IMA Cherukkunnu (March 10) and IMA Thalassery (March 18)
- **Dr. Remya R.R.** (Comtrust Eye Hospital):
 - Awareness session at NTTF Campus, Palayad (March 16)
- **Cooperative Hospital, Payyanur:**
 - Programs led by **Dr. Pushpangadan, Dr. Preethi, and Dr. Remya E**
 - Glaucoma awareness session with IMA Payyanur and free screening camp
- **Comtrust Eye Hospital, Thalassery:**
 - Mobile glaucoma screening initiative
- **Dr. Soumya P.P.** (Agarwals Eye Hospital):
 - Awareness talk at South Indian Bank



Academic Representation & Achievements

AIOS 2026 – Jaipur

- **Dr. Swetha K:**
 - Co-instructor: “*When to Operate and What to Avoid as a Beginner in Glaucoma*”
 - Presenter at Glaucoma Society of India
- **Dr. Soumya P.P.:**
 - LDP Graduation
 - Participation in a debate on gender bias

Other Academic Participation

- **Women Ophthalmological Society Meeting (Thiruvananthapuram):**
 - **Dr. Simi Manojkumar:** *Endophthalmitis – Beyond Patient Care*
 - **Dr. Remya Edachery:** *Arresting Myopia Progression*
 - **Dr. Swetha K:** Debate – *Career vs Family*
- **Kasaragod Ophthalmic Society Meeting:**
 - **Dr. Soumya P.P.** – Talk on advancing glaucoma care

Glaucopeia Session (March 29, 2026)

At Chaitanya Eye Care:

- **Dr. Swetha K** – Invited faculty
- **Topic:** *Glaucoma Case Files*
- **Format:** 45-minute case-based panel discussion



Conclusion

The first quarter of 2026 has been highly productive for OSK, marked by strong academic engagement, leadership transition, extensive public outreach, and national representation.

The society continues to uphold its commitment to excellence in ophthalmology through education, collaboration, and community service.