

DISTRICT CLUB : Palakkad Society of Ophthalmic Surgeons (PSOS)

REPORTING PERIOD : August 2026

SECTION 1 : MONTHLY / QUARTERLY MEETINGS

Monthly Scientific Meeting – August 2026

- Date: 21 August 2026
- Venue: KPM Regency, Palakkad
- Attendance: 25 members
- Proceedings: The meeting commenced with the Secretary's note and updates regarding society activities.
- Scientific Session 1: Perioperative Dry Eye Management
- Speaker: Dr Mahesh, Consultant Ophthalmologist
- Topics Discussed: Ocular surface assessment and optimization in patients undergoing ophthalmic surgery; identification of patients at risk; pre-operative management; factors contributing to post-operative dry eye; and strategies to improve patient comfort and visual outcomes. The session was followed by an interactive discussion.
- Scientific Session 2: Case Presentation – “Hazy, But Telling a Story”
- Presenter: Aneesa Hidayath, First Year DNB Resident, District Hospital, Palakkad
- Case Details: A case of mucopolysaccharidosis was presented, highlighting ophthalmic manifestations and clinical clues to an underlying systemic metabolic disorder. The presentation encouraged a systematic approach to clinical findings and was followed by discussion on clinical features, diagnostic approach and ophthalmic considerations.

SECTION 2 : OTHER ACADEMIC ACTIVITIES

- Nil.”

SECTION 3 : OUTREACH PROGRAMMES / CAMPS / PUBLIC AWARENESS ACTIVITIES

NIL / No activities reported for August 2026.

SECTION 4 : INDIVIDUAL MEMBER ACHIEVEMENTS

Dr Mahesh Bharathi, Consultant, Glaucoma and Cataract Services, Ahalia Foundation Eye Hospital, Palakkad presented and spoke in favour of 360-degree goniotomy in a debate against limited goniotomies at TNOA 2026 – KOV-EYE.

SECTION 5 : OTHER EVENTS / SPECIAL MENTIONS

Onam celebrations were held as part of the August monthly meeting at KPM Regency, Palakkad. Members were encouraged to attend in traditional attire. The celebration provided an opportunity for fellowship and interaction among members alongside the academic programme.