

DISTRICT CLUB : Palakkad Society of Ophthalmic Surgeons (PSOS)

REPORTING PERIOD: July 2026

SECTION 1 : MONTHLY / QUARTERLY MEETINGS

Monthly Scientific Meeting – July 2026

- Date: 24 July 2026
- Venue: Cosmopolitan Club, Palakkad
- Attendance: 35 members
- Scientific Topic: Cataract Surgery in the Diabetic Patient: When to Operate, Treat or Refer
- Speaker: Dr Shilpa Sabu, Vitreo-Retina Consultant, Trinity Eye Hospital, Palakkad
- Topics Discussed: Practical considerations in cataract surgery for diabetic patients, including timing of surgery, pre-operative retinal evaluation, optimization of diabetic retinopathy and macular edema, indications for retinal referral, and perioperative considerations for visual outcomes.
- Additional Proceedings: Discussion regarding the planning and organization of the upcoming PSOS Family Meet, including venue, activities and member participation.

SECTION 2 : OTHER ACADEMIC ACTIVITIES

Scientific lecture and interactive discussion on cataract surgery in diabetic patients, as detailed in Section 1.

SECTION 3 : OUTREACH PROGRAMMES / CAMPS / PUBLIC AWARENESS ACTIVITIES

NIL / No activities reported for July 2026.

SECTION 4 : INDIVIDUAL MEMBER ACHIEVEMENTS

NIL / No achievements reported for July 2026.

SECTION 5 : OTHER EVENTS / SPECIAL MENTIONS

Discussion initiated regarding the upcoming PSOS Family Meet.