

TOC –QUARTERLY REPORT (APRIL TO JUNE)

Section 1 MONTHLY MEETINGS

1. MONTHLY MEETING APRIL 26

- TOC monthly meet conducted on 29th April 2026
- Venue was Residency Tower Trivandrum.
- Number of attendees was 42
- Dr A Syed Mohideen Abdul Khader chief consultant vitreo retinal services Aravind Eye Care Tirunelveli was the main guest speaker and the talk was on” From Trauma to vision rescue managing intra ocular foreign bodies”
- Second talk was on Ranibizumab biosimilar in Neovascular age related macular degeneration by Dr Ashwin P R. .



TOC MONTHLY MEETING
— INVITATION —

Dear Members,
You are invited to the upcoming TOC Monthly Meeting.

GUEST SPEAKER
DR. A. SYED MOHIDEEN ABDUL KHADAR, MS
Chief, Retina Vitreous Services,
Aravind Eye Care, Tirunelveli

TOPIC
From Trauma to Vision Rescue:
Managing Intraocular Foreign Bodies

SPEAKER
DR. ASHWIN P R, MS
Vitreoretina, Prens Eye Hospital, Trivandrum

TOPIC
Ranibizumab Biosimilar in Neovascular
Age-Related Macular Degeneration

DATE & TIME
29 APRIL 2026
AT 7 PM

VENUE
RESIDENCY TOWER,
STATUE

Looking forward to your participation.

PRESIDENT
Dr Thomas George

SECRETARY
Dr Ashad Sivaraman

TREASURER
Dr Ashok Nataraj

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2. MONTHLY MEETING MAY 2026

- TOC monthly meet conducted on 21st May 2026 at
- Venue was Apollo Dimora Trivandrum.
- Number of attendees was 42
- Guest speaker was Dr John Davis Akkara, and the first talk was on “AI in ophthalmology”, second talk was on “Smart phones in ophthalmology”.
- We felicitated

The faculty of the last PG training program for their contributions and efforts AIOS International hero of India-- Dr Minu Mathen

Recipient of Dr AM Gokhale oration award 2026 – Dr Unnikrishnan Nair,

First runner up in the best poster competition and the LOC award for best case presentation at the OPAI Conference – Dr Aparna.

TRIVANDRUM OPHTHALMIC CLUB
CORDIALLY INVITES YOU
TO ITS MONTHLY
ACADEMIC MEETING

DATE Thursday May 21
TIME 7.00 PM
VENUE Apollo Dimora Trivandrum

GUEST SPEAKER
Dr John Davis Akkara
MBBS, MS, FAEH (Glaucoma),
FMRP (Phaco),
FAICO (Refractive surgery)

TOPICS
AI IN OPHTHALMOLOGY | **SMART PHONES IN OPHTHALMOLOGY**

Special Focus
AI IN YOUR PRACTICE & OPHTHALMOLOGY IN YOUR POCKET
Discover how AI & smartphones are transforming everyday ophthalmic practice

INTERACTIVE & HANDS ON
Bring your smart phones and experience the technology live!

All members and postgraduate students are warmly welcome

PRESIDENT Dr Thomas George
SECRETARY Dr Ashad Sivaraman
TREASURER Dr Ashok Nataraj



3.Monthly meeting June 2026



TOC MONTHLY MEETING

— INVITATION —



Dear Members,

You are invited to the upcoming
TOC Monthly Meeting.



SPEAKER

DR. ELANKUMARAN PASUPATHI

Cornea, Cataract, and Refractive Surgeon
Medical Director, Navashakthi Nethralaya,
Bangalore



TALK 1

**Presbyopic IOLs:
The Complete Playbook –**

Patient Selection, Lens Choice,
Surgical Strategy and
Complication Management



TALK 2

The Alcon Vision Spectrum:

From Enhanced Monofocal to Trifocal –
Creating Personalized Visual Outcomes



DATE & TIME
30th JUNE 2026
AT 7 PM



VENUE
S P GRAND DAYS

Looking forward to your participation.



PRESIDENT
Dr Thomas George



SECRETARY
Dr Ashad Sivaraman



TREASURER
Dr Ashok Nataraj

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SESSION 4 : SCOLAR MEETINGS 10:00 AM - 12:00 PM

Chairpersons: Dr. Suresh & Rev. Dr. Daksh Thampi

TOPICS

- 1. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:00 PM - 12:30 PM
- 2. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:30 PM - 12:45 PM
- 3. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:45 PM - 12:55 PM
- 4. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:55 PM - 1:00 PM
- 5. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:00 PM - 1:10 PM
- 6. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:10 PM - 1:20 PM
- 7. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:20 PM - 1:30 PM
- 8. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:30 PM - 1:40 PM
- 9. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:40 PM - 1:50 PM
- 10. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:50 PM - 2:00 PM



Sree Gokulam Medical College & Research Foundation
Vengalooram Erivandram

SESSION 5 : SCOLAR MEETINGS 10:00 AM - 12:00 PM

Chairpersons: Dr. Suresh & Rev. Dr. Daksh Thampi

TOPICS

- 1. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:00 PM - 12:30 PM
- 2. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:30 PM - 12:45 PM
- 3. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:45 PM - 12:55 PM
- 4. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 12:55 PM - 1:00 PM
- 5. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:00 PM - 1:10 PM
- 6. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:10 PM - 1:20 PM
- 7. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:20 PM - 1:30 PM
- 8. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:30 PM - 1:40 PM
- 9. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:40 PM - 1:50 PM
- 10. Dr. Rishi Prasad, Vice in the Front Talking Indian Segment 1:50 PM - 2:00 PM

Registration
Delegates: 1000/-
Post Graduates: 1000/-



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Delegates: 1000/-
Post Graduates: 1000/-

For Any Further Information Contact

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CME OPHTHALMOLOGY
GOKULAM EYECON 2026
CHALLENGING OPHTHALMIC CASES

For Any Further Information Contact

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VENUE
100 Grand Road, Near New Flyover
Thiruvananthapuram, Panvela Junction,
Thiruvananthapuram, Kerala 695004

DATE
12 APRIL 2026
SUNDAY 9 AM TO 1 PM

VENUE
100 Grand Road, Near New Flyover
Thiruvananthapuram, Panvela Junction,
Thiruvananthapuram, Kerala 695004

2.SACON 26 conducted by Sreenethra Eye Care on 17th May 2026 at Hyatt Regency Trivandrum, based on the theme “Mistakes, Misses and Masterstrokes What guidelines and textbooks don’t tell us”.

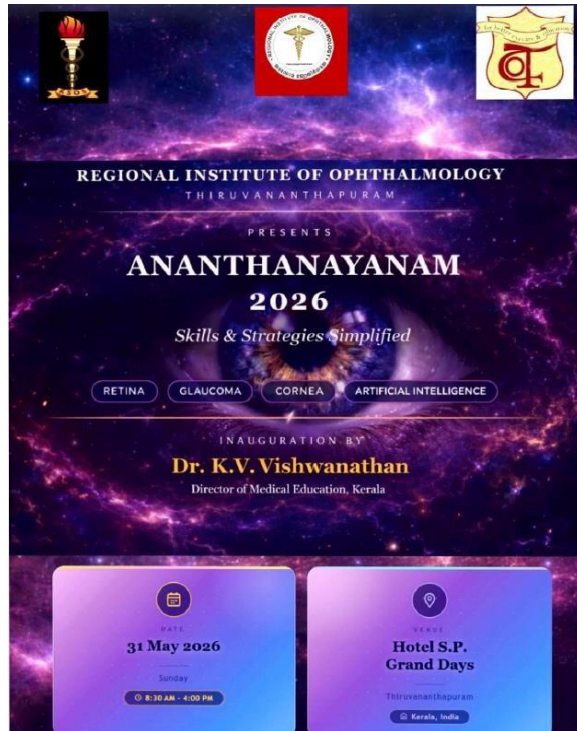
- This meeting brought together the eminent national and state experts like Dr Vishali Gupta, Dr Krishna Das, Dr Meenakshi Swaminathan, Dr Namrata Sharma, Dr Santhosh Honavar, Dr Mahesh G, Dr Geetha Iyer, Dr Bindhu S Ajith, Dr Devendra Maheswari, Dr Fairoz, Dr Maya Hada, Dr Neena R, Dr Shishir Varghese, Dr Anila George in various specialities like Glaucoma, Uvea and Retina, Orbit and Oculoplasty, Paediatric ophthalmology and Squint, Cornea and Ocular surface.
 - The most attractive session was skill transfer stations. The attendees were 120



3.ANANTHANAYANAM 2026- Skills and Strategies simplified conducted by RIO on 31st May at Hotel SP Grand Days from 8.30 am to 3.00 pm,

- Focusing on the practical aspects of ophthalmology covering key areas of retina, glaucoma, cornea and application of AI.

- CME aimed to strengthen the diagnostic clarity and surgical confidence through eminent speakers like Dr Mahesh G, Dr Unnikrishnan Nair, Dr Saikumar S J, Dr George Puthuran, Dr Anil Radhakrishnan, Dr Bini S T, Dr Minu Mathen, Dr Anitha Balachandran, Dr Neethu Mohan, Dr Arup Chakrabarti, Dr Smitha Narayanan, Dr Rajiv Sukumaran. The number of attendees was 130.



SECTION 3 CAMPS

N/A

SECTION 4 INDIVIDUAL AWARDS

- AIOS International Hero of India Award --- Dr Minu Mathen
- Dr A M Gokhale oration award 2026

Dr Unnikrishnan Nair

- First runner up in the best poster and LOC Award for best case presentation at OPAI 26
Dr Aparna
- PG teams from Chaithanya Eye Hospital performed excellently in the Big Q Brain Teasers
All India Quiz

Team Nethra- secured 3rd prize Dr Anjna P & Dr Parvathy B Raj with Mentor Dr Aparna

Team Lumina – secured 5th prize Dr Shahana & Dr Parvathy S Nair, with Mentor Dr Femina Hashim.

SECTION 5

N/A

