

DISTRICT CLUB : Palakkad Society of Ophthalmic Surgeons (PSOS)

REPORTING PERIOD : September 2026

SECTION 1 : MONTHLY / QUARTERLY MEETINGS

Monthly Scientific Meeting – September 2026

- Date: 25 September 2026
- Venue: Cosmopolitan Club, Palakkad
- Time: 7:30 pm onwards
- Attendance: 20 members
- Scientific Topic: Keratoplasty in Clinical Practice: Indications, Timing and Referral
- Speaker: Dr Mohammed Shahbaaz, Senior Consultant – Cornea, Cataract & Refractive Surgery, Trinity Super-speciality Eye Hospital, Coimbatore
- Scientific Session: The meeting featured a talk on the clinical practice of keratoplasty, focusing on indications, timing and referral.

SECTION 2 : OTHER ACADEMIC ACTIVITIES

None

SECTION 3 : OUTREACH PROGRAMMES / CAMPS / PUBLIC AWARENESS ACTIVITIES

Dr. Rohan and the District Hospital team conducted eye donation awareness camps at Kuthanoor and the Palakkad Collectorate as part of the National Eye Donation Fortnight celebrations.

Dr Shima with her District Hospital team, Palakkad conducted eye donation awareness camps at Nemmara as part of the National Eye Donation Fortnight celebrations

Dr. Geetha VKP, Cosnultant Ophthalmooogist, Ahalia Foundation Eye Hospital, Palakkad shared an awareness message in Malayala Manorama on the occasion of Cerebral Visual Impairment Awareness Day, contributing to public education and awareness.

SECTION 4 : INDIVIDUAL MEMBER ACHIEVEMENTS

1. Dr. Rohan – Successful Surgical Management of a Tribal Beneficiary under Snehahastham

Dr. Rohan A, Consultant Ophthalmologist, District Hospital, Palakkad successfully performed cataract surgery on a tribal beneficiary identified with a complicated cataract during the Snehahastham medical camp, following a direct request from the Hon'ble Forest Minister, Shri Shibu Baby John. The patient underwent surgery at Palakkad Hospital, recovered well and was discharged successfully. The outcome was subsequently communicated to the Hon'ble Forest Minister and the concerned Department officials.

This successful intervention highlights the contribution of PSOS members towards community ophthalmic care, particularly in reaching underserved and tribal populations through the Snehahastham initiative.

2. Dr Monisha Mohan, Consultant Pediatric Ophthalmologist, Ahalia Foundation Eye Hospital, Palakkad presented a case-based presentation titled “Unexplained Vision Loss in an 8-Year-Old Child” at the Pediatric Ophthalmology and Strabismus Network – 8th Edition Conference, organized by LVPEI Bhubaneswar, in Bhubaneswar.

SECTION 5 : OTHER EVENTS / SPECIAL MENTIONS

NIL / No other events or special mentions reported for September 2026.